

#### YEARLY STATUS REPORT - 2022-2023

Part A				
Data of the	Data of the Institution			
1.Name of the Institution	TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY			
Name of the Head of the institution	Dr. M. SUNDAR			
• Designation	Vice-Chancellor			
Does the institution function from its own campus?	Yes			
Phone no./Alternate phone no.	044 27477904			
Mobile no	7904274295			
Registered e-mail	vctnpesu@gmail.com			
• Alternate e-mail address tnpesuiqac@gmail.com				
• City/Town	Chengelpet			
• State/UT	State			
• Pin Code	600 127			
2.Institutional status				
• University	State			
Type of Institution	Co-education			
• Location	Semi-Urban			

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Name of the IQAC Co-ordinator/Director	Dr. M. GRACE HELINA	
Phone no./Alternate phone no	9841832928	
• Mobile	9443983207	
• IQAC e-mail address	tnpesuiqac@gmail.com	
Alternate Email address	naactnpesu2018@gamil.com	
3.Website address (Web link of the AQAR (Previous Academic Year)	https://www.tnpesu.org/upload/TNP ESU AOAR 2021-2022.pdf	
4. Whether Academic Calendar prepared during the year?	Yes	
• if yes, whether it is uploaded in the Institutional website Web link:	https://www.tnpesu.org/upload/202 2-2023.pdf	

#### **5.**Accreditation Details

Cycle	Grade	CGPA	Year of Accreditation	Validity from	Validity to
Cycle 1	B++	2.92	2016	11/05/2016	04/11/2021
Cycle 2	В	2.28	2021	17/08/2021	16/08/2026

#### 6.Date of Establishment of IQAC 11/07/2017

 $7. Provide \ the \ list \ of \ Special \ Status \ conferred \ by \ Central/ \ State \ Government-UGC/CSIR/DST/DBT/ICMR/TEQIP/World \ Bank/CPE \ of \ UGC \ etc.$ 

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Institution/ Depart ment/Faculty	Scheme	Funding	agency	Year of award with duration		Amount
TNPESU	e - Library G. O. 46	Youth Welfare and Sports Development (YWZ)		15/06/2022		83,25,000
TNPESU	Construction of Additional class rooms G. O. 56	Youth welfare and Sports Development (YWZ)		30/06/2022		5,83,50,000
TNPESU	Construction of Swimming Pool Under Khelo India Scheme No.29 -4/MYAS/MDSD /2018e-file 25271(II) dated 01 August 2022	Ministry of Youth Affairs and Sports, Government of India		01/08/2022		1,25,00,000
8. Whether composition of IQAC as per latest NAAC guidelines		Yes				
Upload latest notification of formation of IQAC		View File	2			
9.No. of IQAC mee	9.No. of IQAC meetings held during the year		8			
<ul> <li>The minutes of IQAC meeting and compliance to the decisions have been uploaded on the institutional website.</li> <li>(Please upload, minutes of meetings and action taken report)</li> </ul>		Yes				
(Please upload, minutes of meetings and action taken report)		View File	2			

10. Whether IQAC received funding from any of the funding agency to support its activities during the year?	No
• If yes, mention the amount	NO

#### 11. Significant contributions made by IQAC during the current year (maximum five bullets)

\* IQAC ensured quality in all aspects such as Teaching, Research and Extension. IQAC meetings, periodical NAAC Criterion review meetings and Various Department Heads meetings were conducted. Guidelines framed for mentors. Periodical NAAC review committee meetings held.

\* Conduct of FDP from10th to 14th and 17th October 2022, Project Preparation and submission on 30th September2022. \* Collaboration with placement Cell conducted Skill Development programme such as Interview sills and personality development on 11th April2023, employability skills and recruitment on 5th May 2023. Workshop conducted on communication skills for first year students on 14th November 2022. \* Conducted awareness programme on Intellectual Property Rights (IPR) on 28th October 2022. \* The awards were given for the teaching faculty for their articles publication in SCOPUS Journal on 3rd April 2023.

12.Plan of action chalked out by the IQAC in the beginning of the Academic year towards Quality Enhancement and the outcome achieved by the end of the Academic year

Plan of Action	Achievements/Outcomes
Planned to form New Composition of IQAC	IQAC Composition formed, dated 06-03-2023
Prepared the Annual Quality Assurance Report (AQAR) for the year 2021-2022	AQAR submitted and uploaded for the year 2021-22
Feedback form prepared to collect feedback from students, parents, alumnis and employer	Feedback forms collected from all stakeholders
Revision of Curriculum	Curriculum revised in all programmes of all Departments in 2022-23
Training and Development	Various training programmes were conducted for students in Personality Development,     Interview skills and communication skills. For faculty members FDP from10th to 14th and 17th October 2022,     Project Preparation and submission on 30th September2022.
Awards and Rewards students for outstanding record in sports and Faculty members for publishing the papers in SCOPUS journal	The outstanding sports students were given free attendance and they were given awards and rewarded during the All India Interuniversity Championship onand The awards were given for the teaching faculty for their research article publication in SCOPUS on 3rd April 2023.
13.Whether the AQAR was placed before statutory body?	No

Name	Date of meeting(s)
Nil	Nil
14.Whether NAAC/or any other accredited body(s) visited IQAC or interacted with it to Assess the functioning?	Yes

#### 15. Whether institutional data submitted to AISHE

,	Year	Date of Submission
	2021-2022	15/05/2023

#### 16. Multidisciplinary / interdisciplinary

On almost all Academic and Research activities, Tamil Nadu Physical Education and Sports University has laid down many academic programmes and Research activities with Interdisciplinary approach in the past few years. During the year 2018-19, some of the Interdisciplinary science programmes, such as Exercise Physiology, sports Biomechanics, sports psychology, yoga management and technology have been introduced. Similarly, some of the Interdisciplinary programmes in the Faculty of Education the Physical education were also introduced. Research laboratories, Language laboratory and ICT facilities were utilized for interdisciplinary programmes. The curriculum designed with interdisciplinary courses, and it is constantly revived . Inter Department Generic courses designed by all Departments, so that the students will have an understanding of other subjects, by which the avenues for further learning is broadened and new job opportunities are explored. The curriculum is blended in such a way, where the student will be given more options without losing the emphasis on the core subject. The value added courses were also introduced in the years 2018-19 in physical education and 2022-2023 in most of the program. The NSS of TNPESU have outreach and extension activities which facilitate the community engagement, environmental awareness and human values. In order to further strengthen the Interdisciplinary / Multidisciplinary approach among students, the Generic Elective course has been made mandatory to PG students from the year 2018-19.

#### 17.Academic bank of credits (ABC):

Successfully completing courses, modules, or other learning components of academic credits are often earned by students. Initiatives for implementing are still on the way to satisfy the requirements of Academic Bank Credits. The curriculum is

continuously upgraded to make the student employable as per the requirement of the industry and higher education institution. The University has signed an MOU with the International federation for Fitness Health , Physical Education and Iron Games for research articles publication, conduct of Conference, seminars and workshop and for exchange programs and many National MOU have signed for the exchange of knowledge , conduct of seminars, conference and workshops. MOU has drawn with Temple Adventure SCUBA DIVING , Pondichery for conducting workshops and field/ industrial visit to get practical exposure. General Elective courses are offered in each program and students shall have the flexibility to choose the subjects as per the requirement. This is a preliminary effort taken through Choice Based Credit System to fulfill the bigger goal of implementing of Academic Bank of Credits.

#### **18.Skill development:**

The programs offered at TNPESU include courses that are aligned with industry's demands and focuses on employability skills and entrepreneurship development. Basic knowledge in understanding of anatomy, physiology, biomechanics, nutrition, psychology, and other relevant sciences and familiarizing with sports-related terminology, rules, and regulations. The University has a tie up with various schools, hospitals, organizations and industries. The students undergo internship, visit and field project work. The students are encouraged to take up the officiating examinations related to their sports discipline specific such as officiating, volunteers, organizing, planning and prescribing diet and exercise so that their skills in specialized games are enhanced which would pave way for better employment opportunities and to develop entrepreneurship. The Department of Exercise Physiology and Biomechanics Students take assessment in physical, physiological and nutritional status, Postural analysis, Gait analysis, Strength and weekness of the muscle of the athletes during Tournaments, Competitions held inside and outside the campus.

## 19. Appropriate integration of Indian Knowledge system (teaching in Indian Language, culture, using online course)

The Tamil Nadu Physical Education and Sports University has administered the integration of Ancient Indian knowledge through various modalities. The Department of Yoga has introduced courses with emphasis on Sanskrit languages. The Yoga courses are extended to other Department students under the Choice Based Credit System, so that the other students have the option of learning Yoga. The program offered to the students to make them understand the true meaning of Yoga which lies in its Cultural, religious and

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philosophical landing stage rather than viewing it as a set of physical exercise and body posture. Various workshops, competition, related to Yoga are conducted by the Department of Yoga regularly. Traditional Kalaipayattu and Silambam Training Center was established in this university campus though the financial assistance from Government of Tamil Nadu Innovation and Imitative Scheme (Rs160Lakhs). This center is offering training in Traditional Kalaipayattu and Silambam for the students of this University and A month long summer coaching camp was organized during the 1st May 2023 to 31st May 2023 to impart the traditional knowledge to the children. he significance of promoting the Indian Knowledge System is emphasized through various community oriented programs such as Village Placement Programs which is the part of the curriculum. The ancient Indian system of learning skills in Dumbells, Hoops, Wands, Lezium are taught by the Department of Physical Education to improve coordinated, synchronised movements. In Lezium the students are taught in Hindi such as Charawaj, Ekjagae, Adilago, Pavithra, Agephalang, Pegephalang and Attawaj to understand the series of rhythmic movements. Our Library is equipped with a large repository of ancient books on varied subjects such as Homeopathy medicine, Thiruvasagam, Asanas, Pranayama, Shiv Samitha, Geethalochan, Goraksasatakam, Dhakanadakshan, Organisation of Physical Education, Health and Physical Education for Schools, Ancient India, Statistical methods, Systematic course in the ancient tantric techniques of yoga and kriya, Nathamunis Yogaratrasya, Adi Sankaras Yogataravali, Yogayajra valkya samhita, Thirumoolars Ashtangayoga.

