Tamil Nadu Physical Education and Sports University, Chennai
(Accredited with “B” Grade by NAAC)

Invitation

Department of Sports Psychology & Sociology
Cordially invites you all for the Workshop on
“அருசுவை உணவும் ஆரையமும்”
(Arusuvai Unavum Arokiyamum)
On 28th August 2023 @ 11.00 a.m
Venue: Conference Hall, IInd Floor, Academic Block, TNPESU

Chief Guest
Dr. M.Sundar
Vice Chancellor
TNPESU

Keynote speaker
Dr. C. Manoj
Physiotherapist, TNPESU

Keynote speaker
Dr. P. K. Senthilkumar
Associate Professor & Head i/c,
Dept. of Exercise Physiology & Biomechanics,
TNPESU

Workshop Advisors
Dr. S. Prem Kumar, Professor
Dr. Shahin Ahmed, Professor

Workshop Convener
Dr. V. Mangaiyarkarasi
Professor & Head,
Dept. of Sports Management and Sports Psychology & Sociology, TNPESU

Workshop Coordinators
Dr. V. Ramesh Kumar, Assistant Professor
Dr. M. Lakshman Kumar, Guest Lecturer

Workshop Advisors
Dr. S. Prem Kumar, Professor
Dr. Shahin Ahmed, Professor

Workshop Convener
Dr. V. Mangaiyarkarasi
Professor & Head,
Dept. of Sports Management and Sports Psychology & Sociology, TNPESU

Workshop Coordinators
Dr. V. Ramesh Kumar, Assistant Professor
Dr. M. Lakshman Kumar, Guest Lecturer

Organizing Secretary
Dr. K. Kannadasan
Associate Professor,
Dept. of Sports Psychology & Sociology,
TNPESU
Tamil Nadu Physical Education and Sports University, Chennai  
(Accredited with “B” Grade by NAAC)

Department of Sports Psychology & Sociology

Date: 28.08.2023  
Venue: 2nd Floor, Academic Block  
Time: 11:00 am

### Programme Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>11:00 am</td>
<td>Prayer</td>
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<tr>
<td>11:02 am</td>
<td>Lighting of Lamp</td>
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<tr>
<td>11:05 am</td>
<td>Welcome Address - Dr. V.Mangaiyarkarasi, Professor, &amp; Head, Dept. of Sports Mgmt and Sports Psychology &amp; Sociology</td>
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<tr>
<td>11:10 am</td>
<td>Honouring the Guest</td>
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<td>11:15 am</td>
<td>Inaugural Address</td>
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<td>Dr. M.Sundar, Vice-Chancellor</td>
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<td></td>
<td>Tamil Nadu Physical Education and Sports University, Chennai</td>
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<tr>
<td>11:30 am</td>
<td>Keynote Address (Session I)</td>
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<tr>
<td></td>
<td>Dr. P.K. Senthilkumar</td>
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<td></td>
<td>Associate Professor &amp; Head i/c, Department of Exercise Physiology &amp; Biomechanics, TNPESU</td>
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<tr>
<td>12:15 am</td>
<td>Keynote Address (Session II)</td>
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<tr>
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<td>Dr. C. Manoj</td>
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<td></td>
<td>Physiotherapist, University Health Centre, TNPESU</td>
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<td>01:00 pm</td>
<td>Vote of Thanks - Dr. K. Kannadasan, Assoc. Professor</td>
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<td></td>
<td>Dept. of Sports Management and Sports Psychology &amp; Sociology</td>
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<tr>
<td>01:05 pm</td>
<td>National Anthem</td>
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