



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management
Key Indicator – 6.5.2

6.5.2 Institution has adopted the following for Quality assurance



TNPESU QUALITY ASSURANCE ADOPTED ACTIVITIES

S.No.	Description	Page Number
1	Conference, Seminar, Workshops on Quality Conducted	2
2	Administrative Audit	144
3	Collaborative Quality initiatives with other Institutions	146
4	Orientation Programme on Quality issues for teachers and students	195
5	Green Audit	216



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Melakottaiyur, Chennai-127

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Conference, Seminar, Workshops on Quality assurance



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

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One Day National Webinar On Yogic Practices Holistic health



The poster is for a webinar titled "Yogic Practices for Holistic Health" organized by Tamil Nadu Physical Education and Sports University, Chennai. It features a central graphic of a tree with a person in a yoga pose at its base. The text is arranged around this central image, providing details about the event, the resource person, and the organizing committee. The university's logo is in the top left corner, and the Zoom logo is in the top right. The date and time are listed on the left, and a call to action to register is on the right. The bottom section lists the roles and names of the organizing secretary, convener, patron, and chief patron.

TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, CHENNAI
Accredited with "B ++" Grade by NACC
India's First State University in Physical Education and Sports

ONE DAY NATIONAL WEBINAR ON WEBINAR
Yogic Practices for Holistic Health

Date : 13.06.2020
Time : 11 to 12pm

Free Register Now
E - Certificates will be provided at the end of the programme

RESOURCE PERSON
Dr. S. SELVALAKSHMI
Asst Professor & Head i/c
TAMILNADU PHYSICAL EDUCATION
AND SPORTS UNIVERSITY, CHENNAI

Organizing Secretary
Dr. V. DURASAMI
Asst Professor
TAMILNADU PHYSICAL EDUCATION AND
SPORTS UNIVERSITY, CHENNAI

Organizing Secretary Dr. V. DURASAMI Asst Professor	Convener Dr. S. SELVALAKSHMI Asst Professor & Head i/c	Patron Dr.V.Gopinath Registrar	Chief Patron Dr. Sheila Stephen Vice-Chancellor
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Registrar
Physical Education
and
Sports University
Chennai



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

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One Day National Webinar The Soul Is The Guardian Of the Day

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India's First State University in Physical Education and Sports

Free Register Now
E - Certificates will be provided at the end of the programme

WEBINAR
zoom

DATE : 17.06.2020
Time : 9.30 to 10.30am

RESOURCE PERSON

Mr.S.KAMALAKKANNAN
DIRECTOR
TCE VETHA YOGA ACADEMY,
CHENNAI.

Organizing Secretary
Dr. V. DURASAMI
Asst Professor
TAMILNADU PHYSICAL EDUCATION
AND SPORTS UNIVERSITY, CHENNAI

Organizing Secretary Dr. V. DURASAMI Asst Professor	Convener Dr. S. SELVALAKSHMI Asst Professor & Head i/c	Patron Dr.V.Gopinath Registrar	Chief Patron Dr. Sheila Stephen Vice-Chancellor
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Melakottaiyur, Chennai-127

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One Day National webinar On Yogic Practices and Yogic Diet for Wellness

The poster is for a webinar titled "ONE DAY NATIONAL WEBINAR ON Yogic Practices and Yogic Diet for Wellness". It features the university's logo and crest at the top left. The text includes the university's name, accreditation by NACC, and the date and time of the event. It also lists the resource person, Mr. Rajanish Sharma, and the organizing secretary, Dr. V. DURAISAMI. A table at the bottom lists the roles and names of the organizing secretary, convener, patron, chief patron, and registrar.

TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, CHENNAI
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India's First State University in Physical Education and Sports

ONE DAY NATIONAL WEBINAR ON
Yogic Practices and Yogic Diet for Wellness

Date : 20.06.2020
Time : 11 to 12pm

WEBINAR
zoom

Free Register Now

E - Certificates will be provided at the end of the programe

RESOURCE PERSON
Mr. Rajanish Sharma
(M.A., M.Sc., P.G.D.Y. Ed)
Assistant Technical manager
Indian Yoga Association
NEW DELHI

Organizing Secretary
Dr. V. DURAISAMI
Asst Professor
Department of Yoga
TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, CHENNAI

Organizing Secretary Dr. V. DURAISAMI Asst Professor	Convener Dr. S. SELVALAKSHMI Asst Professor & Head i/c	Patron Dr. V. Gopinath Registrar	Chief Patron Dr. Sheila Stephen Vice-Chancellor
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Sports University
Chennai




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Melakottaiyur, Chennai-127


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Five Days Faculty Development Programme In Yoga





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India's First State University in Physical Education and Sports
Melakottaiyur, Chennai - Tamil Nadu - 600127

DEPARTMENT OF YOGA
Organizes
FIVE DAYS FACULTY DEVELOPMENT PROGRAMME IN YOGA
On
"YOGA EDUCATION FOR MODERN DEVELOPMENTS"
13-07-2020 TO 17-07-2020


Convener
Dr. S. Selvalakshmi
 Assistant Professor & Head i/c


Organizing Secretary
Dr. V. Duraisami
 Asst. Professor


Patron
Dr. V. Gopinath
 Registrar


Chief Patron
Dr. Sheila Stephen
 Vice-Chancellor

E-Certificate will be Provided to all Registered Participants

Resource Persons

Registration Fees: Rs. 100/-

Day	Session	Date	Resource Person	Registration Fees
Day 1	Session 1	13.07.2020	Dr. R. Elangovan Professor & Head MAHER University, Chennai - 78 10am to 11.30am	Rs. 100/-
Day 1	Session 2	13.07.2020	Dr. S. Selvalakshmi Assistant Professor & Head i/c TNPESU, Chennai-127 11.30am to 1.00pm	
Day 2	Session 1	14.07.2020	Dr. C.K Ashok Kumar President, Asia Pacific Vegan Union APVU, India 10am to 11.30am	Rs. 100/-
Day 2	Session 2	14.07.2020	Mrs. Sudhamenon Yoga Therapist, Doha, Qatar 11.30am to 1.00pm	
Day 3	Session 1	15.07.2020	Dr. Karuna Nagarajan Associate Professor & Deputy Director, S-VYASA Yoga University, Bengaluru 10am to 11.30am	Rs. 100/-
Day 3	Session 2	15.07.2020	Dr. Rajanish Sharma Assistant-Technical manager, Indian Yoga Association, New Delhi 11.30am to 1.00pm	
Day 4	Session 1	16.07.2020	Dr. Latha Sathish Head, Research Council Krishnamacharya Yoga Mandiram, Chennai 10am to 11.30am	Rs. 100/-
Day 4	Session 2	16.07.2020	Dr. Lakshmi Kandhan Assistant Professor Morarji Desai National Institute of Yoga, New Delhi 11.30am to 1.00pm	
Day 5	Session 1	17.07.2020	Dr. R. Balaji Assistant Professor Aarupada Veechu Medical College & Hospital, Puducherry 10am to 11.30am	Rs. 100/-
Day 5	Session 2	17.07.2020	Mr. N. Dhuraimurugan Assistant Professor TCE Vedha Yoga Academy, Chennai 11.30am to 1.00pm	

Registration Fees: Rs. 100/-
A/C Name: THE REGISTRAR TNPESU
A/C No. : 9808999497
Bank : INDIAN BANK
IFSC : IDIB000N056
Branch : Nallambakkam

Further Enquiry:
Organizing Secretary
Dr. V. Duraisami
 Asst. Professor
 Dept. of Yoga, TNPESU
 Mobile: 9842708648

REGISTRATION:
Click Here
<https://forms.gle/jbGq3TJFSMmX5XdJ7>



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Melakottaiyur, Chennai-127

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TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
MELAKOTTAIYUR, CHENNAI -600 127
DEPARTMENT OF YOGA

REPORT OF
“FIVE DAYS FACULTY DEVELOPMENT PROGRAMME IN YOGA”

Venue: ONLINE – (ZOOM APP)

Date: 13.07.2020 to 17.07.2020


The **FIVE DAYS FACULTY DEVELOPMENT PROGRAMME IN YOGA** was organized by Department of yoga, Tamil Nadu Physical Education and Sports University in a glorious manner.

The programme was inaugurated with **Dr. V. GOPINATH, Registrar** of Tamil Nadu Physical Education and Sports University delivered the inaugural address and **Dr S. Selvalakshmi**, Assistant Professor & Head -Department of Yoga-TNPESU welcomed the gathering.

A total no of **603 participants** comprising took part in this .

Total **10 resource persons** given a valuable and scientific speech (details attached).

Dr D. Sathiakumar, Director, School of Distance Education, was given a valedictory address at the end of the final day session. and **Dr V.Duraisami**, Assistant Professor & Organizing Secretary of this programme given a vote of thanks -Department of Yoga-TNPESU .


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Implications of Yoga education

- Gurukulam period – period of revelations
- Ashram Based Period – period of recluse and consolidation of Knowledge. (many scriptures were presented by sages)
- Modern Ashram /retreats– Emergence many masters of yoga who took it across the world
- Institution- consolidation of styles of yoga and emergence of scientific studies
- Studios – Application of the styles and wider spread
- Academic institutes – Organised and structured courses to professionalise this science and philosophy.



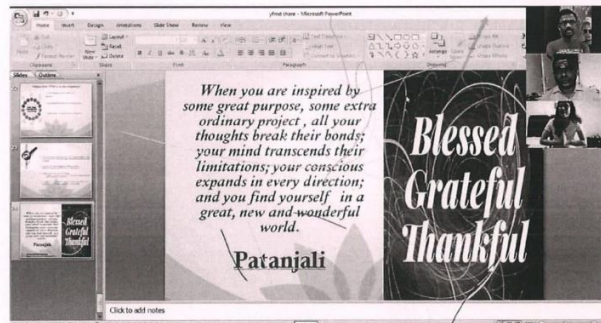
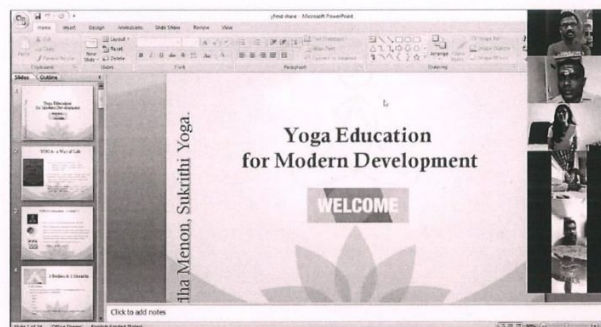
V-
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NUTRITION WEEK

Organized By The Department Of Exercise Physiology And Nutrition



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்
TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, CHENNAI
Accredited with "B++" Grade by NAAC
India's First State University in Physical Education and Sports

NUTRITION WEEK
ORGANIZED BY THE DEPARTMENT OF EXERCISE PHYSIOLOGY AND NUTRITION

We Cordially invite you all for the Nutrition week programme from 07-09-2020 to 10-09-2020

PROGRAMME

At 10.30 am on 07-09-2020 Welcome Address by Dr. R. VENKATESAN , Organising Secretary. Menu planning, preparation and presentation with explanation.	At 10.30 am on 10-09-2020 Welcome Address by Dr. P.K. SENTHILKUMAR, Asst. Professor. Introducing the Guest Speaker and Speech by Prof. GRACE HELINA
At 10.30 am on 08-09-2020 Three Speakers presentation from M.Sc II Year Students	Guest Speaker Dr. MAHENDRAN APPUKUTTY, FNSM Associate Professor \Nutritionist Sports Science Programme University Teknologi MARA , MALAYSIA. has kindly consented to speak on "PROBIOTICS FOR SPORTS". Vote of Thanks – Dr. J. ANITHA, Asst. Professor.
At 10.30 am on 09-09-2020 Mrs.SHINY SURENDRAN, Sports Nutritionist, Chennai has kindly consented to speak on "COVID-19 AND NUTRITION"	
CHIEF PATRON	- Dr. SHEILA STEPHEN VICE- CHANCELLOR. TNPESU
PATRON	- Dr. V. GOPINATH REGISTRAR, TNPESU
DIRECTOR	- Prof. GRACE HELINA HOD, TNPESU
ORGANIZING SECRETARY	- Dr. R. VENKATESAN Asst. Professor
MEMBERS	- Dr. P.K.SENTHILKUMAR , Dr. J. ANITHA Asst. Professors

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DEPARTMENT OF EXERCISE PHYSIOLOGY AND BIOMECHANICS

REPORT ON

ORIENTATION PROGRAMME FOR THE ACADEMIC YEAR – 2021, THROUGH ZOOM PLATFORM

DATE : 24/08/2020

PARTICIPANTS : DEPT STAFF AND STUDENTS.

The programme started with the silent prayer followed by the Head of the Department Prof Grace Helina welcomed the gathering. Felicitation address was given by the Registrar of the University Dr. V. Gopinath. Honourable Vice-Chancellor of the university Dr. Sheila Stephen was the chief guest and she motivated the students and staff through her inspirational address. The Head of the Department Dr. Grace Helina explained about the Department and Department activities through power point presentation. Other staff of the Department has also addressed the students.

DEPARTMENT OF EXERCISE PHYSIOLOGY AND BIOMECHANICS


REPORT ON

NUTRITION WEEK THROUGH ZOOM PLATFORM

Date : 07-09-2020 to 10-09-2020

PARTICIPANTS : DEPT STAFF AND STUDENTS.

On the first day 07-09-2020 the programme started by the silent prayer and the organizing secretary Dr. R. Venkatesan Asst. Professor of the Department welcomed the gathering followed by the students group presentation regarding menu planning and preparation. On the second day 08-09-2020 M.Sc II year students Mrs. Padmashree, Mr. Vinoth and Mr. Karthikarupam presented various topics. On 09-09-2020 the third day started with an expert presentation on COVID-19 AND NUTRITION by Mrs. Shiny Surendiran, Sports Nutritionist, Chennai. On the last day the 10th September 2020 started with welcome address by Dr. P.K. Senthilkumar Asst. Professor of the Department followed by the introducing the Guest Speaker Dr. Mahendiran Appukutty, FNSM, Associate Professor, Sports Science programme, University Teknologi, MARA, MALAYSIA was done by Prof. Grace Helina, Head of the Department. The speaker enlightened on PROBIOTICS FOR SPORTS. The programme ended with the vote of thanks by Dr. J. Anitha, Asst. Professor of the Department.


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Gandhin Thoughts For Rural Development

Shikshit Bharat

PERIOD FROM OCTOBER 2020 TO DECEMBER 2020

No. of programmes conducted to promote Gandhiji thoughts and values – 01

Name of the programme : Gandhian thoughts for Rural Development

Date and time 02-10-2020, 11 AM

**Speaker : P.Praveen kumar, president, change citizen for international,
Chennai**


The department of Sports Technology of Tamil Nadu Physical Education and Sports University was organized a programme under Shikshit Bharat, entitled " Gandhian thoughts for rural development" to enrich knowledge about Gandhiji thoughts for rural development among the citizens of the nation .

The programme was organized through online zoom platform and about 45 participants were participated. DR.R.Ramakrishnan, Professor and Head, Dept. of advanced sports training and technology has welcomed the gathering.

P.Praveen kumar, president, change citizen for international, Chennai, has delivered key note address in that he mentioned many price-worthy points about Gandhiji thoughts on rural development.

The Chief Guest is also point out that the need for education and training which Gandhi called 'Naitalim' (New training) for rural reconstruction. Gandhian approach to rural development strives to reconstruct village republics which would be non-violent, self-governed and self-sufficient so far as the basic necessities of ruralites are concerned. Apart from creating a new socio-economic order, it Endeavour's to transform man; otherwise the changes in the socio-economic order will be short-lived.

Finally DR.G.Nallavan ,Assistant Proessor, Dept. of advance sports training and technology proposed vote of thanks .


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Optimization Of Mental Health During Pandemic

TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
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Melakottaiyur, Chennai-600127

Department of Sports Management and Sports Psychology & Sociology

Dear Professional friends,



TNPESU - Department of Sports Management and Sports Psychology & Sociology cordially invites you to participate in the

WEBINAR
On

"Optimization of Mental Health during Pandemic"

Date: 10th October, 2020 Time : 10.30 am
E-certificate will be provided to all the participants after filling Feedback form
For Free Registration, Click here : <https://forms.gle/ydgsB5QnJ26qMGa28>

Resource Persons

	
Dr. SUNIL KUMAR VIJAYAN Clinical Psychologist Founder - Mind Zone	Dr. M. SURESH KUMAR Head, Department of Psychology The American College, Madurai
Coordinators Dr. V. Ramesh Kumar Dr. K. Kannadasan Assistant Professor	Organizing Secretary Dr. Shahin Ahmed Professor
Patron Dr. V. Gopinath Registrar	Convener Dr. V. Mangaiyarkarasi Professor
Chief Patron Dr. Sheila Stephen Vice Chancellor	Convener Dr. S. Premkumar Professor & HOD

Zoom Meeting Link: <https://us02web.zoom.us/j/4485371313?pwd=Vm9PTeV6ZmZbDh5QnZTVU9NVEVZz09>
Meeting Id : 448 537 1313 Password : tnpesu

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Registration - "Optimization of Mental Health during Pandemic"					
Timestamp	Email Address	Name	Designation	Organization	Whatsapp Number
10/8/2020 23:17:09	sujithapaulose16@gmail.com	Sujitha Paulose		PSBB SCHOOL, SIRUSE	8668113811
10/9/2020 12:31:29	physiotherapy@yahoo.co.in	MANOJ C	Physiotherapist	Tamil Nadu Physical Edu	7904271798
10/9/2020 14:33:05	vanshivkatesan8@gmail.com	JAYAKUMAR V	M. Sc. Sports Psychology	Tamilnadu Physical Educ	7338767217
10/9/2020 14:36:45	thasishareefa360@gmail.com	SHAREEFA THASNI	STUDENT	MSC SPORTS PSYCHOL	7306705245
10/9/2020 14:41:32	thariksha78651@gmail.com	H.Tharik Basha	Junior Assistant Sports	Tamilnadu Physical Educ	7871386063
10/9/2020 14:45:12	vinaychoudhary994@gmail.com	Vinay Choudhary	Student	TNPESU	9413221527
10/9/2020 14:55:27	akhi.akhil134@gmail.com	MUHAMMED AKHIL A	MSC Sports Psychology	Tamilnadu Physical Educ	8301894072
10/9/2020 14:55:53	drskp@gmail.com	Dr. S.Thirumalai Kumar	Professor	Tamil Nadu Physical Edu	6381274527
10/9/2020 14:59:27	alagupillidm.ac.in	Alaguraj P	Physical Director	IIITDM Kancheepuram, C	9176192021
10/9/2020 15:02:16	shalinirachel111@gmail.com	R. Shalini	MSC Sports psychology	Tamilnadu physical educa	9677289170
10/9/2020 15:03:22	majili25@gmail.com	Dr.A.Manoj Kumar	Head, Department of Phy	AMET University Chennai	9600689998
10/9/2020 15:03:25	bharanboxer05@gmail.com	BHARANI PRIYA. A	Student	TNPESU	7092020096
10/9/2020 15:05:41	nazreenmohamed9798@gmail.com	NAZREEN FATHIMA A W	Student	Periyar University	9677848365
10/9/2020 15:16:52	suhaira7559@gmail.com	Suhaira. Vp	Student	Tamilnadu physical educa	7559983536
10/9/2020 15:24:54	Sreechithrak2@gmail.com	Sreechithra .k	PG student	TNPESU, Chennai	9747890716
10/9/2020 15:28:07	athulharidas@gmail.com	ATHUL HARIDAS	PHD scholar	TNPESU chennai	9946877628
10/9/2020 15:36:57	jsgfpe@gmail.com	JAMAL SHERIF G F	Research Scholar	Tamil Nadu Physical Edu	9585766538
10/9/2020 16:23:49	sriprasad20@gmail.com	Dr.A. SRIDHARAN	Fitness Trainer	GR Fitness Gym	9677257792
10/9/2020 16:53:16	keedevaz21@gmail.com	DEVENDIRAN.R.	Ph.d. Research scholar	Tamil Nadu physical educ	9364685490
10/9/2020 18:06:33	vidyavikumar@yahoo.co	Vidya L	Research scholar	TNPESU	9944297517
10/9/2020 18:27:50	gp.chandraprakash@gmail.com	Dr. G. CHANDRAPRAKASH	Strength and Conditioning	FIONIS Inspiring Fitness	9445813214
10/9/2020 18:47:58	g_nallavan@yahoo.com	Nallavan G	Assistant Professor	Tamil Nadu Physical Edu	9600100730
10/9/2020 19:19:41	sijanand@gmail.com	S.Joseph Jeya Anand	Assistant professor	Vit bs	8301058303
10/9/2020 19:28:14	abvajid199@gmail.com	Abdul Vajid M	Student	University of calicut	9567137548
10/9/2020 19:54:03	thamiji1tashraf@gmail.co	Thamijidha V.M	Student	Psychology	7025498939
10/9/2020 19:59:00	ramshirps@gmail.com	Ramshirpsa vt	student	psychology	9176646565
10/9/2020 20:13:35	srividhya.sekhar@gmail.c	Srividhya	Assistant Professor	K L university	9840409198
10/9/2020 20:17:41	kalai.hockey12@gmail.co	Dr.R.Kalaisevan	Video Analyst	DSYW	8056296924
10/9/2020 20:18:04	ped@hindustanuniv.ac.in	Dr.B.Selvamuthukrishnan	Professor & Head	Hindustan Institute of Tec	7708273777
10/9/2020 20:23:13	yraj387@gmail.com	YUVARAJA G	Physical director	Govt sec school karvali	Tamilnadu Physical Education and Sports University Chennai



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Registration - "Optimization of Mental Health during Pandemic"					
Timestamp	Email Address	Name	Designation	Organization	Whatsapp Number
10/9/2020 20:25:22	arthivelu@gmail.com	Dr. Arthi. V	Special educator	Others	9962048570
10/9/2020 20:27:20	sriharipa@gmail.com	Thirupathi M	Student	Thiagarajar College	8072600643
10/9/2020 20:27:26	mspillai.psychologist@gmail.com	SARAVANAN M	PSYCHOLOGIST	M SARAVANAN PSYCH	8056082699
10/9/2020 20:33:15	karthikphd@yahoo.com	Karthik T	Sports manager	Skiya technologies	9003042004
10/9/2020 20:39:10	sandhiyasandy.elumalai@gmail.com	E.sandhiya	Student	Tamilnadu physical educa	8754333077
10/9/2020 20:42:32	tgso206@gmail.com	T. GOVINDHANKAR	Physical Education Teach	GSS JAIN GURUKUL INT	9600959454
10/9/2020 20:42:50	todeh13@gmail.com	Madhu Sudhan Subedi	Ph.D scholar,	Tamil Nadu Physical Edu	9566191428
10/9/2020 20:46:45	pk.sripesu@gmail.com	SENTHILKUMAR P K	Assistant Professor	Tamil Nadu Physical Edu	9865417000
10/9/2020 20:46:51	govardhansports@gmail.com	C.GOVARDHAN	PHD Scholar	Tamil Nadu Physical Edu	9703232548
10/9/2020 20:51:37	gopi7654@yahoo.co.in	Dr.P.Gopinathan	Assistant Professor (Rtd.)	Tamil Nadu Physical Edu	9444973711
10/9/2020 20:57:11	kumar.vel.ravi@gmail.com	Mr. M. Ravikumar	Assistant Professor of En	JHA Agarsen College	8608734043
10/9/2020 21:02:45	mirajashakarreddy.moolai@gmail.com	RAJASHEKAR	Yoga teacher	Kendriya vidyalaya	9885275652
10/9/2020 21:15:08	coachlaxman@gmail.com	Dr.M.LAKSHMAN KUMAR	Tennis Coach	Love Tennis Academy	9345439785
10/9/2020 21:22:14	musclemageshofficial@gmail.com	Dr.E.MAGESH	3rd B.A. CRIMINOLOGY /	D.R.B.C.C.HINDU COL	8825818377
10/9/2020 21:24:26	sasikumar.deepak@gmail.com	Dr. Deepak S.S	Assistant Professor	NSS COLLEGE CHERTH	9446376347
10/9/2020 21:27:01	daisylin.chem@sairamite@gmail.com	S.DAISYLIN ANBU SUJIT	ASSISTANT PROFESSOR	SRI SAIRAM INSTITUTE	8825994349
10/9/2020 21:31:22	yateeshkrishna.k@gmail.com	K. Yateesh Krishna	Junior Assistant	Yogi Vemana University,	9490419419
10/9/2020 21:33:36	shruthi.s9121@gmail.com	Shruthi	Student	Dibcc college	9840489845
10/9/2020 21:39:19	omyogavinodh@gmail.com	Tuljapurvinoth	Yoga master	Adiyogparameswara yog	7989123542
10/9/2020 21:42:37	nkdsbaitya@gmail.com	Dr. Debdulal Baidya	Associate Professor	Regional College of Phys	9862788985
10/9/2020 21:55:37	counselor@agarsencolleg@gmail.com	K. HEMALATHA	COUNSELLING OFFICER	J.H.A. AGARSEN ARTS /	9791687509
10/9/2020 22:04:56	derick.philips@gmail.com	DERICK A PHILIPS	PHYSICAL EDUCATION	DON BOSCO SCHOOL C	+918610367784
10/9/2020 22:26:35	praveelmurugan1996@gmail.com	Ms.V.PRAVEENA	Student	Sports University	9003220112
10/9/2020 22:50:18	abiram190500@gmail.com	V. Abirami	Student	Dibcc.hindu. college	9786807867
10/9/2020 23:01:55	mail2archana83@gmail.com	Archana.S	Research scholar	Tamilnadu Physical Educi	9025364574
10/9/2020 23:26:23	nivaskala77@gmail.com	Nivas nairi	Yoga teacher	Adiyogi parameswara yc	8333855645
10/9/2020 23:55:47	carlasajith@gmail.com	AJITH. A	Physical Director	Kendriya vidyalaya OCF /	9597960963
10/9/2020 23:56:12	krishnavenisridhar@yahoo.com	krishnaveni.K	PhD - Research Scholar	Tamil Nadu Physical Edu	9884687825
10/10/2020 0:00:26	alagulakshmisrinivasan@alagulakshmi		Student	Alagar Public School, Tut	9943614389

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Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Registration - "Optimization of Mental Health during Pandemic"

Timestamp	Email Address	Name	Designation	Organization	Whatsapp Number
10/10/2020 0:17:02	secp.ab@gmail.com	S. E. CATHERINE PRIN PHD scholar		Tamil Nadu Physical Edu	9940521689
10/10/2020 5:23:18	manojkumartrefere@gmail.com	R. MANOJ KUMAR	STUDENT	TAMILNADU PHYSICAL	9841211285
10/10/2020 5:42:14	ninglumzmknao@gmail.com	Ninglum zmk	Student	**	9003165530
10/10/2020 5:59:05	svetkumar05@gmail.com	Dr. S. VELKUMAR	Assistant Professor	Tamil Nadu Physical Edu	9543881366
10/10/2020 6:05:51	marinalawrance@gmail.com	MRS. LAWRENCE MARI	PHYSICAL EDUCATION	DELHI PUBLIC SCHOOL	9620823558
10/10/2020 6:15:48	rajajju@yahoo.com	Rajalakshmi	Physical Director	Government Girls Higher	9786577757
10/10/2020 6:35:33	thoyibmohammed35@gmail.com	Thoyib Mohammed Thoyib	Student	Tamil nadu sports Univer	9747149304
10/10/2020 7:07:23	ssphysioclinic@gmail.com	SENTHIL NATHAN S	Student	TNPESU	9962015582
10/10/2020 7:17:47	hemamalini1108@gmail.com	Hemamalini M	M.Sc.	TNPESU	8838175197
10/10/2020 7:28:42	srkarthi1977@gmail.com	Colonel SN Karthikeyan	Research Scholar	TNPESU	6005080112
10/10/2020 8:13:32	kashuri.baiz2@gmail.com	Kashuri Bai	PE Teacher	Jain international resident	8197560532
10/10/2020 8:18:04	athleidivakar@gmail.com	Divakar S	Student	D.R.B.C.C Hindu colleg	6379634618
10/10/2020 8:37:13	tharinasaloni@outlook.com	THAARINI SALONI S.D	Psychology	—	0097466097264
10/10/2020 8:13:21	kalpana802005@yahoo.com	Dr. Kalpana D	Asst prof	Jha agaram college	9941837949
10/10/2020 8:15:59	kruthikar.chen@sairamit.edu	R. KIRUTHIKA	Assistant professor	Sri Sairam Institute of Tec	8668129609
10/10/2020 9:41:29	irudhayarajavamani@gmail.com	Irudayaraj N.	Hospital Administrator	HVF, Avadi, Chennai Min	09444147257
10/10/2020 9:42:12	sumathi.chen@sairamit.edu	Sumathi S	A.P	Sri Sairam institute of tec	9941476282
10/10/2020 9:45:22	rathika.chen@sairamit.edu	Dr. S. Rathika	Associate Professor	Sri sairam institute of tec	9940466869
10/10/2020 9:48:11	jemina.chen@sairamit.edu	JEMINA I	Assistant Professor	SRI SAIRAM INSTITUTE	9500223831
10/10/2020 9:50:15	jyothsnayateesh@gmail.com	P. JYOTHSNA	Teaching Faculty	Govt. College of Nursing	9492286844
10/10/2020 10:04:09	sivamanispy14@gmail.com	Dr. S. SIVAMANI	Director of Physical Educ	Puducherry Technologica	9943022237
10/10/2020 10:07:43	sanjaypadmanaban0596@gmail.com	SANJAY P	B.A Criminology	1	8610504920
10/10/2020 10:10:10	esidd98@gmail.com	Siddharth	Asst director	Cydrle, min of defense, ava	8072546298
10/10/2020 10:29:34	Flowersnell77@gmail.com	Dimple Kapadia	Student	Tamil nadu sports univers	9494188293
10/10/2020 10:29:47	vinothinisiva6612@gmail.com	S. Vinothini	BPed	TNPESU	7305637620
10/10/2020 10:29:56	dr.v.s.manikandan@gmail.com	Dr. S. MANIKANDAN	Professor	Tamilnadu Physical Educ	9843523292
10/10/2020 10:30:43	mail2mohanapriyam@gmail.com	MOHANAPRIYA, M. P	Student	Tamil Nadu Physical Edu	8943239143
10/10/2020 10:31:57	jaikumar904jai@gmail.com	JAYAKUMAR G K	Student	TNPESU	7200717214
10/10/2020 10:32:39	prisillasam@gmail.com	PREETHI PRISILLAS	Student	TamilNadu Physical Educ	9791058921

V-
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TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Registration - "Optimization of Mental Health during Pandemic"

Timestamp	Email Address	Name	Designation	Organization	Whatsapp Number
10/10/2020 10:33:31	sayasandhiya99@gmail.com	SANDHIYA, S	student	TNPESU	9176332385
10/10/2020 10:33:36	karthik8956@gmail.com	Dr.N.Karthikeyan	Physical Director	TNPESU	9566655723
10/10/2020 10:37:19	jananirajendran2695@gmail.com	Janani, R	MBA	TNPESU	6382101045
10/10/2020 10:38:43	sudhasananamrathesh@gmail.com	Dr. R. SUDHARSANAN	Physical Education Teacher	TNPESU	8189894399
10/10/2020 10:40:14	Mageshskil98@gmail.com	Mageshwaran, A	Student	College	9840848804
10/10/2020 10:40:18	kowsadhikasavar@gmail.com	N.KOWSALYA	Student	TNPESU	7092780255
10/10/2020 10:42:40	naguprathik@gmail.com	D. Nagul prathik	Student	Mental health day	7418998642
10/10/2020 10:43:33	ddaimellam@gmail.com	Daimel Daimellam	Student	H.V.P.M Degree College	9366145492
10/10/2020 10:45:35	mamsaiselva@gmail.com	Dr.G.T.SELVAGANESH	Assistant Director Sports	Kalasalingam Deemed U	9789123630
10/10/2020 10:49:34	anusha.phy@sairamit.edu	B. Anusha	Associate professor	Sri Sairam Institute of T	9884635770
10/10/2020 10:50:10	akalyagay@gmail.com	Akalya E	Student	Tamil Nadu physical educ	8508788783
10/10/2020 10:51:11	meenameena1025@gmail.com	E.meena	Department of sports mar	TNPESU	6380981706
10/10/2020 10:52:12	patrickvijay7@gmail.com	B.vijay	B.p.ed	Tnpesu	9594469401
10/10/2020 10:52:28	achithra974@gmail.com	A. CHITHRA	Ast Physical Directress	Kalasalingam University	7904285446
10/10/2020 10:52:39	bebesankhil23@gmail.com	Ngamwar Sankhil	MSc Sports psychology II	TNPESU	8974138586
10/10/2020 10:55:42	harisbae@gmail.com	Haris babu k s	Ph.D scholar	TNPESU	9745645648
10/10/2020 10:56:32	pvinusha@gmail.com	Vinusha pv	AYUSH Student	Divya academy of yoga	7901250309
10/10/2020 11:02:06	manimaradana37397@gmail.com	gr Manikandan c	Study physical education	Student	9500976794
10/10/2020 11:08:05	gurukumar9@gmail.com	Mr. A. Kumaraguru	Student	Tamil Nadu Physical Edu	8754376482
10/10/2020 11:10:33	kaleesbasketball14@gmail.com	KALEESWARI M	Physical Education Teacher	The Indian public school	9787329289
10/10/2020 11:14:47	pradeepspsn97@gmail.com	Pradeep s	Studying in M.P.Ed	TNPESU	8190944045
10/10/2020 11:16:55	aklasir32750@gmail.com	S.Aklandeswari	Student	Tnpesu	8839354749
10/10/2020 11:21:08	ibakordorpallong@gmail.com	ibakordorpallong	student	TNPESU	8794651203
10/10/2020 11:39:17	graceathur21@gmail.com	A.grace	Ug 1st year in criminology	College	8925713536
10/10/2020 11:53:18	ksuganthibvn@gmail.com	K. Suganthi	Physical Education Teacher	The Indian public school	9698312753
10/10/2020 12:49:04	moorthy0524@gmail.com	M.Moorthy	Ph.D in Physical Educatio	TNPESU	9789764616
10/10/2020 12:50:29	vinobalanalan2459@gmail.com	A.VINOBALAN	Student	STUDENT	9080135371
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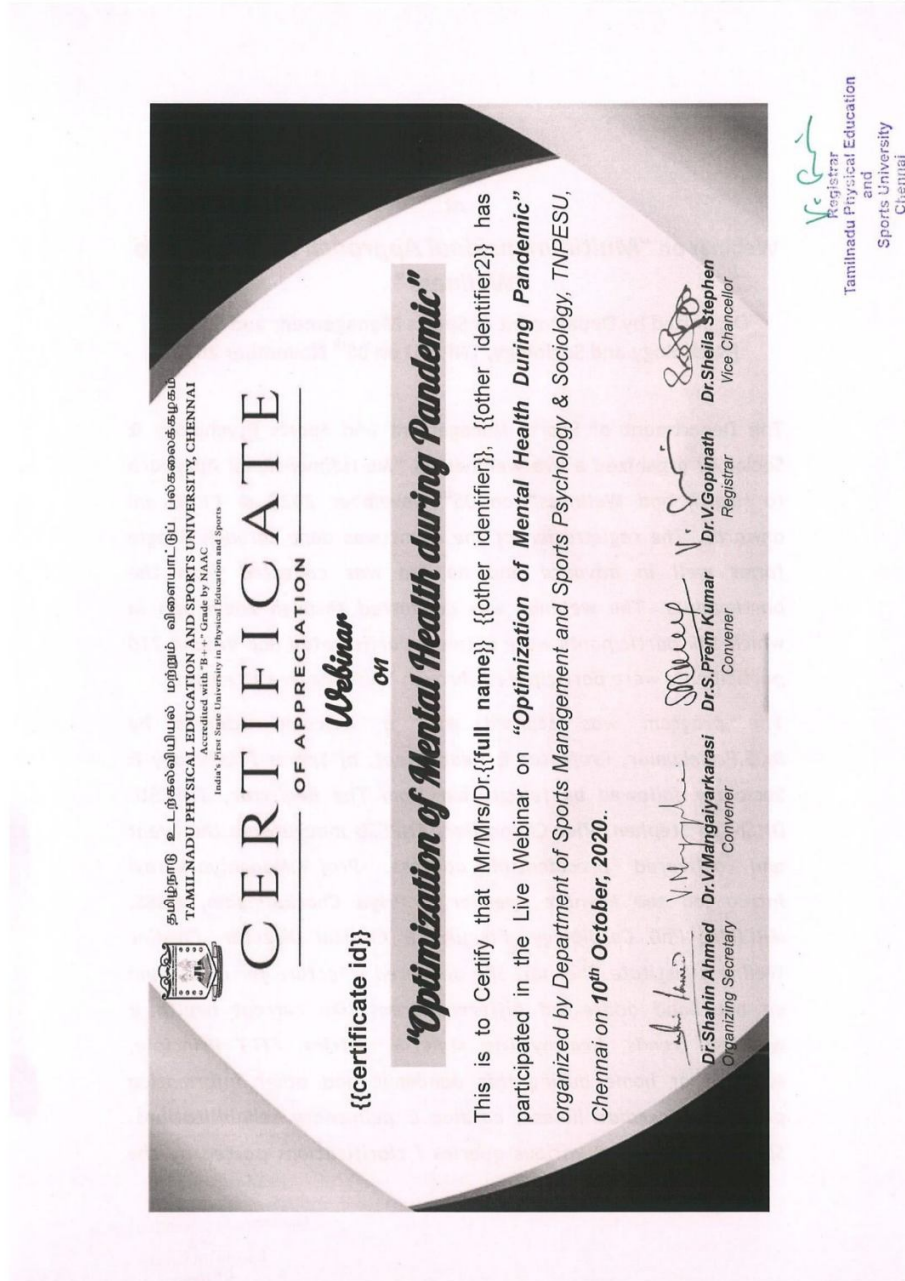