#### 20. Focus on Outcome based education (OBE): Focus on Outcome based education (OBE):

To enhance the knowledge and skills of the students Outcome Based Education (OBE) is implemented in all programmes offered by the University. The curriculum has formulated with learning outcomes. The programs are defined with the Program Educational Objectives (PEO) in line with the vision and mission of the Department. The programs are having generalised Program Outcomes (PO) and unique Program Specific Outcomes (PSO) which describes the uniqueness of the program offered. Course Outcomes (CO) of all discipline focusing on the emerging needs of markets which begin with Verb from Blooms Taxonomy. Course Outcomes are mapped with Programme Outcomes and Programe Specific Outcomes Direct and Indirect assessments are employed to chec the attainment of Course Outcomes and Program Outcomes. Examination, Assignment, Quiz, Brain Storming, Presentation are the tools with which direct assessments are carried out. Feedback is the indirect assessment. Depending on these techniques the attainment of Course and Program outcomes are

measured. The attainment of Corse Outcomes leads to to the attainment of Program Outcomes. With the attainment of Program Outcomes, it is evident that the students acqired sufficient knowledge and skill which covert them into a successful professional. The Pos, PCOs and Cos framed by the Departments are duly approved by the Members of the Board of Studies, Academic Council and the Syndicate and it is published in the university website. The students are well equipped with the information by the commencement of their Programme. The Department makes concrete effort to make students ready for job market through industry academia collaboration in terms of internship, field trip, Industrial Visit and project work.

#### 21.Distance education/online education:

The School of Distance Education of Tamil Nadu Physical Education and Sports University has turned to be a main focus for students who are seeking additional qualification in the past years. In the past years there is a vast array of courses that were offered in the SDE at different levels such as Certificate, Under Graduate, Post Graduate and PG Diploma courses. In order to facilitate independent study, all the learning resources of the study are prepared meticulously in self learning format with subject experts. Personal Contact Programs are handled by experienced faculties of our University departments and affiliated colleges. So the highly technical and practical oriented courses are handled by the faculties who have vast knowledge in these subjects. support smart classrooms and ICT enabled laboratories will help the candidate gain more competence and prepare to face the job market. The University library subscribed the INFLIBNET which provides unparalleled access to innumerate resources at the click of a button. Textbooks, reference books, research journals, and a lot of supplementary reading materials can be accessed easily. Unfortunately the SDE programmes were not conducted from 2018 onwards as the SDE was stopped by the UGC.

# 1.Programme 1.1 Number of programmes offered during the year:

File Description	Documents
Data Template	<u>View File</u>

1.2		05		
Number of departments offering academic programmes				
2.Student				
2.1		421		
Number of students during the year				
File Description	Documents			
Data Template		<u>View File</u>		
2.2		280		
Number of outgoing / final year students during the	year:			
File Description	Documents			
Data Template	<u>View File</u>			
2.3		766		
Number of students appeared in the University examination during the year				
File Description	Documents			
File Description Data Template	Documents	View File		
	Documents	View File 20		
Data Template				
Data Template 2.4				
Data Template  2.4  Number of revaluation applications during the year				
Data Template  2.4  Number of revaluation applications during the year  3.Academic		20		
Data Template  2.4  Number of revaluation applications during the year  3.Academic  3.1		20		
Data Template  2.4  Number of revaluation applications during the year  3.Academic  3.1  Number of courses in all Programmes during the year	ear	20		
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Data Template  2.4  Number of revaluation applications during the year  3.Academic  3.1  Number of courses in all Programmes during the year  File Description  Data Template	ear	20  800  View File		

File Description	Documents		
Data Template	<u>View File</u>		
3.3		17	
Number of sanctioned posts during the year			
File Description	Documents		
Data Template		<u>View File</u>	
4.Institution			
4.1		1097	
Number of eligible applications received for admissions to all the Programmes during the year			
File Description	Documents		
Data Template		View File	
4.2		164	
Number of seats earmarked for reserved category as per GOI/ State Govt. rule during the year			
File Description	Documents		
Data Template		<u>View File</u>	
4.3		57	
Total number of classrooms and seminar halls			
4.4		133	
Total number of computers in the campus for academic purpose			
4.5		3189.90388 lakhs	
Total expenditure excluding salary during the year (INR in lakhs)			
Part B			
CURRICULAR ASPECTS			
1.1 - Curriculum Design and Development			

1.1.1 - Curricula developed and implemented have relevance to the local, national, regional and global developmental needs which is reflected in Programme outcomes (POs), Programme Specific Outcomes(PSOs) and Course Outcomes(COs) of the Programmes offered by the University

#### IAQC Design

Tamil Nadu Physical Education University offers programmes that are designed to cater to the local, national, regional and global developmental needs. The adaptation of academically flexible Choice Based Credit System (CBCS) designed by the Board of Studies (BoS) is revamped from time to time to meet the current and emerging needs of the student population after obtaining due approval from the statutory bodies of the university . In line with its Vision "Excellence in Physical Education and Sports" the TNPESU offers globally comparable quality of higher education and make the students to excel in sports and games. This university offers a total number of 27 programs out of which 7 UG, 11PG, 1 P.G.Diploma in Sports Coaching and 8Ph.D programs. among which Yoga and its related programmes, Advance Coaching and Training, Science programmes such as Exercise Physiology and Nutrition, Sports Psychology and Sociology, Sports Management, Sports Bio Mechanics and Kinesiology, sports technology programs are the main trendsetters - addressing the National and global initiatives . In order to impart skills and subject knowledge on interdisciplinary generic electives, the skill development and ability enhancement courses are included as an integral part of the curriculum. It focuses to address the environmental and social constrains. Program specific outcomes (PSO) of each of the programs offered clearly depicts the focus of the teaching and learning process towards preparing students to understand the depth of the subject and purpose of learning. The Curriculum has formulated with learning outcomes.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 1.1.2 - Number of Programmes where syllabus revision was carried out during the year

#### 19

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

## 1.1.3 - Total number of courses having focus on employability/ entrepreneurship/ skill development offered by the University during the year

## 1.1.3.1 - Number of courses having focus on employability/ entrepreneurship/ skill development during the year

50

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 1.2 - Academic Flexibility

## 1.2.1 - Number of new courses introduced of the total number of courses across all programs offered during the year

50

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

## 1.2.2 - Number of Programmes in which Choice Based Credit System (CBCS)/elective course system has been implemented during the year

19

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 1.3 - Curriculum Enrichment

1.3.1 - Institution integrates crosscutting issues relevant to Professional Ethics, Gender, Human Values, Environment and Sustainability into the Curriculum

This University emphasizes the learners to know the crosscutting issues like professional ethics, human values, environmental sensitivity, gender and emerging issues pertaining to ethical and moral concerns in the society through various courses. The course on "Village Placement Program (VPP)" inculcates social responsibility

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to serve the betterment of the village population. Human values and Personal values are imbibed through courses on counseling by the department of Psychology. The University promotes courses like Environmental Ethics and Energy Conservation along with broad based programs with choice based credit system and Electives with interdisciplinary approach. Lectures on human values and professional ethics anchoring the institute's measure of incorporating these into the curriculum.

Through rallies, role plays and cultural programs the gender related issues are communicated. The women grievance cell and women empowerment cell are providing counseling to promote gender equity among students. Every year international women's day is celebrated. The course 'Exercise and Sports for Women' provides the learners to understand gender equality.

The course "Environmental Sciences" has been made mandatory in all the disciplines. Apart from rain water harvesting ,the effluent water is treated and reused for gardening to maintain the campus green. The institute also celebrates environment day and conducts plastic free campaigns . The institute has solar energy powering in few areas and strictly following zero emission policy inside the campus to reduce carbon dioxide emission. The students actively involve themselves in NCC and NSS activities.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

## 1.3.2 - Number of value-added courses for imparting transferable and life skills offered during the year

4

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 1.3.3 - Total number of students enrolled in the courses under 1.3.2 above

## 1.3.3.1 - Number of students enrolled in value-added courses imparting transferable and life skills offered during the year

60

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

## 1.3.4 - Number of students undertaking field projects / research projects / internships during the year

398

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 1.4 - Feedback System

## 1.4.1 - Structured feedback for design and review of syllabus – semester wise / is received from Students Teachers Employers Alumni

• All 4 of the above

File Description	Documents
Upload relevant supporting document	<u>View File</u>

## 1.4.2 - Feedback processes of the institution may be classified as follows

• Feedback collected, analysed and action taken and feedback available on website

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### TEACHING-LEARNING AND EVALUATION

#### 2.1 - Student Enrollment and Profile

#### 2.1.1 - Demand Ratio

#### 2.1.1.1 - Number of seats available during the year

768

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

## 2.1.2 - Total number of seats filled against reserved categories (SC, ST, OBC, Divyangjan, etc.) as per applicable reservation policy during the year (Excluding Supernumerary Seats)

#### 2.1.2.1 - Number of actual students admitted from the reserved categories during the year

#### 164

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 2.2 - Catering to Student Diversity

2.2.1 - The institution assesses the learning levels of the students and organises special Programmes for advanced learners and slow learners

#### 2.2.1 INSTITUTION ASSESSES THE LEARNING LEVELS OF THE STUDENTS

The University undertakes several measures to assess the efficacy of teaching methods and the learning ability of the students by organizing an orientation programme at the commencement of a new batch every year which would help them to get familiarized with the institution, curricular and co-curricular activities, facilities, rules and regulations etc.

#### Advanced learners:

- Students are encouraged to be members of professional bodies in their respective fields like the State Sports Association, Yoga Association, and Psychology Association and organize Sports and games tournaments.
- Advised to participate in group discussions, peer group study
- Motivating them to participate in research workshops, seminars, and conferences to inculcate research orientation and practical awareness
- Take up competitive exams like TRB, NET, SET, TNPSC, etc

#### SLOW LEARNERS:

- Mentor- Mentee system has been introduced with which the students can share their academic, social or personal difficulties to get their support.
- Departments conduct remedial classes, for slow learners and those who are on the verge of dropping out due to arrear subjects.
- Students were given learning materials prepared and verified by an expert committee and university question bank.
- Students are provided with group study hours in the Men's and Ladies' hostel in the after-hour.
- Technology Integrated Teaching is implemented, and subjects are taught through PPT and various labs.
- Peer group teaching is introduced to improve learning ability.

