



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்
TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
(Estd. by the Govt. of Tamil Nadu Under Act No.9 of 2005. A State Govt. University)
Accredited with "B" Grade by NAAC
Vandalur-Kelambakkam Road, Melakottaiyur Post, Chennai – 600 127.

REGULAR EXAMINATIONS TIME TABLE - NOV 2024

Bachelor of Physical Education - (2018 & 2022 Onwards CBCS Syllabus)

First Semester

Subject Code	Subject	Date	Time
UPE18CT101	History, Principles And Foundation Of Physical Education	19.11.2024	2 PM to 5 PM
UPE18CT102	Anatomy And Physiology And Health Education	20.11.2024	2 PM to 5 PM
UPE18CT103	Yoga Education	21.11.2024	2 PM to 5 PM
UPE18DE001	Olympic Movement	23.11.2024	2 PM to 5 PM
UPE18DE002	Gender Studies	25.11.2024	2 PM to 5 PM
UPE18DE003	Sports Medicine, Physiotherapy And Rehabilitation	26.11.2024	2 PM to 5 PM
UPE18DE004	Contemporary Issues In Physical Education, Fitness And Wellness	27.11.2024	2 PM to 5 PM

Second Semester

Subject Code	Subject	Date	Time
UPE18CT201	Sports Training	28.11.2024	2 PM to 5 PM
UPE18CT202	Organization ,Administration And Methods In Physical Education	29.11.2024	2 PM to 5 PM
UPE18CT203	Theories Of Sports And Games, Coaching And Officiating- Part I	30.11.2024	2 PM to 5 PM
UPE18DE005	Educational Technology And Computer Application In Physical Education	23.11.2024	10 AM to 1 PM
UPE18DE006	Sports Nutrition And Weight Management	25.11.2024	10 AM to 1 PM
UPE18DE007	Disability And Inclusive Education	26.11.2024	10 AM to 1 PM
UPE18DE008	Research Project	27.11.2024	10 AM to 1 PM

Third Semester

Subject Code	Subject	Date	Time
UPE18CT301	Measurement And Evaluation In Physical Education	19.11.2024	10 AM to 1 PM
UPE18CT302	Research And Statistics In Physical Education	20.11.2024	10 AM to 1 PM
UPE18CT303	Sports Management And Recreation And Camping	21.11.2024	10 AM to 1 PM
UPE18DE001	Olympic Movement	23.11.2024	2 PM to 5 PM
UPE18DE002	Gender Studies	25.11.2024	2 PM to 5 PM
UPE18DE003	Sports Medicine, Physiotherapy And Rehabilitation	26.11.2024	2 PM to 5 PM
UPE18DE004	Contemporary Issues In Physical Education, Fitness And Wellness	27.11.2024	2 PM to 5 PM

UPE18GE301	Generic Elective	22.11.2024	10 AM to 1 PM
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Fourth Semester			
Subject Code	Subject	Date	Time
UPE18CT401	Theories Of Sports And Games, Coaching And Officiating- Part II	28.11.2024	10 AM to 1 PM
UPE18CT402	Kinesiology And Biomechanics	29.11.2024	10 AM to 1 PM
UPE18CT403	Sports Psychology And Sociology	30.11.2024	10 AM to 1 PM
UPE18DE005	Educational Technology And Computer Application In Physical Education	23.11.2024	10 AM to 1 PM
UPE18DE006	Sports Nutrition And Weight Management	25.11.2024	10 AM to 1 PM
UPE18DE007	Disability And Inclusive Education	26.11.2024	10 AM to 1 PM
UPE18DE008	Research Project	27.11.2024	10 AM to 1 PM

Master of Physical Education - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PPE18CT101	Research Process In Physical Education And Sports Sciences	19.11.2024	2 PM to 5 PM
PPE18CT102	Yogic Sciences	20.11.2024	2 PM to 5 PM
PPE18CT103	Tests, Measurement And Evaluation In Physical Education	21.11.2024	2 PM to 5 PM
PPE18DE001	Physical Fitness And Wellness	23.11.2024	2 PM to 5 PM
PPE18DE002	Sports Technology	25.11.2024	2 PM to 5 PM
PPE18DE003	Sports Engineering	26.11.2024	2 PM to 5 PM
PPE18DE004	Professional Preparation For Slet/Net In Physical Education	27.11.2024	2 PM to 5 PM
Second Semester			
Subject Code	Subject	Date	Time
PPE18CT201	Applied Statistics In Physical Education And Sports	28.11.2024	2 PM to 5 PM
PPE18CT202	Sports Biomechanics And Kinesiology	29.11.2024	2 PM to 5 PM
PPE18CT203	Sports Psychology And Sociology	30.11.2024	2 PM to 5 PM
PPE18DE005	Sports Journalism And Mass Media	23.11.2024	10 AM to 1 PM
PPE18DE006	Health Education And Sports Nutrition	25.11.2024	10 AM to 1 PM
PPE18DE007	Value And Environmental Education	26.11.2024	10 AM to 1 PM
PPE18DE008	Educational Technology In Physical Education	27.11.2024	10 AM to 1 PM

Third Semester			
Subject Code	Subject	Date	Time
PPE18CT301	Sports Medicine, Athletic Care And Rehabilitation	19.11.2024	10 AM to 1 PM

PPE18CT302	Physiology Of Exercise	20.11.2024	10 AM to 1 PM
PPE18CT303	Scientific Principles Of Sports Training	21.11.2024	10 AM to 1 PM
PPE18DE001	Physical Fitness And Wellness	23.11.2024	2 PM to 5 PM
PPE18DE002	Sports Technology	25.11.2024	2 PM to 5 PM
PPE18DE003	Sports Engineering	26.11.2024	2 PM to 5 PM
PPE18DE004	Professional Preparation For Slet/Net In Physical Education	27.11.2024	2 PM to 5 PM
PPE18GE301	Generic Elective	22.11.2024	10 AM to 1 PM
Fourth Semester			
Subject Code	Subject	Date	Time
PPE18CT401	Information And Communication Technology (Ict) In Physical Education	28.11.2024	10 AM to 1 PM
PPE18CT402	Sports Management And Curriculum Design In Physical Education	29.11.2024	10 AM to 1 PM
PPE18DE005	Sports Journalism And Mass Media	23.11.2024	10 AM to 1 PM
PPE18DE006	Health Education And Sports Nutrition	25.11.2024	10 AM to 1 PM
PPE18DE007	Value And Environmental Education	26.11.2024	10 AM to 1 PM
PPE18DE008	Educational Technology In Physical Education	27.11.2024	10 AM to 1 PM

B.P.E.S (2016 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
BS16101	Tamil - I/Hindi-1/Spl.English/Basic Tamil	19.11.2024	10 AM to 1 PM
BS16102	English I	20.11.2024	10 AM to 1 PM
BS16103	General Knowledge and History of Physical Education	21.11.2024	10 AM to 1 PM
BS16104	Rules of Games and Sports-Part I (Basketball, Badminton, Kabaddi, Softball)	22.11.2024	10 AM to 1 PM
Second Semester			
Subject Code	Subject	Date	Time
BS16201	Tamil II / Hindi II / Special English II/Basic Tamil	19.11.2024	2 PM to 5 PM
BS16202	English II	20.11.2024	2 PM to 5 PM
BS16203	Anatomy and Physiology	21.11.2024	2 PM to 5 PM
BS16204	Rules of Games and Sports-Part II (Volleyball, Table Tennis, Swimming, Throwball, Kho-Kho)	22.11.2024	2 PM to 5 PM

Third Semester			
Subject Code	Subject	Date	Time
BS16301	Tamil III / Hindi III / Special English III/Special Tamil	04.12.2024	10 AM to 1 PM
BS16302	English III	05.12.2024	10 AM to 1 PM
BS16303	Health and Safety Education	28.11.2024	10 AM to 1 PM

BS16304	Rules of Games and Sports-Part III (Track and Field and Cross Country)	29.11.2024	10 AM to 1 PM
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Fourth Semester			
Subject Code	Subject	Date	Time
BS16401	Tamil IV/ Hindi IV/ Special English/SpecialTamil	04.12.2024	2 PM to 5 PM
BS16402	English IV	05.12.2024	2 PM to 5 PM
BS16403	Methods in Physical Education	28.11.2024	2 PM to 5 PM
BS16404	Rules of Games and Sports-Part IV (Tennis, Ball Badminton, Football, Gymnastics)	29.11.2024	2 PM to 5 PM
Fifth Semester			
Subject Code	Subject	Date	Time
BS16501	Science of Yoga	23.11.2024	10 AM to 1 PM
BS16502	Care and Prevention of Sports Trauma	25.11.2024	10 AM to 1 PM
BS16503	Kinesiology and Biomechanics	26.11.2024	10 AM to 1 PM
BS16504	Educational Psychology and Sports Journalism	27.11.2024	10 AM to 1 PM

