

INTERNSHIP REPORT

**Submitted to the Department of Advanced Sports Training and Coaching
for the Fulfillment of the Degree of**

**Bachelor of Science
in
Sports Coaching**

Submitted by

R.ABINAYA

20185517001



**Department of Advanced Sports Training and Coaching
Tamilnadu Physical Education and Sports University**

Chennai - 127

March - 2021

INTERNSHIP REPORT

Submitted to the Department of Advanced Sports Training and Coaching for the
fulfillment of the degree of

Bachelor of Science In Sports Coaching

Submitted by

R.AKASH

(20185517002)



Department of Advanced Sports Training and Coaching

Tamilnadu Physical Education and Sports University

MARCH – 2021

INTERSHIP REPORT

Submitted to the Department of Advanced Sports Training and

Coaching for the fulfillment of the degree of

**Bachelor of Science
in
Sports Coaching**

Submitted by

G.ALLBIN

20185517003



DEPARTMENT OF ADVANCED SPORTS TRAINING AND COACHING

TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

CHENNAI - 600 127

MARCH-2021

INTERSHIP REPORT

Submitted to the Department of Advanced Sports Training and

Coaching for the fulfillment of the degree of

**Bachelor of Science
in
Sports Coaching**

**Submitted by
G.ALLWIN
20185517004**



**DEPARTMENT OF ADVANCED SPORTS TRAINING AND COACHING
TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
CHENNAI - 600 127**

MARCH-2021

INTERNSHIP REPORT

Submitted to the Department of Advanced sports training and
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**Bachelor of science
In
Sports coaching**

Submitted by

ARUMUGAM.K

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20185517006



Department of sports training and coaching
Tamilnadu physical education and sports University

Chennai-127
April-2021

INTERNSHIP REPORT

Submitted to the Department of Advanced Sports Training and
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Submitted by

R. ARUNADEVI

20185517007



Department of Advanced Sports Training and Coaching
Tamilnadu Physical education and Sports University
Chennai – 127

March - 2021

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Submitted to the Department of Advanced Sports Training and
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In

Sports Coaching

Submitted by

K. BATHRI

20185517009



Department of Advanced Sports Training and Coaching

Taminadu Physical Education and Sports University

Chennai-127

March-2021

INTERNSHIP REPORT

**Submitted to the Department of Advanced Sports Training and
Coaching for the fulfillment of the degree of**

**Bachelor of Science
in
Sports Coaching**

**Submitted by
K.L.AMAL RAAJ
20175517012**



**Department of Advanced Sports Training and Coaching
Tamilnadu Physical Education and Sports University
Chennai -127
MARCH-2021**

INTERSHIP REPORT

Submitted to the Department of Advanced Sports Training and
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Bachelor of Science
in
Sports Coaching

Submitted by
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20185517013



DEPARTMENT OF ADVANCED SPORTS TRAINING AND COACHING
TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
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MARCH-2021

INTERSHIP REPORT

Submitted to the Department of Advanced Sports Training and
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Bachelor of science

In

Sports Coaching

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S. GOPI

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Department of Advanced Sports Training and Coaching

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March-2021

INTERNSHIP REPORT

**Submitted to the Department of Advanced sports training and coaching for the fulfillment
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**Bachelor of science
In
Sports coaching**

Submitted by

S.HARIHARAN

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Department of sports training and coaching

**Tamilnadu physical education and sports University
Chennai-127**

April-2021

INTERNSHIP REPORT

Submitted to the Department of Advanced Sports Training and coaching
for the fulfillment of the degree of

Bachelor of Science
in
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Submitted by
ILAYA BHARATHI.RM
20185517018



Department of Advanced Sports Training and Coaching
Tamil Nadu Physical Education and Sports University
Chennai – 127
March - 2021

INTERNSHIP REPORT

Submitted to the Department of Advanced Sports Training and
Coaching for the fulfillment of the degree of
Bachelor of Science
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Sports Coaching

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20185517020



Department of Advanced Sports Training and Coaching
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Chennai - 127

MARCH - 2021

INTERSHIP REPORT

**Submitted to the Department of Advanced Sports Training and
Coaching for the fulfillment of the degree of**

**Bachelor of Science
in
Sports Coaching**

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**DEPARTMENT OF ADVANCED SPORTS TRAINING AND COACHING
TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
CHENNAI - 600 127**

MARCH-2021

INTERSHIP REPORT

Submitted to the Department of Advanced Sports Training and
Coaching for the fulfilment of the degree of

Bachelor of science

In

Sports Coaching

Submitted by

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20185517024



Department of Advanced Sports Training and Coaching

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INTERNSHIP REPORT

Submitted to the Department of Advanced Sports Training and Coaching for the
fulfillment of the degree of

Bachelor of Science
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Submitted by
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20185517026



Department of Advanced Sports Training and Coaching Tamilnadu Physical Education
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Chennai - 127

March – 2021

INTERSHIP REPORT

Submitted to the Department of Advanced Sports Training and
Coaching for the fulfilment of the degree of

Bachelor of science

In

Sports Coaching

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D . PRAKASH

20185517029



Department of Advanced Sports Training and Coaching

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March-2021

INTERSHIP REPORT

**Submitted to the Department of Advanced Sports Training and
Coaching for the fulfillment of the degree of**

**Bachelor of Science
in
Sports Coaching**

**Submitted by
R.PRAVEEN KUMAR
20185517031**



**DEPARTMENT OF ADVANCED SPORTS TRAINING AND COACHING
TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
CHENNAI - 600 127**

MARCH-2021

INTERNSHIP REPORT

Submitted to the Department of Advanced Sports Training and
Coaching for the fulfilment of the degree of

Bachelor of science

In

Sports Coaching

Submitted by

V.RUBAN

20185517033



Department of Advanced Sports Training and Coaching

Tamil Nadu Physical Education and Sports University

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March-2021

INTERNSHIP REPORT

**Submitted to the Department of Advanced Sports Training and
Coaching for the fulfillment of the degree of
Bachelor of Science
in
Sports Coaching**

Submitted by

A. SAMRAJ

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**Department of Advanced Sports Training and Coaching
Tamilnadu Physical Education and Sports University
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MARCH - 2021**

INTERNSHIP REPORT

**Submitted to the Department of Advanced Sports Training and Coaching for the
fulfillment of the degree of**

**Bachelor of Science
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**Submitted by
M. SANTHOSH
20185517035**



**Department of Advanced Sports Training and Coaching Tamilnadu Physical Education
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Chennai - 127

March – 2021

INTERNSHIP REPORT

Submitted to the Department of Advanced sports training and
coaching for the fulfillment
of the Degree of

Bachelor of science
In
Sports coaching

Submitted by

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(20185517036)



Department of sports training and coaching
Tamilnadu physical education and sports University

Chennai-127
April-2021

INTERNSHIP REPORT

**Submitted to the Department of Advanced Sports Training
and Coaching for the fulfillment of the degree of**

Bachelor of Science

in

Sports Coaching

Submitted by

SURYA .S

20185517039



Department of Advanced Sports Training and Coaching

Tamilnadu Physical Education and Sports University

Chennai - 127

March - 2021

INTERNSHIP REPORT

Submitted to the Department of Advanced Sports Training and
Coaching for the fulfilment of the degree of

Bachelor of science

In

Sports Coaching

Submitted by

P.VASANTH

20185517042



Department of Advanced Sports Training and Coaching

Tamil Nadu Physical Education and Sports University

Chennai-127

March-2021

INTERNSHIP REPORT

**SUBMITTED TO THE DEPARTMENT OF ADVANCED SPORTS
TRAINING AND COACHING FOR THE FULFILLMENT OF
THE DEGREE OF**

BACHELOR OF SCIENCE

IN

SPORTS COACHING

SUBMITTED BY

S.YOGESH

20185517045



DEPARTMENT OF ADVANCED SPORTS TRAINING AND COACHING

TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

CHENNAI - 600127

MARCH - 2021

INTERNSHIP REPORT

Submitted to the Department of Advanced Sports Training and Coaching for the fulfillment of the degree of

Bachelor of Science
in
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20185517011



Department of Advanced Sports Training and Coaching
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chennai - 127

March-2021

INTERNSHIP REPORT

Submitted to the Department of Advanced Sports Training and Coaching for the fulfillment of the degree of

**Bachelor of Science
in
Sports Coaching**

**Submitted by
S.PASUPATHI
20185517027**



**Department of Advanced Sports Training and Coaching
Tamilnadu Physical Education and Sports University
chennai - 127**

March-2021

Wind Tunnel Flow Visualization Study on Frisbee
DEVENDRAN.S
(Reg.No 20195520005)
PHASE-II

A project report submitted to the
DEPARTMENT OF SPORTS TECHNOLOGY

Under the Guidance of
Dr.G.Nallavan,M.E.,Ph.D.,M.B.A.,
In partial fulfilment of the requirements
For the award of the degree of
MASTER OF TECHNOLOGY
in
SPORTS TECHNOLOGY



**TAMIL NADU PHYSICAL EDUCATION AND SPORTS
UNIVERSITY, CHENNAI
2021**



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்
TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, CHENNAI
Accredited with "B+ +" Grade by NAAC
India's First State University in Physical Education and Sports

INTERNSHIP REPORT

(CASE STUDIES)

In partial fulfillment of the requirements for the award of the

Master of Science Degree

in

Sports Psychology



Submitted By:

SREECHITHRA K

ENROLMENT NO: 20195424010

DEPARTMENT OF SPORTS MANAGEMENT AND SPORTS

PSYCHOLOGY & SOCIOLOGY

TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

CHENNAI – 600 127.