File Description	Documents
Upload relevant supporting document	<u>View File</u>
Link For Additional Information	Nil

#### 2.2.2 - Student - Full time teacher ratio during the year

Number of Students	Number of Teachers
908	43

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 2.3 - Teaching- Learning Process

2.3.1 - Student centric methods, such as experiential learning, participative learning and problemsolving methodologies are used for enhancing learning experiences

The complete educational process of development, deliverance of curriculum and assessment is planned to be student centric.

The student centric education is promoted by ensuring classroom atmosphere to be learner-friendly. Special lectures are given for soft skills and technical skills.

Various methods used in experiential learning and problem solving method using below methods

- Participative Learning
- Projects and Field practicum
- Guest Lectures, Seminar & Workshops
- Exhibitions
- Competitions

All our teachers of the University are using ICT tools and resources available on its campus. They use LCD Projectors, smart boards, Video Conferencing, A-view, Google quiz, MOOCS and e-learning technology fully enabled with wifi enabled campus

Innovations and Research in Education

TNPESU teaching faculty actively emphasizes the experiential learning methodologies in their pre-planned academic schedules, whereby the students are trained by doing the procedures and gain experience.

Special Learning Tools

As a student centric program the students are exposed with a problem based learning methodology, and are allowed to participate to face the environmental issues such as waste management, global warming etc., the assignments collected, class test and Exams were conducted through Google Class rooms. Webinars, Quizes, conference, workshops were conducted through Digital Platforms.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

## 2.3.2 - Teachers use ICT enabled tools including online resources for effective teaching and learning processes during the year

The institution adopts effective Mentor-Mentee Schemes to address academics and student-psychological issues. This guiding principle aims to make out the strategies deployed to make sure outstanding levels of mentoring and guidance.

Student mentoring in our university, defined as a one-to-one association between a student and the mentor that it provides supportive framework that not only aids in academic success but also promotes the mental well-being of students. The mentor provides consistent hold, direction and solid help to a student to provide them with a constructive role model.

Some students involved in the mentoring program may be going through a hard and demanding situation, a phase of life in which they need additional support, or they may simply need to have a special major mature hand in their life.

The purpose of learner mentoring is to help all students involved in the mentoring program to expand the skills and confidence to be responsible for their individual futures and build up to their full academic and personal potential. University will ensure that all learners be given the care, supervision and hold up essential to continue and lengthen their personal growth and academic development.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 2.3.3 - Ratio of students to mentor for academic and other related issues during the year

#### 2.3.3.1 - Number of mentors

43

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 2.4 - Teacher Profile and Quality

#### 2.4.1 - Total Number of full time teachers against sanctioned posts during the year

41

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

## 2.4.2 - Total Number of full time teachers withPh.D./D.M/M.Ch./D.N.B Superspeciality/D.Sc./D'Lit. during the year

31

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 2.4.3 - Total teaching experience of full time teachers in the same institution during the year

#### 2.4.3.1 - Total experience of full-time teachers

361

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

## 2.4.4 - Total number of full time teachers who received awards, recognition, fellowships at State, National, International level from Government/Govt. recognised bodies during the year

8

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 2.5 - Evaluation Process and Reforms

## 2.5.1 - Number of days from the date of last semester-end/ year- end examination till the declaration of results during the year

48

## 2.5.1.1 - Number of days from the date of last semester-end/ year- end examination till the declaration of results year wise during the year

48

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

## 2.5.2 - Total number of student complaints/grievances about evaluation against total number appeared in the examinations during the year

0

File Description	Documents
Upload relevant supporting document	<u>View File</u>

2.5.3 - IT integration and reforms in the examination procedures and processes (continuous internal assessment and end-semester assessment) have brought in considerable improvement in examination management system of the institution

The Examination administration of the University is programmed. Upgradation of the Examination Management Module is in process with its own software.

#### Examination Related Reforms:

 Semester grade point average (SGPA) and cumulative grade point average (CGPA) are calculated and given in the statement of mark and grade and consolidated statement of marks and grade.

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 Degree Certificates are printed with fifteen special features with non-tearable and also with QR code.

#### Examination Procedures and IT Integration:

 Examination conducted through Offline mode after the COVID-19 pandemic.

#### Evaluation Process:

- Appointment of camp officers and chief examiner
- Examiners for evaluation as recommended by the Board of Studies Central valuation

#### Announcement of Results

- Organization of the results through passing and approval board and published offline.
- Printing and distribution of semester transcripts/grade cards/ provisional certificates and issued during convocation

#### Assessment Progress

• The complete academic performance of a student is evaluated inhouse by the concerned teacher /model examination in the case of project work where an examiner shall be nominated for the viva voce. The student's performance in each programme, in general, is evaluated based on continuous assessment (internal assessment) and end-semester examination

File Description	Documents	
Upload relevant supporting document		<u>View File</u>
2.5.4 - Status of automation of Edivision along with approved Ex Manual		A. 100% automation of entire division & implementation of Examination Management System (EMS)

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 2.6 - Student Performance and Learning Outcomes

2.6.1 - The institution has stated learning outcomes (generic and programme specific)/graduate attributes which are integrated into the assessment process and widely publicized through the website and other documents

Student Performance and Learning Outcomes

To dedicate ourselves to accomplish, support and encourage matchless quality in teaching.

Program Outcomes: It represents the knowledge, skills and attitudes the students should have at the end of a course completion of their respective program.

POS and PSOs are displayed in important locations, Department office, library and Laboratories. During the meeting POs and PSOs are reviewed amongst the students and staff members.

Course Outcomes: It gives the knowledge and skills the student acquires at the end of each course. It defines the cognitive processes a course provides.

COs are communicated to the students during the introduction class and at commencement and after the completion of the unit, the course outcomes are focused and reviewed.

Program Specific Outcomes: The outcomes of the programs which students recognize the fact that the knowledge and techniques learnt in this course has effect for the betterment of humanity and its sustainability.

All students are apprised of the objectives and expected outcomes of their programme on admission during the Orientation programs and also educated and provided with the detailed syllabus and course outcomes and assessment strategy of each course.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

- 2.6.2 Attainment of Programme outcomes, Programme specific outcomes and course outcomes are evaluated by the institution during the year
- 2.6.2 Attainment of Programme outcomes, Programme specific outcomes and course outcomes are evaluated by the institution

The evaluation process of the students in different subjects is followed as per the rules and regulations of the University..Our institution encourages teachers to organize workshops, deputes to participate in the seminars and conferences and to present and publish research papers to achieve the Course Outcomes and Programme Outcomes successfully. The internal department committee deals with the effective implementation of the evaluation reforms and initiates a few steps such as Unit Tests, Field Survey, Study Tours, Practical Work, Seminars etc. To attain the course outcomes and program outcomes the activities such as culturals , N.S.S., Career Counseling, Personality Development Program, and Communication Skills, Various inter-collegiate competitions, organizations of Scholarly Lectures, Health Awareness Programs, Life Skills Development Program, and Youth Festival ,etc. Career Oriented Courses such as Communicative English and Tax Practices are conducted.

Moreover, the huge playground is used to organize zonal and Interzonal sports competitions. Sporting skills are inculcated among the students through these competitions.

Knowledge and skill that students acquire in their subject and their capacity for critical thinking, are evaluated through Continuous Internal Evaluation, End Semester Examinations and personal interaction.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 2.6.3 - Number of students passed during the year

#### 2.6.3.1 - Total number of final year students who passed the university examination during the

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#### year

#### 351

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 2.7 - Student Satisfaction Survey

## 2.7.1 - Student Satisfaction Survey (SSS) on overall institutional performance (Institution may design its own questionnaire) (results and details need to be provided as a web link)

https://tnpesu.org/upload/agar/2.7.1.b STUDENT SATISFACTION SURVEY R EPORT 2022-2023.pdf

#### RESEARCH, INNOVATIONS AND EXTENSION

#### 3.1 - Promotion of Research and Facilities

3.1.1 - The institution Research facilities are frequently updated and there is well defined policy for promotion of research which is uploaded on the institutional website and implemented

Tamil Nadu Physical Education and Sports University (TNPESU) in Chennai prioritizes research and innovation, encouraging undergraduate and postgraduate students to engage in research and publish their work. TNPESU's research objectives include integrating research into the curriculum, fostering high-quality and ethical research, motivating faculty to secure external funding, and recognizing faculty publications in reputable journals.

The university's Department of Sports Biomechanics and Kinesiology provides state-of-the-art research facilities, overseen by a Departmental Research Committee to ensure ethical standards. TNPESU maintains a comprehensive research regulatory framework in accordance with UGC directives, emphasizing research ethics for all Ph.D. scholars.

Equipped with modern laboratories, computers, and smart boards, the university supports research and teaching. Access to databases like EBSCO and Web of Science, along with plagiarism checks through UGC INFLIBNET, upholds research quality.

Research funding is obtained from various agencies, including UGC-JRF, ICSSR, Rajiv Gandhi Research Fellowship, and Tamil Nadu State Council for Science and Technology. TNPESU also promotes research on unsung heroes of Indian freedom fighters from Tamil Nadu. A dedicated Director IQACOffice arranges seminars, workshops, and competitions on research methodology and intellectual property rights. Faculty and Ph.D. scholars are encouraged to present at conferences and publish in esteemed journals.

