

3.6.1 - Extension activities in the neighbourhood community in terms of impact and sensitising students to social issues and holistic development during the year.

Tamil Nadu Physical Education and Sports University (TNPESU) operates across three dimensions: education, research, and extension activities. Its extension initiatives focus on sensitizing students to social issues and promoting holistic development.

The university actively engages with local communities through programs such as village placements, mental health campaigns, cleanliness drives, water conservation projects, temple cleaning, and heritage site maintenance. Students also organize sports and fitness events for the neighborhood, fostering community engagement.

TNPESU raises awareness on critical topics, including women empowerment through martial arts and yoga, gender equity, the National Education Policy, nutritional practices, and Indian knowledge systems like traditional food, yoga, and Kalaripayattu. Other efforts include promoting the State Reservation Policy, human rights, vigilance awareness, anti-corruption drives, and creating water tanks.

The university also organizes inclusive sports events, such as Special Olympics and Paralympics tournaments, for children with special needs. Traditional values are instilled through summer training camps in Silambam and Kalaripayattu, benefiting both university students and local children.

Through these initiatives, TNPESU integrates education, community service, and cultural heritage, fostering social responsibility and holistic development among its students.

Indian knowledge Sysstem Kalaripayattu Training Programme.

25th to 26th March 2024





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05.06.23

NSS Activity Meeting with Kerben village people and TNPESU students -



Cleaning Services for kerben village to Kothagiri road



Dinner with Vice-Chancellor and TNPESU NSS volunteers



(06.06.2023) - Morning activity Assemble with Vice-Chancellor





 தமிழ்நாடு பௌத்தியக் கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம் TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY (Established by the Government of Tamil Nadu, 1973) (Recognized by the Ministry of Education, Government of India) Accredited with "B" Grade by NAAC																	
Address : Anna Nagar, Chennai - 600 002 Phone : 044-26477130 Email : naac@tnpesu.ac.in Website : www.tnpesu.ac.in																	
LT No: 52/TNPESU Regn/ Estb./WOL/ Vigilance Awareness Week /2022 Date: 06.11.2022																	
CIRCULAR																	
Sub: Vigilance Awareness Week - Report to University Grants Commission (UGC) - Regd. No: 0.0 No. P/30-50/2002/UGC dated 15.09.2022																	
In the reference cited above, the University Grants Commission has sent a letter to the Vigilance Awareness Week and submit the report on the preventive vigilance measures and vigilance awareness week 2022 to the University Grants Commission. In this regard, all the Heads of the departments and Unit Heads are requested to organize quiz programs, debates, and special lectures on 4 th November 2022. Further, this University has planned to organize a rally on 4 th November 2022 at 4:00 PM from University campus to Karungal and back. Hence, kindly encourage your students to take part in the Vigilance Awareness Program being organized from Oct 28 th to 4 th Nov 2022.																	
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To, 1. All the Teaching, Supporting and administrative Staff 2. Guest Lecturer and Staff-Working Staff Copy to: 1. Vice-Chancellor's Office 2. All the Head of the Department 3. Chairman, UGC, TNPESU																	



உறுதி மொழி

ஊழல் தடுப்பு திட்டங்கள் பொதுமக்கள் அளவியல் மற்றும் சமூக முன்னேற்றத்தில் உரிப்பெறிய தடைகளில் ஒன்று என நம்புகிறோம். அரசாங்கம், குடியிருப்பர் மற்றும் தனியார் மனநாட்டுக்களுக்கு பொதுப்படைய அமைவதும் கண்டனம் முன்னெயரக் ஒழிப்பதும் முன்னெனந்து செயல்பட வேண்டும் என நம்புகிறோம்.

தனது தரப்பில் ஒவ்வொரு குடியிருப்பதும் பொதுப்படதும் விழிப்பதும் உண்மையுடனும் துறும்மையுடனும் அளவியது குத்திரைகளிலும் ஊழல்குற எதிர்மன மாராட்டத்தில் உதவ வேண்டும் என நான் அறிவன்.