Mind Zone Certificate



Date : 02/03/2021

INTERNSHIP CERTIFICATE

This is to certify that Ms. /Mr. _____ SREECHITHRA .K _____

has Participated in the 30 hours internship program in "Clinical skills, psychological assessment and management" conducted by Mind Zone from 3rd December 2020 to 31st

Decem

Dr. Sunil Kumar

Clinical Psychologist
Founder

Dr. Jayasudha Kamaraj

Counselling Psychologist
Co-Founder



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்
TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, CHENNAI
Accredited with "B++" Grade by NAAC
India's First State University in Physical Education and Sports

INTERNSHIP REPORT

(CASE STUDIES)

In partial fulfillment of the requirements for the award of the

Master of Science Degree

in

Sports Psychology



Submitted By:

MUFEEED CK

ENROLMENT NO: 20195424006

DEPARTMENT OF SPORTS MANAGEMENT AND SPORTS

PSYCHOLOGY & SOCIOLOGY

TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

CHENNAI – 600 127.

MINDZONE CERTIFICATE



Date : 02/03/2021

INTERNSHIP CERTIFICATE

This is to certify that Ms. /Mr. MUFEED

has Participated in the 30 hours internship program in "Clinical skills, psychological assessment and management" conducted by Mind Zone from 3rd December 2020 to 31st

Decerr

A handwritten signature in blue ink, likely belonging to Dr. Sunil Kumar.

Dr. Sunil Kumar

Clinical Psychologist
Founder

A handwritten signature in blue ink, likely belonging to Dr. Jayasudha Kamaraj.

Dr. Jayasudha Kamaraj

Counselling Psychologist
Co-Founder



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்
TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, CHENNAI
Accredited with "B++" Grade by NAAC
India's First State University in Physical Education and Sports

INTERNSHIP REPORT

(CASE STUDIES)

In partial fulfillment of the requirements for the award of the

Master of Science Degree

in

Sports Psychology



Submitted By:

NGAMWAR SANKHIL

ENROLMENT NO: 20195424008

DEPARTMENT OF SPORTS MANAGEMENT AND SPORTS

PSYCHOLOGY & SOCIOLOGY

TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

CHENNAI – 600 127.

Mind Zone Certificate



Date : 02/03/2021

INTERNSHIP CERTIFICATE

This is to certify that Ms. /Mr. NEANWAR SANKHIL

has Participated in the 30 hours internship program in "Clinical skills, psychological assessment and management"
conducted by Mind Zone from 3rd December 2020 to 31st December 2020.

Dr. Sunil Kumar

Clinical Psychologist Founder

Dr. Jayasudha Kamaraj

Counselling Psychologist Co-
Founder



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்
TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, CHENNAI
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INTERNSHIP REPORT

(CASE STUDIES)

In partial fulfillment of the requirements for the award of the

Master of Science Degree

in

Sports Psychology



Submitted By:

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ENROLMENT NO: 20195424009

DEPARTMENT OF SPORTS MANAGEMENT AND SPORTS

PSYCHOLOGY & SOCIOLOGY

TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

CHENNAI – 600 127.

MIND ZONE CERTIFICATE



Date : 02/03/2021

INTERNSHIP CERTIFICATE

This is to certify that Ms. /Mr. _____ SHAREEFA THASNI _____

has Participated in the 30 hours internship program in "Clinical skills, psychological assessment and management" conducted by Mind Zone from 3rd December 2020 to 31st

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Dr. Sunil Kumar

Clinical Psychologist
Founder

Dr. Jayasudha Kamaraj

Counselling Psychologist
Co-Founder



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்

TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, CHENNAI

Accredited with "B++" Grade by NAAC

India's First State University in Physical Education and Sports

INTERNSHIP REPORT

(December 01 – 2020 to December 31st -2020 (30 Hours)

In partial fulfillment of the requirements for the award of the

Master of Science Degree in sports Psychology



Submitted By:

M.BHUVANA PRIYADHARSHINI

ENROLMENT NO : 20195424002

**DEPARTMENT OF SPORTS MANAGEMENT AND SPORTS
PSYCHOLOGY & SOCIOLOGY**

MIND ZONE CERTIFICATE



Date : 02/03/2021

INTERNSHIP CERTIFICATE

This is to certify that Ms. /Mr. _____ BHUVANA PRIYADHARSHINI M _____

has Participated in the 30 hours internship program in "Clinical skills, psychological assessment and management" conducted by Mind Zone from 3rd December 2020 to 31st December 2020.

Dr. Sunil Kumar

Clinical Psychologist
Founder

Dr. Jayasudha Kamaraj

Counselling Psychologist
Co-Founder



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்
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India's First State University in Physical Education and Sports

INTERNSHIP REPORT

(CASE STUDIES)

In partial fulfillment of the requirements for the award of the

Master of Science Degree

in

Sports Psychology



Submitted By:

SUHAIRA V P

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DEPARTMENT OF SPORTS MANAGEMENT AND SPORTS

PSYCHOLOGY & SOCIOLOGY

TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

CHENNAI – 600 127.

MIND ZONE CERTIFICATE



Date : 02/03/2021

INTERNSHIP CERTIFICATE

This is to certify that Ms. /Mr. _____ SUHAIRA .V.P _____

has Participated in the 30 hours internship program in "Clinical skills, psychological assessment and management" conducted by Mind Zone from 3rd December 2020 to 31st Decem

Dr. Sunil Kumar

Clinical Psychologist
Founder

Dr. Jayasudha Kamraj

Counselling Psychologist
Co-Founder



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்
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INTERNSHIP REPORT

(CASE STUDIES)

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Master of Science Degree

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Sports Psychology



Submitted By:

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DEPARTMENT OF SPORTS MANAGEMENT AND SPORTS

PSYCHOLOGY & SOCIOLOGY

TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

CHENNAI – 600 127.

Mind Zone Certificate



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INTERNSHIP REPORT

(December 01 – 2020 to December 31st -2020 (30 Hours)

*In partial fulfillment of the requirements for the award of the
Master of Science Degree in sports Psychology*



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**DEPARTMENT OF SPORTS MANAGEMENT AND SPORTS
PSYCHOLOGY & SOCIOLOGY**

MIND ZONE CERTIFICATE



Date : 02/03/2021

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Dr. Sunil Kumar

Clinical Psychologist
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Dr. Jayasudha Kamaraj

Counselling Psychologist
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தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்

TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, CHENNAI

Accredited with "B++" Grade by NAAC

India's First State University in Physical Education and Sports

**COMPARATIVE STUDY ON SOCIAL ANXIETY DISORDER
AND SPORTS ACHIVEMENT MOTIVATION AMONG STREET
FOOTBALL PLAYERS AND PROFESSIONAL FOOTBALL
PLAYERS IN KERALA**

By

Mr. DHINU J

Registration No: 20195414001

Under the Guidance of

DR. V. MANGAIYARKARASI



Thesis submitted in Partial Fulfilment for the requirement of

MASTER OF SCIENCE

IN

SPORTS PSYCHOLOGY

**DEPARTMENT OF SPORTS MANAGEMENT AND SPORTS
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TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

CHENNAI – 600127

MAY - 2021

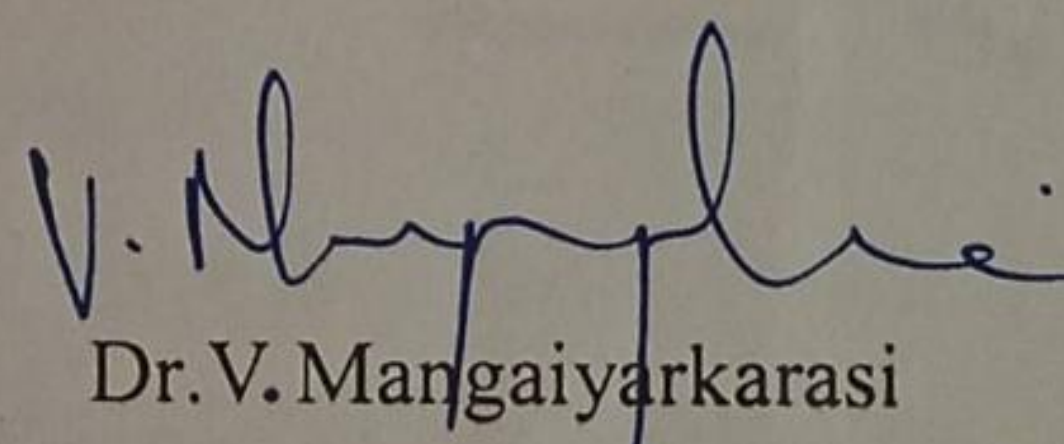
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CERTIFICATE BY THE SUPERVISOR

This is to certify that the dissertation entitled “**COMPARATIVE STUDY ON SOCIAL ANXIETY DISORDER AND SPORTS ACHIVEMENT MOTIVATION AMONG STREET FOOTBALL PLAYERS AND PROFESSIONAL FOOTBALL PLAYERS**” is a record of research work done by **DHINU J**, a fulltime scholar of Master of Science in sports psychology, Tamil Nadu Education and Sports University, Chennai during the year 2019-2021.

This dissertation is his original work and it has not previously formed the basis for the award to any candidate, for any degree, diploma, associate ship or other similar titles. This dissertation represents entirely an independent work on the part of the candidate but for the general guidance by me.

