

Curriculum Vitae

Dr.V.MURUGU VALAVAN,

MBBS.,D.Ortho. M.Sc (Exercise Physiology), PhD(Sports Medicine),

Associate Professor cum Medical Officer

Tamilnadu Physial Education And Sports University Chennai

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CARRIER OBJECTIVES

To seek challenging position in a revolutionary field of Sports Medicine by implanting my knowledge acquired through work experience and aspiring to design and provide solutions in modern scientific way.

CARRIER SUMMARY

- Total 20 years of experience in field of Orthopaedics.

- Worked as Medical Officer in *Alagappa* University College Of Physical Education for 7 years
- Working as **Associate Professor cum Medical Officer** in Tamilnadu Physial Education And Sports University Chennai for past 13 years
- Excellent Communication, Problem Solving, Analytical and inter-personal skills.

EDUCATION QUALIFICATION

1995	M. B. B. S, Govt. Medical College, Tanjore.
1999	PG D.Ortho, Sri Ramachandra Medical College and Research Institute, Chennai
2000	Diplomate of National Board (Orthopaedic), 1 Year Training at Kilpauk Medical College Chennai.
2004	Advance Course in Sports Science organized by Sports Authority of India, Bangalore.
2005	Certificate Courses in Nano technology Sensitization Programme
2011	Ph.D in Sports medicine.Alagappa University
2014	M.Sc Exercise Physiology.

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PERSONAL DETAILS

Date of Birth: 14.07.1973.

Sex: Male

Residential Address: H2-1 (H block)
Ruby Grand, Agaram Main Road,
Tiruvencherry,
Chennai-600 073

Official Address: Health Centre
Tamilnadu Physical Education and Sports
University
Mellakottaiyur,
Chennai-600 127

Nationality : Indian

Languages Know: Tamil, English

Research Guidance : M.P.Ed (2),
M.Phil (7),
PhD- (3)

Publications /Books : I).Anatomy and Physiology
II) Health Education and First aid
III) Anatomy and Physiology for yoga-
DDE,TNPESU.
IV)Alternative Medicine-DDE, TNPESU
V) Sports Medicine
VI) First Aid in Sports injury

Papers Presented in Conferences : I) Inter National (21),
II) National (34)
III) State (15)

Journal published : : I) Inter National (28),
II) National (23)
III) State (19)

U.G.C Sponsored Refresher Course attended : 1

U.G.C Sponsored Oriented Course attended : 2

Services in Sports and Games (Medical Work) : I) National (39)

II) State Level (26)

III) College Level (30)

Resource person : 10

Administrative position held

I) Chair man Board of Studies for para Medical Courses at Alagappa University

II) Chair man Board of Examination for para medical Courses at Alagappa University

III) Member of Inspection Team for various collaborative programmes Alagappa university

IV) Member of inspection team for various Distance Education center T.N.P.E.S.U

V) Controller of Examination (in-charge) for 8 months T.N.P.E.S.U

Extension programmes conducted :

I) Conducted Medical Camps in Tsunami affected people in poompukar Region. On 13th December 2004

II) Medical Checkups for Various University Students Organized Blood Donated camp with N.S.S.

III) Conducted several rural health check – up medicals camps in collaboration with .N.S.S.

IV) Served as medical officer to international students at Alagappa University

V) Served as medical officer in Medical committee for all the seminars, workshops and conferences organized by the University

VI) Served as medical officer for TNPSC Selection Examination for Physical Education Director Post

VII) Served as medical officer to mini Marathon organized by TNPESU in view of Tamil Semmozhi Manadu on 14.06.2010

VII) Organized Dental screening Camp in collaboration with Saveetha University on 28.01.2015

IX) Organized Dental Scaling Camp in collaboration with Saveetha University on 17.03.2015

ORGANISATION OF WORKSHOP

Organizing secretary in National workshop in New frontiers in Sports Physiotherapy on 28th November 2008.

Organised National Level Workshop on “Recent trends in Sports medicine and Sports Injury Management” on 19.10.2015

ORGANISATION OF INTERNATIONAL CONFERENCE

Organizing secretary in **INTERNATIONAL CONFERENCE** on Emerging trends in Sports Medicine, Physical Education, Sports Sciences and Yoga on 18th & 19 January 2017.

FELLOWSHIP RECEIVED

TNOA Traveling Fellowship in Lakeshore Hospital and research center, Cochin in Department of joint replacement and sports medicine from 7th January 2011.to 21th January 2011

WORK EXPERIENCE

- Worked as Orthopaedician in Vinodhagan Hospital 2000-2001

RESPONSIBILITIES

Acted as **OFFICIAL MEDICAL OFFICER** for the following sports activities.

NATIONAL LEVEL

- 1.All India Inter University Women's Cricket –Dec 2001
- 2.All India Inter University Women's Basketball Tournament –
Nov 2002
- 3.All India Inter University Women's Hockey –Dec 2003
- 4.All India Inter University Men's Basketball Tournament –Oct 2004
- 5.All India Inter University Men and Women Table Tennis Tournaments
Nov 2004
6. All India Inter University Women's Cricket –Jan 2005
- 7.All India Inter University Women's Football Tournament –Dec 2006
8. All India Inter University, Inter Collegiate, Intramural Games from
2008- Till date in Tamilnadu Physical Education and Sports University.

STATE LEVEL

1. 5th Tamilnadu State Under 22 Athletic Championship 2003
- 2.79th Tamilnadu State Senior Athletic Championship 2006

OTHERS

- 1.All Inter colligate tournaments under Alagappa University between
2001-2008
- 2.All Intra mural tournaments under Alagappa University *College Of
Physical Education*
between 2001-2008
- 3.All Algappar Memmorial Tournaments between 2001-2008

SUMMARY

More than 20 years of General surgical orthopedics, 18 years of research experience, Vast knowledge on the Sports orthopedics, interfaces and phenomena, consistent output, adapting research methodology in every spheres, excellent data analysis skill, broad knowledge in physiology, hands on experience in using modern electronic equipments in treating athletic injuries. Good command over the medical material synthesis methods. Self-starter, team worker. Striving towards excellence, aspire to seek truth. Splendid performer in problem solving environment. Excellent communication skills.