Sixth Semester			
Subject Code	Subject	Date	Time
BS16601	Exercise Physiology and Nutrition	23.11.2024	2 PM to 5 PM
BS16602	Test, Measurement and Evaluation	25.11.2024	2 PM to 5 PM
BS16603	Scientific Principles of Sports Training	26.11.2024	2 PM to 5 PM
BS16604	Rules of Games and Sports-Part V	27.11.2024	2 PM to 5 PM

M.Sc Yoga - (2022 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PYO22CT101	Fundamentals of yoga	19.11.2024	2 PM to 5 PM
PYO22CT102	Anatomy and physiology	20.11.2024	2 PM to 5 PM
PYO22CT103	Classical Yoga Practices - I	21.11.2024	2 PM to 5 PM
PYO22DE001	Yoga and Education	25.11.2024	2 PM to 5 PM
PYO22AE101	Communication skills	23.11.2024	2 PM to 5 PM

Second Semester			
Subject Code	Subject	Date	Time
PYO22CT201	Yoga and psychology	29.11.2024	2 PM to 5 PM
PYO22CT202	Methodology of teaching yoga	30.11.2024	2 PM to 5 PM
PYO22CT203	Basic yoga texts	02.12.2024	2 PM to 5 PM

PYO22DE001	Thirumoolar Thirumanthiram/Statistics in Yoga/Yoga and Nutrition	26.11.2024	2 PM to 5 PM
PYO22GE201	Generic Elective Basic Biomechanics/Applied Yoga/Yogic Practices	22.11.2024	2 PM to 5 PM
PYO22SE201	Computer Applications	03.12.2024	2 PM to 5 PM

Third Semester			
Subject Code	Subject	Date	Time
PYO22CT301	Research Process in Yoga	19.11.2024	10 AM to 1 PM
PYO22CT302	Patanjali Yoga Sutras	20.11.2024	10 AM to 1 PM
PYO22CT303	Traditional Indian systems of Medicine & Therapies	21.11.2024	10 AM to 1 PM
PYO22DE001	Professional preparation of NET or SLET	25.11.2024	10 AM to 1 PM
PYO22GE301	Generic Elective	22.11.2024	10 AM to 1 PM
PYO22AE301	Personality Development	23.11.2024	10 AM to 1 PM

Fourth Semester			
Subject Code	Subject	Date	Time
PYO22CT401	Yoga Therapy	29.11.2024	10 AM to 1 PM
PYO22CT402	Hatha Yoga Text	30.11.2024	10 AM to 1 PM
PYO22CT403	Thesis	02.12.2024	10 AM to 1 PM
PYO18DE004	Methods of Naturopathy	26.11.2024	10 AM to 1 PM
PYO22SE401	Environmental Studies	03.12.2024	10 AM to 1 PM

M.Sc Yoga - (2018 CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PYO18CT101	Fundamentals of yoga	19.11.2024	2 PM to 5 PM
PYO18CT102	Anatomy and physiology	20.11.2024	2 PM to 5 PM
PYO18CT103	Methods of yogic practices	21.11.2024	2 PM to 5 PM
PYO18DE001	Yoga and health	25.11.2024	10 AM to 1 PM
PYO18DE002	Yoga and nutrition	25.11.2024	2 PM to 5 PM
PYO18DE003	Yoga in education	26.11.2024	10 AM to 1 PM
PYO18DE004	Yoga and wellness	26.11.2024	2 PM to 5 PM
PYO18DE005	Methods of naturopathy	27.11.2024	10 AM to 1 PM
PYO18DE006	Tirumoolars thirumanthiram	27.11.2024	2 PM to 5 PM
PYO18DE007	Yogic diet	28.11.2024	10 AM to 1 PM
PYO18DE008	Statistics in yoga	28.11.2024	2 PM to 5 PM
PYO18AE101	Communication skills	23.11.2024	2 PM to 5 PM

Second Semester			
Subject Code	Subject	Date	Time
PYO18CT201	Yoga and psychology	29.11.2024	2 PM to 5 PM
PYO18CT202	Methodology of teaching yoga	30.11.2024	2 PM to 5 PM
PYO18CT203	Basic yoga texts	02.12.2024	2 PM to 5 PM
PYO18DE001	Yoga and health	25.11.2024	10 AM to 1 PM
PYO18DE002	Yoga and nutrition	25.11.2024	2 PM to 5 PM
PYO18DE003	Yoga in education	26.11.2024	10 AM to 1 PM
PYO18DE004	Yoga and wellness	26.11.2024	2 PM to 5 PM
PYO18DE005	Methods of naturopathy	27.11.2024	10 AM to 1 PM
PYO18DE006	Tirumoolars thirumanthiram	27.11.2024	2 PM to 5 PM
PYO18DE007	Yogic diet	28.11.2024	10 AM to 1 PM
PYO18DE008	Statistics in yoga	28.11.2024	2 PM to 5 PM
PYO18GE201	Generic Elective	22.11.2024	2 PM to 5 PM
PYO18SE201	Computer Applications	03.12.2024	2 PM to 5 PM

Third Semester			
Subject Code	Subject	Date	Time
PYO18CT301	Yoga therapy	19.11.2024	10 AM to 1 PM
PYO18CT302	Hatha yoga texts	20.11.2024	10 AM to 1 PM
PYO18CT303	Traditional systems of medicine and therapies	21.11.2024	10 AM to 1 PM
PYO18DE001	Yoga and health	25.11.2024	10 AM to 1 PM
PYO18DE002	Yoga and nutrition	25.11.2024	2 PM to 5 PM
PYO18DE003	Yoga in education	26.11.2024	10 AM to 1 PM
PYO18DE004	Yoga and wellness	26.11.2024	2 PM to 5 PM
PYO18DE005	Methods of naturopathy	27.11.2024	10 AM to 1 PM
PYO18DE006	Tirumoolars thirumanthiram	27.11.2024	2 PM to 5 PM
PYO18DE007	Yogic diet	28.11.2024	10 AM to 1 PM
PYO18DE008	Statistics in yoga	28.11.2024	2 PM to 5 PM
PYO18GE301	Generic Elective	22.11.2024	10 AM to 1 PM
PYO18AE301	Personality Development	23.11.2024	10 AM to 1 PM

Fourth Semester			
Subject Code	Subject	Date	Time
PYO18CT401	Research processes in yoga	29.11.2024	10 AM to 1 PM
PYO18CT402	Yoga sutras	30.11.2024	10 AM to 1 PM
PYO18DE001	Yoga and health	25.11.2024	10 AM to 1 PM

PYO18DE002	Yoga and nutrition	25.11.2024	2 PM to 5 PM
PYO18DE003	Yoga in education	26.11.2024	10 AM to 1 PM
PYO18DE004	Yoga and wellness	26.11.2024	2 PM to 5 PM
PYO18DE005	Methods of naturopathy	27.11.2024	10 AM to 1 PM
PYO18DE006	Tirumoolars thirumanthiram	27.11.2024	2 PM to 5 PM
PYO18DE007	Yogic diet	28.11.2024	10 AM to 1 PM
PYO18DE008	Statistics in yoga	28.11.2024	2 PM to 5 PM
PYO18SE401	Environmental studies	03.12.2024	10 AM to 1 PM

M.Sc Yoga Therapy - (2018 CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PYT18CT101	Fundamentals of yoga therapy	19.11.2024	2 PM to 5 PM
PYT18CT102	Functional anatomy and physiology	20.11.2024	2 PM to 5 PM
PYT18CT103	Basic principles of yoga therapy	21.11.2024	2 PM to 5 PM
PYT18DE001	Health and yoga therapy	25.11.2024	10 AM to 1 PM
PYT18DE002	Nutrition and yoga therapy	25.11.2024	2 PM to 5 PM
PYT18DE003	Methods of teaching toga therapy	26.11.2024	10 AM to 1 PM
PYT18DE004	Wellness and yoga therapy	26.11.2024	2 PM to 5 PM
PYT18DE005	Methods of naturopathy	27.11.2024	10 AM to 1 PM
PYT18DE006	Tirumoolars thirumanthiram in yoga therapy	27.11.2024	2 PM to 5 PM
PYT18DE007	Applied yoga	28.11.2024	10 AM to 1 PM
PYT18DE008	Statistics in yoga therapy	28.11.2024	2 PM to 5 PM
PYT18AE101	Communication skills	23.11.2024	2 PM to 5 PM

Second Semester			
Subject Code	Subject	Date	Time
PYT18CT201	Yoga Therapy and Psychology	29.11.2024	2 PM to 5 PM
PYT18CT202	Physical Examination Methods of Yoga Therapy	30.11.2024	2 PM to 5 PM
PYT18CT203	Methodology in yoga therapy	02.12.2024	2 PM to 5 PM
PYT18DE001	Health and yoga therapy	25.11.2024	10 AM to 1 PM
PYT18DE002	Nutrition and yoga therapy	25.11.2024	2 PM to 5 PM
PYT18DE003	Methods of teaching toga therapy	26.11.2024	10 AM to 1 PM
PYT18DE004	Wellness and yoga therapy	26.11.2024	2 PM to 5 PM