Place: *Malaikottayoor*
Date: *03/09/2021*


Dr. V. Mangaiyarkarasi
Supervisor



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்
TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, CHENNAI
Accredited with "B+ +" Grade by NAAC
India's First State University in Physical Education and Sports

**COMPARATIVE STUDY ON SPORT COMPETITION ANXIETY
AND SPORTS AGGRESSION AMONG MALE DEFENDERS,
MIDFIELDERS AND FORWARDS IN FOOTBALL**

By

Mr. MUHAMMED AKHIL A

Registration No: 20195424007

Under the Guidance of

Dr. K. Kannadasan



Thesis submitted in Partial Fulfillment for the requirement of

**MASTER OF SCIENCE
IN
SPORTS PSYCHOLOGY**

**DEPARTMENT OF SPORTS MANAGEMENT AND SPORTS
PSYCHOLOGY & SOCIOLOGY**

TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

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MAY - 2021

Dr. K.KANNADASAN,
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CERTIFICATE BY THE SUPERVISOR

This is to certify that the dissertation entitled “**COMPARATIVE STUDY ON SPORT COMPETITION ANXIETY AND SPORTS AGGRESSION AMONG MALE DEFENDERS, MIDFIELDERS AND FORWARDS IN FOOTBALL**” is a record of research work done by **MUHAMMED AKHIL A**, a full time scholar of Master of Science in sports psychology, Tamil Nadu Education and Sports University, Chennai during the year 2019-2021.

This dissertation is his original work and it has not previously formed the basis for the award to any candidate, for any degree, diploma, associate ship or other similar titles. This dissertation represents entirely an independent work on the part of the candidate but for the general guidance by me.

Place :

Date :

Dr. KANNADASAN
Supervisor



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TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
CHENNAI - 600127
உயிர்ப்பலம், உறுதிப்பாடு, உயர்வு

**COMPARATIVE STUDY ON SPORTS ACHIEVEMENT MOTIVATION
AND RESILIENCE AMONG CRICKETERS**

By

Mr. MUFEED CK

Registration No: 20195424006

Under the Guidance of

Dr. K. Kannadasan



Thesis submitted in Partial Fulfillment for the requirement of

**MASTER OF SCIENCE
IN
SPORTS PSYCHOLOGY**

**DEPARTMENT OF SPORTS MANAGEMENT AND SPORTS
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TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

CHENNAI - 600127

MAY - 2021

Dr. K.KANNADASAN,
Assistant Professor,
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Chennai – 600 127

CERTIFICATE BY THE SUPERVISOR

This is to certify that the thesis entitled “**COMPARATIVE STUDY ON SPORTS ACHIEVEMENT MOTIVATION AND RESILIENCE AMONG CRICKETERS** ” is a record of research work done by **MUFEED CK**, a full time scholar of Master of Science in sports psychology, Tamil Nadu Education and Sports University, Chennai during the year 2019-2021.

This thesis is his original work and it has not previously formed the basis for the award to any candidate, for any degree, diploma, associate ship or other similar titles. This thesis represents entirely an independent work on the part of the candidate but for the general guidance by me.

Place:

Date :

Dr. KANNADASAN
Supervisor



தமிழ்நாடு உடற்கல்விப்பியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்
TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, CHENNAI

COMPARATIVE STUDY ON SPORTS ACHIEVEMENT MOTIVATION
AND MENTAL TOUGHNESS AMONG MALE AND FEMALE ON
MARTIAL ART

by

SREECHITHRA.K

Registration No: 20195424010

Under the Guidance of

Dr.K.Kannadasan



Thesis submitted in Partial Fulfillment for the requirement of

MASTER OF SCIENCE

IN

SPORTS PSYCHOLOGY

DEPARTMENT OF SPORTS MANAGEMENT AND SPORTS PSYCHOLOGY &
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TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

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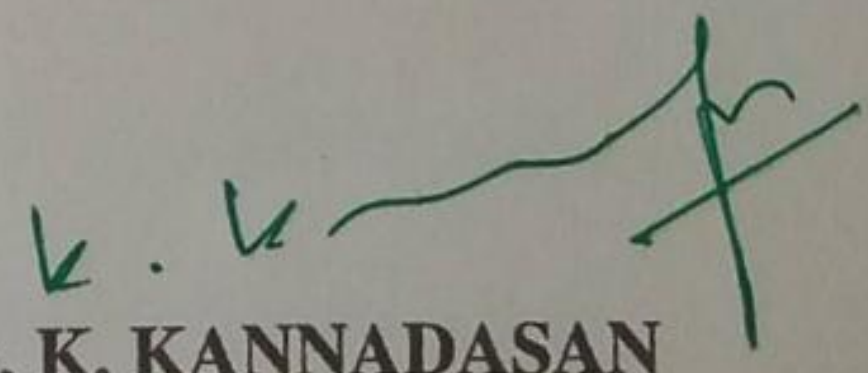
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This is to certify that the thesis entitled “**COMPARATIVE STUDY ON SPORTS ACHIEVEMENT MOTIVATION AND MENTAL TOUGHNESS AMONG MALE AND FEMALE ON MARTIAL ART**” is a record of research work done by **SREECHITHRA. K**, a full time scholar of Master of Science in sports psychology, Tamil Nadu Education and Sports University, Chennai during the year 2019-2021.

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**A COMPARATIVE ANALYSIS OF SPORT COMPETITION ANXIETY AND
SPORT ACHIEVEMENT MOTIVATION ACROSS GENDER AMONG SUB-
JUNIORS AND JUNIORS NATIONAL KABBADI PLAYERS**

By

SHAREEFA THASNI PP

REG.NO:20195424009

Under the Guidance of
Dr SHAHIN AHMED



Dissertation submitted in Partial Fulfilment for the requirement of

MASTER OF SCIENCE IN

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**COMPARATIVE STUDY ON AGGRESSION AND MENTAL HEALTH
ACROSS GENDER AMONG WUSHU SUB-JUNIOR JUNIOR AND
SENIOR PLAYERS**

By

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Registration No: 20195424085

Under the Guidance of

Dr. Shahin Ahmed



Thesis submitted in Partial Fulfillment for the requirement of

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COMPARATIVE STUDY ON ATHLETICS COPING SKILL AMONG
INTER COLLEGIATE BADMINTON AND TENNIS PLAYERS OF
MANIPUR

by

Mr. NGAMWAR SANKHIL

Reg No. 20195424008

Guided by

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Thesis submitted in Partial Fulfillment for the requirement of

MASTER OF SCIENCE

IN

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COMPARATIVE STUDY ON EMOTIONAL INTELLIGENCE AND
PSYCHOLOGICAL CAPITALS OF ATHLETES AND NON ATHLETES

By

BHARANI PRIYA A

Registration No: 20195424001

Under the Guidance of

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Thesis submitted in Partial Fulfillment for the requirement of

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VILLAGE PLACEMENT PROGRAME REPORT

(March 08th – 2021 to March 14th -2021 (7 Days))

*In partial fulfillment of the requirements for the award of the
Master of Science Degree in sports Psychology*



Submitted By:

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With Regard

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A REPORT ON
"VILLAGE PLACEMENT PROGRAMME"

At

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**A REPORT ON
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At

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**A REPORT ON
"VILLAGE PLACEMENT PROGRAME"**

At

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**A REPORT ON
"VILLAGE PLACEMENT PROGRAMME"**

At

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With Regard

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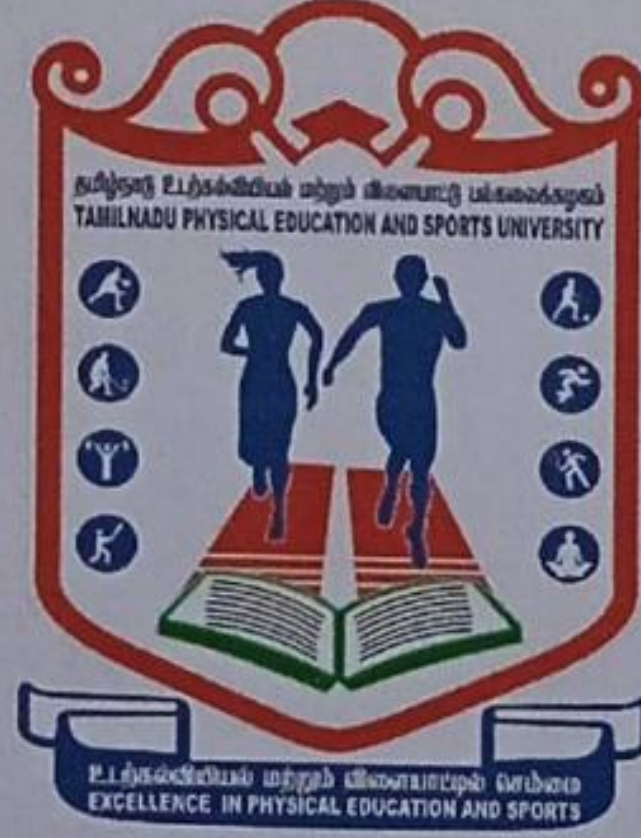


தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்
TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, CHENNAI
Accredited with "B++" Grade by NAAC
India's First State University in Physical Education and Sports

VILLAGE PLACEMENT PROGRAME REPORT

(March 08th – 2021 to March 14th -2021 (7 Days))

*In partial fulfillment of the requirements for the award of the
Master of Science Degree in Sports Psychology*



Submitted By:

S. KISHORE KUMAR

Enrolment no: 20195424007

TamilNadu Physical Education And Sports University

Chennai

@

ANBAGAM

(Special school and home for mentally retarded children)

Recognized by Govt. Of Tamilnadu

Panangattupakkam, Chennai

ISO 9001:2015 CERTIFIED ORGANIZATION
ISO சர்வதேச தரச்சான்றிதழ் பெற்ற நிறுவனம்

Cell : 9444205415 / 9444353569
Website : www.anbagam.net
E-mail : anbagam1999@gmail.com



ESTD : 1999

ANBAGAM

(Special School & Home for Mentally Retarded Children)
(Recognised by Govt. of Tamil Nadu)

Kayar Road, Panangattupakkam, Kolathur (P.O.) Vandalur (Via), Chennai - 600 127. Near Mambakkam.