All Ph.D. theses from TNPESU are accessible on the Shodhganga platform. In summary, TNPESU cultivates a thriving research culture, driving innovation and excellence in higher education

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 3.1.2 - The institution provides seed money to its teachers for research (amount INR in Lakhs)

0

File Description	Documents
Upload the data template	No File Uploaded
Upload relevant supporting document	No File Uploaded

## 3.1.3 - Number of teachers receiving national/international fellowship/financial support by various agencies for advanced studies/ research during the year

0

File Description	Documents
Upload the data template	No File Uploaded
Upload relevant supporting document	No File Uploaded

## 3.1.4 - Number of JRFs, SRFs, Post-Doctoral Fellows, Research Associates and other research fellows enrolled in the institution during the year

10

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

## **3.1.5 - Institution has the following facilities to support research Central Instrumentation**

A. Any 4 or more of the above

Centre Animal House/Green House Museum Media laboratory/Studios Business Lab Research/Statistical Databases Moot court Theatre Art Gallery

File Description	Documents
Upload relevant supporting document	<u>View File</u>

## 3.1.6 - Number of departments with UGC-SAP, CAS, DST-FIST, DBT, ICSSR and other recognitions by national and international agencies during the year

0

File Description	Documents
Upload the data template	No File Uploaded
Upload relevant supporting document	No File Uploaded

#### 3.2 - Resource Mobilization for Research

# 3.2.1 - Extramural funding for Research (Grants sponsored by the non-government sources such as industry, corporate houses, international bodies for research projects) endowments, Chairs in the University during the year (INR in Lakhs)

0

File Description	Documents
Upload the data template	No File Uploaded
Upload relevant supporting document	No File Uploaded

## 3.2.2 - Grants for research projects sponsored by the government agencies during the year (INR in Lakhs)

0

File Description	Documents
Upload the data template	No File Uploaded
Upload relevant supporting document	No File Uploaded

## 3.2.3 - Number of research projects per teacher funded by government and non-government agencies during the year

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0

File Description	Documents
Upload the data template	No File Uploaded
Upload relevant supporting document	No File Uploaded

#### 3.3 - Innovation Ecosystem

3.3.1 - Institution has created an eco-system for innovations including Incubation centre and other initiatives for creation and transfer of knowledge

TNPESU is a pioneering institution offering diverse academic programs that embrace Indian knowledge systems. They promote Indian concepts in sports, traditional games, martial arts, yoga, food, and language through mandatory and optional courses. The university fosters innovation, entrepreneurship, and industry collaborations, facilitating real-world exposure and research collaborations between departments and industries.

Department of Yoga offers undergraduate, postgraduate, and doctoral programs, promoting Indian knowledge through academics, research, and events like International Yoga Day. The Department also celebrated International Day of Yoga in Adichanallur with Ministry of AYUSH support.

TNPESU houses a Traditional Kalaipayattu and Silambam Training Center, offering training to students and the public. Summer coaching camps impart traditional knowledge to children.

Other departments, like Physical Education and Exercise Physiology, promote Indian knowledge through traditional physical culture and food systems. Faculty members submit proposals for research projects and IKS Centers.

The university boasts South East Asia's largest Biomechanics Laboratory, aiding in real-time performance analysis of athletes.

An Intellectual Property Rights (IPR) cell and Innovation and Incubation Centre foster innovation, research, and start-up culture. They collaborate with educational institutions, industries, and knowledge hubs.

The TNPESU-IIC is structured into various committees and coordinators, facilitating research, academic excellence, career

guidance, and holistic student development.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

## 3.3.2 - Number of workshops/seminars conducted on Research Methodology, Intellectual Property Rights (IPR), Entrepreneurship and Skill Development during the year

7

## 3.3.2.1 - Total number of workshops/seminars conducted on Research methodology, Intellectual Property Rights (IPR), entrepreneurship, skill development year wise during the year

7

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

- 3.3.3 Number of awards / recognitions received for research/innovations by the institution/teachers/research scholars/students during the year
- ${\bf 3.3.3.1 Total\ number\ of\ awards\ /\ recognitions\ received\ for\ research/innovations\ won\ by\ institution/teachers/research\ scholars/students\ year\ wise\ during\ the\ year\ }$

29

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 3.4 - Research Publications and Awards

- 3.4.1 The institution ensures implementation of its stated Code of Ethics for research
- 3.4.1.1 The institution has a stated Code of Ethics for research and the implementation of which is ensured through the following
- A. All of the above
- 1. Inclusion of research ethics in the research methodology course work
- 2. Presence of institutional Ethics committees (Animal, chemical, bio-

ethics etc)

- 3. Plagiarism check
- 4. Research Advisory Committee

File Description	Documents
Upload relevant supporting document	<u>View File</u>

# 3.4.2 - The institution provides incentives to teachers who receive state, national and international recognitions/awards Commendation and monetary incentive at a University function Commendation and medal at a University function Certificate of honor Announcement in the Newsletter / website

A. All of the above

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 3.4.3 - Number of Patents published/awarded during the year

#### 3.4.3.1 - Total number of Patents published/awarded year wise during the year

0

File Description	Documents
Upload the data template	No File Uploaded
Upload relevant supporting document	No File Uploaded

#### 3.4.4 - Number of Ph.D's awarded per teacher during the year

#### 3.4.4.1 - How many Ph.D's are awarded during the year

27

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 3.4.5 - Number of research papers per teacher in the Journals notified on UGC website during

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#### the year

13

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 3.4.6 - Number of books and chapters in edited volumes published per teacher during the year

## 3.4.6.1 - Total number of books and chapters in edited volumes / books published, and papers in national/international conference-proceedings during the year

6

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

# 3.4.7 - E-content is developed by teachers For e-PG-Pathshala For CEC (Under Graduate) For SWAYAM For other MOOCs platform For NPTEL/NMEICT/any other Government Initiatives For Institutional LMS

D.	Any	2	of	the	above
----	-----	---	----	-----	-------

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

## 3.4.8 - Bibliometrics of the publications during the year based on average Citation Index in Scopus/ Web of Science/PubMed

Scopus	Web of Science
11	Nil

File Description	Documents
Any additional information	<u>View File</u>
Bibliometrics of the publications during the year	<u>View File</u>

## 3.4.9 - Bibliometrics of the publications during the year based on Scopus/ Web of Science – h-Index of the University

Scopus	Web of Science
11	Nil

File Description	Documents
Bibliometrics of publications based on Scopus/ Web of Science - h-index of the Institution	<u>View File</u>
Any additional information	<u>View File</u>

#### 3.5 - Consultancy

3.5.1 - Institution has a policy on consultancy including revenue sharing between the institution and the individual and encourages its faculty to undertake consultancy

Tamil Nadu Physical Education and Sports University recognizes the importance of consultancy services and encourages eligible and capable staff to initiate and execute consultancy projects apart from active research and teaching.

The faculty members were involved in rendering consulting services to improve

the quality of life of the public. Coaches from all over India were offered training camps in various Games and sports events in our University campus in association with SAI, SDAT and other sports organization to enrich their coaching caliber and efficiency. The consultancy projects and services enrich and broaden the professional experience and knowledge of the teaching faculties. Consultancy services in an academic environment functions as a tool for contributing to the national economic growth.

The institution has a consultancy policy including revenue sharing.

- 1.A consultancy work is undertaken by the faculty members in their area of expertise.
- 2. The consultancy services is undertaken only with prior permission
- 3. Consultancy services is not be in conflict with the interest of the University.
- 4. The two types of consultancy are practiced .

- A. Individual consultancy is offered by a faculty member in his/her individual capacity.
- B. Institutional Consultancy is offered by a team of faculty members
- 5.In the case of foreign consultancies based on the nature of the consultancy work.

The distribution ratio of the consultancy fee is 60:40 for individual consultancy services or projects and 50:50 for Institutional consultancy services or projects.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

### 3.5.2 - Revenue generated from consultancy and corporate training during the year (INR in Lakhs)

## 3.5.2.1 - Total amount generated from consultancy and corporate training during the year (INR in lakhs)

0

File Description	Documents
Upload the data template	No File Uploaded
Upload relevant supporting document	No File Uploaded

#### 3.6 - Extension Activities

3.6.1 - Extension activities in the neighbourhood community in terms of impact and sensitising students to social issues and holistic development during the year

Tamil Nadu Physical Education and Sports University is functioning with three major functional dimensions such as Education, Research and Extension Activities. The extension activities carried out by this university is regular in sensitizing the students to social issue sand their holistic development. The university serves the neighbourhood by various programmes by the students of the university departments such as village placement programmes, menatl health campaign, awareness programmes, cleanliness drives, eater conservation projects, temple cleaning, maintenance of heritage sites, organizing sports and fitness programmes for neighbourhood, The students of the department are sensitized towards many social issues such as women empowerment though martial arts and yoga,

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Gender Equity programmes, Awarenesson National Educational Policy, Nutritional week, Indian Knowledge system such as traditional food, yoga, kalaripayattu etc., State Reservation Policy, Human Rights. Vigilance awareness, anti corruption drives, Creation of Water Tanks. Organizing sports meets for the special children such as Special Olympics tournaments, Paralympics tournaments. Traditional values are inculcated among students through organizing various programmes such as summer Traditional Silambam and Kalaripayattu for the student of this university and neighbourhood children.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

- 3.6.2 Number of awards received by the Institution, its teachers and students from Government /Government recognised bodies in recognition of the extension activities carried out during the year
- 3.6.2.1 Total number of awards and recognition received for extension activities from Government / Government recognised bodies during the year

26

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

3.6.3 - Number of extension and outreach programs conducted by the institution including those through NSS/NCC/Red cross/YRC during the year(including Government initiated programs such as Swachh Bharat, Aids Awareness, Gender Issue, etc. and those organised in collaboration with industry, community and NGOs)

13

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

## 3.6.4 - Total number of students participating in extension activities listed at 3.6.3 above during the year

1058

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 3.7 - Collaboration

- 3.7.1 Number of collaborative activities with other institutions/ research establishment/industry for research and academic development of faculty and students during the year
- 3.7.1.1 Total number of Collaborative activities with other institutions/ research establishment/industry for research and academic development of faculty and students during the year

18

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

## 3.7.2 - Number of functional MoUs with institutions/ industries in India and abroad for internship, on-the-job training, project work, student / faculty exchange and collaborative research during the year

18

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### INFRASTRUCTURE AND LEARNING RESOURCES

#### 4.1 - Physical Facilities

4.1.1 - The institution has adequate facilities for teaching - learning. viz., classrooms, laboratories, computing equipment, etc.

