

REGISTRATION DETAILS

How to Register

Send us filled in Registration form available in pamphlet to below mentioned address

REGISTRATION FORM

Name :

Designation :

University / College :

Department :

Address :

Mobile Number :

E-mail ID :

Signature of Participant

Rs.600/- for TNPESU University Students,
Rs.750/-for other University/college
Students and
Rs.1000/- for Faculty members. The
Registration Fee through Indian bank
challan.

ORGANIZING COMMITTEE

Chief Patron

Dr. M. SUNDAR

Vice-Chancellor

Patron

Dr. R. RAMAKRISHNAN

Registrar i/c

Organizing Secretary

Dr. V. DURAISAMI

Associate Professor & Head i/c

Joint Secretary

Dr. S. SELVALAKSHMI

Co-ordinator's

Dr. DEB KUMAR DAS

Dr. P. SANMUGAPRIYA

Ms. AKSHAYA

CONTACT US

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Department of Yoga

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TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Chennai, Tamil Nadu - 600127

DEPARTMENT OF YOGA

In Associate with

THE INTERNATIONAL APPLIED TAMIL TEAM

Organizes

**TWO DAYS INTERNATIONAL
WORKSHOP ON**

**IMPORTANCE OF YOGA THERAPY FOR
ALTERNATIVE MEDICINE IN
MODERN LIFESTYLE**



Date: 12 & 13.08.2022

Time: 10.00 AM

Venue: Auditorium Hall, Library Building,
TNPESU



ABOUT UNIVERSITY

The Tamil Nadu Physical Education and Sports University established by an Act of the Government of Tamil Nadu in 2004, is unique and the first of its kind in India as an affiliatory University, exclusively for Physical Education and Sports. After obtaining the accent from his Excellency the president of India on 5th August 2005, the said act came into force with effect from 15th September 2005.

It is a rare coincidence that the University has started functioning from December 2005, declared by the United Nations as International year for Sport and Physical Education. At present the University has three Faculties, five Departments and ten affiliated Colleges. Further the University now offers select Physical Education and Allied Courses.

KNOW OUR YOGA DEPARTMENT

The Department of yoga strives for excellence to meet the world's latest expectations in infrastructure, education, holistic care, research and extension and to establish benchmarks that today other yoga institutions emulate.

Our Department of yoga offers the following courses.

Regular Courses:

- Ph.D in Yoga (Full & Part Time)
- M.Sc in Yoga
- M.Sc in Yoga Therapy
- B.Sc in Yoga

OBJECTIVE OF THE WORKSHOP

The objective of this workshop is to familiarize the Yoga Therapy and alternative medicine in the modern lifestyle.

THEME OF WORKSHOP

It will focus on Yoga Therapy and alternative medicine in the modern lifestyle.

TARGET AUDIENCE

Regular and SDE students, Academician, Research Scholars, & Yoga Therapist and medical professionals.



SPEAKERS:

Dr. SEMMAL MANAVAI MUSTAFA

Associate Professor in Physiology, College of Medicine, Shaqra University, Kingdom of Saudi Arabia.

Dr. P. RAJINIKUMAR

Associate Professor, Dept of Sports Biomechanics, Tamil Nadu Physical Education and sports University, Chennai.

Dr. I. BABU

Ecologist,
Secretary- Eco School, Chennai.

Sri. V. M. JANAKIRAMAN

Director Yoga Therapy,
Krishnamacharya Yoga Mandiram, Chennai.

Dr. D. RUKMANI

Yoga Instructor, Centre for Yoga Studies,
Annamalai University, Chidambaram

Dr. A. HEMAMALINI

Founder, Swaraksha Ayurveda Holistic Health Care, Ex. Govt Medical Officer, Chennai.

SIVATHIRU. Dr. MOUTHU KUMARASAMY

Manuscriptologist & Traditional Wellness, Chennai.

Dr. MAHARAJA SIVASUBRANIAN.N

Homoeopathy and Yoga Therapy: An exploration of the parallels.