MANAGED BY ALL INDIA PHYSICALLY HANDICAPPED WELFARE TRUST (REGD)

Chairman:
Hon'ble Justice S. MOHAN
Supreme Court (Retd).

Vice-Chairman:
Lion Er. D. SANTHANAM

Director:
Sevarathna Dr. P. VEERAMANI

Chief Advisor:
Thiru. K. DEENADHAYALAN, I.A.S.,

To,

Date: 14.03.2021

Dr.V.Mangaiyarkarasi, Phd.

Professor,

Dept of Sports Management and

Sports Psychology & Sociology,

Tamilnadu Physical Education &

Sports University, Chennai-600127

Certificate

This is to certify that Mr.K.Kishore Kumar M.Sc. 2nd year in the Department of/Sports Psychology & Sociology, conducted a village placement Program in our Anbagam Home successfully from 08.03.2021 to 14.03.2021 Morning 10 am to 12.30pm. I wish him all success in his future carrier.

With Regard

DR.P.VEERAMANI

FOUNDER AND DIRECTOR, ANBAGAM



Sevaratna Dr.P. VEERAMANI
Founder & Director
ANBAGAM

Special School & Home for Mentally Retarded Children
(Recognised by Govt.of Tamilnadu)
Kayar Road, Panagattupakkam, Kolathur, P.O
Chennai-600 127.



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TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, CHENNAI
Accredited with "B++" Grade by NAAC
India's First State University in Physical Education and Sports

**A REPORT ON
"VILLAGE PLACEMENT PROGRAME"**

At

ANBAGAM

Submitted By:

SREECHITHRA K

ENROLMENT NO: 20195424010



Report Submitted In partial fulfillment of the requirements for the award of the

**MASTER OF SCIENCE DEGREE
IN
SPORTS PSYCHOLOGY**

**DEPARTMENT OF SPORTS MANAGEMENT AND SPORTS
PSYCHOLOGY & SOCIOLOGY**

TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

CHENNAI – 600 127.

ISO 9001:2015 CERTIFIED ORGANIZATION
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ANBAGAM

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Supreme Court (Retd).

Vice-Chairman:
Lion Er. **D. SANTHANAM**

Director:
Sevarathna **Dr. P. VEERAMANI**

Chief Advisor:
Thiru. **K. DEENADHAYALAN, I.A.S.**

To,

Date: 14.03.2021

Dr.V.Mangaiyarkarasi, Phd.

Professor,

Dept of Sports Management and

Sports Psychology & Sociology,

Tamilnadu Physical Education &

Sports University, Chennai-600127

Certificate

This is to certify that Miss.SreeChitra.K M.Sc. 2nd year in the Department of/Sports Psychology & Sociology, conducted a village placement Program in our Anbagam Home successfully from 08.03.2021 to 14.03.2021 Morning 10 am to 12.30pm. I wish her all success in his future carrier.

With Regard

DR.P.VEERAMANI

FOUNDER AND DIRECTOR, ANBAGAM



Sevaratnna **Dr. P. VEERAMANI**
Founder & Director
ANBAGAM
Special School & Home for Mentally Retarded Children
(Recognised by Govt. of Tamilnadu)
Kayar Road, Panagattupakkam, Kolathur, P.O.
Chennai-600 127.



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்
TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, CHENNAI
Accredited with "B++" Grade by NAAC
India's First State University in Physical Education and Sports

**A REPORT ON
"VILLAGE PLACEMENT PROGRAME"**

At

ANBAGAM

Submitted By:

SUHAIRA VP

ENROLMENT NO: 20195424011



Report Submitted In partial fulfillment of the requirements for the award of the

**MASTER OF SCIENCE DEGREE
IN
SPORTS PSYCHOLOGY**

**DEPARTMENT OF SPORTS MANAGEMENT AND SPORTS
PSYCHOLOGY & SOCIOLOGY**

**TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
CHENNAI – 600 127.**

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Lion Er. **D. SANTHANAM**

Director:
Sevarathna **Dr. P. VEERAMANI**

Chief Advisor:
Thiru. **K. DEENADHAYALAN, I.A.S.,**

To,

Date: 14.03.2021

Dr.V.Mangaiyarkarasi, Phd.

Professor,

Dept of Sports Management and
Sports Psychology & Sociology,
Tamilnadu Physical Education &
Sports University, Chennai-600127

Certificate

This is to certify that Miss.Suhaira.VP M.Sc. 2nd year in the Department of/Sports Psychology & Sociology, conducted a village placement Program in our Anbagam Home successfully from 08.03.2021 to 14.03.2021 Morning 10 am to 12.30pm. I wish her all success in his future carrier.

With Regard

DR.P.VEERAMANI

FOURNDER AND DIRECTOR, ANBAGAM



Sevaratnna Dr.P. VEERAMANI
Founder & Director
ANBAGAM

Special School & Home for Mentally Retarded Children
(Recognised by Govt.of Tamilnadu)
Kayar Road, Panagattupakkam, Kolathur, P.O
Chennai-600 127.

**A COMPARATIVE STUDY OF PSYCHOLOGICAL AND
ANTHROPOMETRIC VARIABLES ON WEIGHTLIFTERS**

Thesis Submitted to the Tamil Nadu Education and Sports University Chennai in for the
Partial fulfillment of the requirement for the degree of

MASTER OF PHYSICAL EDUCATION

SUBMITTED BY

A. ARTCHANA

Register No: 20195102001

UNDER THE GUIDANCE OF

Dr. S. VELKUMAR



DEPARTMENT OF PHYSICAL EDUCATION
**TAMILNADU PHYSICAL EDUCATION
AND SPORTS UNIVERSIT**

CHENNAI-600127

JUNE-2021

**COMPARATIVE ANALYSIS OF MOTOR FITNESS AND
PHYSIOLOGICAL VARIABLES BETWEEN MEN
KHO-KHO AND KABADDI PLAYERS**

*Thesis Submitted to the Tamil Nadu Physical Education and Sports University
Chennai in Partial fulfilment of the requirement for the degree of*

MASTER OF PHYSICAL EDUCATION

SUBMITTED BY

M. GOKUL

(Reg.No:20195102012)

GUIDED BY

Dr. C. LAKSHMANAN

Assistant Professor



**DEPARTMENT OF PHYSICAL EDUCATION
TAMILNADU PHYSICAL EDUCATION
AND SPORTS UNIVERSITY**

CHENNAI - 600127

APRIL-2021

**RELATIONSHIP BETWEEN SELECTED ANTHROPOMETRIC
AND MOTOR FITNESS VARIABLES WITH
PLAYING ABILITY**

Thesis submitted to the Tamil Nadu Physical Education and Sports University, Chennai for
the partial fulfillment of the requirements for the award of degree of

MASTER OF PHYSICAL EDUCATION

SUBMITTED BY
S.GANESAN
(Register No. 20195102010)

UNDER THE GUIDANCE OF
Dr. S.MANIKANDAN



DEPARTMENT OF PHYSICAL EDUCATION
TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
CHENNAI - 600 127

MAY - 2021

**RELATIONSHIP OF LEVEL OF STRESS AND ANXIETY WITH GOAL
KEEPING ABILITY OF INTER COLLEGIATE WOMEN HOCKEY
GOAL KEEPERS**

Thesis Submitted to the Tamil Nadu Physical Education and Sports University Chennai in Partial
fulfillment of the requirement for the award of degree

MASTER OF PHYSICAL EDUCATION

Submitted by

B.GAYATHRI

Reg No:20195102011

Under the Guidance of

Dr. P.KUMARAVELU



**DEPARTMENT OF PHYSICAL EDUCATION
TAMILNADU PHYSICAL EDUCATION AND SPORTS
UNIVERSITY
CHENNAI-127
JUNE 2021**

COMPARATIVE ANALYSIS OF MOTOR FITNESS VARIABLES
AMONG OFFENSIVE AND DEFENSIVE KABADDI PLAYERS

*Thesis submitted to the Tamil Nadu Physical Education and Sports University,
Chennai, for the Partial Fulfillment of the requirement
For the Degree of*

MASTER
OF
PHYSICAL EDUCATION

Submitted by
P.MYTHILI
Reg.No.20195102016

Under the Guidance of
Dr. I. LILLY PUSHPAM



DEPARTMENT OF PHYSICAL EDUCATION
TAMIL NADU PHYSICAL EDUCATION AND
SPORT UNIVERSITY
CHENNAI-600127
JUNE-2021

**COMPARATIVE ANALYSIS OF FITNESS COMPONENTS
BETWEEN VOLLEYBALL AND BASKETBALL PLAYERS**

Thesis submitted to the Department of Physical Education, Tamil Nadu
Physical Education and Sports University, Chennai for the partial fulfillment of
the requirements for the degree of

MASTER OF PHYSICAL EDUCATION

Submitted by
A.SATHISH
(Reg.No:20195102030)

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Assistant Professor



**DEPARTMENT OF PHYSICAL EDUCATION
TAMIL NADU PHYSICAL EDUCATION AND SPORTS
UNIVERSITY, CHENNAI- 600127**

June- 2021

**COMPARATIVE STUDY OF AEROBIC AND
ANAEROBIC POWER BETWEEN HOCKEY
AND FOOTBALL PLAYERS**

RESEARCH PROPOSAL

Submitted to the Tamil Nadu Education and Sports University Chennai
in Partial fulfillment of the requirement for the degree of

MASTER OF PHYSICAL EDUCATION

SUBMITTED BY

S.VIKRAM

REG NO: 20195102040

Under the Guidance Of
Dr. P. KUMARAVELU



**DEPARTMENT OF PHYSICAL EDUCATION
TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
CHENNAI-600127
MARCH - 2021**

**ANLYSIS PERSONALILY DIMENSIONS BETWEEN SPORTS
AND NON-SPORTS WOMEN**

Thesis Submitted to the Tamil Nadu Physical Education and Sports University, Chennai
for the Partial fulfillment of the requirements for the award degree of