PYT18DE005	Methods of naturopathy	27.11.2024	10 AM to 1 PM
PYT18DE006	Tirumoolars thirumanthiram in yoga therapy	27.11.2024	2 PM to 5 PM
PYT18DE007	Applied yoga	28.11.2024	10 AM to 1 PM
PYT18DE008	Statistics in yoga therapy	28.11.2024	2 PM to 5 PM
PYT18GE201	Generic Elective	22.11.2024	2 PM to 5 PM
PYT18SE201	Computer Applications	03.12.2024	2 PM to 5 PM

Third Semester			
Subject Code	Subject	Date	Time
PYT18CT301	Texts in Yoga Therapy	19.11.2024	10 AM to 1 PM
PYT18CT302	Pathology Ailments and Yoga Therapy	20.11.2024	10 AM to 1 PM
PYT18CT303	Traditional Indian System of Medicine and Therapies	21.11.2024	10 AM to 1 PM
PYT18DE001	Health and yoga therapy	25.11.2024	10 AM to 1 PM
PYT18DE002	Nutrition and yoga therapy	25.11.2024	2 PM to 5 PM
PYT18DE003	Methods of teaching Yoga therapy	26.11.2024	10 AM to 1 PM
PYT18DE004	Wellness and yoga therapy	26.11.2024	2 PM to 5 PM
PYT18DE005	Methods of naturopathy	27.11.2024	10 AM to 1 PM
PYT18DE006	Tirumoolars thirumanthiram in yoga therapy	27.11.2024	2 PM to 5 PM
PYT18DE007	Applied yoga	28.11.2024	10 AM to 1 PM
PYT18DE008	Statistics in yoga therapy	28.11.2024	2 PM to 5 PM
PYT18GE301	Generic Elective	22.11.2024	10 AM to 1 PM
PYT18AE301	Personality Development	23.11.2024	10 AM to 1 PM

Fourth Semester			
Subject Code	Subject	Date	Time
PYT18CT401	Research processes in yoga therapy	29.11.2024	10 AM to 1 PM
PYT18CT402	Yoga therapy in yoga sutras	30.11.2024	10 AM to 1 PM
PYT18DE001	Health and yoga therapy	25.11.2024	10 AM to 1 PM
PYT18DE002	Nutrition and yoga therapy	25.11.2024	2 PM to 5 PM
PYT18DE003	Methods of teaching toga therapy	26.11.2024	10 AM to 1 PM
PYT18DE004	Wellness and yoga therapy	26.11.2024	2 PM to 5 PM
PYT18DE005	Methods of naturopathy	27.11.2024	10 AM to 1 PM
PYT18DE006	Tirumoolars thirumanthiram in yoga therapy	27.11.2024	2 PM to 5 PM
PYT18DE007	Applied yoga	28.11.2024	10 AM to 1 PM
PYT18DE008	Statistics in yoga therapy	28.11.2024	2 PM to 5 PM
PYT18SE401	Environmental studies	03.12.2024	10 AM to 1 PM

M.Sc Yoga for Human Excellence - (2018 Onwards CBCS Syllabus)**First Semester**

Subject Code	Subject	Date	Time
PYH18CT101	Applied yoga	19.11.2024	2 PM to 5 PM
PYH18CT102	Yoga of body and mind	20.11.2024	2 PM to 5 PM
PYH18CT103	Elements of human biology	21.11.2024	2 PM to 5 PM
PYH18DE001	Yogic diet	25.11.2024	10 AM to 1 PM
PYH18DE002	Methods of naturopathy	25.11.2024	2 PM to 5 PM
PYH18DE003	Tirumoolars thirumanthiram	26.11.2024	10 AM to 1 PM
PYH18DE004	Conceptsof mind	26.11.2024	2 PM to 5 PM
PYH18DE005	Hatha yoga texts	27.11.2024	10 AM to 1 PM
PYH18DE006	Yoga in education	27.11.2024	2 PM to 5 PM
PYH18DE007	World peace plans	28.11.2024	10 AM to 1 PM
PYH18DE008	Statistics in yoga for human excellence	28.11.2024	2 PM to 5 PM
PYH18AE101	Communication skills	23.11.2024	2 PM to 5 PM

Second Semester

Subject Code	Subject	Date	Time
PYH18CT201	Yoga of sublimation and social welfare	29.11.2024	2 PM to 5 PM
PYH18CT202	Methodology of teaching sky yoga	30.11.2024	2 PM to 5 PM
PYH18CT203	Basic yoga texts	02.12.2024	2 PM to 5 PM
PYH18DE001	Yogic diet	25.11.2024	10 AM to 1 PM
PYH18DE002	Methods of naturopathy	25.11.2024	2 PM to 5 PM
PYH18DE003	Tirumoolars thirumanthiram	26.11.2024	10 AM to 1 PM
PYH18DE004	Conceptsof mind	26.11.2024	2 PM to 5 PM
PYH18DE005	Hatha yoga texts	27.11.2024	10 AM to 1 PM
PYH18DE006	Yoga in education	27.11.2024	2 PM to 5 PM
PYH18DE007	World peace plans	28.11.2024	10 AM to 1 PM
PYH18DE008	Statistics in yoga for human excellence	28.11.2024	2 PM to 5 PM
PYH18GE201	Generic Elective	22.11.2024	2 PM to 5 PM
PYH18SE201	Computer Applications	03.12.2024	2 PM to 5 PM

Third Semester

Subject Code	Subject	Date	Time
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PYH18CT301	Yogic science of energy and consciousness	19.11.2024	10 AM to 1 PM
PYH18CT302	World community life	20.11.2024	10 AM to 1 PM
PYH18CT303	Indian traditional system of medicine and therapies	21.11.2024	10 AM to 1 PM
PYH18DE001	Yogic diet	25.11.2024	10 AM to 1 PM
PYH18DE002	Methods of naturopathy	25.11.2024	2 PM to 5 PM
PYH18DE003	Tirumoolars thirumanthiram	26.11.2024	10 AM to 1 PM
PYH18DE004	Conceptsof mind	26.11.2024	2 PM to 5 PM
PYH18DE005	Hatha yoga texts	27.11.2024	10 AM to 1 PM
PYH18DE006	Yoga in education	27.11.2024	2 PM to 5 PM
PYH18DE007	World peace plans	28.11.2024	10 AM to 1 PM
PYH18DE008	Statistics in yoga for human excellence	28.11.2024	2 PM to 5 PM
PYH18GE301	Generic Elective	22.11.2024	10 AM to 1 PM
PYH18AE301	Personality Development	23.11.2024	10 AM to 1 PM

Fourth Semester			
Subject Code	Subject	Date	Time
PYH18CT401	Research processes in yoga for human excellence	29.11.2024	10 AM to 1 PM
PYH18CT402	Yoga sutras	30.11.2024	10 AM to 1 PM
PYH18DE001	Yogic diet	25.11.2024	10 AM to 1 PM
PYH18DE002	Methods of naturopathy	25.11.2024	2 PM to 5 PM
PYH18DE003	Tirumoolars thirumanthiram	26.11.2024	10 AM to 1 PM
PYH18DE004	Conceptsof mind	26.11.2024	2 PM to 5 PM
PYH18DE005	Hatha yoga texts	27.11.2024	10 AM to 1 PM
PYH18DE006	Yoga in education	27.11.2024	2 PM to 5 PM
PYH18DE007	World peace plans	28.11.2024	10 AM to 1 PM
PYH18DE008	Statistics in yoga for human excellence	28.11.2024	2 PM to 5 PM
PYH18SE401	Environmental studies	03.12.2024	10 AM to 1 PM

B.Sc Yoga - (2022 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
UYO22CT101	Tamil - I/Hindi-1/Spl.English/Basic Tamil	19.11.2024	10 AM to 1 PM
UYO22CT102	English I	20.11.2024	10 AM to 1 PM
UYO22CT103	Fundamentals of yoga	21.11.2024	10 AM to 1 PM
UYO22CT104	Anatomy and Physiology	22.11.2024	10 AM to 1 PM

UYO18AE101	Classical Yoga Practices - I	23.11.2024	10 AM to 1 PM
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Second Semester			
UYO22CT201	Tamil II / Hindi II / Special English II/Basic Tamil	19.11.2024	2 PM to 5 PM
UYO22CT202	English II	20.11.2024	2 PM to 5 PM
UYO22CT203	Basic Texts in Yoga	21.11.2024	2 PM to 5 PM
UYO22CT204	Classical Yoga Practices - II	22.11.2024	2 PM to 5 PM
UYO22AE201	Communication skills	23.11.2024	2 PM to 5 PM