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Key Indicator – 6.5.2





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Key Indicator – 6.5.2

MULTIDIMENSIONAL APPROACH TO HEALTH AND WELLNESS

Tamil Nadu Physical Education and Sports University, Chennai
(Accredited with "B++" Grade by NAAC)

Department of Sports Management and Sports Psychology & Sociology

Cordially invites for the webinar

On

"MULTIDIMENSIONAL APPROACH TO HEALTH AND WELLNESS"

(05th November 2020 @ 11.00 a.m)

For Free Registration, Click here : <https://forms.gle/Q37lBvtfGvd2hEHk8>

Resource Persons

Dr. Priya Chockalingam
MBBS, MRCPCH, PhD Cardiology
Founder & Clinical Director,
Cardiac Wellness Institute, Chennai

Dr. R. Asha Rajini
Professor (Retd)
Dept. of Poultry Science
Madras Veterinary College
TANUVAS

Coordinator
Dr. V. Ramesh Kumar
Assistant Professor

Organizing Secretaries
Prof. V. Mangaiyarkarasi
Dr. K. Kannadasan
Assistant Professor

Convener
Dr. Shahin Ahmed
Professor

Convener
Dr. S. Premkumar
Professor & HOD

Patron
Dr. V. Gopinath
Registrar

Chief Patron
Dr. Sheila Stephen
Vice Chancellor

Website: www.tnpsu.org


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Criterion 6 - Governance, Leadership and Management
Key Indicator – 6.5.2

 **Tamil Nadu Physical Education and Sports University,
Chennai**
(Accredited with 'B++' Grade by NAAC)
**Department of Sports Management and Sports
Psychology & Sociology**

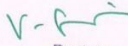
Date: 05.11.2020 *Live webinar* Time: 11.00 am

**"MULTIDIMENSIONAL APPROACH TO HEALTH AND
WELLNESS"**

Programme Schedule

11.00 am	:	Invocation
11.02 am	:	Welcome Address Dr. S. Premkumar, Prof. & Head, Dept. of Sports Management and Sports Psychology & Sociology,
11.05 am	:	Felicitation Dr.V.Gopinath, Registrar, TNPESU
11.10 am	:	Inaugural & Presidential Address Dr.Sheila Stephen, Vice Chancellor, TNPESU
11.15 am	:	Introduction of Keynote Speaker (Session 1) Prof. V.Mangaiyarkarasi, Dept. of Sports Management and Sports Psychology & Sociology,
11.17 am	:	Dr.Priya Chockalingam - Keynote Address MBBS, MRCPCH, PhD Cardiology Founder & Clinical Director, Cardiac Wellness Institute, Chennai
12.20 pm	:	Introduction of Keynote Speaker (Session 2) Dr. Shahin Ahmed, Professor Dept. of Sports Management and Sports Psychology & Sociology
12.25 pm	:	Dr.R.Asha Rajini - Keynote Address Professor (Retd), Dept. of Poultry Science Madras Veterinary College, TANUVAS
1.30 pm	:	Vote of Thanks - Dr.K.Kannadasan, Organizing Secretary

<https://us02web.zoom.us/j/88578307074>
Meeting ID: 885 7830 7074 Passcode: 135799
<https://www.youtube.com/channel/UC7hRVDK2SpNUTLfwITXNcLA>


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Dr. Priya Chockalingam

MBBS, MRCPCH, PhD Cardiology

Founder & Clinical Director, Cardiac Wellness Institute, Chennai

www.cardiacwellnessinstitute.com

Dr. Priya is a thought-leader in the prevention and reversal of heart diseases through lifestyle modification in India. With a team of highly dedicated healthcare professionals, Dr. Priya's Cardiac Wellness Institute provides comprehensive cardiac rehabilitation and targeted prevention programs for individuals from various walks of life. She believes that while diseases such as heart attack, stroke, diabetes, hypertension and obesity are truly global threats, each one of us can prevent and control them if given the right information and guidance. She has been spreading awareness about a heart-healthy lifestyle through television channels, print media, health camps and office programs for corporate companies, educational institutions, government bodies and non-profit organizations.

Education

PhD Cardiology, University of Amsterdam, The Netherlands, 2012

MRCPCH, The Royal College of Pediatrics and Child Health, UK, 2006


MBBS, Madras Medical College, Chennai, India, 2000

Books Authored

1. Journey to a Hearty Health. Elsevier Publications 2014
2. Mind Your Heart. Elsevier Publications 2008
3. Idhayam Kaaka (Tamil). Alliance Publishers 2008

Over 20 peer-reviewed Journal Publications

Over 40 National & International Scientific Presentations


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Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Dr. R. Asha Rajini
Professor (Retired)

My career

Born in Sri Lanka
Brought up in Coonoor
Later moved to Chennai and finished schooling from Doveton Corrie High School.

- Joined Madras veterinary college in 1973
- Among 120 students we were just 5 girls and that was a large number.
- Passed out in 1978 with a University first and 5 Gold medals
- Joined the Madras Race club and worked with Race horses. Enjoyed it. Love horses
- Later joined Aavin , worked in Ooty in a Dairy and Stud farm. Very interesting work.
- Joined the University as Research Associate and retired as Professor of Poultry Science.
- Published many research articles in National and International journals.
- Wrote two books and got an award for one on poultry economics.
- Was member of the Academic Council
- Was nominated as the best teacher in the University.
- Guided many PG and PhDs.

Health

- Born in a family of Diabetics and was a diabetic at the age of 35.
- Hypothyroid for the past 28 years
- Asthmatic since childhood
- Diagnosed with cancer of the breast and had a radical Mastectomy done in 2007.
- Septic gall stones almost took my life in 2015.

My Running

- Got into running at the age of 61. Won many podium awards in all categories
- Ran the full marathon in 2018 and came first in my age category
- Ran three hill runs at Ooty, Kolli hills and at Yercaud
- Got into competitive sports in 2018 and am presently the National Masters Champion for 400, 800, 1500 and 5000mts running. Represented India for the Asian Masters at Malaysia (Sarawak) in December 2018.
- 2019 did a HM at mumbai marathon. During the lockdown, completed a HM inside my house for Satara marathon, along with many other 10k runs inside the four walls

V-R
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Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Registration - Webinar on "Multidimensional approach to Health and Wellness"					
Timestamp	Email Address	Name	Designation	Organization	Whatsapp Number
10/26/2020 13:46:16	sujithapaulose16@gmail.com	Sujitha Paulose	Research Scholar	Ganesar College of Arts &	8668113811
10/28/2020 18:55:05	mutusiksha@gmail.com	N.MUTHU VENKATA SUJITHA	Research Scholar	INDIRANI COLLEGE OF	8056684545
10/28/2020 19:21:58	daisylin.chen@sairamit.edu	S. Daisylin Anbu Sujitha	Assistant Professor	Sri Sairam Institute of Tec	8825994349
10/28/2020 19:27:34	drskp@gmail.com	Thirumala Kumar S	Professor	Tamil Nadu Physical Edu	9381274527
10/28/2020 19:28:03	todeh13@gmail.com	Madhu sudhan subedi	Ph.D Research Scholar	Tamil Nadu Physical Edu	9566191428
10/28/2020 19:28:53	silambarasan96c7@gmail.com	Silambarasan G	strength and conditioning	zefitness	8148986010
10/28/2020 19:42:17	pvidhyasagar89@gmail.com	P. VIDHYASAGAR	RESEARCH SCHOLAR	TATA INSTITUTE OF SO	9094466929
10/28/2020 20:09:19	prkpv007@gmail.com	P. KUMARAVELU	Asst. Professor	Tamilnadu physical Educ	8894254700
10/28/2020 20:43:16	jsfge@gmail.com	JAMAL SHERIF G F	Research Scholar	Tamil Nadu Physical Edu	919840324465
10/28/2020 21:11:19	selvisakthi1212@gmail.com	Dr. S. Selvalakshmi	Assistant Professor	Tamilnadu Physical Educ	9841291923
10/28/2020 21:16:28	wilsonwillwin@gmail.com	Wilson Abraham	Research Scholar	Amity Institute of Psychol	8670055295
10/28/2020 22:54:19	arunachalambaby@gmail.com	Kalaiselvi R	Physical education teachr	Psb	9751357053
10/28/2020 22:56:29	selvipalani2612@gmail.com	P. Selvi	Physical education teachr	Tapesu	9789440068
10/28/2020 22:57:47	sripasath20@gmail.com	Dr. A. SRIDHARAN	Fitness Trainer	GR Fitness Gym	9585766638
10/28/2020 23:01:55	hskphdpe@gmail.com	SATHISH KUMAR H	Research Scholar	Tamil Nadu Physical Edu	7418376723
10/28/2020 23:42:10	thameemulansari0731@gmail.com	THAMEEMUL ANSARI M	RESEARCH SCHOLAR	ANNAMALAI UNIVERSIT	9003144345
10/28/2020 23:42:57	inforyouji@gmail.com	THAMEEMUL ANSARI M	SYSTEM AND WEB ADM	THE NEW COLLEGE	9003144345
10/29/2020 0:27:17	KVMOHAMMEDBILAL@iim-bilal.com	MD BILAL KV	Research Scholar	ANNAMALAI UNIVERSIT	9789531395
10/29/2020 6:33:59	gp.chandraprakash@gmail.com	Dr. G. CHANDRAPRAKASH	Strength and Conditioning	FIONS Inspiring Fitness	9944297517
10/29/2020 7:06:13	naveenraj.mvmangadu@gmail.com	Naveenraj M	Physical director	Maharishi Vdya Mandir	9750468488
10/29/2020 7:12:54	manocazer8@gmail.com	MANOJPRABHAKAR A	PET	THE ASHOK LEYLAND S	9944991677
10/29/2020 7:18:10	svetkumar05@gmail.com	Dr. S. VELKUMAR	Assistant Professor	Tamil Nadu Physical Edu	9543881366
10/29/2020 7:58:10	tajvasanth@gmail.com	VASANTH KUMAR S	Ph.d Scholar	YMCA College of Physica	9500114299
10/29/2020 8:02:43	kmsphs.ms@gmail.com	K. meenakshi sundaram	Assistant professor	Ayya nadar janaki annal	9092138009
10/29/2020 9:09:17	debkumar071990@gmail.com	DEB KUMAR DAS	Assistant Professor	Shri Paranjothi Yoga Coll	7358331413
10/29/2020 9:38:06	yogapattabi@gmail.com	Dr. S. PATTABI	DIRECTOR	THIRUMOLAR YOGAA	7402040235
10/29/2020 10:41:27	pradeepkirthoor@gmail.com	P. PRADEEP	Director of Physical Educ	Mamata Education societ	9884793539
10/29/2020 11:08:45	sunissa11@gmail.com	Sunitha Suren	Sports Officer	Stella Maris College, Che	9840125594
10/29/2020 11:50:00	drjaichandru@gmail.com	Dr. JAYACHANDRAN	Guest Lecturer	Tamilnadu Physical Educ	8667475758

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Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Registration - Webinar on "Multidimensional approach to Health and Wellness"						
Timestamp	Email Address	Name	Designation	Organization	Whatsapp Number	
10/29/2020 15:14:42	vidyavarkumar@yahoo.c	VIDYA L	Research scholar	TNPESU	9364695490	
10/29/2020 15:16:00	pjoselin@gmail.com	Joselin Annabel P.C	Lecturer	Apollon College of Nursing	8903114001	
10/29/2020 15:17:48	alagupit@iitdm.ac.in	Alaguraj P	Physical Director	IITDM Kancheepuram Ct	9176182021	
10/29/2020 15:18:43	akhil.akhista134@gmail.com	MUHAMMED AKHIL A	MSc sports psychology	TNPESU	8301894072	
10/29/2020 15:18:47	vanishvarkatesan8@gmail.com	JAYAKUMAR V	M. Sc. Sports Psychology	Tamil Nadu Physical Edu	7338767217	
10/29/2020 15:28:28	thamilpeed@gmail.com	THAMIL SELVAN T	Physical Director	JGVV MAT HR SEC SCH	9751901805	
10/29/2020 15:32:09	zehraalima@gmail.com	Alima Zehra	Ph.D Research Scholar	Tamilnadu Physical Educ	7299357074	
10/29/2020 15:37:19	vishnumaya1006@gmail.com	VISHNU MAYA M	Student	Chevalier T Thomas Eliza	9962209488	
10/29/2020 15:40:24	cauviyamadhiazhaganv	Cauviya Madhiazhagan	Counselor	Kensho Project	9080565434	
10/29/2020 15:55:59	johnson.p.d2108@gmail.com	Mr. JOHNSON BHAGYAT	PHYSICAL EDUCATION	DON BOSCO HR SEC S	8148070367	
10/29/2020 16:08:32	karthi.play.1991@gmail.com	T Karthikeyan	Teacher	Skins pmtc wjc peambur	8870301556	
10/29/2020 16:26:30	fowsiya10102003@gmail.com	Barkath	Student	CHEVALIER T THOMAS	9566616732	
10/29/2020 16:26:31	stu_pavithra_j9@cttewc.e	J.pavithra	Students	Cite college for women	9514541940	
10/29/2020 16:32:24	manojkumartirere@gr	R.MANOJ KUMAR	STUDENT	TAMILNADU PHYSICAL	9841211285	
10/29/2020 16:54:26	stu_REHAB_j9@cttewc.e	REHAB . I	Student	Chevalier T Thomas Eliza	9944457886	
10/29/2020 17:03:22	yasinbanu2122@gmail.com	YASMIN BANU K	Student	Chevalier T Thomas Eliza	9940201697	
10/29/2020 17:05:43	fathiparveen2000@gmail.com	FATHIMA PARVEEN S	B.SC PSYCHOLOGY	CHEVALIER T THOMAS	9551943512	
10/29/2020 17:19:28	ganesanindu1971@gmail.com	C.GANESAN	PhD scholar	Tripesu	8248473903	
10/29/2020 17:19:29	athiyafathima02732@gmail.com	F.ATHIYA FATHIMA	Student	CTTE COLLEGE FOR W	9092412101	
10/29/2020 17:20:46	ganesanindu1971@gmail.com	C.GANESAN	PhD scholar	Tripesu	8248473903	
10/29/2020 17:30:51	suriyamr.2610@gmail.com	Suriya Dharshini M.R	Student	Chevalier T Thomas Eliza	8056270600	
10/29/2020 18:01:41	karnalathas09@gmail.com	KAMALI VEDASRI V	3rd year psychology	Chevalier T Thomas Eliza	9384668561	
10/29/2020 18:02:15	premalatha0949@gmail.com	R.Premalatha	Student	Chevalier T Thomas Eliza	9094940900	
10/29/2020 19:11:39	ashwiniaash1383@gmail.com	Ashwini. P	Student	Chevalier t thomas elizab	9361318408	
10/29/2020 19:14:13	prabhapadma156@gmail.com	M.padma prabha	Student	Chevalier t Thomas Elizal	7448490561	
10/29/2020 19:34:58	sangeetha@playnicecom	Sangeetha Manoharan	CEO	PlayNice Interventions	9840912703	
10/29/2020 20:31:52	sureshkumar270386@gmail.com	D.suresh Kumar	Teacher	Nsp vidhyapeetam (cbse)	9940333306	
10/29/2020 20:45:35	keerthanaswarani1988@gmail.com	S.KEERTHANA	No	No	7305438169	
10/29/2020 21:11:33	akalyaagyu@gmail.com	AKALYA E	Student	Tamilnadu physical educ	8508788793	

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TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Registration - Webinar on "Multidimensional approach to Health and Wellness"

Timestamp	Email Address	Name	Designation	Organization	Whatsapp Number
10/29/2020 21:12:00	physioano@yahoo.co.in	MANOJ C	Physiotherapist	Tamil Nadu Physical Edu	7904271788
10/29/2020 21:13:46	tharksha7857@gmail.co	H.T.HARIK BASHA	Junior Assistant Sports S	Tamilnadu Physical Educ	7871386063
10/29/2020 21:30:58	jemina.chen@sairamit.e	JEMINA.I	Assistant Professor	SRI SAIRAM INSTITUTE	9500023831
10/29/2020 21:49:38	alagupri@iitdm.ac.in	Alaguraj P	Physical Director	IITDM Kancheepuram Ci	9176182021
10/29/2020 21:52:46	counselor@agarsencollet	K. HEMALATHA	COUNSELLING OFFICER J.H.A.	AGARSEN ARTS /	9791687509
10/29/2020 22:10:44	manocazer8@gmail.com	MANOJPRABHAKAR A	PET	THE ASHOK LEYLAND S	9944991677
10/29/2020 22:14:46	ssphysiodic@gmail.com	SENTHIL NATHAN	MSc.Sports Psychology	TNPESU	9962015582
10/29/2020 22:17:36	athulharidas@gmail.com	ATHUL HARIDAS	PHD Scholar	TNPESU Chennai	9946877628
10/29/2020 22:24:42	roobivenkatesh@gmail.co	Roobika.V	Student	Chevalier T.Thomas Eliza	8778663923
10/29/2020 22:31:02	yogapattabi@gmail.com	Dr.Pattabi Sakkarapani	DIRECTOR	Thirumodular Yogaalayam	7402040235
10/29/2020 22:47:50	sivamanispy14@gmail.co	Dr.S.SIVAMANI	Director of Physical Educ	Puducherry Technologica	9943022237
10/29/2020 22:47:52	tubimmped87@gmail.com	S TUBIN	Assistant professor	Dr. MGR Educational and	9042995043
10/29/2020 22:51:04	vinaychoudhary94@gmail	gm Vnay Choudhary	Student	TNPESU	9413221527
10/29/2020 23:37:17	gunasuraj2003@gmail.co	Suraj.m	Student	Hindhu collage	9578538404
10/29/2020 23:47:42	elanthenn@gmail.com	ELAVARASAN S	PHYSICAL EDUCATION	GHS NAGAMANGALAM	9092853420
10/30/2020 6:39:56	sathyabecomputer@gmail	Sathya	B.e	Rashe	9843775226
10/30/2020 6:54:44	naveenraj.nvmnangadu	Naveenraj Mk	Physical director	Maharishi vidya mandir M	9750468488
10/30/2020 7:53:49	hanumanth7842@gmail.c	PENNABOINA HANUMAI Pet	Teja high school		7842627795
10/30/2020 9:55:04	lakshmananphy@gmail.co	Dr.C.LAKSHMANAN	Assistant Professor	Physical education	9047832206
10/30/2020 9:56:08	svelkumar05@gmail.com	Dr.S.VELKUMAR	Assistant Professor	Tamil Nadu Physical Edi	9543881366
10/30/2020 10:00:38	giggi16@gmail.com	LANKA VINAY SEKHAR	PHYSICAL DIRECTOR	KVSR SIDDHARTHA CO	9666344779
10/30/2020 10:00:48	alagupri@iitdm.ac.in	Alaguraj P	Physical Director	IITDM Kancheepuram Ci	9176182021
10/30/2020 10:09:40	stu_INDIA_M5@cttcw	Induja	Student	Bsc psychology	6369567161
10/30/2020 10:21:40	svijayalakshmiiku@gmail	S. VIJAYALAKSHMI	Research Scholar	BHARATHIDASAN UNIVI	9788225996
10/30/2020 10:24:19	sasikumar.deepak@gmail	Dr.Deepak.S.S	Assistant Professor	NSS College Cherthala	9446376347
10/30/2020 11:10:25	yateeshkrishna.k@gmail.i	K. Yateesh Krishna	Junior Assistant, O/o Ac.	Yogi Venmana University,	9490419419
10/30/2020 12:09:14	moorthy0524@gmail.com	M.MOORTHY	Ph.D in Physical Educatio	TAMIL NADU PHYSICAL	9789764616
10/30/2020 12:34:29	prisillasam@gmail.com	PREETHI PRISILLAS	Student	TamilNadu Physical Educ	9791058921
10/30/2020 12:39:27	grijejan1994@gmail.com	GIRI J	Physical Education Tead	THE INDIAN PUELIC SC	9500399140

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TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Registration - Webinar on "Multidimensional approach to Health and Wellness"

Timestamp	Email Address	Name	Designation	Organization	Whatsapp Number
10/30/2020 13:26:42	capt.snrou@gmail.com	Capt. Satya Narayan Rou	PHYSICAL EDUCATION	MUNICIPAL COLLEGE R	9040756252
10/30/2020 13:28:10	drpkv007@gmail.com	P. KUMARAVELU	Asst Professor	Tamilnadu physical Educ	9894254700
10/30/2020 14:08:29	n.v.thiyagachanthan@gmail.com	Dr. N.V. Thiyagachanthan	Director, of Physical Educ	VIT	9345317583
10/30/2020 15:49:02	purushothaman.ped@cre	R. PURUSHOTHAMAN	Deputy Director	BSA Crescent Institute of	90954445470
10/30/2020 15:50:54	vinothind0720@gmail.com	Vinothini	Student	Chevallier t thomas Elizab	8608607770
10/30/2020 15:55:08	vinothind0720@gmail.com	Vinothini	Student	Chevallier t thomas Elizab	8608607770
10/30/2020 16:10:37	dr.nallurisrinivasrao@gmail.com	Dr. N. Srinivas Rao	Associate Professor	P.B. Siddhartha College, V	9490794025
10/30/2020 16:44:41	ssphysiodini@gmail.com	SENTHIL NATHAN	Student	TNPESU	9962015582
10/30/2020 17:56:38	navakavi@gmail.com	KAVIYARASAN K	Ph.D	ALAGAPPA UNIVERSITY	9943595749
10/30/2020 18:03:45	savitha_niren@yahoo.co	Savitha Niren	Assistant professor	Chettinad Hospital and Ri	9884444342
10/30/2020 18:31:21	bosechan1795@gmail.c	SUBHASHCHANDHIRAB	STUDENT	TAMILNADU PHYSICAL	7845681557
10/30/2020 18:45:24	salalakshmanan9@gmail	SALA L	B P Ed	Tamil Nadu sports Univer	7708975141
10/30/2020 18:45:27	vinithkuty1995@gmail.co	VINITHKUMAR.M	STUDENT	TAMIL NADU PHYSICAL	7639372750
10/30/2020 18:48:51	naguprathik@gmail.com	D. Nagul prathik	Student	Tripesu	7418996642
10/30/2020 18:58:14	majil25@gmail.com	A. Manoj Kumar	Office Assistant	AMET	9600689988
10/30/2020 19:06:09	dr.v.s.manikandan@gmail	Dr. S. MANIKANDAN	Professor	Department of Physical E	9843523292
10/30/2020 19:12:11	nirmala5353@gmail.com	NIRMAL RAJ.K	M.P. Ed	Tamilnadu Physical Educ	7299881021
10/30/2020 19:46:53	krishnavenisidhar@yahoo	krishnaveni.K	PhD-Research Scholar, s	Tamil Nadu Physical Edu	9884687925
10/30/2020 21:06:29	gunahockey07@gmail.co	Gunaseelan.R	Student	YMCA	9500260212
10/30/2020 21:09:13	dimplekorabu4@gmail.co	Dimple Kapadia	Student	Tripesu	9494188293
10/30/2020 21:41:56	gunahockey07@gmail.co	Gunaseelan.R	Student	YMCA	9500260212
10/31/2020 11:04:04	svasankaris2517@gmail.	A. Sivasankari	Assistant Professor	Avinashilingam Institute fo	9985077013
10/31/2020 11:06:30	saranrajpec@gmail.com	Saravanan Rajendran	MPhil scholar	Bharathidasan University	8675283824
10/31/2020 11:23:15	saranrajpec@gmail.com	Saravanan Rajendran	Mphil	Bharathidasan university	8675283824
10/31/2020 23:57:00	kamalivedasri09@gmail.c	KAMALI VEDASRI V	Illrd B.Sc psychology	Chevallier T. Thomas Eliz	9384658561
11/1/2020 0:25:55	kirubananth2009@gmail.c	V. kirubananth	Director of physical educ	Nazareth college of arts &	9841314851
11/1/2020 17:07:02	samsudeenrnu@gmail.c	Dr. S. Samsudeen	Physical Director	D.K.Govt Model.H.S.S. N	9092943322
11/1/2020 22:09:08	ashashwaz2@gmail.com	ASHWATHAMAN T S	Boxing Coach	Venus Institution	8939040034
11/1/2020 23:01:20	kams200020@gmail.com	KAMALI VEDASRI V	Illrd B.Sc psychology	Chevallier T. Thomas Eliz	9384658561

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Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Registration - Webinar on "Multidimensional approach to Health and Wellness"

Timestamp	Email Address	Name	Designation	Organization	Whatsapp Number
11/2/2020 13:33:37	kituthikar.chem@sairamit R.KIRUTHIKA		Assistant professor	Sri Sairam institute of Tec	8668129609
11/2/2020 16:18:29	akalyagay@akalya@gmail.com	AKALYA E	Student	Tamilnadu physical educ	8508788793
11/2/2020 16:31:55	athulharidas@gmail.com	ATHUL HARIDAS	PhD Scholar	TNPESU Chennai	9946877628
11/2/2020 16:49:28	jsgfpe@gmail.com	JAMAL SHERIF G F	Research Scholar	Tamil Nadu Physical Edu	9840324465
11/2/2020 16:50:03	ashashwa20@gmail.com	ASHWATHAMAN T S	Boxing Coach	Venus Institution	8939040034
11/2/2020 16:58:00	capt.snroui@gmail.com	Capt. Satya Narayan Rou	PHYSICAL EDUCATION	MUNICIPAL COLLEGE R	9040756252
11/2/2020 17:07:09	kumar.vel.ravi@gmail.com	Mr.M.Ravikumar	Assistant Professor of En	JHA Agarsen College	8608734043
11/2/2020 17:26:09	yasinbanu2122@gmail.com	YASMIN BANU K	Student	Chevalier T.Thomas Eliza	9940201697
11/2/2020 17:36:04	salalakshmanan98@gmail.com	SALA L	B.P.ed	Tamil Nadu sports Univer	7708975141
11/2/2020 19:07:10	jaikumar904jai@gmail.com	JAYAKUMAR G K	Student	Tnpesu	7200717214
11/2/2020 20:55:08	nktsbaidya@gmail.com	Dr. Debdulal Baidya.	Associate Professor.	Regional College of Phys	9862768985
11/2/2020 21:29:55	annie_felicia@yahoo.co.it	J.Anitha	Asst Professor	TNPESU	9841273304
11/3/2020 8:00:35	green.pd4@gmail.com	K Pachaiappan	Physical director	Prathyusha engineering c	9944015855
11/3/2020 14:39:52	ravirajkumarphysio@gmail.com	Tella Ravi Raj Kumar	Student	TNPESU	9912278159
11/3/2020 14:40:17	thangamaniamilvendhan Dr.T.THANGAMANI		Assistant Professor	SRMV MARUTI COLLEG	9486236995
11/3/2020 14:40:23	narendiran.k07@gmail.com	NARENDIRAN K	Coach	Naren sports	9789669975
11/3/2020 14:40:24	abdullahkiger95@gmail.c	Abdullah	Student	Jamia Millia Islamia Unive	8130528511
11/3/2020 14:43:40	alagupri@iitdm.ac.in	Alaguraj P	Physical Director	IITDM Kancheepuram Ct	9176182021
11/3/2020 14:45:46	rakeshphysio9@gmail.co	RAKESH	Assistant professor	Narayana college of Phys	9885202970
11/3/2020 14:46:15	nandhinip71193@gmail.c	Ms.P Nandhini	Physical Education Teach	yuvabharathi Public Scho	9585922978
11/3/2020 14:49:06	radjindirane@gmail.com	RADJINDIRANE V	PHYSICAL DIRECTOR	GOVERNMENT WOMEN	9629361288
11/3/2020 14:51:57	rvgdpe@gmail.com	SIVARAMAN S	DIRECTOR OF PHYSICAL	ARTS COLLEGE	8072319359
11/3/2020 14:52:47	ram.sportive@gmail.com	Dr. N. R. RAMKUMAR	Director of Physical Educ	AMET Deemed to be Un	9381080111
11/3/2020 14:54:41	stylemonpilla@gmail.com	Dr. R. STYLEMON PILLA	TGT SR. SCALE (PET)	ATOMIC ENERGY CENT	9820043161
11/3/2020 14:55:15	mvenkateshwer@gmail.c	M. VENKATESHWER	TEACHER	ZPHS KOTHA MORGAR	9000990075
11/3/2020 14:55:34	ranijhigole1@gmail.com	A RANJITH	Student	Ramakrishna mission vid	6383616077
11/3/2020 14:56:26	vishalakshisharadha@g	S. Vishalakshi	Student	Sri ahobila math oriental	9940482574
11/3/2020 15:00:00	kallukzhikarh43@gmail	S. Karthikeyan	Gym Trainer	Kalos Fitness Hub	8015998611
11/3/2020 15:06:24	boxerdindoru007@gmail.c	M.CLINTON	B.ped	RKMVERI - GAPEY	9943266563

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TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Registration - Webinar on "Multidimensional approach to Health and Wellness"

Timestamp	Email Address	Name	Designation	Organization	Whatsapp Number
11/3/2020 15:07:58	kalpanadanalakshmi200 K. Kalpana		Student	Sri raja yoga	8938318603
11/3/2020 15:13:47	rainarajan432@gmail.com RAJENDRAN R		Badminton coach	Leap Sports Academy, CI	8148442324
11/3/2020 15:18:58	saisanjai084@gmail.com V.sai sanjay		Student	Centra	8608966618
11/3/2020 15:20:08	saisanjai084@gmail.com V.sai sanjay		Student	Centra	8608966618
11/3/2020 15:20:27	gowthambala1991@gmail B.Gowtham		PhD Research Scholar	Madurai Kamaraj Univers	9626783148
11/3/2020 15:27:44	tpiped@gmail.com Dr.D.Soundarraj		Physical Director	Thiagarajar Polytechnic C	9443518126
11/3/2020 15:34:30	ashish.bmishra@gmail Ashish Mishra		Physical Conditioner	IAF	9013335209
11/3/2020 15:41:59	razinasreen@gmail.com M.A.Rasiya Nasreen		physiotherapist	banyan physio and rehab	8122409456
11/3/2020 15:47:23	indianvisindian47@gmail. S.IBRAHIM		PHYSICAL DIRECTOR	SUDHARSANAM VIDYA	9884460428
11/3/2020 15:47:47	divyaamirtha1230@gmail A.G.Amirthavarshini		6th standard	Sri ahobila math oriental t	9790739395
11/3/2020 15:58:33	viyakumar19121992@gmail VJAYAKUMAR T		Student	FITNESS INSTRUCTOR	9841310017
11/3/2020 16:05:08	josesam25@gmail.com JOSEPHIN HEPSI RANI		PHYSICAL EDUCATION NCE		894046502
11/3/2020 16:08:01	nanda.titamare1@gmail. Dr.Durgeshmandini Titam		Associate Professor,	L.A.D.College, Nagpur,	9421806488
11/3/2020 16:17:03	edgerfrancis0@gmail.com Edger Francis		Bped	Sri Renugambal College	7904824055
11/3/2020 16:31:46	tharksha73651@gmail.co THARIK BASHA		Junior Assistant	Tamilnadu physical educa	7871386053
11/3/2020 16:31:58	amulraj@yncabombay.co R. K. Amulraj		Secretary	BOMBAY YMCA	9833087204
11/3/2020 16:35:57	nijanthaneswaran@gmail NIJANTHAN E		Lecturer	Nandha College of Physic	9715025498
11/3/2020 16:39:47	nithi.vms@gmail.com NITHYANANDAM V M S		-	-	1234567890
11/3/2020 16:50:41	ritz.rank@gmail.com Ritz		Student	TNEPSU	9884453305
11/3/2020 16:54:42	sahanamanoharan3@gmail Sahanana Manoharan		Third year MBBS	Trinivel Medical Colleg	9482026977
11/3/2020 16:54:52	karthiga2105@gmail.com Karthiga		Physiotherapist	Own clinic	9629485090
11/3/2020 17:11:26	jayakumar400@gmail.co Jayakumar B		MPT	Vels University	7418764212
11/3/2020 17:15:47	ashimsaikias@gmail.com Ashim Saikia		Assistant Teacher	VKV	8876343698
11/3/2020 17:21:58	rajeshgymvr@gmail.com P.RAJESH		PG DIPLOMA IN GYM &	TAMILNADU PHYSICAL	9994836978
11/3/2020 17:27:54	send2selvapet@gmail.co SELVAKUMAR K		B.ped	Shakti Public school, Tiru	9600933929
11/3/2020 17:35:07	dwipen1999@gmail.com Mr. Dwipen Basu		Teacher	Gopalnagar Haripada Inst	9735259596
11/3/2020 17:37:20	shyangee27@gmail.com Shyam Sundar Gopinath		Psychological counselor	Nuline Psychological Cou	9445811219
11/3/2020 17:54:35	spndas1995@gmail.com Swapan Das		Student	IGNOU	7005049525
11/3/2020 18:05:25	sen2vpel@gmail.com P.VIJAYAKUMAR		PHYSICAL EDUCATION SPORTS		9751839998

