



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்
TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
 (Estd. by the Govt. of Tamil Nadu Under Act No.9 of 2005. A State Govt. University)
Accredited with "B++" Grade by NAAC
 Vandalur-Kelambakkam Road, Melakottaiyur Post, Chennai – 600 127.

REGULAR EXAMINATIONS TIME TABLE - APRIL 2019

M.Phil., Physical Education - (2015 Onwards)

First Semester

Subject Code	Subject	Date	Time
MPE101	Research Methodology and statistics in Physical Education	26.04.2019	2 p.m to 5 p.m
MPE102A	Specialization Science of Sports Training and Coaching	27.04.2019	2 p.m to 5 p.m
MPE102B	Specialization - Applied Yoga		
MPE102C	Specialization - Sports Medicine		
MPE102D	Specialization - Exercise Physiology and Nutrition		
MPE102E	Specialization - Sports Psychology		
MPE102F	Specialization - Sports Sociology		
MPE102G	Specialization - Sports Management		
MPE102H	Specialization - Sports Biomechanics		
MPE102I	Specialization - Sports Technology		
MPE102J	Specialization - Test, Measurement and Evaluation		
MPE102K	Specialization - Fitness and Wellness		

Second Semester

Subject Code	Subject	Date	Time
MPE201A	Area of Dissertation - Experimental Study		

MPE201B	Area of Dissertation - Comparative Study	26.04.2019	10 a.m to 1 p.m
MPE201C	Area of Dissertation - Relationship and Prediction Studies		
MPE201D	Area of Dissertation - Case Study		
MPE201E	Area of Dissertation - Survey Study		
MPE201F	Area of Dissertation - Descriptive Study		
MPE202	Computer Operations, Communications and Educational Skills	27.04.2019	10 a.m to 1 p.m

M.P.Ed., (2015 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
M15101	Research Process in Physical Educaiton and Sports Sciences	26.04.2019	10 a.m to 1 p.m
M15102	Test, Measurement and Evaluation in Physical Eduation	27.04.2019	10 a.m to 1 p.m
M15103	Yogic Sciences	29.04.2019	10 a.m to 1 p.m
M15104A	Physical Fitness and Wellness	30.04.2019	10 a.m to 1 p.m
M15104B	Sports Technology		

Second Semester			
Subject Code	Subject	Date	Time
M15201	Applied Statistics in Physical Education and Sports	26.04.2019	2 p.m to 5 p.m
M15202	Sports Biomechanics and Kinesiology	27.04.2019	2 p.m to 5 p.m
M15203	Sports Psychology and Sociology	29.04.2019	2 p.m to 5 p.m
M15204A	Sports Journalism and Mass Media	30.04.2019	2 p.m to 5 p.m
M15204B	Health Education and Sports Nutrition		

Third Semester			
Subject Code	Subject	Date	Time
M15301	Sports Medicine, Athletic Care and Rehabilitation	02.05.2019	10 a.m to 1 p.m
M15302	Physiology of Exercise	03.05.2019	10 a.m to 1 p.m
M15303	Scientific Principles of Sports Training	04.05.2019	10 a.m to 1 p.m
M15304A	Sports Engineering	06.05.2019	10 a.m to 1 p.m
M15304B	Professional Preparation for SLET/NET		

Fourth Semester			
Subject Code	Subject	Date	Time
M15401	Theory - Information and Communication Technology (ICT) in Physical Education	02.05.2019	2 p.m to 5 p.m
M15402	Theory - Sports Management and Curriculum Design in Physical Education	03.05.2019	2 p.m to 5 p.m
M15404A	Theory - Value and Environmental Education	04.05.2019	2 p.m to 5 p.m
M15404B	Theory - Educational Technology in Physical Education		

B.P.Ed., (2015 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
B15101	History, Principles and Foundation of Physical Education	26.04.2019	2 p.m to 5 p.m
B15102	Anatomy, Physiology and Health Education	27.04.2019	2 p.m to 5 p.m
B15103	Yoga Education	29.04.2019	2 p.m to 5 p.m

B15104A	Olympic Movement	30.04.2019	2 p.m to 5 p.m
B15104B	Environmental and Gender Studies		

Second Semester			
Subject Code	Subject	Date	Time
B15201	Sports Training	26.04.2019	10 a.m to 1 p.m
B15202	Organization, Administration and Methods in Physical Education	27.04.2019	10 a.m to 1 p.m
B15203	Theories of Sports and Games, Coaching and Officiating - Part I	29.04.2019	10 a.m to 1 p.m
B15204A	Education Technology and Computer Application in Physical Education	30.04.2019	10 a.m to 1 p.m
B15204B	Disability and Inclusive Education		

Third Semester			
Subject Code	Subject	Date	Time
B15301	Measurement and Evaluation in Physical Education	02.05.2019	2 p.m to 5 p.m
B15302	Research and Statistics in Physical Education	03.05.2019	2 p.m to 5 p.m
B15303	Sports Psychology and Sociology	04.05.2019	2 p.m to 5 p.m
B15304A	Sports Nutrition and Weight Management	06.05.2019	2 p.m to 5 p.m
B15304B	Contemporary Issues in Physical Education, Fitness and Wellness		

Fourth Semester			
Subject Code	Subject	Date	Time
B15401	Theories of Sports and Games, Coaching and Officiating - Part II	02.05.2019	10 a.m to 1 p.m

B15402	Kinesiology and Biomechanics	03.05.2019	10 a.m to 1 p.m
B15403	Sports Management, Recreation and Camping	04.05.2019	10 a.m to 1 p.m
B15404A	Sports Medicine, Physiotherapy and Rehabilitation	06.05.2019	10 a.m to 1 p.m

Bachelor of Physical Education - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
UPE18CT101	History, Principles And Foundation Of Physical Education	26.04.2019	2 p.m to 5 p.m
UPE18CT102	Anatomy And Physiology And Health Education	27.04.2019	2 p.m to 5 p.m
UPE18CT103	Yoga Education	29.04.2019	2 p.m to 5 p.m
UPE18DE001	Olympic Movement	30.04.2019	2 p.m to 5 p.m
UPE18DE002	Gender Studies		
UPE18DE003	Sports Medicine, Physiotherapy And Rehabilitation		
UPE18DE004	Contemporary Issues In Physical Education, Fitness And Wellness		

Bachelor of Physical Education - (2018 Onwards CBCS Syllabus)			
Second Semester			
Subject Code	Subject	Date	Time
UPE18CT201	Sports Training	26.04.2019	10 a.m to 1 p.m
UPE18CT202	Organization ,Administration And Methods In Physical Education	27.04.2019	10 a.m to 1 p.m
UPE18CT203	Theories Of Sports And Games, Coaching And Officiating- Part I	29.04.2019	10 a.m to 1 p.m
UPE18DE005	Educational Technology And Computer Application In Physical Education	30.04.2019	10 a.m to 1 p.m
UPE18DE006	Sports Nutrition And Weight Management		

UPE18DE007	Disability And Inclusive Education	30.04.2019	10 a.m to 1 p.m
UPE18DE008	Research Project		

Master of Physical Education - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PPE18CT101	Research Process In Physical Education And Sports Sciences	26.04.2019	10 a.m to 1 p.m
PPE18CT102	Yogic Sciences	27.04.2019	10 a.m to 1 p.m
PPE18CT103	Tests, Measurement And Evaluation In Physical Education	29.04.2019	10 a.m to 1 p.m
PPE18DE001	Physical Fitness And Wellness	30.04.2019	10 a.m to 1 p.m
PPE18DE002	Sports Technology		
PPE18DE003	Sports Engineering		
PPE18DE004	Professional Preparation For Slet/Net In Physical Education		

Second Semester			
Subject Code	Subject	Date	Time
PPE18CT201	Applied Statistics In Physical Education And Sports	26.04.2019	2 p.m to 5 p.m
PPE18CT202	Sports Biomechanics And Kinesiology	27.04.2019	2 p.m to 5 p.m
PPE18CT203	Sports Psychology And Sociology	29.04.2019	2 p.m to 5 p.m
PPE18DE005	Sports Journalism And Mass Media	30.04.2019	2 p.m to 5 p.m
PPE18DE006	Health Education And Sports Nutrition		

PPE18DE007	Value And Environmental Education	30.04.2019	2 p.m to 5 p.m
PPE18DE008	Educational Technology In Physical Education		

B.P.E.S (2016 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
BS16101	Tamil – I	26.04.2019	2 p.m to 5 p.m
BS16102	English –I	27.04.2019	2 p.m to 5 p.m
BS16103	General Knowledge and History of Physical Education	29.04.2019	2 p.m to 5 p.m
BS16104	Rules of Games and Sports-Part I (Basketball, Badminton, Kabaddi, Softball)	30.04.2019	2 p.m to 5 p.m

Second Semester			
Subject Code	Subject	Date	Time
BS16201	Tamil – II	26.04.2019	10 a.m to 1 p.m
BS16202	English –II	27.04.2019	10 a.m to 1 p.m
BS16203	Anatomy and Physiology	29.04.2019	10 a.m to 1 p.m
BS16204	Rules of Games and Sports-Part II (Volleyball, Table Tennis, Swimming, Throwball, Kho-Kho)	30.04.2019	10 a.m to 1 p.m

Third Semester			
Subject Code	Subject	Date	Time
BS16301	Tamil - III	02.05.2019	2 p.m to 5 p.m
BS16302	English -III	03.05.2019	2 p.m to 5 p.m

BS16303	Health and Safety Education	04.05.2019	2 p.m to 5 p.m
BS16304	Rules of Games and Sports-Part III (Track and Field and Cross Country)	06.05.2019	2 p.m to 5 p.m

Fourth Semester			
Subject Code	Subject	Date	Time
BS16401	Tamil – IV	02.05.2019	10 a.m to 1 p.m
BS16402	English –IV	03.05.2019	10 a.m to 1 p.m
BS16403	Methods in Physical Education	04.05.2019	10 a.m to 1 p.m
BS16404	Rules of Games and Sports-Part IV (Tennis, Ball Badminton, Football, Gymnastics)	06.05.2019	10 a.m to 1 p.m

Fifth Semester			
Subject Code	Subject	Date	Time
BS16501	Science of Yoga	07.05.2019	2 p.m to 5 p.m
BS16502	Care and Prevention of Sports Trauma	08.05.2019	2 p.m to 5 p.m
BS16503	Kinesiology and Biomechanics	09.05.2019	2 p.m to 5 p.m
BS16504	Educational Psychology and Sports Journalism	10.05.2019	2 p.m to 5 p.m

Six Semester			
Subject Code	Subject	Date	Time
BS16601	Exercise Physiology and Nutrition	07.05.2019	10 a.m to 1 p.m
BS16602	Test, Measurement and Evaluation	08.05.2019	10 a.m to 1 p.m
BS16603	Scientific Principles of Sports Training	09.05.2019	10 a.m to 1 p.m
BS16604	Rules of Games and Sports-Part V	10.05.2019	10 a.m to 1 p.m

B.P.E (2014 Onwards)

First Semester			
Subject Code	Subject	Date	Time
BE101	English - I	26.04.2019	2 p.m to 5 p.m
BE102	General Knowledge and History of Physical Education	27.04.2019	2 p.m to 5 p.m
BE103	Science of Yoga	29.04.2019	2 p.m to 5 p.m
BE104	Rules of Games and Sports - Part I (Basketball, Badminton , Kabaddi and Softball)	30.04.2019	2 p.m to 5 p.m

Second Semester			
Subject Code	Subject	Date	Time
BE201	English - II	26.04.2019	10 a.m to 1 p.m
BE202	Sociology of Sports	27.04.2019	10 a.m to 1 p.m
BE203	Anatomy and Physiology	29.04.2019	10 a.m to 1 p.m
BE204	Rules of Games and Sports- Part II (Volleyball, Table Tennis and Swimming, Throwball, Kho-Kho)	30.04.2019	10 a.m to 1 p.m

Third Semester			
Subject Code	Subject	Date	Time
BE301	Educational Psychology & Sports Journalism	02.05.2019	2 p.m to 5 p.m
BE302	Kinesiology and Biomechanics	03.05.2019	2 p.m to 5 p.m
BE303	Health and Safety Education	04.05.2019	2 p.m to 5 p.m
BE304	Rules of Games and Sports - Part III	06.05.2019	2 p.m to 5 p.m

Fourth Semester			
Subject Code	Subject	Date	Time
BE401	Exercise Physiology and Nutrition	02.05.2019	10 a.m to 1 p.m
BE402	Personality Development and Communication Skills	03.05.2019	10 a.m to 1 p.m

BE403	Methods in Physical Education	04.05.2019	10 a.m to 1 p.m
BE404	Rules of Games and Sports-part IV(Tennis, Ball Badminton, Football, Gymnastics)	06.05.2019	10 a.m to 1 p.m

Fifth Semester

Subject Code	Subject	Date	Time
BE501	Care and Prevention of Sports Trauma	07.05.2019	2 p.m to 5 p.m
BE502	Recreation, Camping and Youth Leadership	08.05.2019	2 p.m to 5 p.m
BE503	Elementary Statistics	09.05.2019	2 p.m to 5 p.m
BE504	Rules of Games and Sports-Part V (Hockey, Handball, Cricket, Netball)	10.05.2019	2 p.m to 5 p.m

Sixth Semester

Subject Code	Subject	Date	Time
BE601	Computer Application in Sports Sciences	07.05.2019	10 a.m to 1 p.m
BE602	Test, Measurement and Evaluation	08.05.2019	10 a.m to 1 p.m
BE603	Sports Management in Physical Education	09.05.2019	10 a.m to 1 p.m
BE604	Scientific Principles of Sports Training	10.05.2019	10 a.m to 1 p.m

M.Phil., Yoga - (2017 Onwards)

First Semester

Subject Code	Subject	Date	Time
PY17101	Research Methodology and Applied Statistics in Yoga	26.04.2019	2 p.m to 5 p.m
PY17102A	Area of Specialization - Applied Yoga	27.04.2019	2 p.m to 5 p.m
PY17102B	Area of Specialization - Yoga Therapy		

M.Phil., Yoga (2017 Onwards)			
Second Semester			
Subject Code	Subject	Date	Time
PY17201	Area of Dissertation	26.04.2019	10 a.m to 1 p.m
PY17202	Computer Operations, Communications and Educational Skills	27.04.2019	10 a.m to 1 p.m
M.Sc., in Yoga (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
MY17101	Fundamentals of Yoga Education	26.04.2019	2 p.m to 5 p.m
MY17102	Applied Anatomy and Physiology	27.04.2019	2 p.m to 5 p.m
MY17103	Methods of Yogic Practices - I	29.04.2019	2 p.m to 5 p.m
MY17104A	Health, Fitness, Wellness, Nutrition and Yogic Diet	30.04.2019	2 p.m to 5 p.m

Second Semester			
Subject Code	Subject	Date	Time
MY17201	Methodology of Teaching Yoga	26.04.2019	10 a.m to 1 p.m
MY17202	Yoga and Psychology	27.04.2019	10 a.m to 1 p.m
MY17203	Methods of Yogic Practices - II	29.04.2019	10 a.m to 1 p.m
MY17204A	Yoga Therapy	30.04.2019	10 a.m to 1 p.m
MY17204B	Environmental Studies		

Third Semester			
Subject Code	Subject	Date	Time
MY17301	Basic and Hatha Yoga Texts	02.05.2019	2 p.m to 5 p.m
MY17302	Research Processes and Statistics in Yoga	03.05.2019	2 p.m to 5 p.m

MY17303	Methods of Yogic Practices-III	04.05.2019	2 p.m to 5 p.m
MY17304A	Computer Applications in Yoga	06.05.2019	2 p.m to 5 p.m
MY17304B	Human Rights and Women Studies		

Fourth Semester			
Subject Code	Subject	Date	Time
MY17401	Patanjali's Yoga sutras and Tirumoolar's Thirumandiram	02.05.2019	10 a.m to 1 p.m
MY17402	Indian Traditional System of Medicine & Therapies	03.05.2019	10 a.m to 1 p.m
MY17403	Methods of Yogic Practices-IV	04.05.2019	10 a.m to 1 p.m
P.G Diploma in Yoga (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
GY17101	Fundamentals of Yoga Education	26.04.2019	2 p.m to 5 p.m
GY17102	Applied Anatomy and Physiology	27.04.2019	2 p.m to 5 p.m
GY17103	Methods of Yogic Practices - I	29.04.2019	2 p.m to 5 p.m
GY17104A	Health, Fitness, Wellness, Nutrition and Yogic Diet	30.04.2019	2 p.m to 5 p.m

Second Semester			
Subject Code	Subject	Date	Time
GY17201	Methodology of Teaching Yoga	26.04.2019	10 a.m to 1 p.m
GY17202	Yoga and Psychology	27.04.2019	10 a.m to 1 p.m
GY17203	Methods of Yogic Practices – II	29.04.2019	10 a.m to 1 p.m
GY17204A	Yoga Therapy	30.04.2019	10 a.m to 1 p.m
GY17204B	Environmental Studies		

Diploma in Yoga (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
DY17101	Applied Yoga	26.04.2019	10 a.m to 1 p.m
DY17102	Yoga Therapy	27.04.2019	10 a.m to 1 p.m
DY17103	Methods of Yogic Practices	29.04.2019	10 a.m to 1 p.m

Certificate in Yoga (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
CY17101	Applied Yoga	26.04.2019	10 a.m to 1 p.m
CY171012	Methods of Yogic Practices	27.04.2019	10 a.m to 1 p.m

B.Sc., in Yoga (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
BY17101	Tamil I	26.04.2019	10 a.m to 1 p.m
BY17102	English I	27.04.2019	10 a.m to 1 p.m
BY17103	Fundamentals of Yoga	29.04.2019	10 a.m to 1 p.m
BY17104	Scientific Basis of Yoga	30.04.2019	10 a.m to 1 p.m
BY17105	Methods of Yogic Practices - I	02.05.2019	10 a.m to 1 p.m

Second Semester			
Subject Code	Subject	Date	Time
BY17201	Tamil II	26.04.2019	2 p.m to 5 p.m

BY17202	English II	27.04.2019	2 p.m to 5 p.m
BY17203	Texts of Yoga	29.04.2019	2 p.m to 5 p.m
BY17204	Methods of Yogic Practices - II	30.04.2019	2 p.m to 5 p.m
BY17205A	Health, Fitness, Wellness, Diet and Nutrition	02.05.2019	2 p.m to 5 p.m
BY17205B	Personality Development and Communication Skills		

Third Semester			
Subject Code	Subject	Date	Time
BY17301	Tamil III	03.05.2019	10 a.m to 1 p.m
BY17302	English III	04.05.2019	10 a.m to 1 p.m
BY17303	Tirumoolars Tirumandiram	06.05.2019	10 a.m to 1 p.m
BY17304	Methods of Yogic Practices III	07.05.2019	10 a.m to 1 p.m
BY17305A	Computer Applications in Yoga	08.05.2019	10 a.m to 1 p.m
BY17305B	Environmental Studies		

Fourth Semester			
Subject Code	Subject	Date	Time
BY17401	Tamil IV	03.05.2019	2 p.m to 5 p.m
BY17402	English IV	04.05.2019	2 p.m to 5 p.m
BY17403	Patanjali's Yoga Sutras	06.05.2019	2 p.m to 5 p.m
BY17404	Methodology of Teaching Yoga	07.05.2019	2 p.m to 5 p.m
BY17405	Methods of Yogic Practices-IV	08.05.2019	2 p.m to 5 p.m

M.Sc Yoga - (2018 Onwards CBCS Syllabus)

First Semester

Subject Code	Subject	Date	Time
PYO18CT101	Fundamentals of yoga	26.04.2019	2 p.m to 5 p.m
PYO18CT102	Anatomy and physiology	27.04.2019	2 p.m to 5 p.m
PYO18CT103	Methods of yogic practices	29.04.2019	2 p.m to 5 p.m
PYO18DE001	Yoga and health	30.04.2019	2 p.m to 5 p.m
PYO18DE002	Yoga and nutrition		
PYO18DE003	Yoga in education		
PYO18DE004	Yoga and wellness		
PYO18DE005	Methods of naturopathy		
PYO18DE006	Tirumoolars thirumanthiram		
PYO18DE007	Yogic diet		
PYO18DE008	Statistics in yoga		
PYO18AE101	Communication skills	02.05.2019	2 p.m to 5 p.m

Second Semester

Subject Code	Subject	Date	Time
PYO18CT201	Yoga and psychology	26.04.2019	10 a.m to 1 p.m
PYO18CT202	Methodology of teaching yoga	27.04.2019	10 a.m to 1 p.m
PYO18CT203	Basic yoga texts	29.04.2019	10 a.m to 1 p.m
PYO18DE001	Yoga and health		
PYO18DE002	Yoga and nutrition		

PYO18DE003	Yoga in education	30.04.2019	10 a.m to 1 p.m
PYO18DE004	Yoga and wellness		
PYO18DE005	Methods of naturopathy		
PYO18DE006	Tirumoolars thirumanthiram		
PYO18DE007	Yogic diet		
PYO18DE008	Statistics in yoga		
PYO18GE201	Generic Elective	02.05.2019	10 a.m to 1 p.m
PYO18SE201	Computer Applications	03.05.2019	10 a.m to 1 p.m

M.Sc Yoga Therapy - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PYT18CT101	Fundamentals of yoga therapy	26.04.2019	2 p.m to 5 p.m
PYT18CT102	Functional anatomy and physiology	27.04.2019	2 p.m to 5 p.m
PYT18CT103	Basic principles of yoga therapy	29.04.2019	2 p.m to 5 p.m
PYT18DE001	Health and yoga therapy	30.04.2019	2 p.m to 5 p.m
PYT18DE002	Nutrition and yoga therapy		
PYT18DE003	Methods of teaching yoga therapy		
PYT18DE004	Wellness and yoga therapy		
PYT18DE005	Methods of naturopathy		
PYT18DE006	Tirumoolars thirumanthiram in yoga therapy		
PYT18DE007	Applied yoga		
PYT18DE008	Statistics in yoga therapy		
PYT18AE101	Communication skills	02.05.2019	2 p.m to 5 p.m
Second Semester			

Subject Code	Subject	Date	Time
PYT18CT201	Yoga therapy and psychology	26.04.2019	10 a.m to 1 p.m
PYT18CT202	Physical examination methods of yoga therapy	27.04.2019	10 a.m to 1 p.m
PYT18CT203	Methodology in yoga therapy	29.04.2019	10 a.m to 1 p.m
PYT18DE001	Health and yoga therapy	30.04.2019	10 a.m to 1 p.m
PYT18DE002	Nutrition and yoga therapy		
PYT18DE003	Methods of teaching yoga therapy		
PYT18DE004	Wellness and yoga therapy		
PYT18DE005	Methods of naturopathy		
PYT18DE006	Tirumoolars thirumanthiram in yoga therapy		
PYT18DE007	Applied yoga		
PYT18DE008	Statistics in yoga therapy		
PYT18GE201	Generic Elective	02.05.2019	10 a.m to 1 p.m
PYT18SE201	Computer Applications	03.05.2019	10 a.m to 1 p.m

M.Sc Yoga for Human Excellence - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PYH18CT101	Applied yoga	26.04.2019	10 a.m to 1 p.m
PYH18CT102	Yoga of body and mind	27.04.2019	10 a.m to 1 p.m
PYH18CT103	Elements of human biology	29.04.2019	10 a.m to 1 p.m
PYH18DE001	Yogic diet	30.04.2019	10 a.m to 1 p.m
PYH18DE002	Methods of naturopathy		
PYH18DE003	Tirumoolars thirumanthiram		
PYH18DE004	Concepts of mind		

PYH18DE005	Hatha yoga texts	30.04.2019	10 a.m to 1 p.m
PYH18DE006	Yoga in education		
PYH18DE007	World peace plans		
PYH18DE008	Statistics in yoga for human excellence		
PYH18AE101	Communication skills	02.05.2019	10 a.m to 1 p.m
Second Semester			
Subject Code	Subject	Date	Time
PYH18CT201	Yoga of sublimation and social welfare	26.04.2019	2 p.m to 5 p.m
PYH18CT202	Methodology of teaching sky yoga	27.04.2019	2 p.m to 5 p.m
PYH18CT203	Basic yoga texts	29.04.2019	2 p.m to 5 p.m
PYH18DE001	Yogic diet	30.04.2019	2 p.m to 5 p.m
PYH18DE002	Methods of naturopathy		
PYH18DE003	Tirumoolars thirumanthiram		
PYH18DE004	Conceptsof mind		
PYH18DE005	Hatha yoga texts		
PYH18DE006	Yoga in education		
PYH18DE007	World peace plans		
PYH18DE008	Statistics in yoga for human excellence		
PYH18GE201	Generic Elective	02.05.2019	2 p.m to 5 p.m
PYH18SE201	Computer Applications	03.05.2019	2 p.m to 5 p.m

B.Sc Yoga - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
UYO18CT101	Tamil - I	26.04.2019	10 a.m to 1 p.m

UYO18CT102	English - I	27.04.2019	10 a.m to 1 p.m
UYO18CT103	Fundamentals of yoga	29.04.2019	10 a.m to 1 p.m
UYO18AE101	Communication skills	30.04.2019	10 a.m to 1 p.m

Second Semester

Subject Code	Subject	Date	Time
UYO18CT201	Tamil - II	26.04.2019	2 p.m to 5 p.m
UYO18CT202	English - II	27.04.2019	2 p.m to 5 p.m
UYO18CT203	Anatomy and physiology	29.04.2019	2 p.m to 5 p.m
UYO18AE201	Environmental studies	30.04.2019	2 p.m to 5 p.m

B.Sc Yoga for Human Excellence - (2018 Onwards CBCS Syllabus)

First Semester

Subject Code	Subject	Date	Time
UYH18CT101	Tamil - I	26.04.2019	10 a.m to 1 p.m
UYH18CT102	English - I	27.04.2019	10 a.m to 1 p.m
UYH18CT103	Yoga of body and mind	29.04.2019	10 a.m to 1 p.m
UYH18AE101	Communication skills	30.04.2019	10 a.m to 1 p.m

Second Semester

Subject Code	Subject	Date	Time
UYH18CT201	Tamil - II	26.04.2019	2 p.m to 5 p.m
UYH18CT202	English - II	27.04.2019	2 p.m to 5 p.m
UYH18CT203	Yoga of sublimation	29.04.2019	2 p.m to 5 p.m
UYH18AE201	Environmental studies	30.04.2019	2 p.m to 5 p.m