Third Semester			
Subject Code	Subject	Date	Time
UYO22CT301	Tamil III / Hindi III / Special English III/Special Tamil	04.12.2024	10 AM to 1 PM
UYO22CT302	English III	05.12.2024	10 AM to 1 PM
UYO22CT303	Pathanjali Yoga Sutras - 1	30.11.2024	10 AM to 1 PM
UYO22CT304	Methodology of Teaching Yoga	02.12.2024	10 AM to 1 PM
UYO22SE301	Computer Applications In Yoga	03.12.2024	10 AM to 1 PM

Fourth Semester			
Subject Code	Subject	Date	Time
UYO22CT401	Tamil IV/ Hindi IV/ Special English	04.12.2024	2 PM to 5 PM
UYO22CT402	English IV	05.12.2024	2 PM to 5 PM
UYO22CT403	Pathanjali Yoga Sutras - II	30.11.2024	2 PM to 5 PM
UYO22CT404	Traditional system of Medicine and Therapy	02.12.2024	2 PM to 5 PM
UYO22AE401	Environmental Studies	03.12.2024	2 PM to 5 PM

Fifth Semester			
Subject Code	Subject	Date	Time
UYO22CT501	Yogic Psychology	25.11.2024	10 AM to 1 PM
UYO22CT502	Hatha Yoga Text – I	26.11.2024	10 AM to 1 PM
UYO22CT503	Classical Yoga with props – IV	27.11.2024	10 AM to 1 PM
UYO22DE501	DE	28.11.2024	10 AM to 1 PM
UYO22SE501	Basic Biomechanics	29.11.2024	10 AM to 1 PM

Sixth Semester			
Subject Code	Subject	Date	Time

UYO22CT601	Tirumoolar's Tirumandiram	25.11.2024	2 PM to 5 PM
UYO22CT602	Principles of Yoga Therapy	26.11.2024	2 PM to 5 PM
UYO22CT603	Basic research in Yoga	27.11.2024	2 PM to 5 PM
UYO22DE601	DE	28.11.2024	2 PM to 5 PM
UYO22SE601	Professional preparation of NET/ SLET/ QCI/YCB	29.11.2024	2 PM to 5 PM

B.Sc Yoga - (2018 CBCS Syllabus)

First Semester

Subject Code	Subject	Date	Time
UYO18CT101	Tamil - I/Hindi-1/Spl.English/Basic Tamil	19.11.2024	10 AM to 1 PM
UYO18CT102	English I	20.11.2024	10 AM to 1 PM
UYO18CT103	Fundamentals of yoga	21.11.2024	10 AM to 1 PM

Second Semester

Subject Code	Subject	Date	Time
UYO18CT201	Tamil II / Hindi II / Special English II/Basic Tamil	19.11.2024	2 PM to 5 PM
UYO18CT202	English II	20.11.2024	2 PM to 5 PM
UYO18CT203	Anatomy and physiology	21.11.2024	2 PM to 5 PM
UYO18AE201	Environmental studies	22.11.2024	2 PM to 5 PM

Third Semester

Subject Code	Subject	Date	Time
UYO18CT301	Tamil III / Hindi III / Special English III/Special Tamil	04.12.2024	10 AM to 1 PM
UYO18CT302	English III	05.12.2024	10 AM to 1 PM
UYO18CT303	Basics Text In Yoga	06.12.2024	10 AM to 1 PM
UYO18SE301	Computer Applications In Yoga - I	07.12.2024	10 AM to 1 PM

Fourth Semester

Subject Code	Subject	Date	Time
UYO18CT401	Tamil IV/ Hindi IV/ Special English/SpecialTamil	04.12.2024	2 PM to 5 PM
UYO18CT402	English IV	05.12.2024	2 PM to 5 PM
UYO18CT403	Methodology of teaching yoga	06.12.2024	2 PM to 5 PM
UYO18SE401	Computer applications in yoga - II	07.12.2024	2 PM to 5 PM

Fifth Semester

Subject Code	Subject	Date	Time
UYO18CT501	Yoga Therpay	23.11.2024	10 AM to 1 PM
UYO18CT502	Yoga and Psychology	02.12.2024	10 AM to 1 PM
UYO18DE501	Usage of Yogic Props	25.11.2024	10 AM to 1 PM
UYO18DE502	Introduction to Indian Systems of Medicine and Therapies	26.11.2024	10 AM to 1 PM
UYO18DE503	Yoga and Fitness	27.11.2024	10 AM to 1 PM
UYO18DE504	Schools of Yoga	28.11.2024	10 AM to 1 PM
UYO18DE505	Hatha Yoga Texts	29.11.2024	10 AM to 1 PM
UYO18DE506	Diet and Nutrition	30.11.2024	10 AM to 1 PM
UYO18SE501	Elementary Statistics	03.12.2024	10 AM to 1 PM

Sixth Semester			
Subject Code	Subject	Date	Time
UYO18CT601	PATANJALIS YOGA SUTRAS	23.11.2024	2 PM to 5 PM
UYO18DE601	TIRUMOOLARS TIRUMANDIRAM/ METHODS OF NATUROPATHY	25.11.2024	2 PM to 5 PM
UYO18DE602	YOGA FOR CHALLENGED PEOPLE / METHODS OF NATUROPATHY	26.11.2024	2 PM to 5 PM
UYO18DE603	YOGA AND WELLNESS	27.11.2024	2 PM to 5 PM
UYO18DE604	YOGIC FOOD	28.11.2024	2 PM to 5 PM
UYO18DE605	METHODS OF NATUROPATHY	29.11.2024	2 PM to 5 PM
UYO18DE606	FUNDAMENTALS OF RESEARCH	30.11.2024	2 PM to 5 PM
UYO18SE601	BASIC BIOMECHANICS	03.12.2024	2 PM to 5 PM

B.Sc Yoga for Human Excellence - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
UYH18CT101	Tamil - I/Hindi-1/Spl.English/Basic Tamil	19.11.2024	10 AM to 1 PM
UYH18CT102	English I	20.11.2024	10 AM to 1 PM
UYH18CT103	Yoga of body and mind	21.11.2024	10 AM to 1 PM
UYH18AE101	Communication skills	22.11.2024	10 AM to 1 PM

Second Semester			
Subject Code	Subject	Date	Time
UYH18CT201	Tamil II / Hindi II / Special English II/Basic Tamil	19.11.2024	2 PM to 5 PM
UYH18CT202	English II	20.11.2024	2 PM to 5 PM
UYH18CT203	Yoga of sublimation	21.11.2024	2 PM to 5 PM
UYH18AE201	Environmental studies	22.11.2024	2 PM to 5 PM

Third Semester			
Subject Code	Subject	Date	Time
UYH18CT301	Tamil III / Hindi III / Special English III/Special Tamil	04.12.2024	10 AM to 1 PM
UYH18CT302	English III	05.12.2024	10 AM to 1 PM
UYH18CT303	Transformation Of Universe	06.12.2024	10 AM to 1 PM
UYH18SE301	Computer Applications In Sky Yoga - I	07.12.2024	10 AM to 1 PM

Fourth Semester			
Subject Code	Subject	Date	Time
UYH18CT401	Tamil IV/ Hindi IV/ Special English/SpecialTamil	04.12.2024	2 PM to 5 PM
UYH18CT402	English IV	05.12.2024	2 PM to 5 PM
UYH18CT403	Genetic centre and the principle of cause and effect	06.12.2024	2 PM to 5 PM
UYH18SE401	Computer applications in sky yoga - II	07.12.2024	2 PM to 5 PM

Fifth Semester			
Subject Code	Subject	Date	Time
UYH18CT501	Vethathirian Principles of Life	23.11.2024	10 AM to 1 PM
UYH18CT502	Applied Yoga	25.11.2024	10 AM to 1 PM
UYH18DE501	Fundamentals of Yoga	26.11.2024	10 AM to 1 PM
UYH18DE502	Introduction to Indian Systems of Medicine and Therapies	27.11.2024	10 AM to 1 PM
UYH18DE503	Transformation of Living Beings	28.11.2024	10 AM to 1 PM
UYH18DE504	Universal Magnetism and Bio-Magnetism	29.11.2024	10 AM to 1 PM
UYH18DE505	Basic Yoga Texts	30.11.2024	10 AM to 1 PM
UYH18DE506	Prosperity of India	02.12.2024	10 AM to 1 PM
UYH18SE501	Elementary Statistics	03.12.2024	10 AM to 1 PM

Sixth Semester			
Subject Code	Subject	Date	Time
UYH18CT601	YOGA SUTRAS	23.11.2024	2 PM to 5 PM
UYH18DE601	HATHA YOGA TEXTS	26.11.2024	2 PM to 5 PM
UYH18DE602	WISDOM AND LIFE	27.11.2024	2 PM to 5 PM
UYH18DE603	WORLD PEACE PLANS	28.11.2024	2 PM to 5 PM
UYH18DE604	GOD REALIZATION AND MORALITY	29.11.2024	2 PM to 5 PM
UYH18DE605	METHODS OF NATUROPATHY	30.11.2024	2 PM to 5 PM
UYH18DE606	FUNDAMENTALS OF RESEARCH	02.12.2024	2 PM to 5 PM
UYH18SE601	BASIC BIOMECHANICS	25.11.2024	2 PM to 5 PM