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TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Registration - Webinar on "Multidimensional approach to Health and Wellness"					
Timestamp	Email Address	Name	Designation	Organization	Whatsapp Number
11/3/2020 18:29:40	khaaleekarateclub@gmail.com	N.khaalee	Diploma Karate trainer	Diploma Karate Academy	9841818452
11/3/2020 18:41:50	alagupiti@iitdm.ac.in	Alaguraj P	Physical Director	IITDM Kancheepuram CI	9176182021
11/3/2020 18:53:50	dorathysam3@gmail.com	DORATHY SUSANNA	Physical Director	Yoga In Kumaraguru College of T	9487288840
11/3/2020 19:12:04	sathish70@gmail.com	SATHISH KUMAR S	PHYSICAL EDUCATION	SSMS,CHENNAI-63	8248076562
11/3/2020 19:12:39	maniswaling@gmail.com	Rajamanikandan	Physiotherapist	SRM Sports Rehab cente	9514788448
11/3/2020 19:43:45	srinivasan462@svschool.com	SRINIVASAN V	DIRECTOR OF PHYSICAL	SUDHARSANAM VIDYA	9600470741
11/3/2020 20:42:31	krishnenduemp@gmail.com	Krishnerdu	Singhamahapatra	Paschimabanga yog Manc	9064128959
11/3/2020 20:52:04	ravirajesh16@gmail.com	Rajesh R V	PE Director	Sacred heart international	+919600870790
11/3/2020 21:41:04	antharias1976@gmail.com	Dr. P. Mohan Antharias	Physical Director	Government Arts and sci	9443309324
11/3/2020 21:49:33	Dineshs@lineaqua.com	S.Dineshkar	Umpire	Colombo Hockey Associa	0094755790277
11/3/2020 21:54:08	rm.santhosh2002@gmail.com	Santhosh M	Student	National Public School, R	9480334227
11/3/2020 21:57:38	DineshS@lineaqua.com	S.Dineshkar	Outdoor hockey umpire	Colombo Hockey Associa	0094755790277
11/3/2020 22:13:40	ashwiniaash1383@gmail.com	Ashwini p	Student	Chevalier t thomas elizab	9361318408
11/4/2020 0:33:30	nannugowda1@gmail.com	Nannundun.K R	Physical director	Amnal schools	8838380881
11/4/2020 1:05:57	pmalaalegu@gmail.com	DR.P.MALAALAGU	Director of Physical Educ	Shr Shankaral Sundarba	9994206540
11/4/2020 4:41:23	harimpe@gmail.com	A.HARIDASS	PHYSICAL EDUCATION	GOVT.HR.SEC.SCHOOL	999431607
11/4/2020 6:41:01	keel18021996@gmail.com	Ms.K.KEERTHANA	STUDENT	ALAGAPPA UNIVERSITY	8122218737
11/4/2020 8:23:38	kiddo2107@gmail.com	J N Hemanth kumar	Student	Tamil Nadu physical educ	9629859579
11/4/2020 8:42:31	Dineshs@lineaqua.com	S. Dineshkar	Field hockey umpire	Colombo hockey associat	0094755790277
11/4/2020 9:03:55	helanmichealjesu@gmail.com	Helan Micheal J	Student	TNPESU	9003621405
11/4/2020 9:21:24	pk.tnpesu@gmail.com	SENTHIL KUMAR P K	Assistant Professor	TNPESU	9865417000
11/4/2020 9:28:18	aleeshchandapani@gmail.com	Dr. A. ALEESHWARI	PROFESSOR	PSNA COLLEGE OF EN	9865585586
11/4/2020 9:54:19	rajneesh576@gmail.com	G.rajneeshwaran	Student	Tripesu	9384524083
11/4/2020 10:50:14	pwinusha@gmail.com	Pv vinusha	Student	Divya academy of yoga	7901250309
11/4/2020 11:27:01	chemanib15@gmail.com	MANIKANDAN k	No	Yes	6384390248
11/4/2020 11:33:11	narda.titamar1@gmail.com	Dr.Durgeshmandini Titam	Associate Professor.	L.A.D.College, Nagpur.	9421806488
11/4/2020 11:38:47	dineshs@lineaqua.com	Selvaraja Dineshkar	Product develop technolo	MAS Linea Aqua	0094755790277
11/4/2020 11:56:28	dineshs@lineaqua.com	Selvaraja Dineshkar	Product develop technolo	MAS Linea Aqua	0094755790277
11/4/2020 12:07:28	varshabhupal05@gmail.com	Varsha Rambhau Bhujbal	Assistant Professor	L.A.D & Smt.R.P.College	9422802442

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Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Registration - Webinar on "Multidimensional approach to Health and Wellness"

Timestamp	Email Address	Name	Designation	Organization	Whatsapp Number
11/4/2020 13:09:06	dhamubalan5@gmail.com	B.DHAMODHARAN	M.P.Ed. M Phil scholar	SRMV Maruthi College P	8122219833
11/4/2020 13:16:20	dseivam1978@gmail.com	Dr. D. SELVAM	Director of Physical Educ	BCM Govt. Women's Poly	9894876058
11/4/2020 13:35:08	subhankarsahaz23@gmail.com	SUBHANKAR SAHA	YOGA INSTRUCTOR	PIMS	9641048119
11/4/2020 14:01:26	seralathan.thulasiraman@gmail.com	SERALATHAN	Wellness Executive	Organic India Pvt LTD	9710153365
11/4/2020 14:39:13	ramukalaba@gmail.com	BALAKUMAR A	PHYSICAL EDUCATION SCHOOL EDUCATION D		8754901785
11/4/2020 15:26:53	vinotharmour@gmail.com	VinodhPugantheni	M.Sc., Exercise Physiolo	TNPESU	9567649861
11/4/2020 15:50:33	ganesh.thaiparthi@gmail.com	GANESH BABU	THATIP Physical Director	Govt	7013704386
11/4/2020 16:05:24	sanu1104@gmail.com	Drisana Roy	Delhi	Tamil	8010405016
11/4/2020 16:15:52	neeta14kasiyap@gmail.com	Dr. Neeta Naresh Kashyap	Associate Professor	LAD & Smt R P College I	9511862797
11/4/2020 17:54:23	silambud0423@gmail.com	Silambarasan. S	M. sc. Exercises physiolo	TNPESU	7397243828
11/4/2020 18:45:38	rosylunghar@gmail.com	Rosylunghar	Phd scholar	Tamil nadu physical educ	8072835002
11/4/2020 18:55:52	dhamubalan5@gmail.com	B.DHAMODHARAN	M.P.Ed	SRMV Maruthi College O	8122219833
11/4/2020 20:36:31	gbwakankar@gmail.com	Dr. Wakankar Govind Ban	Sports Director	Sports Department	9860914090
11/4/2020 21:52:57	sharniswarnad@gmail.com	R.L. Sharni Sai	Student	Shakthi Public School	9444666685
11/4/2020 22:58:25	eustace.saldanha@mmk.	Eustace Saldanha	Teacher	Smt. M.M.K College	9870146453
11/4/2020 23:00:08	gkavith@gmail.com	Kanyakumari. G	Student	Tipesu	9840891262
11/4/2020 23:47:10	ashwini.taurean@gmail.com	Ashwini U R	Assistant Professor	Chevalier T Thomas Eliza	9840761162
11/5/2020 5:05:48	orial_bittunen@yahoo.com	M. Iyappan	PPET MBA sports manaj	Sharanalaya montessori s	9884195511
11/5/2020 8:46:47	thoyyibmohammed3@gmail.com	Thoyyib Mohammed Thoyyib	Student	Tripesu	+919747149304
11/5/2020 8:50:31	stu_ANISHA_S@cttewc.e	Anisha S	B.sc Psychology	Chevalier T Thomas Eliza	6381530828
11/5/2020 8:51:42	ashwinish1383@gmail.com	Ashwini P	Student	Chevalier t thomas elizab	9361318408
11/5/2020 8:52:41	fowsiya10102003@gmail.com	Barkath	Student	CHEVALIER T.THOMAS	9566616732
11/5/2020 8:56:17	rsneha.senthil@gmail.com	SNEHA R	Student	Chevalier T Thomas Eliza	8610955239
11/5/2020 9:02:51	vinothind0720@gmail.com	Vinothini	Student	Chevalier t thomas Elizab	8608607770
11/5/2020 9:05:03	ashwinikumari132000@gmail.com	ASWINI K	STUDENT	CTTE COLLEGE FOR W	9600061040
11/5/2020 9:09:25	sujathakaman27@gmail.com	K. Sujatha	Student	Student	9176656790
11/5/2020 9:12:48	thaaranithar@gmail.com	Thaaranir	Student	Cite clg for women	9087125741
11/5/2020 9:27:25	stu_pavithra_j9@cttewc.e	J. Pavithra	Student	Cite college for women	9514541940
11/5/2020 9:32:46	nithi.vms@gmail.com	NITHYANANDAM V M S			1234567890

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Registration - Webinar on "Multidimensional approach to Health and Wellness"

Timestamp	Email Address	Name	Designation	Organization	Whatsapp Number
11/5/2020 9:34:40	nithi.vms@gmail.com	NITHYANANDAM V M S			9965703037
11/5/2020 9:40:13	nithi.vms@gmail.com	NITHYANANDAM V M S			9965703037
11/5/2020 9:44:42	ssubadevi12@gmail.com	SUBATHRADEVI S	Student	UNIVERSITY OF MADRA	8428846144
11/5/2020 10:30:11	karthigasika66@gmail.com	KarthigaRupan Sababady	Student	TNPESU	6369110227
11/5/2020 10:41:37	selvamp84@gmail.com	P.SELVAM	Physical director	Physical education	9865305446
11/5/2020 10:46:29	ganeshsathya.2000@gmail.com	Ganeshan.T	Physical Director	Nava Bharath National Sc	9952436565
11/5/2020 10:48:54	padzba@gmail.com	Padmasree B	Student	TNPESU	9347458295
11/5/2020 10:56:29	prabhapadma156@gmail.com	M.padma prabha	Student	Chevalier t Thomas Elizal	7448490561
11/5/2020 11:04:05	padzba@gmail.com	Padmasree	Student	Tnpesu	9347458295
11/5/2020 11:05:33	madurellajaya@gmail.com	Dr.S.JAYAKUMAR	Assistant professor	TAMIL NADU PHYSICAL	9444553332
11/5/2020 12:27:23	nilimawaghmare@gmail.com	Nilima Vaghmare Sonkar	Assistant Professor	L.A.D. & Smt.R.P. College	9422183763
11/5/2020 12:55:08	appubruce72@gmail.com	Appu.T	Research Scholar	Tnpesu	7200143307
11/5/2020 14:25:00	gnanamraj2017@gmail.com	G. Rajeswari	Athletes coach	Sdat	8764744060
11/5/2020 14:28:45	gnanamraj2017@gmail.com	G. Rajeswari	Athletics coach	Sdat	8764744060
11/5/2020 20:59:46	meenababu74@gmail.com	S.MEENAKSHI	PHYSICAL DIRECTOR	A.M.K.TECHNOLOGICAL	9176592575

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TNPESU - Department of Sports Management and Sports Psychology & Sociology Zoom Report

Meeting ID	88578307074
Start Time	11-05-2020 10:41
End Time	11-05-2020 14:06
User Email	dr.uma.tn@gmail.com
Duration (Minutes)	206
Participants	159

Name (Original Name)	Total Duration (Minutes)
V. Mangaiyarkarasi	203
yoga pattabi	200
Senthil Nathan MSc.Sports psy	74
Sneha Radhakrishnan	125
PAVITHRA (Jishnu priya)	70
Fathi parveen	191
SUBHASHCHANDHIRABOSE	188
Wilson Abraham	163
Vinothini.D	184
Sarika	100
Dr. R. Purushothaman	22
Redmi Note 9	202
Edger francis	5
Simbu Hari	8
Dwipen Basu (Dwipen Basu)	80
Sathya Lawrence	180
Ashwathaman T S	184
P KUMARAVELU	201
DineshS	203
Irudhayaraj Navamani	13
JANNATHUNNISHA SA	190
K.sujatha	183
Dr Ravi Raj Kumar PT	184
Lawrence Sebastian	118
JAYAKUMAR	24
M.Rajkumar PhD Research Scholar (vivo 180)	76
Irin Rajesh	54
N.Srinivasa Rao	136
Arindom Bora	16
Kiruba Nanth	153
S Prem Kumar	202
KANNADASAN K	8
15 Dimple Kapadia "A" sec	119
sathish m	196
Roobika V	184


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Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Lalitha's Galaxy F41	185
Selvakumar K	92
Hemamalini M	178
Kamali vedasri	203
Rajendran	19
Ashwini Ash	196
Dr.Uma DilliRaj	390
53 M.PREM KUMAR.(II-B.ped'B'-sec)	198
Vishnu Maya	195
ANISHA S	185
Giri J	101
Narendiran K	72
OnePlus Nord	6
P.RAJESH	189
Joselin Annabel	179
P.VIJAYAKUMAR	161
Keerthana .T	170
MANOJ CHANDRABOSE	191
StellaMary Immanuel	133
Alima Zehra	97
Damodaran	79
catherine abinaya	198
Kannadasan K	194
Padma prabha .m	189
Athiya fathima	185
nallavan g	179
29 Saran S	5
K.pachiappan	9
M. VENKATESHWER	159
Priya kumar	51
HP	17
Dr.S.VELKUMAR	4
Elamparethi	64
L.Sandhiya	189
15- M.KRISHNA KUMAR- MPED- II	10
chandra sekaran R (Redmi)	184
R.DEVENDIRAN	164
Aleeswari A	170
RAMESH KUMAR	172
Sheil Steve's I Phone	48
Dr.M.Lakshman kumar	196
Preethi Prisilla.S (Sam)	177
S THIRUMALAI KUMAR TNPESU	30
Mohan Raj	168
ROSY	135
Helan Micheal J	184
K. Jeya pappa	77
G Shyam Sundar	113
Kanimozhi.A	196
Dr. Subha Ravi	179


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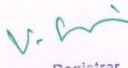


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Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Madhu Sudhan Subedi(Ph.D Scholar)	196
22 Pradeep S 2nd M.P.Ed	38
N.MUTHU VENKATA SUBRAMANIAN (Icon Or	26
Vicky	46
Jayakrishnan V J	185
Kani R	30
Madhumitha	179
Ragoth Karnan	3
PONKUMAR G	51
HILDA ROSE MARY	37
Shaddy Jackson	115
Barkath Amjath	190
B DHAMODHARAN	150
Krishnaveni Sridhar	203
Grace Nagarajan	195
Raju Ramakrishnan	129
Akshaya	17
Malaialagu P (G Surya)	62
Asha	175
Sathish Kumar H	14
Ashok Kumar	163
Sheila Stephen#VC Sports University# Chenn	44
Vidya L	192
ASWINI.K	186
Dr.V.Chockalingam Cardiologist	170
MONEESHWAR	4
Dr.P.K.SENTHIL KUMAR	126
AKALYA E	1
Keerthana K	42
OnePlus 3	34
M.Rajkumar PhD Research Scholar	20
Dr. V Duraisami	82
Rakesh Physio	42
Dr. Priya Chockalingam	138
Yogha Sagar	21
Dr. R.STYLEMON PILLAI	187
Amul Raj	192
Chandrasekaran S	185
J.Dhanalakshmi	109
Gopinath	19
Rasiya Nasreen	184
higinigatherin.A	74
MANOJ PRABHAKAR A	101
Josephin Hepsi Rani	140
Vidhyasagar Pragasam	191
Sowbakkiyam. V	36
Arun Vijayachandran	148
Thoyyib Mohammed	2
S.Selvalakshmi# Yoga# TNPESU	55
shrinivas naidu	125


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Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Rahul T	3
Dr.Debdulal Baidya	118
Vijay Kumar	104
S.Ibrahim	3
Bebe Sankhil	81
Senthamarai Anbazhagan	165
MOORTHY MOHAN	94
Dr. D. SELVAM	179
Sathish Kumar H	72
P. Alaguraj	176
Divya P	50
Ayyappan sharanalaya	15
vivo 1916	2
Nanda Titarmare Good morning everyone	83
Dr. Shahin Ahmed	198
Balakumar A	79
Hemamalini (AH)	4
Rishav Banerjee	130
Yasmin Banu	48
Rajineesh waran	6
Manikandan Kathiresan	58
Janani Rajendran	156
vasanth kumar	51
Bhuvana priya	8

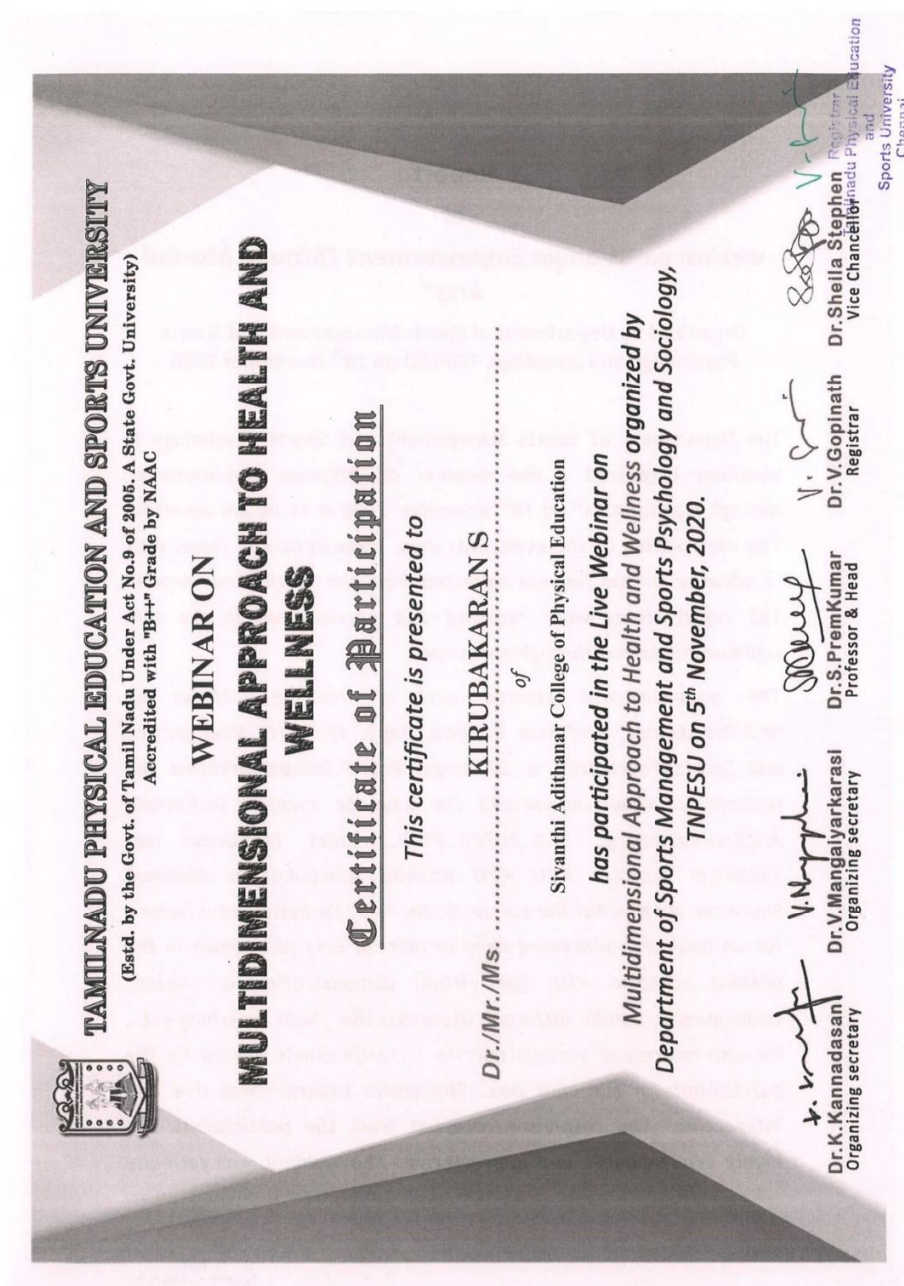
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Key Indicator – 6.5.2





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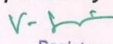
Report of

Webinar on *“Multidimensional Approach to Health and Wellness”*

Organized by Department of Sports Management and Sports Psychology and Sociology, TNPESU on 05th November 2020

The Department of Sports Management and Sports Psychology & Sociology organized a live webinar on *“Multidimensional Approach to Health and Wellness”* on 05th November 2020 @ 11.00 am onwards. The registration of the event was done through Google forms well in advance and no fee was collected from the participants. The webinar was conducted through zoom app in which 159 participants were actively participated and around 210 participants were participated through YouTube live streaming.

The program was started with a welcome address by Dr.S.Premkumar, Professor & Head, Dept. of Sports Psychology & Sociology followed by felicitation from The Registrar, TNPESU. Dr.Sheila Stephen, Vice-Chancellor, TNPESU inaugurated the event and delivered presidential address. Prof.V.Mangaiyarkarasi introduced the keynote speaker Dr.Priya Chockalingam, MBBS, MRCPCH, PhD Cardiology, Founder & Clinical Director, Cardiac Wellness Institute Chennai. She delivered a lecture for more than an hour and addressed different areas like current health & wellness trends, healthy life style & metrics, FITT Principle, exercise at home during this pandemic and other information preventing cardiac illness, cardiac & pulmonary rehabilitations. She also addressed various queries / clarifications posted by the


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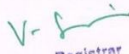
participants in the chat box. At the end of the session 1 remarkable comment received from the faculty members of TNPESU and from Dr.V.Chockalingam, Cardiologists.

The 2nd session started with the introduction of the keynote speaker by Prof.Shahin Ahmed and she invited the keynote speaker Dr. Asha Rajini, Professor (Retd), Dept. of Poultry Science, Madras Veterinary College, TANUVAS to continue the session. The resource person delivered her lecture related to health, fitness and wellness in general and specifically addressed about the role of physical activity in essential wellness, psycho-social wellness strategies, aging fitness & neurocognitive functions. The entire program was live and interactive. The responses received from the participants are highly commendable and appreciative. The webinar was formally ended-up with a vote of thanks by Dr.K.Kannadasan, Organizing Secretary of this webinar.

All the participants were asked to fill-up the feedback link at the end of the session to receive the e-certificates for their participation.

Encl:

1. Screen shot of the Webinar
2. Copy of webinar Invitation
3. Copy of Webinar Programme Schedule

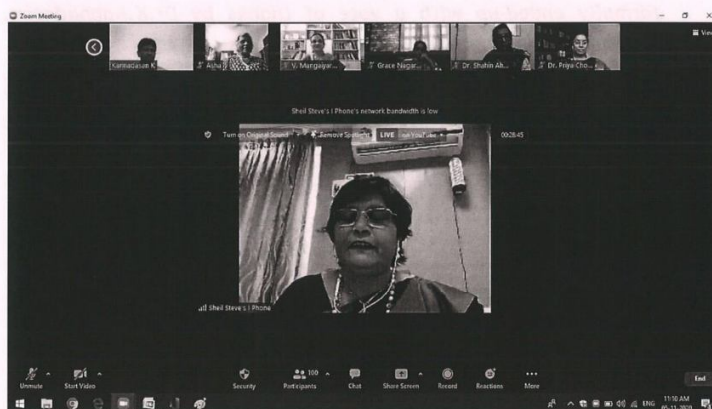

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Key Indicator – 6.5.2



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Webinar On Women Empowerment Through Martial Arts

Organized By Department Of Sports Management and Sports psychology and Sociology

The poster is for a webinar titled "Women Empowerment Through Martial Arts" held on 18th November 2020 at 11.00 a.m. It is organized by the Department of Sports Management and Sports Psychology & Sociology at Tamil Nadu Physical Education and Sports University, Chennai. The poster lists the Chief Patron, Patron, Webinar Convener, Organizing Secretary, and the Resource Person, Dr. Kobudo A.S. Krishnamurthy, along with the Organizing Committee members.

Tamil Nadu Physical Education and Sports University, Chennai
(Accredited with "B++" Grade by NAAC)
Department of Sports Management and Sports Psychology & Sociology
Cordially invites for the webinar
On
"Women Empowerment Through Martial Arts"
(18th November 2020 @ 11.00 a.m)
For Free Registration, Click here : <https://forms.gle/YUNsGsASTYKHvYUw7>
Resource Person

Chief Patron Dr. Sheila Stephen Vice Chancellor	 Dr. Kobudo A.S. Krishnamurthy M.A., M.Phil., Ph.D. Chief Instructor and Technical Director RYU KYU Kobudo Shimbukan & Okinawa Shorinryu Mu Ken Kai Karate do, South Asia.
Patron Dr. V. Gopinath Registrar	
Webinar Convener Prof. V. Mangalyarkarasi Dept. of Sports Psychology & Sociology	
Organizing Secretary Dr. K. Kannadasan Dept. of Sports Psychology & Sociology	

Organizing Committee		
Dr. S. Premkumar Professor & Head	Dr. Shahin Ahmed Professor	Dr. V. Ramesh Kumar Assistant Professor


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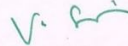
Date: 18.11.2020 *Live webinar* Time: 11.00 am

"WOMEN EMPOWERMENT THROUGH MARTIAL ARTS"

Programme Schedule

11.00 am	:	Welcome Address Dr. S. Premkumar , Prof. & Head, Dept. of Sports Management and Sports Psychology & Sociology,
11.02 am	:	Inaugural Address Dr. Sheila Stephen , Vice Chancellor, TNPESU
11.15 am	:	Introduction of Keynote Speaker Prof. V. Mangaiyarkarasi Dept. of Sports Management and Sports Psychology & Sociology
11.17 am	:	Dr. Kobudo A.S. Krishnamurthy (Keynote Address) M.A., M.Phil., Ph.D. Chief Instructor and Technical Director RYU KYU Kobudo Shimbukan & Okinawa Shorinryu Mu Ken Kai Karate do, South Asia.
12.30 pm	:	Vote of Thanks - Dr. K. Kannadasan , Organizing Secretary

Zoom Meeting Link :
<https://us02web.zoom.us/j/3467573284?pwd=RUhUUTZFenhDeWhuY3ZjdldsRXVtdz09>
Meeting ID: 346 757 3284 Passcode: tnpesu


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Key Indicator – 6.5.2

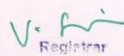
Report of

Webinar on *“Women Empowerment Through Martial Arts”*

Organized by Department of Sports Management and Sports Psychology and Sociology, TNPESU on 18th November 2020

The Department of Sports Management and Sports Psychology & Sociology organized a live webinar on *“Women Empowerment through Martial Arts”* on 18th November 2020 @ 11.00 am onwards. The registration of the event was done through Google forms well in advance and no fee was collected from the participant. Around 163 registrations were received and participated in the live webinar conducted through zoom app.

The program was started with a welcome address by Dr.S.Premkumar, Professor & Head, Dept. of Sports Management and Sports Psychology & Sociology. Prof.V.Mangaiyarkarasi the webinar convener introduced the keynote speaker Dr.Kobudo A.S.Krishnamurthy, M.A.,M.Phil.,Ph.D., Chief Instructor and Technical Director RYU KYU Kobudo Shimbukan & Okinawa Shorinryu Mu Ken Kai Karate do, South Asia. He delivered a lecture for an hour and addressed need of martial arts for women in the present scenario with the virtual demonstration of various techniques to handle different situations like chain snatching etc., He also addressed various queries / clarifications posted by the participants in the chat box. The entire program was live and interactive. The responses received from the participants are highly commendable and appreciative. The webinar was formally


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ended-up with a vote of thanks by Dr.K.Kannadasan, Organizing Secretary of this webinar.

All the participants were asked to fill-up the feedback link at the end of the session to receive the e-certificates for their participation.

Encl:

- 1. Screen shot of the Webinar*
- 2. Copy of webinar Invitation*
- 3. Copy of Webinar Programme Schedule*

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Key Indicator – 6.5.2



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Criterion 6 - Governance, Leadership and Management
Key Indicator – 6.5.2



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Key Indicator – 6.5.2

National Crime Records Bureau report in

2019

Crimes by Scheduled Caste members	1,25,294
Crimes by Scheduled Tribe members	88,367
Crimes by Women	72,780
Crimes by Children and Child	46,005
Crimes by Caste	37,011
Crimes by Caste	13,297
Crimes by Caste	7,115
Crimes by Caste	6,019
Crimes by Caste	5,009
Crimes by Caste	283
Crimes by Caste	221
Crimes by Caste	150



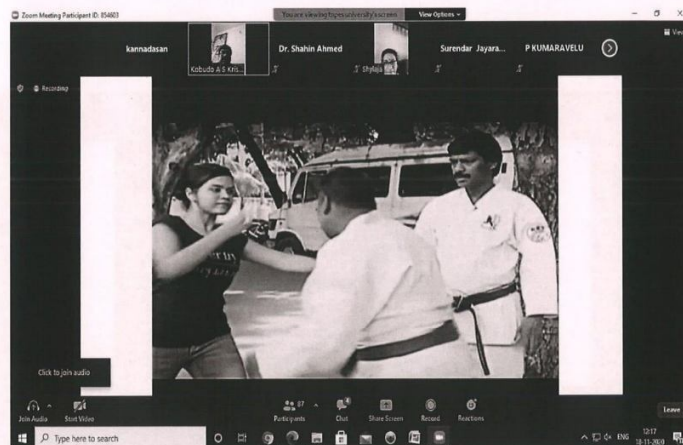
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Key Indicator – 6.5.2



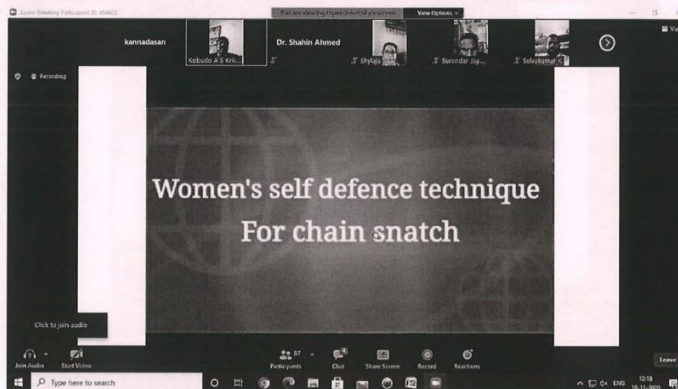
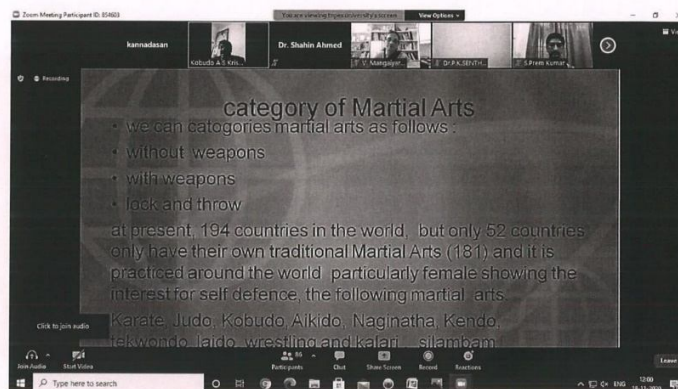
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Key Indicator – 6.5.2



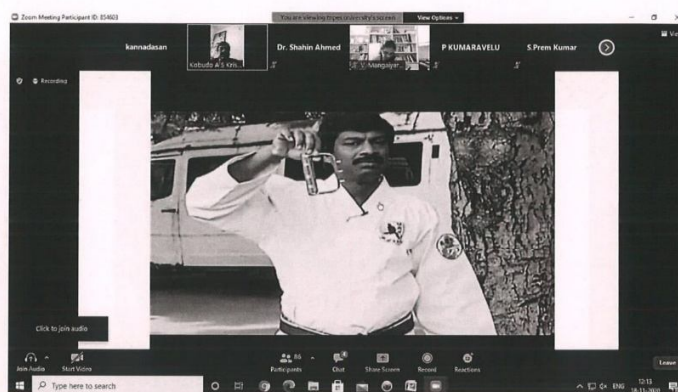
V. M.
Registrar
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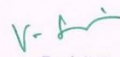


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Key Indicator – 6.5.2



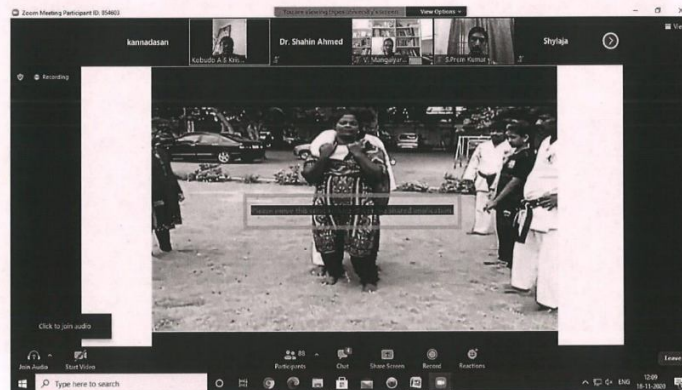
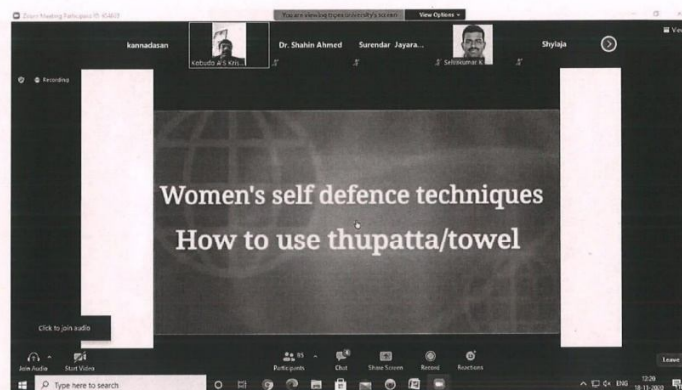