P.G Diploma Yoga for Human Excellence - (2018 Onwards CBCS Syllabus)**First Semester**

Subject Code	Subject	Date	Time
DYH18CT101	Applied yoga	26.04.2019	10 a.m to 1 p.m
DYH18CT102	Yoga of body and mind	27.04.2019	10 a.m to 1 p.m
DYH18CT103	Yoga of sublimation and social welfare	29.04.2019	10 a.m to 1 p.m

Second Semester

Subject Code	Subject	Date	Time
DYH18CT201	Yogic science of energy and consciousness	26.04.2019	2 p.m to 5 p.m
DYH18CT202	Traditional indian systems of medicine and therapies	27.04.2019	2 p.m to 5 p.m

Diploma Yoga for Human Excellence - (2018 Onwards CBCS Syllabus)**First Semester**

Subject Code	Subject	Date	Time
DYH18CT101	Yoga of body and mind	26.04.2019	10 a.m to 1 p.m
DYH18CT102	Yoga of sublimation and social welfare	27.04.2019	10 a.m to 1 p.m
DYH18CT103	Yogic science of energy and consciousness	29.04.2019	10 a.m to 1 p.m

Certificate Yoga for Human Excellence - (2018 Onwards CBCS Syllabus)**First Semester**

Subject Code	Subject	Date	Time
CYH18CT101	Yogic life (physical body, life - force and mind)	26.04.2019	10 a.m to 1 p.m
CYH18CT102	Sublimation and social welfare	27.04.2019	10 a.m to 1 p.m

M.Phil., Exercise Physiology and Nutrition - (2010 Onwards)			
Second Semester			
Subject Code	Subject	Date	Time
13201A	Area of Dissertation - Experimental Study	26.04.2019	10 a.m to 1 p.m
13201B	Area of Dissertation - Comporative Study		
13201C	Area of Dissertation - Analytical Study		
13201D	Area of Dissertation - Survey Study		
13201E	Area of Dissertation - Survey Study		
13202	Computer Operations, Communication Skills and Educational Skills	27.04.2019	10 a.m to 1 p.m

M.Sc., in Exercise Physiology and Nutrition (2014 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
MN101	Bio-energetic and Muscular Physiology	26.04.2019	2 p.m to 5 p.m
MN102	Cardio Respiratory and Environmental Physiology	27.04.2019	2 p.m to 5 p.m
MN103	Basic Nutrition	29.04.2019	2 p.m to 5 p.m
MN104A	Fitness and Wellness	30.04.2019	2 p.m to 5 p.m

Second Semester

Subject Code	Subject	Date	Time
MN201	Exercise and Sports for Women	26.04.2019	10 a.m to 1 p.m
MN202	Computer Application in Exercise Physiology and Nutrition	27.04.2019	10 a.m to 1 p.m
MN203	Training and Competition Nutrition	29.04.2019	10 a.m to 1 p.m
MN204A	Yoga and Physiological Values	30.04.2019	10 a.m to 1 p.m
MN204B	Human Rights		

Third Semester			
Subject Code	Subject	Date	Time
MN301	Training for Sports Performance	02.05.2019	2 p.m to 5 p.m
MN302	Research Methods and Statistics in Exercise Physiology and Nutrition	03.05.2019	2 p.m to 5 p.m
MN303	Supplements and Ergogenic Aids for Performance Enhancement	04.05.2019	2 p.m to 5 p.m
MN304A	Sports and Exercise Psychology	06.05.2019	2 p.m to 5 p.m

Fourth Semester			
Subject Code	Subject	Date	Time
MN401	Effects of Exercise on Nervous System, Endocrine System and Immunity	02.05.2019	10 a.m to 1 p.m
MN402	Nutritional need for Special Population	03.05.2019	10 a.m to 1 p.m
MN403	Exercise Prescription for Special Population	04.05.2019	10 a.m to 1 p.m

B.Sc., Exercise Physiology and Nutrition (2010 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
12101	Basic Human Anatomy and Physiology - I	26.04.2019	2 p.m to 5 p.m

12102	Introduction to Human Nutrition	27.04.2019	2 p.m to 5 p.m
12103	English - I Basic Language Skills	29.04.2019	2 p.m to 5 p.m
12104A	Tamil - I	30.04.2019	2 p.m to 5 p.m
12104B	Hindi – Prose, Functional Hindi and Letter Writing		

Second Semester			
Subject Code	Subject	Date	Time
12201	Basic Human Anatomy and Physiology–II	26.04.2019	10 a.m to 1 p.m
12202	Theories of Sports and Games - I	27.04.2019	10 a.m to 1 p.m
12203	English - II Developing the Language Skill	29.04.2019	10 a.m to 1 p.m
12204A	Tamil - II	30.04.2019	10 a.m to 1 p.m
12204B	Hindi - One Act play, Short story and Translation Practice		

Third Semester			
Subject Code	Subject	Date	Time
12301	Biological Basis of Physical Education	02.05.2019	2 p.m to 5 p.m
12302	Kinesiology	03.05.2019	2 p.m to 5 p.m
12303	English - III	04.05.2019	2 p.m to 5 p.m
12304A	Tamil - III	06.05.2019	2 p.m to 5 p.m
12304B	Hindi – Prose, Functional Hindi and Letter Writing		

Fourth Semester

Subject Code	Subject	Date	Time
12401	Exercise for Special Population	02.05.2019	10 a.m to 1 p.m
12402	Theories of Sports and Games – II	03.05.2019	10 a.m to 1 p.m
12403	English - IV Listening and Speaking	04.05.2019	10 a.m to 1 p.m
12404A	Tamil – IV	06.05.2019	10 a.m to 1 p.m
12404B	Hindi - IV		

Fifth Semester			
Subject Code	Subject	Date	Time
12501	Effect of Training on Various Systems	07.05.2019	2 p.m to 5 p.m
12502	Exercise Bio Chemistry	08.05.2019	2 p.m to 5 p.m
12503	Sports Bio - Mechanics	09.05.2019	2 p.m to 5 p.m
12504	Clinical Dietics	10.05.2019	2 p.m to 5 p.m

Sixth Semester			
Subject Code	Subject	Date	Time
12601	Sports Nutrition	07.05.2019	10 a.m to 1 p.m
12602	Training and Performance	08.05.2019	10 a.m to 1 p.m
12603	Computer Application in Exercise Physiology and Nutrition	09.05.2019	10 a.m to 1 p.m
12604	First Aid and Sports Injuries and Physiotherapy	10.05.2019	10 a.m to 1 p.m

M.Sc Exercise Physiology and Nutrition - (2018 Onwards CBCS Syllabus)**First Semester**

Subject Code	Subject	Date	Time
PEN18CT101	Bio energetic and muscular physiology	02.05.2019	2 p.m to 5 p.m
PEN18CT102	Cardio vascular and Respiratory Physiology	03.05.2019	2 p.m to 5 p.m
PEN18CT103	Advanced Human Nutrition	04.05.2019	2 p.m to 5 p.m
PEN18DE001	Health fitness and performance assessment	06.05.2019	2 p.m to 5 p.m
PEN18DE002	Muscle and exercise metabolism		
PEN18DE003	Exercise Biochemistry		
PEN18DE004	Physiology of Kidney		

M.Sc Exercise Physiology and Nutrition - (2018 Onwards CBCS Syllabus)**First Semester**

Subject Code	Subject	Date	Time
PEN18CT201	Neuro Physiology	02.05.2019	10 a.m to 1 p.m
PEN18CT202	Training and competition Nutrition	03.05.2019	10 a.m to 1 p.m
PEN18CT203	Statistics in Exercise physiology and Nutrition	04.05.2019	10 a.m to 1 p.m
PEN18DE005	Supplements and ergogenic aids for performance enhancement	06.05.2019	10 a.m to 1 p.m
PEN18DE006	Nutritional planning for sports and exercise		
PEN18DE007	Exercise assessment in special population		
PEN18DE008	Exercise and sports for women		

B.Sc Exercise Physiology and Nutrition - (2018 Onwards CBCS Syllabus)**First Semester**

Subject Code	Subject	Date	Time
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UEN18CT101	Basic anatomy and physiology – I	26.04.2019	2 p.m to 5 p.m
UEN18CT102	Fundamentals in Food Science	27.04.2019	2 p.m to 5 p.m
UEN18CT103	Health Education	29.04.2019	2 p.m to 5 p.m
UEN18CT104	Tamil I / Hindi I / Special English I /Basic Tamil I	30.04.2019	2 p.m to 5 p.m
UEN18CT105	English I	02.05.2019	2 p.m to 5 p.m

Second Semester			
Subject Code	Subject	Date	Time
UEN18CT201	Basic anatomy and physiology – II	26.04.2019	10 a.m to 1 p.m
UEN18CT202	Introduction to Human Nutrition	27.04.2019	10 a.m to 1 p.m
UEN18CT203	Clinical exercise testing procedures	29.04.2019	10 a.m to 1 p.m
UEN18CT204	Tamil II / Hindi II / Special English II/Basic Tamil	30.04.2019	10 a.m to 1 p.m
UEN18CT205	English II	02.05.2019	10 a.m to 1 p.m
UEN18AE201	Environmental studies (Foundation Course)	03.05.2019	10 a.m to 1 p.m

M.Phil., Sports Biomechanics and Kinesiology - (2010 Onwards)			
Second Semester			
Subject Code	Subject	Date	Time
21201	Area of Dissertation	26.04.2019	10 a.m to 1 p.m
21202	Computer Operations Communication & Educational Skills	27.04.2019	10 a.m to 1 p.m

M.Sc., Biomechanics and Kinesiology (2016 Onwards)
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First Semester			
Subject Code	Subject	Date	Time
MK16101	Applied Anatomy and Physiology	26.04.2019	10 a.m to 1 p.m
MK16102	Basic Bio-mechanics	27.04.2019	10 a.m to 1 p.m
MK16103	Biomechanical Analysis of Gait and Posture	29.04.2019	10 a.m to 1 p.m
MK16104A	Mathematics in biomechanics	30.04.2019	10 a.m to 1 p.m
MK16104B	Introduction to Test, Measurement and Evaluation		

Second Semester			
Subject Code	Subject	Date	Time
MK16201	Kinesiology	26.04.2019	2 p.m to 5 p.m
MK16202	Applied Biomechanics	27.04.2019	2 p.m to 5 p.m
MK16203	MATLAB	29.04.2019	2 p.m to 5 p.m
MK16204A	Fitness and Wellness	30.04.2019	2 p.m to 5 p.m
MK16204B	Biomechanics software and computer applications in Biomechanics		

Third Semester			
Subject Code	Subject	Date	Time
MK16301	Biomechanical analysis of track and field events	02.05.2019	10 a.m to 1 p.m
MK16302	Research Methods in Sports Biomechanics and Kinesiology	03.05.2019	10 a.m to 1 p.m
MK16303	Statistics in Sports Biomechanics and Kinesiology	03.05.2019	10 a.m to 1 p.m
MK16304A	Biomechanics of Asanas	06.05.2019	10 a.m to 1 p.m

MK16304B	Sports Psychology and Sociology	00.05.2019	10 a.m to 1 p.m
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Fourth Semester			
Subject Code	Subject	Date	Time
MK16401	Biomechanical Analysis of Sports and Games-I	02.05.2019	2 p.m to 5 p.m
MK16402	Biomechanical Analysis of Sports and Games-II	03.05.2019	2 p.m to 5 p.m
MK16403	Kinanthropometry	03.05.2019	2 p.m to 5 p.m

M.Sc Sports Biomrechanics and Kinesiology - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PBM18CT101	Functional anatomy and physiology	26.04.2019	10 a.m to 1 p.m
PBM18CT102	Basic biomechanics	27.04.2019	10 a.m to 1 p.m
PBM18CT103	Dynamics of motor skill acquisition	29.04.2019	10 a.m to 1 p.m
PBM18DE001	Mathematics in biomechanics	30.04.2019	10 a.m to 1 p.m
PBM18DE002	Foundations of fitness and exercise prescription		
PBM18DE003	Sports Technology		
PBM18DE004	MATLAB		
PBM18AE101	Communicative skills	02.05.2019	10 a.m to 1 p.m

Second Semester			
Subject Code	Subject	Date	Time

PBM18CT201	Kinesiology	26.04.2019	2 p.m to 5 p.m
PBM18CT202	Biomechanical instrumentation and measurement	27.04.2019	2 p.m to 5 p.m
PBM18CT203	Palpation technique and kinanthropometry	29.04.2019	2 p.m to 5 p.m
PBM18DE005	Exercise and sports physiology	30.04.2019	2 p.m to 5 p.m
PBM18DE006	Psychology of sports performance		
PBM18DE007	Human posture and corrective exercise		
PBM18DE008	Modelling and simulation		
PBM18SE201	Fundamentals of information technology	02.05.2019	2 p.m to 5 p.m

M.Phil., Sports Psychology (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
MSP17101	Research Methodology and Statistics	26.04.2019	2 p.m to 5 p.m
MSP17102	Area of Specialization - Applied Sports Psychology	27.04.2019	2 p.m to 5 p.m

Second Semester			
Subject Code	Subject	Date	Time
MSP17201	Area of Dissertation	26.04.2019	10 a.m to 1 p.m
MSP17202	Computer Operations Communication & Educational skills	27.04.2019	10 a.m to 1 p.m

M.Phil., Sociology (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
MPS17101	Research Methodology and Statistics	26.04.2019	2 p.m to 5 p.m
MPS17102	Sociological Theories	27.04.2019	2 p.m to 5 p.m

Second Semester			
Subject Code	Subject	Date	Time
MPS17201	Area of Dissertation	26.04.2019	10 a.m to 1 p.m
MPS17202	Computer Operations Communication & Educational Skills	27.04.2019	10 a.m to 1 p.m

M.Sc., Psychology (2017 Onwards)			
Fourth Semester			
Subject Code	Subject	Date	Time
MP17401	School Psychology	26.04.2019	2 p.m to 5 p.m

M.Sc., in Sports Psychology (2017 Onwards)			
Fourth Semester			
Subject Code	Subject	Date	Time
MS17401	Counseling and Behavior Modification Techniques in S	26.04.2019	2 p.m to 5 p.m
M.Sc Sports Psychology - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PSP18CT101	Advanced general psychology	26.04.2019	2 p.m to 5 p.m
PSP18CT102	Principles of sports psychology	27.04.2019	2 p.m to 5 p.m
PSP18CT103	Research methodology	29.04.2019	2 p.m to 5 p.m
PSP18DE001	Sports in indian society		
PSP18DE002	Emotional intelligence		

PSP18DE003	Introduction to sports sociology	30.04.2019	2 p.m to 5 p.m
PSP18DE004	Psychometrics		
PSP18DE005	Motor learning and psychology of coaching		
PSP18DE006	Team cohesion and group dynamics		
PSP18DE007	Coping with stress		
PSP18DE008	Positive psychology		

Second Semester			
Subject Code	Subject	Date	Time
PSP18CT201	Psychological aspect of sports performance	26.04.2019	10 a.m to 1 p.m
PSP18CT202	Biological basis of behavior	27.04.2019	10 a.m to 1 p.m
PSP18CT203	Behavioral statistics	29.04.2019	10 a.m to 1 p.m
PSP18DE001	Sports in indian society	30.04.2019	10 a.m to 1 p.m
PSP18DE002	Emotional intelligence		
PSP18DE003	Introduction to sports sociology		
PSP18DE004	Psychometrics		
PSP18DE005	Motor learning and psychology of coaching		
PSP18DE006	Team cohesion and group dynamics		
PSP18DE007	Coping with stress		
PSP18DE008	Positive psychology		

M.B.A., Sports Management (2014 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
MSM101	Principles of Management	26.04.2019	2 p.m to 5 p.m

MSM102	Organizational Behavior	27.04.2019	2 p.m to 5 p.m
MSM103	Business Laws	29.04.2019	2 p.m to 5 p.m
MSM104	Managerial Economics	30.04.2019	2 p.m to 5 p.m
MSM105	Management Accounting	02.05.2019	2 p.m to 5 p.m
MSM106	Quantitative Methods in Business	03.05.2019	2 p.m to 5 p.m

Second Semester			
Subject Code	Subject	Date	Time
MSM201	Operations Management	26.04.2019	10 a.m to 1 p.m
MSM202	Marketing Management	27.04.2019	10 a.m to 1 p.m
MSM203	Financial Management	29.04.2019	10 a.m to 1 p.m
MSM204	Human Resource Management	30.04.2019	10 a.m to 1 p.m
MSM205	Operations Research	02.05.2019	10 a.m to 1 p.m
MSM206	Management information system	03.05.2019	10 a.m to 1 p.m

Third Semester			
Subject Code	Subject	Date	Time
MSM301	Total Quality Management	04.05.2019	2 p.m to 5 p.m
MSM302	Strategic Management	06.05.2019	2 p.m to 5 p.m
MSM303	Research Methods in Business	07.05.2019	2 p.m to 5 p.m
MSM304	Sports Organization and Administration	08.05.2019	2 p.m to 5 p.m
MSM305	Sports Management Principles and Practices	09.05.2019	2 p.m to 5 p.m
MSM306	Sports Marketing	10.05.2019	2 p.m to 5 p.m

Fourth Semester

Subject Code	Subject	Date	Time
MSM401	Sports Facility Management	04.05.2019	10 a.m to 1 p.m
MSM402	Sports Psychology and Sociology	06.05.2019	10 a.m to 1 p.m

M.B.A Sports Management - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PSM18CT101	Principles Of Management	26.04.2019	2 p.m to 5 p.m
PSM18CT102	Organizational Behaviour	27.04.2019	2 p.m to 5 p.m
PSM18CT103	Business Laws	29.04.2019	2 p.m to 5 p.m
PSM18CT104	Managerial Economics	30.04.2019	2 p.m to 5 p.m
PSM18CT105	Management Accounting	02.05.2019	2 p.m to 5 p.m
PSM18CT106	Quantitative Methods In Business	03.05.2019	2 p.m to 5 p.m
PSM18AE101	Business Communication	04.05.2019	2 p.m to 5 p.m

Second Semester			
Subject Code	Subject	Date	Time
PSM18CT201	Operations Management	26.04.2019	10 a.m to 1 p.m
PSM18CT202	Marketing Management	27.04.2019	10 a.m to 1 p.m
PSM18CT203	Financial Management	29.04.2019	10 a.m to 1 p.m
PSM18CT204	Human Resource Management	30.04.2019	10 a.m to 1 p.m
PSM18CT205	Operations Research	02.05.2019	10 a.m to 1 p.m
PSM18CT206	Management Information System	03.05.2019	10 a.m to 1 p.m

PSM18SE201	E-Commerce	04.05.2019	10 a.m to 1 p.m
BBA Sports Management - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
USM18CT101	Tamil - I / hindi - I	26.04.2019	10 a.m to 1 p.m
USM18CT102	English - I	27.04.2019	10 a.m to 1 p.m
USM18CT103	Principles of management	29.04.2019	10 a.m to 1 p.m
USM18CT104	Financial and management accounting	30.04.2019	10 a.m to 1 p.m
USM18CT105	Business economics	02.05.2019	10 a.m to 1 p.m

Second Semester			
Subject Code	Subject	Date	Time
USM18CT201	Tamil - II / hindi - II	26.04.2019	2 p.m to 5 p.m
USM18CT202	English - II	27.04.2019	2 p.m to 5 p.m
USM18CT203	Organizational behaviour	29.04.2019	2 p.m to 5 p.m
USM18CT204	Business environment	30.04.2019	2 p.m to 5 p.m
USM18CT205	Business mathematics and statistics	02.05.2019	2 p.m to 5 p.m

M.Tech., Sprots Technology (2014 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
MT101	Sensors, Measurement and Instrumentation in Sports Engineering	26.04.2019	10 a.m to 1 p.m
MT102	Sports Materials Engineering	27.04.2019	10 a.m to 1 p.m
MT103	Sports Engineering and Technology	29.04.2019	10 a.m to 1 p.m
MT104	Robotics and Artificial Intelligence	30.04.2019	10 a.m to 1 p.m

MT105	Aerodynamics in Sports	02.05.2019	10 a.m to 1 p.m
	Elective I	03.05.2019	10 a.m to 1 p.m

Second Semester			
Subject Code	Subject	Date	Time
MT201	Fundamentals of Games and Sports	26.04.2019	2 p.m to 5 p.m
MT202	Advanced Recording and Analysing Techniques in Sports Movements	27.04.2019	2 p.m to 5 p.m
MT203	Biomechanical Analysis of Sports skills	29.04.2019	2 p.m to 5 p.m
MT204	Principles and Design of Sports Turf	30.04.2019	2 p.m to 5 p.m
	Elective II	02.05.2019	2 p.m to 5 p.m
	Elective III -	03.05.2019	2 p.m to 5 p.m

Third Semester			
Subject Code	Subject	Date	Time
	Elective I -	04.05.2019	10 a.m to 1 p.m
	Elective II -	06.05.2019	10 a.m to 1 p.m
	Elective III -	07.05.2019	10 a.m to 1 p.m

M.Tech Sports Technology - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PST18CT101	Aerodynamics in sports	26.04.2019	2 p.m to 5 p.m
PST18CT102	Sports Materials Engineering and Design	27.04.2019	2 p.m to 5 p.m

PST18DE001	Sports Engineering and Technology	29.04.2019 & 30.04.2019	2 p.m to 5 p.m
PST18DE002	Robotics and artificial intelligence		
PST18DE003	Physiology of Sports and Exercise		
PST18DE004	Principles and design of sports turf		
PST18DE005	Race engine design for optimal performance		
PST18DE006	Sports Equipment Materials		
PST18DE007	Composites and Nano Materials in Sports Application		
PST18DE008	Software in Sports		
PST18DE009	Sports Psychology: Issues and Applications		
PST18DE010	Surveying And Construction Materials		
PST18DE011	Applied Biomaterials in Sports Technology		
PST18DE012	Commercialization of Sports		
PST18DE013	Sports Economics		
PST18DE014	Motor Sports Applications		
PST18DE015	Sports equipment materials		
PST18DE016	Applications of Statistics in Sports		
PST18DE017	Sports Materials Engineering		
PST18DE018	Race Car Vehicle Dynamics		
PST18DE019	Soil And Ground Improvement Techniques		
PST18AE101	Research Methodology and IPR	02.05.2019	2 p.m to 5 p.m

M.Tech Sports Technology - (2018 Onwards CBCS Syllabus)			
Second Semester			
Subject Code	Subject	Date	Time
PST18CT201	Sports Biomechanics	26.04.2019	10 a.m to 1 p.m

PST18CT202	Measurement and Instrumentation in sports	27.04.2019	10 a.m to 1 p.m
PST18DE001	Sports Engineering and Technology	29.04.2019 & 30.04.2019	10 a.m to 1 p.m
PST18DE002	Robotics and artificial intelligence		
PST18DE003	Physiology of Sports and Exercise		
PST18DE004	Principles and design of sports turf		
PST18DE005	Race engine design for optimal performance		
PST18DE006	Sports Equipment Materials		
PST18DE007	Composites and Nano Materials in Sports Application		
PST18DE008	Software in Sports		
PST18DE009	Sports Psychology: Issues and Applications		
PST18DE010	Surveying And Construction Materials		
PST18DE011	Applied Biomaterials in Sports Technology		
PST18DE012	Commercialization of Sports		
PST18DE013	Sports Economics		
PST18DE014	Motor Sports Applications		
PST18DE015	Sports equipment materials		
PST18DE016	Applications of Statistics in Sports		
PST18DE017	Sports Materials Engineering		
PST18DE018	Race Car Vehicle Dynamics		
PST18DE019	Soil And Ground Improvement Techniques		

B.Sc., Sports Coaching (2010 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
17101	Tamil - I / Hindi - I	26.04.2019	10 a.m to 1 p.m

17102	English - I	27.04.2019	10 a.m to 1 p.m
17103	Anatomy and Physiology	29.04.2019	10 a.m to 1 p.m
17104	History Origin and Development of Specified Sprots	30.04.2019	10 a.m to 1 p.m
17105	Allied Theories of Sports and Games Part - I	02.05.2019	10 a.m to 1 p.m

Second Semester			
Subject Code	Subject	Date	Time
17201	Tamil - II / Hindi - II	26.04.2019	2 p.m to 5 p.m
17202	English - II	27.04.2019	2 p.m to 5 p.m
17203	Science of Sports Training and Conditioning	29.04.2019	2 p.m to 5 p.m
17204	Rules Regulation and Techniques of Specified Sports/Games	30.04.2019	2 p.m to 5 p.m
17205	Allied theories of sports and Games Part - II	02.05.2019	2 p.m to 5 p.m

Third Semester			
Subject Code	Subject	Date	Time
17301	Tamil - III / Hindi - III	03.05.2019	10 a.m to 1 p.m
17302	English - III	04.05.2019	10 a.m to 1 p.m
17303	Sports Medicine and Nutrition	06.05.2019	10 a.m to 1 p.m
17304	Technique and Technical Development of Specified Sports/Game	07.05.2019	10 a.m to 1 p.m
17305	Allied theories of sprots and Games Part - III	08.05.2019	10 a.m to 1 p.m

Fourth Semester			
Subject Code	Subject	Date	Time

17401	Tamil - IV / Hindi - IV	03.05.2019	2 p.m to 5 p.m
17402	English - IV	04.05.2019	2 p.m to 5 p.m
17403	Sports Psychology and Sociology of Sport	06.05.2019	2 p.m to 5 p.m
17404	Tactics and Tactical Development of Specified Sports/Games	07.05.2019	2 p.m to 5 p.m
17405	Allied Theories of Sports and Games Part - IV	08.05.2019	2 p.m to 5 p.m

Fifth Semester			
Subject Code	Subject	Date	Time
17501	Kinesiology and Bio mechanics	09.05.2019	10 a.m to 1 p.m
17502	Anthropometry Sports Pedagogy and Talent Identification	10.05.2019	10 a.m to 1 p.m
17503	Personality Development and Communication Skills	11.05.2019	10 a.m to 1 p.m
17504	Specific Motor Qualities of Specified Sport /Game	13.05.2019	10 a.m to 1 p.m
17505	System of Play and Functional Training specified Sprots / Game	14.05.2019	10 a.m to 1 p.m