Our facilities are established over a sprawling campus of 125 acres with our Universities' built upto 1,25,498.04613 lakh square feet. Classrooms are wi-fi enabled and Academic building has two seminar halls for academic purposes. Our internet facilities are powered by Dell servers with two leased lines amounting to a cumulative 1GBPS

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internet speed for peripheral data transfer. There are 37 classrooms and 3 seminar halls each of which hosts a computer connected to a projector and smart board unit. The campus-spanning high-speed wi-fi access along with our integrated digital visual system allows for seamless interactive classes and activities during our classroom sessions. There are 1 demonstration rooms, 1 simulation labs for laboratory and 19 staff rooms all of which are internet connected.

There are 12 laboratories namely biomechanics, Exercise Physiology, ICT, Measurement and sports training, Human performance, Naturopathy, Aero-Dynamics, Sports psychology, Business, Medical, Anatomy and Physiology laboratories as well as 4 dedicated research laboratories. This university is equipped with a state of the art biomechanics lab which can provide 3D motion analysis, inverse dynamics, etc, for educational and research purposes.

SPSS software has also been made available to train our post graduate students. In medical centre we have Biochemical autoanalyzer to test the biochemical and hematological variables.

Our University has 6772 sq ft Library which display7685 books 29 periodicals in total with 370 ebooks and 384 e-theses complete digital records. We also host 1 highly equipped auditorium with LED displays and can accommodate 1000 people. 01 Photography Studio.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

4.1.2 - The institution has adequate facilities for cultural activities, yoga, games (indoor, outdoor) and sports. (gymnasium, yoga centre, auditorium, etc.)

This university has adequate facilities to organise sports and cultural activities.

19 outdoor play fields are available in this university to organize national and international level tournaments. Such as volley ball courts, basket ball courts, foot ball fields, cricket fields, hockey fields, kho-kho courts, kabaddi courts, etc., are available. More than 400 students utilise the outdoor play fields effectively.

An international standard 400-metre Synthetic Athletic Track with 10 lanes in straight was inaugurated during the year 2023. This university has organised two mega events, South West Zone Inter

University Athletics (Men and Women) Championship 9-12 January 2023, and All India Inter University Athletics (Men and Women) Championships 2022-2023 13-16 March 2023.

This university has multipurpose indoor stadium. Other sports facilities like badminton academy, table tennis academy, cycling velodrome, centre for adapted physical education, traditional silambam and kalaripayatu centre, indoor gymnasium are available for organizing sports events.

Yoga and meditation hall is available inside the campus, the department conducted International day of yoga function during the assessment period.

This university has gym facilities to provide strength training activities. Which is equipped with standard equipment like lat pulldown/mid row, etc,.

The university has an auditorium, more than 75 events were conducted in the auditorium during the assessment period.

To impart the leadership skills to our department students, a camping centre was established during the assessment period at a cost of Rs. 43 lakhs.

This university is providing proper accommodation on campus for coaches, team managers, and players during tournament days.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 4.1.3 - Availability of general campus facilities and overall ambience

The university campus spread over 125 Acres land surrounded by a lake with an abundance of natural water resources and a clean, pollution-free environment, Planted trees, comfortable lawns, and specialized parks make the entire campus a greenery view which helps the students perform outdoor activities in the morning and evening.

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High level academic and administrative edifices with ventilated corridors and huge playground inside the campus attract academics and students to indulge in creative and innovative ideas, and well prepare students to cultivate immensity of purposes. The institute made every attempt to ensure the entire faculty and students stay in a peaceful environment to develop, acquire skills and personality, and learn communication skills. There are more than 5,000 trees planted inside the university campus to maintain the green ecosystem. The main roads and link roads are available.

Some of the major campus facilities available for students and staff are mentioned below:

Other facilities

- o ATM
- o Photocopying service
- o IQAC
- o Tamil Nadu Physical Education and Sports University Teachers Association
- o Campus Wi-Fi and LAN
- o Registrar Section
- o Examination Section
- o Finance Section
- o School of Distance Section
- o Computer lab
- o Solar plant
- o Street lights
- o University Bus Facility with a 40-member seating capacity.
- o R.O plants

- o Gents Hostels
- o Ladies Hostel
- o Sports hostel
- o Guest house
- o Staff quarters
- o Two-wheeler & Four-wheeler parking
- o CCTV surveillance
- o GYM
- o Canteen
- o Generator
- o 30,000 liters overhead tank
- o MTC bus service

File Description	Documents
Upload relevant supporting document	<u>View File</u>

## 4.1.4 - Total expenditure excluding salary for infrastructure augmentation during the year (INR in Lakhs)

3189.90

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 4.2 - Library as a Learning Resource

## 4.2.1 - Library is automated using Integrated Library Management System (ILMS) and has digitisation facility

The TNPES University Library was established in 2007. this university purchased 7685 volumes of books. During the academic year 981 books purchased.

The University Library is automated using NIRMALS Pro 4.2 version of Library Automation Software during the year 2016. The Software consists of seven modules. The software facilitates Library management in several aspects such as Issue, Return, Renewal, automated circulation of books, Book Purchase, thesis addition, membership registration, gate entry management, report generation, Online public access catalogue etc,. Radio Frequency Identification (RFID) technology implemented for books to safe guard the Library resources from theft and misplacement.

Library website was designed for university library in which resources list, services offered, working time, e-resources, repositories, remote access link, library annual reports, important links, e-theses, yearwise book additions, library forms, etc,.

Library had MOU with INFLIBNET during the year 2011 and uploading of e-theses in the SHODHGANGA e-theses repository was carried out periodically. During the academic year seven Ph.d e-theses have been uploaded. Member in Shodh Shuddhi received URKUND plagiarism deduction software and utilizing the service for Ph.d thesis. 57 ph.d thesis checked for plagiarism

Digitization device is available in the library. 469 Smart ID card prepared and issued to students and research scholars.

Conducted International Conference on Current Trends and Challenges in 21st Century Librarianship on 30th September & 1st October 2022. Published conference proceedings with ISBN: 978-93-5680-115-8

The University Library occupies an indispensable Place in the Tamil Nadu Physical Education and Sports University, which enhances Teaching, Research & Development activities.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 4.2.2 - Institution has subscription for e-Library resources Library has regular subscription for the following: e – journals ebooks e-ShodhSindhu Shodhganga Databases

A. Any 4 or all of the above

File Description	Documents
Upload relevant supporting document	<u>View File</u>

## 4.2.3 - Annual expenditure for purchase of books/ e-books and subscription to journals/e-journals during the year (INR in Lakhs)

#### 44.55823

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

## 4.2.4 - Number of usage of library by teachers and students per day (foot falls and login data for online access)

33

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 4.3 - IT Infrastructure

## 4.3.1 - Number of classrooms and seminar halls with ICT - enabled facilities such as LCD, smart board, Wi-Fi/LAN, audio video recording facilities during the year

57

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

## 4.3.2 - Institution has an IT policy, makes appropriate budgetary provision and updates its IT facilities including Wi-Fi facility

The IT facilities include LAN, Wi-Fi, servers, software, computers, UPS, CCTV, anti-virus software, firewall, router, etc. This university has constituted an IT cell to look after IT facilities. The cell functions with a defined IT policy. This policy facilitates the proper usage of all the IT equipment and monitors the use of ICT at the university. The IT cell frequently addresses issues pertaining to computers, LANs, Internet connections, Wi-Fi, and firewalls. The cell actively takes part in the day-to-day functioning of the entire IT facility.

The successful implementation of digital services is not possible

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without a strong IT infrastructure within the University. The IT team at TNPESU has updated our intranet facilities with one leased lines of upto 1GBPS cumulative bandwidth (made possible by a partnership with BSNL, throughout the entire university

There are 133 computers to provide a completely linked campus. A fully functional biometric system is used to accurately track staff and student attendance with four biometric scanners installed at the Admin and Academic Blocks. To provide a highly secure campus, CCTV surveillance cameras and with backup servers are installed all across the campus.

#### IT Policy

TNPESU Information Technology Policy sets forth the central policies that govern the usage of information technology resources.

#### Objectives:

- (i) To ensure the integrity, reliability, availability, and superior performance of the IT Systems
- (ii) To ensure that the IT resources protects the official eidentity of an individual
- (iii) To ensure that all the users responsible for adhering to the procedures governing the implementation.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 4.3.3 - Student - Computer ratio during the year

	Number of Computers available to students for academic purposes
800	133

## **4.3.4 - Available bandwidth of internet connection in the Institution (Leased line)**

TI GDPS	• '	?1	GB	PS
---------	-----	----	----	----

File Description	Documents
Upload relevant supporting document	<u>View File</u>

# 4.3.5 - Institution has the following Facilities for e-content development Media centre Audio visual centre Lecture Capturing System(LCS) Mixing equipment's and softwares for editing

#### A. All of the above

File Description	Documents
Upload relevant supporting document	<u>View File</u>
Upload the data template	<u>View File</u>

#### 4.4 - Maintenance of Campus Infrastructure

## 4.4.1 - Total expenditure incurred on maintenance of physical facilities and academic support facilities excluding salary component during the year

#### 155.23

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

4.4.2 - There are established systems and procedures for maintaining and utilizing physical, academic and support facilities - laboratory, library, sports complex, computers, classrooms etc.

#### Compound

 Our university campus of 125 acres has been protected by a compound wall.

#### Buildings

• Building maintenance will be carried out by the estate office under the leadership of the registrar.

#### Green Campus

- Every three months, the entire campus is cleaned by employing JCB, dozer manual workers, and student volunteers.
- The entire 125 acres of land are well landscaped.
- Every day the trees and plants are watered by our university gardeners.
- At regular intervals, the university is cleaned by removing the bushes and trimming the branches of the trees.

#### Security

- Round-the-clock security personnel are employed, and the campus is secured.
- All the buildings in the campus are equipped with CCTV and are under complete surveillance.

#### Library

• Library books, furniture, computers, automation software, electronic equipment, air conditioners, and other IT gadgets are maintained periodically. AMC system implemented to maintain library software and IT equipments

#### Laboratory

- The laboratories of the departments are well equipped and proper maintenance and servicing done periodically. AMC system followed to maintain lab equipments.
- All the play fields are maintained by leveling and the play areas are maintained as per the standards of the playing norms.