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TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management
Key Indicator – 6.5.2




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TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management
Key Indicator – 6.5.2



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TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Registration - Webinar on "Women Empowerment Through Martial Arts"					
Timestamp	Email Address	Name	Designation	Organization	Whatsapp Number
11/10/2020 13:34:38	sribaleji.drt10@gmail.com	Sri Balaji R	Channel Sales Manager	TATA AIG	8825712992
11/10/2020 15:11:38	abdullahkiger96@gmail.com	Abdullah	Student	Jamia Millia Islamia	8130528511
11/10/2020 15:13:59	navalkavi@gmail.com	KAVIYASAN K	PH.D	ALAGAPPA UNIVERSITY	9943595749
11/10/2020 15:23:05	physiomanoj@yahoo.co.in	MANOJ C	PHYSIOTHERAPIST	TAMIL NADU PHYSICAL EDUCATION UNIVERSITY	7904271798
11/10/2020 15:26:47	ravirajkumarphysio@gmail.com	Dr Tella Ravi Kumar	Assistant Professor	Narayana college of Phys	9912278159
11/10/2020 15:28:06	prisillasami@gmail.com	PREETHI PRISILLA S	Student	TamilNadu Physical Educ	9791058921
11/10/2020 15:29:43	hemamalinilatha1108@gmail.com	Hemamali M	M.Sc. Sports psychology	TNPESU	8838175197
11/10/2020 15:32:40	svjayalakshmi19@gmail.com	S. VIJAYALAKSHMI	Research Scholar	BHARATHIDASAN UNIV	9788225996
11/10/2020 15:44:44	nithi.vms@gmail.com	NITHYANANDAM V M S			9965703037
11/10/2020 15:45:56	manocazer8@gmail.com	MANOJPRABHAKAR A	PET	THE ASHOK LEYLAND	9944991677
11/10/2020 15:53:14	manojkumartreferee@gmail.com	MANOJ KUMAR	STUDENT	TAMILNADU PHYSICAL EDUCATION UNIVERSITY	9841211285
11/10/2020 16:12:40	sujiptapaulose18@gmail.com	SUJITHA PAULOSE V	Research Scholar	Ganesar College of Arts & Science	8668113811
11/10/2020 16:51:03	premalatha90949@gmail.com	R. Premalatha	Student	Chevalier T. Thomas Eliza	9094940900
11/10/2020 17:02:52	keerthananarajswari1998@gmail.com	S. Keerthana	M. Sc psychology	Collage	7305438169
11/10/2020 17:14:52	ritz.rank@gmail.com	Ritu Kaloyia	Student	TNEPSU	98844453305
11/10/2020 17:47:21	purushothaman.pet@gmail.com	Dr. R. Purushothaman	Deputy Director	BSA Crescent Institute of Sports	9095445470
11/10/2020 18:01:06	kalai.hockey12@gmail.com	Dr. R. Kalaiselvan	Video Analyst	DSYW, Bhopal	9840409198
11/10/2020 18:20:15	jsjpe@gmail.com	JAMAL SHERIF G F	Research Scholar	Tamil Nadu Physical Edu	919840324465
11/10/2020 18:27:47	agsmcc98@gmail.com	Shanthi S	Physical Director	Sakthi Polytechnic Coll	9786205597
11/10/2020 18:33:53	drpkv007@gmail.com	P. KUMARAVELU	Asst. Professor	Tamilnadu physical Edu	9894254700
11/10/2020 18:36:04	tokeh13@gmail.com	Madhu sudhan subedi	Ph.D scholar	Tamil Nadu Physical Edu	9566191428
11/10/2020 18:36:57	suryamr.2610@gmail.com	Surya Dharshini M.R	Student	Chevalier T. Thomas Eliza	8056270600
11/10/2020 18:38:28	nanda.titamar1@gmail.com	Dr. Durgeshmandini Titam	Associate Professor	L.A.D. College, Nagpur	9421806488
11/10/2020 18:40:08	yasinibanu2122@gmail.com	YASMIN BANU K	Student	Chevalier T. Thomas Eliza	9940201697
11/10/2020 18:40:21	dhinuj831@gmail.com	DHINU J	Student	Tamilnadu physical educ	7034594108
11/10/2020 18:45:12	capt.snoout@gmail.com	Capt. Satya Narayan Rou	PHYSICAL EDUCATION	MUNICIPAL COLLEGE R	9040756252
11/10/2020 18:48:16	vamshivenkatesan@gmail.com	JAYAKUMAR V	M. Sc. Sports Psychology	Tamil Nadu Physical Edu	7338767217
11/10/2020 18:49:25	athulharidas@gmail.com	ATHUL HARIDAS	PhD Scholar	TNPESU Chennai	9946877628
11/10/2020 18:49:42	saskumar.deepak@gmail.com	Dr. Deepak S.S	Assistant Professor	NSS College Cherthala	9446376347
11/10/2020 18:49:52	kirubananth2009@gmail.com	V. kirubananth	Department of physical education	Nazareth college of arts & science	9841314851

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TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Registration - Webinar on "Women Empowerment Through Martial Arts"

Timestamp	Email Address	Name	Designation	Organization	Whatsapp Number
11/10/2020 18:54:07	dwioen199@gmail.com	Dwioen Basu	Teacher	Gopainagar Haripada Inst	9735259596
11/10/2020 18:55:04	thalarahul.2310@gmail.com	T RAHUL	Reader	Apollo College of Nursing	9176411196
11/10/2020 18:55:30	stella78mary@gmail.com	Stella Mary I	PHYSICAL EDUCATION	GOVT.HR.SEC.SCHOOL	9840886252
11/10/2020 18:58:27	harimpe@gmail.com	A.HARDASS	Student	IGNOU	9994316017
11/10/2020 18:58:52	spndas1996@gmail.com	SWAPAN DAS	Research Scholar	Tamil Nadu Physical Edu	7005048525
11/10/2020 18:58:54	hskphdp@gmail.com	SATHISH KUMAR H	Assistant Professor	TNPESU	7418376723
11/10/2020 19:00:16	pks.tripesu@gmail.com	SENTHILKUMAR P K	Assistant Professor	L.A.D & Smt R P College f	9865417000
11/10/2020 19:00:57	varshabhubal05@gmail.com	Dr. Varsha Rambhau Bhuj	Student	Yoga	9422802442
11/10/2020 19:01:15	kalapanadhanalakshmi20	Kalpana	Student	SRMV Maruthi College O	8939318603
11/10/2020 19:04:20	dhamubalan5@gmail.com	B.DHAMODHARAN	M.P.Ed, MPhil scholar	ARNOLD GYM	8122219833
11/10/2020 19:04:45	nsathish3690@gmail.com	SATHISH M	GYM TRAINEE	Chevalier T Thomas Eliza	8925926369
11/10/2020 19:08:30	stu_ANISHA_S@cttewc.in	Anisha	B. Sc Psychology	ZPHS KOTHA MORGAR	6381530828
11/10/2020 19:14:53	mvenkateshwer@gmail.com	M. VENKATESHWER	TEACHER	Chevalier T Thomas Eliza	9000990075
11/10/2020 19:16:40	lin9140@gmail.com	JAYASHREE.T	B.Sc Psychology	Chevalier T Thomas Eliza	9003171358
11/10/2020 19:17:26	akhil.akhilshat34@gmail.com	MUHAMMED AKHIL A	MSc sports psychology	Tnpesu	8301894072
11/10/2020 19:19:08	gowthambala1991@gmail.com	B. Gowtham	PHD Research Scholar	Madurai Kamaraj Univers	9726763148
11/10/2020 19:20:33	yateeshkrishna.k@gmail.com	K. YATEESH KRISHNA	JUNIOR ASSISTANT	YOGI VEMANA UNIVER	9490419419
11/10/2020 19:28:43	pradeepkrathoo@gmail.com	PRADEEP P	Director of Physical Educa	Mamaia Education Societ	9884793539
11/10/2020 19:29:42	ashwiniasri1383@gmail.com	Ashwini. P	Student	Chevalier t thomas elizab	9361318408
11/10/2020 19:33:22	mspillai.psychologist@gmail.com	grn SARAVANAN M	PSYCHOLOGIST / FOUN	IMCA ACADEMY	8056082690
11/10/2020 19:37:42	pvidhyasagar89@gmail.com	P. VIDHYASAGAR	ASSISTANT SUPERINTE	GOVERNMENT CHILDR	9094466929
11/10/2020 19:45:11	antharias1976@gmail.com	Dr. P. Mohan Antharias	Physical Director	Government Arts and sci	9443309324
11/10/2020 19:56:32	kirubaan18@gmail.com	Kirubakaran S	Student	Dr. Sivanthi Adithanar Co	8903571916
11/10/2020 20:03:56	helanmichealjesu@gmail.com	Helan Micheal J	Student	TNPESU	9003821405
11/10/2020 20:03:57	salalakshmanan98@gmail.com	Sala L	B.p ed	Tamil Nadu sports Univer	7708974151
11/10/2020 20:06:11	vidyavikumar@yahoo.co	Vidya L	Research scholar	TNPESU	9364695490
11/10/2020 20:23:54	kiruthika.chem@sairamit	R.Kiruthika	Assistant Professor	Sri Sairam institute of tech	8668129609
11/10/2020 20:47:32	srirunbanu1977@gmail.com	Dr. M. BANUMATHI	Assistant Professor	Govt. Arts and Science C	9842395302
11/10/2020 21:29:52	neeta14kaashyap@gmail.com	Dr.Neeta Naresh Kashy	Associate Professor	LAD & Smt R P College F	9511862797

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TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Registration - Webinar on "Women Empowerment Through Martial Arts"

Timestamp	Email Address	Name	Designation	Organization	Whatsapp Number
11/10/2020 21:30:21	appbuce72@xn--gmai-Appu.T		Research scholar	TNPESU	7200143307
11/10/2020 21:32:27	sathish70@gmail.com	SATHISH KUMAR S	PHYSICAL EDUCATION	SMS CHENNAI	8248076562
11/10/2020 21:39:54	Kalamurugan777@gmail.com	KALAIMURUGAN S	Physical education teacher	The Psbb millennium sch	9688246637
11/10/2020 21:58:27	johnson.p.d2108@gmail.com	Mr. JOHNSON BHAGYAI	PHYSICAL EDUCATION	DON BOSCO HR SEC SI	8148070367
11/10/2020 21:59:14	sathishph126@gmail.com	Dr.P. Sathish kumar	Sports Trainer	Physical Education	9894363464
11/10/2020 22:08:38	lingaraj1516@gmail.com	K.Lingaraj	Physical education Teacher	SRV International School	9976913785
11/10/2020 22:16:36	ravirajeshb@gmail.com	Rajesh R.V	P.E Director	Sacred heart international	+919600870790
11/10/2020 22:22:52	keedevaz1@gmail.com	DEVENDIRAN.R.	p.h.d research scholar	Tamil Nadu physical educ	9677257792
11/10/2020 22:31:22	vivekadetectiveagency20	K. Jeya pappa	Free yoga teacher	Kanya kumary	8300102906
11/10/2020 22:34:36	ashashwa20@gmail.com	ASHWATHAMAN T S	Boxing Coach	Paavai Engineering Colle	8939040034
11/10/2020 22:56:09	hariksha78651@gmail.com	H.THARIK BASHA	Junior Assistant	Tamilnadu Physical Educ	7871386063
11/10/2020 23:07:03	sangeethasakumar63@gmail.com	sangeetha sakumar	House wife	Nothing	9994719640
11/10/2020 23:13:24	fathiparveen2000@gmail.com	FATHIMA PARVEEN.S	B.S.C PSYCHOLOGY	CHEVALIER T. THOMAS	9551943612
11/10/2020 00:02:02	thameemulansari0731@gmail.com	THAMEEMUL ANSARI M	RESEARCH SCHOLAR	ANNAMALAI UNIVERSIT	9003144345
11/10/2020 00:06:54	inforyou1@gmail.com	M THAMEEMUL	ANSARI SYSTEM AND WEB ADM	THE NEW COLLEGE	9790941465
11/10/2020 22:11:14	naniugowda1@gmail.com	NANJUNDAN. K.R	Physical trainer	AMBAL SCHOOLS	8838380861
11/10/2020 5:14:05	pavithranduraisamy94@gmail.com	P Pavithran	922 veeratchi south stree Pavithran		9788437433
11/10/2020 9:44:53	bosechan1795@gmail.com	c SUBHASHCHANDHIRAB	Ph.D Research Scholar	Bharathiar University	9597726499
11/10/2020 8:08:59	rehabaifreen18@gmail.com	Rehab. I	Student	Chevalier T Thomas Eliza	9944457886
11/10/2020 9:55:03	rainarajan432@gmail.com	R RAJENDRAN	Badminton & fitness coac	Leap Sports Academy, CI	7845681557
11/10/2020 10:06:31	thasishareefa360@gmail.com	THASHEEFA THASNI	Student	Tamil Nadu Physical Edu	8148442324
11/10/2020 12:28:40	nporkodi2001@gmail.com	Porkodi.N	Student	MSc SPORTS PSYCHOL	7306705245
11/10/2020 16:21:27	vandanadhingra325@gmail.com	Ms.Vandana Dhingra	Commerce	Chevalier T Thomas Eliza	9566722002
11/10/2020 19:44:33	mprenkumar920@gmail.com	M.PREM KUMAR	Student	Barkatullah University Bhi	9695355920
11/10/2020 22:07:17	svelkumar05@gmail.com	Dr.S.VELKUMAR	Assistant Professor	Physical education depart	8428661313
11/12/2020 10:34:14	sanu1104@gmail.com	Drisana Roy	Delhi	Tamil Nadu Physical Edu	9543881366
11/13/2020 7:48:37	tharanijes789@gmail.com	Tharani	PGDIOFSM	Tamil	8010405016
11/13/2020 7:51:01	prasad.cheguvera@gmail.com	PRASAD M	STUDENT	TNPESU	9047278851
11/13/2020 7:51:01					7010300211

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TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Registration - Webinar on "Women Empowerment Through Martial Arts"					
Timestamp	Email Address	Name	Designation	Organization	Whatsapp Number
11/13/2020 7:53:51	shaju@incorporatefitness	Shaju Balagopal	CFT	Incorporate Fitness	9662714477
11/13/2020 7:56:19	disubhabnys.ravi@gmail.com	Dr. SUBHAR, B.N.Y.S	Naturopathy and yoga coo	AVA Sanjeevanam nature	9662624014
11/13/2020 8:00:51	sathishvictor2106@gmail.com	M. Sathish Kumar	Diploma in gym fitness in	TNPESU	9666226536
11/13/2020 8:03:12	nijanthaneswaran@gmail.com	NIJANTHAN E	Lecturer	Nandha College of Physic	9715025498
11/13/2020 8:05:17	dmriga28@gmail.com	Thilagavathi G	Physiotherapist	Wellcare physiotherapy cl	9720755586
11/13/2020 8:06:51	radjindrane@gmail.com	RADJINDRANE V	PHYSICAL DIRECTOR	GOVERNMENT WOMEN	9629361268
11/13/2020 8:19:20	rameshsundar87@gmail.com	Dr. J. Ramesh Sundar	Retired Professor	Madras Christian College	9840371145
11/13/2020 8:23:33	jawaharvenkat99@gmail.com	Jawahar V	MPT	Vels University	9043263075
11/13/2020 8:26:48	srinath25@gmail.com	SRIMATHY N	Teacher	The Ashok Leyland schoc	9003505904
11/13/2020 8:33:15	rakeshphysio@gmail.com	Dr. RAKESH	Assistant professor	Narayana college of Phys	9885202970
11/13/2020 8:33:54	govardhansports@gmail.com	Dr. C. GOVARDHAN	Physical Education Teact	St. Francis Academy,	9703232548
11/13/2020 8:42:16	chitrahockey63@gmail.com	T. CHITRA	Assistant Professor	Sri Sarada College of Phy	9952483312
11/13/2020 8:56:49	anunraj112147@gmail.com	Anunraj R	Trainer	Pg diploma gym and fine	9962956210
11/13/2020 9:21:17	kubesh159@gmail.com	KUBENDRAN.M	PH.D RESEARCH SCHO	MADURAI KAMARAJ UN	9626763344
11/13/2020 9:25:22	send2vkpat@gmail.com	P. VIJAYAKUMAR	PHYSICAL EDUCATION	SHIKTHI PUBLIC SCHOC	9751839398
11/13/2020 9:31:44	tkrish@gmail.com	T.J. KRISHNAMURTHY	Student	TNPESU	9884370686
11/13/2020 10:08:18	razinasreen@gmail.com	M.A. RASIYA NASREEN	Physiotherapist	banyan physio and rehab	8122409456
11/13/2020 10:16:05	boxerclinton007@gmail.com	M. clinton	B ped	Ramakrishna mission viv	9943266563
11/13/2020 10:21:11	karateraja6595@gmail.com	Dr. R. VIDHYA SREE	Trutanti	No	8428043613
11/13/2020 10:34:45	vidhyaseeraman911@gmail.com	Dr. R. VIDHYA SREE	Asst. Prof/Director of Phy	Government College for v	9443223585
11/13/2020 10:39:22	bernadithin19@yahoo.co	Nithin B S	PHD Research scholar	Pondicherry university	9895060613
11/13/2020 10:45:41	rajkumarguna1994@gmail.com	Raj Kumar G	Student	Tamilnadu Physical Educ	8754291364
11/13/2020 10:52:10	yogapattabi@gmail.com	Dr. Pattabi Sakkarapani	DIRECTOR	Thirumoolar Yogaalayam	7402040235
11/13/2020 10:56:19	stu_pavithra_j9@citewc	J.pavithra	Students	Ctte college for women	9514541940
11/13/2020 10:59:53	ram_sportive@gmail.com	Dr. N.R. RAMKUMAR	Director of Physical Educi	AMET Deemed to be Uni	9381080111
11/13/2020 11:16:36	dharini30@gmail.com	Dharini Devi.A	Physiotherapist	Primary health centre, Ka	9865368505
11/13/2020 11:58:55	gsamlu@gmail.com	M. GNANASUNDARI	Ph.d Yoga scholar	Meenakshi mahar acader	9443099870
11/13/2020 12:28:25	karthikap05@gmail.com	Mrs. P. Karthika	Research Scholar	TNPESU	9445666405
11/13/2020 13:53:02	abdulrahimulani@gmail.com	MULANI ABDULRAHIM A	YOGA SIR	PATANJALI YOGA INSTI	9420382890

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Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Registration - Webinar on "Women Empowerment Through Martial Arts"				
Timestamp	Email Address	Name	Designation	Organization
11/13/2020 17:54:16	dorathysan3@gmail.com	DORATHY SUSANNA	Fitness Trainer & Yoga In	Kumaraguru College of T
11/13/2020 17:56:18	sharmisvarna66@gmail.com	R.L.Sharmi Sai	Student	Shakti Public school
11/13/2020 22:05:20	balalunala82@gmail.com	BALA ELUMALAI	PET	RMK SENIOR SECONDA
11/14/2020 13:28:59	sjeyaratina@gmail.com	Silviya Jeyaratina M	PRT	Rish international school
11/15/2020 12:18:02	kanalivedasr09@gmail.com	KAMALI VEDASRI V	Illrd B.Sc psychology	Chevalier T. Thomas Eli
11/15/2020 23:09:50	pvinusha@gmail.com	Pv vinusha	Student	Dharma Ayurveda medic
11/15/2020 23:10:00	pvsbramanyam@outlook.com	P.V. Subramanyam	yoga instructor	yoga niramandal , nello
11/16/2020 16:12:01	kobudo.in@gmail.com	Dr kobudo A S Krishnam	Chief instructor of Ryu ky	Ryu ky kobudo shimbuk
11/17/2020 10:14:53	dhineshkg1996@gmail.com	P Thennozhi	Physiotherapist	CLTRI,chengalpattu
11/17/2020 12:53:26	99officework@gmail.com	Arindam Banerjee	Tennis coach	National police academy
11/17/2020 12:56:23	krishnavenisridhar@yahoo.com	KRISHNAVENI. K.	PhD Research Scholar	(s Tamil Nadu Physical Edu
11/17/2020 12:57:26	zehrallma@gmail.com	Alima Zeina	Research Scholar	Tamilnadu Physical Educ
11/17/2020 12:58:21	sreesreesiva9@gmail.com	Sivasree yadla	Yoga trainer	VEER BAHADHUR SCH
11/17/2020 12:59:59	tubinnped87@gmail.com	S Tubin	Assistant professor	Dr. MGR Educational and
11/17/2020 13:01:43	vinothind0720@gmail.com	Vinothini D	Student	Chevalier t thomas Elizab
11/17/2020 13:05:58	jemina.chen@sairamit.ac.in	JEMINA J	ASSISTANT PROFESSOR	SRI SAIPAM INSTITUTE
11/17/2020 13:08:49	drjaichandru@gmail.com	Dr.K.JAYACHANDRAN	Guest Lecturer	Tamilnadu Physical Educ
11/17/2020 13:23:12	alagupiti@iitdm.ac.in	Alaguraj P	Physical Director	IITDM Kancheepuram, C
11/17/2020 13:30:37	send2selvpet@gmail.com	SELVAKUMAR K	Physical education teach	Shakti Public school, Tiru
11/17/2020 13:47:19	sakthiam35@gmail.com	S Sathish kumar	Fitness Trainer	HFS, Hardcore fitness stu
11/17/2020 13:51:01	jsustin58@gmail.com	JUSTIN EBENEZER	Badminton coach	Leap sports academy, chi
11/17/2020 13:58:57	kallukuzhakarh43@gmail.com	S.karthikeyan	Trainer	TNPESU
11/17/2020 14:43:44	sangeethakandavel1983@gmail.com	Sangeetha	Journalist	The Hindu
11/17/2020 14:54:02	rsindia1@gmail.com	C. Elumalai	Director	Rural People's Sangam
11/17/2020 15:04:14	rajeshgymv@gmail.com	P.RAJESH	Student	TamilNadu Physical Educ
11/17/2020 15:29:53	shyamgee27@gmail.com	Shyam Sundar Gopinath	Psychological counselor	Nuline PSYCHOLOGICAL
11/17/2020 15:47:14	sreechithra88@gmail.com	Sreechithra. K	Malappuram	Tripes, Chennai
11/17/2020 17:25:28	naguprathnik@gmail.com	D.Nagul prathnik	Student	B.P.Ed
11/17/2020 18:28:54	ragothsadam12@gmail.com	Ragothaman R	Senior Engineer	GAVS technology Pvt Ltd

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TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Registration - Webinar on "Women Empowerment Through Martial Arts"

Timestamp	Email Address	Name	Designation	Organization	Whatsapp Number
11/17/2020 18:56:07	Kanagasri2007@gmail.com	Kanagasri, G	9th standard	Student	8668041560
11/17/2020 20:15:43	chituarun10@gmail.com	S.Chitra	House wife	Social worker	9710526825
11/17/2020 20:40:23	edhanasree@gmail.com	E Dhanasekaran	P E T	School	9476044122
11/17/2020 20:51:45	kadeejanazir@gmail.com	Kadeeja	Physical Education Teacher	Education department	9474237020
11/17/2020 20:57:08	shreenucoo1992@gmail.com	N SHREENU	PTI (H&PE)	Sports	9476052063
11/17/2020 21:23:23	kiselvi6768@gmail.com	K TAMIL CHELVI	Physical Education Teacher	GSSS MANNARGHAT, S	9474251216
11/17/2020 21:54:43	rishavriend@gmail.com	C.B.Bindu	Teacher	William Carey Memorial S	8820317589
11/18/2020 1:49:52	mageshchander.p@gmail.com	P MAGESHCHANDER	Physical Education Teacher	Physical Education	9894322143
11/18/2020 5:18:14	senhil@chettinadvidyam.com	Senhil R	Physical Education Teacher	Chettinad Vidhya Mandir	9600814046
11/18/2020 8:47:58	panchavanam35@gmail.com	G PANCHAVARNAM	PET	Govt sr sec school Mohar	9474218350
11/18/2020 9:21:54	abduhnasir2790@gmail.com	Abdul Nasir	PET	MES SCHOOL OGRABR	9833202884
11/18/2020 9:55:43	asathar835@gmail.com	M.Abdul satler	Pet	St pauls school	9879503646
11/18/2020 10:31:12	muruguvallav@gmail.com	Dr V. Murugu Valavan	Associate Professor cum	TNPESU	9443466208
11/18/2020 11:03:42	ssphysioclinic@gmail.com	SENTHIL NATHAN, S	Student	TNPESU	9862015582
11/18/2020 11:34:22	3855thiru@gmail.com	THIRUCHELVI	PET	Govt Sr Sec school Haddi	9434263855
11/18/2020 11:48:24	vsreedharan1966@gmail.com	V. Sreedharan	PET	Govt Senior Secondary S	9434271561
11/18/2020 13:00:29	karthiga2105@gmail.com	KARTHIGA.A	Physiotherapist	Tamil nadu sports and ed	9829485090
11/18/2020 16:14:08	jelsonkumar87@gmail.com	Muthu Kumar	Coach	Kenyuryu	9095215043
11/18/2020 19:01:33	netsetter17@gmail.com	M. Prasanna	PHD in physical education	Tnpesu	9003199285
11/19/2020 0:43:41	khaleelkarateclub@gmail.com	N.Khaleel	Diploma Karate Trainer	D Tnmk Sports Academy	9841818452
11/19/2020 7:27:50	pavithranduraisamy6@gmail.com	Pavithran	Student	Sri guru matric hr sec sch	9788437433

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DEPARTMENT OF SPORTS PSYCHOLOGY & SOCIOLOGY
"WOMEN EMPOWERMENT THROUGH MARTIAL ARTS"

Meeting ID 3467573284
Start Time 11/18/2020 10:44:23 AM
End Time 11/18/2020 12:46:19 PM
User Email webinarstnpesu@gmail.com
Duration (Minutes) 122
Participants 296

Name (Original Name)	User Email	Total Duration (Minutes)
Priya kumar		9
Tharik Basha		84
saro (Sam Pree)	prisillasam@gmail.com	69
tnpes university (tnpes uni	webinarstnpesu@gmail.c	128
Dr. Shahin Ahmed		121
Varsha Bhujbal	varshabhujbal05@gmail.i	122
MANOJ C		125
V. Mangaiyarkarasi	mangaiy@hotmail.com	120
Rajendran		122
Krishnaveni Sridhar	krishnavenisridhar@gma	122
Abdul Nasir		76
Archana.S		115
Shuttler Saran	saravanan30101996@gm	119
Grace Nagarajan	gracenagarajan86@gmai	116
MANOJ CHANDRABOSE	physiomanoj@yahoo.co.i	120
Ramesh Sundar	rameshsundar87@gmail.	117
P KUMARAVELU		76
Justin JR		117
Ninglum Zimik		114
S.Prem Kumar	prem7974@gmail.com	116
Dr. RVS (Tech Undertaker)	vidhyasreeraman911@gr	115
Sharmi sai		11
Dr.P.K.SENTHIL KUMAR	pks.tnpesu@gmail.com	112
catherine abinaya		1
Rakesh Physio	rakeshphysio9@gmail.co	56
Alaguraj Pandian	alagupti@iitdm.ac.in	114
Dr.R.KALAISELVAN- iPhone	kalai.hockey12@gmail.cc	114
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D.Pavithran		70
S Vijayalakshmi	svijayalakshmiklu@gmail	108
Dr Ravi Raj Kumar PT	ravirajkumarphysio@gm	38
jaya kumar	vamshivenkatesan8@gm	18
Tubin S		1
Dr.P Sathis Kumar	sathismphil26@gmail.co	91
Tubin S	tubinmped87@gmail.con	4
Shyam Sundar Gopinath		114
Dr.S.Samsudeen		113
Vidya L		113


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


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Redmi Note 9		113
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catherine abinaya	secp.abi@gmail.com	111
Dr.Neeta N Kashyap		112
shrinivas naidu	shreephysio2007@gmail.	114
Dr JAYACHANDRAN		5
Kavya		8
Shaiju Balagopal		109
Dr.M.LAKSHAN KUMAR		111
Dr Murugu Valavan	muruguvalav@gmail.com	23
P.VIJAYAKUMAR (V.G.Rohith)		11
Chitra Sreenivasan		103
Dr. Subha Ravi		110
Ayyappan sharanalaya	sharanalayaayyappan@g	64
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Kirubakaran S		109
sathish m	msathish3690@gmail.cor	108
SALA L (61 SALA L B.Ped "B")		108
R.Kiruthika		108
Dr.K.JAYACHANDRAN		105
JAMAL SHERIF G F	jsgfpe@gmail.com	108
Arunkumar S		6
Sreechithra. K		13
Subashini Sanjaidas		27
Senthil Nathan		55
Vidhyasagar Pragasam	pvidhyasagar89@gmail.c	106
Kalpana		39
M.PREM KUMAR. (53 M.PREM KUMAR.(II-B.ped'B'-		13
Kanagasri		81
Aravinth S		102
Amul Raj		15
Ashwathaman T S	ashashwa20@gmail.com	101
Ashok Kumar	see.ashokkumar29@gma	104
Janani Rajendran	jananirajendran2695@gn	62
C.B.Bindu (Redmi)		14
Mohan Raj	mohandhoni21@gmail.cc	103
RAMESH KUMAR	vrkonline@yahoo.co.in	95
sps		3
Alima Zehra	zehraalima@gmail.com	22
Sridhar	themeline1@gmail.com	101
T.keerthana		98
P.VIJAYAKUMAR		12
Sathish Kumar H	hskphdpe@gmail.com	33
R.DEVENDIRAN		21
Arunkumar S MBA (Sports Management)		93


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M GNANA SUNDARI	gsamlu@gmail.com	94
nallavan g	nallavangovin@gmail.com	97
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Dr. V Duraisami	yogaduraitnpesu@gmail.	98
S THIRUMALAI KUMAR	TNI drstkpe@gmail.com	52
Narendiran K		9
Joshua prince		31
Sribalaji Raja	sribalaji.dr10@gmail.com	5
M.Sathish Kumar		62
Kiruba Nanth		94
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B DHAMODHARAN		78
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Jayakumar G K 026 B.P.ed	jaiikumar904jai@gmail.cc	91
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Selvam. P		12
85746702993		15
Dorathy Susannal.M		100
Sathish's iPhone		13
KALAI MURUGAN. S		45
ATHUL HARIDAS		87
Dr.Debdulal Baidya		87
Dr.J.Anitha		82
Suriya		84
Malini Suresh		36
Abdullah Bukhari	abdullahktiger96@gmail.	80
Tptc Ped		1
Dr.D.Soundarraj Physical D	tptped@gmail.com	32
Divakar		16
Kobudo A S Krishnamurthy		77
SW5TaG90X0JUXy9BbmRyb2lkU2hhcmVfOTY2Ni9W		3
chitra T	chitrahockey83@gmail.cc	4
Khayati Aggarwal		78
RAGOU .G.		11
M. VENKATESHWER		14
Srimathy N		74
Kasturi		7
Nokia 7.2		18
K. Jeya pappa		75
Rishav Banerjee	rishavfriend@gmail.com	37
K. Yateesh Krishna		10
Dr.S. Thirumalai Kumar # TNPESU		18
16. Diñesh. A BPED 2nd Yr "A" Sec		50
Akhil Muhammed	akhil.akhisha134@gmail.	70
kalpana roja		21
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57 S.Rajkumar Bsc B.p.ed. pg (yoga)		65
Kannadasan Kumudan	kannaallen@gmail.com	62

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Vijaya Kumar	send2vkpet@gmail.com	58
pv subramanyam		58
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HARIDASS.A P.E.T		32
P.Pradeep		48
kannadasan		51
தலைவர் ரேணுகோ	fastclub1983@gmail.com	4
Rajeshwari Gnanaprakasam		44
Sangeetha's Galaxy M31s		8
K TAMIL CHELVI		7
Surendar Jayaraman	send2skpet@gmail.com	31
Arun sahayaraj		18
LINGARAJ K	lingaraj1516@gmail.com	17
Dwipen Basu	dwipen1999@gmail.com	14
Kamali vedasri		7