Sixth Semester			
Subject Code	Subject	Date	Time
17601	Fundamental of Sports Management	09.05.2019	2 p.m to 5 p.m
17602	Computer Application, Test and Measurment	10.05.2019	2 p.m to 5 p.m
17603	Philosophy of Sports Coaching	11.05.2019	2 p.m to 5 p.m
17604	Team Preparation for specific competitive sport/ Game	13.05.2019	2 p.m to 5 p.m
17605	Team Coaching and Match Analysis of Specified Sport/ Game	14.05.2019	2 p.m to 5 p.m

B.Sc., Sports Coaching (2016 Onwards)**First Semester**

Subject Code	Subject	Date	Time
BC16101	Tamil - I / Hindi - I	26.04.2019	10 a.m to 1 p.m
BC16102	English - I	27.04.2019	10 a.m to 1 p.m
BC16103	Anatomy and Physiology	29.04.2019	10 a.m to 1 p.m
BC16104	History Origin and Development of Specified Sports	30.04.2019	10 a.m to 1 p.m
BC16105	Allied Theories of Sports and Games Part - I	02.05.2019	10 a.m to 1 p.m

Second Semester

Subject Code	Subject	Date	Time
BC16201	Tamil – II / Hindi - II	26.04.2019	2 p.m to 5 p.m
BC16202	English - II	27.04.2019	2 p.m to 5 p.m
BC16203	Science of Sports Training and Conditioning – I	29.04.2019	2 p.m to 5 p.m
BC16204	Rules Regulation and Techniques of Specified Sports	30.04.2019	2 p.m to 5 p.m
BC16205	Allied theories sports and Games Part – II	02.05.2019	2 p.m to 5 p.m

Third Semester

Subject Code	Subject	Date	Time
BC16301	Tamil – III	03.05.2019	10 a.m to 1 p.m
BC16302	English – III	04.05.2019	10 a.m to 1 p.m
BC16303	Sports Medicine and Nutrition	06.05.2019	10 a.m to 1 p.m

BC16304	Technique and Technical Development of Specified Sports/ Games	07.05.2019	10 a.m to 1 p.m
BC16305	Allied theories sports and Games Part – III	08.05.2019	10 a.m to 1 p.m

Fourth Semester			
Subject Code	Subject	Date	Time
BC16401	Tamil - IV	03.05.2019	2 p.m to 5 p.m
BC16402	English - IV	04.05.2019	2 p.m to 5 p.m
BC16403	Sports Psychology and Sociology of Sport	06.05.2019	2 p.m to 5 p.m
BC16404	Tactics and Tactical Development of Specified Sport/Game	07.05.2019	2 p.m to 5 p.m
BC16405	Allied theories sports and Games Part – IV	08.05.2019	2 p.m to 5 p.m

Fifth Semester			
Subject Code	Subject	Date	Time
BC16501	Kinesiology and Bio Mechanics	09.05.2019	10 a.m to 1 p.m
BC16502	Anthropometry Sports Pedagogy and Talent Identification	10.05.2019	10 a.m to 1 p.m
BC16503	Personality Development and Communication Skills	11.05.2019	10 a.m to 1 p.m
BC16504	Specific Motor qualities, System of play and functional training	13.05.2019	10 a.m to 1 p.m
BC16505	Pedagogic competition	14.05.2019	10 a.m to 1 p.m

Sixth Semester			
Subject Code	Subject	Date	Time
BC16601	Fundamentals of Sports Management	09.05.2019	2 p.m to 5 p.m

BC16602	Computer Application, Test and Measurement	10.05.2019	2 p.m to 5 p.m
BC16603	Philosophy of Sports Coaching	11.05.2019	2 p.m to 5 p.m
BC16604	Team Preparation for specific competitive Sport/Game	13.05.2019	2 p.m to 5 p.m
BC16605	Team Coaching and Match Analysis of Specified Sport/Game	14.05.2019	2 p.m to 5 p.m

B.Sc., Sports Coaching (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
BC17101	Tamil - I / Hindi - I / Special English	26.04.2019	10 a.m to 1 p.m
BC17102	English - I	27.04.2019	10 a.m to 1 p.m
BC17103	Anatomy and Physiology	29.04.2019	10 a.m to 1 p.m
BC17104	History and Administration of Specified Sports/Game	30.04.2019	10 a.m to 1 p.m

Second Semester			
Subject Code	Subject	Date	Time
BC17201	Tamil - II / Hindi - II / Special English	26.04.2019	2 p.m to 5 p.m
BC17202	English - II	27.04.2019	2 p.m to 5 p.m
BC17203	Science of Sports Training	29.04.2019	2 p.m to 5 p.m
BC17204	Rules and Regulation of Specified Sport/Game	30.04.2019	2 p.m to 5 p.m

Third Semester			
Subject Code	Subject	Date	Time
BC17301A	Tamil - III	02.05.2019	10 a.m to 1 p.m
BC17301B	Hindi - III		
BC17301C	Special English - III		

BC17302	English - III	03.05.2019	10 a.m to 1 p.m
BC17303	Sports Medicine and Nutrition	04.05.2019	10 a.m to 1 p.m
BC17304	Techniques and Technical Training of Specified Sports/Game	06.05.2019	10 a.m to 1 p.m

Fourth Semester

Subject Code	Subject	Date	Time
BC17401A	Tamil – IV	02.05.2019	2 p.m to 5 p.m
BC17401B	Hindi- IV		
BC17401C	Special English – IV		
BC17402	English – IV	03.05.2019	2 p.m to 5 p.m
BC17403	Sports Psychology and Sociology of Sport	04.05.2019	2 p.m to 5 p.m
BC17404	Tactics and tactical development of specified Sport/game	06.05.2019	2 p.m to 5 p.m

B.Sc Sports Coaching - (2018 Onwards CBCS Syllabus)

First Semester

Subject Code	Subject	Date	Time
USC18CT101	Tamil - I	26.04.2019	10 a.m to 1 p.m
USC18CT102	English - I	27.04.2019	10 a.m to 1 p.m
USC18CT103	Anatomy and physiology	29.04.2019	10 a.m to 1 p.m
USC18CT104	History and administration of sport/game	30.04.2019	10 a.m to 1 p.m
USC18DE001	Strength and conditioning	02.05.2019	10 a.m to 1 p.m
USC18DE002	Women in olympic movement		
USC18DE003	Talent identification		

USC18DE004	Project event management	02.05.2019	10 a.m to 1 p.m
USC18DE005	Sports communication		
USC18DE006	Onfield sports injury management		

Second Semester			
Subject Code	Subject	Date	Time
USC18CT201	Tamil - II	26.04.2019	2 p.m to 5 p.m
USC18CT202	English - II	27.04.2019	2 p.m to 5 p.m
USC18CT203	Science of sports training	29.04.2019	2 p.m to 5 p.m
USC18CT204	Rules and regulation of sport/game	30.04.2019	2 p.m to 5 p.m
USC18DE001	Strength and conditioning	02.05.2019	2 p.m to 5 p.m
USC18DE002	Women in olympic movement		
USC18DE003	Talent identification		
USC18DE004	Project event management		
USC18DE005	Sports communication		
USC18DE006	Onfield sports injury management		



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்
TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
 (Estd. by the Govt. of Tamil Nadu Under Act No.9 of 2005. A State Govt. University)
Accredited with "B++" Grade by NAAC
 Vandalur-Kelambakkam Road, Melakottaiyur Post, Chennai – 600 127.

REGULAR EXAMINATIONS TENTATIVE TIME TABLE - APRIL 2020

M.Phil., Physical Education - (2015 Onwards)

First Semester

Subject Code	Subject	Date	Time
MPE101	Research Methodology and statistics in Physical Education	09.05.2020	10 am to 1 pm
MPE102A	Specialization Science of Sports Training and Coaching	11.05.2020	10 am to 1 pm
MPE102B	Specialization - Applied Yoga		
MPE102C	Specialization - Sports Medicine		
MPE102D	Specialization - Exercise Physiology and Nutrition		
MPE102E	Specialization - Sports Psychology		
MPE102F	Specialization - Sports Sociology		
MPE102G	Specialization - Sports Management		
MPE102H	Specialization - Sports Biomechanics		
MPE102I	Specialization - Sports Technology		
MPE102J	Specialization - Test, Measurement and Evaluation		
MPE102K	Specialization - Fitness and Wellness		

Second Semester

Subject Code	Subject	Date	Time
MPE201A	Area of Dissertation - Experimental Study	09.05.2020	2 pm to 5 pm
MPE201B	Area of Dissertation - Comparative Study		
MPE201C	Area of Dissertation - Relationship and Prediction Studies		
MPE201D	Area of Dissertation - Case Study		
MPE201E	Area of Dissertation - Survey Study		
MPE201F	Area of Dissertation - Descriptive Study		
MPE202	Computer Operations, Communications and Educational Skills	11.05.2020	2 pm to 5 pm

M.P.Ed., (2015 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
M15101	Research Process in Physical Educaiton and Sports Sciences	27.04.2020	10 am to 1 pm
M15102	Test, Measurement and Evaluation in Physical Education	28.04.2020	10 am to 1 pm
M15103	Yogic Sciences	29.04.2020	10 am to 1 pm
M15104A	Physical Fitness and Wellness	30.04.2020	10 am to 1 pm
M15104B	Sports Technology		

Second Semester			
Subject Code	Subject	Date	Time
M15201	Applied Statistics in Physical Education and Sports	27.04.2020	2 pm to 5 pm
M15202	Sports Biomechanics and Kinesiology	28.04.2020	2 pm to 5 pm
M15203	Sports Psychology and Sociology	29.04.2020	2 pm to 5 pm
M15204A	Sports Journalism and Mass Media	30.04.2020	2 pm to 5 pm
M15204B	Health Education and Sports Nutrition		

Third Semester			
Subject Code	Subject	Date	Time
M15301	Sports Medicine, Athletic Care and Rehabilitation	02.05.2020	10 am to 1 pm
M15302	Physiology of Exercise	04.05.2020	10 am to 1 pm
M15303	Scientific Principles of Sports Training	05.05.2020	10 am to 1 pm
M15304A	Sports Engineering	06.05.2020	10 am to 1 pm
M15304B	Professional Preparation for SLET/NET		

Fourth Semester			
Subject Code	Subject	Date	Time
M15401	Theory - Information and Communication Technology (ICT) in Physical Education	02.05.2020	2 pm to 5 pm
M15402	Theory - Sports Management and Curriculum Design in Physical Education	04.05.2020	2 pm to 5 pm
M15404A	Theory - Value and Environmental Education	05.05.2020	2 pm to 5 pm
M15404B	Theory - Educational Technology in Physical Education		

B.P.Ed., (2015 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
B15101	History, Principles and Foundation of Physical Education	27.04.2020	10 am to 1 pm
B15102	Anatomy, Physiology and Health Education	28.04.2020	10 am to 1 pm
B15103	Yoga Education	29.04.2020	10 am to 1 pm
B15104A	Olympic Movement	30.04.2020	10 am to 1 pm
B15104B	Environmental and Gender Studies		

Second Semester			
Subject Code	Subject	Date	Time
B15201	Sports Training	27.04.2020	2 pm to 5 pm
B15202	Organization, Administration and Methods in Physical Education	28.04.2020	2 pm to 5 pm
B15203	Theories of Sports and Games, Coaching and Officiating - Part I	29.04.2020	2 pm to 5 pm
B15204A	Education Technology and Computer Application in Physical Education	30.04.2020	2 pm to 5 pm
B15204B	Disability and Inclusive Education		

Third Semester			
Subject Code	Subject	Date	Time
B15301	Measurement and Evaluation in Physical Education	02.05.2020	10 am to 1 pm
B15302	Research and Statistics in Physical Education	04.05.2020	10 am to 1 pm
B15303	Sports Psychology and Sociology	05.05.2020	10 am to 1 pm
B15304A	Sports Nutrition and Weight Management	06.05.2020	10 am to 1 pm
B15304B	Contemporary Issues in Physical Education, Fitness and Wellness		

Fourth Semester			
Subject Code	Subject	Date	Time
B15401	Theories of Sports and Games, Coaching and Officiating - Part II	02.05.2020	2 pm to 5 pm
B15402	Kinesiology and Biomechanics	04.05.2020	2 pm to 5 pm
B15403	Sports Management, Recreation and Camping	05.05.2020	2 pm to 5 pm
B15404A	Sports Medicine, Physiotherapy and Rehabilitation	06.05.2020	2 pm to 5 pm

Bachelor of Physical Education - (2018 Onwards CBCS Syllabus)

First Semester

Subject Code	Subject	Date	Time
UPE18CT101	History, Principles And Foundation Of Physical Education	27.04.2020	10 am to 1 pm
UPE18CT102	Anatomy And Physiology And Health Education	28.04.2020	10 am to 1 pm
UPE18CT103	Yoga Education	29.04.2020	10 am to 1 pm
UPE18DE001	Olympic Movement	30.04.2020	10 am to 1 pm
UPE18DE002	Gender Studies		
UPE18DE003	Sports Medicine, Physiotherapy And Rehabilitation		
UPE18DE004	Contemporary Issues In Physical Education, Fitness And Wellness		

Second Semester

Subject Code	Subject	Date	Time
UPE18CT201	Sports Training	27.04.2020	2 pm to 5 pm
UPE18CT202	Organization ,Administration And Methods In Physical Education	28.04.2020	2 pm to 5 pm
UPE18CT203	Theories Of Sports And Games, Coaching And Officiating- Part I	29.04.2020	2 pm to 5 pm
UPE18DE005	Educational Technology And Computer Application In Physical Education	30.04.2020	2 pm to 5 pm
UPE18DE006	Sports Nutrition And Weight Management		
UPE18DE007	Disability And Inclusive Education		
UPE18DE008	Research Project		

Third Semester

Subject Code	Subject	Date	Time
UPE18CT301	Measurement And Evaluation In Physical Education	02.05.2020	10 am to 1 pm
UPE18CT302	Research And Statistics In Physical Education	04.05.2020	10 am to 1 pm
UPE18CT303	Sports Management And Recreation And Camping	05.05.2020	10 am to 1 pm
UPE18DE001	Olympic Movement	06.05.2020	10 am to 1 pm
UPE18DE002	Gender Studies		
UPE18DE003	Sports Medicine, Physiotherapy And Rehabilitation		
UPE18DE004	Contemporary Issues In Physical Education, Fitness And Wellness		
UPE18GE301	Generic Elective	07.05.2020	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time
UPE18CT401	Theories Of Sports And Games, Coaching And Officiating- Part Ii	02.05.2020	2 pm to 5 pm
UPE18CT402	Kinesiology And Biomechanics	04.05.2020	2 pm to 5 pm
UPE18CT403	Sports Psychology And Sociology	05.05.2020	2 pm to 5 pm
UPE18DE005	Educational Technology And Computer Application In Physical Education	06.05.2020	2 pm to 5 pm
UPE18DE006	Sports Nutrition And Weight Management		
UPE18DE007	Disability And Inclusive Education		
UPE18DE008	Research Project		

Master of Physical Education - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PPE18CT101	Research Process In Physical Education And Sports Sciences	27.04.2020	10 am to 1 pm
PPE18CT102	Yogic Sciences	28.04.2020	10 am to 1 pm
PPE18CT103	Tests, Measurement And Evaluation In Physical Education	29.04.2020	10 am to 1 pm
PPE18DE001	Physical Fitness And Wellness	30.04.2020	10 am to 1 pm
PPE18DE002	Sports Technology		
PPE18DE003	Sports Engineering		
PPE18DE004	Professional Preparation For Slet/Net In Physical Education		

Second Semester			
Subject Code	Subject	Date	Time
PPE18CT201	Applied Statistics In Physical Education And Sports	27.04.2020	2 pm to 5 pm
PPE18CT202	Sports Biomechanics And Kinesiology	28.04.2020	2 pm to 5 pm
PPE18CT203	Sports Psychology And Sociology	29.04.2020	2 pm to 5 pm
PPE18DE005	Sports Journalism And Mass Media	30.04.2020	2 pm to 5 pm
PPE18DE006	Health Education And Sports Nutrition		
PPE18DE007	Value And Environmental Education		
PPE18DE008	Educational Technology In Physical Education		

Third Semester			
Subject Code	Subject	Date	Time
PPE18CT301	Sports Medicine, Athletic Care And Rehabilitation	02.05.2020	10 am to 1 pm
PPE18CT302	Physiology Of Exercise	04.05.2020	10 am to 1 pm
PPE18CT303	Scientific Principles Of Sports Training	05.05.2020	10 am to 1 pm
PPE18DE001	Physical Fitness And Wellness	06.05.2020	10 am to 1 pm
PPE18DE002	Sports Technology		
PPE18DE003	Sports Engineering		
PPE18DE004	Professional Preparation For Slet/Net In Physical Education		
PPE18GE301	Generic Elective	07.05.2020	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time
PPE18CT401	Information And Communication Technology (Ict) In Physical Education	02.05.2020	2 pm to 5 pm
PPE18CT402	Sports Management And Curriculum Design In Physical Education	04.05.2020	2 pm to 5 pm
PPE18DE005	Sports Journalism And Mass Media	05.05.2020	2 pm to 5 pm
PPE18DE006	Health Education And Sports Nutrition		2 pm to 5 pm
PPE18DE007	Value And Environmental Education		2 pm to 5 pm
PPE18DE008	Educational Technology In Physical Education		2 pm to 5 pm

B.P.E.S (2016 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
BS16101	Tamil – I	27.04.2020	2 pm to 5 pm
BS16102	English –I	28.04.2020	2 pm to 5 pm
BS16103	General Knowledge and History of Physical Education	29.04.2020	2 pm to 5 pm
BS16104	Rules of Games and Sports-Part I (Basketball, Badminton, Kabaddi, Softball)	30.04.2020	2 pm to 5 pm

Second Semester			
Subject Code	Subject	Date	Time
BS16201	Tamil – II	27.04.2020	10 am to 1 pm
BS16202	English –II	28.04.2020	10 am to 1 pm
BS16203	Anatomy and Physiology	29.04.2020	10 am to 1 pm
BS16204	Rules of Games and Sports-Part II (Volleyball, Table Tennis, Swimming, Throwball, Kho-Kho)	30.04.2020	10 am to 1 pm

Third Semester			
Subject Code	Subject	Date	Time
BS16301	Tamil - III	04.05.2020	2 pm to 5 pm
BS16302	English -III	05.05.2020	2 pm to 5 pm
BS16303	Health and Safety Education	06.05.2020	2 pm to 5 pm
BS16304	Rules of Games and Sports-Part III (Track and Field and Cross Country)	07.05.2020	2 pm to 5 pm

Fourth Semester			
Subject Code	Subject	Date	Time
BS16401	Tamil – IV	04.05.2020	10 am to 1 pm
BS16402	English –IV	05.05.2020	10 am to 1 pm
BS16403	Methods in Physical Education	06.05.2020	10 am to 1 pm
BS16404	Rules of Games and Sports-Part IV (Tennis, Ball Badminton, Football, Gymnastics)	07.05.2020	10 am to 1 pm

Fifth Semester			
Subject Code	Subject	Date	Time
BS16501	Science of Yoga	08.05.2020	2 pm to 5 pm
BS16502	Care and Prevention of Sports Trauma	09.05.2020	2 pm to 5 pm
BS16503	Kinesiology and Biomechanics	11.05.2020	2 pm to 5 pm
BS16504	Educational Psychology and Sports Journalism	12.05.2020	2 pm to 5 pm

Sixth Semester			
Subject Code	Subject	Date	Time
BS16601	Exercise Physiology and Nutrition	08.05.2020	10 am to 1 pm
BS16602	Test, Measurement and Evaluation	09.05.2020	10 am to 1 pm
BS16603	Scientific Principles of Sports Training	11.05.2020	10 am to 1 pm
BS16604	Rules of Games and Sports-Part V	12.05.2020	10 am to 1 pm

M.Phil., Yoga - (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
PY17101	Research Methodology and Applied Statistics in Yoga	09.05.2020	10 am to 1 pm
PY17102A	Area of Specialization - Applied Yoga	11.05.2020	10 am to 1 pm
PY17102B	Area of Specialization - Yoga Therapy		

M.Phil., Yoga (2017 Onwards)			
Second Semester			
Subject Code	Subject	Date	Time
PY17201	Area of Dissertation	09.05.2020	2 pm to 5 pm
PY17202	Computer Operations, Communications and Educational Skills	11.05.2020	2 pm to 5 pm

M.Sc., in Yoga (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
MY17101	Fundamentals of Yoga Education	30.04.2020	2 pm to 5 pm
MY17102	Applied Anatomy and Physiology	02.05.2020	2 pm to 5 pm
MY17103	Methods of Yogic Practices - I	04.05.2020	2 pm to 5 pm
MY17104A	Health, Fitness, Wellness, Nutrition and Yogic Diet	05.05.2020	2 pm to 5 pm

Second Semester			
Subject Code	Subject	Date	Time
MY17201	Methodology of Teaching Yoga	30.04.2020	10 am to 1 pm
MY17202	Yoga and Psychology	02.05.2020	10 am to 1 pm
MY17203	Methods of Yogic Practices - II	04.05.2020	10 am to 1 pm
MY17204A	Yoga Therapy	05.05.2020	10 am to 1 pm
MY17204B	Environmental Studies		

Third Semester			
Subject Code	Subject	Date	Time
MY17301	Basic and Hatha Yoga Texts	08.05.2020	2 pm to 5 pm
MY17302	Research Processes and Statistics in Yoga	09.05.2020	2 pm to 5 pm
MY17303	Methods of Yogic Practices-III	11.05.2020	2 pm to 5 pm
MY17304A	Computer Applications in Yoga	12.05.2020	2 pm to 5 pm
MY17304B	Human Rights and Women Studies		

Fourth Semester			
Subject Code	Subject	Date	Time
MY17401	Patanjali's Yoga sutras and Tirumoolar's Thirumandiram	08.05.2020	10 am to 1 pm
MY17402	Indian Traditional System of Medicine & Therapies	09.05.2020	10 am to 1 pm
MY17403	Methods of Yogic Practices-IV	11.05.2020	10 am to 1 pm

P.G Diploma in Yoga (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
GY17101	Fundamentals of Yoga Education	30.04.2020	2 pm to 5 pm
GY17102	Applied Anatomy and Physiology	02.05.2020	2 pm to 5 pm
GY17103	Methods of Yogic Practices - I	04.05.2020	2 pm to 5 pm
GY17104A	Health, Fitness, Wellness, Nutrition and Yogic Diet	05.05.2020	2 pm to 5 pm

Second Semester			
Subject Code	Subject	Date	Time
GY17201	Methodology of Teaching Yoga	30.04.2020	10 am to 1 pm
GY17202	Yoga and Psychology	02.05.2020	10 am to 1 pm
GY17203	Methods of Yogic Practices – II	04.05.2020	10 am to 1 pm
GY17204A	Yoga Therapy	05.05.2020	10 am to 1 pm
GY17204B	Environmental Studies		

Diploma in Yoga (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
DY17101	Applied Yoga	30.04.2020	2 pm to 5 pm
DY17102	Yoga Therapy	02.05.2020	2 pm to 5 pm
DY17103	Methods of Yogic Practices	04.05.2020	2 pm to 5 pm

Certificate in Yoga (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
CY17101	Applied Yoga	30.04.2020	2 pm to 5 pm
CY17102	Methods of Yogic Practices	02.05.2020	2 pm to 5 pm

B.Sc., in Yoga (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
BY17101	Tamil I	27.04.2020	2 pm to 5 pm
BY17102	English I	28.04.2020	2 pm to 5 pm
BY17103	Fundamentals of Yoga	29.04.2020	2 pm to 5 pm
BY17104	Scientific Basis of Yoga	30.04.2020	2 pm to 5 pm
BY17105	Methods of Yogic Practices - I	02.05.2020	2 pm to 5 pm

Second Semester			
Subject Code	Subject	Date	Time
BY17201	Tamil II	27.04.2020	10 am to 1 pm
BY17202	English II	28.04.2020	10 am to 1 pm
BY17203	Texts of Yoga	29.04.2020	10 am to 1 pm
BY17204	Methods of Yogic Practices - II	30.04.2020	10 am to 1 pm
BY17205A	Health, Fitness, Wellness, Diet and Nutrition	02.05.2020	10 am to 1 pm
BY17205B	Personality Development and Communication Skills		

Third Semester			
Subject Code	Subject	Date	Time
BY17301	Tamil III	04.05.2020	2 pm to 5 pm
BY17302	English III	05.05.2020	2 pm to 5 pm
BY17303	Tirumoolars Tirumandiram	06.05.2020	2 pm to 5 pm
BY17304	Methods of Yogic Practices III	07.05.2020	2 pm to 5 pm
BY17305A	Computer Applications in Yoga	08.05.2020	2 pm to 5 pm
BY17305B	Environmental Studies		

Fourth Semester			
Subject Code	Subject	Date	Time
BY17401	Tamil IV	04.05.2020	10 am to 1 pm
BY17402	English IV	05.05.2020	10 am to 1 pm
BY17403	Patanjali's Yoga Sutras	06.05.2020	10 am to 1 pm
BY17404	Methodology of Teaching Yoga	07.05.2020	10 am to 1 pm
BY17405	Methods of Yogic Practices-IV	08.05.2020	10 am to 1 pm

Fifth Semester			
Subject Code	Subject	Date	Time
BY17501	Yoga and Psychology	09.05.2020	2 pm to 5 pm
BY17502	An Introudction to Indian Traditional Systems of Medicine & Therapies	11.05.2020	2 pm to 5 pm
BY17503	Methods of Yogic practices V	12.05.2020	2 pm to 5 pm

Sixth Semester			
Subject Code	Subject	Date	Time
BY17601	Yoga Therapy	09.05.2020	10 am to 1 pm
BY17602	Methods of Yogic Practices-VI	11.05.2020	10 am to 1 pm

M.Sc Yoga - (2018 Onwards CBCS Syllabus)**First Semester**

Subject Code	Subject	Date	Time
PYO18CT101	Fundamentals of yoga	30.04.2020	2 pm to 5 pm
PYO18CT102	Anatomy and physiology	02.05.2020	2 pm to 5 pm
PYO18CT103	Methods of yogic practices	04.05.2020	2 pm to 5 pm
PYO18DE001	Yoga and health	05.05.2020	2 pm to 5 pm
PYO18DE002	Yoga and nutrition		
PYO18DE003	Yoga in education		
PYO18DE004	Yoga and wellness		
PYO18DE005	Methods of naturopathy		
PYO18DE006	Tirumoolars thirumanthiram		
PYO18DE007	Yogic diet		
PYO18DE008	Statistics in yoga		
PYO18AE101	Communication skills	06.05.2020	2 pm to 5 pm