#### Computers

• If any problem happens to computer and accessories it will be attended immediately by a service person.

#### Classrooms

 The class room furniture are well maintained. The cleanliness of classrooms is maintained by outsourced staffs.

#### Others

• RO plants, 63 KVA generator and Vehicles are serviced at regular intervals

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### STUDENT SUPPORT AND PROGRESSION

#### 5.1 - Student Support

5.1.1 - Total number of students benefited by scholarships and free ships provided by the institution, Government and non-government agencies (NGOs) during the year (other than the students receiving scholarships under the government schemes for reserved categories)

395

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

## 5.1.2 - Total number of students benefited by career counselling and guidance for competitive examinations offered by the Institution during the year

399

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

# 5.1.3 - Following Capacity development and skills enhancement initiatives are taken by the institution Soft skills Language and communication skills Life skills (Yoga, physical fitness, health and hygiene) Awareness of trends in technology

A. All of the above

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

5.1.4 - The Institution adopts the following for redressal of student grievances including sexual harassment and ragging cases Implementation of guidelines of statutory/regulatory bodies Organisation wide awareness and undertakings on policies with zero tolerance Mechanisms for submission of online/offline students' grievances Timely redressal of the grievances through appropriate committees

• Any 2 of the above

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 5.2 - Student Progression

## 5.2.1 - Number of students qualifying in state/ national/ international level examinations during the year (eg:NET/SLET/GATE/GMAT/CAT/ GRE/TOEFL/Civil Services/State government examinations)

## 5.2.1.1 - Number of students who qualified in state/ national/ international examinations (e.g.: IIT-JAM/NET/SET/JRF/ GATE /GMAT /CAT/ GRE/ TOEFL/Civil Services/State government examinations) during the year

7

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 5.2.2 - Total number of placement of outgoing students during the year

60

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

## 5.2.3 - Number of recently graduated students who have progressed to higher education (previous graduating batch) during the year

61

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 5.3 - Student Participation and Activities

## **5.3.1** - Number of awards/medals won by students for outstanding performance in sports/cultural activities at inter -university/state/national/international events (award for a

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#### team event should be counted as one) during the year

21

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

- 5.3.2 Presence of Student Council and its activities for institutional development and student welfare
- 5.3.2 In this University, from its inception all the activities are carried out by various Student Committee. It plays a vital role in the development and welfare of students.
- 1. Representation: A representative body for students for academic work and sports activities ensuring that their voices are heard in decision-making processes within the university.
- 2. Organizing Sports Events: Student Committee often take the lead in organizing and promoting sports events, competitions, and intramural leagues.
- 3. Promoting Fitness and Wellness: This Committee organize fitness and wellness programs, including workshops, seminars, and classes related to sports science, Fitness and social science.
- 6. Student Welfare: Ensuring the welfare of students the Student Committee organize counseling services, mental health support, and resources for student-athletes to balance academics and sports commitments.
- 7. Academic Support: The Committee is advocating for academic support services tailored to the needs of student-athletes, such as flexible scheduling, study groups, and tutoring.
- 8. Social Events: Apart from sports-related activities, Student Committee has organized social events, like parties, picnics, and gatherings, to foster a sense of community and bonding among students.

- 9. Volunteer and Outreach Programs: Engaging in outreach and volunteer programs related to sports and fitness in the wider community is also being a part of the Committees activities.
- 10. Student Feedback and Grievance Handling: The Committee acts as a platform for students to provide feedback and raise grievances. They also work with the university administration to address these concerns.
- 11. Leadership Development: The Student Committee provides opportunities for students to develop leadership skills, teamwork, and organizational abilities.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

## 5.3.3 - Number of sports and cultural events / competitions organised by the institution during the year

20

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 5.4 - Alumni Engagement

5.4.1 - The Alumni Association/Chapters (registered and functional)contributes significantly to the development of the institution through financial and other support services during the year

Financial Support: Our Alumni has constructed security room (2023) developing garden (2022), A4 sheets (2022) to the IQAC office The TNPESU Alumni have contributed an amount of Rs. 375/- per head and a total of 1,58,250/- (2023) accumulated in the Alumni head account.

Networking and Mentorship: The TNPESU Alumni are offering guidance

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on career paths, job placements, and internships (2023) within the sports industry.

Guest Lectures and Workshops: The TNPESU Alumni are appointed as the guest lecturers (2022-23); they also help to organize workshops(2023) seminars and conferences. Alumni feedback helping a lot to develop the academic curriculum.

Recruitment and Volunteer Activities: Our Alumni often have a strong connection to this university and they actively participate in the recruitment and placement ( 2022 ) of current students. They organize alumni events, career fairs, or student recruitment drives.

Continuing Education: Many of the alumni have returned to the University for advanced degrees such as M.Sc, MPEd, MBA and PhD (2022-23) or professional development.

Alumni Association: Our University Alumni Association has organized tournaments, competitions (2023), helped in organizing South West Zone and All India Inter University Competition in this University. The Alumni Association had series of meetings with the Authorities for the development of the University.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

## 5.4.2 - Alumni contribution during the year (INR in Lakhs)

A. ? 5Lakhs

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### GOVERNANCE, LEADERSHIP AND MANAGEMENT

#### 6.1 - Institutional Vision and Leadership

6.1.1 - The institution has a clearly stated vision and mission which are reflected in its academic and administrative governance

Compliance with the institution's vision and mission in terms of scholastic and authoritative administration

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By ensuring a caring instructive environment with dynamic administration and improvement openings to meet the wants of the students, faculties, and society, Tamil Nadu Physical Education and Sports University has contributed to the academic and administrative governance, including activities that promote educational, physical activity, and sports development. Through specific and decided goals, academic and administrative governance works hard to realize its vision and mission.

The reflection of vision and mission of TNPESU is entrusted by:

- The Governance framework
- Academic efficiency
- Professional administrative synchronization
- The strategic plan for development of policies was drawn on a episodic basis drawing on the wide-ranging experience and expertise of governing body including Planning Board, Syndicate, Board of studies, Academic council and Finance committee.
- This University enjoys full autonomy with a compact Syndicate comprising learned members and professionals chaired by the Vice Chancellor taking the policy decisions. Key decision making bodies of the University such as Syndicate, Academic Council, Board of Studies and Finance Committee have representatives of the Teaching Faculty.

At TNPESU, faculty participation in academic, financial, and administrative governance could be one example of participatory University governance. Such interactive practice is a must for a conducive and successful working environment in the academic community.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

6.1.2 - The effective leadership is reflected in various institutional practices such as decentralization and participative management

Tamil Nadu Physical Education and Sports University follows a decentralized management approach by involving leadership and all stakeholders through co-responsible management system. Delegated authority at all hierarchical levels, which empower individual participation from the VC to faculty members to effectively implement & monitor different policies, regulations and guidelines of the university. The Director Academics oversees program

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improvement and monitoring of UG and PG Students. The TNPESU follows the university regulations to ensure efficient delegation of tasks and maximum participation in the process. Various panels and committees, such as Syndicate committee, academic council, board of studies and finance committee, chaired by the VC supported by the registrar, heads of departments, controller of examinations and finance officer, ensure transparency and joint decision-making. Academic activities & student support distributed on campus are managed by the faculty members, departments with their HODs and the department organizes various student centric programs, activities & events to increase sense of belonging and pride in the department as functional autonomy. The institution is operating with a culture of active management, where administrative members, faculty members, students and alumni have the opportunity to share their perspectives and ideas through the feedback loop to ensure continuous improvement.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 6.2 - Strategy Development and Deployment

#### 6.2.1 - The institutional Strategic plan is effectively deployed

The Tamil Nadu Physical Education and Sports University has created long-term and strategic plans to meet the requirements of society and business through the development of technically competent sports trainers and managers through quality education. The institution's well-developed infrastructure supports students' development in social and technical development.

#### Successfully Implemented

The institute has developed strategic plans for the implementation of IQAC to provide better industry and institute liaison, quality teaching & learning, incubation & innovation centre, and promotion of research in staff and students.

The institution tracks and evaluates policies through the feedback mechanism, which includes regular meetings of the Governing Council, PlanningCouncil and IQAC. The Academic Audit Team the Vice Chancellor visits the department and interacts with department leaders. The annual evaluation of each Head of the Department and the presentation of their efforts are also done.

The Career Counselling & Placement Cell provides training programs to provide the right career. The institution involves in planning and creating academic calendars, creating a lesson plan that follows the CBCS guidelines, keeping track of results, using more effective teaching methods, using online learning resources, promoting research and culture by offering coaching.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

6.2.2 - The functioning of the institutional bodies is effective and efficient as visible from policies, administrative setup, appointment and service rules, procedures, etc.