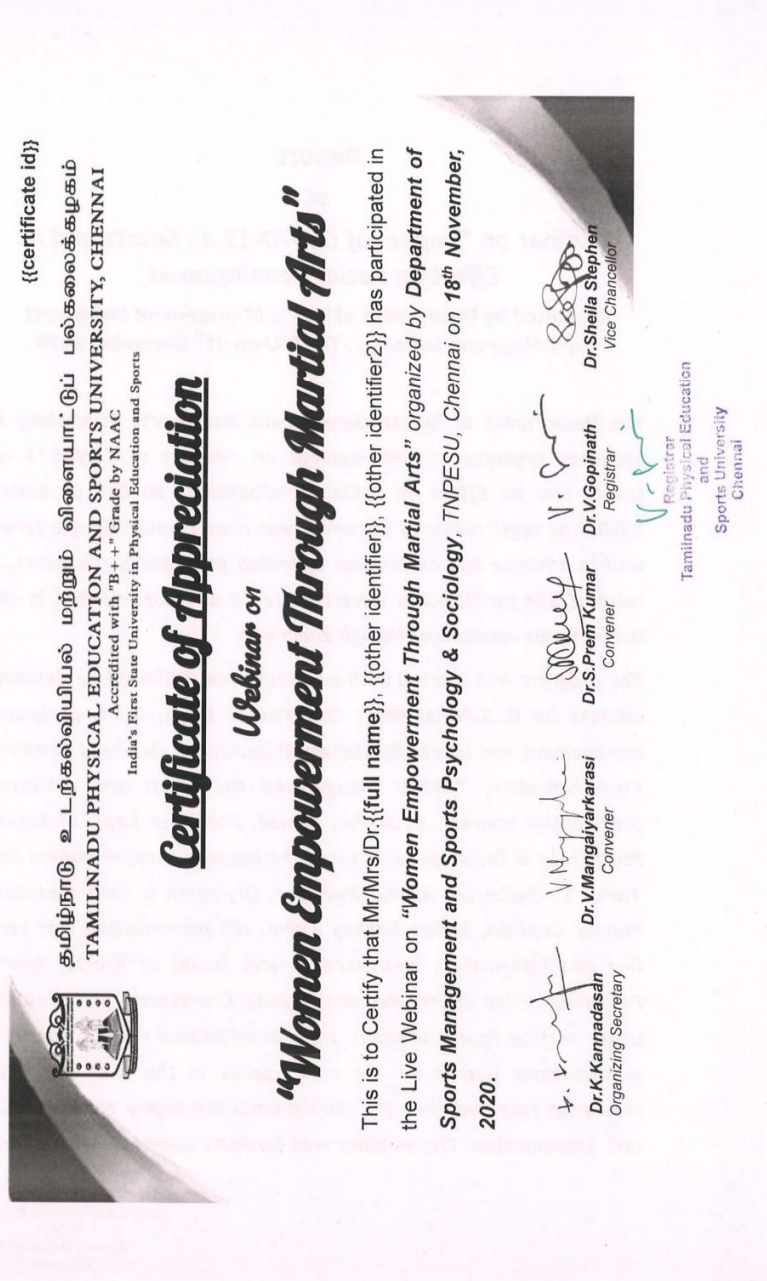
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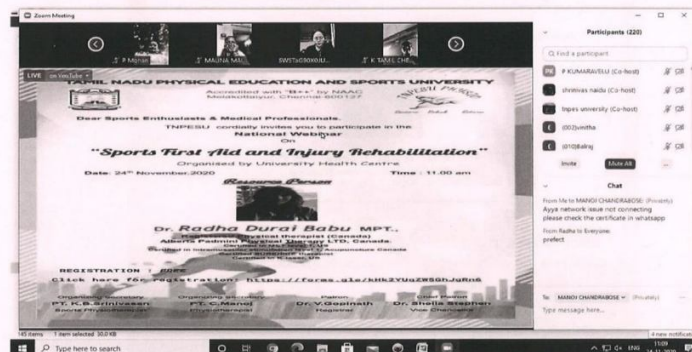
NATIONAL WEBINAR ON SPORTS FIRST AID AND INJURY REHABILITATION

ORGANIZED BY UNIVERSITY HEALTH CENTER

Programme Schedule :

Tamil Nadu Physical Education and Sports University, Chennai (Accredited with "B++" by NAAC)	
Date: 24.11.2020	Time: 11.00 am
National webinar on "Sports First Aid and Injury Rehabilitation"	
Programme Schedule	
11.00 am :	Prayer
11.01 am :	Welcome Address PT. K.B.Srinivasan, Sports Physiotherapist, TNPSU
11.05 am :	Inaugural Address Dr. V.Gopinath, Registrar, TNPSU
11.15 am :	Scientific Session - International Expert Dr. Radha Durai Babu M.P.T., Registered Physical therapist (Canada), Alberta Pediatric Physical Therapy LTD, Canada.
12.30 pm :	Vote of Thanks PT. C. Manoj, Physiotherapist, TNPSU
TNPSU CHANNEL: https://www.youtube.com/channel/UC-Cwa1Hs1aQO18CNgR5WtE	
ZOOM MEETING LINK : https://us02web.zoom.us/j/83056116037?pwd=3W9yUkZlc0pWb0ZlT0pUaU5MEk41Z0Rlbn09	
Meeting ID: 830 561 16038	Passcode: physio

Screenshots / Photos :



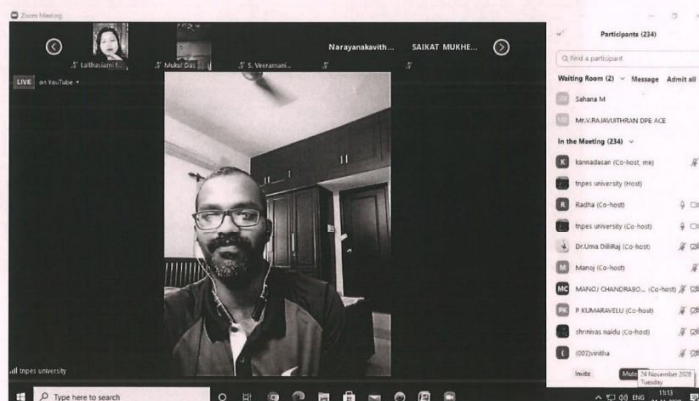
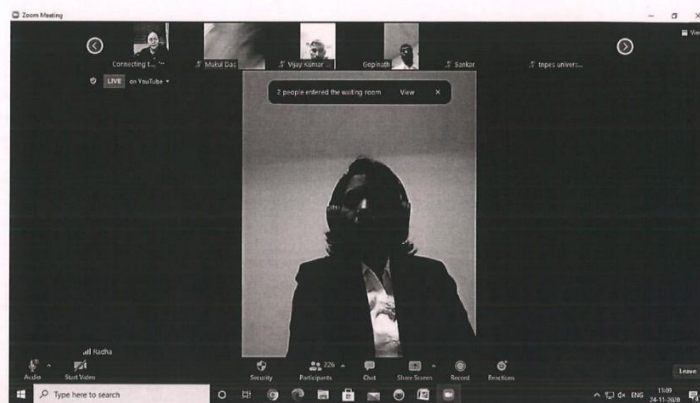
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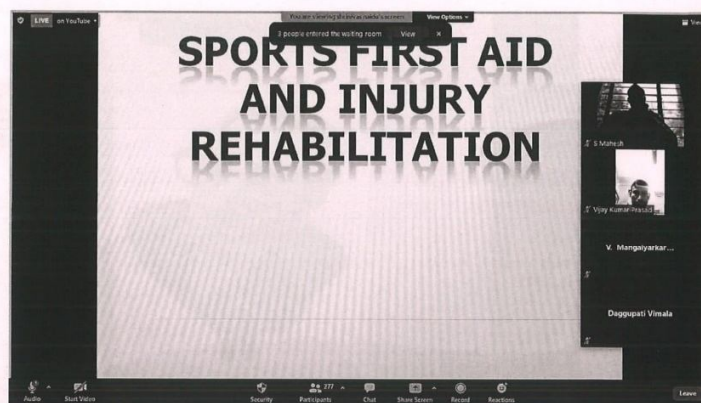




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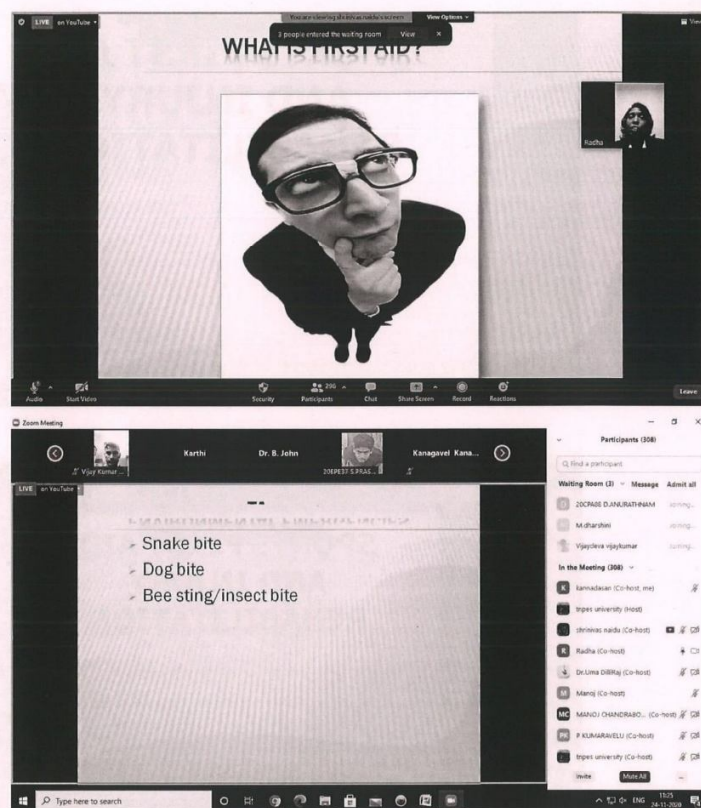
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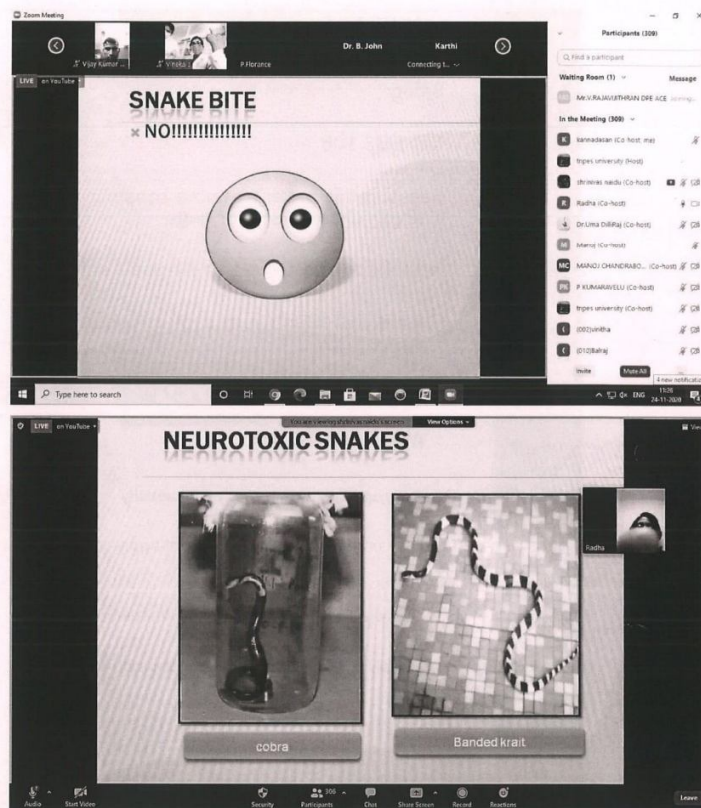
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The image shows two screenshots of a Zoom meeting. The top screenshot displays a presentation slide titled "WHAT TO DO" with the following bullet points:

- Safety
- Call EMS 108
- Reassure the patient, remove constrictive clothing, shoes, watch or rings
- Immobilize affected extremity; use a splint
- Get medical attention as soon as possible

The bottom screenshot displays a presentation slide titled "WHAT NOT TO DO:" with the following bullet points:

- Don't engage in strenuous physical activity
- Don't cut or incise bite marks; do not apply oral suction to bite
- Don't take alcoholic beverage or any medication
- Don't apply cold or hot packs or a constrictive tourniquet

Both screenshots show a Zoom interface with a "LIVE" indicator, a "4 people entered the waiting room" notification, and a "View Options" menu. A small video feed of a participant is visible in the top right corner of each slide.

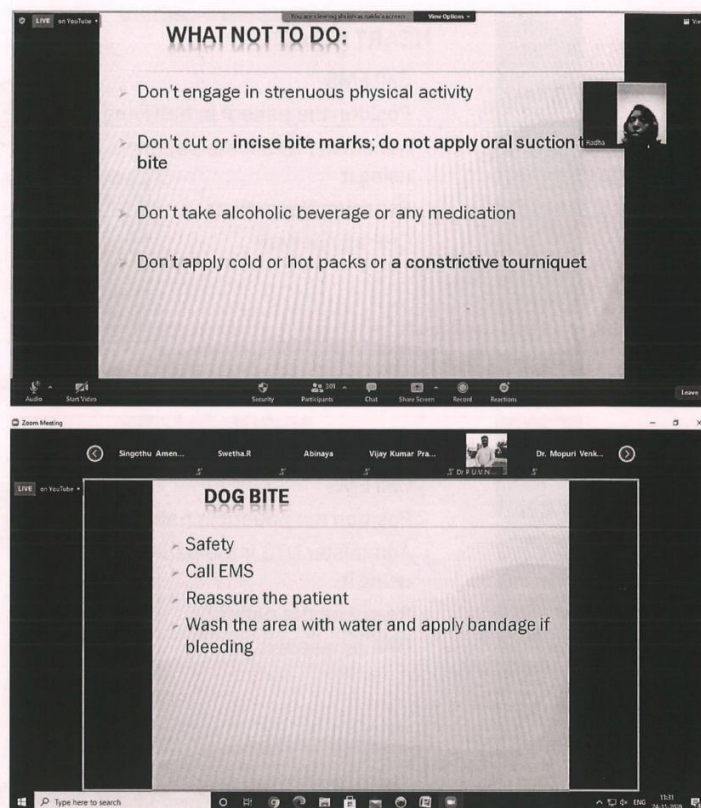
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The image displays two identical screenshots of a Zoom meeting. The main window shows a presentation slide titled "HEART ATTACK" with the following bullet points:

- Call EMS
- Position the patient in half lying position
- Administer NTG if the patient is already using it
- Reassure the patient
- CPR as needed

To the right of the text is a diagram of a human torso showing the heart and lungs. A small video feed of a person is visible in the top right corner of the Zoom window. The Zoom interface at the bottom includes icons for Audio, Start Video, Security, Participants, Chat, Share Screen, Record, and Reactions.

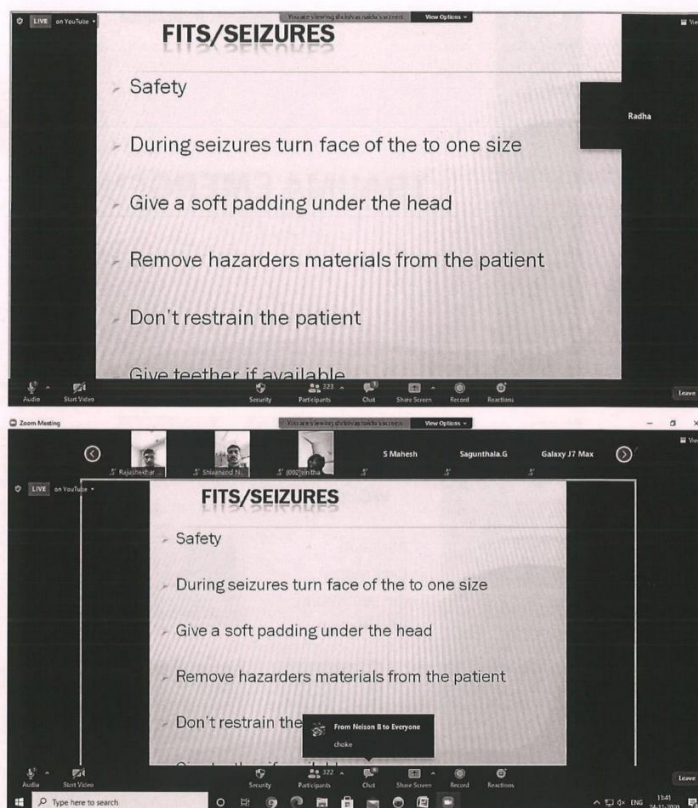

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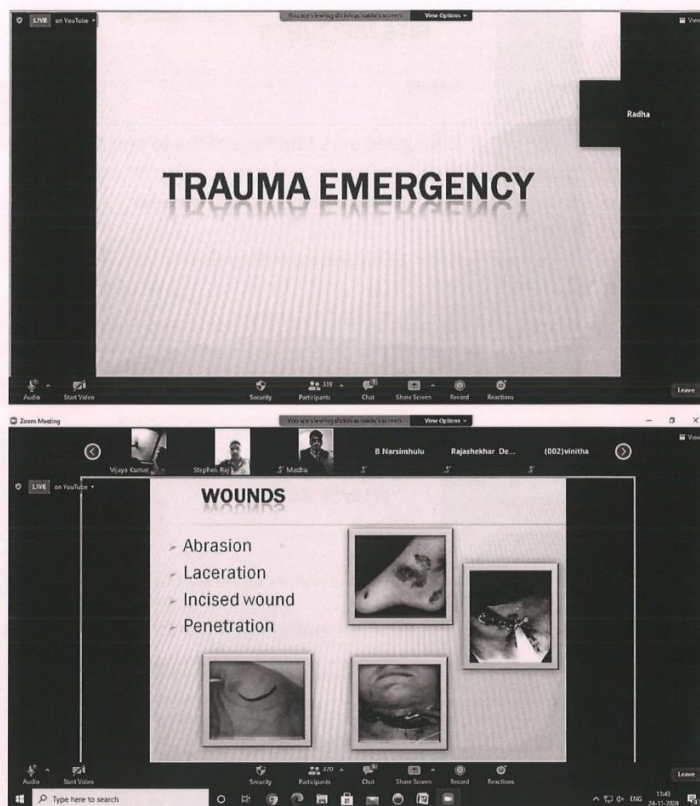
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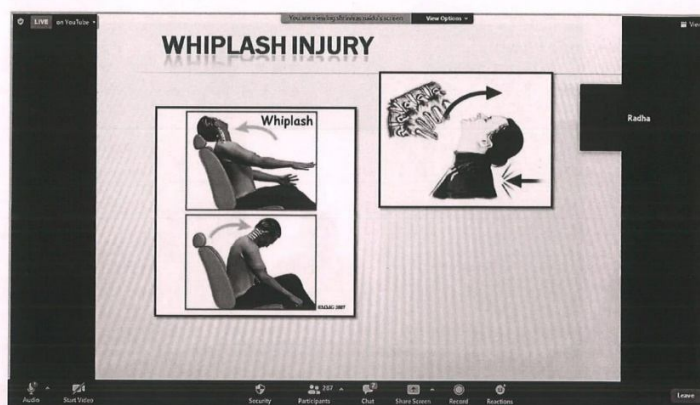
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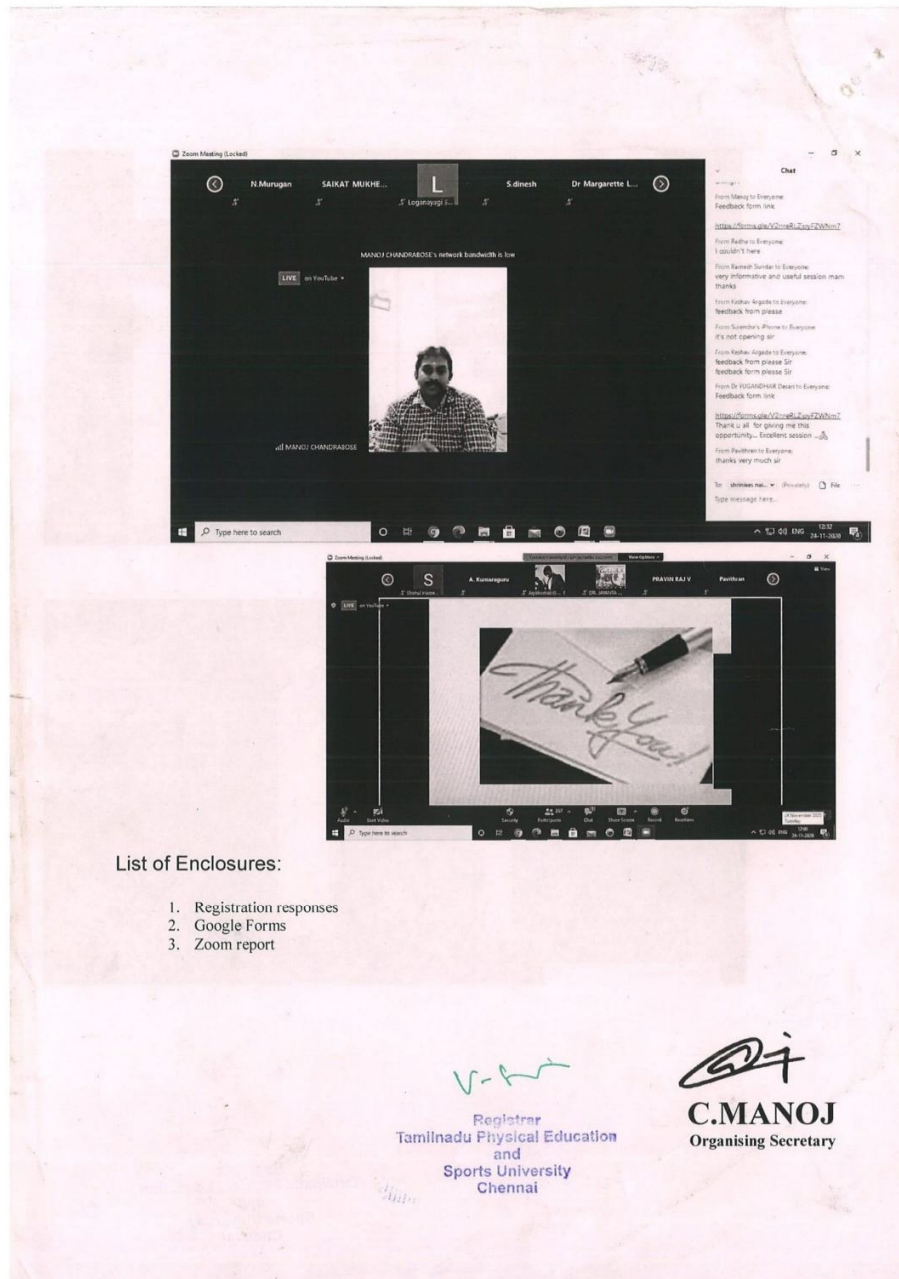
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From

C.Manoj,
Physiotherapist,
University Health Centre,
TNPESU, Chennai.

To

The Registrar,
TNPESU,
Chennai.

Respected Sir,

Sub : Programme Report – National Webinar on Sport First Aid and Injury
Rehabilitation on 24.11.2020 – reg.

I sincerely thank the University Authorities for allowing us to organise National Webinar on Sports First Aid and Injury Rehabilitation on 24.11.2020 through online Zoom platform. An overwhelming 615 response throughout the globe has been received for the above said webinar.

Herewith I have enclosed the programme reports for your kind perusal.

Thanking you,

Chennai,
28.11.2020

Yours Faithfully,

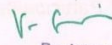
(C.Manoj)

Encl:

1. Programme Report

Copy to :

1. Hon'ble Vice Chancellor
2. VC Section
3. Registrar Section
4. IQAC cell
5. NAAC Cell


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PROGRAMME REPORT

Name of the Programme : National Webinar on "Sports First Aid and Injury Rehabilitation"

Venue : Online Zoom Platform

Department : University Health Centre, TNPESU

Organised by : PT. C.Manoj, Organising Secretary
PT. K.B.Srinivasan, Organising Secretary

Date : 24.11.2020

No.of Days : 1 day

Programme Theme : Sports First Aid & Injury Rehabilitation

Objectives of the Programme :


- Describe the duties, responsibilities, general treatment principles and priorities of emergency care provision.
- Describe the elements of pre-event preparation in relation to emergency care provision.
- Demonstrate an understanding of basic anatomy and physiology in relation to first aid.
- Conduct the logical 'on-field' assessment (SALTAPS) of a participant and apply principles of infection control.
- Recognise and respond to the signs and symptoms of common injuries.

Resource Persons : Dr. Radha Durai Babu, Registered Physical Therapist, Canada

Number of Participants : 615

Outcome of the Programme :

- Provided the participants with an understanding of the general duties, responsibilities and treatment principles of first aid.


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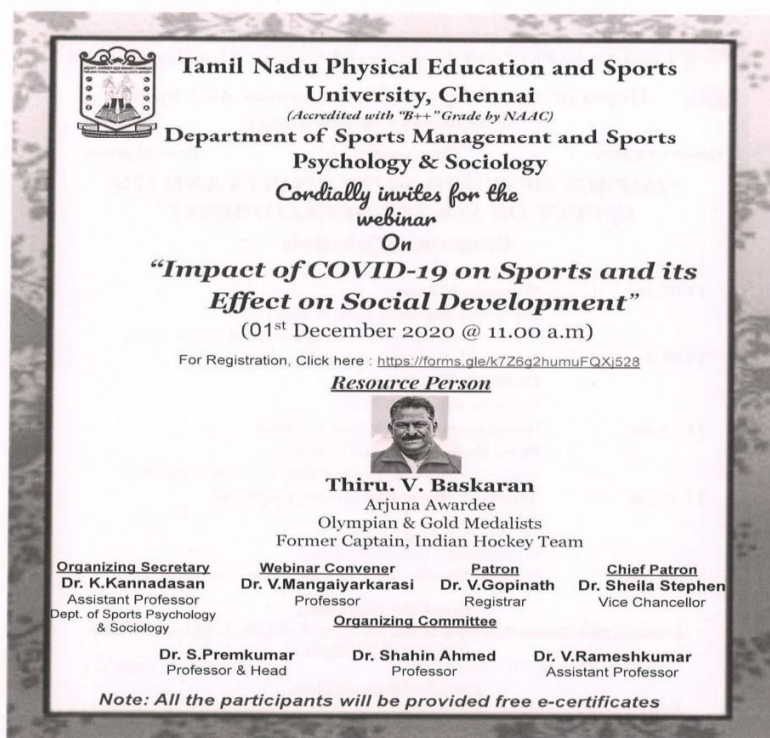
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IMPACT OF COVID-19 ON SPORTS AND ITS EFFECT ON SOCIAL DEVELOPMENT

Organized By Department Of Sports Management and Sports psychology and Sociology




Tamil Nadu Physical Education and Sports University, Chennai
(Accredited with "B++" Grade by NAAC)

Department of Sports Management and Sports Psychology & Sociology

Cordially invites for the webinar
On
"Impact of COVID-19 on Sports and its Effect on Social Development"
(01st December 2020 @ 11.00 a.m)

For Registration, Click here : <https://forms.gle/k7Z6g2humuFQXj528>

Resource Person



Thiru. V. Baskaran
Arjuna Awardee
Olympian & Gold Medalists
Former Captain, Indian Hockey Team

Organizing Secretary Dr. K.Kannadasan Assistant Professor Dept. of Sports Psychology & Sociology	Webinar Convener Dr. V.Mangaiyarkarasi Professor	Patron Dr. V.Gopinath Registrar	Chief Patron Dr. Sheila Stephen Vice Chancellor
---	--	---	---

Organizing Committee

Dr. S.Premkumar Professor & Head	Dr. Shahin Ahmed Professor	Dr. V.Rameshkumar Assistant Professor
--	--------------------------------------	---

Note: All the participants will be provided free e-certificates



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 **Tamil Nadu Physical Education and Sports University, Chennai**
(Accredited with "B++" Grade by NAAC)

Department of Sports Management and Sports Psychology & Sociology

Date: 01.12.2020 *Live webinar* Time: 11.00 am

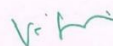
"IMPACT OF COVID-19 ON SPORTS AND ITS EFFECT ON SOCIAL DEVELOPMENT"

Programme Schedule

11.00 am	:	Prayer
11.02 am	:	Welcome Address Dr. S. Premkumar , Prof. & Head, Dept. of Sports Management and Sports Psychology & Sociology,
11.05 am	:	Inaugural Address Dr. Sheila Stephen , Vice Chancellor, TNPESU
11.15 am	:	Introduction of Keynote Speaker Prof. Shahin Ahmed , Professor Dept. of Sports Management and Sports Psychology & Sociology
11.17 am	:	Thiru. V. Baskaran (Keynote Address) Arjuna Awardee Olympian & Gold Medalists Former Captain, Indian Hockey Team.
12.30 pm	:	Vote of Thanks - Dr. K. Kannadasan , Organizing Secretary

Zoom Meeting Link :
<https://us02web.zoom.us/j/3467573284?pwd=RUhUUTZFenhDeWhuY3ZjdldsRXVtdz09>
Meeting ID: 346 757 3284 Passcode: tnpesu

Youtube Channel Link :
<https://www.youtube.com/channel/UC7Cwa1Ffa1aQOI8CNqRWITg>


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Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management
Key Indicator – 6.5.2

Report

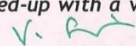
of

Webinar on *“Impact of COVID-19 on Sports and its Effect on Social Development”*

Organized by Department of Sports Management and Sports Psychology and Sociology, TNPESU on 01st December 2020

The Department of Sports Management and Sports Psychology & Sociology organized a live webinar on *“Impact of COVID-19 on Sports and its Effect on Social Development”* on 01st December 2020. The registration of the event was done through Google forms well in advance and no fee was collected from the participants. A total of 284 participants were registered and participated in the live webinar conducted through zoom app.

The program was started with a silent prayer followed by welcome address by Dr.S.Premkumar, Professor & Head, Dept. of Sports Management and Sports Psychology & Sociology. Dr.Sheila Stephen, Vice-Chancellor, TNPESU inaugurated the event and delivered presidential address. Dr.Shahin Ahmed, Professor Dept. of Sports Psychology & Sociology introduced the keynote speaker Padma shri Thiru. V. Baskaran, Arjuna Awardee, Olympian & Gold Medalists Former Captain, Indian Hockey Team. His presentation was very live and interactive, addressed various issues of Sports, Sports Personnel, Elite Sports Persons, Sports Ecosystems and trainees under various Sports schemes. He also addressed various queries / clarifications posted by the participants in the chat box. The responses received from the participants are highly commendable and appreciative. The webinar was formally ended-up with a vote


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of thanks by Dr.K.Kannadasan, Organizing Secretary of this webinar.

All the participants were asked to fill-up the feedback link at the end of the session to receive the e-certificates for their participation.

Encl:

- 1. Screen shot of the Webinar*
- 2. Copy of webinar Invitation*
- 3. Copy of Webinar Programme Schedule*
- 4. Registration Details*
- 5. Model of the Certificate issued*

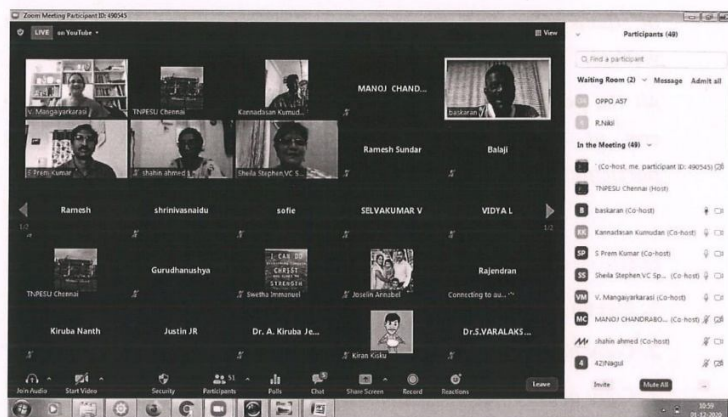

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Webinar Registration - "Impact of COVID-19 on Sports and its Effect on Social Development" (Responses)

Timestamp	Email Address	Full Name (in BLOCK let Designation)	Name of the Department	Mobile Number	State	Country
11/26/2020 16:00:14	harshadkumar@gmail.com	A. HARSHAD K	ASSOCIATE PROFESSOR PHYSIOLOGY	9447631571	TAMIL NADU	INDIA
11/26/2020 16:00:40	jayaramanp@gmail.com	J. JAYARAMAN	Asst professor of physical Education	9791035566	Tamil Nadu	INDIA
11/26/2020 16:00:49	manu.anandoo@gmail.com	K. MANU ANANDU	STUDENT	9445454010	TAMIL NADU	INDIA
11/26/2020 16:01:00	anandoo@gmail.com	K. ANANDU	STUDENT	9445454010	TAMIL NADU	INDIA
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DEPARTMENT OF SPORTS PSYCHOLOGY & SOCIOLOGY
IMPACT OF COVID-19 ON SPORTS AND ITS EFFECT ON SOCIAL DEVELOPMENT

Meeting ID	3467573284	
Start Time	12-01-2020 10:30	
End Time	12-01-2020 12:46	
User Email	webinarstnpesu@gmail.com	
Duration (Minutes)	136	
Participants	462	
Name (Original Name)	User Email	Total Duration (Minutes)
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ATHUL HARIDAS		99
G.Sangeetha		20
Vidhya		22
1'st yr Akshaya. A. I		46
Aravindh S		103
RAJKUMAR MUNISAMY		98
Mr.sai sundar		93
Kalpana		2
Pradeep kumar saho		88
Laxmibai Bhanja		15
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Mr. VARUNA RAJA BASAVESWARA K S		67


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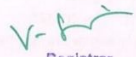


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DharmaPandian M.K	90
Sangeetha Sasikumar sangeethasasikumar	58
20. Nirmal Raj .K M.P.Ed II year	74
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42)Nagul		104
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kugathas Ramkishan		2
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Kirubakaran S		10
Sukumarmadhu		27
Yamuna		5
Ashwin		32
Dhirendra Kumar Sarangi		13
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P.RAJESH		117
S. PRADEEPA		111
D.YOGESH KUMAR		114
Vijay Kumar Prasad (OPPO A57)		111
Nallavan		93

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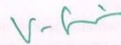


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Bethireddi Bapireddy		78
D.M.Jothi kumar		5
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R. Dhilak		65
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Prasanth kumar		15
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jaya kumar		8
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Praveen Kumar Babu		27
Lavanya		19
Kamali vedasri		82
Biju Jacob K		83
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Hemamalini		65


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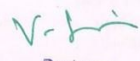


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Nandini	100
Savitha D	102
Shri iyyappan	8
Jayanta Das ijayanta.das2016@g	16
KALAI MURUGAN	77
Dr.G.Sethu	25
SAIKAT MUKHERJEE	82
Gopi krishna	41
Dr.K.JAYACHANDRAN	31
S. MANIMUTHU	59
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Bobby D Gabriel	98
Jana	32
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Sundaresan	116
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Dr.Neeta N Kashyap	9
Arunkumar S MBA (Sports Management)	63
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Nithyananth		55
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MANIVEL M		107
SUNDARRAJ C		101
Gowri Shankar T		80
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Shivasankar S		10
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Shahzadi Saniya Mehadi		4
Amul Raj		27
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T.keerthana		91
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Vijay Kumar		92
Karthick raja		103
Glory		45
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Sasireka J.V		25
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Sobana p		3
Jayachandran minnal Silambam		3
Priyanga		7
Sathishkumar V / PG Dip in silambam fencing		69
Dr. A. ALEESWARI (D.Bavadharini 8a5)		80
Ramya		7
Vicky		101
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M.PREM KUMAR		13
R.pushparaj diploma in silambam		114
Dr Priya Rajamanickam (priya)		97
Rowthri Elavarasan		56

V. An
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Gayathri SriSudhakar	gayathri.srisudhakar	2
Jk		1
Rani Lakshmi Nadar	ranikumar09@gmail	39
dinesh		54
Suvendra Kumar Mohant	2ku142@gmail.com	43
Sobana P		8
Ramkumar		3
Joshika.n		37
Manoj kumar Sankhua	manojkankhua1234@	6
Manikandan Kathiresan		2


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ACHIEVEMENTS AS HOCKEY COACH IN INTER NATIONAL LEVEL:-

1984	BMW Four Nations Tournament---	Amsterdam
1995	Azlan Shah Tournament	GOLD Kuala Lumpur
1995	4 Nations Tournament	GOLD Chandigarh
1995	Jr. World Cup Qualifying Round	GOLD Singapore
1997	Junior World Cup	SILVER Milton Keynes
1997	Champions Trophy	FOURTH Chennai
1998	Sr. World Cup ---	Utrecht
2000	Olympic Games ---	Sydney
2006	8 Nation Tournament ---	Spain(May)
	Azlan Shah Tournament	BRONZE Malaysia(June)
	Sr.World Cup	11TH PLACE
	15th Asian Games	5TH PLACE Doha (Qatar)

TOTAL NO OF MATCHES AS COACH-187

TOTAL NUMBER OF VICTORIES-114.