Second Semester

Subject Code	Subject	Date	Time
PYO18CT201	Yoga and psychology	30.04.2020	10 am to 1 pm
PYO18CT202	Methodology of teaching yoga	02.05.2020	10 am to 1 pm
PYO18CT203	Basic yoga texts	04.05.2020	10 am to 1 pm
PYO18DE001	Yoga and health	05.05.2020	10 am to 1 pm
PYO18DE002	Yoga and nutrition		
PYO18DE003	Yoga in education		
PYO18DE004	Yoga and wellness		
PYO18DE005	Methods of naturopathy		
PYO18DE006	Tirumoolars thirumanthiram		
PYO18DE007	Yogic diet		
PYO18DE008	Statistics in yoga		
PYO18GE201	Generic Elective	06.05.2020	10 am to 1 pm
PYO18SE201	Computer Applications	07.05.2020	10 am to 1 pm

Third Semester			
Subject Code	Subject	Date	Time
PYO18CT301	Yoga therapy	08.05.2020	2 pm to 5 pm
PYO18CT302	Hatha yoga texts	09.05.2020	2 pm to 5 pm
PYO18CT303	Traditional systems of medicine and therapies	11.05.2020	2 pm to 5 pm
PYO18DE001	Yoga and health	12.05.2020	2 pm to 5 pm
PYO18DE002	Yoga and nutrition		
PYO18DE003	Yoga in education		
PYO18DE004	Yoga and wellness		
PYO18DE005	Methods of naturopathy		
PYO18DE006	Tirumoolars thirumanthiram		
PYO18DE007	Yogic diet		
PYO18DE008	Statistics in yoga		
PYO18GE301	Generic Elective	13.05.2020	2 pm to 5 pm
PYO18AE301	Personality Development	14.05.2020	2 pm to 5 pm

Fourth Semester			
Subject Code	Subject	Date	Time
PYO18CT401	Research processes in yoga	08.05.2020	10 am to 1 pm
PYO18CT402	Yoga sutras	09.05.2020	10 am to 1 pm
PYO18DE001	Yoga and health	11.05.2020	10 am to 1 pm
PYO18DE002	Yoga and nutrition		
PYO18DE003	Yoga in education		
PYO18DE004	Yoga and wellness		
PYO18DE005	Methods of naturopathy		
PYO18DE006	Tirumoolars thirumanthiram		
PYO18DE007	Yogic diet		
PYO18DE008	Statistics in yoga		
PYO18SE401	Environmental studies	12.05.2020	10 am to 1 pm

M.Sc Yoga Therapy - (2018 Onwards CBCS Syllabus)**First Semester**

Subject Code	Subject	Date	Time
PYT18CT101	Fundamentals of yoga therapy	30.04.2020	2 pm to 5 pm
PYT18CT102	Functional anatomy and physiology	02.05.2020	2 pm to 5 pm
PYT18CT103	Basic principles of yoga therapy	04.05.2020	2 pm to 5 pm
PYT18DE001	Health and yoga therapy	05.05.2020	2 pm to 5 pm
PYT18DE002	Nutrition and yoga therapy		
PYT18DE003	Methods of teaching yoga therapy		
PYT18DE004	Wellness and yoga therapy		
PYT18DE005	Methods of naturopathy		
PYT18DE006	Tirumoolars thirumanthiram in yoga therapy		
PYT18DE007	Applied yoga		
PYT18DE008	Statistics in yoga therapy		
PYT18AE101	Communication skills	06.05.2020	2 pm to 5 pm

Second Semester

Subject Code	Subject	Date	Time
PYT18CT201	Yoga Therapy and Psychology	30.04.2020	10 am to 1 pm
PYT18CT202	Physical Examination Methods of Yoga Therapy	02.05.2020	10 am to 1 pm
PYT18CT203	Methodology in yoga therapy	04.05.2020	10 am to 1 pm
PYT18DE001	Health and yoga therapy	05.05.2020	10 am to 1 pm
PYT18DE002	Nutrition and yoga therapy		
PYT18DE003	Methods of teaching yoga therapy		
PYT18DE004	Wellness and yoga therapy		
PYT18DE005	Methods of naturopathy		
PYT18DE006	Tirumoolars thirumanthiram in yoga therapy		
PYT18DE007	Applied yoga		
PYT18DE008	Statistics in yoga therapy		
PYT18GE201	Generic Elective	06.05.2020	10 am to 1 pm
PYT18SE201	Computer Applications	07.05.2020	10 am to 1 pm

Third Semester			
Subject Code	Subject	Date	Time
PYT18CT301	Texts in Yoga Therapy	08.05.2020	2 pm to 5 pm
PYT18CT302	Pathology Ailments and Yoga Therapy	09.05.2020	2 pm to 5 pm
PYT18CT303	Traditional Indian System of Medicine and Therapies	11.05.2020	2 pm to 5 pm
PYT18DE001	Health and yoga therapy	12.05.2020	2 pm to 5 pm
PYT18DE002	Nutrition and yoga therapy		
PYT18DE003	Methods of teaching toga therapy		
PYT18DE004	Wellness and yoga therapy		
PYT18DE005	Methods of naturopathy		
PYT18DE006	Tirumoolars thirumanthiram in yoga therapy		
PYT18DE007	Applied yoga		
PYT18DE008	Statistics in yoga therapy		
PYT18GE301	Generic Elective	13.05.2020	2 pm to 5 pm
PYT18AE301	Personality Development	14.05.2020	2 pm to 5 pm

Fourth Semester			
Subject Code	Subject	Date	Time
PYT18CT401	Research processes in yoga therapy	08.05.2020	10 am to 1 pm
PYT18CT402	Yoga therapy in yoga sutras	09.05.2020	10 am to 1 pm
PYT18DE001	Health and yoga therapy	11.05.2020	10 am to 1 pm
PYT18DE002	Nutrition and yoga therapy		
PYT18DE003	Methods of teaching toga therapy		
PYT18DE004	Wellness and yoga therapy		
PYT18DE005	Methods of naturopathy		
PYT18DE006	Tirumoolars thirumanthiram in yoga therapy		
PYT18DE007	Applied yoga		
PYT18DE008	Statistics in yoga therapy		
PYT18SE401	Environmental studies	12.05.2020	10 am to 1 pm

M.Sc Yoga for Human Excellence - (2018 Onwards CBCS Syllabus)

First Semester

Subject Code	Subject	Date	Time
PYH18CT101	Applied yoga	30.04.2020	2 pm to 5 pm
PYH18CT102	Yoga of body and mind	02.05.2020	2 pm to 5 pm
PYH18CT103	Elements of human biology	04.05.2020	2 pm to 5 pm
PYH18DE001	Yogic diet	05.05.2020	2 pm to 5 pm
PYH18DE002	Methods of naturopathy		
PYH18DE003	Tirumoolars thirumanthiram		
PYH18DE004	Conceptsof mind		
PYH18DE005	Hatha yoga texts		
PYH18DE006	Yoga in education		
PYH18DE007	World peace plans		
PYH18DE008	Statistics in yoga for human excellence		
PYH18AE101	Communication skills	06.05.2020	2 pm to 5 pm

Second Semester

Subject Code	Subject	Date	Time
PYH18CT201	Yoga of sublimation and social welfare	30.04.2020	10 am to 1 pm
PYH18CT202	Methodology of teaching sky yoga	02.05.2020	10 am to 1 pm
PYH18CT203	Basic yoga texts	04.05.2020	10 am to 1 pm
PYH18DE001	Yogic diet	05.05.2020	10 am to 1 pm
PYH18DE002	Methods of naturopathy		
PYH18DE003	Tirumoolars thirumanthiram		
PYH18DE004	Conceptsof mind		
PYH18DE005	Hatha yoga texts		
PYH18DE006	Yoga in education		
PYH18DE007	World peace plans		
PYH18DE008	Statistics in yoga for human excellence		
PYH18GE201	Generic Elective	06.05.2020	10 am to 1 pm
PYH18SE201	Computer Applications	07.05.2020	10 am to 1 pm

Third Semester			
Subject Code	Subject	Date	Time
PYH18CT301	Yogic science of energy and consciousness	08.05.2020	2 pm to 5 pm
PYH18CT302	World community life	09.05.2020	2 pm to 5 pm
PYH18CT303	Indian traditional system of medicine and therapies	11.05.2020	2 pm to 5 pm
PYH18DE001	Yogic diet	12.05.2020	2 pm to 5 pm
PYH18DE002	Methods of naturopathy		
PYH18DE003	Tirumoolars thirumanthiram		
PYH18DE004	Conceptsof mind		
PYH18DE005	Hatha yoga texts		
PYH18DE006	Yoga in education		
PYH18DE007	World peace plans		
PYH18DE008	Statistics in yoga for human excellence		
PYH18GE301	Generic Elective	13.05.2020	2 pm to 5 pm
PYH18AE301	Personality Development	14.05.2020	2 pm to 5 pm

Fourth Semester			
Subject Code	Subject	Date	Time
PYH18CT401	Research processes in yoga for human excellence	08.05.2020	10 am to 1 pm
PYH18CT402	Yoga sutras	09.05.2020	10 am to 1 pm
PYH18DE001	Yogic diet	11.05.2020	10 am to 1 pm
PYH18DE002	Methods of naturopathy		
PYH18DE003	Tirumoolars thirumanthiram		
PYH18DE004	Conceptsof mind		
PYH18DE005	Hatha yoga texts		
PYH18DE006	Yoga in education		
PYH18DE007	World peace plans		
PYH18DE008	Statistics in yoga for human excellence		
PYH18SE401	Environmental studies	12.05.2020	10 am to 1 pm

B.Sc Yoga - (2018 Onwards CBCS Syllabus)**First Semester**

Subject Code	Subject	Date	Time
UYO18CT101	Tamil - I	27.04.2020	2 pm to 5 pm
UYO18CT102	English - I	28.04.2020	2 pm to 5 pm
UYO18CT103	Fundamentals of yoga	29.04.2020	2 pm to 5 pm
UYO18AE101	Communication skills	30.04.2020	2 pm to 5 pm

Second Semester

Subject Code	Subject	Date	Time
UYO18CT201	Tamil - II	27.04.2020	10 am to 1 pm
UYO18CT202	English - II	28.04.2020	10 am to 1 pm
UYO18CT203	Anatomy and physiology	29.04.2020	10 am to 1 pm
UYO18AE201	Environmental studies	30.04.2020	10 am to 1 pm

Third Semester

Subject Code	Subject	Date	Time
UYO18CT301	Tamil - III	04.05.2020	2 pm to 5 pm
UYO18CT302	English - III	05.05.2020	2 pm to 5 pm
UYO18CT303	Basics Text In Yoga	06.05.2020	2 pm to 5 pm
UYO18SE301	Computer Applications In Yoga - I	07.05.2020	2 pm to 5 pm

Fourth Semester

Subject Code	Subject	Date	Time
UYO18CT401	Tamil - IV	04.05.2020	10 am to 1 pm
UYO18CT402	English - IV	05.05.2020	10 am to 1 pm
UYO18CT403	Methodology of teaching yoga	06.05.2020	10 am to 1 pm
UYO18SE401	Computer applications in yoga - II	07.05.2020	10 am to 1 pm

B.Sc Yoga for Human Excellence - (2018 Onwards CBCS Syllabus)**First Semester**

Subject Code	Subject	Date	Time
UYH18CT101	Tamil - I	27.04.2020	2 pm to 5 pm
UYH18CT102	English - I	28.04.2020	2 pm to 5 pm
UYH18CT103	Yoga of body and mind	29.04.2020	2 pm to 5 pm
UYH18AE101	Communication skills	30.04.2020	2 pm to 5 pm

Second Semester

Subject Code	Subject	Date	Time
UYH18CT201	Tamil - II	27.04.2020	10 am to 1 pm
UYH18CT202	English - II	28.04.2020	10 am to 1 pm
UYH18CT203	Yoga of sublimation	29.04.2020	10 am to 1 pm
UYH18AE201	Environmental studies	30.04.2020	10 am to 1 pm

Third Semester

Subject Code	Subject	Date	Time
UYH18CT301	Tamil - III	04.05.2020	2 pm to 5 pm
UYH18CT302	English - III	05.05.2020	2 pm to 5 pm
UYH18CT303	Transformation Of Universe	06.05.2020	2 pm to 5 pm
UYH18SE301	Computer Applications In Sky Yoga - I	07.05.2020	2 pm to 5 pm

Fourth Semester

Subject Code	Subject	Date	Time
UYH18CT401	Tamil - IV	04.05.2020	10 am to 1 pm
UYH18CT402	English - IV	05.05.2020	10 am to 1 pm
UYH18CT403	Genetic centre and the principle of cause and effect	06.05.2020	10 am to 1 pm
UYH18SE401	Computer applications in sky yoga - II	07.05.2020	10 am to 1 pm

P.G Diploma Yoga for Human Excellence - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
DYH18CT101	Applied yoga	30.04.2020	2 pm to 5 pm
DYH18CT102	Yoga of body and mind	02.05.2020	2 pm to 5 pm
DYH18CT103	Yoga of sublimation and social welfare	04.05.2020	2 pm to 5 pm

Second Semester			
Subject Code	Subject	Date	Time
DYH18CT201	Yogic science of energy and consciousness	30.04.2020	10 am to 1 pm
DYH18CT202	Traditional indian systems of medicine and therapies	02.05.2020	10 am to 1 pm

Diploma Yoga for Human Excellence - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
DYH18CT101	Yoga of body and mind	30.04.2020	2 pm to 5 pm
DYH18CT102	Yoga of sublimation and social welfare	02.05.2020	2 pm to 5 pm
DYH18CT103	Yogic science of energy and consciousness	04.05.2020	2 pm to 5 pm

Certificate Yoga for Human Excellence - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
CYH18CT101	Yogic life (physical body, life - force and mind)	30.04.2020	2 pm to 5 pm
CYH18CT102	Sublimation and social welfare	02.05.2020	2 pm to 5 pm

M.Phil., Exercise Physiology and Nutrition - (2010 Onwards)**First Semester**

Subject Code	Subject	Date	Time
13101	Research Methods and Statistics in Exercise Physiology and Nutrition	09.05.2020	10 am to 1 pm
13102	Performance based Exercise Physiology and Nutrition	11.05.2020	10 am to 1 pm

Second Semester

Subject Code	Subject	Date	Time
13201A	Area of Dissertation - Experimental Study	09.05.2020	2 pm to 5 pm
13201B	Area of Dissertation - Comparative Study		
13201C	Area of Dissertation - Analytical Study		
13201D	Area of Dissertation - Survey Study		
13201E	Area of Dissertation - Survey Study		
13202	Computer Operations, Communication Skills and Educational Skills	11.05.2020	2 pm to 5 pm

M.Sc., in Exercise Physiology and Nutrition (2014 Onwards)**First Semester**

Subject Code	Subject	Date	Time
MN101	Bio-energetic and Muscular Physiology	30.04.2020	2 pm to 5 pm
MN102	Cardio Respiratory and Environmental Physiology	02.05.2020	2 pm to 5 pm
MN103	Basic Nutrition	04.05.2020	2 pm to 5 pm
MN104A	Fitness and Wellness	05.05.2020	2 pm to 5 pm

Second Semester

Subject Code	Subject	Date	Time
MN201	Exercise and Sports for Women	30.04.2020	10 am to 1 pm
MN202	Computer Application in Exercise Physiology and Nutrition	02.05.2020	10 am to 1 pm
MN203	Training and Competition Nutrition	04.05.2020	10 am to 1 pm
MN204A	Yoga and Physiological Values	05.05.2020	10 am to 1 pm
MN204B	Human Rights		

Third Semester			
Subject Code	Subject	Date	Time
MN301	Training for Sports Performance	08.05.2020	2 pm to 5 pm
MN302	Research Methods and Statistics in Exercise Physiology and Nutrition	09.05.2020	2 pm to 5 pm
MN303	Supplements and Ergogenic Aids for Performance Enhancement	11.05.2020	2 pm to 5 pm
MN304A	Sports and Exercise Psychology	12.05.2020	2 pm to 5 pm

Fourth Semester			
Subject Code	Subject	Date	Time
MN401	Effects of Exercise on Nervous System, Endocrine System and Immunity	08.05.2020	10 am to 1 pm
MN402	Nutritional need for Special Population	09.05.2020	10 am to 1 pm
MN403	Exercise Prescription for Special Population	11.05.2020	10 am to 1 pm

B.Sc., Exercise Physiology and Nutrition (2010 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
12104A	Tamil - I	27.04.2020	2 pm to 5 pm
12104B	Hindi – Prose, Functional Hindi and Letter Writing		
12103	English - I Basic Language Skills	28.04.2020	2 pm to 5 pm
12102	Introduction to Human Nutrition	29.04.2020	2 pm to 5 pm
12101	Basic Human Anatomy and Physiology - I	30.04.2020	2 pm to 5 pm

Second Semester			
Subject Code	Subject	Date	Time
12204A	Tamil - II	27.04.2020	10 am to 1 pm
12204B	Hindi - One Act play, Short story and Translation Practice		
12203	English - II Developing the Language Skill	28.04.2020	10 am to 1 pm
12202	Theories of Sports and Games - I	29.04.2020	10 am to 1 pm
12201	Basic Human Anatomy and Physiology–II	30.04.2020	10 am to 1 pm

Third Semester			
Subject Code	Subject	Date	Time
12304A	Tamil - III	04.05.2020	2 pm to 5 pm
12304B	Hindi – Prose, Functional Hindi and Letter Writing		
12303	English - III	05.05.2020	2 pm to 5 pm
12302	Kinesiology	06.05.2020	2 pm to 5 pm
12301	Biological Basis of Physical Education	07.05.2020	2 pm to 5 pm

Fourth Semester			
Subject Code	Subject	Date	Time
12404A	Tamil – IV	04.05.2020	10 am to 1 pm
12404B	Hindi - IV		
12403	English - IV Listening and Speaking	05.05.2020	10 am to 1 pm
12402	Theories of Sports and Games – II	06.05.2020	10 am to 1 pm
12401	Exercise for Special Population	07.05.2020	10 am to 1 pm

Fifth Semester			
Subject Code	Subject	Date	Time
12501	Effect of Training on Various Systems	08.05.2020	2 pm to 5 pm
12502	Exercise Bio Chemistry	09.05.2020	2 pm to 5 pm
12503	Sports Bio - Mechanics	11.05.2020	2 pm to 5 pm
12504	Clinical Dietics	12.05.2020	2 pm to 5 pm

Sixth Semester			
Subject Code	Subject	Date	Time
12601	Sports Nutrition	08.05.2020	10 am to 1 pm
12602	Training and Performance	09.05.2020	10 am to 1 pm
12603	Computer Application in Exercise Physiology and Nutrition	11.05.2020	10 am to 1 pm
12604	First Aid and Sports Injuries and Physiotherapy	12.05.2020	10 am to 1 pm

M.Sc Exercise Physiology and Nutrition - (2018 Onwards CBCS Syllabus)

First Semester

Subject Code	Subject	Date	Time
PEN18CT101	Bio energetic and muscular physiology	30.04.2020	2 pm to 5 pm
PEN18CT102	Cardio vascular and Respiratory Physiology	02.05.2020	2 pm to 5 pm
PEN18CT103	Advanced Human Nutrition	04.05.2020	2 pm to 5 pm
PEN18DE001	Health fitness and performance assessment	05.05.2020	2 pm to 5 pm
PEN18DE002	Muscle and exercise metabolism		
PEN18DE003	Exercise Biochemistry		
PEN18DE004	Renal Physiology		

Second Semester

Subject Code	Subject	Date	Time
PEN18CT201	Neuro Physiology	30.04.2020	10 am to 1 pm
PEN18CT202	Training and competition Nutrition	02.05.2020	10 am to 1 pm
PEN18CT203	Statistics in Exercise physiology and Nutrition	04.05.2020	10 am to 1 pm
PEN18DE005	Supplements and ergogenic aids for performance enhancement	05.05.2020	10 am to 1 pm
PEN18DE006	Nutritional planning for sports and exercise		
PEN18DE007	Exercise assessment in special population		
PEN18DE008	Exercise and sports for women		

M.Sc Exercise Physiology and Nutrition - (2018 Onwards CBCS Syllabus)

Third Semester

Subject Code	Subject	Date	Time
PEN18CT301	Environmental physiology	08.05.2020	2 pm to 5 pm
PEN18CT302	Research method in exercise physiology and nutrition	09.05.2020	2 pm to 5 pm
PEN18DE001	Health fitness and performance assessment	11.05.2020	2 pm to 5 pm
PEN18DE002	Muscle and exercise metabolism		
PEN18DE003	Exercise Biochemistry		
PEN18DE004	Renal Physiology		
PEN18GE301	(GE)	12.05.2020	2 pm to 5 pm

Fourth Semester			
Subject Code	Subject	Date	Time
PEN18CT401	Exercise and diet prescription for special population	08.05.2020	10 am to 1 pm
PEN18CT402	Endocrinology	09.05.2020	10 am to 1 pm
PEN18DE005	Supplements and ergogenic aids for performance enhancement	11.05.2020	10 am to 1 pm
PEN18DE006	Nutritional planning for sports and exercise		
PEN18DE007	Exercise assessment in special population		
PEN18DE008	Exercise and sports for women		
PEN18GE401	(Generic Elective)	12.05.2020	10 am to 1 pm

B.Sc Exercise Physiology and Nutrition - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
UEN18CT104	Tamil I / Hindi I / Special English I /Basic Tamil I	27.04.2020	2 pm to 5 pm
UEN18CT105	English I	28.04.2020	2 pm to 5 pm
UEN18CT101	Basic anatomy and physiology – I	29.04.2020	2 pm to 5 pm
UEN18CT102	Fundamentals in Food Science	30.04.2020	2 pm to 5 pm
UEN18CT103	Health Education	02.05.2020	2 pm to 5 pm

Second Semester			
Subject Code	Subject	Date	Time
UEN18CT204	Tamil II / Hindi II / Special English II/Basic Tamil	27.04.2020	10 am to 1 pm
UEN18CT205	English II	28.04.2020	10 am to 1 pm
UEN18CT201	Basic anatomy and physiology – II	29.04.2020	10 am to 1 pm
UEN18AE201	Environmental studies (Foundation Course)	30.04.2020	10 am to 1 pm
UEN18CT203	Clinical exercise testing procedures	02.05.2020	10 am to 1 pm
UEN18CT202	Introduction to Human Nutrition	04.05.2020	10 am to 1 pm

Third Semester			
Subject Code	Subject	Date	Time
UEN18CT304	Tamil III / Hindi III / Special English III/Special Tamil	04.05.2020	2 pm to 5 pm
UEN18CT305	English II	05.05.2020	2 pm to 5 pm
UEN18CT301	Kinanthropometry	06.05.2020	2 pm to 5 pm
UEN18CT302	Sports Nutrition	07.05.2020	2 pm to 5 pm
UEN18CT303	Training and Performance	08.05.2020	2 pm to 5 pm

Fourth Semester			
Subject Code	Subject	Date	Time
UEN18CT404	Tamil IV/ Hindi IV/ Special English/SpecialTamil	04.05.2020	10 am to 1 pm
UEN18CT405	English IV	05.05.2020	10 am to 1 pm
UEN18CT401	Exercise for special population	06.05.2020	10 am to 1 pm
UEN18CT402	ClinicalDietics	07.05.2020	10 am to 1 pm
UEN18CT403	Effect of exercise on various system	08.05.2020	10 am to 1 pm

M.Phil., Sports Biomechanics and Kinesiology - (2010 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
21101	Research Methodology and Statistics in Sports Biomechanics and Kinesiology	09.05.2020	10 am to 1 pm
21102	Area of Specialization - Sports Biomechanics	11.05.2020	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
21201	Area of Dissertation	09.05.2020	2 pm to 5 pm
21202	Computer Operations Communication & Educational Skills	11.05.2020	2 pm to 5 pm

M.Sc., Biomechanics and Kinesiology (2016 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
MK16101	Applied Anatomy and Physiology	30.04.2020	2 pm to 5 pm
MK16102	Basic Bio-mechanics	02.05.2020	2 pm to 5 pm
MK16103	Biomechanical Analysis of Gait and Posture	04.05.2020	2 pm to 5 pm
MK16104A	Mathematics in biomechanics	05.05.2020	2 pm to 5 pm
MK16104B	Introduction to Test, Measurement and Evaluation		

Second Semester			
Subject Code	Subject	Date	Time
MK16201	Kinesiology	30.04.2020	10 am to 1 pm
MK16202	Applied Biomechanics	02.05.2020	10 am to 1 pm
MK16203	MATLAB	04.05.2020	10 am to 1 pm
MK16204A	Fitness and Wellness	05.05.2020	10 am to 1 pm
MK16204B	Biomechanics software and computer applications in Biomechanics		

Third Semester			
Subject Code	Subject	Date	Time
MK16301	Biomechanical analysis of track and field events	08.05.2020	2 pm to 5 pm
MK16302	Research Methods in Sports Biomechanics and Kinesiology	09.05.2020	2 pm to 5 pm
MK16303	Statistics in Sports Biomechanics and Kinesiology	11.05.2020	2 pm to 5 pm
MK16304A	Biomechanics of Asanas	12.05.2020	2 pm to 5 pm
MK16304B	Sports Psychology and Sociology		2 pm to 5 pm

Fourth Semester			
Subject Code	Subject	Date	Time
MK16401	Biomechanical Analysis of Sports and Games-I	08.05.2020	10 am to 1 pm
MK16402	Biomechanical Analysis of Sports and Games-II	09.05.2020	10 am to 1 pm
MK16403	Kinanthropometry	11.05.2020	10 am to 1 pm