MASTER OF PHYSICAL EDUCATION

Submitted by

D.THENMOZHI

Reg No :20195102039

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Dr. S.THIRUMALAIKUMAR



**DEPARTMENT OF PHYSICAL EDUCATION
TAMILNADU PHYSICAL EDUCATION AND
SPORTS UNIVERSITY**

CHENNAI-127

JUNE-2021

ANALYSIS OF DIFFERENT SHOOTING PERFORMANCE OF VARIOUS
PLAYING POSITION OF HANDBALL PLAYERS

*Thesis submitted to the Tamil Nadu Physical Education and Sports University,
Chennai, for the Partial Fulfillment of the requirement
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MASTER
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PHYSICAL EDUCATION

Submitted by

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Reg.No.20195102037

Under the Guidance of
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DEPARTMENT OF PHYSICAL EDUCATION TAMILNADU
PHYSICAL EDUCATION AND
SPORT UNIVERSITY
CHENNAI-600127
JUNE-2021

**ANALYSIS OF SELECTED ANTHROPOMETRIC AND PHYSICAL FITNESS
VARIABLES AMONG COLLEGE LEVEL
MEN VOLLEYBALL PLAYERS**

Submitted to Tamil Nadu Physical Education and Sports University, Chennai
for the partial fulfillment of the requirements for the award of degree of

MASTER OF PHYSICAL EDUCATION

Submitted by

S. SUBHASHCHANDHIRABOSE

REGISTER NUMBER: 20195102036

Under the Guidance of

Dr. C. LAKSHMANAN



**DEPARTMENT OF PHYSICAL EDUCATION
TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
CHENNAI-127**

June-2021

**ANALYSIS OF PULSE RATE AND OXYGEN SATURATION LEVEL BEFORE AND
AFTER BRISK WALKING IN OLD AGE MEN**

Submitted to the Tamil Nadu Physical Education and Sports University,
Chennai for the partial fulfilment of the requirement for the award of degree of

**MASTER
OF
PHYSICAL EDUCATION**

Submitted By

R.SUBASH

(REGISTER NUMBER: 20195102035)

Under the Guidance Of

Dr.S.THIRUMALAI KUMAR



**DEPARTMENT OF PHYSICAL EDUCATION
TAMILNADU PHYSICAL EDUCATION
AND SPORTS UNIVERSITY
CHENNAI-127
JUNE - 2021**

**RELATIONSHIP BETWEEN SELECTED COORDINATIVE ABILITIES
AND AEROBIC DANCE AMONG WOMEN STUDENTS**

Thesis Submitted to the Tamil Nadu Physical Education and Sports University
Chennai in Partial fulfillment of the requirement for the award degree of

MASTER OF PHYSICAL EDUCATION

Submitted by

S. SRIMA

Reg No: 20195102034

Under the Guidance of

Dr. P. KUMARAVELU



**DEPARTMENT OF PHYSICAL EDUCATION
TAMIL NADU PHYSICAL EDUCATION AND
SPORTS UNIVERSITY**

CHENNAI-127

JUNE-2021

**RELATIONSHIP OF SELF CONFIDENCE AND AGGRESSION WITH
SHOOTING PERFORMANCE OF DIFFERENT POSITION AMONG WOMEN
HANDBALL PLAYERS**

Thesis Submitted to the Tamil Nadu Education and Sports University, Chennai
for the Partial fulfillment of the requirement for the award of degree of

MASTER OF PHYSICAL EDUCATION

Submitted by

S. SRIABIRAMI

Reg No: 20195102033

Under the Guidance of

Dr. S. MANIKANDAN



DEPARTMENT OF PHYSICAL EDUCATION

TAMILNADU PHYSICAL EDUCATION AND

SPORTS UNIVERSITY

CHENNAI-127

JUNE-2021

**COMPARATIVE ANALYSIS ON SELECTED COMPETITIVE
PSYCHOLOGICAL VARIABLE IN COLLEGE LEVEL
KABADDI AND KHO-KHO PLAYERS**

Thesis submitted to the Department of Physical Education, Tamil Nadu Physical
Education and Sports University, Chennai for the partial fulfillment
of the requirements for the degree of

MASTER OF PHYSICAL EDUCATION

Submitted by

S. KUMARESAN

(Reg.No:20195102032)

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Dr. S. VELKUMAR

Assistant Professor



**DEPARTMENT OF PHYSICAL EDUCATION
TAMIL NADU PHYSICAL EDUCATION AND SPORTS
UNIVERSITY, CHENNAI- 600127**

June- 2021

**COMPARATIVE ANALYSIS OF CO-ORDINATION ABILITIES AND
PHYSICAL FITNESS VARIABLES BETWEEN INTER-COLLEGE
LEVEL KABADDI AND KHO-KHO MEN PLAYERS**

Thesis submitted to the Department of Physical Education, Tamil Nadu Physical
Education and Sports University, Chennai for the partial fulfillment
of the requirements for the degree of

MASTER OF PHYSICAL EDUCATION

Submitted by

P.SIVABAGATHISING

Reg.No : 20195102031

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Dr.K.RAJESH KUMAR

Assistant Professor



DEPARTMENT OF PHYSICAL EDUCATION
TAMIL NADU PHYSICAL EDUCATION AND SPORTS
UNIVERSITY, CHENNAI- 600127

June- 2021

**COMPARATIVE ANALYSIS OF SHOULDER AND LEG EXPLOSIVE POWER
BETWEEN VOLLEYBALL AND BEACH VOLLEYBALL PLAYERS**

Thesis submitted to Tamil Nadu Physical Education and Sports University, Chennai
for the partial fulfillment of the requirements for the award of degree of

**MASTER
OF
PHYSICAL EDUCATION**

Submitted by

S.SARAN

Reg.No:20195102029

Under the Guidance of

Dr. C. LAKSHMANAN



DEPARTMENT OF PHYSICAL EDUCATION

TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

CHENNAI-600 127

MAY-2021

COMPARATIVE STUDY OF SELECTED PHYSICAL FITNESS VARIABLES
AMONG COLLEGE MEN CRICKET AND HOCKEY PLAYERS

Submitted to the Tamil Nadu Physical Education and Sports University
Chennai for the approval to pursue the degree of

MASTER
OF
PHYSICAL EDUCATION

Submitted

By

R. RAMANUJAM

(REG. NO: 20195102028)

Under the Guidance

Of

Dr. S. JAYAKUMAR



DEPARTMENT OF PHYSICAL EDUCATION
TAMILNADU PHYSICAL EDUCATION
AND SPORTS UNIVERSITY
CHENNAI-127

MAY -2021

**RELATIONSHIP BETWEEN SELECTED MOTOR FITNESS VARIABLES AND
PLAYING ABILITY AMONG COLLEGE FOOTBALL PLAYERS**

Thesis submitted to the Tamil Nadu Physical Education and Sports University,
Chennai, for the Partial Fulfillment of the requirement For the award Degree of

**MASTER
OF
PHYSICAL EDUCATION**

Submitted by

G.RAJKUMAR

Reg.No.20195102027

Under the Guidance of
Dr. P.KUMARAVELU



**DEPARTMENT OF PHYSICAL EDUCATION
TAMILNADU PHYSICAL EDUCATION AND SPORTS
UNIVERSITY
CHENNAI-600127
JUNE-2021**

**ANALYSIS OF METHOD OF SECURING POINTS IN DPE – TNPESU KABADDI
ROLLING TROPHY 2020-21**

Thesis Submitted to the Tamil Nadu Physical Education and Sports University
Chennai in Partial fulfillment of the requirement for the degree of

MASTER OF PHYSICAL EDUCATION

Submitted by
RAJASEKAR R
No: 20195102026

Guided by
Dr. S. THIRUMALAIKUMAR



**DEPARTMENT OF PHYSICAL EDUCATION
TAMILNADU PHYSICAL EDUCATION ANDSPORTS UNIVERSITY
CHENNAI-127**

July-2021

**COMPARITIVE ANALYSIS ON BATTING VARIABLES
BETWEEN STATE LEVEL CRICKETERS**

Thesis submitted to the Department of Physical Education, Tamil Nadu Physical
Education and Sports University, Chennai for the partial fulfillment
of the requirements for the degree of

MASTER OF PHYSICAL EDUCATION

Submitted by

R.RAGUL

REG.NO:20195102025

Under the guidance of

Dr.S.MANIKANDAN

Professor and Head



**DEPARTMENT OF PHYSICAL EDUCATION
TAMIL NADU PHYSICAL EDUCATION AND SPORTS
UNIVERSITY, CHENNAI- 600127**

MAY- 2021

**COMPARATIVE STUDY ON PHYSICAL FITNESS CHARACTERISTICS
BETWEEN UNIVERSITY AND INTERCOLLEGIATE
CRICKET PLAYERS**

Thesis submitted to the Department of Physical Education, Tamil Nadu Physical
Education and Sports University, Chennai for the partial fulfillment
of the requirements for the degree of

MASTER OF PHYSICAL EDUCATION

Submitted by

B.PREM KUMAR

20195102024

Under the guidance of

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Assistant Professor



**DEPARTMENT OF PHYSICAL EDUCATION
TAMIL NADU PHYSICAL EDUCATION AND SPORTS
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MAY- 2021

**COMPARISON OF LEG EXPLOSIVE POWER AND ARM STRENGTH
BETWEEN MEN BASKETBALL AND HANDBALL PLAYERS**

**Thesis submitted to the Tamil Nadu Physical Education and Sports
University, Chennai for the partial fulfillment of the requirements for the
award of degree of**

MASTER OF PHYSICAL EDUCATION

Submitted By

S.PRADEEP

(Reg.no. 20195102022)