CONDUCTED COACHING CLASSES FOR ALL COACHES IN INDIA AT ORRISA, KARNATAKA AND TAMILNADU

DEVELOPMENT OF HOCKEY IN OTHER STATES

WORKED AS DIRECTOR HOCKEY, ORISSA GOVERNMENT 2007, 08 AND 09.

WORKED AS DIRECTOR HOCKEY, BHOPAL MADHYAPRADESH GOVERNMENT 2011 - 12.
FROM 2012 - 2015 WORKED AS HOCKEY DIRECTOR SOUTH ZONE APPOINTED BY HOCKEY INDIA AND SPORTS AUTHORITY OF INDIA.

ADMINISTRATIVE POST HELD. FROM THE YEAR 1985 - 2010. EMPLOYED WITH MINISTRY OF RAILWAYS, IN HRD DEPARTMENT AS SR. PERSONAL MANAGER.

INVOLVED IN PROMOTION OF 41 GAMES (OLYMPIC, ASIAN GAMES & COMMONWEALTH GAMES). MONITORING HIGH LEVEL PERFORMANCE OF ALL THE SPORTSMAN ON THE RAILWAYS.


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Special Coaching skills.


Developed upfront system in attack, special skills for three link players, supporting sweeper with coordination with linked players.

Developed players to adopt both Asian and European system. Equal importance given in scoring, defending, with the aim to involve less mistakes both in attack and defence.

RESIDENTIAL ADDRESS- T 76 A 29TH CROSS STREET, BESANT NAGAR,
KALAKSHETRA COLONY, CHENNAI-600090
EMAIL ID: hockeybas17@gmail.com

Contact No: +919444271202.

(V.BASKARAN)

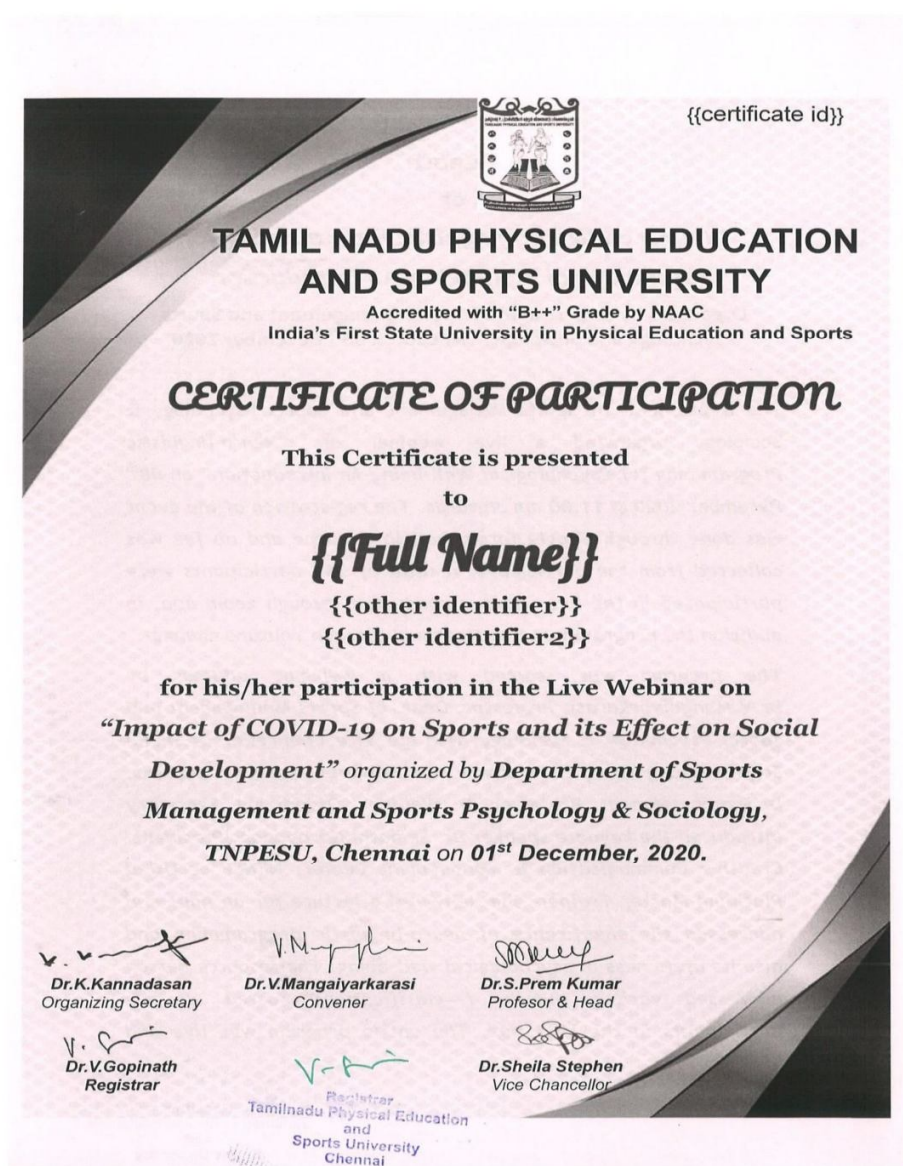

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Webinar On Neuro Linguistic Programming for Psychological Well –Being –an Introduction

Organized By Department Of Sports Management and Sports psychology and Sociology

 **Tamil Nadu Physical Education and Sports University, Chennai**
(Accredited with "B++" Grade by NAAC)
Department of Sports Management and Sports Psychology & Sociology
Cordially invites for the webinar
On
"Neuro-linguistic Programming for Psychological Well-being-An Introduction"
(08th December 2020 @ 11.00 a.m)

Resource Person


Dr. Sumathi Narayanan
President
Creative Communication & Management Center,
NFNLP certified Platinum Master Trainer

Chief Patron
Dr. Sheila Stephen
Vice Chancellor

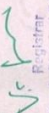
Patron
Dr. V.Gopinath
Registrar

Webinar Convener
Prof.V.Mangaiyarkarasi
Dept. of Sports Psychology & Sociology

Organizing Secretary
Dr. Shahin Ahmed
Professor,
Dept. of Sports Psychology & Sociology

Organizing Committee
Dr. S.Premkumar, Professor & Head
Dr.V.Rameshkumar, Asst. Professor
Dr.K.Kannadasan, Asst. Professor

For Free Registration. Click here : <https://forms.gle/9DBQ9JWWKcdfHfEUG>
Note: All the participants will be provided free e-certificates


 **Tamil Nadu Physical Education and Sports University**
Chennai



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Tamil Nadu Physical Education and Sports University, Chennai
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Department of Sports Management and Sports
Psychology & Sociology

Date: 08.12.2020 *Live webinar* Time: 11.00 am


**"Neuro-linguistic Programming for
Psychological Well-being-An Introduction"**

Programme Schedule

11.00 am	:	Prayer
11.02 am	:	Welcome Address Dr. V.Mangaiyarkarasi , Professor Dept. of Sports Management and Sports Psychology & Sociology,
11.05 am	:	Inaugural Address Dr. Sheila Stephen , Vice Chancellor, TNPESU
11.15 am	:	Introduction of Keynote Speaker Dr. Shahin Ahmed , Professor Dept. of Sports Management and Sports Psychology & Sociology
11.17 am	:	Keynote Address Dr. Sumathi Narayanan President, Creative Communication & Management Center, NFNLP certified Platinum Master Trainer
12.30 pm	:	Vote of Thanks - Dr. K. Kannadasan , Asst. Professor

Zoom Meeting Link :
<https://us02web.zoom.us/j/3467573284?pwd=RUhUUTZFenhDeWhuY3ZjdldsRXVtdz02>
Meeting ID: 346 757 3284 Passcode: tnpesu

Youtube Channel Link :
<https://www.youtube.com/channel/UC7Cwa1Ffa1aQOI8CNqRWITg>


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Report of

Webinar on *“Neuro-linguistic Programming for Psychological Well-being-An Introduction”*

Organized by Department of Sports Management and Sports
Psychology and Sociology, TNPESU on 08th December 2020

The Department of Sports Management and Sports Psychology & Sociology organized a live webinar on *“Neuro-linguistic Programming for Psychological Well-being-An Introduction”* on 08th December 2020 @ 11.00 am onwards. The registration of the event was done through Google forms well in advance and no fee was collected from the participant. A total of 369 participants were participated in the live webinar conducted through zoom app, in addition the program was live streamed through Youtube channel.

The program was started with a welcome address by Dr.V.Mangaiyarkarasi, Professor, Dept. of Sports Management and Sports Psychology & Sociology. Hon'ble Vice Chancellor Dr.Sheila Stephen inaugurated the webinar and delivered inaugural address. Dr.Shahin Ahmed, Professor & Webinar Organizing Secretary introduced the keynote speaker Dr. Sumathi Narayanan, President, Creative Communication & Management Center, NFNLP certified Platinum Master Trainer. She delivered a lecture for an hour and addressed the significance of neuro-linguistic programming and also its usefulness in psychological well-being. The resource person addressed various queries / clarifications posted by the participants in the chat box. The entire program was live and


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interactive. The responses received from the participants are highly commendable and appreciative. The webinar was formally ended-up with a vote of thanks by Dr.K.Kannadasan, webinar coordinator.

All the participants were asked to fill-up the feedback link at the end of the session to receive the e-certificates for their participation.

Encl:

- 1. Screen shot of the Webinar*
- 2. Copy of webinar Invitation*
- 3. Copy of Webinar Programme Schedule*
- 4. Sample of e-certificate*
- 5. Registration Details*
- 6. Zoom attendance*


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DEPARTMENT OF SPORTS PSYCHOLOGY & SOCIOLOGY
"NEURO-LINGUISTIC PROGRAMMING FOR PSYCHOLOGICAL WELL-BEING"

Meeting ID 3467573284
Start Time 12-08-2020 10:31
End Time 12-08-2020 12:13
User Email webinarstnpesu@gmail.com
Duration (Minutes) 103
Participants 369

Name (Original Name)	User Email	Total Duration (Minutes)
Dr.P.Gopinathan (ABUJITH stevinabijith@gmail.com)		82
Dr.S.VELKUMAR	svelkumar05@gmail.com	52
Dr.K. JAYACHANDRAN# TNPESU		47
Ponselvam M	selvamwms21@gmail.com	73
TNPESU Chennai	webinarstnpesu@gmail.com	204
Stephen Raj	stephenraj1611@gmail.com	6
Kannadasan Kumudan	kannaallen@gmail.com	100
MANOJ CHANDRABOSE	physiomanoj@yahoo.co.in	99
S Prem Kumar	prem7974@gmail.com	94
subhasharavindh (Realme 3)		22
Krishnaveni Sridhar	krishnavenisridhar@gmail.co	96
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Dr. S. VARALAKSHMY		91
P.jeevitha		88
Kaniitha.R		37
Bobby D Gabriel		86
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M.Jaya Surya		24
priya		84
J.sridhar		14
BALA ELUMALAI		86
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Justin Bruce J#		9
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KUMARESAN.B		85
Deepak S	deepaksiby07@gmail.com	84
SELVAKUMAR V		83


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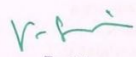


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Nirmala Devi KCT (Kumar: webmeeting.mca@kct.ac.in		81
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Vinay Reddy		9
Justin JR		57
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Dr. R.STYLEMON PILLAI		83
sofie		80
Narayanan Sridhar		82
KAVIYA DHARSHINI RAM (07 KAVIYA DHARSHINI RAM)		8
S Vijayalakshmi		81
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Kabilan		27
Karthikeyan		82
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Amul Raj		74
K. Menaashe Pooja		80
Bharani Priya		45
Guruswamy. N		7
D.Pavithran		80
Sheila Stephen#VC Sports University# Chennai		35
Vidya L (0c99249b)		78
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K.M.AARTHIESWARI		79
Dr. Subha Ravi		79
Divya Priya D		55
P.RAJESH		79
Dr.Debdulal Baidya		74
Bethireddi Bapireddy		77
Subbiah v		78
E. Shakila Jasmine		77
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Kirthana		33
Deeksha sethi (user's iPhone)		21
Sundarraaj		63
Balaji		65
Senthil Nathan		50
D.YOGESH KUMAR		75
M. Kumaresan		31
Keerthana K		47


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DEEKSHITH		4
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1ki31SUjHwBBCEzzQ_901SAAAAABFBbmRyb2lkU2hhcr		7
G. SRINIVASAN		66
Karthikeyan R D		2
YOGENDRASINH		42
S. PRADEEPA		64
SW5TaG90X0JUXy9BbmRyb2lkU2hhcmVfODc5MC9DUt		57
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Dr.SISA		60
Glory Pravin		60
Tabassum		55
Vijay		59
Praveen Aregela		19
Sathish's iPhone		3
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SAIKAT MUKHERJEE		57


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Sandhiya	5
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Dr.T.Banupriya	63
P.Pradeep	24
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R Saravana Prabha	53
Subhagini Sahu	33
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M. VENKATESHWER	41
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karthikeyan gunasekaran	33
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Lubna Gulnaaz	25
Dhinu J dhinuj831@gmail.com	3
Mr.k.balamurugan#GHSS#NARANAPURAM#SIVAKASI #	22
Deeksha sethi	38
ELANGO VAN	6
Varnica S	4
M.sai sundar	13
53 M.PREM KUMAR(2-B.ped'B'-sec)	17
r. venugopal	13
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S. Arunkumar MBA (Sports Management)	8
Gokulraj	54
B. Sanjay	67
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Raguvarman	66
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G. Veerevel	12
Ashwathaman T S ashashwa20@gmail.com	60
Pradeep kumar saho	59
OPPO F9 Pro	57
jaya kumar	55


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Preethianish		44
20. Nirmal Raj .K M.P.Ed II year		38
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Dwipen Basu	dwipen1999@gmail.com	34
Raju Ramakrishnan	dr.ramakrishnanr@gmail.com	24
Sivaranjini		33
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B. Kishore Kumar		1
Kiruba Nanth		20
Dr Murugu Valavan	muruguvalav@gmail.com	12
Neppoliyan.K		11

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Criterion 6 - Governance, Leadership and Management
Key indicator – 6.5.2

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“Neuro-linguistic programming for the Psychological Well-being -An Introduction”

A live webinar was conducted by the Department of Sports Management and Sports Psychology & Sociology on 8th December 2020 at 11 am. The program started with a prayer followed by the welcoming address by Dr V Mangaiyarkarasi, Professor, Dept of Sports Management and Sports Psychology & Sociology. The inaugural address was given by our Vice Chancellor Dr Sheila Stephen. The keynote speaker was introduced by Dr Shahin Ahmed, Professor, Sports Management and Sports Psychology & Sociology. The esteemed speaker Dr Sumathi Narayanan, President of Creative Communication & Management Center, NFNLP certified Platinum Master Trainer, is a powerful speaker and an amazing trainer. Her presentation was interactive and had the flexibility to build rapport

with all the participants. She explained NLP in simple terms and the presuppositions of NLP. She spoke about the enhancing communication skills and how the external world going through the filters of distortion, deletion and generalization affects our perceptions of the events and our behaviours. She explained as how people make maps of pictures, sounds, feeling, smell and tastes, people respond to their maps of reality and not reality. She touched upon the learning styles, enhancing memory, effective listening skills. It must be mentioned that her passion in way she led the session. The webinar ended with a vote of thanks by Dr. K. Kannadasan, Asst. Professor, Dept of Sports Management and Sports Psychology & Sociology.


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Key Indicator – 6.5.2

WEBINAR ON TALENT IDENTIFICATION IN SPORTS

ORGANIZED BY DEPARTMENT OF ADVANCED TRAINING AND COACHING

The poster is for a webinar titled "Talent Identification in Sports" organized by the Department of Advanced Training and Coaching at Tamil Nadu Physical Education and Sports University. It features the university's logo and name at the top, followed by accreditation details. The main text invites sports enthusiasts and fitness professionals to participate in the webinar on December 10th, 2020, at 11:00 am. The resource person is Dr. S. Jayaraman, Assistant Professor & High Performance Manager at the Sports Authority of India, LNCPE, Trivandrum. Registration is open to all, and a Zoom meeting link is provided. The poster also lists the organizing secretary, patron, and chief patron.

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Melakottaiyur, Chennai-600127

Dear Sports Enthusiasts & Fitness Professionals,
TN PESU Department of Advanced Training and Coaching cordially invites you to participate in the
Webinar
On
"Talent Identification in Sports"
Date: 10th December, 2020 Time: 11.00 am

Resource Person

Dr. S. JAYARAMAN
Assistant Professor & High Performance Manager
Sports Authority of India, LNCPE,
Trivandrum

REGISTRATION : Open to all
Zoom Meeting Link
<https://us02web.zoom.us/j/3467573284?pwd=RUhUUTZFenhDeWhuY3ZjdldsRXVtdz09>
Meeting ID - 346 757 3284 Passcode: tnpesu

Organizing Secretary: **Dr. C. Arumugam** Assistant Professor
Patron: **Dr. V. Gopinath** Registrar
Chief Patron: **Dr. Sheila Stephen** Vice Chancellor

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Key Indicator – 6.5.2

WEBINAR ON SPORTS FOR LIFE

Organized By Department Of Sports Management and Sports psychology and Sociology

Tamil Nadu Physical Education and Sports University, Chennai
(Accredited with "B++" Grade by NAAC)
Department of Sports Management and Sports Psychology & Sociology
Cordially invites for the webinar
On
"Sports for Life"
(14th December 2020 @ 11.00 a.m)
Resource Person

Dr. Sanjay Tewari
Managing Committee Member
Indian Sociological Society
Hony Director, UP Athletics Association

Webinar Convener Dr. V.Mangaiyarkarasi Professor	Patron Dr. V.Gopinath Registrar	Chief Patron Dr. Sheila Stephen Vice Chancellor
Organizing Secretary Dr. K.Kannadasan Assistant Professor Dept. of Sports Psychology & Sociology	Organizing Committee Dr. S.Premkumar, Professor & Head Dr.Shahin Ahmed, Professor Dr.V.Rameshkumar, Asst. Professor	

For Registration, Click here : <https://forms.gle/35NJW1mSKVfiuzmN7>
Note: All the participants will be provided free e-certificate


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Key Indicator – 6.5.2

 **Tamil Nadu Physical Education and Sports University, Chennai**
(Accredited with "B++" Grade by NAAC)

Department of Sports Management and Sports Psychology & Sociology

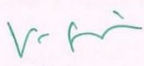
Date: 14.12.2020 *Live webinar* Time: 11.00 am

"SPORTS FOR LIFE"
Programme Schedule

11.00 am	:	Prayer
11.02 am	:	Welcome Address Dr. S. Premkumar , Prof. & Head, Dept. of Sports Management and Sports Psychology & Sociology,
11.05 am	:	Inaugural Address Dr. Sheila Stephen , Vice Chancellor, TNPESU
11.15 am	:	Introduction of Keynote Speaker Prof. Shahin Ahmed , Professor Dept. of Sports Management and Sports Psychology & Sociology
11.17 am	:	Keynote Address Dr. Sanjay Tewari Managing Committee Member Indian Sociological Society Hony Director, UP Athletics Association.
12.30 pm	:	Vote of Thanks Dr. K. Kannadasan , Organizing Secretary

Zoom Meeting Link :
<https://us02web.zoom.us/j/3467573284?pwd=RUhUUTZFenhDeWhuY3ZjdldsRXVtdz02>
Meeting ID: 346 757 3284 Passcode: tnpesu

Youtube Channel Link :
<https://www.youtube.com/channel/UC7Cwa1Ffa1aQOI8CNqRWITg>


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TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Report

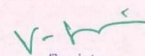
of

Webinar on “Sports for Life”

Organized by Department of Sports Management and Sports
Psychology and Sociology, TNPESU on 14th December 2020

The Department of Sports Management and Sports Psychology & Sociology organized a live webinar on “Sports for Life” on 14th December 2020 @ 11.00 am onwards. The registration of the event was done through Google forms well in advance and no fee was collected from the participants. A total of 388 participants were registered and participated through zoom app, also the program was live streamed through YouTube channel.

The program was started with a welcome address by Dr.S.Premkumar, Professor & Head, Dept. of Sports Management and Sports Psychology & Sociology. Dr.Shahin Ahmed, Professor introduced the keynote speaker Dr.Sanjay Tewari Managing Committee Member, Indian Sociological Society Hony Director, UP Athletics Association. He delivered a lecture for more than an hour and addressed the various sociological aspects in sports, societal Sports approach towards the betterment of life. The resource person addressed various queries / clarifications raise by the participants in the live interaction as well in the chat box. The entire program was live and interactive. The responses received from the participants are highly commendable and appreciative. The webinar was formally ended-up with a vote of thanks by Dr.K.Kannadasan, Organizing Secretary of this webinar.


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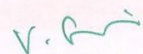
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Key Indicator – 6.5.2

All the participants were asked to fill-up the feedback link at the end of the session to receive the e-certificates for their participation.

Encl:

- 1. Screen shot of the Webinar*
- 2. Copy of webinar Invitation*
- 3. Copy of Webinar Programme Schedule*
- 4. Sample e-Certificate*
- 5. Registration Details*


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CERTIFICATE OF APPRECIATION

presented to
{{full name}}
{{other identifier}}, {{other identifier2}}

for participating in the Live Webinar on "Sports for Life" organized by
Department of Sports Management and Sports Psychology & Sociology, TNPESU,
Chennai on 14TH December, 2020.

Registrar and Convener
Dr. K. Kannadasan
Organizing Secretary
V. V. Gopinath
Registrar

Registrar and Convener
Dr. V. Mangaiyarkarasi
Convener
Dr. S. Prem Kumar
Professor & Head
Dr. Sheila Stephen
Vice Chancellor

Registrar and Convener
Tamil Nadu Physical Education and Sports University
Chennai




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Key Indicator – 6.5.2


NATIONAL WEBINAR ON STRSS MANAGEMENT FOR HIGH PERFORMANCE

ORGANIZED BY DEPARTMENT OF ADVANCED TRAINING AND COACGHING

 **TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY**
(Estd. by the Govt. of Tamil Nadu Under Act No.9 of 2005. A State Govt. University)
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DEPARTMENT OF ADVANCED TRAINING AND COACHING
Cordially invites you for the
National Webinar
on
STRESS MANAGEMENT FOR HIGH PERFORMANCE
12th December, 2020 | 11.00 am


RESOURCE PERSON



Dr. C. VEERENDER
SPORTS PSYCHOLOGIST
P.D.Trainer, and Director, You & Me

Click here to join Zoom : <https://us02web.zoom.us/j/3467573284>
Zoom id : 346 757 3284 Password : tnpesu

<u>ORGANIZING SECRETARY</u> Dr. C. ARUMUGAM Assistant Professor & Dept. Unit i/c	<u>PATRON</u> Dr. V. GOPINATH Registrar	<u>CHIEF PATRON</u> Dr. SHEILA STEPHEN Vice Chancellor
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Click here for registration : <https://forms.gle/hXBzBPHCjLpC1MTB8>



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ONE WEEK FACULTY DEVELOPMENT PROGRAM ORGANIZED BY DEPARTMENT OF PHYSICAL EDUCATION



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DEPARTMENT OF PHYSICAL EDUCATION

ONE WEEK FACULTY DEVELOPMENT PROGRAMME - 2021


CHIEF PATRON
Dr. SHEILA STEPHEN
 VICE CHANCELLOR
 TNPESU


PATRON
Dr. V. GOPINATH
 REGISTRAR
 TNPESU

PROMOTING EXCELLENCE IN PHYSICAL EDUCATION AND SPORTS POST LOCK DOWN (COVID - 19) - AN INNOVATIVE AND PROFESSIONAL APPROACH

FEB 1st - 7th 2021



DISTINGUISHED SPEAKERS

<div style="display: flex; align-items: center; margin-bottom: 10px;">  <div style="margin-left: 10px;"> Prof. Dr. R. THIRUMALAISAMY <small>First Vice Chancellor, TNPESU, Chennai President, Sri Manjunatha Research Foundation for Higher Education 1) Excellence in Sports Performance 2) New Education Policy in Higher Education - 2020</small> </div> </div> <div style="display: flex; align-items: center; margin-bottom: 10px;">  <div style="margin-left: 10px;"> Prof. Dr. K. VAIDYANATHAN <small>Former Vice Chancellor Tamil Nadu Physical Education & Sports University, Chennai Director - Sports at SRM Institute of Science and Technology Role of Physical Fitness Components on Competitive Sports</small> </div> </div> <div style="display: flex; align-items: center; margin-bottom: 10px;">  <div style="margin-left: 10px;"> Prof. Dr. A. M. MOORTHY <small>Former Vice Chancellor Tamil Nadu Physical Education & Sports University, Chennai Promoting Excellence in Physical Education and Sports</small> </div> </div> <div style="display: flex; align-items: center; margin-bottom: 10px;">  <div style="margin-left: 10px;"> Prof. Dr. D. SHANMUGANATHAN <small>Former Professor cum Director & Head, Masonmaniam Sundaranar University, Thanevel Role of Sports Universities on Higher Education</small> </div> </div> <div style="display: flex; align-items: center; margin-bottom: 10px;">  <div style="margin-left: 10px;"> Prof. Dr. P. SAMRAJ <small>Principal, Dr. SACPE, Former Registrar i/c, Former Professor & Head, Department of Physical Education, TNPESU, Pedagogy in Physical Education</small> </div> </div> <div style="display: flex; align-items: center; margin-bottom: 10px;">  <div style="margin-left: 10px;"> Prof. Dr. K. CHANDRASEKAR <small>Professor and Head, Department of Physical Education, Madurai Kamaraj University, Madurai Scientific Basis of Yogic Practices</small> </div> </div> <div style="display: flex; align-items: center;">  <div style="margin-left: 10px;"> Prof. Dr. R. ELANGO <small>Professor & Head, Faculty of Yoga Sciences and Therapy, MAHER, Chennai, Former Registrar i/c, Professor & Head, Dept of Yoga, TNPESU Gut Health and Yoga</small> </div> </div>	<div style="margin-bottom: 10px;"> DAY - 1 01.02.2021 </div> <div style="margin-bottom: 10px;"> DAY - 2 02.02.2021 </div> <div style="margin-bottom: 10px;"> DAY - 3 03.02.2021 </div> <div style="margin-bottom: 10px;"> DAY - 4 04.02.2021 </div> <div style="margin-bottom: 10px;"> DAY - 5 05.02.2021 </div> <div style="margin-bottom: 10px;"> DAY - 6 06.02.2021 </div> <div style="margin-bottom: 10px;"> DAY - 7 07.02.2021 </div>	<div style="display: flex; align-items: center; margin-bottom: 10px;">  <div style="margin-left: 10px;"> Prof. Dr. K. MURUGAVEL <small>Professor & Head, Department of Physical Education, Bharathiar University Issues and Challenges in Physical Education and Sports</small> </div> <div style="margin-left: 10px;">11.45 am - 1.15 pm</div> </div> <div style="display: flex; align-items: center; margin-bottom: 10px;">  <div style="margin-left: 10px;"> Prof. Dr. K. BALASUBRAMANIAN <small>Chair Person, School of Physical Education Professor and Head, Department of Physical Education, Alagappa University Stress Management Techniques</small> </div> <div style="margin-left: 10px;">11.45 am - 1.15 pm</div> </div> <div style="display: flex; align-items: center; margin-bottom: 10px;">  <div style="margin-left: 10px;"> Prof. Dr. T. RADHA KRISHNAN <small>Former Registrar, TNPESU Professor, Department of Physical Education, Bharathiar University, Coimbatore Fitness Management</small> </div> <div style="margin-left: 10px;">11.45 am - 1.15 pm</div> </div> <div style="display: flex; align-items: center; margin-bottom: 10px;">  <div style="margin-left: 10px;"> Prof. Dr. K. SUNDAR <small>Principal, Alagappa University College of Physical Education Latest Changes in Athletics Management</small> </div> <div style="margin-left: 10px;">11.45 am - 1.15 pm</div> </div> <div style="display: flex; align-items: center; margin-bottom: 10px;">  <div style="margin-left: 10px;"> Prof. Dr. P. V. SHELVA <small>Professor & Dean, Faculty of Education, Annamalai University, Chidambaram E - Learning & Teaching of Physical Education Activities</small> </div> <div style="margin-left: 10px;">11.45 am - 1.15 pm</div> </div> <div style="display: flex; align-items: center; margin-bottom: 10px;">  <div style="margin-left: 10px;"> Prof. Dr. S. THIRUMALAKUMAR <small>Professor & NAAC Coordinator, TNPESU, Chennai Pedagogical Approaches and Outcome Based Curriculum Frame Work in Physical Education</small> </div> <div style="margin-left: 10px;">11.45 am - 1.15 pm</div> </div> <div style="display: flex; align-items: center;">  <div style="margin-left: 10px;"> Prof. Dr. M. RAJASHEKARAN <small>Professor, Dept of Physical Education, Annamalai University, Chidambaram Fit India Movement in Educational Institutions</small> </div> <div style="margin-left: 10px;">11.45 am - 12.30 pm</div> </div>
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REGISTER NOW <https://forms.gle/aMHVD41Hru8LduSh8>

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For further details
Dr. S. MANIKANDAN
Organizing Secretary
Professor & Head
Department of Physical Education, TNPESU,
Chennai, Tamil Nadu
9843523292



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Key Indicator – 6.5.2

Theme of the FDP

"Promoting Excellence in Physical Education and Sports Post Lock down (Covid-19) - An Innovative and Professional Approach"

Sub Themes of FDP :

- Emerging Challenges and Issues in Physical Education
- Quality Teacher Education in Physical Education
- New Education Policy 2020 - Physical Education and Sports
- Present Scenario of Teacher Education (Post Lock Down)
- Global Directions on Physical Activities .
- Curriculum Development
- Pedagogy in Physical Education
- Fitness Management and Wellness
- Fit India Movement in Educational Institutions
- Development Research Culture in Physical Education
- Promoting Physical Activities and Sports Competition after pandemic
- Role of Physical Education and Sports in development of school and college students.
- E-Learning (Online) and Teaching of Physical Education Activities.
- Any other related areas

Objectives of the FDP :

- Enhancement of Scientific Knowledge in the Promoting Excellence in Physical Education and Sports after lock down (Post Covid-19) through innovative and professional approaches.
- To overcome challenges and issues in physical education and sports post lock down through innovative approaches.
- This Programme focus on the development of new perspectives and professionalization in physical education and sports during and after lockdown.
- Integration of Information, Communication Technologies in Teaching, Learning and Evaluation of Physical Education
- To Acquaint the participants with the ways and means to overcome the difficulties faced during Covid-19 Pandemic.
- To facilitate exposure to our professionals to bridge the gap between the pre and post pandemic.

Program Instructions

- E-certificate will be provided based on Registration and attendance in all sessions.
- FDP meeting will be conducted in Zoom platform.
- Zoom meeting ID and YouTube Channel link will be communicated further after registration through Whatsapp.

Registration Details

REGISTRATION FEES : RS. 100

Account Details:

The Registrar,
Tamil Nadu Physical Education and Sports University
A/c No : 980899497
Bank : Indian Bank
IFSC : IDIB000N056
Branch : Nallambakkam, Chennai

For further enquiry

fdp.dpe.tnpsu.2021@gmail.com

ORGANIZING COMMITTEE



Prof. Dr. S. Thirumalaikumar
FDP Director



Prof. Dr. S. Manikandan
FDP Organizing Secretary



Dr. P. Kumaravelu
FDP Coordinator



Dr. I. Lilly Pushpam
FDP Coordinator



Dr. K. Rajeshkumar
FDP Member



Dr. S. Jayakumar
FDP Member



Dr. S. Velkumar
FDP Member



Dr. C. Lakshmanan
FDP Member



Dr. K. Jayachandran
FDP Member



Dr. R. Suresh
FDP Member

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One Week Faculty Development Programme conducted with the theme of "Promoting Excellence in Physical Education and Sports post lock down (Covid-19) – An innovative and Professional Approach During 1st Feb to 7th Feb 2021.

This FDP Was inaugurated by our Vice-Chancellor Dr. Sheila Stephen, We have seven days 14 Resource Persons were given their valuable lectures in different areas, all the resource persons from various parts of india , More the 350 Staffs, Scholars and Student Participants were participated in this FDP with great enthusiasm. The main purpose of this program was to create awareness about the promoting excellence in physical education and sports post lock down (covid-19).

The resource persons clearly defined their areas all the sessions fruitful to the all the participants. FDP Valedictory Function Chief Guest Dr. Vasanthi, Professor and Head, Pondicherry University, has given the valedictory address and display the certificates to the participants. This programme was organized by Department of Physical Education. Dr. Sheila Stephen acted as Chief Parton, Dr. V. Gopinath acted as Parton Dr. S. Manikandan acted as Organising Secretary, Dr. Thirumalaikumar acted as FDP-Director .

Thank you


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**Brief Report on Fit India Programme on Organization of Games for Fresher's
From 16th February 2021 to 25th February 2021
and Inter-Collegiate Tournaments for DPE-TNPESU Trophy 11th March 2021 to 12th
March 2021**

Fit India Programme such as Fresher's Tournaments and DPE-TNPESU Inter-Collegiate Tournaments Organized by the Department of Physical Education,


Fresher's Tournament all fresher's participated in this tournaments, main purpose of this tournament was to create awareness about the fitness and sports & games, to find out the talent identification .

Inter-Collegiate Tournaments for Various Games for Men and Women Section for DPE-TNPESU Trophy organized by Final year MPED Students. More than 200 College Teams participated in the mega Tournaments such as Basketball, Cricket, Hockey, Football, Handball, Kabaddi, Kho-Kho and Volley ball (Men and Women Category).

Main Purpose of this tournaments was to give chance to all players to cope up with pandemic situation, to open a platform to execute their performance in their particular games.

A total no of 200 fresher's participated in the fresher's tournament and more than 400 students both men and women have been participated in the Inter-Collegiate Tournaments for various disciplines. Final year students and faculty members comprising of both men and women organizing in this two Fit India Programmes with great involvement and enthusiasm to made this program a grand success.

Fresher's Tournaments was Co-ordinated by that concern specialization Incharges and Final Year Students.