M.Sc Sports Biomrechanics and Kinesiology - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PBM18CT101	Functional anatomy and physiology	30.04.2020	2 pm to 5 pm
PBM18CT102	Basic biomechanics	02.05.2020	2 pm to 5 pm
PBM18CT103	Dynamics of motor skill acquisition	04.05.2020	2 pm to 5 pm
PBM18DE001	Mathematics in biomechanics	05.05.2020	2 pm to 5 pm
PBM18DE002	Foundations of fitness and exercise prescription		
PBM18DE003	Sports Technology		
PBM18DE004	MATLAB		
PBM18AE101	Communicative skills	06.05.2020	2 pm to 5 pm

Second Semester			
Subject Code	Subject	Date	Time
PBM18CT201	Kinesiology	30.04.2020	10 am to 1 pm
PBM18CT202	Biomechanical instrumentation and measurement	02.05.2020	10 am to 1 pm
PBM18CT203	Palpation technique and kinanthropometry	04.05.2020	10 am to 1 pm
PBM18DE005	Exercise and sports physiology	05.05.2020	10 am to 1 pm
PBM18DE006	Psychology of sports performance		
PBM18DE007	Human posture and corrective exercise		
PBM18DE008	Modelling and simulation		
PBM18SE201	Fundamentals of information technology	06.05.2020	10 am to 1 pm

Third Semester			
Subject Code	Subject	Date	Time
PBM18CT301	Biomechanics of Track and Field Performance	08.05.2020	2 pm to 5 pm
PBM18CT302	Biomechanics of Sports and Games Skills-I	09.05.2020	2 pm to 5 pm
PBM18CT303	Research Methods and Statistical Process in Sports Biomechanics	11.05.2020	2 pm to 5 pm
PBM18DE001	Mathematics in biomechanics	12.05.2020	2 pm to 5 pm
PBM18DE002	Foundations of fitness and exercise prescription		
PBM18DE003	Sports Technology		
PBM18DE004	MATLAB		
PBM18GE301	Generic Elective	13.05.2020	2 pm to 5 pm
PBM18AE301	Personality Development	14.05.2020	2 pm to 5 pm

Fourth Semester			
Subject Code	Subject	Date	Time
PBM18CT401	Mechanics of sports and games skills - II	08.05.2020	10 am to 1 pm
PBM18CT402	Human gait	09.05.2020	10 am to 1 pm
PBM18CT403	Sports performance analysis	11.05.2020	10 am to 1 pm
PBM18DE005	Exercise and sports physiology	12.05.2020	10 am to 1 pm
PBM18DE006	Psychology of sports performance		
PBM18DE007	Human posture and corrective exercise		
PBM18DE008	Modelling and simulation		
PBM18GE401	(Generic Elective)	13.05.2020	10 am to 1 pm

B.Sc Sports Biomechanics and Kinesiology - (2019 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
UBM19CT101	Tamil-I / Hindi-I	27.04.2020	2 pm to 5 pm
UBM19CT102	English I	28.04.2020	2 pm to 5 pm
UBM19CT103	Introduction to Human Anatomy and Physiology	29.04.2020	2 pm to 5 pm
UBM19CT104	Basic Biomechanics	30.04.2020	2 pm to 5 pm
UBM19CT105	Mathematics in Biomechanics	02.05.2020	2 pm to 5 pm

Second Semester			
Subject Code	Subject	Date	Time
UBM19CT201	Tamil-II / Hindi-II	27.04.2020	10 am to 1 pm
UBM19CT202	English-II	28.04.2020	10 am to 1 pm
UBM19CT203	Applied Anatomy and Physiology	29.04.2020	10 am to 1 pm
UBM19CT204	Introduction to Kinesiology	30.04.2020	10 am to 1 pm
UBM19CT205	Physiology of Exercise	02.05.2020	10 am to 1 pm

M.Phil. Sports Psychology (2017 onwards)			
First Semester			
Subject Code	Subject	Date	Time
MSP17101	Research Methodology and Statistics	09.05.2020	10 am to 1 pm
MSP17102	Area of Specialization - Applied Sports Psychology	11.05.2020	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
MSP17201	Area of Dissertation	09.05.2020	2 pm to 5 pm
MSP17202	Computer Operations Communication & Educational skills	11.05.2020	2 pm to 5 pm

M.Phil., Sociology (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
MPS17101	Research Methodology and Statistics	09.05.2020	10 am to 1 pm
MPS17102	Sociological Theories	11.05.2020	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
MPS17201	Area of Dissertation	09.05.2020	2 pm to 5 pm
MPS17202	Computer Operations Communication & Educational Skills	11.05.2020	2 pm to 5 pm

M.Sc Sports Psychology and Sociology- (2018 Onwards CBCS Syllabus)

First Semester

Subject Code	Subject	Date	Time
PPS18CT101	Advanced general psychology	30.04.2020	2 pm to 5 pm
PPS18CT102	Introduction to sports sociology	02.05.2020	2 pm to 5 pm
PPS18CT103	Research methodology	04.05.2020	2 pm to 5 pm
PPS18DE001	Methods and measurement in psychology	05.05.2020	2 pm to 5 pm
PPS18DE002	Social problem and issues		
PPS18DE003	Sociology of health		
PPS18DE004	Psychometrics		
PPS18DE005	Motor learning and psychology of coaching		
PPS18DE006	Team cohesion and group dynamics		
PPS18DE007	Environmental sociology		
PPS18DE008	Positive psychology		

Second Semester

Subject Code	Subject	Date	Time
PPS18CT201	Psychological aspects of sports performance	30.04.2020	10 am to 1 pm
PPS18CT202	Indian social system and sports	02.05.2020	10 am to 1 pm
PPS18CT203	Social and behavioral statistics	04.05.2020	10 am to 1 pm
PPS18DE001	Methods and measurement in psychology	05.05.2020	10 am to 1 pm
PPS18DE002	Social problem and issues		
PPS18DE003	Sociology of health		
PPS18DE004	Psychometrics		
PPS18DE005	Motor learning and psychology of coaching		
PPS18DE006	Team cohesion and group dynamics		
PPS18DE007	Environmental sociology		
PPS18DE008	Positive psychology		

M.Sc Sports Psychology - (2018 Onwards CBCS Syllabus)**First Semester**

Subject Code	Subject	Date	Time
PSP18CT101	Advanced general psychology	30.04.2020	2 pm to 5 pm
PSP18CT102	Principles of sports psychology	02.05.2020	2 pm to 5 pm
PSP18CT103	Research methodology	04.05.2020	2 pm to 5 pm
PSP18DE001	Sports in indian society	05.05.2020	2 pm to 5 pm
PSP18DE002	Emotional intelligence		
PSP18DE003	Introduction to sports sociology		
PSP18DE004	Psychometrics		
PSP18DE005	Motor learning and psychology of coaching		
PSP18DE006	Team cohesion and group dynamics		
PSP18DE007	Coping with stress		
PSP18DE008	Positive psychology		

Second Semester

Subject Code	Subject	Date	Time
PSP18CT201	Psychological aspect of sports performance	30.04.2020	10 am to 1 pm
PSP18CT202	Biological basis of behavior	02.05.2020	10 am to 1 pm
PSP18CT203	Behavioral statistics	04.05.2020	10 am to 1 pm
PSP18DE001	Sports in indian society	05.05.2020	10 am to 1 pm
PSP18DE002	Emotional intelligence		
PSP18DE003	Introduction to sports sociology		
PSP18DE004	Psychometrics		
PSP18DE005	Motor learning and psychology of coaching		
PSP18DE006	Team cohesion and group dynamics		
PSP18DE007	Coping with stress		
PSP18DE008	Positive psychology		

Third Semester			
PSP18CT301	Fundamentals of Counseling Skills	08.05.2020	2 pm to 5 pm
PSP18CT302	psychology of Athletic Injury and Rehabilitation	09.05.2020	2 pm to 5 pm
PSP18CT303	Psychological Preparation and Mental Skills Training	11.05.2020	2 pm to 5 pm
PSP18DE001	Sports in indian society	12.05.2020	2 pm to 5 pm
PSP18DE002	Emotional intelligence		
PSP18DE003	Introduction to sports sociology		
PSP18DE004	Psychometrics		
PSP18DE005	Motor learning and psychology of coaching		
PSP18DE006	Team cohesion and group dynamics		
PSP18DE007	Coping with stress		
PSP18DE008	Positive psychology		
PSP18GE301	Generic Elective	13.05.2020	2 pm to 5 pm

Fourth Semester			
Subject Code	Subject	Date	Time
PSP18CT401	Counseling and behavior modification techniques	08.05.2020	10 am to 1 pm
PSP18CT402	Sports for the challenged	09.05.2020	10 am to 1 pm
PSP18CT403	Athletic psychopathology	11.05.2020	10 am to 1 pm
PSP18DE001	Sports in indian society	12.05.2020	10 am to 1 pm
PSP18DE002	Emotional intelligence		
PSP18DE003	Introduction to sports sociology		
PSP18DE004	Psychometrics		
PSP18DE005	Motor learning and psychology of coaching		
PSP18DE006	Team cohesion and group dynamics		
PSP18DE007	Coping with stress		
PSP18DE008	Positive psychology		
PSP18GE401	Generic elective	13.05.2020	10 am to 1 pm

Tamil Nadu Physical Education and Sports University			
M.Phil Sprots Management			
First Semester			
Subject Code	Subject	Date	Time
MPM101	Business Research Methods	09.05.2020	10 am to 1 pm
MPM102	Functional Area of Management	11.05.2020	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
MPM202	Sports Management	09.05.2020	2 pm to 5 pm
MPM201	Computer Operations, Communication & Educational skills	11.05.2020	2 pm to 5 pm

M.B.A Sports Management - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PSM18CT101	Principles Of Management	27.04.2020	2 pm to 5 pm
PSM18CT102	Organizational Behaviour	28.04.2020	2 pm to 5 pm
PSM18CT103	Business Laws	29.04.2020	2 pm to 5 pm
PSM18CT104	Managerial Economics	30.04.2020	2 pm to 5 pm
PSM18CT105	Management Accounting	02.05.2020	2 pm to 5 pm
PSM18CT106	Quantitative Methods In Business	04.05.2020	2 pm to 5 pm
PSM18AE101	Business Communication	05.05.2020	2 pm to 5 pm

Second Semester			
Subject Code	Subject	Date	Time
PSM18CT201	Operations Management	27.04.2020	10 am to 1 pm
PSM18CT202	Marketing Management	28.04.2020	10 am to 1 pm
PSM18CT203	Financial Management	29.04.2020	10 am to 1 pm
PSM18CT204	Human Resource Management	30.04.2020	10 am to 1 pm
PSM18CT205	Operations Research	02.05.2020	10 am to 1 pm
PSM18CT206	Management Information System	04.05.2020	10 am to 1 pm
PSM18SE201	E-Commerce	05.05.2020	10 am to 1 pm

Third Semester			
Subject Code	Subject	Date	Time
PSM18CT301	Total Quality Management	06.05.2020	2 pm to 5 pm
PSM18CT302	Strategic Management	07.05.2020	2 pm to 5 pm
PSM18CT303	Research Methods In Business	08.05.2020	2 pm to 5 pm
PSM18DE301	Elective - 1	09.05.2020	2 pm to 5 pm
PSM18DE302	Elective - 2	11.05.2020	2 pm to 5 pm
PSM18GE301	Generic Elective - I	12.05.2020	2 pm to 5 pm
PSM18GE302	Generic Elective - II	13.05.2020	2 pm to 5 pm
PSM18AE301	Professional Ethics	14.05.2020	2 pm to 5 pm

Fourth Semester			
Subject Code	Subject	Date	Time
PSM18DE001	Sports Organization And Administration	06.05.2020 & 07.05.2020 & 08.05.2020	10 am to 1 pm
PSM18DE002	Sports Management Principles And Practices		
PSM18DE003	Sports Marketing		
PSM18DE004	Sports Facility Management		
PSM18DE005	Sports Psychology and Sociology		
PSM18DE006	Sports Tourism		
PSM18DE007	Advertising In Sports		
PSM18DE008	Sports Media and Event Management		
PSM18GE401	Generic Elective - 3	09.05.2020	10 am to 1 pm
PSM18GE402	Generic Elective - 4	11.05.2020	10 am to 1 pm

BBA Sports Management - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
USM18CT101	Tamil - I / hindi - I	27.04.2020	2 pm to 5 pm
USM18CT102	English - I	28.04.2020	2 pm to 5 pm
USM18CT103	Principles of management	29.04.2020	2 pm to 5 pm
USM18CT104	Financial and management accounting	30.04.2020	2 pm to 5 pm
USM18CT105	Business economics	02.05.2020	2 pm to 5 pm

Second Semester			
Subject Code	Subject	Date	Time
USM18CT201	Tamil - II / hindi - II	27.04.2020	10 am to 1 pm
USM18CT202	English - II	28.04.2020	10 am to 1 pm
USM18CT203	Organizational behaviour	29.04.2020	10 am to 1 pm
USM18CT204	Business environment	30.04.2020	10 am to 1 pm
USM18CT205	Business mathematics and statistics	02.05.2020	10 am to 1 pm

Third Semester			
Subject Code	Subject	Date	Time
USM18CT301	Legal System in Business	04.05.2020	2 pm to 5 pm
USM18CT302	Business Communication	05.05.2020	2 pm to 5 pm
USM18CT303	Operation Research	06.05.2020	2 pm to 5 pm
USM18CT304	Management Information System	07.05.2020	2 pm to 5 pm

Fourth Semester			
Subject Code	Subject	Date	Time
USM18CT401	Production and operations management	04.05.2020	10 am to 1 pm
USM18CT402	Marketing management	05.05.2020	10 am to 1 pm
USM18CT403	Financial management	06.05.2020	10 am to 1 pm
USM18CT404	Human resource management	07.05.2020	10 am to 1 pm

M.Tech Sports Technology - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PST18CT101	Aerodynamics in sports	30.04.2020	2 pm to 5 pm
PST18CT102	Sports Materials Engineering and Design	02.05.2020	2 pm to 5 pm
PST18DE001	Sports Engineering and Technology		
PST18DE002	Robotics and artificial intelligence		
PST18DE003	Physiology of Sports and Exercise		
PST18DE004	Principles and design of sports turf		
PST18DE005	Race engine design for optimal performance		

PST18DE006	Sports Equipment Materials	04.05.2020 & 05.05.2020	2 pm to 5 pm
PST18DE007	Composites and Nano Materials in Sports Application		
PST18DE008	Software in Sports		
PST18DE009	Sports Psychology: Issues and Applications		
PST18DE010	Surveying And Construction Materials		
PST18DE011	Applied Biomaterials in Sports Technology		
PST18DE012	Commercialization of Sports		
PST18DE013	Sports Economics		
PST18DE014	Motor Sports Applications		
PST18DE015	Sports equipment materials		
PST18DE016	Applications of Statistics in Sports		
PST18DE017	Sports Materials Engineering		
PST18DE018	Race Car Vehicle Dynamics		
PST18DE019	Soil And Ground Improvement Techniques		
PST18AE101	Research Methodology and IPR	06.05.2020	2 pm to 5 pm

Second Semester			
Subject Code	Subject	Date	Time
PST18CT201	Sports Biomechanics	30.04.2020	10 am to 1 pm
PST18CT202	Measurement and Instrumentation in sports	02.05.2020	10 am to 1 pm
PST18DE001	Sports Engineering and Technology	04.05.2020 & 05.05.2020	10 am to 1 pm
PST18DE002	Robotics and artificial intelligence		
PST18DE003	Physiology of Sports and Exercise		
PST18DE004	Principles and design of sports turf		
PST18DE005	Race engine design for optimal performance		
PST18DE006	Sports Equipment Materials		
PST18DE007	Composites and Nano Materials in Sports Application		
PST18DE008	Software in Sports		
PST18DE009	Sports Psychology: Issues and Applications		
PST18DE010	Surveying And Construction Materials		
PST18DE011	Applied Biomaterials in Sports Technology		
PST18DE012	Commercialization of Sports		
PST18DE013	Sports Economics		

PST18DE014	Motor Sports Applications		
PST18DE015	Sports equipment materials		
PST18DE016	Applications of Statistics in Sports		
PST18DE017	Sports Materials Engineering		
PST18DE018	Race Car Vehicle Dynamics		
PST18DE019	Soil And Ground Improvement Techniques		

Third Semester			
Subject Code	Subject	Date	Time
PST18DE001	Sports Engineering and Technology	08.05.2020	2 pm to 5 pm
PST18DE002	Robotics and artificial intelligence		
PST18DE003	Physiology of Sports and Exercise		
PST18DE004	Principles and design of sports turf		
PST18DE005	Race engine design for optimal performance		
PST18DE006	Sports Equipment Materials		
PST18DE007	Composites and Nano Materials in Sports Application		
PST18DE008	Software in Sports		
PST18DE009	Sports Psychology: Issues and Applications		
PST18DE010	Surveying And Construction Materials		
PST18DE011	Applied Biomaterials in Sports Technology		
PST18DE012	Commercialization of Sports		
PST18DE013	Sports Economics		
PST18DE014	Motor Sports Applications		
PST18DE015	Sports equipment materials		
PST18DE016	Applications of Statistics in Sports		
PST18DE017	Sports Materials Engineering		
PST18DE018	Race Car Vehicle Dynamics		
PST18DE019	Soil And Ground Improvement Techniques		
PST18GE301	Generic Elective	09.05.2020	2 pm to 5 pm

Tamil Nadu Physical Education and Sports University**M.Phil Sports Coaching****First Semester**

Subject Code	Subject	Date	Time
S01101	Research Methodology and Statistics	09.05.2020	10 am to 1 pm
S01102A	Specialization Science of Sports Training and Coaching	11.05.2020	10 am to 1 pm
S01102B	Sports Psychology		
S01102C	Sports Biomechanics		

Second Semester

Subject Code	Subject	Date	Time
S01201	Area of Dissertation	09.05.2020	2 pm to 5 pm
S01202	Computer Operations Communication and Educational Skills	11.05.2020	2 pm to 5 pm

B.Sc., Sports Coaching (2010 Onwards)**First Semester**

Subject Code	Subject	Date	Time
17101	Tamil - I / Hindi - I	27.04.2020	2 pm to 5 pm
17102	English - I	28.04.2020	2 pm to 5 pm
17103	Anatomy and Physiology	29.04.2020	2 pm to 5 pm
17104	History Origin and Development of Specified Sports	30.04.2020	2 pm to 5 pm
17105	Allied Theories of Sports and Games Part - I	02.05.2020	2 pm to 5 pm

Second Semester

Subject Code	Subject	Date	Time
17201	Tamil - II / Hindi - II	27.04.2020	10 am to 1 pm
17202	English - II	28.04.2020	10 am to 1 pm
17203	Science of Sports Training and Conditioning	29.04.2020	10 am to 1 pm
17204	Rules Regulation and Techniques of Specified Sports/Games	30.04.2020	10 am to 1 pm
17205	Allied theories of sports and Games Part - II	02.05.2020	10 am to 1 pm

Third Semester			
Subject Code	Subject	Date	Time
17301	Tamil - III / Hindi - III	04.05.2020	2 pm to 5 pm
17302	English - III	05.05.2020	2 pm to 5 pm
17303	Sports Medicine and Nutrition	06.05.2020	2 pm to 5 pm
17304	Technique and Technical Development of Specified Sports/Game	07.05.2020	2 pm to 5 pm
17305	Allied theories of sports and Games Part - III	08.05.2020	2 pm to 5 pm

Fourth Semester			
Subject Code	Subject	Date	Time
17401	Tamil - IV / Hindi - IV	04.05.2020	10 am to 1 pm
17402	English - IV	05.05.2020	10 am to 1 pm
17403	Sports Psychology and Sociology of Sport	06.05.2020	10 am to 1 pm
17404	Tactics and Tactical Development of Specified Sports/Games	07.05.2020	10 am to 1 pm
17405	Allied Theories of Sports and Games Part - IV	08.05.2020	10 am to 1 pm

Fifth Semester			
Subject Code	Subject	Date	Time
17501	Kinesiology and Bio mechanics	09.05.2020	2 pm to 5 pm
17502	Anthropometry Sports Pedagogy and Talent Identification	11.05.2020	2 pm to 5 pm
17503	Personality Development and Communication Skills	12.05.2020	2 pm to 5 pm
17504	Specific Motor Qualities of Specified Sport /Game	13.05.2020	2 pm to 5 pm
17505	System of Play and Functional Training specified Sports / Game	14.05.2020	2 pm to 5 pm

Sixth Semester			
Subject Code	Subject	Date	Time
17601	Fundamental of Sports Management	09.05.2020	10 am to 1 pm
17602	Computer Application, Test and Measurement	11.05.2020	10 am to 1 pm
17603	Philosophy of Sports Coaching	12.05.2020	10 am to 1 pm
17604	Team Preparation for specific competitive sport/ Game	13.05.2020	10 am to 1 pm
17605	Team Coaching and Match Analysis of Specified Sport/ Game	14.05.2020	10 am to 1 pm

B.Sc., Sports Coaching (2016 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
BC16101	Tamil - I / Hindi - I	27.04.2020	2 pm to 5 pm
BC16102	English - I	28.04.2020	2 pm to 5 pm
BC16103	Anatomy and Physiology	29.04.2020	2 pm to 5 pm
BC16104	History Origin and Development of Specified Sports	30.04.2020	2 pm to 5 pm
BC16105	Allied Theories of Sports and Games Part - I	02.05.2020	2 pm to 5 pm

Second Semester			
Subject Code	Subject	Date	Time
BC16201	Tamil – II / Hindi - II	27.04.2020	10 am to 1 pm
BC16202	English - II	28.04.2020	10 am to 1 pm
BC16203	Science of Sports Training and Conditioning – I	29.04.2020	10 am to 1 pm
BC16204	Rules Regulation and Techniques of Specified Sports	30.04.2020	10 am to 1 pm
BC16205	Allied theories sports and Games Part – II	02.05.2020	10 am to 1 pm

Third Semester			
Subject Code	Subject	Date	Time
BC16301	Tamil – III	04.05.2020	2 pm to 5 pm
BC16302	English – III	05.05.2020	2 pm to 5 pm
BC16303	Sports Medicine and Nutrition	06.05.2020	2 pm to 5 pm
BC16304	Technique and Technical Development of Specified Sports/ Games	07.05.2020	2 pm to 5 pm
BC16305	Allied theories sports and Games Part – III	08.05.2020	2 pm to 5 pm

Fourth Semester			
Subject Code	Subject	Date	Time
BC16401	Tamil - IV	04.05.2020	10 am to 1 pm
BC16402	English - IV	05.05.2020	10 am to 1 pm
BC16403	Sports Psychology and Sociology of Sport	06.05.2020	10 am to 1 pm
BC16404	Tactics and Tactical Development of Specified Sport/Game	07.05.2020	10 am to 1 pm
BC16405	Allied theories sports and Games Part – IV	08.05.2020	10 am to 1 pm

Fifth Semester			
Subject Code	Subject	Date	Time
BC16501	Kinesiology and Bio Mechanics	09.05.2020	2 pm to 5 pm
BC16502	Anthropometry Sports Pedagogy and Talent Identification	11.05.2020	2 pm to 5 pm
BC16503	Personality Development and Communication Skills	12.05.2020	2 pm to 5 pm
BC16504	Specific Motor qualities, System of play and functional training	13.05.2020	2 pm to 5 pm
BC16505	Pedagogic competition	14.05.2020	2 pm to 5 pm

Sixth Semester			
Subject Code	Subject	Date	Time
BC16601	Fundamentals of Sports Management	09.05.2020	10 am to 1 pm
BC16602	Computer Application, Test and Measurement	11.05.2020	10 am to 1 pm
BC16603	Philosophy of Sports Coaching	12.05.2020	10 am to 1 pm
BC16604	Team Preparation for specific competitive Sport/Game	13.05.2020	10 am to 1 pm
BC16605	Team Coaching and Match Analysis of Specified Sport/Game	14.05.2020	10 am to 1 pm

B.Sc., Sports Coaching (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
BC17101	Tamil - I / Hindi - I / Special English	27.04.2020	2 pm to 5 pm
BC17102	English - I	28.04.2020	2 pm to 5 pm
BC17103	Anatomy and Physiology	29.04.2020	2 pm to 5 pm
BC17104	History and Administration of Specified Sports/Game	30.04.2020	2 pm to 5 pm

Second Semester			
Subject Code	Subject	Date	Time
BC17201	Tamil - II / Hindi - II / Special English	27.04.2020	10 am to 1 pm
BC17202	English - II	28.04.2020	10 am to 1 pm
BC17203	Science of Sports Training	29.04.2020	10 am to 1 pm
BC17204	Rules and Regulation of Specified Sport/Game	30.04.2020	10 am to 1 pm

Third Semester			
Subject Code	Subject	Date	Time
BC17301A	Tamil - III	04.05.2020	2 pm to 5 pm
BC17301B	Hindi - III		
BC17301C	Special English - III		
BC17302	English - III	05.05.2020	2 pm to 5 pm
BC17303	Sports Medicine and Nutrition	06.05.2020	2 pm to 5 pm
BC17304	Techniques and Technical Training of Specified Sports/Game	07.05.2020	2 pm to 5 pm

Fourth Semester			
Subject Code	Subject	Date	Time
BC17401A	Tamil – IV	04.05.2020	10 am to 1 pm
BC17401B	Hindi- IV		
BC17401C	Special English – IV		
BC17402	English – IV	05.05.2020	10 am to 1 pm
BC17403	Sports Psychology and Sociology of Sport	06.05.2020	10 am to 1 pm
BC17404	Tactics and tactical development of specified Sport/game	07.05.2020	10 am to 1 pm

Fifth Semester			
Subject Code	Subject	Date	Time
BC17501	Kinesiology and Bio Mechanics	08.05.2020	2 pm to 5 pm
BC17502	Anthropometry, Sports Pedagogy and Talent Identification	09.05.2020	2 pm to 5 pm
BC17503	Personality Development, sports law and Communication Skills	11.05.2020	2 pm to 5 pm
BC17504	Specific Motor qualities of specified sport/game	12.05.2020	2 pm to 5 pm

Sixth Semester			
Subject Code	Subject	Date	Time
BC17601	Fundamentals of Sports Management	08.05.2020	10 am to 1 pm
BC17602	Computer Application, Test and Measurement	09.05.2020	10 am to 1 pm
BC17603	Philosophy of Coaching and Team Preparation	11.05.2020	10 am to 1 pm
BC17604	Personal Coaching and Match Analysis of Specified Sport/Game	12.05.2020	10 am to 1 pm

B.Sc Sports Coaching - (2018 Onwards CBCS Syllabus)**First Semester**

Subject Code	Subject	Date	Time
USC18CT101	Tamil - I	27.04.2020	2 pm to 5 pm
USC18CT102	English - I	28.04.2020	2 pm to 5 pm
USC18CT103	Anatomy and physiology	29.04.2020	2 pm to 5 pm
USC18CT104	History and administration of sport/game	30.04.2020	2 pm to 5 pm
USC18DE001	Stengh and Conditioning	02.05.2020	2 pm to 5 pm
USC18DE002	Women in Olympic Movement		
USC18DE003	Talent Identification		
USC18DE004	Project Event Management		
USC18DE005	Sports Communication		
USC18DE006	Onfield Sports Injury Management		

Second Semester

Subject Code	Subject	Date	Time
USC18CT201	Tamil - II	27.04.2020	10 am to 1 pm
USC18CT202	English - II	28.04.2020	10 am to 1 pm
USC18CT203	Science of sports training	29.04.2020	10 am to 1 pm
USC18CT204	Rules and regulation of sport/game	30.04.2020	10 am to 1 pm
USC18DE007	Sports Law	02.05.2020	10 am to 1 pm
USC18DE008	Computer Application Test and Measurement		
USC18DE009	Play Field and Equipment Management		
USC18DE010	Doping and Its Classification		
USC18DE011	Management of Special Olympic Sports		
USC18DE012	Exercises and Sports for Women		

Third Semester			
Subject Code	Subject	Date	Time
USC18CT301	Tamil - III	04.05.2020	2 pm to 5 pm
USC18CT302	English - III	05.05.2020	2 pm to 5 pm
USC18CT303	Sports Medicine and Nutrition	06.05.2020	2 pm to 5 pm
USC18CT304	Techniques and Technical Training of Sports/Games	07.05.2020	2 pm to 5 pm
USC18DE001	Stengh and Conditioning	08.05.2020	2 pm to 5 pm
USC18DE002	Women in Olympic Movement		
USC18DE003	Talent Identification		
USC18DE004	Project Event Management		
USC18DE005	Sports Communication		
USC18DE006	Onfield Sports Injury Management		

Fourth Semester			
Subject Code	Subject	Date	Time
USC18CT401	Tamil - IV	04.05.2020	10 am to 1 pm
USC18CT402	English - IV	05.05.2020	10 am to 1 pm
USC18CT403	Sports psychology and sociology of sport	06.05.2020	10 am to 1 pm
USC18CT404	Tactics and tactical development of specified sport/game	07.05.2020	10 am to 1 pm
USC18DE007	Sports Law	08.05.2020	10 am to 1 pm
USC18DE008	Computer Application Test and Measurement		
USC18DE009	Play Field and Equipment Management		
USC18DE010	Doping and Its Classification		
USC18DE011	Management of Special Olympic Sports		
USC18DE012	Exercises and Sports for Women		



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்
TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
 (Estd. by the Govt. of Tamil Nadu Under Act No.9 of 2005. A State Govt. University)
Accredited with "B++" Grade by NAAC
 Vandalur-Kelambakkam Road, Melakottaiyur Post, Chennai – 600 127.