Under the guidance of

Dr.S.VELKUMAR



**DEPARTMENT OF PHYSICAL EDUCATION
TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
CHENNAI - 127
MAY -2021**

**COMPARATIVE STUDY OF PHYSICAL FITNESS
COMPONENTS BETWEEN INTER-COLLIGIATE CRICKET
AND TENNIS PLAYERS**

*Thesis Submitted to the Tamil Nadu Physical Education and Sports University
Chennai in Partial fulfillment of the requirement for the degree of*

MASTER OF PHYSICAL EDUCATION

SUBMITTED BY

Mr. A. NITHYA

(Reg.No:20195102021)

GUIDED BY

Dr. C. LAKSHMANAN

Assistant Professor



**DEPARTMENT OF PHYSICAL EDUCATION
TAMILNADU PHYSICAL EDUCATION
AND SPORTS UNIVERSITY**

CHENNAI - 600127

APRIL-2021

**COMPARATIVE STUDY OF SELECTED ANTHROPOMETRIC
MOTOR FITNESS VARIABLES AMONG CRICKET
AND TENNIS PLAYERS**

Thesis submitted to the Department of Physical Education, Tamil Nadu Physical
Education and Sports University, Chennai for the partial fulfillment
of the requirements for the degree of

MASTER OF PHYSICAL EDUCATION

Submitted by

M. PRAKASH

REG.NO:20195102023

Under the guidance of

Dr.S.MANIKANDAN

Professor and Head



**DEPARTMENT OF PHYSICAL EDUCATION
TAMIL NADU PHYSICAL EDUCATION AND SPORTS
UNIVERSITY, CHENNAI- 600127**

MAY- 2021

**COMPARATIVE STUDY ON ARM STRENGTH AND LEG EXPLOSIVE
POWER BETWEEN COLLEGE LEVEL BASKETBALL
AND HANDBALL PLAYERS**

Thesis submitted to the Tamil Nadu Physical Education and Sports
University, Chennai for the partial fulfillment of the requirements for the
award of degree of

MASTER

OF

PHYSICAL EDUCATION

Submitted By

J ARUN

(Reg.no. 20195102002)

Under the guidance of

Dr. LILYPUSHPAM ISSAC



**DEPARTMENT OF PHYSICAL EDUCATION
TAMIL NADU PHYSICAL EDUCATION
AND SPORTS UNIVERSITY**

CHENNAI - 127

MAY -2021

**COMPARATIVE STUDY ON ARM STRENGTH AND LEG EXPLOSIVE
POWER BETWEEN COLLEGE LEVEL BASKETBALL
AND HANDBALL PLAYERS**

Thesis submitted to the Tamil Nadu Physical Education and Sports
University, Chennai for the partial fulfillment of the requirements for the
award of degree of

MASTER

OF

PHYSICAL EDUCATION

Submitted By

J ARUN

(Reg.no. 20195102002)

Under the guidance of

Dr. LILLYPUSHPAM ISSAC



**DEPARTMENT OF PHYSICAL EDUCATION
TAMIL NADU PHYSICAL EDUCATION
AND SPORTS UNIVERSITY**

CHENNAI - 127

MAY -2021

**COMPARATIVE STUDY ON SELECTED PSYCHOLOGICAL
VARIABLES AMONG HOCKEY PLAYERS WITH
DIFFERENT POSITIONS OF PLAY**

Thesis submitted to the Department of Physical Education, Tamil Nadu Physical
Education and Sports University, Chennai for the partial fulfillment
of the requirements for the degree of

MASTER OF PHYSICAL EDUCATION

Submitted by

P.BARATH

Roll. No: 20195102003

Under the guidance of

Dr. K.RAJESHKUMAR

Assistant Professor



**DEPARTMENT OF PHYSICAL EDUCATION
TAMIL NADU PHYSICAL EDUCATION AND SPORTS
UNIVERSITY, CHENNAI- 600127**

May- 2021

EFFECT OF TRAINING ON CRICKET FITNESS AND SKILL PERFORMANCE OF
CRICKET PLAYERS UNDER TALENT HUNT PROGRAMME

Submitted to the Tamil Nadu Physical Education and Sports University
Chennai for the approval to pursue the degree of

MASTER
OF
PHYSICAL EDUCATION

Submitted

By

S. BAVEEN KUMAR

(REG. NO: 20195102004)

Under the Guidance

Of

Dr. S.JAYAKUMAR



DEPARTMENT OF PHYSICAL EDUCATION
TAMILNADU PHYSICAL EDUCATION
AND SPORTS UNIVERSITY
CHENNAI-127
MAY -2021

COMPARISON OF BODYMASS INDEX BETWEEN MEN HANDBALL
AND FOOTBALL PLAYERS

*Thesis submitted to the Tamil Nadu Physical Education and Sports University,
Chennai, for the Partial Fulfillment of the requirement
For the Degree of*

MASTER
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Submitted by

B. K. BERIS KAPOOR
Reg.No.20195102005

Under the Guidance of
Dr. S. MANIKANDAN



DEPARTMENT OF PHYSICAL EDUCATION TAMILNADU
PHYSICAL EDUCATION AND
SPORT UNIVERSITY
CHENNAI-600127
JUNE-2021

**COMPARATIVE STUDY ON SELECTED STRENGTH
PARAMETERS BETWEEN VOLLEYBALL AND
BASKETBALL PLAYERS**

Thesis Submitted to the Tamil Nadu Physical Education and Sports University
Chennai for the Partial Fulfillment of the requirement for the degree of

MASTER

OF

PHYSICAL EDUCATION

Submitted

By

BHARATHUVARAJS

(REG. NO: 20195102006)

Under the Guidance

Of

Dr. LILYPUSHPAM ISAAC



**DEPARTMENT OF PHYSICAL EDUCATION
TAMILNADU PHYSICAL EDUCATION
AND SPORTS UNIVERSITY
CHENNAI-127
MAY-2021**

**CONTRIBUTION OF NORTH MADRAS TOWARDS DEVELOPMENT AND
PROMOTION OF FOOTBALL**

RESEARCH PROPOSAL

Submitted to the Tamil Nadu Physical Education and Sports University, Chennai in
partial fulfillment of the requirement for the degree of

MASTER OF PHYSICAL EDUCATION

Submitted by

DANIEL V

REG No: 20195102007

Under the guidance of

Dr S. MANIKANDAN



**DEPARTMENT OF PHYSICAL EDUCATION
TAMIL NADU PHYSICAL EDUCATION AND SPORTS
UNIVERSITY, CHENNAI- 600127**

MAY – 2021

**COMPARATIVE ANALYSIS OF PHYSICAL FITNESS VARIABLES AMONG
COLLEGE MEN KABADDI AND KHO-KHO PLAYERS**

Thesis submitted to the Department of Physical Education, Tamil Nadu Physical
Education and Sports University, Chennai for the partial fulfillment
of the requirements for the degree of

**MASTER
OF
PHYSICAL EDUCATION**

Submitted by

E.DIVAKAR

Roll. No: 20195102009

Under the guidance of

Dr. LILLYPUSHPAM ISAAC

Assistant Professor



**DEPARTMENT OF PHYSICAL EDUCATION
TAMILNADU PHYSICAL EDUCATION AND
SPORTS UNIVERSITY, CHENNAI- 600127**

May - 2021

1

**COMPARATIVE STUDY OF LEG STRENGTH AMONG MIDDLE
DISTANCE AND SPRINTERS FOR COLLEGE LEVEL MEN**

Submitted to the Tamil Nadu Physical Education and Sports University
Chennai for the approval to pursue the degree of

**MASTER
OF
PHYSICAL EDUCATION**

Submitted

By

S. JEGANATHAN

(REG. NO: 20195102013)

Under the Guidance

Of

Dr. SJAYAKUMAR



**DEPARTMENT OF PHYSICAL EDUCATION
TAMILNADU PHYSICAL EDUCATION
AND SPORTS UNIVERSITY
CHENNAI-127
MAY -2021**

**RELATIONSHIP BETWEEN SELECTED PSYCHOMOTOR VARIABLES
AND PLAYING ABILITY IN HANDBALL PLAYERS**

Thesis submitted to the Tamil Nadu Physical Education and Sports University,
Chennai for the partial fulfillment of the requirements
for the award of degree of

MASTER OF PHYSICAL EDUCATION

Submitted by

M.KRISHNA KUMAR

20195102015

Under the guidance of

Dr.K.RAJESHKUMAR

Assistant Professor



**DEPARTMENT OF PHYSICAL EDUCATION
TAMIL NADU PHYSICAL EDUCATION AND SPORTS
UNIVERSITY, CHENNAI- 600127**

MAY-2021

**ANALYSIS OF TIME OUT AND SUBSTITUTION IN OPEN
VOLLEYBALL TOURNAMENT**

*Thesis submitted to the Tamil Nadu Physical Education and Sports University,
Chennai, for the Partial Fulfillment of the requirement*

For the Degree of

**MASTER
OF
PHYSICAL EDUCATION**

Submitted by

J.NAVEEN KUMAR

Reg.No.20195102017

Under the Guidance of

Dr. S. THIRUMALAI KUMAR



**DEPARTMENT OF PHYSICAL EDUCATION
TAMIL NADU PHYSICAL EDUCATION AND
SPORT UNIVERSITY**

CHENNAI-600127

JUNE-2021

**ANALYSIS OF ANTROPOMETRIC AND MOTOR FITNESS
AMONG VARIOUS POSITION WISE WOMEN
VOLLEYBALL PLAYERS**

Thesis submitted to the Tamil Nadu Physical Education and Sports University, Chennai for the
partial fulfillment of the requirements for the award of degree of

MASTER OF PHYSICAL EDUCATION

SUBMITTED BY
V.NAYARA BANU
(Register No.20195102018)