M.Sc Exercise Physiology and Nutrition - (2018 Onwards CBCS Syllabus)**First Semester**

Subject Code	Subject	Date	Time
PEN18CT101	Bio energetic and muscular physiology	19.11.2024	2 PM to 5 PM
PEN18CT102	Cardio vascular and Respiratory Physiology	20.11.2024	2 PM to 5 PM
PEN18CT103	Advanced Human Nutrition	21.11.2024	2 PM to 5 PM
PEN18DE001	Health fitness and performance assessment	23.11.2024	2 PM to 5 PM
PEN18DE002	Muscle and exercise metabolism	25.11.2024	2 PM to 5 PM
PEN18DE003	Exercise Biochemistry	26.11.2024	2 PM to 5 PM
PEN18DE004	Renal Physiology	27.11.2024	2 PM to 5 PM

Second Semester

Subject Code	Subject	Date	Time
PEN18CT201	Neuro Physiology	28.11.2024	2 PM to 5 PM
PEN18CT202	Training and competition Nutrition	29.11.2024	2 PM to 5 PM
PEN18CT203	Statistics in Exercise physiology and Nutrition	30.11.2024	2 PM to 5 PM
PEN18DE005	Supplements and ergogenic aids for performance enhancement	23.11.2024	10 AM to 1 PM
PEN18DE006	Nutritional planning for sports and exercise	25.11.2024	10 AM to 1 PM
PEN18DE007	Exercise assessment in special population	26.11.2024	10 AM to 1 PM
PEN18DE008	Exercise and sports for women	27.11.2024	10 AM to 1 PM

Third Semester

Subject Code	Subject	Date	Time
PEN18CT301	Environmental physiology	19.11.2024	10 AM to 1 PM
PEN18CT302	Research method in exercise physiology and nutrition	20.11.2024	10 AM to 1 PM
PEN18DE001	Health fitness and performance assessment	23.11.2024	2 PM to 5 PM
PEN18DE002	Muscle and exercise metabolism	25.11.2024	2 PM to 5 PM
PEN18DE003	Exercise Biochemistry	26.11.2024	2 PM to 5 PM
PEN18DE004	Renal Physiology	27.11.2024	2 PM to 5 PM
PEN18GE301	Generic Elective	22.11.2024	10 AM to 1 PM

Fourth Semester

Subject Code	Subject	Date	Time
PEN18CT401	Exercise and diet prescription for special population	28.11.2024	10 AM to 1 PM
PEN18CT402	Endocrinology	29.11.2024	10 AM to 1 PM

PEN18DE005	Supplements and ergogenic aids for performance enhancement	23.11.2024	10 AM to 1 PM
PEN18DE006	Nutritional planning for sports and exercise	25.11.2024	10 AM to 1 PM
PEN18DE007	Exercise assessment in special population	26.11.2024	10 AM to 1 PM
PEN18DE008	Exercise and sports for women	27.11.2024	10 AM to 1 PM
PEN18GE401	Generic Elective (Event Management/Women and Sports)	22.11.2024	2 PM to 5 PM

B.Sc Exercise Physiology and Nutrition - (2018 Onwards CBCS Syllabus)

First Semester

Subject Code	Subject	Date	Time
UEN18CT104	Tamil - I/Hindi-1/Spl.English/Basic Tamil	19.11.2024	10 AM to 1 PM
UEN18CT105	English I	20.11.2024	10 AM to 1 PM
UEN18CT101	Basic anatomy and physiology – I	21.11.2024	10 AM to 1 PM
UEN18CT102	Fundamentals in Food Science	22.11.2024	10 AM to 1 PM
UEN18CT103	Health Education	23.11.2024	10 AM to 1 PM

Second Semester

Subject Code	Subject	Date	Time
UEN18AE201	Environmental studies (Foundation Course)	25.11.2024	2 PM to 5 PM
UEN18CT204	Tamil II / Hindi II / Special English II/Basic Tamil	19.11.2024	2 PM to 5 PM
UEN18CT205	English II	20.11.2024	2 PM to 5 PM
UEN18CT201	Basic anatomy and physiology – II	21.11.2024	2 PM to 5 PM
UEN18CT202	Introduction to Human Nutrition	22.11.2024	2 PM to 5 PM
UEN18CT203	Clinical exercise testing procedures	23.11.2024	2 PM to 5 PM

Third Semester

Subject Code	Subject	Date	Time
UEN18CT304	Tamil III / Hindi III / Special English III/Special Tamil	04.12.2024	10 AM to 1 PM
UEN18CT305	English III	05.12.2024	10 AM to 1 PM
UEN18CT301	Kinanthropometry	06.12.2024	10 AM to 1 PM
UEN18CT302	Sports Nutrition	07.12.2024	10 AM to 1 PM
UEN18CT303	Training and Performance	09.12.2024	10 AM to 1 PM

Fourth Semester

Subject Code	Subject	Date	Time
UEN18CT404	Tamil IV/ Hindi IV/ Special English/SpecialTamil	04.12.2024	2 PM to 5 PM

UEN18CT405	English IV	05.12.2024	2 PM to 5 PM
UEN18CT401	Exercise for special population	06.12.2024	2 PM to 5 PM
UEN18CT402	ClinicalDietics	07.12.2024	2 PM to 5 PM
UEN18CT403	Effect of exercise on various system	09.12.2024	2 PM to 5 PM

Fifth Semester			
Subject Code	Subject	Date	Time
UEN18DE501	Kinesiology	26.11.2024	10 AM to 1 PM
UEN18DE502	Strength and Conditioning	27.11.2024	10 AM to 1 PM
UEN18DE503	Nutritional Ergogenic Aids and Exercise Performance	28.11.2024	10 AM to 1 PM
UEN18DE505	Geratric Sports and Nutrition	29.11.2024	10 AM to 1 PM
UEN18DE504	Weight Management	30.11.2024	10 AM to 1 PM
UEN18DE506	Floor and Step Aerobics	02.12.2024	10 AM to 1 PM
UEN18SE501	Elementary Statistics in Exercise Physiology and Nutrition	03.12.2024	10 AM to 1 PM

Sixth Semester			
Subject Code	Subject	Date	Time
UEN18DE601	First Aid and Sports injury and Physiotherapy	26.11.2024	2 PM to 5 PM
UEN18DE602	Sports Biomechanics	27.11.2024	2 PM to 5 PM
UEN18DE603	Nutrition and immune function in athletes	28.11.2024	2 PM to 5 PM
UEN18DE604	Fitness and wellness	29.11.2024	2 PM to 5 PM
UEN18DE605	Stability and Core training	30.11.2024	2 PM to 5 PM
UEN18SE601	Computer application in Exercise physiology and Nutrition	02.12.2024	2 PM to 5 PM

M.Sc Sports Biomrechanics and Kinesiology - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PBM18CT101	Functional anatomy and physiology	19.11.2024	2 PM to 5 PM
PBM18CT102	Basic biomechanics	20.11.2024	2 PM to 5 PM
PBM18CT103	Dynamics of motor skill acquisition	21.11.2024	2 PM to 5 PM
PBM18DE001	Mathematics in biomechanics	25.11.2024	2 PM to 5 PM
PBM18DE002	Foundations of fitness and exercise prescription	26.11.2024	2 PM to 5 PM
PBM18DE003	Sports Technology	27.11.2024	2 PM to 5 PM
PBM18DE004	MATLAB	28.11.2024	2 PM to 5 PM
PBM18AE101	Communicative skills	23.11.2024	2 PM to 5 PM

Second Semester			
Subject Code	Subject	Date	Time
PBM18CT201	Kinesiology	29.11.2024	2 PM to 5 PM
PBM18CT202	Biomechanical instrumentation and measurement	30.11.2024	2 PM to 5 PM
PBM18CT203	Palpation technique and kinanthropometry	02.12.2024	2 PM to 5 PM
PBM18DE005	Exercise and sports physiology	25.11.2024	10 AM to 1 PM
PBM18DE006	Psychology of sports performance	26.11.2024	10 AM to 1 PM
PBM18DE007	Human posture and corrective exercise	27.11.2024	10 AM to 1 PM
PBM18DE008	Modelling and simulation	28.11.2024	10 AM to 1 PM
PBM18SE201	Fundamentals of information technology	03.12.2024	2 PM to 5 PM