REGULAR EXAMINATIONS TIME TABLE - JANUARY 2021

M.Phil., Physical Education - (2015 Onwards)

First Semester

Subject Code	Subject	Date	Time
MPE101	Research Methodology and statistics in Physical Education	19.01.2021	10 am to 1 pm
MPE102A	Specialization Science of Sports Training and Coaching	20.01.2021	10 am to 1 pm
MPE102B	Specialization - Applied Yoga		
MPE102C	Specialization - Sports Medicine		
MPE102D	Specialization - Exercise Physiology and Nutrition		
MPE102E	Specialization - Sports Psychology		
MPE102F	Specialization - Sports Sociology		
MPE102G	Specialization - Sports Management		
MPE102H	Specialization - Sports Biomechanics		
MPE102I	Specialization - Sports Technology		
MPE102J	Specialization - Test, Measurement and Evaluation		
MPE102K	Specialization - Fitness and Wellness		

Second Semester

Subject Code	Subject	Date	Time
MPE201A	Area of Dissertation - Experimental Study	19.01.2021	2 pm to 5 pm
MPE201B	Area of Dissertation - Comparative Study		
MPE201C	Area of Dissertation - Relationship and Prediction Studies		
MPE201D	Area of Dissertation - Case Study		
MPE201E	Area of Dissertation - Survey Study		
MPE201F	Area of Dissertation - Descriptive Study		
MPE202	Computer Operations, Communications and Educational Skills	20.01.2021	2 pm to 5 pm

M.P.Ed., (2015 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
M15101	Research Process in Physical Educaiton and Sports Sciences	19.01.2021	10 am to 1 pm
M15102	Test, Measurement and Evaluation in Physical Education	20.01.2021	10 am to 1 pm
M15103	Yogic Sciences	21.01.2021	10 am to 1 pm
M15104A	Physical Fitness and Wellness	22.01.2021	10 am to 1 pm
M15104B	Sports Technology		

Second Semester			
Subject Code	Subject	Date	Time
M15201	Applied Statistics in Physical Education and Sports	19.01.2021	2 pm to 5 pm
M15202	Sports Biomechanics and Kinesiology	20.01.2021	2 pm to 5 pm
M15203	Sports Psychology and Sociology	21.01.2021	2 pm to 5 pm
M15204A	Sports Journalism and Mass Media	22.01.2021	2 pm to 5 pm
M15204B	Health Education and Sports Nutrition		

Third Semester			
Subject Code	Subject	Date	Time
M15301	Sports Medicine, Athletic Care and Rehabilitation	29.01.2021	10 am to 1 pm
M15302	Physiology of Exercise	30.01.2021	10 am to 1 pm
M15303	Scientific Principles of Sports Training	01.02.2021	10 am to 1 pm
M15304A	Sports Engineering	02.02.2021	10 am to 1 pm
M15304B	Professional Preparation for SLET/NET		

Fourth Semester			
Subject Code	Subject	Date	Time
M15401	Theory - Information and Communication Technology (ICT) in Physical Education	23.01.2021	10 am to 1 pm
M15402	Theory - Sports Management and Curriculum Design in Physical Education	25.01.2021	10 am to 1 pm
M15404A	Theory - Value and Environmental Education	27.01.2021	10 am to 1 pm
M15404B	Theory - Educational Technology in Physical Education		

B.P.Ed., (2015 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
B15101	History, Principles and Foundation of Physical Education	19.01.2021	10 am to 1 pm
B15102	Anatomy, Physiology and Health Education	20.01.2021	10 am to 1 pm
B15103	Yoga Education	21.01.2021	10 am to 1 pm
B15104A	Olympic Movement	22.01.2021	10 am to 1 pm
B15104B	Environmental and Gender Studies		

Second Semester			
Subject Code	Subject	Date	Time
B15201	Sports Training	19.01.2021	2 pm to 5 pm
B15202	Organization, Administration and Methods in Physical Education	20.01.2021	2 pm to 5 pm
B15203	Theories of Sports and Games, Coaching and Officiating - Part I	21.01.2021	2 pm to 5 pm
B15204A	Education Technology and Computer Application in Physical Education	22.01.2021	2 pm to 5 pm
B15204B	Disability and Inclusive Education		

Third Semester			
Subject Code	Subject	Date	Time
B15301	Measurement and Evaluation in Physical Education	29.01.2021	10 am to 1 pm
B15302	Research and Statistics in Physical Education	30.01.2021	10 am to 1 pm
B15303	Sports Psychology and Sociology	01.02.2021	10 am to 1 pm
B15304A	Sports Nutrition and Weight Management	02.02.2021	10 am to 1 pm
B15304B	Contemporary Issues in Physical Education, Fitness and Wellness		

Fourth Semester			
Subject Code	Subject	Date	Time
B15401	Theories of Sports and Games, Coaching and Officiating - Part II	23.01.2021	10 am to 1 pm
B15402	Kinesiology and Biomechanics	25.01.2021	10 am to 1 pm
B15403	Sports Management, Recreation and Camping	27.01.2021	10 am to 1 pm
B15404A	Sports Medicine, Physiotherapy and Rehabilitation	28.01.2021	10 am to 1 pm

Bachelor of Physical Education - (2018 Onwards CBCS Syllabus)

First Semester

Subject Code	Subject	Date	Time
UPE18CT101	History, Principles And Foundation Of Physical Education	19.01.2021	10 am to 1 pm
UPE18CT102	Anatomy And Physiology And Health Education	20.01.2021	10 am to 1 pm
UPE18CT103	Yoga Education	21.01.2021	10 am to 1 pm
UPE18DE001	Olympic Movement	22.01.2021	10 am to 1 pm
UPE18DE002	Gender Studies		
UPE18DE003	Sports Medicine, Physiotherapy And Rehabilitation		
UPE18DE004	Contemporary Issues In Physical Education, Fitness And Wellness		

Second Semester

Subject Code	Subject	Date	Time
UPE18CT201	Sports Training	19.01.2021	2 pm to 5 pm
UPE18CT202	Organization ,Administration And Methods In Physical Education	20.01.2021	2 pm to 5 pm
UPE18CT203	Theories Of Sports And Games, Coaching And Officiating- Part I	21.01.2021	2 pm to 5 pm
UPE18DE005	Educational Technology And Computer Application In Physical Education	22.01.2021	2 pm to 5 pm
UPE18DE006	Sports Nutrition And Weight Management		
UPE18DE007	Disability And Inclusive Education		
UPE18DE008	Research Project		

Third Semester

Subject Code	Subject	Date	Time
UPE18CT301	Measurement And Evaluation In Physical Education	29.01.2021	10 am to 1 pm
UPE18CT302	Research And Statistics In Physical Education	30.01.2021	10 am to 1 pm
UPE18CT303	Sports Management And Recreation And Camping	01.02.2021	10 am to 1 pm
UPE18DE001	Olympic Movement	02.02.2021	10 am to 1 pm
UPE18DE002	Gender Studies		
UPE18DE003	Sports Medicine, Physiotherapy And Rehabilitation		
UPE18DE004	Contemporary Issues In Physical Education, Fitness And Wellness		
UPE18GE301	Generic Elective	03.02.2021	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time
UPE18CT401	Theories Of Sports And Games, Coaching And Officiating- Part Ii	23.01.2021	10 am to 1 pm
UPE18CT402	Kinesiology And Biomechanics	25.01.2021	10 am to 1 pm
UPE18CT403	Sports Psychology And Sociology	27.01.2021	10 am to 1 pm
UPE18DE005	Educational Technology And Computer Application In Physical Education	28.01.2021	10 am to 1 pm
UPE18DE006	Sports Nutrition And Weight Management		
UPE18DE007	Disability And Inclusive Education		
UPE18DE008	Research Project		

Master of Physical Education - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PPE18CT101	Research Process In Physical Education And Sports Sciences	19.01.2021	10 am to 1 pm
PPE18CT102	Yogic Sciences	20.01.2021	10 am to 1 pm
PPE18CT103	Tests, Measurement And Evaluation In Physical Education	21.01.2021	10 am to 1 pm
PPE18DE001	Physical Fitness And Wellness	22.01.2021	10 am to 1 pm
PPE18DE002	Sports Technology		
PPE18DE003	Sports Engineering		
PPE18DE004	Professional Preparation For Slet/Net In Physical Education		

Second Semester			
Subject Code	Subject	Date	Time
PPE18CT201	Applied Statistics In Physical Education And Sports	19.01.2021	2 pm to 5 pm
PPE18CT202	Sports Biomechanics And Kinesiology	20.01.2021	2 pm to 5 pm
PPE18CT203	Sports Psychology And Sociology	21.01.2021	2 pm to 5 pm
PPE18DE005	Sports Journalism And Mass Media	22.01.2021	2 pm to 5 pm
PPE18DE006	Health Education And Sports Nutrition		
PPE18DE007	Value And Environmental Education		
PPE18DE008	Educational Technology In Physical Education		

Third Semester			
Subject Code	Subject	Date	Time
PPE18CT301	Sports Medicine, Athletic Care And Rehabilitation	29.01.2021	10 am to 1 pm
PPE18CT302	Physiology Of Exercise	30.01.2021	10 am to 1 pm
PPE18CT303	Scientific Principles Of Sports Training	01.02.2021	10 am to 1 pm
PPE18DE001	Physical Fitness And Wellness	02.02.2021	10 am to 1 pm
PPE18DE002	Sports Technology		
PPE18DE003	Sports Engineering		
PPE18DE004	Professional Preparation For Slet/Net In Physical Education		
PPE18GE301	Generic Elective	03.02.2021	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time
PPE18CT401	Information And Communication Technology (Ict) In Physical Education	23.01.2021	10 am to 1 pm
PPE18CT402	Sports Management And Curriculum Design In Physical Education	25.01.2021	10 am to 1 pm
PPE18DE005	Sports Journalism And Mass Media	27.01.2021	10 am to 1 pm
PPE18DE006	Health Education And Sports Nutrition		
PPE18DE007	Value And Environmental Education		
PPE18DE008	Educational Technology In Physical Education		

B.P.E.S (2016 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
BS16101	Tamil – I	19.01.2021	10 am to 1 pm
BS16102	English –I	20.01.2021	10 am to 1 pm
BS16103	General Knowledge and History of Physical Education	21.01.2021	10 am to 1 pm
BS16104	Rules of Games and Sports-Part I (Basketball, Badminton, Kabaddi, Softball)	22.01.2021	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
BS16201	Tamil – II	19.01.2021	2 pm to 5 pm
BS16202	English –II	20.01.2021	2 pm to 5 pm
BS16203	Anatomy and Physiology	21.01.2021	2 pm to 5 pm
BS16204	Rules of Games and Sports-Part II (Volleyball, Table Tennis, Swimming, Throwball, Kho-Kho)	22.01.2021	2 pm to 5 pm

Third Semester			
Subject Code	Subject	Date	Time
BS16301	Tamil - III	29.01.2021	10 am to 1 pm
BS16302	English -III	30.01.2021	10 am to 1 pm
BS16303	Health and Safety Education	01.02.2021	10 am to 1 pm
BS16304	Rules of Games and Sports-Part III (Track and Field and Cross Country)	02.02.2021	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time
BS16401	Tamil – IV	23.01.2021	10 am to 1 pm
BS16402	English –IV	25.01.2021	10 am to 1 pm
BS16403	Methods in Physical Education	27.01.2021	10 am to 1 pm
BS16404	Rules of Games and Sports-Part IV (Tennis, Ball Badminton, Football, Gymnastics)	28.01.2021	10 am to 1 pm

Fifth Semester			
Subject Code	Subject	Date	Time
BS16501	Science of Yoga	29.01.2021	2 pm to 5 pm
BS16502	Care and Prevention of Sports Trauma	30.01.2021	2 pm to 5 pm
BS16503	Kinesiology and Biomechanics	01.02.2021	2 pm to 5 pm
BS16504	Educational Psychology and Sports Journalism	02.02.2021	2 pm to 5 pm

Sixth Semester			
Subject Code	Subject	Date	Time
BS16601	Exercise Physiology and Nutrition	23.01.2021	2 pm to 5 pm
BS16602	Test, Measurement and Evaluation	25.01.2021	2 pm to 5 pm
BS16603	Scientific Principles of Sports Training	27.01.2021	2 pm to 5 pm
BS16604	Rules of Games and Sports-Part V	28.01.2021	2 pm to 5 pm

M.Phil., Yoga - (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
PY17101	Research Methodology and Applied Statistics in Yoga	19.01.2021	10 am to 1 pm
PY17102A	Area of Specialization - Applied Yoga	20.01.2021	10 am to 1 pm
PY17102B	Area of Specialization - Yoga Therapy		

M.Phil., Yoga (2017 Onwards)			
Second Semester			
Subject Code	Subject	Date	Time
PY17201	Area of Dissertation	19.01.2021	2 pm to 5 pm
PY17202	Computer Operations, Communications and Educational Skills	20.01.2021	2 pm to 5 pm

M.Sc., in Yoga (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
MY17101	Fundamentals of Yoga Education	19.01.2021	10 am to 1 pm
MY17102	Applied Anatomy and Physiology	20.01.2021	10 am to 1 pm
MY17103	Methods of Yogic Practices - I	21.01.2021	10 am to 1 pm
MY17104A	Health, Fitness, Wellness, Nutrition and Yogic Diet	22.01.2021	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
MY17201	Methodology of Teaching Yoga	19.01.2021	2 pm to 5 pm
MY17202	Yoga and Psychology	20.01.2021	2 pm to 5 pm
MY17203	Methods of Yogic Practices - II	21.01.2021	2 pm to 5 pm
MY17204A	Yoga Therapy	22.01.2021	2 pm to 5 pm
MY17204B	Environmental Studies		

Third Semester			
Subject Code	Subject	Date	Time
MY17301	Basic and Hatha Yoga Texts	29.01.2021	10 am to 1 pm
MY17302	Research Processes and Statistics in Yoga	30.01.2021	10 am to 1 pm
MY17303	Methods of Yogic Practices-III	01.02.2021	10 am to 1 pm
MY17304A	Computer Applications in Yoga	02.02.2021	10 am to 1 pm
MY17304B	Human Rights and Women Studies		

Fourth Semester			
Subject Code	Subject	Date	Time
MY17401	Patanjali's Yoga sutras and Tirumoolar's Thirumandiram	23.01.2021	10 am to 1 pm
MY17402	Indian Traditional System of Medicine & Therapies	25.01.2021	10 am to 1 pm
MY17403	Methods of Yogic Practices-IV	27.01.2021	10 am to 1 pm

P.G Diploma in Yoga (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
GY17101	Fundamentals of Yoga Education	19.01.2021	10 am to 1 pm
GY17102	Applied Anatomy and Physiology	20.01.2021	10 am to 1 pm
GY17103	Methods of Yogic Practices - I	21.01.2021	10 am to 1 pm
GY17104A	Health, Fitness, Wellness, Nutrition and Yogic Diet	22.01.2021	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
GY17201	Methodology of Teaching Yoga	19.01.2021	2 pm to 5 pm
GY17202	Yoga and Psychology	20.01.2021	2 pm to 5 pm
GY17203	Methods of Yogic Practices – II	21.01.2021	2 pm to 5 pm
GY17204A	Yoga Therapy	22.01.2021	2 pm to 5 pm
GY17204B	Environmental Studies		

Diploma in Yoga (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
DY17101	Applied Yoga	19.01.2021	10 am to 1 pm
DY17102	Yoga Therapy	20.01.2021	10 am to 1 pm
DY17103	Methods of Yogic Practices	21.01.2021	10 am to 1 pm

Certificate in Yoga (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
CY17101	Applied Yoga	19.01.2021	10 am to 1 pm
CY17102	Methods of Yogic Practices	20.01.2021	10 am to 1 pm

B.Sc., in Yoga (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
BY17101	Tamil I	18.01.2021	10 am to 1 pm
BY17102	English I	19.01.2021	10 am to 1 pm
BY17103	Fundamentals of Yoga	20.01.2021	10 am to 1 pm
BY17104	Scientific Basis of Yoga	21.01.2021	10 am to 1 pm
BY17105	Methods of Yogic Practices - I	22.01.2021	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
BY17201	Tamil II	18.01.2021	2 pm to 5 pm
BY17202	English II	19.01.2021	2 pm to 5 pm
BY17203	Texts of Yoga	20.01.2021	2 pm to 5 pm
BY17204	Methods of Yogic Practices - II	21.01.2021	2 pm to 5 pm
BY17205A	Health, Fitness, Wellness, Diet and Nutrition	22.01.2021	2 pm to 5 pm
BY17205B	Personality Development and Communication Skills		

Third Semester			
Subject Code	Subject	Date	Time
BY17301	Tamil III	30.01.2021	10 am to 1 pm
BY17302	English III	01.02.2021	10 am to 1 pm
BY17303	Tirumoolars Tirumandiram	02.02.2021	10 am to 1 pm
BY17304	Methods of Yogic Practices III	03.02.2021	10 am to 1 pm
BY17305A	Computer Applications in Yoga	04.02.2021	10 am to 1 pm
BY17305B	Environmental Studies		

Fourth Semester			
Subject Code	Subject	Date	Time
BY17401	Tamil IV	23.01.2021	10 am to 1 pm
BY17402	English IV	25.01.2021	10 am to 1 pm
BY17403	Patanjali's Yoga Sutras	27.01.2021	10 am to 1 pm
BY17404	Methodology of Teaching Yoga	28.01.2021	10 am to 1 pm
BY17405	Methods of Yogic Practices-IV	29.01.2021	10 am to 1 pm

Fifth Semester			
Subject Code	Subject	Date	Time
BY17501	Yoga and Psychology	30.01.2021	2 pm to 5 pm
BY17502	An Introudction to Indian Traditional Systems of Medicine & Therapies	01.02.2021	2 pm to 5 pm
BY17503	Methods of Yogic practices V	02.02.2021	2 pm to 5 pm

Sixth Semester			
Subject Code	Subject	Date	Time
BY17601	Yoga Therapy	23.01.2021	2 pm to 5 pm
BY17602	Methods of Yogic Practices-VI	25.01.2021	2 pm to 5 pm

M.Sc Yoga - (2018 Onwards CBCS Syllabus)

First Semester

Subject Code	Subject	Date	Time
PYO18CT101	Fundamentals of yoga	18.01.2021	10 am to 1 pm
PYO18CT102	Anatomy and physiology	19.01.2021	10 am to 1 pm
PYO18CT103	Methods of yogic practices	20.01.2021	10 am to 1 pm
PYO18DE001	Yoga and health	21.01.2021	10 am to 1 pm
PYO18DE002	Yoga and nutrition		
PYO18DE003	Yoga in education		
PYO18DE004	Yoga and wellness		
PYO18DE005	Methods of naturopathy		
PYO18DE006	Tirumoolars thirumanthiram		
PYO18DE007	Yogic diet		
PYO18DE008	Statistics in yoga		
PYO18AE101	Communication skills	22.01.2021	10 am to 1 pm

Second Semester

Subject Code	Subject	Date	Time
PYO18CT201	Yoga and psychology	18.01.2021	2 pm to 5 pm
PYO18CT202	Methodology of teaching yoga	19.01.2021	2 pm to 5 pm
PYO18CT203	Basic yoga texts	20.01.2021	2 pm to 5 pm
PYO18DE001	Yoga and health	21.01.2021	2 pm to 5 pm
PYO18DE002	Yoga and nutrition		
PYO18DE003	Yoga in education		
PYO18DE004	Yoga and wellness		
PYO18DE005	Methods of naturopathy		
PYO18DE006	Tirumoolars thirumanthiram		
PYO18DE007	Yogic diet		
PYO18DE008	Statistics in yoga		
PYO18GE201	Generic Elective	22.01.2021	2 pm to 5 pm
PYO18SE201	Computer Applications	23.01.2021	10 am to 1 pm

Third Semester			
Subject Code	Subject	Date	Time
PYO18CT301	Yoga therapy	29.01.2021	10 am to 1 pm
PYO18CT302	Hatha yoga texts	30.01.2021	10 am to 1 pm
PYO18CT303	Traditional systems of medicine and therapies	01.02.2021	10 am to 1 pm
PYO18DE001	Yoga and health	02.02.2021	10 am to 1 pm
PYO18DE002	Yoga and nutrition		
PYO18DE003	Yoga in education		
PYO18DE004	Yoga and wellness		
PYO18DE005	Methods of naturopathy		
PYO18DE006	Tirumoolars thirumanthiram		
PYO18DE007	Yogic diet		
PYO18DE008	Statistics in yoga		
PYO18GE301	Generic Elective	03.02.2021	10 am to 1 pm
PYO18AE301	Personality Development	04.02.2021	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time
PYO18CT401	Research processes in yoga	29.01.2021	2 pm to 5 pm
PYO18CT402	Yoga sutras	30.01.2021	2 pm to 5 pm
PYO18DE001	Yoga and health	01.02.2021	2 pm to 5 pm
PYO18DE002	Yoga and nutrition		
PYO18DE003	Yoga in education		
PYO18DE004	Yoga and wellness		
PYO18DE005	Methods of naturopathy		
PYO18DE006	Tirumoolars thirumanthiram		
PYO18DE007	Yogic diet		
PYO18DE008	Statistics in yoga		
PYO18SE401	Environmental studies	02.02.2021	2 pm to 5 pm

M.Sc Yoga Therapy - (2018 Onwards CBCS Syllabus)

First Semester

Subject Code	Subject	Date	Time
PYT18CT101	Fundamentals of yoga therapy	18.01.2021	10 am to 1 pm
PYT18CT102	Functional anatomy and physiology	19.01.2021	10 am to 1 pm
PYT18CT103	Basic principles of yoga therapy	20.01.2021	10 am to 1 pm
PYT18DE001	Health and yoga therapy	21.01.2021	10 am to 1 pm
PYT18DE002	Nutrition and yoga therapy		
PYT18DE003	Methods of teaching toga therapy		
PYT18DE004	Wellness and yoga therapy		
PYT18DE005	Methods of naturopathy		
PYT18DE006	Tirumoolars thirumanthiram in yoga therapy		
PYT18DE007	Applied yoga		
PYT18DE008	Statistics in yoga therapy		
PYT18AE101	Communication skills	22.01.2021	10 am to 1 pm

Second Semester

Subject Code	Subject	Date	Time
PYT18CT201	Yoga Therapy and Psychology	18.01.2021	2 pm to 5 pm
PYT18CT202	Physical Examination Methods of Yoga Therapy	19.01.2021	2 pm to 5 pm
PYT18CT203	Methodology in yoga therapy	20.01.2021	2 pm to 5 pm
PYT18DE001	Health and yoga therapy	21.01.2021	2 pm to 5 pm
PYT18DE002	Nutrition and yoga therapy		
PYT18DE003	Methods of teaching toga therapy		
PYT18DE004	Wellness and yoga therapy		
PYT18DE005	Methods of naturopathy		
PYT18DE006	Tirumoolars thirumanthiram in yoga therapy		
PYT18DE007	Applied yoga		
PYT18DE008	Statistics in yoga therapy		
PYT18GE201	Generic Elective	22.01.2021	2 pm to 5 pm
PYT18SE201	Computer Applications	23.01.2021	10 am to 1 pm