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FIT INDIA PROGRAMMES , FRESHER'S TOURNAMENTS , TO GIVE INSTRUCTIONS AND AWARENESS AMOUT THE FITNESS AND PHYSICAL ACTIVITIES



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of the

1st State Level Tournaments For Men and Women

to be held at 09.30 a.m. on 11th March 2021
at TNPESU Campus

DPE - TNPESU ROLLING TROPHY 2020-21

Smt. A. Jayalakshmi, IPS
Deputy Director (Training), Tamil Nadu Police Academy
has kindly consented to be Chief Guest, Address
and Inaugurate the tournament

Dr. Sheila Stephen
Vice-Chancellor, TNPESU
will deliver the Presidential Address

Dr. C. Lakshmanan **Dr. P. Kumaravelu** **Dr. S. Thirumalai Kumar** **Dr. S. Manikandan**
In-charge Sports TNPESU In-charge Sports Professor and Head, Department of Physical Education In-charge Sports

Co-ordinators
Dr. S. Velkumar **Dr. S. Jayakumar** **Dr. N. Rajeshkumar** **Dr. I. Lily Pushpan**

ORGANIZING COMMITTEE

CHIEF PATRON
Dr. Sheila Stephen, Vice-Chancellor, TNPESU

PATRON
Dr. V. Gopinath, Registrar, TNPESU

ORGANIZING SECRETARY
Dr. P. Kumaravelu, Asst. Professor,
Department of Physical Education

JOINT ORGANIZING SECRETARY
Dr. C. Lakshmanan, Joint Secretary (Sports), TNPESU

TOURNAMENT CONVENER
Dr. S. Manikandan, Professor and Head,
Department of Physical Education

TOURNAMENT DIRECTOR
Dr. S. Thirumalai Kumar,
Professor and NAAC Co-ordinator, Department of Physical Education

CO-ORDINATORS

Game	In-charge	Phone	Volunteers	Phone
Basketball	Dr. I. Lily Pushpan	7994234854	J. Anon	9882468110
Cricket	Dr. C. Lakshmanan	7397777206	S. Rajul	9199931673
Football	Dr. S. Manikandan	9845523292	S. Vikram	9791345343
Handball	Dr. S. Velkumar	8072222206	S. Pradeep	9199443045
Hockey	Dr. K. Rajendrakumar	9944337785	P. Bharathi	9568677772
Kabaddi	Dr. S. Jayakumar	9845523292	C. Mythili	9677108865
Kho - Kho	Dr. C. Lakshmanan	7397777206	R. Gokul	9036061793
Volley ball	Dr. P. Kumaravelu	9894254700	S. Lakshmi Anandhan	7845841557

Address for Communication
Dr. P. Kumaravelu, Organizing Secretary
Dr. C. Lakshmanan, Joint Organizing Secretary
Department of Physical Education
TNPESU, Melakottaiyur, Chennai - 127
dr.s.manikandan@gmail.com, Call: 9894254700, 7397777206

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DEPARTMENT OF PHYSICAL EDUCATION State Level Tournaments For Men and Women DPE - TNPESU ROLLING TROPHY 2020-21

MEN BASKETBALL CRICKET FOOTBALL HANDBALL HOCKEY KABADDI KHO - KHO VOLLEY BALL		WOMEN BASKETBALL CRICKET FOOTBALL HANDBALL HOCKEY KABADDI KHO - KHO VOLLEY BALL
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Organized by
Final Year M.P.Ed., Students
Department of Physical Education
Venue: Tamil Nadu Physical Education and Sports University
Melakottaiyur, Chennai - 600 127.
11th & 12th MARCH 2021

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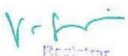


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FIT INDIA PROGRAMMES , FRESHER'S TOURNAMENTS , TO GIVE INSTRUCTIONS AND AWARENESS AMOUT THE FITNESS AND PHYSICAL ACTIVITIES



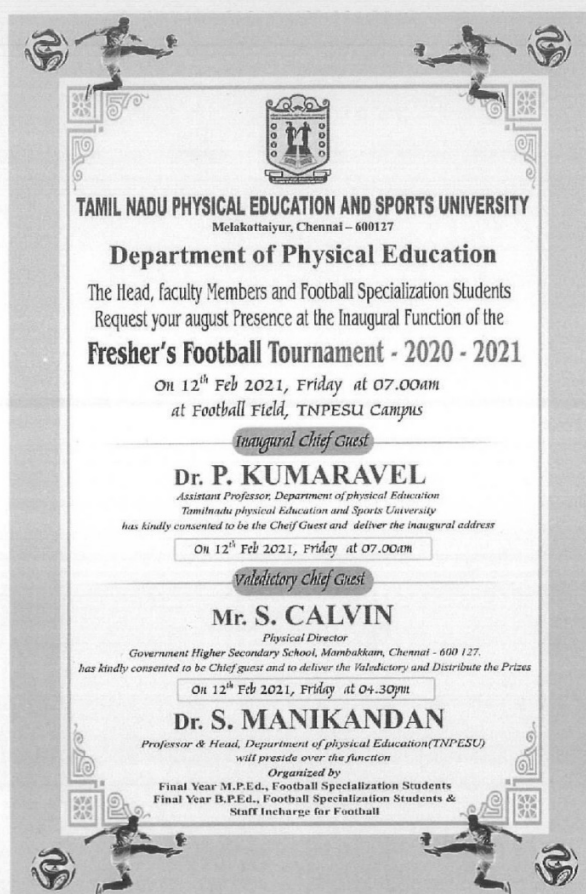
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Melakottaiyur, Chennai - 600 127

Department of Physical Education
The Head, Faculty Members and Handball Specialization Students
Request your august Presence at the Inaugural Function of the
FRESHER'S HANDBALL TOURNAMENT - 2020 - 2021
On 17th Feb 2021, Wednesday at 07.00 am
at Handball Court, TNPESU Campus

Inaugural Chief Guest
Dr. G. KIRUBALAN
Director of Physical Education, Chettinad Academy of Research & Education
Kelambakkam, Chennai.
has kindly consented to be Chief Guest and Deliver the inaugural address
On 17th Feb 2021, Wednesday at 07.00 am

Valedictory Chief Guest
Dr. SHAHIN AHMED
Professor, Department of Sports Psychology and Sociology
has kindly consented to be Guest of Honour and Deliver the Special Address
On 17th Feb 2021, Wednesday at 04.30 pm

Dr. S. MANIKANDAN
Professor & Head, Department of Physical Education
has kindly consented to be Deliver the Valedictory Address and Distribute the Prizes

Dr. S. VELKUMAR
Assistant Professor, Department of Physical Education
Will preside over the function

Organized by
Final Year M.P. Ed., Handball Specialization Students
Final Year B.P. Ed., Handball Specialization Students &
Staff Incharge for Handball

V-
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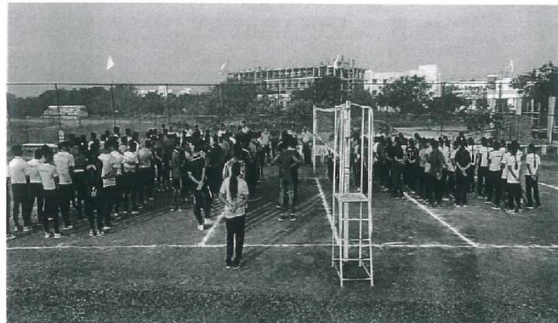


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DPE-TNPESU TROPHY HANDBALL TOURNAMENTS



DPE-TNPESU TROPHY KABADDI TOURNAMENTS



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DPE-TNPESU FOOTBALL (WOMEN) TOURNAMENTS




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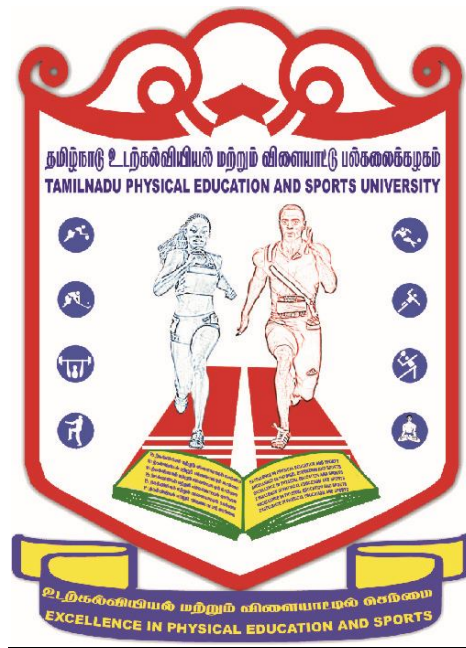


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Administrative AUDIT



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தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்
TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

(Estd. by the Govt. of Tamil Nadu Under Act No. 9 of 2005, A State Govt. University)

Accredited with "B" Grade by NAAC

Phone No : 044-27477912

Website : www.tnpesu.org

Email : tnpesufo@gmail.com

Vandalur-Kelambakkam Road, Melakottaiyur Post, Chennai – 600 127. Tamil Nadu.

Thiru. K. Muruganantham
Finance Officer

AQAR Criteria 6.5.2

Audit details

- An authority of Local Fund Audit Department has audited the accounts of 2020-2021 and report is not released by the Audit Department. This is for your kind information.
- In addition the Office of the AG is conducting audit for the year 2018-2019 and 2019-2020 now.


22/7/2021
Finance Officer
Finance Officer,
Tamilnadu Physical Education
and
Sports University
Chennai

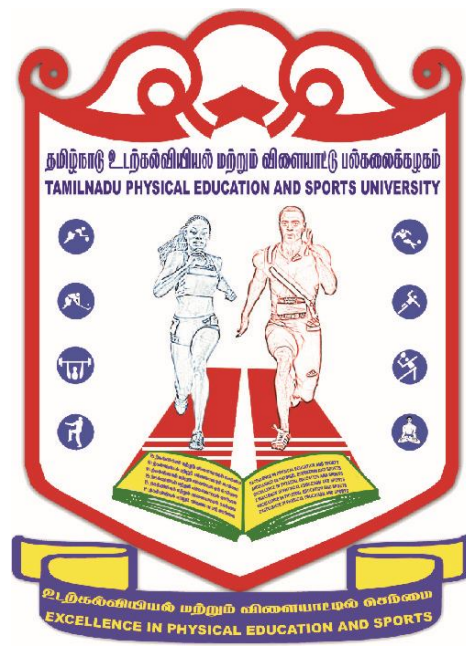


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Criterion 6 - Governance, Leadership and Management

Key Indicator – 6.5.2



Collaborative Quality initiatives with other Institutions



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33.7.2 Number of functional MoUs with institutions/ industries in India and abroad for internship, on-the-job training, project work, student / faculty exchange and collaborative research during the year 2020-2021

S.No	Organisation with which MoU is signed	Name of the institution/ industry/ corporate house	Year of signing MoU	Duration	List the actual activities under each MOU year wise	Number of students/teachers participated under MoUs
1.	Vellore Institute of Technology, Chennai	Vellore Institute of Technology, Chennai	2020	3 Years	Our University students have Participated in Value added programme conducted by VIT	11
					Conducted Short Term Course on Sports Aerodynamics	46
					Faculty exchanged and handled the class on Sports Aerodynamics	1
					Short Term course on Computational Fluid Dynamics	1
2.	Arjuna Archery Academy	Arjuna Archery Academy	2021	3 Years	Training and Coaching of Archery and Fitness Teams	118

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தமிழ்நாடு தமில்நாடு TAMIL NADU

Vellore Institute of Technology
Chennai - 127

14 JAN 2020

74AB 775796

O.Swathi

O.SWATHI (S.V.)

3, LOGANATHAN STREET
W. TAMBARAM, CHENNAI-45
No. 9591/B1/2000 DT. 7.9.2000
Cell: 90945 80807.

MEMORANDUM OF UNDERSTANDING

between

VELLORE INSTITUTE OF TECHNOLOGY, CHENNAI

and

TAMILNADU PHYSICAL EDUCATION AND
SPORTS UNIVERSITY

represented by

DEPARTMENT OF SPORTS TECHNOLOGY

Melakottaiyur, Chennai - 600127

in connection with
Collaborative Programmes in R&D

1

V. S. Registrar
Tamilnadu Physical Education
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Chennai

e



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M.1 MEMORANDUM OF UNDERSTANDING

M.1.1. This Agreement made and entered into force this 22nd day of January 2020 between Vellore Institute of Technology, Chennai campus which is imparting quality education in a multi-cultural ambience, intertwined with extensive application-oriented research with International Standards. (hereinafter referred to as VIT Chennai which expression shall where the context so admits include its successors and permitted assigns) of the one part.

AND

M.1.2. The TamilNadu Physical Education and Sports University established by an Act of the Government of Tamil Nadu in 2004, located at Melakottaiyur village, Vandalur – Kelambakkam Road, Chennai 600127, (hereinafter referred to as TNPESU which expression shall where the context so admits include its successors and permitted assigns) of the one part. Each shall be referred to as 'party' individually and 'parties' jointly.

M.2 PREAMBLE

M.2.1. Whereas VIT CHENNAI, CHENNAI 600 127 has primarily been engaged in R&D activities in Bluff Body Aerodynamics, Wind Engineering and allied areas. It has developed core competency in many areas of Technology including Automotive Aerodynamics Performance and Building Aerodynamics Research. It has developed and commercialized a number of processes/ products/ knowledge and leads in diverse areas including Aerodynamic studies on Road vehicle aerodynamics, Building aerodynamics including slender structures such as Airports and other high rise buildings. VIT Chennai has the state-of-the-art infrastructure that comprises, among others, a sophisticated Aerodynamics laboratory at the School of Mechanical and Building Sciences, which is envisaged to be essential for developing speciality sports aerodynamics. Further, it undertakes various important research projects with funding from prominent funding agencies.

M.2.2. TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY which was established by an Act of the Government of Tamil Nadu in 2004, is unique and the first of its kind in India as an affiliatory University, exclusively for Physical Education and Sports. After obtaining the assent from his Excellency the President of India on 5th August 2005, the said act came into force with effect from 15th September 2005.

V. S. S.



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

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At present the University has three Faculties, five Departments and ten affiliated Colleges. Further the University now offers select Physical Education and Allied Courses, through collaborative programme and Distance Education stream and the first of its kind in India as an affiliatory University, exclusively for Physical Education and Sports. After obtaining the assent from his Excellency the President of India on 5th August 2005, the said act came into force with effect from 15th September 2005. Sports engineering is the only course in TNPESU that emphasizes the application of engineering technology to sports. The course covers areas in human movement sciences, mechanical and electronic, and software engineering with a strong focus on sports as the application. Sports Engineers design sports equipment and facilities, training equipment, sports clothing, rehabilitation facilities used by sportspersons, orthopaedic appliances and high-performance human-machine systems.

M.2.3. Whereas TNPESU, after having identified the strengths of R & D and infrastructural facilities at VIT Chennai, has approached VIT Chennai, evincing interest in undertaking joint collaborative research in the areas of Sports Aerodynamics and development as well as evaluation of sports equipments, apparels and Infrastructure for Indian sports personnel and other aerodynamic related research.

M.2.4. Whereas TNPESU is convinced about the mutual benefits of undertaking joint collaborative research with VIT Chennai in multi-dimensional areas depending on mutual interest as well as expertise.

M.2.5. As a prelude to such collaborative research activities between VIT Chennai and TNPESU, it has been agreed by both parties to sign an Umbrella MoU, which shall pave the way for undertaking specific activities later depending on specific requirements.

Now therefore in consideration of the premises and mutual covenants hereinafter contained the parties hereto agree as follows:



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M.3 SCOPE OF THE MoU

The scope of this MoU is limited to retaining VIT Chennai as one of the esteemed collaborators of TNPESU for Research & Development, as per scope of work detailed in ANNEXURE I to this MoU (hereinafter called ACTIVITY), to be undertaken from time to time depending on requirements and this is envisaged to lead to further research/training collaborations between VIT Chennai and TNPESU. Terms and conditions shall be mutually decided on case to case basis.

M.4 RESPONSIBILITIES OF TNPESU

M.4.1. TNPESU shall send specific request seeking the expertise of VIT Chennai in respect of the ACTIVITY on case to case basis.

M.4.2. TNPESU shall bear the consumable cost in respect of the ACTIVITY at the Aerodynamics lab, VIT Chennai.

M.4.3. TNPESU shall ensure deployment of quality Research Scholars with bachelor/ master degree in Mechanical or Sports engineering for the research project.

M.4.4. TNPESU shall extend cooperation and provide inputs while finalizing any joint research project proposed by VIT Chennai for submission to a funding agency.

M.4.5. TNPESU shall extend the access of its library facilities to the personnel deputed by VIT Chennai in connection with the ACTIVITY.

M.5 RESPONSIBILITIES OF VIT CHENNAI

M.5.1. VIT CHENNAI shall extend necessary cooperation in terms of expertise as well as available infrastructure to TNPESU in connection with the ACTIVITY.

M.5.2. VIT CHENNAI shall ensure deployment of necessary personnel for the Research Guidance and Development and expert talk in emerging areas like aerodynamics, computational fluid dynamics, structural dynamics, wind engineering and other allied subjects of interest at Aerodynamics laboratory, School of Mechanical and Building Sciences, VIT Chennai. Appointments on expert talk, discussions will be subjected to academic requirements at VIT Chennai.



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Melakottaiyur, Chennai-127

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M.5.3. VIT CHENNAI shall coordinate the ACTIVITY related to Testing and Evaluation in research project of aerodynamic studies using wind tunnel and other laboratory at VIT Chennai. VIT Chennai shall extend the access of its library facilities to the faculty personnel deputed by TNPESU in connection with the ACTIVITY.

M.5.4. VIT Chennai shall be responsible for Wind Tunnel analysis, data collection and processing at VIT.

M.6 EFFECTIVE DATE, DURATION AND TERMINATION OF MOU

M.6.1. The MoU shall be effective from the date of signing (hereinafter called EFFECTIVEDATE) and shall remain in force for the period of two years from the EFFECTIVEDATE.

M.6.2. The MoU shall be reviewed after two years on receipt of request for renewal from TNPESU and may be renewed based on mutually agreeable terms and conditions.

M.6.3. During the tenure of the MoU parties hereto can terminate the MoU either for violation of any of the clauses of the MoU or other work by giving one month notice in writing to the defaulting party (VIT Chennai or TNPESU). Failure of either party to terminate the MoU on account of breach or default by the other shall not constitute a waiver of that Party's right to terminate this MoU.

M.7 SETTLEMENTS

M.7.1. In the event of termination of the MoU vide M.6.2 the right and obligations of the parties here to shall be settled by mutual discussions or arbitration when settlement fails.

M.8 CONFIDENTIALITY

M.8.1. During the tenure of the MoU and for a period of 3 years thereafter, both VIT Chennai and TNPESU (including their sub-contractors if any) shall treat as strictly confidential and prevent disclosure thereof of all the information and data exchanged/generated under this MoU for any purposes other than that in accordance with this MoU.

M.9 GENERAL PROVISIONS

M.9.1. The VIT Chennai shall not be responsible for any damage to property / plant / material/personnel of the TNPESU and athletes during the course of, or consequent to the ACTIVITY taken up under this MoU.



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

M.9.2. The VIT Chennai shall during the tenure of the MoU or thereafter, be free to take-up, without any prejudice to TNPESU, collaborative assignments, similar to or same as the ACTIVITY, for other parties on terms and conditions as it may decide upon.

M.9.3. This MoU shall be the sole repository of the terms and conditions agreed to herein by and between VIT Chennai and the TNPESU and no amendment thereof shall take effect and be binding on either of them except as provided for in clause M.14 hereunder.

M.9.4. The MoU represents the entire understanding between the parties and supersedes any and all understandings either oral or written hitherto with respect to the subject matter of the Agreement.

M.10 PUBLICATIONS

M.10.1. Publications, if any, in respect of the ACTIVITY as per Annexure 1 shall be in the names of the S&T personnel connected with the ACTIVITY.

M.11 INTELLECTUAL PROPERTY RIGHTS (IPR)

M.11.1 In case of joint R & D proposals sent for funding, IPR will be vested with both VIT Chennai and TNPESU based on the extent of contributions as per Annexure 1 by the investigators from the respective institutions.

M.12 FORCE MAJEURE

M.12.1. Neither party shall be held responsible for non-fulfilment of its respective obligations under this MoU due to the exigency of one or more of the force majeure events such as but not limited to Acts of God, War / Flood / Earthquake / Strike / Lockouts / Epidemics riots, Civil Commotion etc. provided on the occurrence and cessation of any such events, the party affected thereby shall give a notice in writing to the other party within one month of such occurrence or cessation. If the force majeure conditions continue beyond six months, the parties shall then mutually decide about the future course of action.

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Melakottaiyur, Chennai-127

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M.13 NOTICES


M.13.1. All notices and other communications required to be served on the TNPESU under the terms of this MoU, shall be considered to be duly served if it shall have been delivered to, left with or posted by registered mail/e-mail to the TNPESU at its last known address. Similarly, any notice to be given to the VIT Chennai shall be considered as duly served if the same shall have been delivered to left with or posted registered mail/e-mail to VIT Chennai at its following address: **Vice President, VIT Chennai - 600127.** (Email - sekar.cc@vit.ac.in)

M.14 ARBITRATION

M.14.1. Except as hereinbefore provided, any dispute arising out of this MoU, shall be settled by mutual discussion. In case the dispute is not settled, the same shall be referred to the arbitration of two arbitrators, one to be appointed by each party to the dispute and in case of difference of opinion between them to an umpire appointed by the said two arbitrators before entering on the reference, and the decision of such arbitrators or umpire, as the case may be shall be final and binding on both parties. The venue of arbitration shall be at such place as may be fixed by such arbitrators or umpire and the arbitration proceedings shall take place under the Indian Arbitration and Conciliation Act, 1996.

M.15 AMENDMENTS TO THE MoU

M.15.1. No amendment or modification of this MoU shall be valid unless the same is made in writing by both the parties or their authorised representatives and specifically stating the same to be an amendment of this MoU. The modifications/changes shall be effective from the date on which they are made / executed, unless otherwise agreed to


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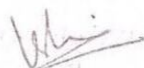
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SEAL OF PARTIES

In witness there of the parties hereto have signed this MoU on the day, month and year, as mentioned hereinbefore.

Parties

For and on behalf of VIT Chennai

Signature: 

Name: Dr. Sekar Viswanathan


Designation: Vice President

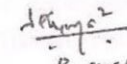
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Date



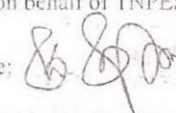
Witnesses (Name & Address)

1. 
22/1/20

2. 
R. Sivakumar
22/01/2020

Date

For and on behalf of TNPESU

Signature: 

Name: Dr. Sheila Stephen

Designation: Vice Chancellor
Vice-Chancellor

Seal

Date

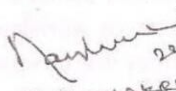
Tamil Nadu Physical Education and Sports University
Melakottaiyur, Chennai - 127.

22/01/2020

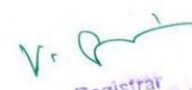


Witnesses (Name & Address)

1. V. Gopprath
22/1/2020
V. Gopprath,
Registrar, TNPESU

2. 
22/01/2020
R. RAMAKRISHNAN, PRO-REC
Sports Technology, TNPESU
Chennai - 600 127.
22/01/2020

Date


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Annexure I

Scope of the work

(This forms part of the collaborative agreement between VIT Chennai and TNPESU, Chennai)

The scope of the work pertaining to this MoU involves the following:

- Study and analysis of sports aerodynamics and allied studies using wind tunnel experiments and Computational Fluid Dynamics on various areas listed below.
 - Wind Engineering and Bluff Body Aerodynamics
 - Sports and Automotive Aerodynamics
- Knowledge and facilities sharing between the two institutions such as Adjunct Professors, Guest lectures, organising workshops and conferences together.
- The reporting authority for the collaborative projects shall be the investigators from both the institutions, wherever the experiments are carried out and the research students deputed shall follow the lab regulations for carrying out the experiments.
- Development of prototype on Sports aerodynamics to improve performance with considering aerodynamic effects. For the collaborative activity or any joint projects, the reports including publications and IPR shall be decided by the investigators mutually and vested on both the institutes.
- Presenting and publishing collaborative work in conferences and journals respectively.

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**FUNCTIONAL MoU BETWEEN TAMIL NADU PHYSICAL
EDUCATION AND SPORTS UNIVERSITY AND VELLORE
INSTITUTE OF TECHNOLOGY**



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**OUR UNIVERSITY STUDENTS HAVE
PARTICIPATED IN VALUE ADDED PROGRAMME
CONDUCTED BY VIT**



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VIT – Recognised as Institution of Eminence (IoE) by Government of India
VIT - A place to learn; A chance to grow



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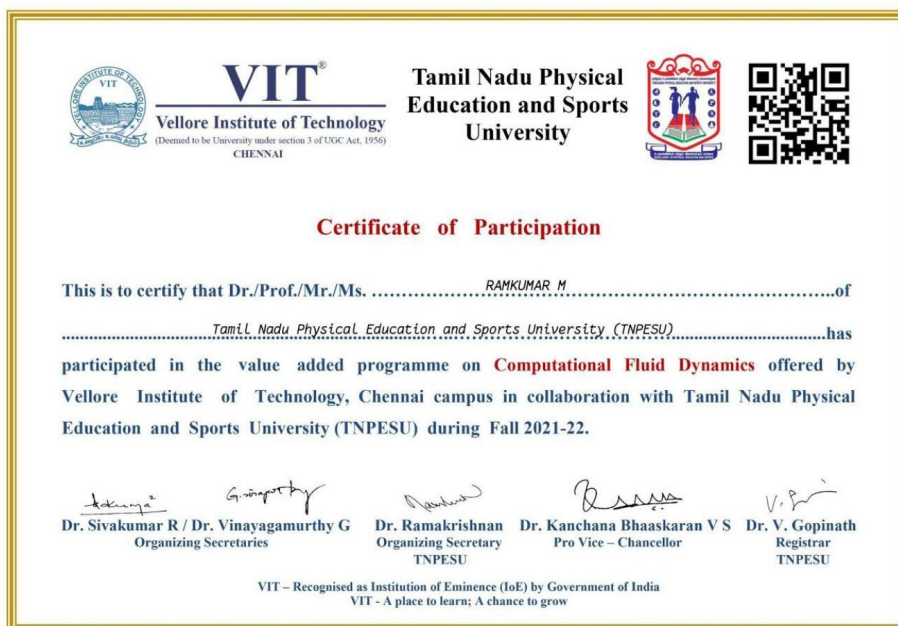




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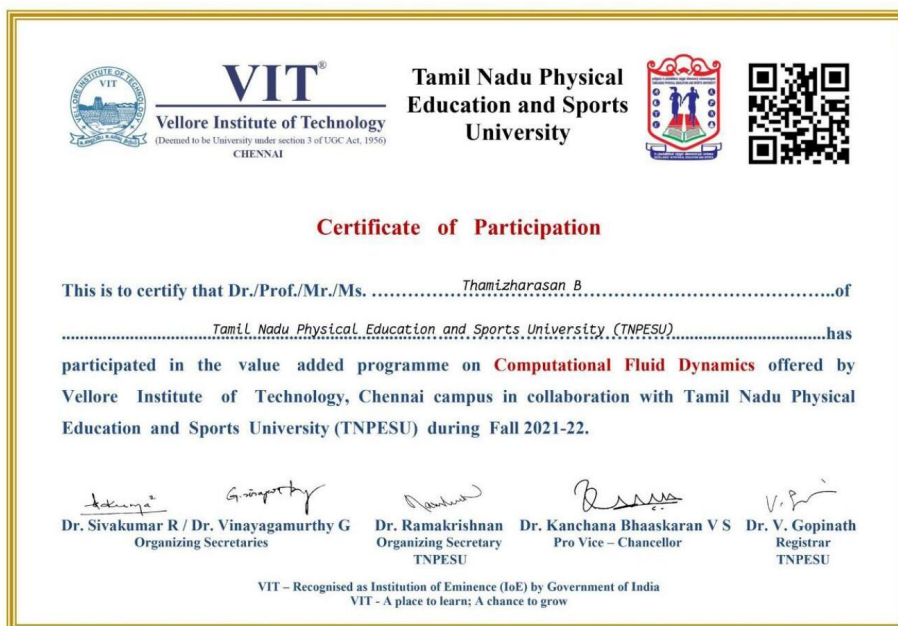




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
VIT
Vellore Institute of Technology
(Deemed to be University under section 3 of UGC Act, 1956)
CHENNAI

Tamil Nadu Physical
Education and Sports
University

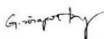


Certificate of Participation

This is to certify that Dr./Prof./Mr./Ms. Punithan P Eof
..... Tamil Nadu Physical Education and Sports University (TNPESU)has
participated in the value added programme on **Computational Fluid Dynamics** offered by
Vellore Institute of Technology, Chennai campus in collaboration with Tamil Nadu Physical
Education and Sports University (TNPESU) during Fall 2021-22.



Dr. Sivakumar R / Dr. Vinayagamurthy G
Organizing Secretaries



Dr. Ramakrishnan
Organizing Secretary
TNPESU



Dr. Kanchana Bhaaskaran V S
Pro Vice – Chancellor





Dr. V. Gopinath
Registrar
TNPESU

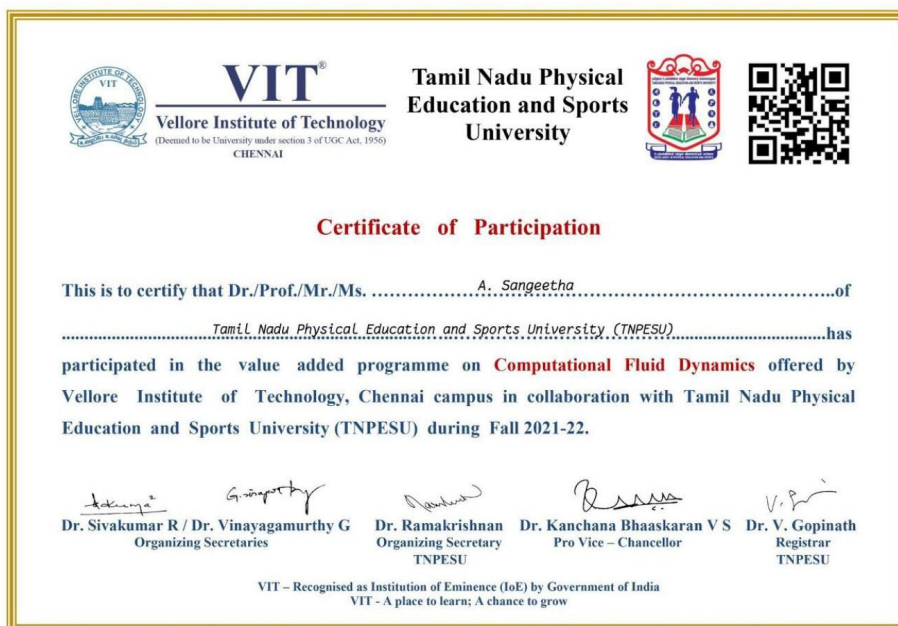
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Key Indicator – 6.5.2





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**CONDUCTED SHORT TERM COURSE ON SPORTS
AERODYNAMICS
&
FACULTY EXCHANGED AND HANDLED THE CLASS
ON SPORTS AERODYNAMICS**



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India's First State University in Physical Education and Sports

Date :- 23/09/2021

Venue :- Google meet (Virtual Meeting)

Members Presents

Mr. S. M. Vignesh, and Dr. G. Vinayagamurthy

1. Discussed the sports aerodynamics course for VIT students and finalized to start from 2nd October 2021, Every week on Saturday (timing 12.00 noon to 1 pm & 2 pm to 3 pm).
2. Mr. Vignesh will share the literature review papers for both projects in Mendeley.
3. CFD course for TNPESU students will start from the first week of October 2021.
4. CAD model development for the project “**CFD simulation and wind tunnel measurement on drag of the marathon runner by the following car**” will start from the 28th September 2021.
5. “**Aerodynamics drag on the long jump athlete at different styles: CFD Simulation and Wind Tunnel Testing**” is scheduled to start from the first week of October 2021.
6. Mr. Vignesh will add 46 registered VIT students in the Google Classroom and will send the welcome email.



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TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

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India's First State University in Physical Education and Sports

Date :- 5/10/2021

Venue :- Dean's cabin, VIT

Members present:

Dr. R Ramakrishnan, Dr. G Nallavan, Mr. Vignesh S M , Dr. R. Sivakumar and Dr. G. Vinayagamurthy

1. The CFD and Sports Aerodynamics course is scheduled to start on 9/10/2021,
2. Dr. R Ramakrishnan, Mr. S M Vignesh will handle the Sports Aerodynamics Course for VIT Students on every week of Saturday between 9/10/2021 to 11/12/2021 (timing - 12.00 noon to 1pm and 2pm to 3pm).
3. Dr. R. Sivakumar will handle the CFD Course for TNPESU Students on every week of Saturday for a 15 hours course (timing - 4 pm to 6 pm).
4. Discussed about sending a proposal for a joint project to DST / other funding agency and about other areas of potential research gap that need to be addressed in the Sports Technology.
5. Planned for conducting the Sports Technology Conference jointly collaborating with the International Sports Engineering Association.

Vignesh S M



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Short Term Course on Sports Aerodynamics

Unit 1

Introduction to Sports Technology, Role of Aerodynamics in Sports, Developments and Future trends, Introduction to Building and Stadium Aerodynamics, Trends and Development, Opportunity and demands

Unit 2

Ball Aerodynamics - Foundation, Cricket ball, Baseball, Football and Golf

Cyclist Aerodynamics - Foundation, Effect of Helmet and Apparel, Effect Cycle Structure and the Cyclist Position, Effect of Group of Cyclist and other environment effects

Unit 3

Sprint Aerodynamics - Foundation, Effect Apparels, style and body hair, Effect of wind and altitude

Effect of apparels in sports in aerodynamics point of view, Wind tunnel model and testing technique for sports Aerodynamics.