UNDER THE GUIDANCE OF
Dr. S.MANIKANDAN



**DEPARTMENT OF PHYSICAL EDUCATION
TAMIL NADU PHYSICAL EDUCATION
AND SPORTS UNIVERSITY
CHENNAI - 127**

MAY - 2021

**COMPARISION OF CORE STABILITY BETWEEN VILLAGE LEVEL FAST
BOWLERS AND CLUB LEVEL FAST BOWLERS**

Thesis submitted to the Tamil Nadu Physical Education and Sports University,
Chennai for the partial fulfillment of the requirements
for the award of degree of

MASTER OF PHYSICAL EDUCATION

Submitted by
J. NICKSON RAJ
20195102019

Under the guidance of
Dr.S.JAYA KUMAR
Assistant Professor



**DEPARTMENT OF PHYSICAL EDUCATION
TAMIL NADU PHYSICAL EDUCATION AND SPORTS
UNIVERSITY, CHENNAI- 600127**

MARCH-2021

**CONTRIBUTION OF PACHAIYAPPA'S COLLEGE CHENNAI
TOWARDS PROMOTION OF HOCKEY**

Thesis Submitted to the Tamil Nadu Physical Education and Sports University,
Chennai for the Partial fulfillment of the requirements for the award degree of

MASTER OF PHYSICAL EDUCATION

Submitted by

K. NIRMAL RAJ

Reg No: 20195102020

Under the Guidance of

Dr. P.KUMARAVELU



**DEPARTMENT OF PHYSICAL EDUCATION
TAMILNADU PHYSICAL EDUCATION AND
SPORTS UNIVERSITY**

CHENNAI-127

MAY-2021



Tamil Nadu Physical Education and Sports University

Department of Physical Education

II BPED 'A' & 'B' PROJECT ATHLETIC MEET



(2020 - 2021)

Date : 26.03.2021



WELCOME YOU ALL

TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY



Accredited with "B++" Grade by NAAC
India's First State University in Physical Education and Sports
Chennai - 600 127.



Department of Physical Education

*The Head, Faculty Members, Class Teacher and Students
of II B.P.Ed 'A&B' request your august presence at
the Inaugural Function of II B.P.Ed A&B
Project Athletic Meet 2020-2021*

on Tuesday 26th March, 2021 at 4.00 pm
in the Standard Track, 400 Meter Track

Inaugural Chief Guest

Dr.V.DUR AISAMY

ASSISTANT PROFESSOR, DEPARTMENT OF YOGA

has kindly accepted to be the Chief Guest for the Inaugural function
and declare the meet open.

Dr. S. MANIKANDAN

Professor & Head, Department of Physical Education
Tamilnadu Physical Education & Sports University
will preside over the function will preside
over the funtion

All are Cordially Invited



Dr.K.RAJESHKUMAR
Competition Director

Dr.S.JAYAKUMAR
Competition Director

Organizing by
II B.P.Ed A&B Student's

TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

CHENNAI- 600 127



II B.P.EdA & B Project Athletic Meet

2020-2021

(MEN & WOMEN)

ORGANIZED BY

II B.P.Ed-A & B

DATE: 26TH MARCH 2021



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Department of Physical Education

INVITATION

The Head, Faculty Members, Class Teacher and Students of II B.P.Ed 'A & B'
request your august presence at the Inaugural and Valedictory Functions of

II B.P.EdA &B Project Athletic Meet 2020-2021

On Friday 26th March, 2021 at 4.00 pm

in the 400M Standard Track,

Dr.V.Duraisamy

Assistant Professor, Department of Yoga, TNPESU

has kindly accepted to be the Chief Guest for the Inaugural Function
and Declare the meet open

Dr.S.Thirumalaikumar

has kindly accepted to be the Chief Guest for the valedictory function
and will distribute the prize.

Dr.S.MANIKANDAN,

Professor and Head, Department of Physical Education

will preside over the function

All are cordially invited

Dr.K.RAJESHKUMAR

Dr.S.JAYAKUMAR

Competition Directors

Dr. S. MANIKANDAN

Professor and Head

&

Organizing Committee

II B.P.Ed "A &B" Students of Department of Physical Education, TNPESU

COMPETITORS OATH

In the name of all competitors “I promise that we shall take part in the II B.P.Ed ‘A &B’ project sports meet 2020-21 respecting and abiding by the rules govern them without use of doping and drug in the true sprit of sportsmanship for the glory of sports and honor of our team”.

OFFICIAL OATH

In the name all judges I promise that we shall officiate in II B.P.Ed ‘A & B’project athletic meet with complete impartially respecting and abiding by the rules which govern them in the true spirit of sportsmanship.



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்
TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
(Estd. by the Govt. of Tamil Nadu Under Act No.9 of 2005. A State Govt. University)
Accredited with "B" Grade by NAAC

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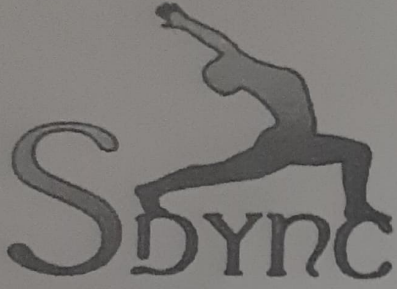
Dr.P.K.SENTHILKUMAR
Associate Professor & Head i/c
Dept. of Exercise Physiology and Biomechanics

**M.Sc Exercise Physiology and Nutrition students research projects
2020-2021**

S.No	Name	Research Project
1	KARTHIKARUBAN	Effect of High intensity training on selected physiological parameter among active young male
2	LOKESHWARAN	Analysis of Body Composition and Physiological Profile of Junior Football Players of Pondicherry State
3	PADMASHREE	Effect of Low Glycemic and Antioxidant Rich Diet on Inflammatory Marker in Female Arthritic Patients
4	SILAMBARASAN	Relationship Between Selected Motor Fitness Variables and Playing Ability Among College Football Players
5	VINOTH KUMAR	Effect of Aerobic Training on Rate Pressure Product in Patients with Heart Failure after Percutaneous Coronary Intervention

Head of the Department i/c

Dr. P.K.SENTHILKUMAR,



Shri Dhanvanthri Yoga & Naturopathy Centre

Center Registration No. : 352/B-IV/2012

ADDRESS :

No.21, Boopathy Nagar
Main Road, Sholinganallur,
Chennai - 600-119

Date: 23 / 02 / 2021

TO WHOMSOEVER IT MAY CONCERN

This is to Certify that Mr/Ms. MONIKA S, YUVARANI ABINAYA K V, ABHISHEK KUMAR, K.BADRI a student of M.Sc yoga and yoga therapy 2nd year , department of yoga, Tamilnadu physical education and sports university chennai has successfully completed her/his internship at Shri Dhanvanthri Yoga & Naturopathy Center, Chennai for 15 days (from 08.02.2021 to 22.02.2021).

The internship was undertaken by her/his in selection study and understand the various types of diseases and adopt yoga therapy techniques to the patients.

We wish all the best for her/his career and are thankful for the perfect service.

M. Hemamalini

**M. HEMAMALINI, B.C.Ssm
PGDYN, M.Sc., M.Phil., (Yoga)
SHRI DHANVANTHRI YOGA
AND NATUROPATHY CENTRE
Reg No: 352/B-IV/2012
No: 21, Boopathy Nagar, Main Road
Sholinganallur, Chennai - 600 119.
Mob. No: 9789942001, 9789923204
Email: rhemavoga1@gmail.com**

**EFFECT OF YOGA THERAPY ON SELECTED RISK FACTORS AMONG
RHEUMATOID ARTHRITIS WOMEN**

Thesis Submitted to the Tamil Nadu Physical Education and Sports University for the
partial fulfillment of the requirements for the Degree of

**MASTER OF SCIENCE
IN
YOGA**

Submitted by
S.MONIKA
(Reg.no.20195206002)

Under the Guidance of
Dr. V. DURAISAMI



**DEPARTMENT OF YOGA
TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
CHENNAI – 127.
JULY - 2021**

EFFECT OF YOGA THERAPY ON SELECTED PHYSIOLOGICAL VARIABLES AMONG ASTHMATIC MEN

Thesis Submitted to the Tamil Nadu Physical Education and Sport University,
Chennai for the Partial fulfillment of the requirements
for the award of degree of

MASTER OF SCIENCE IN YOGA THERAPY

Submitted by

K. BADRI

20195234002

Guide

Dr. (Mrs.) S. SELVALAKSHMI



**DEPARTMENT OF YOGA
TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
CHENNAI-127
JUNE - 2021**

EFFECT OF YOGA THERAPY ON SELECTED RISK FACTORS AMONG RHEUMATOID ARTHRITIS MEN

Thesis Submitted to the Tamil Nadu Physical Education and Sports University for the
partial fulfillment of the requirements for the Degree of

MASTER OF SCIENCE IN YOGA

Submitted by
S.MONIKA
(Reg.no.20195206002)

Under the Guidance of
Dr. V. DURAISAMI



DEPARTMENT OF YOGA
TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
CHENNAI – 127.

