



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai 127

Department of Physical Education



Invitation

National Level Webinar on

“Surya Namaskar : Practice & Benefits”

In commemoration of 75th Indian
Independence day Celebrations

RESOURCE PERSON



Yoga Kalaimamani **Dr.P.Baskaran**
International Yoga Champion
Yoga Expert, Chennai

Date: 26.01.2022

Time: 11.30am

Google Meet Id : <https://meet.google.com/jif-wpvi-hyo>

Dr. C.Lakshmanan

Assistant Professor
Organizing Secretary

Dr.S.Thirumalaikumar

Professor
Director

Dr.S.Manikandan

Professor & Head
Convenar

Dr.V.Mangaiyarkarasi

Registrar i/c
Parton

Dr.M.Sundar

Vice Chancellor
Chief Parton