Third Semester			
Subject Code	Subject	Date	Time
PBM18CT301	Biomechanics of Track and Field Performance	19.11.2024	10 AM to 1 PM
PBM18CT302	Biomechanics of Sports and Games Skills-I	20.11.2024	10 AM to 1 PM
PBM18CT303	Research Methods and Statistical Process in Sports Biomechanics	21.11.2024	10 AM to 1 PM
PBM18DE001	Mathematics in biomechanics	25.11.2024	2 PM to 5 PM
PBM18DE002	Foundations of fitness and exercise prescription	26.11.2024	2 PM to 5 PM
PBM18DE003	Sports Technology	27.11.2024	2 PM to 5 PM
PBM18DE004	MATLAB	28.11.2024	2 PM to 5 PM
PBM18GE301	Generic Elective	22.11.2024	10 AM to 1 PM
PBM18AE301	Personality Development	23.11.2024	10 AM to 1 PM

Fourth Semester			
Subject Code	Subject	Date	Time
PBM18CT401	Mechanics of sports and games skills - II	29.11.2024	10 AM to 1 PM
PBM18CT402	Human gait	30.11.2024	10 AM to 1 PM
PBM18CT403	Sports performance analysis	02.12.2024	10 AM to 1 PM
PBM18DE005	Exercise and sports physiology	25.11.2024	10 AM to 1 PM
PBM18DE006	Psychology of sports performance	26.11.2024	10 AM to 1 PM
PBM18DE007	Human posture and corrective exercise	27.11.2024	10 AM to 1 PM
PBM18DE008	Modelling and simulation	28.11.2024	10 AM to 1 PM
PBM18GE401	Generic Elective	22.11.2024	2 PM to 5 PM

B.Sc Sports Biomechanics and Kinesiology - (2019 Onwards CBCS Syllabus)
First Semester

Subject Code	Subject	Date	Time
UBM19CT101	Tamil - I/Hindi-1/Spl.English/Basic Tamil	19.11.2024	10 AM to 1 PM
UBM19CT102	English I	20.11.2024	10 AM to 1 PM
UBM19CT103	Introduction to Human Anatomy and Physiology	21.11.2024	10 AM to 1 PM
UBM19CT104	Basic Biomechanics	22.11.2024	10 AM to 1 PM
UBM19CT105	Mathematics in Biomechanics	23.11.2024	10 AM to 1 PM

Second Semester

Subject Code	Subject	Date	Time
UBM19CT201	Tamil II / Hindi II / Special English II/Basic Tamil	19.11.2024	2 PM to 5 PM
UBM19CT202	English II	20.11.2024	2 PM to 5 PM
UBM19CT203	Applied Anatomy and Physiology	21.11.2024	2 PM to 5 PM
UBM19CT204	Introduction to Kinesiology	22.11.2024	2 PM to 5 PM
UBM19CT205	Physiology of Exercise	23.11.2024	2 PM to 5 PM
UBM19AE201	Environmental studies (Foundation Course)	25.11.2024	2 PM to 5 PM

Third Semester

Subject Code	Subject	Date	Time
UBM19CT301	Tamil III / Hindi III / Special English III/Special Tamil	04.12.2024	10 AM to 1 PM
UBM19CT302	English III	05.12.2024	10 AM to 1 PM
UBM19CT303	Applied Biomechanics	02.12.2024	10 AM to 1 PM
UBM19CT304	Motor Learning	03.12.2024	10 AM to 1 PM
UBM19CT305	Kinanthropometry	06.12.2024	10 AM to 1 PM

Fourth Semester

Subject Code	Subject	Date	Time
UBM19CT401	Tamil IV/ Hindi IV/ Special English/SpecialTamil	04.12.2024	2 PM to 5 PM
UBM19CT402	English IV	05.12.2024	2 PM to 5 PM
UBM19CT403	Introduction to Human Gait and Posture	02.12.2024	2 PM to 5 PM
UBM19CT404	Biomechanics of Track events	03.12.2024	2 PM to 5 PM
UBM19CT405	Biomechanics of Field Events	06.12.2024	2 PM to 5 PM

Fifth Semester

Subject Code	Subject	Date	Time
UBM19CT501	Biomechanics of Sports and Games - I	26.11.2024	10 AM to 1 PM
UBM19CT502	Biomechanics of Sports and Games - II	27.11.2024	10 AM to 1 PM
UBM19CT503	Fundamental of Research and Statistics in Biomechanics and Kinesiology	28.11.2024	10 AM to 1 PM

UBM19SE501	Computer Application	29.11.2024	10 AM to 1 PM
Sixth Semester			
Subject Code	Subject	Date	Time
UBM19CT601	Introduction to Sports Performance Analysis	26.11.2024	2 PM to 5 PM
UBM19CT602	Foundations of Sports Training, Measurement and Evaluation	27.11.2024	2 PM to 5 PM
UBM19CT603	Introduction to MATLAB in Biomechanics and Kinesiology	28.11.2024	2 PM to 5 PM
UBM19CT604	Introduction to PYTHON in Biomechanics and Kinesiology	29.11.2024	2 PM to 5 PM
UBM19CT605	Introduction to OPENSIM in Biomechanics and Kinesiology	30.11.2024	2 PM to 5 PM

M.Sc Sports Psychology - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PSP18CT101	Advanced general psychology	19.11.2024	2 PM to 5 PM
PSP18CT102	Principles of sports psychology	20.11.2024	2 PM to 5 PM
PSP18CT103	Research methodology	21.11.2024	2 PM to 5 PM
PSP18DE001	Sports in indian society	23.11.2024	10 AM to 1 PM
PSP18DE002	Emotional intelligence	23.11.2024	2 PM to 5 PM
PSP18DE003	Introduction to sports sociology	25.11.2024	10 AM to 1 PM
PSP18DE004	Psychometrics	25.11.2024	2 PM to 5 PM
PSP18DE005	Motor learning and psychology of coaching	26.11.2024	10 AM to 1 PM
PSP18DE006	Team cohesion and group dynamics	26.11.2024	2 PM to 5 PM
PSP18DE007	Coping with stress	27.11.2024	10 AM to 1 PM
PSP18DE008	Positive psychology	27.11.2024	2 PM to 5 PM

Second Semester			
Subject Code	Subject	Date	Time
PSP18CT201	Psychological aspect of sports performance	28.11.2024	2 PM to 5 PM
PSP18CT202	Biological basis of behavior	29.11.2024	2 PM to 5 PM
PSP18CT203	Behavioral statistics	30.11.2024	2 PM to 5 PM
PSP18DE001	Sports in indian society	23.11.2024	10 AM to 1 PM
PSP18DE002	Emotional intelligence	23.11.2024	2 PM to 5 PM
PSP18DE003	Introduction to sports sociology	25.11.2024	10 AM to 1 PM
PSP18DE004	Psychometrics	25.11.2024	2 PM to 5 PM
PSP18DE005	Motor learning and psychology of coaching	26.11.2024	10 AM to 1 PM
PSP18DE006	Team cohesion and group dynamics	26.11.2024	2 PM to 5 PM
PSP18DE007	Coping with stress	27.11.2024	10 AM to 1 PM

PSP18DE008	Positive psychology	27.11.2024	2 PM to 5 PM
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Third Semester			
Subject Code	Subject	Date	Time
PSP18CT301	Fundamentals of Counseling Skills	19.11.2024	10 AM to 1 PM
PSP18CT302	psychology of Athletic Injury and Rehabilitation	20.11.2024	10 AM to 1 PM
PSP18CT303	Psychological Preparation and Mental Skills Training	21.11.2024	10 AM to 1 PM
PSP18DE001	Sports in indian society	23.11.2024	10 AM to 1 PM
PSP18DE002	Emotional intelligence	23.11.2024	2 PM to 5 PM
PSP18DE003	Introduction to sports sociology	25.11.2024	10 AM to 1 PM
PSP18DE004	Psychometrics	25.11.2024	2 PM to 5 PM
PSP18DE005	Motor learning and psychology of coaching	26.11.2024	10 AM to 1 PM
PSP18DE006	Team cohesion and group dynamics	26.11.2024	2 PM to 5 PM
PSP18DE007	Coping with stress	27.11.2024	10 AM to 1 PM
PSP18DE008	Positive psychology	27.11.2024	2 PM to 5 PM
PSP18GE301	Generic Elective	22.11.2024	10 AM to 1 PM

Fourth Semester			
Subject Code	Subject	Date	Time
PSP18CT401	Counseling and behavior modification techniques	28.11.2024	10 AM to 1 PM
PSP18CT402	Sports for the challenged	29.11.2024	10 AM to 1 PM
PSP18CT403	Athletic psychopathology	30.11.2024	10 AM to 1 PM
PSP18DE001	Sports in indian society	23.11.2024	10 AM to 1 PM
PSP18DE002	Emotional intelligence	23.11.2024	2 PM to 5 PM
PSP18DE003	Introduction to sports sociology	25.11.2024	10 AM to 1 PM
PSP18DE004	Psychometrics	25.11.2024	2 PM to 5 PM
PSP18DE005	Motor learning and psychology of coaching	26.11.2024	10 AM to 1 PM
PSP18DE006	Team cohesion and group dynamics	26.11.2024	2 PM to 5 PM
PSP18DE007	Coping with stress	27.11.2024	10 AM to 1 PM
PSP18DE008	Positive psychology	27.11.2024	2 PM to 5 PM
PSP18GE401	Generic Elective	22.11.2024	2 PM to 5 PM