TNPESU has a unique structure for efficient administration; operate efficiently and effectively, can be seen from the policies, administrative structure, appointment and service regulations, procedures, etc. It functions in accordance with the University's statutes and regulations. The University functions under the aegis of the Honorable Chief Minister of Tamil Nadu Ministry of Youth Welfare and Sports Development. The Pro-Chancellor of the University is also the Honorable sports minister of Tamil Nadu. The university aims to make progress with a vision and mission of promoting sports and related fields. The members of the Planning Board and the Syndicate are the main planning bodies, preparing strategic and perspective plans for the ongoing development of the institution. The Academic Council is made up of the Head of Departments, Professors, and Academics from different industries to ensure that the curriculum & syllabus contents of various programs offered are relevant to the current needs in the field. Faculty members along with Vice-chancellor, Registrar, Finance Officer, and Controller of Examinations & Director of Distance Education are involved in the functioning of the Academic Council. Finance Committee, Research Alliance Committee & Department Research Committee are involved in carrying out responsibilities to ensure clarity and accountability in the given framework.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 6.2.3 - Institution Implements e-governance in its areas of operations

#### 6.2.3.1 - e-governance is implemented covering | A. All of the above following areas of operation

- 1. Administration
- 2. Finance and Accounts
- 3. Student Admission and Support
- 4. Examination

File Description	Documents
Upload the data template	<u>View File</u>
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#### **6.3 - Faculty Empowerment Strategies**

6.3.1 - The institution has a performance appraisal system, promotional avenues and effective welfare measures for teaching and non-teaching staff

The institution effectively implements the welfare schemes for the teaching and Nonteaching faculties. It makes arrangements to the employees to avail all the government schemes such as Gratuity, Pension, Commutation of Pension, Earned Leave encashment, Maternity Leave, Medical Facility, Health Insurance Scheme, Permission to attend FDP such as Orientation programmes and Refresher courses, short term courses, etc. for the career development and progression of the teaching as well as non-teaching staff. The institution aims to improve the productive capacity of both teaching and non-teaching staff by not only enabling them to realize their full potential in the roles they play but also by helping them enhance their own professional calibre. Apart from these, the employees (teaching and non-teaching) are benefitted by the following:

- Counting of Past Services
- Annual Increment
- Subsidised University transport facility
- Staff Quarters
- Well-Equipped library
- Wi fi facility
- Compensatory Leave (Non-teaching)
- Interest free Festival Loan
- Permission to take up Departmental Exam and part time studies (Non-teaching)
- Uniform for all Office attendants, staff nurse, sweepers and scavengers.
- Staff Grievance Redressal Cell to address the issues and grievances of the staff
- Availability of full-time professional counsellors for both staff and students
- Indoor games facility for the staff to relax and to refresh

- physically and mentally for the staff
- Seed Money provided for faculties to encourage them to undertake research projects
- Parking space for two wheeler and four wheeler

Dining Hall for the non-teaching staff

File Description	Documents
Upload relevant supporting document	<u>View File</u>

## 6.3.2 - Total number of teachers provided with financial support to attend conferences / workshops and towards membership fee of professional bodies during the year

01

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

## 6.3.3 - Number of professional development / administrative training Programmes organized by the institution for teaching and non-teaching staff during the year

4

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

## 6.3.4 - Total number of teachers undergoing online/ face-to-face Faculty Development Programmes (FDP)during the year(Professional Development Programmes, Orientation / Induction Programmes Refresher Course, Short Term Course)

48

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 6.4 - Financial Management and Resource Mobilization

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#### 6.4.1 - Institutional strategies for mobilisation of funds and the optimal utilisation of resources

Financial resources are managed according to established rules and procedures of the University and to make sure its financial management is clear. Audits of the institution's income and expenses are done regularly and the Finance Committee meets twice a year. The goal of the Resource Mobilization Policy is to help the University create a strong financial base for its programs, and it looks at the funding structure, gives advice on how to raise money, and helps the University achieve its goals.

The internal sources such as application fee collected from various candidates during the admission process, reasonable yearly and exam fee collected from the students and scholars, renting of the campus to the public and other organisations at a low cost to promote the sports culture, delegate registration fees from conferences, seminars and workshops, training programs, State Government and University Grants Commission grants to fund programs such as the six week certificate course, Inter-universities competitions like the Inter University South West Zone Athletic Championship and All India Inter University Athletic Championship, Chief Minister Trophy etc. In addition, the Departments have research labs where researchers can do their research.

The University also get grants from the State and University Grants Commission, as well as endowment funds from retired Faculty Members. Finally, the University also get funds from the RUSA and TANII 2.0 Funds to help optimize and upgrade the University infrastructure with international standard facilities.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

### 6.4.2 - Funds / Grants received from government bodies during the year for development and maintenance of infrastructure (not covered under Criteria III and V) (INR in Lakhs)

#### 747.7

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 6.4.3 - Funds / Grants received from non-government bodies, individuals, philanthropists during

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### the year for development and maintenance of infrastructure (not covered under Criteria III and V)(INR in Lakhs)

0

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	No File Uploaded

#### 6.4.4 - Institution conducts internal and external financial audits regularly

The University conducts both internal and external financial audits. Internal audits are conducted by Local Fund Audit, while external audits are carried out by the Office of the Accountant General, both known for their excellent services. The internal audit covers critical processes such as Financial Accounting, Revenue Recognition, Fixed Asset Management, Payroll, Procurement, Admission, and Statutory Compliance.

Financial Accounting involves reviewing accounts, financial statements, and balances. Revenue Recognition verifies fee receipts and collections. Fixed Asset Management reviews capital expenditure and asset accounting. Payroll covers recruitment, processing, and settlements. Procurement includes expense reviews and vendor processes. Admission involves application verification and fee details. Statutory Compliance reviews various remittances and tax returns.

Internal audits ensure compliance with norms and suggest improvements. External statutory audits review receipts, payments, and financial positions, ensuring adherence to accounting policies. They recommend optimization and report to the income tax department annually.

The University has a Finance Officer overseeing finances, preparing estimates, and addressing audit objections. The Officer also establishes suitable accounting procedures as per the Accounts Manual.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### **6.5 - Internal Quality Assurance System**

6.5.1 - Internal Quality Assurance Cell (IQAC) has contributed significantly for institutionalizing the quality assurance strategies and processes by constantly reviewing the teaching learning process, structures & methodologies of operations and learning outcomes at periodic intervals

This Institution has established a quality monitoring cell to enhance the teaching-learning process and has been working towards quality enhancement and sustainability since its establishment in 2017. The new composition, framed in 2023, has contributed to the development and quality enhancement of curriculum design and research activities. Quality assurance is a top priority at this institution, The various measures implemented to ensure excellence in academics, faculty development, student welfare, and research. The Quality Assurance cell initiates regular reforms in curriculum design, syllabus frame work, and examination patterns based on student feedback. The Board of studies facilitates these changes, and the Academic Council meets to maintain educational standards. Value-added courses, Choice Based Credit System, and LOBF are implemented, with POs, PSOs, and Cos defined according to statutory bodies of Higher Education. Examination reforms are based on Bloom's Taxonomy. The institution prioritizes postgraduate research in all programs of study. External academic audits are organized to improve the institution's quality and standard. Students are assigned supervisors or mentors at external facilities, who guide and support them during the internship period. Practical experience and skill development are also provided to students during the course, with students participating in specialized clinical exposures and SCUBA diving adventures. The institution monitors the quality and relevance of courses, encourages collaborations with institutions and industries, and organizes co-curricular and extra-curricular activities through committees and cells.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

6.5.2 - Institution has adopted the following for Quality assurance Academic Administrative Audit (AAA) and follow up action taken Confernces, Seminars, Workshops on quality conducted Collaborative quality initiatives with other institution(s) Orientation programme on quality issues for teachers and

A. Any 5 or all of the above

studens Participation in NIRF Any other quality audit recognized by state, national or international agencies (ISO Certification, NBA)

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting documnent	<u>View File</u>

6.5.3 - Incremental improvements made for the preceding during the year with regard to quality (in case of first cycle) Post accreditation quality initiatives(second and subsequent cycles)

The TNPESU, we prioritize quality assurance in academics, striving to provide an enriching educational experience for our students. The dedicated QAC regularly reviews and reforms the curriculum, syllabus and examination patterns based on student performance and valuable feedback from students, faculty, alumni and employer. The Academic council ensures high standards and overall quality in education. Innovative curriculum approaches are vital to our academic excellence. The academic council implements relevant issues of local, regional and global importance across multiple programmes. Each Department has introduced the value added courses, a Choice Based Credit System ( CBCS), and elective credit courses to offer diverse learning opportunities. Research is a strong focus to remarkable improvements in publications. The Mentor Mentee meetings helps the students to achieve good results in academics, participation in extra and co- curricular activities results in building good relationship between mentor and mentee.

Partnerships with sports organizations such as SAI, SDAT, AIU and Associations leads to internship opportunities collaborative research and broader network for students. Such collaborations expose students to real- world scenarios and enhance their employability.

Other initiatives such as students well being including mental health services, career counseling, and fitness programs contribute to an overall improved student experience. A healthier and happier student body is more likely to excel academically and contribute positively to the University community.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### INSTITUTIONAL VALUES AND BEST PRACTICES

#### 7.1 - Institutional Values and Social Responsibilities

7.1.1 - Measures initiated by the Institution for the promotion of gender equity during the year

The University prioritizes gender equity in its curriculum and ensures equal opportunities for all students in admissions, sports, cultural events, placement, and scholarships. Moreover, the institution undertakes specific initiatives to foster gender equity:

- Women Safety and Security: To ensure safety inside the campus, the university deployed CCTV and security personnel, enforcing strict measures against gender-based discrimination, violence, and ragging.
- 2. Counselling: The University's on-campus Psychological Counseling Center addresses issues such as anxiety, depression, and helps students mentally prepared for future challenges.
- 3. Research and Publication: The university actively contributes to gender equity discussions in sports through research and publications, aiming to inspire positive change in the larger scale.
- 4. Committees: The University has established a Women's Complaint Cell and Internal Complaint Committees to effectively handle women's issues. Additionally, the institution organizes workshops such as Women Empowerment and Women's Day celebrations, ensuring adherence to UGC guidelines and fostering a harassment-free environment
- 5. Sports and Wellness: Female students and women staff are encouraged to participate in Yoga, Sports and Games of their choice

The Tamilnadu Physical Education and Sports University promotes gender equity through a diverse strategy, including curriculum revisions, awareness, anti-discrimination policies, leadership opportunities, and research, fostering inclusivity and diversity in sports education and sciences

File Description	Documents
Upload relevant supporting document	<u>View File</u>
Annual gender sensitization action plan(s)	https://docs.google.com/document/d/18bssOBk2 JqXsw7MvYgW4NHYnyRHB4WlBqPhOwNJVyIw/edit
Specific facilities provided for women in terms of: a. Safety and security b. Counseling c. Common rooms d. Daycare Centre e. Any other relevant information	https://docs.google.com/document/d/1Lum2EdkZ 4EUi2C3Owyz2B8ngwz85SUnT/edit

# 7.1.2 - The Institution has facilities for alternate sources of energy and energy conservation Solar energy Biogas plant Wheeling to the Grid Sensor-based energy conservation Use of LED bulbs/ power-efficient equipment

A. Any 4 or All of the above

File Description	Documents
Upload relevant supporting document	<u>View File</u>

7.1.3 - Describe the facilities in the Institution for the management of the following types of degradable and non-degradable waste (within 200 words) Solid waste management Liquid waste management Biomedical waste management E-waste management Waste recycling system Hazardous chemicals and radioactive waste management

The University boasts comprehensive facilities for effective waste management across various categories:

- 1. Solid Waste Management: Solid waste is divided into biodegradable and non-biodegradable categories, collected biweekly by the local municipality. Food waste are used for biogas plant, paper waste is auctioned quarterly, wood, plastics, and metals are disposed every three months by the University's Scraps Disposal Committee.
- 2. Liquid Waste Management: The University uses advanced treatment plants for liquid waste, employing biological, chemical, and physical processes for regulatory compliance. Water conservation is prioritized, reusing washroom liquid waste for plant irrigation, conducting plumbing checks, and conserving drinking water for preventing water waste.