JULY - 2021

**EFFECT OF YOGA THERAPY ON SELECTED RISK FACTORS AMONG
RHEUMATOID ARTHRITIS MEN**

Thesis Submitted to the Tamil Nadu Physical Education and Sports University for the
partial fulfillment of the requirements for the Degree of

**MASTER OF SCIENCE
IN
YOGA THERAPY**

Submitted by
ABHISHEKKUMAR
(Reg.No.20195234001)

Under the Guidance of
Dr. V. DURAISAMI



DEPARTMENT OF YOGA
TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
CHENNAI – 127.
JULY - 2021

**EFFECT OF CLUBBEL EXERCISE ON THROWING PERFORMANCE AMONG
SHOT-PUTTERS**

**Thesis Submitted to the Tamil Nadu Physical Education and Sports University Chennai in
Partial Fulfilment of the Requirement for the award of degree of**

**MASTER OF SCIENCE
IN
SPORTS BIOMECHANICS AND KINESIOLOGY**

**SUBMITTED BY
C.MANIKANDAN
(Reg. No.20195316004)**

**GUIDED BY
Dr. P. RAJINIKUMAR**



**DEPARTMENT OF EXERCISE PHYSIOLOGY AND BIOMECHANICS
TAMIL NADU PHYSICAL EDUCATION
AND SPORTS UNIVERSITY
CHENNAI -127
JANUARY -2022**

Dr. P. RAJINIKUMAR

Assistant Professor,

Department of Exercise Physiology and Biomechanics,

Tamil Nadu Physical Education and Sports University,

Chennai -600 127.

CERTIFICATE BY THE SUPERVISOR

This is to certify that the thesis entitled “**EFFECT OF CLUBBEL EXERCISE ON THROWING PERFORMANCE AMONG SHOT-PUTTERS**” is a record of research work done by **C.MANIKANDAN**, a student of Master of Science in Sports Biomechanics and Kinesiology, Department of Exercise Physiology and Biomechanics, Tamil Nadu Physical Education and Sports University, Chennai during the year 2019-2021.

The subjects of which the thesis has been prepared in his original work and it has not previously formed the basis for the award to any candidate of any degrees, diploma and associate ship of other similar titles. The thesis represents entirely and independent work on the part of the candidate but for general guidance by me.

Place: Chennai

Date: 06.01.2022


Dr. P. RAJINIKUMAR

Supervisor

Dr.P.RAJINIKUMAR,

M.Sc.,(Biomechanics), M.P.E.S., M.Phil., Ph.D.,

Assistant Professor

Department of Exercise Physiology and Biomechanics

Tamil Nadu Physical Education and Sports University

Melakottaiyur Post, Chennai - 600 127.

BIOMECHANICAL ANALYSIS OF GRAB START IN YOUTH SWIMMERS

**Thesis Submitted to the Tamil Nadu Physical Education and Sports University Chennai in
Partial Fulfillment of the Requirement for the award of degree of**

**MASTER OF SCIENCE
IN
SPORTS BIOMECHANICS AND KINESIOLOGY**

**SUBMITTED BY
MANIKANTAN C
(Reg. No.20195316005)**

**GUIDED BY
Dr. P. RAJINIKUMAR**



**DEPARTMENT OF EXERCISE PHYSIOLOGY AND BIOMECHANICS
TAMIL NADU PHYSICAL EDUCATION
AND SPORTS UNIVERSITY
CHENNAI -127
DECEMBER-2021**

Dr. P. RAJINIKUMAR

Assistant Professor,
Department of Exercise Physiology and Biomechanics,
Tamil Nadu Physical Education and Sports University,
Chennai -600 127.

CERTIFICATE BY THE SUPERVISOR

This is to certify that the thesis entitled "**BIOMECHANICAL ANALYSIS OF GRAB START IN YOUTH SWIMMERS**" is a record of research work done by **MANIKANTAN C** a student of Master of Science in Sports Biomechanics and Kinesiology, Department of Exercise Physiology and Biomechanics, Tamil Nadu Physical Education and Sports University, Chennai during the year 2019-2021.

The subjects of which the thesis has been prepared in his original work and it has not previously formed the basis for the award to any candidate of any degrees, diploma and associate ship of other similar titles. The thesis represents entirely and independent work on the part of the candidate but for general guidance by me.

Place: Chennai

Date: 06.01.2022


Dr. P. RAJINIKUMAR

Supervisor

Dr. P. RAJINIKUMAR,
M.Sc.,(Biomechanics), M.P.E.S., M.Phil., Ph.D.,
Assistant Professor
Department of Exercise Physiology and Biomechanics
Tamil Nadu Physical Education and Sports University
Melakottaiyur Post, Chennai - 600 127.

TWO DIMENSIONAL ANALYSIS OF FREE THROW IN BASKETBALL

**Thesis Submitted to the Tamil Nadu Physical Education and Sports University Chennai in
Partial Fulfilment of the Requirement for the award of degree of**

MASTER OF SCIENCE IN SPORTS BIOMECHANICS AND KINESIOLOGY

**SUBMITTED BY
L. HAMLYN LAZARUS
(Reg. No.20195316002)**

**GUIDED BY
Dr. P. RAJINIKUMAR**



**DEPARTMENT OF EXERCISE PHYSIOLOGY AND BIOMECHANICS
TAMIL NADU PHYSICAL EDUCATION
AND SPORTS UNIVERSITY
CHENNAI -127
NOVEMBER -2021**

Dr. P. RAJINIKUMAR

Assistant Professor,

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Chennai -600 127.

CERTIFICATE BY THE SUPERVISOR

This is to certify that the thesis entitled **“TWO DIMENSIONAL ANALYSIS OF FREE THROW IN BASKETBALL”** is a record of research work done by **L.HAMLYN LAZARUS**, a student of Master of Science in Sports Biomechanics and Kinesiology, Department of Exercise Physiology and Biomechanics, Tamil Nadu Physical Education and Sports University, Chennai during the year 2020-2021.

The subjects of which the thesis has been prepared in his original work and it has not previously formed the basis for the award to any candidate of any degrees, diploma and associate ship of other similar titles. The thesis represents entirely and independent work on the part of the candidate but for general guidance by me.

Place: Chennai

Date: 15-11-2021


Dr. P. RAJINI KUMAR

Supervisor

Dr. P. RAJINIKUMAR,
M.Sc., (Biomechanics), M.P.E.S., M.Phil., Ph.D.,
Assistant Professor
Department of Exercise Physiology and Biomechanics
Tamil Nadu Physical Education and Sports University
Melakottaiyur Post, Chennai - 600 127.

**RELATIONSHIP OF ANTHROPOMETRIC AND PERFORMANCE RELATED
VARIABLES ON SPEED OF RELEASE IN HAMMERTHROW**

Research Proposal Submitted to the Tamil Nadu Physical Education and Sports University
Chennai in Partial Fulfillment of the Requirement for the award of degree of

**MASTER OF SCIENCE
IN
SPORTS BIOMECHANICS AND KINESIOLOGY**

**SUBMITTED BY
S LINGAMOORTHY
(Reg. No.20195316003)**

**GUIDED BY
Dr. P. RAJINIKUMAR**



**DEPARTMENT OF SPORTS BIOMECHANICS AND KINESIOLOGY
TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY**

CHENNAI -127

SEPTEMBER -2021

Dr. P. RAJINIKUMAR

Assistant Professor,
Department of Sports Biomechanics and Kinesiology,
Tamil Nadu physical Education and sports university,
Chennai -600 127.

CERTIFICATE BY THE SUPERVISOR

This is to certify that the dissertation entitled **“Relationship of Anthropometric and Performance Related Variables on Speed of Release in Hammer throw”** is a record of research work done by **S.LINGAMOORTHY** a student of Master of Science in Sports Biomechanics and Kinesiology, Department of Sports Biomechanics and Kinesiology, Tamil Nadu Physical Education and Sports University, Chennai during the year 2020-2021.

The subjects of which the dissertation has been prepared in his Original work and it has not previously formed the basis for the award to any candidate of any Degrees, Diploma and Associate ship of other similar titles. The dissertation represents entirely and independent work on the part of the candidate but for general guidance by me.

Place: Chennai

Date:


Dr. P. RAJINIKUMAR

Supervisor

Dr.P.RAJINIKUMAR,

**M.Sc.,(Biomechanics), M.P.E.S., M.Phil., Ph.D.,
Assistant Professor**

**Department of Exercise Physiology and Biomechanics
Tamil Nadu Physical Education and Sports University
Melakottaiyur Post, Chennai - 600 127.**

KINEMATIC ANALYSIS OF FAST MEDIUM BOWLING IN CRICKET

THESIS

Submitted to the Tamil Nadu Physical Education and Sports University
Chennai for the Partial fulfilment of the requirements
for the award of degree of

**MASTER OF SCIENCE
IN
SPORTS BIOMECHANICS AND KINESIOLOGY**

Submitted by
A.Mathan
(Reg. no. 20195316006)

Guided by
Dr.P.Rajinikumar



**DEPARTMENT OF EXERCISE PHYSIOLOGY AND BIOMECHANICS
TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
CHENNAI-600127
JAN - 2022**

Dr. P. RAJINIKUMAR,
Asst. Professor,
Department of Exercise Physiology and Biomechanics
Tamil Nadu Physical Education and Sports University,
Chennai – 600127.

CERTIFICATE BY THE SUPERVISOR

This is to certify that the thesis entitled “**KINEMATIC ANALYSIS OF FAST MEDIUM BOWLING IN CRICKET**” is a record of research work done by A.Mathan (Reg.no - 20195316006), a student of Master of Science in Sports Biomechanics and Kinesiology, Department of Exercise Physiology and Biomechanics, Tamil Nadu Physical Education and Sports University, Chennai during the year 2019- 2021 for the partial fulfillment of the requirements for the award of degree of Master of Science in Sports Biomechanics and Kinesiology.

The thesis is his original work and has not previously formed the basis for the award to any candidate, for any degree, diploma, associateship or other similar titles. This thesis represents, entirely an independent work on the part of the candidate but for the general guidance by me.

Station: Chennai

Date: 06-01-2022

Dr P. Rajinikumar

Research Supervisor

Dr.P.RAJINIKUMAR,
M.Sc.,(Biomechanics), M.P.E.S., M.Phil., Ph.D.,
Assistant Professor
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Tamil Nadu Physical Education and Sports University
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