M.Sc Psychology - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PPY18CT101	Advanced General Psychology	19.11.2024	2 PM to 5 PM

PPY18CT102	Biological Basis of Behaviour	20.11.2024	2 PM to 5 PM
PPY18CT103	Research Methodology	21.11.2024	2 PM to 5 PM
PPY18DE001	Managerial Psychology	23.11.2024	10 AM to 1 PM
PPY18DE002	Social Problem and Issues	23.11.2024	2 PM to 5 PM
PPY18DE003	Classroom Psychology	25.11.2024	10 AM to 1 PM
PPY18DE004	Psychometrics	25.11.2024	2 PM to 5 PM
PPY18DE005	Marketing and Consumer Behaviour	26.11.2024	10 AM to 1 PM
PPY18DE006	Psychology of Interpersonal Relationship	26.11.2024	2 PM to 5 PM
PPY18DE007	Coping With Stress	27.11.2024	10 AM to 1 PM
PPY18DE008	Positive Psychology	27.11.2024	2 PM to 5 PM

Second Semester

Subject Code	Subject	Date	Time
PPY18CT201	Life Span Development	28.11.2024	2 PM to 5 PM
PPY18CT202	Psychopathology - I	29.11.2024	2 PM to 5 PM
PPY18CT203	Behavioural Statistics	30.11.2024	2 PM to 5 PM
PPY18DE001	Managerial Psychology	23.11.2024	10 AM to 1 PM
PPY18DE002	Social Problem and Issues	23.11.2024	2 PM to 5 PM
PPY18DE003	Classroom Psychology	25.11.2024	10 AM to 1 PM
PPY18DE004	Psychometrics	25.11.2024	2 PM to 5 PM
PPY18DE005	Marketing and Consumer Behaviour	26.11.2024	10 AM to 1 PM
PPY18DE006	Psychology of Interpersonal Relationship	26.11.2024	2 PM to 5 PM
PPY18DE007	Coping With Stress	27.11.2024	10 AM to 1 PM
PPY18DE008	Positive Psychology	27.11.2024	2 PM to 5 PM

Third Semester

Subject Code	Subject	Date	Time
PPY18CT301	Fundamentals Of Counseling Skills	19.11.2024	10 AM to 1 PM
PPY18CT302	Advanced Social Psychology	20.11.2024	10 AM to 1 PM
PPY18CT303	Psychopathology - Ii	21.11.2024	10 AM to 1 PM
PPY18DE001	Managerial Psychology	23.11.2024	10 AM to 1 PM
PPY18DE002	Social Problem and Issues	23.11.2024	2 PM to 5 PM
PPY18DE003	Classroom Psychology	25.11.2024	10 AM to 1 PM
PPY18DE004	Psychometrics	25.11.2024	2 PM to 5 PM
PPY18DE005	Marketing and Consumer Behaviour	26.11.2024	10 AM to 1 PM

PPY18DE006	Psychology of Interpersonal Relationship	26.11.2024	2 PM to 5 PM
PPY18DE007	Coping With Stress	27.11.2024	10 AM to 1 PM
PPY18DE008	Positive Psychology	27.11.2024	2 PM to 5 PM
PPY18GE301	Generic Elective	22.11.2024	10 AM to 1 PM

Fourth Semester			
Subject Code	Subject	Date	Time
PPY18CT401	Counseling And Behavior Modification	28.11.2024	10 AM to 1 PM
PPY18CT402	Organizational Behavior	29.11.2024	10 AM to 1 PM
PPY18CT403	Training And Development	30.11.2024	10 AM to 1 PM
PPY18DE001	Managerial Psychology	23.11.2024	10 AM to 1 PM
PPY18DE002	Social Problem And Issues	23.11.2024	2 PM to 5 PM
PPY18DE003	Classroom Psychology	25.11.2024	10 AM to 1 PM
PPY18DE004	Psychometrics	25.11.2024	2 PM to 5 PM
PPY18DE005	Marketing And Consumer Behaviour	26.11.2024	10 AM to 1 PM
PPY18DE006	Psychology Of Interpersonal Relationship	26.11.2024	2 PM to 5 PM
PPY18DE007	Coping With Stress	27.11.2024	10 AM to 1 PM
PPY18DE008	Positive Psychology	27.11.2024	2 PM to 5 PM
PPY18GE401	Generic Elective	22.11.2024	2 PM to 5 PM

M.B.A Sports Management - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PSM18CT101	Principles Of Management	19.11.2024	10 AM to 1 PM
PSM18CT102	Organizational Behaviour	20.11.2024	10 AM to 1 PM
PSM18CT103	Business Laws	21.11.2024	10 AM to 1 PM
PSM18CT104	Managerial Economics	25.11.2024	10 AM to 1 PM
PSM18CT105	Management Accounting	26.11.2024	10 AM to 1 PM
PSM18CT106	Quantitative Methods In Business	27.11.2024	10 AM to 1 PM
PSM18AE101	Business Communication	28.11.2024	10 AM to 1 PM

Second Semester			
Subject Code	Subject	Date	Time
PSM18CT201	Operations Management	19.11.2024	2 PM to 5 PM
PSM18CT202	Marketing Management	20.11.2024	2 PM to 5 PM

PSM18CT203	Financial Management	21.11.2024	2 PM to 5 PM
PSM18CT204	Human Resource Management	25.11.2024	2 PM to 5 PM
PSM18CT205	Operations Research	26.11.2024	2 PM to 5 PM
PSM18CT206	Management Information System	27.11.2024	2 PM to 5 PM
PSM18SE201	E-Commerce	28.11.2024	2 PM to 5 PM

Third Semester			
Subject Code	Subject	Date	Time
PSM18CT301	Total Quality Management	29.11.2024	10 AM to 1 PM
PSM18CT302	Strategic Management	30.11.2024	10 AM to 1 PM
PSM18CT303	Research Methods In Business	02.12.2024	10 AM to 1 PM
PSM18DE001	Sports Organization And Administration	03.12.2024	10 AM to 1 PM
PSM18DE003	Sports Marketing	04.12.2024	10 AM to 1 PM
PSM18DE005	Sports Psychology and Sociology	05.12.2024	10 AM to 1 PM
PSM18DE007	Advertising In Sports	06.12.2024	10 AM to 1 PM
PSM18GE301	Generic Elective - I	22.11.2024	10 AM to 1 PM
PSM18GE302	Generic Elective - II	23.11.2024	10 AM to 1 PM
PSM18AE301	Professional Ethics	07.12.2024	10 AM to 1 PM

Fourth Semester			
Subject Code	Subject	Date	Time
PSM18DE002	Sports Management Principles And Practices	03.12.2024	2 PM to 5 PM
PSM18DE004	Sports Facility Management	04.12.2024	2 PM to 5 PM
PSM18DE006	Sports Tourism	05.12.2024	2 PM to 5 PM
PSM18DE008	Sports Media and Event Management	06.12.2024	2 PM to 5 PM
PSM18GE401	Generic Elective - III	22.11.2024	2 PM to 5 PM
PSM18GE402	Generic Elective - IV	23.11.2024	2 PM to 5 PM

BBA Sports Management - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
USM18CT101	Tamil - I/Hindi-1/Spl.English/Basic Tamil	19.11.2024	10 AM to 1 PM
USM18CT102	English I	20.11.2024	10 AM to 1 PM
USM18CT103	Principles of management	21.11.2024	10 AM to 1 PM
USM18CT104	Financial and management accounting	22.11.2024	10 AM to 1 PM

USM18CT105	Business economics	23.11.2024	10 AM to 1 PM
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Second Semester			
Subject Code	Subject	Date	Time
USM18CT201	Tamil II / Hindi II / Special English II/Basic Tamil	19.11.2024	2 PM to 5 PM
USM18CT202	English II	20.11.2024	2 PM to 5 PM
USM18CT203	Organizational behaviour	21.11.2024	2 PM to 5 PM
USM18CT204	Business environment	22.11.2024	2 PM to 5 PM
USM18CT205	Business mathematics and statistics	23.11.2024	2 PM to 5 PM

Third Semester			
Subject Code	Subject	Date	Time
USM18CT301	Legal System in Business	29.11.2024	10 AM to 1 PM
USM18CT302	Business Communication	30.11.2024	10 AM to 1 PM
USM18CT303	Operation Research	02.12.2024	10 AM to 1 PM
USM18CT304	Management Information System	03.12.2024	10 AM to 1 PM