Third Semester			
Subject Code	Subject	Date	Time
PYT18CT301	Texts in Yoga Therapy	29.01.2021	10 am to 1 pm
PYT18CT302	Pathology Ailments and Yoga Therapy	30.01.2021	10 am to 1 pm
PYT18CT303	Traditional Indian System of Medicine and Therapies	01.02.2021	10 am to 1 pm
PYT18DE001	Health and yoga therapy	02.02.2021	10 am to 1 pm
PYT18DE002	Nutrition and yoga therapy		
PYT18DE003	Methods of teaching toga therapy		
PYT18DE004	Wellness and yoga therapy		
PYT18DE005	Methods of naturopathy		
PYT18DE006	Tirumoolars thirumanthiram in yoga therapy		
PYT18DE007	Applied yoga		
PYT18DE008	Statistics in yoga therapy		
PYT18GE301	Generic Elective	03.02.2021	10 am to 1 pm
PYT18AE301	Personality Development	04.02.2021	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time
PYT18CT401	Research processes in yoga therapy	29.01.2021	2 pm to 5 pm
PYT18CT402	Yoga therapy in yoga sutras	30.01.2021	2 pm to 5 pm
PYT18DE001	Health and yoga therapy	01.02.2021	2 pm to 5 pm
PYT18DE002	Nutrition and yoga therapy		
PYT18DE003	Methods of teaching toga therapy		
PYT18DE004	Wellness and yoga therapy		
PYT18DE005	Methods of naturopathy		
PYT18DE006	Tirumoolars thirumanthiram in yoga therapy		
PYT18DE007	Applied yoga		
PYT18DE008	Statistics in yoga therapy		
PYT18SE401	Environmental studies	02.02.2021	2 pm to 5 pm

M.Sc Yoga for Human Excellence - (2018 Onwards CBCS Syllabus)

First Semester

Subject Code	Subject	Date	Time
PYH18CT101	Applied yoga	18.01.2021	10 am to 1 pm
PYH18CT102	Yoga of body and mind	19.01.2021	10 am to 1 pm
PYH18CT103	Elements of human biology	20.01.2021	10 am to 1 pm
PYH18DE001	Yogic diet	21.01.2021	10 am to 1 pm
PYH18DE002	Methods of naturopathy		
PYH18DE003	Tirumoolars thirumanthiram		
PYH18DE004	Conceptsof mind		
PYH18DE005	Hatha yoga texts		
PYH18DE006	Yoga in education		
PYH18DE007	World peace plans		
PYH18DE008	Statistics in yoga for human excellence		
PYH18AE101	Communication skills	22.01.2021	10 am to 1 pm

Second Semester

Subject Code	Subject	Date	Time
PYH18CT201	Yoga of sublimation and social welfare	18.01.2021	2 pm to 5 pm
PYH18CT202	Methodology of teaching sky yoga	19.01.2021	2 pm to 5 pm
PYH18CT203	Basic yoga texts	20.01.2021	2 pm to 5 pm
PYH18DE001	Yogic diet	21.01.2021	2 pm to 5 pm
PYH18DE002	Methods of naturopathy		
PYH18DE003	Tirumoolars thirumanthiram		
PYH18DE004	Conceptsof mind		
PYH18DE005	Hatha yoga texts		
PYH18DE006	Yoga in education		
PYH18DE007	World peace plans		
PYH18DE008	Statistics in yoga for human excellence		
PYH18GE201	Generic Elective	22.01.2021	2 pm to 5 pm
PYH18SE201	Computer Applications	23.01.2021	10 am to 1 pm

Third Semester			
Subject Code	Subject	Date	Time
PYH18CT301	Yogic science of energy and consciousness	29.01.2021	10 am to 1 pm
PYH18CT302	World community life	30.01.2021	10 am to 1 pm
PYH18CT303	Indian traditional system of medicine and therapies	01.02.2021	10 am to 1 pm
PYH18DE001	Yogic diet	02.02.2021	10 am to 1 pm
PYH18DE002	Methods of naturopathy		
PYH18DE003	Tirumoolars thirumanthiram		
PYH18DE004	Conceptsof mind		
PYH18DE005	Hatha yoga texts		
PYH18DE006	Yoga in education		
PYH18DE007	World peace plans		
PYH18DE008	Statistics in yoga for human excellence		
PYH18GE301	Generic Elective	03.02.2021	10 am to 1 pm
PYH18AE301	Personality Development	04.02.2021	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time
PYH18CT401	Research processes in yoga for human excellence	29.01.2021	2 pm to 5 pm
PYH18CT402	Yoga sutras	30.01.2021	2 pm to 5 pm
PYH18DE001	Yogic diet	01.02.2021	2 pm to 5 pm
PYH18DE002	Methods of naturopathy		
PYH18DE003	Tirumoolars thirumanthiram		
PYH18DE004	Conceptsof mind		
PYH18DE005	Hatha yoga texts		
PYH18DE006	Yoga in education		
PYH18DE007	World peace plans		
PYH18DE008	Statistics in yoga for human excellence		
PYH18SE401	Environmental studies	02.02.2021	2 pm to 5 pm

B.Sc Yoga - (2018 Onwards CBCS Syllabus)**First Semester**

Subject Code	Subject	Date	Time
UYO18CT101	Tamil - I	19.01.2021	10 am to 1 pm
UYO18CT102	English - I	20.01.2021	10 am to 1 pm
UYO18CT103	Fundamentals of yoga	21.01.2021	10 am to 1 pm
UYO18AE101	Communication skills	22.01.2021	10 am to 1 pm

Second Semester

Subject Code	Subject	Date	Time
UYO18CT201	Tamil - II	19.01.2021	2 pm to 5 pm
UYO18CT202	English - II	20.01.2021	2 pm to 5 pm
UYO18CT203	Anatomy and physiology	21.01.2021	2 pm to 5 pm
UYO18AE201	Environmental studies	22.01.2021	2 pm to 5 pm

Third Semester

Subject Code	Subject	Date	Time
UYO18CT301	Tamil - III	29.01.2021	10 am to 1 pm
UYO18CT302	English - III	30.01.2021	10 am to 1 pm
UYO18CT303	Basics Text In Yoga	01.02.2021	10 am to 1 pm
UYO18SE301	Computer Applications In Yoga - I	02.02.2021	10 am to 1 pm

Fourth Semester

Subject Code	Subject	Date	Time
UYO18CT401	Tamil - IV	23.01.2021	10 am to 1 pm
UYO18CT402	English - IV	25.01.2021	10 am to 1 pm
UYO18CT403	Methodology of teaching yoga	27.01.2021	10 am to 1 pm
UYO18SE401	Computer applications in yoga - II	28.01.2021	10 am to 1 pm

Fifth Semester			
Subject Code	Subject	Date	Time
UYO18CT501	Yoga Therpay	29.01.2021	2 pm to 5 pm
UYO18CT502	Yoga and Psychology	30.01.2021	2 pm to 5 pm
UYO18DE501	Usage of Yogic Props	01.02.2021 & 02.02.2021 & 03.02.2021	2 pm to 5 pm
UYO18DE502	Introduction to Indian Systems of Medicine and Therapies		
UYO18DE503	Yoga and Fitness		
UYO18DE504	Schools of Yoga		
UYO18DE505	Hatha Yoga Texts		
UYO18DE506	Diet and Nutrition		
UYO18SE501	Elementary Statistics	04.02.2021	2 pm to 5 pm

B.Sc Yoga for Human Excellence - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
UYH18CT101	Tamil - I	19.01.2021	10 am to 1 pm
UYH18CT102	English - I	20.01.2021	10 am to 1 pm
UYH18CT103	Yoga of body and mind	21.01.2021	10 am to 1 pm
UYH18AE101	Communication skills	22.01.2021	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
UYH18CT201	Tamil - II	19.01.2021	2 pm to 5 pm
UYH18CT202	English - II	20.01.2021	2 pm to 5 pm
UYH18CT203	Yoga of sublimation	21.01.2021	2 pm to 5 pm
UYH18AE201	Environmental studies	22.01.2021	2 pm to 5 pm

Third Semester			
Subject Code	Subject	Date	Time
UYH18CT301	Tamil - III	29.01.2021	10 am to 1 pm
UYH18CT302	English - III	30.01.2021	10 am to 1 pm
UYH18CT303	Transformation Of Universe	01.02.2021	10 am to 1 pm
UYH18SE301	Computer Applications In Sky Yoga - I	02.02.2021	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time
UYH18CT401	Tamil - IV	23.01.2021	10 am to 1 pm
UYH18CT402	English - IV	25.01.2021	10 am to 1 pm
UYH18CT403	Genetic centre and the principle of cause and effect	27.01.2021	10 am to 1 pm
UYH18SE401	Computer applications in sky yoga - II	28.01.2021	10 am to 1 pm

Fifth Semester			
Subject Code	Subject	Date	Time
UYH18CT501	Vethathirian Principles of Life	29.01.2021	2 pm to 5 pm
UYH18CT502	Applied Yoga	30.01.2021	2 pm to 5 pm
UYH18DE501	Fundamentals of Yoga	01.02.2021 & 02.02.2021 & 03.02.2021	2 pm to 5 pm
UYH18DE502	Introduction to Indian Systems of Medicine and Therapies		
UYH18DE503	Transformation of Living Beings		
UYH18DE504	Universal Magnetism and Bio-Magnetism		
UYH18DE505	Basic Yoga Texts		
UYH18DE506	Prosperity of India		
UYH18SE501	Elementary Statistics	04.02.2021	2 pm to 5 pm

P.G Diploma Yoga for Human Excellence - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
DYH18CT101	Applied yoga	19.01.2021	10 am to 1 pm
DYH18CT102	Yoga of body and mind	20.01.2021	10 am to 1 pm
DYH18CT103	Yoga of sublimation and social welfare	21.01.2021	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
DYH18CT201	Yogic science of energy and consciousness	19.01.2021	2 pm to 5 pm
DYH18CT202	Traditional indian systems of medicine and therapies	20.01.2021	2 pm to 5 pm

Diploma Yoga for Human Excellence - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
DYH18CT101	Yoga of body and mind	19.01.2021	10 am to 1 pm
DYH18CT102	Yoga of sublimation and social welfare	20.01.2021	10 am to 1 pm
DYH18CT103	Yogic science of energy and consciousness	21.01.2021	10 am to 1 pm

Certificate Yoga for Human Excellence - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
CYH18CT101	Yogic life (physical body, life - force and mind)	19.01.2021	10 am to 1 pm
CYH18CT102	Sublimation and social welfare	20.01.2021	10 am to 1 pm

M.Phil., Exercise Physiology and Nutrition - (2010 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
13101	Research Methods and Statistics in Exercise Physiology and Nutrition	19.01.2021	10 am to 1 pm
13102	Performance based Exercise Physiology and Nutrition	20.01.2021	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
13201A	Area of Dissertation - Experimental Study	19.01.2021	2 pm to 5 pm
13201B	Area of Dissertation - Comparative Study		
13201C	Area of Dissertation - Analytical Study		
13201D	Area of Dissertation - Survey Study		
13201E	Area of Dissertation - Survey Study		
13202	Computer Operations, Communication Skills and Educational Skills	20.01.2021	2 pm to 5 pm

M.Sc., in Exercise Physiology and Nutrition (2014 Onwards)

First Semester

Subject Code	Subject	Date	Time
MN101	Bio-energetic and Muscular Physiology	19.01.2021	10 am to 1 pm
MN102	Cardio Respiratory and Environmental Physiology	20.01.2021	10 am to 1 pm
MN103	Basic Nutrition	21.01.2021	10 am to 1 pm
MN104A	Fitness and Wellness	22.01.2021	10 am to 1 pm

Second Semester

Subject Code	Subject	Date	Time
MN201	Exercise and Sports for Women	19.01.2021	2 pm to 5 pm
MN202	Computer Application in Exercise Physiology and Nutrition	20.01.2021	2 pm to 5 pm
MN203	Training and Competition Nutrition	21.01.2021	2 pm to 5 pm
MN204A	Yoga and Physiological Values	22.01.2021	2 pm to 5 pm
MN204B	Human Rights		

Third Semester

Subject Code	Subject	Date	Time
MN301	Training for Sports Performance	29.01.2021	10 am to 1 pm
MN302	Research Methods and Statistics in Exercise Physiology and Nutrition	30.01.2021	10 am to 1 pm
MN303	Supplements and Ergogenic Aids for Performance Enhancement	01.02.2021	10 am to 1 pm
MN304A	Sports and Exercise Psychology	02.02.2021	10 am to 1 pm

Fourth Semester

Subject Code	Subject	Date	Time
MN401	Effects of Exercise on Nervous System, Endocrine System and Immunity	29.01.2021	2 pm to 5 pm
MN402	Nutritional need for Special Population	30.01.2021	2 pm to 5 pm
MN403	Exercise Prescription for Special Population	01.02.2021	2 pm to 5 pm

B.Sc., Exercise Physiology and Nutrition (2010 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
12104A	Tamil - I	19.01.2021	10 am to 1 pm
12104B	Hindi – Prose, Functional Hindi and Letter Writing		
12103	English - I Basic Language Skills	20.01.2021	10 am to 1 pm
12102	Introduction to Human Nutrition	21.01.2021	10 am to 1 pm
12101	Basic Human Anatomy and Physiology - I	22.01.2021	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
12204A	Tamil - II	19.01.2021	2 pm to 5 pm
12204B	Hindi - One Act play, Short story and Translation Practice		
12203	English - II Developing the Language Skill	20.01.2021	2 pm to 5 pm
12202	Theories of Sports and Games - I	21.01.2021	2 pm to 5 pm
12201	Basic Human Anatomy and Physiology–II	22.01.2021	2 pm to 5 pm

Third Semester			
Subject Code	Subject	Date	Time
12304A	Tamil - III	29.01.2021	10 am to 1 pm
12304B	Hindi – Prose, Functional Hindi and Letter Writing		
12303	English - III	30.01.2021	10 am to 1 pm
12302	Kinesiology	01.02.2021	10 am to 1 pm
12301	Biological Basis of Physical Education	02.02.2021	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time
12404A	Tamil – IV	23.01.2021	10 am to 1 pm
12404B	Hindi - IV		
12403	English - IV Listening and Speaking	25.01.2021	10 am to 1 pm
12402	Theories of Sports and Games – II	27.01.2021	10 am to 1 pm
12401	Exercise for Special Population	28.01.2021	10 am to 1 pm

Fifth Semester			
Subject Code	Subject	Date	Time
12501	Effect of Training on Various Systems	29.01.2021	2 pm to 5 pm
12502	Exercise Bio Chemistry	30.01.2021	2 pm to 5 pm
12503	Sports Bio - Mechanics	01.02.2021	2 pm to 5 pm
12504	Clinical Dietics	02.02.2021	2 pm to 5 pm

Sixth Semester			
Subject Code	Subject	Date	Time
12601	Sports Nutrition	23.01.2021	2 pm to 5 pm
12602	Training and Performance	25.01.2021	2 pm to 5 pm
12603	Computer Application in Exercise Physiology and Nutrition	27.01.2021	2 pm to 5 pm
12604	First Aid and Sports Injuries and Physiotherapy	28.01.2021	2 pm to 5 pm

M.Sc Exercise Physiology and Nutrition - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PEN18CT101	Bio energetic and muscular physiology	19.01.2021	10 am to 1 pm
PEN18CT102	Cardio vascular and Respiratory Physiology	20.01.2021	10 am to 1 pm
PEN18CT103	Advanced Human Nutrition	21.01.2021	10 am to 1 pm
PEN18DE001	Health fitness and performance assessment	22.01.2021	10 am to 1 pm
PEN18DE002	Muscle and exercise metabolism		
PEN18DE003	Exercise Biochemistry		
PEN18DE004	Renal Physiology		

Second Semester			
Subject Code	Subject	Date	Time
PEN18CT201	Neuro Physiology	19.01.2021	2 pm to 5 pm
PEN18CT202	Training and competition Nutrition	20.01.2021	2 pm to 5 pm
PEN18CT203	Statistics in Exercise physiology and Nutrition	21.01.2021	2 pm to 5 pm
PEN18DE005	Supplements and ergogenic aids for performance enhancement	22.01.2021	2 pm to 5 pm
PEN18DE006	Nutritional planning for sports and exercise		
PEN18DE007	Exercise assessment in special population		
PEN18DE008	Exercise and sports for women		

M.Sc Exercise Physiology and Nutrition - (2018 Onwards CBCS Syllabus)			
Third Semester			
Subject Code	Subject	Date	Time
PEN18CT301	Environmental physiology	29.01.2021	10 am to 1 pm
PEN18CT302	Research method in exercise physiology and nutrition	30.01.2021	10 am to 1 pm
PEN18DE001	Health fitness and performance assessment	01.02.2021	10 am to 1 pm
PEN18DE002	Muscle and exercise metabolism		
PEN18DE003	Exercise Biochemistry		
PEN18DE004	Renal Physiology		
PEN18GE301	(GE)	02.02.2021	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time
PEN18CT401	Exercise and diet prescription for special population	29.01.2021	2 pm to 5 pm
PEN18CT402	Endocrinology	30.01.2021	2 pm to 5 pm
PEN18DE005	Supplements and ergogenic aids for performance enhancement	01.02.2021	2 pm to 5 pm
PEN18DE006	Nutritional planning for sports and exercise		
PEN18DE007	Exercise assessment in special population		
PEN18DE008	Exercise and sports for women		
PEN18GE401	(Generic Elective)	02.02.2021	2 pm to 5 pm

B.Sc Exercise Physiology and Nutrition - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
UEN18CT104	Tamil I / Hindi I / Special English I /Basic Tamil I	19.01.2021	10 am to 1 pm
UEN18CT105	English I	20.01.2021	10 am to 1 pm
UEN18CT101	Basic anatomy and physiology – I	21.01.2021	10 am to 1 pm
UEN18CT102	Fundamentals in Food Science	22.01.2021	10 am to 1 pm
UEN18CT103	Health Education	23.01.2021	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
UEN18AE201	Environmental studies (Foundation Course)	18.01.2021	2 pm to 5 pm
UEN18CT204	Tamil II / Hindi II / Special English II/Basic Tamil	19.01.2021	2 pm to 5 pm
UEN18CT205	English II	20.01.2021	2 pm to 5 pm
UEN18CT201	Basic anatomy and physiology – II	21.01.2021	2 pm to 5 pm
UEN18CT202	Introduction to Human Nutrition	22.01.2021	2 pm to 5 pm
UEN18CT203	Clinical exercise testing procedures	23.01.2021	2 pm to 5 pm

Third Semester			
Subject Code	Subject	Date	Time
UEN18CT304	Tamil III / Hindi III / Special English III/Special Tamil	25.01.2021	10 am to 1 pm
UEN18CT305	English II	27.01.2021	10 am to 1 pm
UEN18CT301	Kinanthropometry	28.01.2021	10 am to 1 pm
UEN18CT302	Sports Nutrition	29.01.2021	10 am to 1 pm
UEN18CT303	Training and Performance	30.01.2021	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time
UEN18CT404	Tamil IV/ Hindi IV/ Special English/SpecialTamil	25.01.2021	2 pm to 5 pm
UEN18CT405	English IV	27.01.2021	2 pm to 5 pm
UEN18CT401	Exercise for special population	28.01.2021	2 pm to 5 pm
UEN18CT402	ClinicalDietics	29.01.2021	2 pm to 5 pm
UEN18CT403	Effect of exercise on various system	30.01.2021	2 pm to 5 pm

Fifth Semester			
Subject Code	Subject	Date	Time
UEN18DE501	Kinesiology	01.02.2021 & 02.02.2021 & 03.02.2021	2 pm to 5 pm
UEN18DE502	Strength and Conditioning		
UEN18DE503	Nutritional Ergogenic Aids and Exercise Performance		
UEN18DE504	Weight Management		
UEN18DE505	Geratric Sports and Nutrition		
UEN18DE506	Floor and Step Aerobics		
UEN18SE501	Elementary Statistics in Exercise Physiology and Nutrition	04.02.2021	2 pm to 5 pm

M.Phil., Sports Biomechanics and Kinesiology - (2010 Onwards)

First Semester

Subject Code	Subject	Date	Time
21101	Research Methodology and Statistics in Sports Biomechanics and Kinesiology	18.01.2021	10 am to 1 pm
21102	Area of Specialization - Sports Biomechanics	19.01.2021	10 am to 1 pm

Second Semester

Subject Code	Subject	Date	Time
21201	Area of Dissertation	18.01.2021	2 pm to 5 pm
21202	Computer Operations Communication & Educational Skills	19.01.2021	2 pm to 5 pm

M.Sc., Biomechanics and Kinesiology (2016 Onwards)

First Semester

Subject Code	Subject	Date	Time
MK16101	Applied Anatomy and Physiology	19.01.2021	10 am to 1 pm
MK16102	Basic Bio-mechanics	20.01.2021	10 am to 1 pm
MK16103	Biomechanical Analysis of Gait and Posture	21.01.2021	10 am to 1 pm
MK16104A	Mathematics in biomechanics	22.01.2021	10 am to 1 pm
MK16104B	Introduction to Test, Measurement and Evaluation		

Second Semester

Subject Code	Subject	Date	Time
MK16201	Kinesiology	19.01.2021	10 am to 1 pm
MK16202	Applied Biomechanics	20.01.2021	10 am to 1 pm
MK16203	MATLAB	21.01.2021	10 am to 1 pm
MK16204A	Fitness and Wellness	22.01.2021	10 am to 1 pm
MK16204B	Biomechanics software and computer applications in Biomechanics		

Third Semester

Subject Code	Subject	Date	Time
MK16301	Biomechanical analysis of track and field events	29.01.2021	10 am to 1 pm
MK16302	Research Methods in Sports Biomechanics and Kinesiology	30.01.2021	10 am to 1 pm
MK16303	Statistics in Sports Biomechanics and Kinesiology	01.02.2021	10 am to 1 pm
MK16304A	Biomechanics of Asanas	02.02.2021	10 am to 1 pm
MK16304B	Sports Psychology and Sociology		

Fourth Semester			
Subject Code	Subject	Date	Time
MK16401	Biomechanical Analysis of Sports and Games-I	29.01.2021	2 pm to 5 pm
MK16402	Biomechanical Analysis of Sports and Games-II	30.01.2021	2 pm to 5 pm
MK16403	Kinanthropometry	01.02.2021	2 pm to 5 pm

M.Sc Sports Biomrechanics and Kinesiology - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PBM18CT101	Functional anatomy and physiology	19.01.2021	10 am to 1 pm
PBM18CT102	Basic biomechanics	20.01.2021	10 am to 1 pm
PBM18CT103	Dynamics of motor skill acquisition	21.01.2021	10 am to 1 pm
PBM18DE001	Mathematics in biomechanics	22.01.2021	10 am to 1 pm
PBM18DE002	Foundations of fitness and exercise prescription		
PBM18DE003	Sports Technology		
PBM18DE004	MATLAB		
PBM18AE101	Communicative skills	23.01.2021	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
PBM18CT201	Kinesiology	19.01.2021	2 pm to 5 pm
PBM18CT202	Biomechanical instrumentation and measurement	20.01.2021	2 pm to 5 pm
PBM18CT203	Palpation technique and kinanthropometry	21.01.2021	2 pm to 5 pm
PBM18DE005	Exercise and sports physiology	22.01.2021	2 pm to 5 pm
PBM18DE006	Psychology of sports performance		
PBM18DE007	Human posture and corrective exercise		
PBM18DE008	Modelling and simulation		
PBM18SE201	Fundamentals of information technology	23.01.2021	2 pm to 5 pm

Third Semester			
Subject Code	Subject	Date	Time
PBM18CT301	Biomechanics of Track and Field Performance	29.01.2021	10 am to 1 pm
PBM18CT302	Biomechanics of Sports and Games Skills-I	30.01.2021	10 am to 1 pm
PBM18CT303	Research Methods and Statistical Process in Sports Biomechanics	01.02.2021	10 am to 1 pm
PBM18DE001	Mathematics in biomechanics	02.02.2021	10 am to 1 pm
PBM18DE002	Foundations of fitness and exercise prescription		
PBM18DE003	Sports Technology		
PBM18DE004	MATLAB		
PBM18GE301	Generic Elective	03.02.2021	10 am to 1 pm
PBM18AE301	Personality Development	04.02.2021	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time
PBM18CT401	Mechanics of sports and games skills - II	29.01.2021	2 pm to 5 pm
PBM18CT402	Human gait	30.01.2021	2 pm to 5 pm
PBM18CT403	Sports performance analysis	01.02.2021	2 pm to 5 pm
PBM18DE005	Exercise and sports physiology	02.02.2021	2 pm to 5 pm
PBM18DE006	Psychology of sports performance		
PBM18DE007	Human posture and corrective exercise		
PBM18DE008	Modelling and simulation		
PBM18GE401	(Generic Elective)	03.02.2021	2 pm to 5 pm

B.Sc Sports Biomechanics and Kinesiology - (2019 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
UBM19CT101	Tamil-I / Hindi-I	19.01.2021	10 am to 1 pm
UBM19CT102	English I	20.01.2021	10 am to 1 pm
UBM19CT103	Introduction to Human Anatomy and Physiology	21.01.2021	10 am to 1 pm
UBM19CT104	Basic Biomechanics	22.01.2021	10 am to 1 pm
UBM19CT105	Mathematics in Biomechanics	23.01.2021	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
UBM19CT201	Tamil-II / Hindi-II	19.01.2021	2 pm to 5 pm
UBM19CT202	English-II	20.01.2021	2 pm to 5 pm
UBM19CT203	Applied Anatomy and Physiology	21.01.2021	2 pm to 5 pm
UBM19CT204	Introduction to Kinesiology	22.01.2021	2 pm to 5 pm
UBM19CT205	Physiology of Exercise	23.01.2021	2 pm to 5 pm

Third Semester			
Subject Code	Subject	Date	Time
UBM19CT301	Tamil-III / Hindi-III	29.01.2021	10 am to 1 pm
UBM19CT302	English-III	30.01.2021	10 am to 1 pm
UBM19CT303	Applied Biomechanics	01.02.2021	10 am to 1 pm
UBM19CT304	Motor Learning	02.02.2021	10 am to 1 pm
UBM19CT305	Kinanthropometry	03.02.2021	10 am to 1 pm