ஊழல் தாள்,

- தனது லாத்தில் எந்த குத்திரைகளிலும் உண்மையுடனும் தனது தரப்பில் சட்டங்களின்படியும் நடக்கவும்.
- லஞ்சம் லாங்குகலா அல்லது கொடுக்கலா மாட்டபன் என்னும்.
- சமூகத்தில் தனது செயல்பாளை உண்மையுடனும் தெளிவாகவும் செயல்பன் என்னும்.
- பொது தலையில் அக்கறைபுடன் செயல்படுவன் என்னும்.
- தனது பொதுப்பாளை செயல்பாளை மூலம் பிறருக்கு எடுத்துக்காட்டாத குற்றப்பன் என்னும்.
- என்னை சத்தி ஏதேனும் ஊழல் நடத்தினால் அதனை உடனடியாக எம்பத்தப்பட்ட அளவியது மாரா மூலம் தெளிகிற்பன் என்னும்.

உறுதி அளிக்கின்றோம்

Fit India 3.0 Run (19th oct 2022):

Tamilnadu Physical Education and Sports University, our Vice Chancellor Dr. M. Sundar , along with our Registrar Dr. R. Ramakrishnan sir, Teaching Faculties with 150 NSS volunteers of and around 400 TNPESU students.

Jointly organized TNPESU vs CVRD-DRDO for **FIT INDIA 3.0 RUN**, held at TNPESU.

The run was inaugurated by Hounourable Registrar i/c Dr. R Ramakrishnan. The run was started from TNPESU to Kandigai and returned from Kandigai to TNPESU.

Name of the University	TNPESU
Place of the Rally	TNPESU to Kandigai
No. of Staffs	30
No.of Volunteers Participated	220 students including 150 NSS volunteers.

19.10.2022

FIT INDIA RUN INAUGURATION



19.10.2022



**ORIENTATION PROGRAMME ON LATEST
AMMUNITION OF NATIONAL SECURITY
GUARDS**

26.08.2023



26.08.2023



RASHTRIYA EKTA DIWAS PLEDGE
National Unity Day -31st October

[The NSS Volunteers are requested to take the following pledge on 31st October being the birth day of Sardar Vallabhbhai Patel]



I solemnly pledge that I dedicate myself to preserve the Unity, Integrity and security of the Nation and also strive hard to spread this message among my fellow countrymen. I take this pledge in the spirit of unification of my country which was made possible by the vision and actions of Sardar Vallabhbhai Patel. I also solemnly resolve to make my own contribution to ensure internal security of my country.

தேசிய ஒற்றுமை தூள் (அக்டோபர் 31தேதி)

நான் இத்தியதாட்சியின் ஒற்றுமை, தேர்மை மற்றும் பாதுகாப்பு ஆகியவற்றை கவனத்தோடுவழங்க நான் என்னை தர்பணித்துக்கொள்வேன் என்று உறுதியளிக்கிறேன்.

மேலும், மக்களிடமிருங்கேள்வதொற்றுமையாகவழிவெள்ளும்பன்றிசெய்தி என்னை என்னை நான் நான் மக்களிடையே பரப்புவதற்கு உதவியளிக்கக்கொள்வேன்.

சென்னை வல்லமையுடைய பட்டேலின் தூக்கம் மற்றும் செயல்கள் மூலமாகத்தேசஒற்றுமையை பாதுகாக்கவல்லவற்றைவழங்குகின்றேன். செய்கொள்ளும் உறுதியளிக்கிறேன்.

என்தான் உய்களிடமிருங்கேள்வதொற்றுமையாகவழிவெள்ளும்பன்றிசெய்தி மட்டும்தான்வழங்குகின்றேன். உறுதியளிக்கக்கொள்வேன்.





VOTING AWARENESS PROGRAMME: 10.04.2024