Fourth Semester			
Subject Code	Subject	Date	Time
USM18CT401	Production and operations management	29.11.2024	2 PM to 5 PM
USM18CT402	Marketing management	30.11.2024	2 PM to 5 PM
USM18CT403	Financial management	02.12.2024	2 PM to 5 PM
USM18CT404	Human resource management	03.12.2024	2 PM to 5 PM

Fifth Semester			
Subject Code	Subject	Date	Time
USM18CT501	Research Methods in Business	25.11.2024	10 AM to 1 PM
USM18CT502	Total Quality Management	26.11.2024	10 AM to 1 PM
USM18DE501	Sports Organization and Administration	27.11.2024	10 AM to 1 PM
USM18DE502	Fundamentals of Sports Management	28.11.2024	10 AM to 1 PM

Sixth Semester			
Subject Code	Subject	Date	Time
USM18CT601	ENTREPRENEURIAL DEVELOPMENT	25.11.2024	2 PM to 5 PM
USM18CT602	RETAIL MANAGEMENT	26.11.2024	2 PM to 5 PM

USM18DE601	SPORTS MARKETING	27.11.2024	2 PM to 5 PM
USM18DE602	SPORTS FACILITY MANAGEMENT	28.11.2024	2 PM to 5 PM

M.Sc Sports Coaching - (2018 Onwards CBCS Syllabus)

First Semester

Subject Code	Subject	Date	Time
PSC18CT101	Science of Sports Training	19.11.2024	2 PM to 5 PM
PSC18CT102	Anatomy and Exercises Physiology	20.11.2024	2 PM to 5 PM
PSC18CT103	Specified Sports - Theory(Athletics, Football, Hockey, Volleyball, Kabaddi)	21.11.2024	2 PM to 5 PM
PSC18DE001	Testing of Players Fitness	23.11.2024	2 PM to 5 PM
PSC18DE002	Women Participation in Olympic Movement	25.11.2024	2 PM to 5 PM
PSC18DE003	Requirement of The Sports and Games	26.11.2024	2 PM to 5 PM
PSC18DE004	Science of Sports Kinanthropometry	27.11.2024	2 PM to 5 PM
PSC18AE101	Sports Communication	28.11.2024	2 PM to 5 PM

Second Semester

Subject Code	Subject	Date	Time
PSC18CT201	Sports Medicine and Nutrition	29.11.2024	2 PM to 5 PM
PSC18CT202	Exercise Psychology	30.11.2024	2 PM to 5 PM
PSC18CT203	Specified Sports - Theory	02.12.2024	2 PM to 5 PM
PSC18DE005	Talent Identification and Sports Pedagogy	23.11.2024	10 AM to 1 PM
PSC18DE006	Sports Forensic Science	25.11.2024	10 AM to 1 PM
PSC18DE007	Careers in the Sports Industries	26.11.2024	10 AM to 1 PM
PSC18DE008	Environment and Nutrition of the Player	27.11.2024	10 AM to 1 PM
PSC18SE201	Fundamentals of Information and Technology	03.12.2024	2 PM to 5 PM

Third Semester

Subject Code	Subject	Date	Time
PSC18CT301	Kinesiology And Biomechanics	19.11.2024	10 AM to 1 PM
PSC18CT302	Specified Sports - Theory	20.11.2024	10 AM to 1 PM
PSC18DE001	Testing of Players Fitness	23.11.2024	2 PM to 5 PM
PSC18DE002	Women Participation in Olympic Movement	25.11.2024	2 PM to 5 PM
PSC18DE003	Requirement of The Sports and Games	26.11.2024	2 PM to 5 PM
PSC18DE004	Science of Sports Kinanthropometry	27.11.2024	2 PM to 5 PM
PSC18GE301	Generic Elective	22.11.2024	10 AM to 1 PM
PSC18SE301	Human Rights	21.11.2024	10 AM to 1 PM

Fourth Semester

Subject Code	Subject	Date	Time
PSC18CT401	Research Methodology And Statistics In Advanced Training And Coaching	28.11.2024	10 AM to 1 PM
PSC18CT402	Test And Measurement In Training And Coaching	29.11.2024	10 AM to 1 PM
PSC18DE005	Talent Identification And Sports Pedagogy	23.11.2024	10 AM to 1 PM
PSC18DE006	Sports Forensic Science	25.11.2024	10 AM to 1 PM
PSC18DE007	Careers In The Sports Industries	26.11.2024	10 AM to 1 PM
PSC18DE008	Environment And Nutrition Of The Player	27.11.2024	10 AM to 1 PM
PSC18GE401	Generic Elective (Doping in Sports)	22.11.2024	2 PM to 5 PM

B.Sc Sports Coaching - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
USC18CT101	Tamil - I/Hindi-1/Spl.English/Basic Tamil	19.11.2024	10 AM to 1 PM
USC18CT102	English I	20.11.2024	10 AM to 1 PM
USC18CT103	Anatomy and physiology	21.11.2024	10 AM to 1 PM
USC18CT104	History and administration of sport/game	22.11.2024	10 AM to 1 PM
USC18DE003	Talent Identification	23.11.2024	10 AM to 1 PM
USC18DE001	Strength and Conditioning	23.11.2024	2 PM to 5 PM
USC18DE002	Women in Olympic Movement		
USC18DE004	Project Event Management		
USC18DE005	Computer application and Sports Communication		
USC18DE006	Onfield Sports Injury Management		

Second Semester			
Subject Code	Subject	Date	Time
USC18CT201	Tamil II / Hindi II / Special English II/Basic Tamil	19.11.2024	2 PM to 5 PM
USC18CT202	English II	20.11.2024	2 PM to 5 PM
USC18CT203	Science of sports training	26.11.2024	10 AM to 1 PM
USC18CT204	Rules and regulation of sport/game	26.11.2024	2 PM to 5 PM
USC18DE007	Sports Law	27.11.2024	10 AM to 1 PM
USC18DE008	Test and Measurement		
USC18DE009	Play Field and Equipment Management		
USC18DE010	Doping and Its Classification		
USC18DE011	Management of Special Olympic Sports		
USC18DE012	Exercises and Sports for Women		

Third Semester			
Subject Code	Subject	Date	Time
USC18CT301	Tamil III / Hindi III / Special English III/Special Tamil	04.12.2024	10 AM to 1 PM
USC18CT302	English III	05.12.2024	10 AM to 1 PM
USC18CT303	Sports Medicine and Nutrition	21.11.2024	2 PM to 5 PM
USC18CT304	Techniques and Technical Training of Sports/Games	22.11.2024	2 PM to 5 PM
USC18DE003	Talent Identification	23.11.2024	10 AM to 1 PM
USC18DE001	Strength and Conditioning	23.11.2024	2 PM to 5 PM
USC18DE002	Women in Olympic Movement		
USC18DE004	Project Event Management		
USC18DE005	Computer application and Sports Communication		
USC18DE006	Onfield Sports Injury Management		

Fourth Semester			
Subject Code	Subject	Date	Time
USC18CT401	Tamil IV/ Hindi IV/ Special English/SpecialTamil	04.12.2024	2 PM to 5 PM
USC18CT402	English IV	05.12.2024	2 PM to 5 PM
USC18CT403	Sports psychology and sociology of sport	28.11.2024	2 PM to 5 PM
USC18CT404	Tactics and tactical development of specified sport/game	29.11.2024	2 PM to 5 PM
USC18DE007	Sports Law	27.11.2024	10 AM to 1 PM
USC18DE008	Test and Measurement		
USC18DE009	Play Field and Equipment Management		
USC18DE010	Doping and Its Classification		
USC18DE011	Management of Special Olympic Sports		
USC18DE012	Exercises and Sports for Women		

Fifth Semester			
Subject Code	Subject	Date	Time
USC18CT501	Kinesiology and Sports BioMechanics	28.11.2024	10 AM to 1 PM
USC18CT502	Specific Motor qualities of sport/game	29.11.2024	10 AM to 1 PM
USC18DE003	Talent Identification	23.11.2024	10 AM to 1 PM
USC18DE001	Strength and Conditioning	23.11.2024	2 PM to 5 PM
USC18DE002	Women in Olympic Movement		
USC18DE004	Project Event Management		

USC18DE005	Computer application and Sports Communication		
USC18DE006	Onfield Sports Injury Management		
USC18SE501	Sports Massage	30.11.2024	10 AM to 1 PM

Sixth Semester			
Subject Code	Subject	Date	Time
USC18CT601	Team Preparation Coaching And Match Analysis Of Sport/Game	30.11.2024	2 PM to 5 PM
USC18CT602	Philosophy Of Coaching	02.12.2024	10 AM to 1 PM
USC18DE007	Sports Law	27.11.2024	10 AM to 1 PM
USC18DE008	Test and Measurement		
USC18DE009	Play Field and Equipment Management		
USC18DE010	Doping and Its Classification		
USC18DE011	Management of Special Olympic Sports		