M.Phil. Sports Psychology (2017 onwards)			
First Semester			
Subject Code	Subject	Date	Time
MSP17101	Research Methodology and Statistics	18.01.2021	10 am to 1 pm
MSP17102	Area of Specialization - Applied Sports Psychology	19.01.2021	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
MSP17201	Area of Dissertation	18.01.2021	2 pm to 5 pm
MSP17202	Computer Operations Communication & Educational skills	19.01.2021	2 pm to 5 pm

M.Phil., Sociology (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
MPS17101	Research Methodology and Statistics	18.01.2021	10 am to 1 pm
MPS17102	Sociological Theories	19.01.2021	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
MPS17201	Area of Dissertation	18.01.2021	2 pm to 5 pm
MPS17202	Computer Operations Communication & Educational Skills	19.01.2021	2 pm to 5 pm

M.Sc Sports Psychology and Sociology- (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PPS18CT101	Advanced general psychology	19.01.2021	10 am to 1 pm
PPS18CT102	Introduction to sports sociology	20.01.2021	10 am to 1 pm
PPS18CT103	Research methodology	21.01.2021	10 am to 1 pm
PPS18DE001	Methods and measurement in psychology	22.01.2021	10 am to 1 pm
PPS18DE002	Social problem and issues		
PPS18DE003	Sociology of health		
PPS18DE004	Psychometrics		
PPS18DE005	Motor learning and psychology of coaching		
PPS18DE006	Team cohesion and group dynamics		
PPS18DE007	Environmental sociology		
PPS18DE008	Positive psychology		

Second Semester			
Subject Code	Subject	Date	Time
PPS18CT201	Psychological aspects of sports performance	19.01.2021	2 pm to 5 pm
PPS18CT202	Indian social system and sports	20.01.2021	2 pm to 5 pm
PPS18CT203	Social and behavioral statistics	21.01.2021	2 pm to 5 pm
PPS18DE001	Methods and measurement in psychology	22.01.2021	2 pm to 5 pm
PPS18DE002	Social problem and issues		
PPS18DE003	Sociology of health		
PPS18DE004	Psychometrics		
PPS18DE005	Motor learning and psychology of coaching		
PPS18DE006	Team cohesion and group dynamics		
PPS18DE007	Environmental sociology		
PPS18DE008	Positive psychology		

Third Semester			
Subject Code	Subject	Date	Time
PPS18CT301	Fundamentals of Counselling Skills	29.01.2021	10 am to 1 pm
PPS18CT302	Life Span Development	30.01.2021	10 am to 1 pm
PPS18CT303	Sociological Theories	01.02.2021	10 am to 1 pm
PPS18DE001	Methods and measurement in psychology	02.02.2021	10 am to 1 pm
PPS18DE002	Social problem and issues		
PPS18DE003	Sociology of health		
PPS18DE004	Psychometrics		
PPS18DE005	Motor learning and psychology of coaching		
PPS18DE006	Team cohesion and group dynamics		
PPS18DE007	Environmental sociology		
PPS18DE008	Positive psychology		
PPS18GE301	Generic Elective	03.02.2021	10 am to 1 pm

M.Sc Sports Psychology - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PSP18CT101	Advanced general psychology	19.01.2021	10 am to 1 pm
PSP18CT102	Principles of sports psychology	20.01.2021	10 am to 1 pm
PSP18CT103	Research methodology	21.01.2021	10 am to 1 pm
PSP18DE001	Sports in indian society	22.01.2021	10 am to 1 pm
PSP18DE002	Emotional intelligence		
PSP18DE003	Introduction to sports sociology		
PSP18DE004	Psychometrics		
PSP18DE005	Motor learning and psychology of coaching		
PSP18DE006	Team cohesion and group dynamics		
PSP18DE007	Coping with stress		
PSP18DE008	Positive psychology		

Second Semester			
Subject Code	Subject	Date	Time
PSP18CT201	Psychological aspect of sports performance	19.01.2021	2 pm to 5 pm
PSP18CT202	Biological basis of behavior	20.01.2021	2 pm to 5 pm
PSP18CT203	Behavioral statistics	21.01.2021	2 pm to 5 pm
PSP18DE001	Sports in indian society	22.01.2021	2 pm to 5 pm
PSP18DE002	Emotional intelligence		
PSP18DE003	Introduction to sports sociology		
PSP18DE004	Psychometrics		
PSP18DE005	Motor learning and psychology of coaching		
PSP18DE006	Team cohesion and group dynamics		
PSP18DE007	Coping with stress		
PSP18DE008	Positive psychology		

Third Semester			
PSP18CT301	Fundamentals of Counseling Skills	29.01.2021	10 am to 1 pm
PSP18CT302	psychology of Athletic Injury and Rehabilitation	30.01.2021	10 am to 1 pm
PSP18CT303	Psychological Preparation and Mental Skills Training	01.02.2021	10 am to 1 pm
PSP18DE001	Sports in indian society	02.02.2021	10 am to 1 pm
PSP18DE002	Emotional intelligence		
PSP18DE003	Introduction to sports sociology		
PSP18DE004	Psychometrics		
PSP18DE005	Motor learning and psychology of coaching		
PSP18DE006	Team cohesion and group dynamics		
PSP18DE007	Coping with stress		
PSP18DE008	Positive psychology		
PSP18GE301	Generic Elective	03.02.2021	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time
PSP18CT401	Counseling and behavior modification techniques	29.01.2021	2 pm to 5 pm
PSP18CT402	Sports for the challenged	30.01.2021	2 pm to 5 pm
PSP18CT403	Athletic psychopathology	01.02.2021	2 pm to 5 pm
PSP18DE001	Sports in indian society	02.02.2021	2 pm to 5 pm
PSP18DE002	Emotional intelligence		
PSP18DE003	Introduction to sports sociology		
PSP18DE004	Psychometrics		
PSP18DE005	Motor learning and psychology of coaching		
PSP18DE006	Team cohesion and group dynamics		
PSP18DE007	Coping with stress		
PSP18DE008	Positive psychology		
PSP18GE401	Generic elective	03.02.2021	2 pm to 5 pm

Tamil Nadu Physical Education and Sports University			
M.Phil Sprots Management			
First Semester			
Subject Code	Subject	Date	Time
MPM101	Business Research Methods	18.01.2021	10 am to 1 pm
MPM102	Functional Area of Management	19.01.2021	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
MPM202	Sports Management	18.01.2021	2 pm to 5 pm
MPM201	Computer Operations, Communication & Educational skills	19.01.2021	2 pm to 5 pm

M.B.A Sports Management - (2018 Onwards CBCS Syllabus)**First Semester**

Subject Code	Subject	Date	Time
PSM18CT101	Principles Of Management	18.01.2021	10 am to 1 pm
PSM18CT102	Organizational Behaviour	19.01.2021	10 am to 1 pm
PSM18CT103	Business Laws	20.01.2021	10 am to 1 pm
PSM18CT104	Managerial Economics	21.01.2021	10 am to 1 pm
PSM18CT105	Management Accounting	22.01.2021	10 am to 1 pm
PSM18CT106	Quantitative Methods In Business	23.01.2021	10 am to 1 pm
PSM18AE101	Business Communication	25.01.2021	10 am to 1 pm

Second Semester

Subject Code	Subject	Date	Time
PSM18CT201	Operations Management	18.01.2021	2 pm to 5 pm
PSM18CT202	Marketing Management	19.01.2021	2 pm to 5 pm
PSM18CT203	Financial Management	20.01.2021	2 pm to 5 pm
PSM18CT204	Human Resource Management	21.01.2021	2 pm to 5 pm
PSM18CT205	Operations Research	22.01.2021	2 pm to 5 pm
PSM18CT206	Management Information System	23.01.2021	2 pm to 5 pm
PSM18SE201	E-Commerce	25.01.2021	2 pm to 5 pm

Third Semester

Subject Code	Subject	Date	Time
PSM18CT301	Total Quality Management	27.01.2021	10 am to 1 pm
PSM18CT302	Strategic Management	28.01.2021	10 am to 1 pm
PSM18CT303	Research Methods In Business	29.01.2021	10 am to 1 pm
PSM18DE301	Elective - 1	30.01.2021	10 am to 1 pm
PSM18DE302	Elective - 2	01.02.2021	10 am to 1 pm
PSM18GE301	Generic Elective - I	02.02.2021	10 am to 1 pm
PSM18GE302	Generic Elective - II	03.02.2021	10 am to 1 pm
PSM18AE301	Professional Ethics	04.02.2021	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time
PSM18DE001	Sports Organization And Administration	29.01.2021 & 30.01.2021 & 01.02.2021	2 pm to 5 pm
PSM18DE002	Sports Management Principles And Practices		
PSM18DE003	Sports Marketing		
PSM18DE004	Sports Facility Management		
PSM18DE005	Sports Psychology and Sociology		
PSM18DE006	Sports Tourism		
PSM18DE007	Advertising In Sports		
PSM18DE008	Sports Media and Event Management		
PSM18GE401	Generic Elective - 3	02.02.2021	2 pm to 5 pm
PSM18GE402	Generic Elective - 4	03.02.2021	2 pm to 5 pm

BBA Sports Management - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
USM18CT101	Tamil - I / hindi - I	18.01.2021	10 am to 1 pm
USM18CT102	English - I	19.01.2021	10 am to 1 pm
USM18CT103	Principles of management	20.01.2021	10 am to 1 pm
USM18CT104	Financial and management accounting	21.01.2021	10 am to 1 pm
USM18CT105	Business economics	22.01.2021	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
USM18CT201	Tamil - II / hindi - II	18.01.2021	2 pm to 5 pm
USM18CT202	English - II	19.01.2021	2 pm to 5 pm
USM18CT203	Organizational behaviour	20.01.2021	2 pm to 5 pm
USM18CT204	Business environment	21.01.2021	2 pm to 5 pm
USM18CT205	Business mathematics and statistics	22.01.2021	2 pm to 5 pm

Third Semester			
Subject Code	Subject	Date	Time
USM18CT301	Legal System in Business	29.01.2021	10 am to 1 pm
USM18CT302	Business Communication	30.01.2021	10 am to 1 pm
USM18CT303	Operation Research	01.02.2021	10 am to 1 pm
USM18CT304	Management Information System	02.02.2021	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time
USM18CT401	Production and operations management	23.01.2021	10 am to 1 pm
USM18CT402	Marketing management	25.01.2021	10 am to 1 pm
USM18CT403	Financial management	27.01.2021	10 am to 1 pm
USM18CT404	Human resource management	28.01.2021	10 am to 1 pm

Fifth Semester			
Subject Code	Subject	Date	Time
USM18CT501	Research Methods in Business	29.01.2021	2 pm to 5 pm
USM18CT502	Total Quality Management	30.01.2021	2 pm to 5 pm
USM18DE501	Sports Organization and Administration	01.02.2021	2 pm to 5 pm
USM18DE502	Fundamentals of Sports Management	02.02.2021	2 pm to 5 pm

M.Tech Sports Technology - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PST18CT101	Aerodynamics in sports	19.01.2021	10 am to 1 pm
PST18CT102	Sports Materials Engineering and Design	20.01.2021	10 am to 1 pm
PST18DE001	Sports Engineering and Technology		
PST18DE002	Robotics and artificial intelligence		
PST18DE003	Physiology of Sports and Exercise		
PST18DE004	Principles and design of sports turf		
PST18DE005	Race engine design for optimal performance		
PST18DE006	Sports Equipment Materials		

PST18DE007	Composites and Nano Materials in Sports Application	21.01.2021 & 22.01.2021	10 am to 1 pm
PST18DE008	Software in Sports		
PST18DE009	Sports Psychology: Issues and Applications		
PST18DE010	Surveying And Construction Materials		
PST18DE011	Applied Biomaterials in Sports Technology		
PST18DE012	Commercialization of Sports		
PST18DE013	Sports Economics		
PST18DE014	Motor Sports Applications		
PST18DE015	Sports equipment materials		
PST18DE016	Applications of Statistics in Sports		
PST18DE017	Sports Materials Engineering		
PST18DE018	Race Car Vehicle Dynamics		
PST18DE019	Soil And Ground Improvement Techniques		
PST18AE101	Research Methodology and IPR	23.01.2021	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
PST18CT201	Sports Biomechanics	19.01.2021	10 am to 1 pm
PST18CT202	Measurement and Instrumentation in sports	20.01.2021	10 am to 1 pm
PST18DE001	Sports Engineering and Technology	21.01.2021 & 22.01.2021	2 pm to 5 pm
PST18DE002	Robotics and artificial intelligence		
PST18DE003	Physiology of Sports and Exercise		
PST18DE004	Principles and design of sports turf		
PST18DE005	Race engine design for optimal performance		
PST18DE006	Sports Equipment Materials		
PST18DE007	Composites and Nano Materials in Sports Application		
PST18DE008	Software in Sports		
PST18DE009	Sports Psychology: Issues and Applications		
PST18DE010	Surveying And Construction Materials		
PST18DE011	Applied Biomaterials in Sports Technology		
PST18DE012	Commercialization of Sports		

PST18DE013	Sports Economics		
PST18DE014	Motor Sports Applications		
PST18DE015	Sports equipment materials		
PST18DE016	Applications of Statistics in Sports		
PST18DE017	Sports Materials Engineering		
PST18DE018	Race Car Vehicle Dynamics		
PST18DE019	Soil And Ground Improvement Techniques		

Third Semester			
Subject Code	Subject	Date	Time
PST18DE001	Sports Engineering and Technology	29.01.2021	10 am to 1 pm
PST18DE002	Robotics and artificial intelligence		
PST18DE003	Physiology of Sports and Exercise		
PST18DE004	Principles and design of sports turf		
PST18DE005	Race engine design for optimal performance		
PST18DE006	Sports Equipment Materials		
PST18DE007	Composites and Nano Materials in Sports Application		
PST18DE008	Software in Sports		
PST18DE009	Sports Psychology: Issues and Applications		
PST18DE010	Surveying And Construction Materials		
PST18DE011	Applied Biomaterials in Sports Technology		
PST18DE012	Commercialization of Sports		
PST18DE013	Sports Economics		
PST18DE014	Motor Sports Applications		
PST18DE015	Sports equipment materials		
PST18DE016	Applications of Statistics in Sports		
PST18DE017	Sports Materials Engineering		
PST18DE018	Race Car Vehicle Dynamics		
PST18DE019	Soil And Ground Improvement Techniques		
PST18GE301	Generic Elective	30.01.2021	10 am to 1 pm

Tamil Nadu Physical Education and Sports University			
M.Phil Sports Coaching			
First Semester			
Subject Code	Subject	Date	Time
S01101	Research Methodology and Statistics	18.01.2021	10 am to 1 pm
S01102A	Specialization Science of Sports Training and Coaching	19.01.2021	10 am to 1 pm
S01102B	Sports Psychology		
S01102C	Sports Biomechanics		

Second Semester			
Subject Code	Subject	Date	Time
S01201	Area of Dissertation	18.01.2021	2 pm to 5 pm
S01202	Computer Operations Communication and Educational Skills	19.01.2021	2 pm to 5 pm

B.Sc., Sports Coaching (2010 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
17101	Tamil - I / Hindi - I	18.01.2021	10 am to 1 pm
17102	English - I	19.01.2021	10 am to 1 pm
17103	Anatomy and Physiology	20.01.2021	10 am to 1 pm
17104	History Origin and Development of Specified Sports	21.01.2021	10 am to 1 pm
17105	Allied Theories of Sports and Games Part - I	22.01.2021	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
17201	Tamil - II / Hindi - II	18.01.2021	2 pm to 5 pm
17202	English - II	19.01.2021	2 pm to 5 pm
17203	Science of Sports Training and Conditioning	20.01.2021	2 pm to 5 pm
17204	Rules Regulation and Techniques of Specified Sports/Games	21.01.2021	2 pm to 5 pm
17205	Allied theories of sports and Games Part - II	22.01.2021	2 pm to 5 pm

Third Semester			
Subject Code	Subject	Date	Time
17301	Tamil - III / Hindi - III	30.01.2021	10 am to 1 pm
17302	English - III	01.02.2021	10 am to 1 pm
17303	Sports Medicine and Nutrition	02.02.2021	10 am to 1 pm
17304	Technique and Technical Development of Specified Sports/Game	03.02.2021	10 am to 1 pm
17305	Allied theories of sprots and Games Part - III	04.02.2021	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time
17401	Tamil - IV / Hindi - IV	23.01.2021	10 am to 1 pm
17402	English - IV	25.01.2021	10 am to 1 pm
17403	Sports Psychology and Sociology of Sport	27.01.2021	10 am to 1 pm
17404	Tactics and Tactical Development of Specified Sports/Games	28.01.2021	10 am to 1 pm
17405	Allied Theories of Sports and Games Part - IV	29.01.2021	10 am to 1 pm

Fifth Semester			
Subject Code	Subject	Date	Time
17501	Kinesiology and Bio mechanics	30.01.2021	2 pm to 5 pm
17502	Anthropometry Sports Pedagogy and Talent Identification	01.02.2021	2 pm to 5 pm
17503	Personality Development and Communication Skills	02.02.2021	2 pm to 5 pm
17504	Specific Motor Qualities of Specified Sport /Game	03.02.2021	2 pm to 5 pm
17505	System of Play and Functional Training specified Sprots / Game	04.02.2021	2 pm to 5 pm

Sixth Semester			
Subject Code	Subject	Date	Time
17601	Fundamental of Sports Management	23.01.2021	2 pm to 5 pm
17602	Computer Application, Test and Measurment	25.01.2021	2 pm to 5 pm
17603	Philosophy of Sports Coaching	27.01.2021	2 pm to 5 pm
17604	Team Preparation for specific competitive sport/ Game	28.01.2021	2 pm to 5 pm
17605	Team Coaching and Match Analysis of Specified Sport/ Game	29.01.2021	2 pm to 5 pm

B.Sc., Sports Coaching (2016 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
BC16101	Tamil - I / Hindi - I	18.01.2021	10 am to 1 pm
BC16102	English - I	19.01.2021	10 am to 1 pm
BC16103	Anatomy and Physiology	20.01.2021	10 am to 1 pm
BC16104	History Origin and Development of Specified Sports	21.01.2021	10 am to 1 pm
BC16105	Allied Theories of Sports and Games Part - I	22.01.2021	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
BC16201	Tamil – II / Hindi - II	18.01.2021	2 pm to 5 pm
BC16202	English - II	19.01.2021	2 pm to 5 pm
BC16203	Science of Sports Training and Conditioning – I	20.01.2021	2 pm to 5 pm
BC16204	Rules Regulation and Techniques of Specified Sports	21.01.2021	2 pm to 5 pm
BC16205	Allied theories sports and Games Part – II	22.01.2021	2 pm to 5 pm

Third Semester			
Subject Code	Subject	Date	Time
BC16301	Tamil – III	30.01.2021	10 am to 1 pm
BC16302	English – III	01.02.2021	10 am to 1 pm
BC16303	Sports Medicine and Nutrition	02.02.2021	10 am to 1 pm
BC16304	Technique and Technical Development of Specified Sports/ Games	03.02.2021	10 am to 1 pm
BC16305	Allied theories sports and Games Part – III	04.02.2021	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time
BC16401	Tamil - IV	23.01.2021	10 am to 1 pm
BC16402	English - IV	25.01.2021	10 am to 1 pm
BC16403	Sports Psychology and Sociology of Sport	27.01.2021	10 am to 1 pm
BC16404	Tactics and Tactical Development of Specified Sport/Game	28.01.2021	10 am to 1 pm
BC16405	Allied theories sports and Games Part – IV	29.01.2021	10 am to 1 pm

Fifth Semester			
Subject Code	Subject	Date	Time
BC16501	Kinesiology and Bio Mechanics	30.01.2021	2 pm to 5 pm
BC16502	Anthropometry Sports Pedagogy and Talent Identification	01.02.2021	2 pm to 5 pm
BC16503	Personality Development and Communication Skills	02.02.2021	2 pm to 5 pm
BC16504	Specific Motor qualities, System of play and functional training	03.02.2021	2 pm to 5 pm
BC16505	Pedagogic competition	04.02.2021	2 pm to 5 pm

Sixth Semester			
Subject Code	Subject	Date	Time
BC16601	Fundamentals of Sports Management	23.01.2021	2 pm to 5 pm
BC16602	Computer Application, Test and Measurement	25.01.2021	2 pm to 5 pm
BC16603	Philosophy of Sports Coaching	27.01.2021	2 pm to 5 pm
BC16604	Team Preparation for specific competitive Sport/Game	28.01.2021	2 pm to 5 pm
BC16605	Team Coaching and Match Analysis of Specified Sport/Game	29.01.2021	2 pm to 5 pm

B.Sc., Sports Coaching (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
BC17101	Tamil - I / Hindi - I / Special English	18.01.2021	10 am to 1 pm
BC17102	English - I	19.01.2021	10 am to 1 pm
BC17103	Anatomy and Physiology	20.01.2021	10 am to 1 pm
BC17104	History and Administration of Specified Sports/Game	21.01.2021	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
BC17201	Tamil - II / Hindi - II / Special English	18.01.2021	2 pm to 5 pm
BC17202	English - II	19.01.2021	2 pm to 5 pm
BC17203	Science of Sports Training	20.01.2021	2 pm to 5 pm
BC17204	Rules and Regulation of Specified Sport/Game	21.01.2021	2 pm to 5 pm

Third Semester			
Subject Code	Subject	Date	Time
BC17301A	Tamil - III	30.01.2021	10 am to 1 pm
BC17301B	Hindi - III		
BC17301C	Special English - III		
BC17302	English - III	01.02.2021	10 am to 1 pm
BC17303	Sports Medicine and Nutrition	02.02.2021	10 am to 1 pm
BC17304	Techniques and Technical Training of Specified Sports/Game	03.02.2021	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time
BC17401A	Tamil – IV	23.01.2021	10 am to 1 pm
BC17401B	Hindi- IV		
BC17401C	Special English – IV		
BC17402	English – IV	25.01.2021	10 am to 1 pm
BC17403	Sports Psychology and Sociology of Sport	27.01.2021	10 am to 1 pm
BC17404	Tactics and tactical development of specified Sport/game	28.01.2021	10 am to 1 pm

Fifth Semester			
Subject Code	Subject	Date	Time
BC17501	Kinesiology and Bio Mechanics	30.01.2021	2 pm to 5 pm
BC17502	Anthropometry, Sports Pedagogy and Talent Identification	01.02.2021	2 pm to 5 pm
BC17503	Personality Development, sports law and Communication Skills	02.02.2021	2 pm to 5 pm
BC17504	Specific Motor qualities of specified sport/game	03.02.2021	2 pm to 5 pm

Sixth Semester			
Subject Code	Subject	Date	Time
BC17601	Fundamentals of Sports Management	23.01.2021	2 pm to 5 pm
BC17602	Computer Application, Test and Measurement	25.01.2021	2 pm to 5 pm
BC17603	Philosophy of Coaching and Team Preparation	27.01.2021	2 pm to 5 pm
BC17604	Personal Coaching and Match Analysis of Specified Sport/Game	28.01.2021	2 pm to 5 pm

B.Sc Sports Coaching - (2018 Onwards CBCS Syllabus)**First Semester**

Subject Code	Subject	Date	Time
USC18CT101	Tamil - I	18.01.2021	10 am to 1 pm
USC18CT102	English - I	19.01.2021	10 am to 1 pm
USC18CT103	Anatomy and physiology	20.01.2021	10 am to 1 pm
USC18CT104	History and administration of sport/game	21.01.2021	10 am to 1 pm
USC18DE001	Stengh and Conditioning	22.01.2021	10 am to 1 pm
USC18DE002	Women in Olympic Movement		
USC18DE003	Talent Identification		
USC18DE004	Project Event Management		
USC18DE005	Sports Communication		
USC18DE006	Onfield Sports Injury Management		

Second Semester

Subject Code	Subject	Date	Time
USC18CT201	Tamil - II	18.01.2021	2 pm to 5 pm
USC18CT202	English - II	19.01.2021	2 pm to 5 pm
USC18CT203	Science of sports training	20.01.2021	2 pm to 5 pm
USC18CT204	Rules and regulation of sport/game	21.01.2021	2 pm to 5 pm
USC18DE007	Sports Law	22.01.2021	2 pm to 5 pm
USC18DE008	Computer Application Test and Measurement		
USC18DE009	Play Field and Equipment Management		
USC18DE010	Doping and Its Classification		
USC18DE011	Management of Special Olympic Sports		
USC18DE012	Exercises and Sports for Women		

Third Semester			
Subject Code	Subject	Date	Time
USC18CT301	Tamil - III	30.01.2021	10 am to 1 pm
USC18CT302	English - III	01.02.2021	10 am to 1 pm
USC18CT303	Sports Medicine and Nutrition	02.02.2021	10 am to 1 pm
USC18CT304	Techniques and Technical Training of Sports/Games	03.02.2021	10 am to 1 pm
USC18DE001	Stengh and Conditioning	04.02.2021	10 am to 1 pm
USC18DE002	Women in Olympic Movement		
USC18DE003	Talent Identification		
USC18DE004	Project Event Management		
USC18DE005	Sports Communication		
USC18DE006	Onfield Sports Injury Management		

Fourth Semester			
Subject Code	Subject	Date	Time
USC18CT401	Tamil - IV	23.01.2021	10 am to 1 pm
USC18CT402	English - IV	25.01.2021	10 am to 1 pm
USC18CT403	Sports psychology and sociology of sport	27.01.2021	10 am to 1 pm
USC18CT404	Tactics and tactical development of specified sport/game	28.01.2021	10 am to 1 pm
USC18DE007	Sports Law	29.01.2021	10 am to 1 pm
USC18DE008	Computer Application Test and Measurement		
USC18DE009	Play Field and Equipment Management		
USC18DE010	Doping and Its Classification		
USC18DE011	Management of Special Olympic Sports		
USC18DE012	Exercises and Sports for Women		

Fifth Semester			
Subject Code	Subject	Date	Time
USC18CT501	Kinesiology and Sports BioMechanics	30.01.2021	2 pm to 5 pm
USC18CT502	Specific Motor qualities of sport/game	01.02.2021	2 pm to 5 pm
USC18DE001	Stengh and Conditioning	02.02.2021	2 pm to 5 pm
USC18DE002	Women in Olympic Movement		
USC18DE003	Talent Identification		
USC18DE004	Project Event Management		
USC18DE005	Sports Communication		
USC18DE006	Onfield Sports Injury Management		
USC18SE501	Sports Massage	03.02.2021	2 pm to 5 pm