National Workshop cum Training Programme on

"Pedagogical Perspectives of Physical Education and Sports Sciences in preparing Youth Fitness for New Normal"

> Organizing committee Chief Patron

> > **Dr.M.Sundar**

Vice-Chancellor, TNPESU

Patron Dr.V.Gopinath Registrar

Organizing Secretary & Programme Coordinator Dr. S. Thirumalai Kumar

> Professor, Department of Physical Education, TNPESU

## **Faculty Coordinator- RGNIYD**

# Dr. Anbu. Kavitha

Assistant Professor Department of Sociology Rajiy Gandhi National Institute of Youth Development Ministry of Youth Affairs and Sports, Govt. of India Sriperumpudhur, Tamil Nadu 602 105

Registration Linkhttps://forms.gle/21Vktt95KUs5p4rW6





# Rajiv Gandhi National Institute Of Youth Development

(Institution of National Importance by the Act of Parliament No. 35/2012) Ministry of Youth Affairs & Sports, Government of India Sriperumbudur - 602 105, Tamil Nadu

Tamil Nadu Physical Education and Sports University Melakottivur, Chennai 600127

Onganizes

National Workshop cum Training Programme on

"Pedagogical Perspectives of Physical Education and Sports Sciences in preparing Youth Fitness for New Normal"

### Under the Scheme

Programmes for Development of Youth through National Institutes / Central Universities / State Universities and Affiliated Colleges

Date: 18.03.2022 – 20.03.2022 (3 Days) – Offline Mode

*Venue* Tamil Nadu Physical Education and Sports University, Chennai.

#### ABOUT RAJIV GANDHI NATIONAL INSTITUTE OF YOUTH DEVELOPMENT

The Rajiv Gandhi National Institute of Youth Development (RGNIYD), Sriperumbudur, Tamil Nadu, is an Institution of National Importance by the Act of Parliament No. 35/2012 under the Ministry of Youth Affairs & Sports, Government of India. The RGNIYD was set up in 1993 under the Societies Registration Act, XXVII of 1975.

The RGNIYD functions as a vital resource centre with its multi-faceted functions of offering academic programmes at Post Graduate level encompassing various dimensions of youth development, engaging in seminal research in the vital areas of youth development and coordinating Training Programmes for state agencies and the officials of youth organisation, besides the Extension and Outreach initiatives across the country.

The Institute functions as a think-tank of the Ministry and premier organization of youth-related activities in the country. As the apex institute at the national level, it works in close cooperation with the NSS, NYKS and other youth organizations in the implementation of training programmes. The Institute is a nodal agency for training youth as a facilitator of youth development activities in rural, urban as also tribal areas.

The RGNIYD serves as a youth observatory and depositary in the country thereby embarking on youth surveillance on youth-related issues.

#### ABOUT TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

The Tamil Nadu Physical Education and Sports University established by an act of the government of Tamilnadu in 2004, is unique and the first of its kind in India as an affiliating university, exclusively for physical education and sports.

Vision: "To engage in relentless pursuit of excellence in the promotion and development of Physical Education and Sports through innovative programmes in teaching, coaching, research and outreach activities and evolve a holistic approach to the betterment of human resources through a harmonious blend of body, mind and spirit".

#### Motto: "EXCELLENCE IN PHYSICAL EDUCATION AND SPORTS"

#### **★ ABOUT THE PROGRAMME**

Youth Empowerment is the process that creates power in individuals over their own lives, society, and in their communities. Youth empowerment is all about equipping and allowing them to make life-determining decisions through the different problems in new normal life. The primary aim of this programme is Youth Fitness preparation by achieving an all-around development with a major focus on health and physical fitness, which is essential for our society to ensure the sustainable evelopment of the country. Today, the new normal life world needs strong youth who will lift and uild others, who will love and be loved, youth who live bravely, both tender and fierce.

#### **OBJECTIVES OF THE PROGRAM**

1. The prime objective of this program is to shape the youth and transform them into a united force for nation-building.

2. Knowledge sharing in physical education and sports sciences with social cohesion and intellectual and cultural integration will open a new dimension of preparing youth fitness to face the new normal.

- 3. Create awareness about youth fitness and its importance in new normal life..
- 4. Highlight the pedagogical perspectives and benefits of Youth fitness protocols.

5. This program also makes the youth to understand the concept and aims to bring diverse cultures of India and integrate them into a united thread of 'Unity among the inhabitants of the states and Union Territories of India'.

6. This training program will serve as a platform to develop modern pedagogical perspective of youth fitness and make youth indomitable against all negative aspects of new normal life.

#### **TARGET AUDIENCE**

Physical education professionals, Coaches, Fitness Trainers, Sports persons and young research scholars, and youth who are involved in the field of fitness management, physical education, and sports sciences

#### **KEY POINTS**

- Last date for registration: 15/03/2022, 5.00 pm. (Google form)
- Registration and Course Fee is Free
- The maximum number of seats allotted is 40 participants.
- ▲ The list of short listed candidates will be informed on 16/03/2022.
- Faculties Scholars should get prior permission from their Institution.
- ▲ Working Lunch will be provided
- The programme contains both Theory and Practical sessions
- Dress code suitable for Educational Institution to undergo theory and practical sessions.

# Address for Communication

# Dr. S. Thirumalai Kumar

Professor Department of Physical Education Tamil Nadu Physical Education and Sports University Melakottaiyur, Chennai – 127 Mobile : 9841019670, 6381274527 Email ID – drstkpe@gmail.com