- 3. Bio-Medical waste: The institution implements strict biomedical waste protocols, using specialized containers, color-coded segregation, and an on-site autoclave for secure disposal, minimizing health risks.
- 4. E-Waste Management: The University follows Standard Operation Procedures to safely dispose of e-waste, including computers, monitors and printers.
- 5. Waste Recycling: The university has an advanced waste recycling system for paper, plastic, glass, and metal. Recycled materials support campus sustainability efforts. Moreover, a 2.0 M3/Day Biogas Plant converts daily food waste into biogas.

In conclusion, the University holistic waste management showcases dedication to sustainability and responsible handling of diverse waste for achieving a safe and secured environment.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

# 7.1.4 - Water conservation facilities available in the Institution: Rain water harvesting Bore well /Open well recharge Construction of tanks and bunds Waste water recycling Maintenance of water bodies and distribution system in the campus

A. Any 4 or all of the above

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 7.1.5 - Green campus initiatives include

## 7.1.5.1 - The institutional initiatives for greening the campus are as follows:

- A. Any 4 or All of the above
- 1. Restricted entry of automobiles
- 2. Use of bicycles/ Battery-powered vehicles
- 3. Pedestrian-friendly pathways

#### 4. Ban on use of plastic

#### 5. Landscaping

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 7.1.6 - Quality audits on environment and energy are regularly undertaken by the institution

- 7.1.6.1 The institution's initiatives to preserve and improve the environment and harness energy are confirmed through the following:

  - 1. Green audit
  - 2. Energy audit
  - 3. Environment audit
  - 4. Clean and green campus recognitions/awards
  - 5. Beyond the campus environmental promotional activities

A. Any 4 or all of the above

File Description	Documents
Upload relevant supporting document	<u>View File</u>

7.1.7 - The Institution has a disabled-friendly and barrier-free environment Ramps/lifts for easy access to classrooms and centres. Disabledfriendly washrooms Signage including tactile path lights, display boards and signposts Assistive technology and facilities for persons with disabilities: accessible website, screenreading software, mechanized equipment, etc. Provision for enquiry and information: Human assistance, reader, scribe, soft copies of reading materials, screen reading, etc.

A. Any 4 or all of the above

File Description	Documents
Upload relevant supporting document	<u>View File</u>

7.1.8 - Describe the Institutional efforts/initiatives in providing an inclusive environment i.e. tolerance and harmony towards cultural, regional, linguistic, communal, socio-economic and other diversities (within a maximum of 200 words)

- The University prioritizes creating an inclusive campus environment by admitting students from other states and providing comprehensive support. These students are encouraged to participate in cultural and sports events, receive tailored food arrangements, assistance in securing scholarships from their respective states, and access to on-campus medical care. Counseling services are also available for those students who require them.
- The University fervently celebrates major religious festivals like Pongal, Diwali, Christmas, Vijayadashami, Onam, Vishu, and Ramadan, engaging students and staff. These events include cultural activities, games, and competitions, fostering religious inclusiveness.
- The students of this university also participate in various cultural events held in other Institutions and thereby they become the brand ambassadors for preserving our traditional value/legacy.
- Promoting regional and linguistic inclusivity involves embracing a variety of languages and dialects in official communications and offering language learning opportunities. In addition to Tamil and English, the undergraduate program also includes subject in Special English through the Language Laboratory.
- The University promotes cultural understanding among students through a combination of religious, linguistic, and regional events, as well as academic and co-curricular activities. This approach fosters inclusivity across diverse backgrounds, encouraging tolerance, harmony, and a sense of belonging for all.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

- 7.1.9 Sensitization of students and employees of the institution to constitutional obligations: values, rights, duties and responsibilities of citizens:
  - The University fulfills its constitutional obligations to shape responsible citizens by integrating cross-cutting issues such as gender equity, environmental sustainability, human values, and professional ethics into its curriculum. Numerous courses like Value and Environmental Education, Stress Management, and Gender Studies are offered across programs.

- Apart from the above courses, the university also actively focuses on students' welfare, conducting counseling, women empowerment, gender equity, and anti-ragging activities. The Student Counseling Cell addresses behavioral and academic concerns, organizing personality development and gender sensitivity training.
- Eminent speakers are invited to address students on specific themes, by engaging students with discussions and competitions, fostering active participation and highlighting program relevance.
- The University imparts values, rights, and responsibilities to students for responsible citizenship. Through programs, students pledge to uphold rules, customs, and support societal improvement.
- Besides these efforts, the university students collaborate with nearby medical colleges to organize regular blood donation camps. This not only aids needy patients but also instills in students the value of altruism and helping others.
- Through Village Placements Programs, the University students also conduct village awareness programs on health, Nutrition, education, and more. These activities promote civic responsibility among the students as well as benefit the engaging communities.

7.1.10 - The Institution has a prescribed code of conduct for students, teachers, administrators and other staff and conducts periodic programmes in this regard. The Code of Conduct is displayed on the website There is a committee to monitor adherence to the Code of Conduct Institution organizes professional ethics programmes for students, teachers, administrators and other staff Annual awareness programmes on Code of Conduct are organized

All of the above

File Description	Documents
Upload relevant supporting document	<u>View File</u>

### 7.1.11 - Institution celebrates / organizes national and international commemorative days, events and festivals

The University places great importance on celebrating National and International Commemorative days, events, and festivals to instill societal values in its students. It organizes these celebrations

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annually with grandeur to help students comprehend the significance of each occasion. Notable days like Constitution Day, Voters Day, Army Day, Martyr's Day, Women's Day, Tourism Day, World Aids Day, Youth Day, Human Rights Day and others are observed to highlight their relevance in contemporary times.

The University gives special attention to National Sports Day and International Yoga Day. Being a center for physical education and sports, it conducts sports tournaments for its students on National Sports Day and celebrates International Yoga Day enthusiastically, spreading awareness about yoga among students and staff with the participation of renowned guest speakers.

Similarly, National Youth Day, dedicated to Swami Vivekananda's birthday, is celebrated to impart values to students across various departments of the University. Additionally, Independence Day and Republic Day are commemorated annually to emphasize their significance and instil a sense of national pride and responsibility among students.

Through these celebrations and events, the University aims to nurture a strong sense of national interest and civic responsibility in its students, helping shape them into responsible citizens.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 7.2 - Best Practices

7.2.1 - Describe one best practice successfully implemented by the Institution as per NAAC format provided in the Manual

TITLE OF THE PRACTICE:ORGANISATION OF MAJOR SPORTS TOURNAMENTS AT UNIVERSITY

Organizing major sports events at Zonal/All India levels has become a practice in the University for imbibingorganizing skills among students andto effectively utilizing available facilities and resources.

**OBJECTIVES OF THE PRACTICE:** 

Giving opportunities to the University students to have hands on experience in organizing major events and

Making use of available sports facilities optimally in the University campus

#### THE CONTEXT

During 2022-2023, this University organizedSouth-West Zone Inter-University Athletic Championship for Men and Women andAll India Inter-University Athletic Championship for Men and Women

#### THE PRACTICE

The University has made it compulsory in organizing at least two major events at National/Regional level in the University campus during an academic year.

#### EVIDENCE OF SUCCESS

Students havecapability of organizing sports events on their own in the aspects of planning, execution and post-event analysis as they have already been trained by the University by making them volunteers for the major sports events held in the University campus regularly.

#### PROBLEM ENCOUNTERED AND RESOURCES REQUIRED:

If more funds are available, the university canorganize manysports events in University campus which would help the students to gain more practical exposure.

#### 7.3 - Institutional Distinctiveness

7.3.1 - Highlight the performance of the institution in an area distinct to its priority and thrust (within a maximum of 200 words)

Innovative Laboratories for Dissemination of Sports Knowledge

#### Background

During the previous decade, Indian sports have experienced amazing growth. Despite the efforts of the Governments and respective sports federations in developing sports in India, significant progress has not been made at the international level due to a lack of access to the newest technology and expertise by players and coaches. As a result, it is critical to teach the latest sports technology to athletes and coaches so that they can improve their sports performance by modifying their regular sports training.

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#### Innovative Laboratories

To try to close the gap, the University has created the following unique sports laboratories with the goal of distributing sports information to the sport's stakeholders:

- 1. Computerized Low-Speed Subsonic Wind Tunnel Laboratory to analyse the influence of aerodynamic forces and wind impacts on sports applications.
- 2. Computational Sports Technology Laboratory uses CAD and Ansys Workbench to design and create sports items and equipment. For match analysis, DartFish is employed.
- 3. Center of Excellence in Biomechanics for biomechanical assessment of athletes from high school to elite levels in order to improve sports performance, avoid injuries and identify talents.
- 4. Exercise Physiology laboratory is used to determine the functional capabilities of athletes' bodily systems.

#### 7.3.2 - Plan of action for the next academic year

- 1. To organise workshops and conferences on different disciplines at National and International levels.
- 2. To organize national level sports Tournaments.
- 3. To prepare students for sports participation at National level and achieve medals.
- 4. To build sports and other infrastructure in the university campus.
- 5. To inculcate employability skills among the students under "Employability Enhancement Programme"
- 6. To establish Memorandum of Understandings with other academic Institutions and Organizations.
- 7. To share the expertise of faculty members to disseminate knowledge with other Institutions.
- 8. To train and develop sports officials from various State Sports Associations in the University in order to improve the efficiency of officiating in all sports.