Unit 4

Computational Technique in Sports Aerodynamics - Models, solutions and about Fluent Software

Building and Stadium Wind tunnel - Computational Technique

Unit 5

Other Aerodynamics and Engineering Application in Sports, International, and National level ongoing research in sports Aerodynamics. MOOC, Students Projects, Research, and Ph.D. Opportunities



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management
Key indicator – 6.5.2

Course Agenda

Day	Topics	
	Part 1 1 hour 30 minutes	Part 2 1 hour 30 minutes
1	<ul style="list-style-type: none">• Introduction to Sports Technology• Role of Aerodynamics in Sports• Developments and Future trends	<ul style="list-style-type: none">• Introduction to Building and Stadium Aerodynamics• Trends and Development• Opportunity and demands
2	<ul style="list-style-type: none">• Ball Aerodynamics	<ul style="list-style-type: none">• Cyclist Aerodynamics
3	<ul style="list-style-type: none">• Sprint Aerodynamics• Effect of apparels in sports in aerodynamics point of view	<ul style="list-style-type: none">• Wind tunnel model and testing technique for sports Aerodynamics
4	<ul style="list-style-type: none">• Computational Technique in Sports Aerodynamics	<ul style="list-style-type: none">• Building and Stadium Wind tunnel Computational Technique
5	<ul style="list-style-type: none">• Other Aerodynamics and Engineering Application in Sports	International and National level ongoing research in sports Aerodynamics MOOC, Students Projects, Research, and Ph.D. Opportunities



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Name of the Course:- SHORT TERM COURSE ON SPORTS AERODYNAMICS

Hosting Institute:- Department of Sports Technology, Tamil Nadu Physical Education and Sports University

Instructor:- Dr Ramakrishnan and Mr Vignesh S M

Course Duration:- 15 Hours

Pre-Request:- Basic Engineering and Fluid Dynamics Fundamentals

Course Time Table

Class	Title	Hours	Date	Instructor Name
1.	Introduction to Sports Technology	1	9/10/2021	Ramakrishnan
2.	Aerodynamics Foundation	1	9/10/2021	Vignesh
3.	Role of Aerodynamics in Sports	1	9/10/2021	Ramakrishnan
4.	Basic Fundamental Equations in Aerodynamics	1	15/10/2021	Vignesh
5.	Aerodynamics Foundation	1	15/10/2021	Ramakrishnan
6.	Opportunity and demand	1	15/10/2021	Ramakrishnan
7.	Wind Tunnel Testing	1	23/10/2021	Vignesh
8.	Introduction to CFD	1	23/10/2021	Vignesh
9.	Ball Aerodynamics	1	23/10/2021	Ramakrishnan
10	Effect of apparel in sports an aerodynamics point of view	1	22/11/2022	Vignesh
11.	World records with help of Aerodynamics	1	22/11/2022	Ramakrishnan
12.	Sprint Aerodynamics3. Effect of wind and altitude in running events	1	22/11/2022	Vignesh
13.	Wind Tunnel Testing in Sports Aerodynamics	1	22/11/2022	Ramakrishnan
14	1. Computational Technique in Sports Aerodynamics 2. Introduction to Building and Stadium Aerodynamics 3. Building and Stadium Wind tunnel Computational Technique	2	23/11/2022	Vignesh



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management
Key Indicator – 6.5.2

15	1.. Other Aerodynamics and Engineering Application in Sports International and National level 2. ongoing research in sports Aerodynamics and MOOC in Sports 3. Students Projects, Research, and Ph.D.Opportunities	2	23/11/2022	Ramakrishnan
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TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

List of Students who attended “SHORT TERM COURSE ON SPORTS AERODYNAMICS”

Name	Name of the University	Department	Qualification
Shreya Tripathi	VIT - Chennai	Mechanical Engineering	UG Student
Sumit Singh Rajput	VIT - Chennai	Mechanical Engineering	UG Student
Subiksha C	VIT - Chennai	Mechanical Engineering	UG Student
Anusindhiya K	VIT - Chennai	Mechanical Engineering	Research Scholar / PhD Student
VENGATESH	VIT - Chennai	Mechanical Engineering	Research Scholar / PhD Student
SasiKira.Eaga	VIT - Chennai	Mechanical Engineering	UG Student
Naveen Raj Srinivasan	VIT - Chennai	Mechanical Engineering	UG Student
Tangella Bala Shekar praveen	VIT - Chennai	Mechanical Engineering	UG Student
Hemanth Sriharsha Chilukuri	VIT - Chennai	Mechanical Engineering	UG Student
Rohit Ramchandran	VIT - Chennai	Mechanical Engineering	UG Student
T PALANIVEL	VIT - Chennai	Mechanical Engineering	UG Student
Bhuvanashankar P	VIT - Chennai	Mechanical Engineering	UG Student
MOHIT NIKHIL WAGH	VIT - Chennai	Mechanical Engineering	UG Student
Harshavardhan. R	VIT - Chennai	Mechanical Engineering	UG Student
Krishna Anusha K	VIT - Chennai	Mechanical Engineering	UG Student
Veda Abhishek	VIT - Chennai	Mechanical Engineering	UG Student
V Kishorre Annanth	VIT - Chennai	Mechanical Engineering	UG Student
M.DHANISH	VIT - Chennai	Mechanical	UG Student



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

		Engineering	
RAAM PRAKASH	VIT - Chennai	Mechanical Engineering	UG Student
Shaik Chand Basha	VIT - Chennai	Mechanical Engineering	PG Student
Renuka Vikram Gore	VIT - Chennai	Mechanical Engineering	PG Student
Arun J	VIT - Chennai	Mechanical Engineering	UG Student
Riya Vasan S	VIT - Chennai	Mechanical Engineering	UG Student
Kannan K R	VIT - Chennai	Mechanical Engineering	UG Student
A. Roger Faith	VIT - Chennai	Mechanical Engineering	UG Student
Sreeraman Balaji	VIT - Chennai	Mechanical Engineering	UG Student
praveen T	VIT - Chennai	Mechanical Engineering	UG Student
Ganesh	VIT - Chennai	Mechanical Engineering	PG Student
SISIL AMOSE.A	VIT - Chennai	Mechanical Engineering	UG Student
Darshan Panneerselvam	VIT - Chennai	Mechanical Engineering	UG Student
Ratendra Kushwaha	VIT - Chennai	Mechanical Engineering	UG Student
Harish.U.V	VIT - Chennai	Mechanical Engineering	UG Student
H Raghavendra Neil	VIT - Chennai	Mechanical Engineering	UG Student
Hemkar Sharma	VIT - Chennai	Mechanical Engineering	UG Student
RITHICKUMAR E M	VIT - Chennai	Mechanical Engineering	UG Student
KARTHICK PRASANNA B	VIT - Chennai	Mechanical Engineering	UG Student
Vikram	VIT - Chennai	Mechanical Engineering	UG Student



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

darshan pal singh	VIT - Chennai	Mechanical Engineering	UG Student
Lakshya Gupta	VIT - Chennai	Mechanical Engineering	UG Student
Rishikes R	VIT - Chennai	Mechanical Engineering	UG Student
S.SHIVANI	VIT - Chennai	Mechanical Engineering	UG Student
O K Aditya Govindan	VIT - Chennai	Mechanical Engineering	PG Student
MANORANJITH	VIT - Chennai	Mechanical Engineering	UG Student
AESWIN.L	VIT - Chennai	Mechanical Engineering	UG Student
S.Kamalesh	VIT - Chennai	Mechanical Engineering	UG Student
S.L.Mughundhun	VIT - Chennai	Mechanical Engineering	UG Student



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Course Code: PST 18 CT101		Course Title: Sports Aerodynamics
School / Center		School of Mechanical Engineering
Beneficiaries		UG, PG, Research students
Course Objectives:		To impart knowledge on the application of aerodynamics in sports to design the high performance equipment and to optimize the performance of the athlete.
Course Outcomes:		<ol style="list-style-type: none"> 1. Understand and attain knowledge on Theory and Experimental knowledge of aerodynamics in sports 2. Design the high performance equipment and to optimize the performance of the athlete.
Sl. No.	Topics	Duration (hrs)
1	Introduction to Sports Technology, Role of Aerodynamics in Sports,	1
2	Developments and Future trends, Introduction to Building and Stadium Aerodynamics, Trends and Development, Opportunity and demands	2
3	Ball Aerodynamics - Foundation, Cricket ball, Baseball, Football and Golf	1
4	Cyclist Aerodynamics - Foundation, Effect of Helmet and Apparel, Effect Cycle Structure and the Cyclist Position, Effect of Group of Cyclist and other environment effect	2
5	Sprint Aerodynamics - Foundation, Effect Apparels, style and body hair, Effect of wind and altitude	2
6	Wind tunnel modelling and testing technique for sports Aerodynamics.	1
7	Computational Techniques in Sports Aerodynamics - Models, solutions and about CFD Software	2
8	Building and Stadium in Wind tunnel - Computational Technique	2
9	Other Aerodynamics and Engineering Application in Sports, International and National level ongoing research in sports Aerodynamics.	1
10	MOOC, Students Projects, Research, and Ph.D. Opportunities	1
Total course duration		15 hours



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management
Key indicator – 6.5.2

SHORT TERM COURSE ON COMPUTATIONAL FLUID DYNAMICS



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Course Code:	Course Title: Computational Fluid Dynamics (CFD)	
School / Center	School of Mechanical Engineering	
Beneficiaries	UG, PG, Research students	
Course Objectives:	<ol style="list-style-type: none"> 1. To provide the students with sufficient background to understand the mathematical representation of the governing equations for fluid flow and heat transfer problems. 2. To equip the students to address complex fluid flow and heat transfer problems by approximating the governing differential equations. 	
Course Outcomes:	<ol style="list-style-type: none"> 1. Apply mathematics and engineering fundamentals to recognize the type of fluid flow and heat transfer that occur in a particular physical system and to use the appropriate model equations to investigate the problem. 2. Solve governing equations using finite difference discretization technique and finite volume method 3. Apply suitable turbulence model for the chosen real world engineering problems. 	
Sl. No.	Topics	Duration (hrs)
1	CFD overview - Applications of CFD.	1
2	Models of Flow – Conservation and Non-conservation form - Continuity, Momentum and Energy Equation in conservation and non-conservation form (differential equations only).	4
3	Discretization: Basic aspects of Discretization – Comparison of finite difference, finite volume and finite element techniques.	3
4	Finite Difference method: Forward, Backward and Central difference schemes, Transient one and two dimensional conduction - Explicit, implicit, semi-implicit.	2
6	Convection and Diffusion: Steady one-dimensional convection and diffusion - Central difference, upwind, quick, exponential, hybrid, SIMPLE – Algorithm.	3
7	Turbulence Modeling : Introduction – Types of Turbulence modeling – Overview of various turbulence models	2
Total course duration		15 hours



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Name of the Course:- Computational Fluid Dynamics

Hosting Institute:- VIT, Chennai

Instructor:- Dr Siva Kumar, Dean - SMBES, VIT-Chennai

Course Coordinator:- Dr Vinayagamurthy, VIT-Chennai

Course Duration:- 15 Hours

Pre-Request:- Basic Engineering and Fluid Dynamics Fundamentals

List of Student

Email Address	Name	Program
emailsmvignesh@gmail.com	Vignesh S M	PhD Scholar
abhishekdhoni97@gmail.com	Abhishek Arvind	M.Tech - I Year
pavithranmaran96@gmail.com	Pavithran M	M.Tech - I Year
prasanth199277@gmail.com	Prasanth V V	M.Tech - I Year
ramhockey13494@gmail.com	Ramkumar M	M.Tech - I Year
thamizharasan3579@gmail.com	Thamizharasan B	M.Tech - I Year
rudyscricket@gmail.com	Rudragouda Patil	M.Tech - I Year
m.sriprakash@yahoo.com	Sri Praksh M	M.Tech - I Year
punithan.indi@gmail.com	Punithan P E	PhD Scholar
sangeetha240786@gmail.com	A. Sangeetha	M.Tech - I Year
abhishekdhoni97@gmail.com	Abhishek Arvind	M.Tech - I Year
thamizharasan3579@gmail.com	Thamizharasan B	M.Tech - I Year
sivajickson12@gmail.com	Sivajickson S	M.Tech - I Year
ap.prabakaran77@gmail.com	Prabakaran	M.Tech - II Year



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management
Key Indicator – 6.5.2

AAA-TNPESU MOU 2021

2021

MEMORANDUM OF UNDERSTANDING

Between



ARJUNA ARCHERY ACADEMY®

(Registered Under The Tamilnadu Firms Registration Act - 1932, SL.No:25/2019 Govt of Tamilnadu)

And



Tamil Nadu Physical Education and Sports University
Melakottaiyur, Kandigai, Chennai



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

AAA-TNPESU MOU 2021

2021

MEMORANDUM OF UNDERSTANDING

ON
CO-OPERATION IN YOGA AND HEALTH

BETWEEN

ARJUNA ARCHERY ACADEMY, CHENNAI

AND

TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, CHENNAI

Recognizing the benefits of the relations between TYABR, Chennai and Tamilnadu Physical Education and Sports University, Chennai, hereinafter referred to as "the parties" Inspired by the desire to promote and strengthen the relations and cooperation between TYABR and Tamilnadu Physical Education and Sports University have now reached the following understanding

Both the Parties hereby agree that

1. To send the Archery and Fitness Persons to participate in the Archery and Fitness Activity And to provide them a variety of experience opportunities to excel them in their Concern areas offered by the organization.
2. Both the parties shall encourage and promote exchange of programme, experience, skills, techniques information and knowledge, in the following matters.
 - I. Training and Coaching of Archery and Fitness Teams
 - II. Availing the Archery and Fitness Facilities.
 - III. Visits of Archery and Fitness Experts, Archery Technicians and Archery Support Personnel.
 - IV. Development of Archery Education and Archery in Schools and Competition in School Games.
 - V. Archery Training, Exchange and technology for Infrastructure in the development of Information and research in the Field of Archery.



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

TYABR -TNPESU MOU 2021

2021

VI. To involve research activities of mutual interest such as development of joint projects and publication of articles.

VII. Relevant academic materials, including research reports, periodicals, university bulletins etc and other information available to each party shall be exchanged between parties.

VIII. Any other related matters as deemed fit and necessary for the mutual benefits of the parties within the framework provided under this Memorandum of Understanding.

4. Implementation

The parties will make arrangements for the implementation and development of Both the Universities under this Memorandum of Understanding through meetings. exchanges of letter or other instruments. Each party will be responsible for coordinating the implementation of its side of plans. Such specific arrangements will cover the subject Of cooperation, procedures, funding and other appropriate matters.

5. Amendments

This Memorandum of Understanding may be amended by mutual consent in writing between the parties.

6. Settlement of Disputes

Any dispute between two parties arising out of the interpretation or implementation of this Memorandum of Understanding will be settled amicably by mutual consultation and negotiation.

7. Effect and Termination

This Memorandum of Understanding will come into effect on the date of its signing. it will remain in effect for a period of Three years. The Memorandum of Understanding may terminated by either party by giving six months written notice to the other party. If this Memorandum of Understanding is terminated, any arrangements concluded under it will, subject to the mutual determination of both the parties, remain effective until any activities pursuant to such arrangements have been carried out to their completion



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management
Key Indicator – 6.5.2

AAA -TNPESU MOU 2021

2021

The Parties to this Memorandum of Understanding hereby confirm the Agreement to its terms by the following signatures

Tamil Nadu Physical Education and Sports University, Chennai.

Dr. SHEILA STEPHEN

Vice Chancellor,

Tamil Nadu Physical Education and Sports University, Chennai.

Tamil Nadu Physical Education and Sports University
Melakottaiyur, Chennai-600 127.

In Witness thereof

Dr. V. GOPINATH

Registrar

Tamil Nadu Physical Education and Sports University, Chennai.

Dr. GRACE HELINA

HOD

Department of Exercise Physiology and Biomechanics,
Tamil Nadu Physical Education and Sports University, Chennai.

Arjuna Archery Academy
Chennai.

Mr. K.RATNA SABAPATHY

Chief Coach

Arjuna Archery Academy
Chennai.

Arjuna Archery Academy
Chennai

Mr. MS. MONIKANDAN

S2, 2nd Floor, Central Avenue,
Kodambakkam, Chennai-24

Mrs. N. KRISHNA VENI

G2, 2nd Floor, Copco Homes, Ayanambakkam
Chennai-600095



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management
Key indicator – 6.5.2

**FUNCTIONAL MoU BETWEEN TAMIL NADU PHYSICAL
EDUCATION AND SPORTS UNIVERSITY AND ARJUNA
ARCHERY ACADEMY, CHENNAI**



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

REPORT OF THE EVENT – INVITATIONAL ARCHERY CHAMPIONSHIP

The Tamil Nadu Invitational Archery Championship- 2021 was organized by Arjuna Archery Academy in collaboration with Tamil Nadu Physical Education and Sports University on 21-12-2021 at World University Service Centre, Chennai.

TAMILNADU INVITATIONAL ARCHERY CHAMPIONSHIP-2021

Organized by
ARJUNA ARCHERY ACADEMY®
(Registered Under The Tamil Nadu Firms Registration Act - 1932, SL.No:25/2019 Govt of Tamil Nadu)

Collaboration with
Tamil Nadu Physical Education and Sports University
Guest of Honour









Dr. Grace Helina
Professor and Head
Dept of Exercise Physiology
Nehru Institute of Sports
Tamil Nadu Physical Education and Sports University

M. Karunanithi
Rtd. Superintendent of Police
(Dy. Commissioner of Police)

Daksha Raghunath
social workers
(Chennai)

Chithra Aravindan
President
Tamil Nadu Women's Rights Protection Assn

Shanthi Gopinath
Correspondent
Sri Saram Petanath

Major Dr. S. Indura
Vice-President
Tamil Nadu Youth Field Archery Assn

K. Ratna Sabapathy
Secretary
Tamil Nadu Youth Field Archery Assn

Tamilnadu Invitational Archery Championship
=2021=

On : 21-12-2021 **VENUE : WORLD UNIVERSITY SERVICE CENTRE, CHETPET, CHENNAI.** 8248852533

Numbers of participants were more than 118 of different age group (name list attached). The details are attached here under.

1st Batch

Event: **Bare Bow** Age Group: **Under 8 Yrs Male** Board No: **01** Event Time: **9:30 am to 10:00 am** Distance: 6 Mtr

S.No	Chest No	Name	Age	District
1	209	R.K.SRI SANTHANA BALAN	08	Thiruvallur
2	166	K.AATHI NIVASWH	07	Madurai
3	170	V.T.M.YOJITH	08	Thoothukudi
4	191	G.SRI HARINI	07	TENKASI

Event: **Bare Bow** Age Group: **Under 10 Yrs Male** Board No: **02** Event Time: **9:30 am to 10:00 am** Distance: 8 Mtr

S.No	Chest No	Name	Age	District
1	211	M.N.JEEVAN SHIVA	10	Thiruchi
2	109	ARSHID.J.JANISH	10	Kanyakumari
3	115	K.T.SREE HARISH	09	Kanyakumari
4	169	S.R.KAVIN	09	Madurai
Board No: 03 Female				
5	189	K.JANANI	10	Tenkasi
6	200	SUPUTHIKA MAHENDARAN	10	Tenkasi



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key indicator – 6.5.2

Event: **Bare Bow** Age Group: **Under 12 Yrs Male** Board No: **04** Event Time: **9:30 am to 10:00 am** Distance: 10 Mtr

S.No	Chest No	Name	Age	District
1	210	R.K.SAI SRI KARTHICK	11	Thiruvallur
2	106	S.ANTO	12	Kanyakumari
3	116	M.P.VELESH	12	Kanyakumari
4	126	K.NANTHA KUMAR	12	Virudhunagar
		Board No: 05 Male		
5	127	S.SACHIN	12	Virudhunagar
6	128	T.VIMAL KUMAR	12	Virudhunagar
7	129	S.K.AKSAI	12	Virudhunagar
8	130	V.VETRI SELVAN	11	Virudhunagar
		Board No: 06 Male		
9	192	R.KUMARA VEL	12	Tenkasi
10	207	SANJAY	12	Sivagangai

2nd Batch

Event: **Indian Bow** Age Group: **Under 8 Yrs Male** Board No: **01** Event Time: **10:30 am to 11:00 am** Distance: 6 Mtr

S.No	Chest No	Name	Age	District
1	132	K.GOWTHAM BALAJI	07	Dharmapuri
2	209	R.K.SRI SANTHANA BALAN	07	Thiruvallur
3	170	V.TM.YOTITH	08	Thoothukudi
		Board No: 02		
5	136	V.PRATEESH VENKAT	06	Dharmapuri
6	156	P.JEVIN VIJAY	06	Erode

Event: **Indian Bow** Age Group: **Under 8 Yrs Female** Board No: **03** Event Time: **10:30 am to 11:00 am** Distance: 6 Mtr

S.No	Chest No	Name	Age	District
1	131	S.RUBA ADHITRI	06	Dharmapuri
2	135	S.DEEJA SHREE	07	Dharmapuri
3	152	M.P.NEETISHA	06	Erode

Event: **Indian Bow** Age Group: **Under 10 Yrs Male** Board No: **04** Event Time: **10:30 am to 11:00 am** Distance: 8 Mtr

S.No	Chest No	Name	Age	District
1	211	M.N.JEEVAN SHIVA	10	Thiruchi
2	137	R.R.DHARSHAN	09	Dharmapuri
3	151	ASWIN KUMAR	10	Dharmapuri



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

Event: **Indian Bow** Age Group: **Under 10 Yrs Female** Board No: **05** Event Time: **10:30 am to 11:00 am** Distance: 8 Mtr

S.No	Chest No	Name	Age	District
1	171	B.K.SHATKTHI MEENAKCHI JASMIN	10	Thoothukudi
2	154	B.KASHIKA SING	09	Erode

Event: **Bare Bow** Age Group: **Under 12 Yrs Female** Board No: **06** Event Time: **10:30 am to 11:00 am** Distance: 10 Mtr

S.No	Chest No	Name	Age	District
1	183	G.SELVA KUMARI	12	Tenkasi
2	199	M.SUBASHINI	11	Tenkasi
3	208	ABINAYA	12	Sivagangai

3rd Batch

Event: **Indian Bow** Age Group: **Under 12 Yrs Male** Board No: **01** Event Time: **11:00 am to 11:30 am** Distance: 10 Mtr

S.No	Chest No	Name	Age	District
1	121	E.KAVI AMUTHAN	12	Virudhunagar
2	129	S.K.AKSAI	12	Virudhunagar
3	140	S.KARTHIKEYAN	12	Dharmapuri
		Board No: 02		
5	212	M.S.SARAVANA RAM	12	Dharmapuri
6	157	M.P.JAGADEKA	11	Erode
7	158	K.J.KAVI VARSHAN	12	Erode
8	172	B.K.SHKTHI VIGNESH	12	Thoothukudi
		Board No: 03		
9	186	R.S.VISHAL	12	Tenkasi

Event: **Indian Bow** Age Group: **Under 12 Yrs Female** Board No: **04** Event Time: **11:00 am to 11:30 am** Distance: 10 Mtr

S.No	Chest No	Name	Age	District
1	141	S.TAMILZHINI	11	Dharmapuri
2	143	R.S.HARINI	11	Dharmapuri

Event: **Indian Bow** Age Group: **Under 14 Yrs Male** Board No: **05** Event Time: **11:00 am to 11:30 am** Distance: 11 Mtr

S.No	Chest No	Name	Age	District
1	146	S.MITHLESH	13	Dharmapuri
2	159	K.S.HAR VISSHNU	13	Erode
3	160	A.K.YAALINIYAN	13	Erode
4	198	MANOJ KANAN	13	Tenkasi



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key indicator – 6.5.2

		Board No: 06		
5	161	S.T.BARATH	13	Erode
6	162	S.B.BAVASHHAYAGRREEV	13	Erode
7	166	S.S.SARVES KUMAR	13	Madurai

Event: **Indian Bow** Age Group: **Under 14 Yrs Female** Board No: **06** Event Time: **11:00 am to 11:30 am** Distance: 11 Mtr

S.No	Chest No	Name	Age	District
1	155	K.S.HARI VAISHNAVI	13	Erode

4th Batch

Event: **Bare Bow** Age Group: **Under 17 Yrs Male** Board No: **01** Event Time: **11:30 am to 12:00 am** Distance: 13 Mtr

S.No	Chest No	Name	Age	District
1	101	S.P.JERIN	15	Kanyakumari
2	102	D.S.FLARMIN GEO	15	Kanyakumari
3	103	E.FINON RAJAN	15	Kanyakumari
4	107	C.JUDES SHRINE	15	Kanyakumari
		Board No: 02		
5	108	G.NITHISH	15	Kanyakumari
6	117	J.K.AJAI	17	Kanyakumari
7	119	R.SIVA SARATHI	17	Kanyakumari
8	212	Y.AMALA DOMINIC	15	Thiruvallur
		Board No: 03		
9	213		15	Thiruvallur
10	214	KARTHICK	15	Thiruvallur
11	110	G.SURYA	18	Kanyakumari
12	118	A.L.SUTITH DEV	20	Kanyakumari

Event: **Bare Bow** Age Group: **Under 17 Yrs Female** Board No: **04** Event Time: **11:30 am to 12:00 am** Distance: 8 Mtr

S.No	Chest No	Name	Age	District
1	112	N.GOMATHY	16	Kanyakumari
2	111	J.S.GAYATHRI	21	Kanyakumari

Event: **Indian Bow** Age Group: **Under 17 Yrs Male** Board No: **05** Event Time: **11:30 am to 12:00 am** Distance: 13 Mtr

S.No	Chest No	Name	Age	District
1	206	ARUN MOHAN	16	Sivagangai
		Board No: 06		
2	121	A.PRABHU	30	Virudhunagar
3	122	R.JOTHI BOSS	25	Virudhunagar
4	163	R.ARAVINDHA KUMAR	23	Madurai
5	164	S.ARUN KUMAR	20	Madurai



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key indicator – 6.5.2

Event: **Recurve** Age Group: **Under 17 Yrs Female** Board No: **05** Event Time: **11:30 am to 12:00 am** Distance: 8 Mtr

S.No	Chest No	Name	Age	District
1	150	A.YALMOZHI	15	Dharmapuri

Event: **Bare Bow** Age Group: **Under 14 Yrs Male** Board No: **05** Event Time: **12:00 am to 12:30 am** Distance: 11 Mtr

S.No	Chest No	Name	Age	District
1	213	K.DHIVAGAR	13	Thiruvallur
2	215	G.NIRMAL	14	Thiruvallur
3	216	Madhan	14	Thiruvallur

5th Batch

Event: **Recurve** Age Group: **Under 08 Yrs Male** Board No: **01** Event Time: **12:00 pm to 12:30 pm** Distance: 06 Mtr

S.No	Chest No	Name	Age	District
1	209	R.K.SRI SANTHANA BALAN	07	Thiruvallur
2	133	VIVIN SHAKKTHI	07	Dharmapuri
3	188	K.GAUTAM	08	Tenkasi
4	190	SUVAN.S	08	Tenkasi
		Board No: 02		
5	197	SUBASHCHANDRA BOSE	07	Tenkasi

Event: **Recurve** Age Group: **Under 08 Yrs Female** Board No: **02** Event Time: **12:00 am to 12:30 am** Distance: 6 Mtr

S.No	Chest No	Name	Age	District
1	134	SA.VARNIKKA	07	Dharmapuri
2	191	G.SRI HARINI	07	Tenkasi

Event: **Recurve** Age Group: **Under 10 Yrs Male** Board No: **03** Event Time: **12:00 pm to 12:30 pm** Distance: 08 Mtr

S.No	Chest No	Name	Age	District
1	138	M.UDHAYAKRISHNA	10	Dharmapuri
2	139	S.SYED ARSHAD	10	Dharmapuri
3	211	M.N.JEEVAN SHIVA	10	Thiruchi
4	185	G.SIVA RISHI	10	Tenkasi
		Board No: 04		
5	194	A.LENIN	10	Tenkasi
6	196	SAM BRITTO.J	09	Tenkasi
7	187	THAMIZH AZHAGAN.N	09	Tenkasi



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

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Criterion 6 - Governance, Leadership and Management Key indicator – 6.5.2

Event: **Recurve** Age Group: **Under 10 Yrs Female** Board No: **05** Event Time: **12:00 am to 12:30 am** Distance: 8 Mtr

S.No	Chest No	Name	Age	District
1	193	JAI SREE. SV	09	Tenkasi

5th Batch

Event: **Recurve** Age Group: **Under 12 Yrs Male** Board No: **05** Event Time: **12:00 pm to 12:30 pm** Distance: 10 Mtr

S.No	Chest No	Name	Age	District
1	147	T.K.DHARSHAN	12	Dharmapuri
2	210	R.K.SAI SRI KARTHICK	11	Thiruvallur
3	184	THIRUVEL MURUGAN	11	Tenkasi

Event: **Recurve** Age Group: **Under 12 Yrs Female** Board No: **06** Event Time: **12:00 am to 12:30 am** Distance: 10 Mtr

S.No	Chest No	Name	Age	District
1	142	G.HASHINI	11	Dharmapuri
2	195	S.V.RAGAVI	11	Tenkasi
3	183	SELVA KUMARI	12	Tenkasi

6th Batch

Event: **Recurve** Age Group: **Under 14 Yrs Male** Board No: **01** Event Time: **12:00 pm to 12:30 pm** Distance: 11 Mtr

S.No	Chest No	Name	Age	District
1	148	S.B.DILIP	14	Dharmapuri
2	175	DHAYA ANANDH.P	14	Tenkasi
3	197	MANOJ KANAN.S	13	Tenkasi

Event: **Recurve** Age Group: **Under 17 Yrs Male** Board No: **02** Event Time: **12:00 pm to 12:30 pm** Distance: 13 Mtr

S.No	Chest No	Name	Age	District
1	173	GIRISH KUMAR	16	Tenkasi
2	174	GUHAN ANANAH.P	16	Tenkasi
3	176	AMALATHITHAN	15	Tenkasi
4	177	D.BENIN	15	Tenkasi
		Board No: 03		
5	179	SHAKTHI RUTHRAN	15	Tenkasi
6	180	SHIVA GANESH.K	15	Tenkasi
7	181	K.AATHI KRISHNAN	15	Tenkasi
8	182	G.KAMALESAN	15	Tenkasi



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key indicator – 6.5.2

Event: **Recurve** Age Group: **Under 17 Yrs Female** Board No: **04** Event Time: **12:00 am to 12:30 am** Distance: 13 Mtr

S.No	Chest No	Name	Age	District
1	178	D.BAVYA	15	Tenkasi
2	201	VISHNU VARDHINI.M	15	Tenkasi



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Criterion 6 - Governance, Leadership and Management

Key Indicator – 6.5.2



Orientation Programme on Quality issues for teachers and students



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

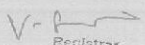
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Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

The TNPESU Internal Quality Assurance Cell (IQAC) had organized the orientation programme for all the fresher's on 26.02.2021 at TNPESU Auditorium

REPORT ON STUDENT FRESHER'S PROGRAM

The orientation program was conducted on 26th February 2021 at Auditorium in the Library Building, TNPESU. The program had started at 2.30 p.m. with Tamil Thai Vazhdu, followed by the Welcome Address by the Director, IQAC, Dr. Shahin Ahmed. Dr. V. Gopinath, Registrar, TNPESU inaugurated the program. Dr. V.S. Manikandan, Professor and Head, Department of Physical Education, highlighted the details of the courses, Dr. Grace Helina, Professor and Head, spoke about her Department of Exercise Physiology and Nutrition and Bio-Mechanics highlighting the courses, events and activities conducted by the Department, Dr. S.Selvalakshmi, Professor and Head, i/c, Department of Yoga, spoke about Yoga and its importance, Dr. S. Prem Kumar, Professor and Head, Department of Sports Management and Sports Psychology and Sociology spoke about the courses being offered to their students and also spoke about the Placement Cell being the Co-ordinator. Dr. V.Mangaiyarkarasi, Professor, Department of Sports Management and Sports Psychology & Sociology, brought to light about the programs being offered by the Department, Dr. R. Ramakrishnan, Professor and Head, Department of Sports Technology, Advanced Training and Coaching spoke about the courses offered by the department, Dr. Sathia Kumar, Director, School of Distance Education, discussed about the various programs and urged the students to join the diploma courses, Dr. V. Murugaveluvan, spoke about the medical facilities and about the sports physiotherapists in the department, Dr. K. Kannadasan, Sports Secretary emphasized about the importance of sports participation and Dr. Rajesh Kumar, Sports Co-ordinator also spoke about the procedures to enroll in various sports and games. Dr. G. Nallavan, Asst. Professor, Sports Technology and being the Estate Supervisor spoke about the facilities available in the campus. Dr. J. Anitha, Asst. Professor in Statistics spoke about the transport facilities offered by the University. Mr. C. Manoj, Sport Physiotherapist, spoke about the travel concession services. Dr. Jeyakumar, Asst. Professor spoke about NSS and motivated


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the students to join NSS. Dr. Manikandan, Professor, Department of Physical Education, and also being the Deputy Warden, Men's Hostel, spoke about the hostel and the rules and regulations. Dr. Shahin Ahmed, Professor, Department of Sports Psychology and Sociology, and also the Deputy warden of the Women's Hostel, informed about the facilities that existed in the hostel and in the campus and also spoke about the support services that were offered in the campus with regard to Psychological Counseling Center, Student Grievances Cell, Women's Complaint Cell, Anti Ragging Cell, SC/ST etc. The program came to an end with Dr. Shahin Ahmed, Director, IQAC proposing vote of thanks.


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Key Indicator – 6.5.2





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Key indicator – 6.5.2



**TAMIL NADU PHYSICAL EDUCATION AND SPORTS
UNIVERSITY**

DEPT. OF EXERCISE PHYSIOLOGY AND BIOMECHANICS

WELCOMES

OUR HONOURABLE VICE CHANCELLOR

DR. SHEILA STEPHEN

ORIENTATION PROGRAM FOR THE ACADEMIC YEAR 2020-21

DATE 24-08-2020 AT 11.00 AM

JOIN US @ ZOOM Meeting ID: 814 6423 8318 Passcode: 987654

PROGRAMME

- ▶ SILENT PRAYER
- ▶ WELCOME BY
- ▶ FELICITATION ADDRESS BY
- ▶ MOTIVATIONAL SPEECH BY
- ▶ ADDRESS BY THE STAFF

Prof. GRACE HELINA
HEAD, DEPT. OF EXERCISE PHYSIOLOGY AND BIOMECHANICS

Dr. V. GOPINATH
REGISTRAR, TNPESU

Dr. SHEILA STEPHEN
VICE CHANCELLOR, TNPESU

1. Dr. R. VENKATESAN
2. Dr. P. K. SENTHILKUMAR
3. Dr. P. RAJINI KUMAR
4. Dr. J. ANITHA
5. Dr. V. MURUGUVALAVAN
6. Mr. C. MANOJ
7. Mr. K.B. SRINIVASAN
8. END NOTE by Prof. GRACE HELINA



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

DEPARTMENT OF EXERCISE PHYSIOLOGY AND BIOMECHANICS

REPORT ON

ORIENTATION PROGRAMME FOR THE ACADEMIC YEAR – 2021, THROUGH ZOOM PLATFORM

DATE : 24/08/2020

PARTICIPANTS : DEPT STAFF AND STUDENTS.

The programme started with the silent prayer followed by the Head of the Department Prof Grace Helina welcomed the gathering. Felicitation address was given by the Registrar of the University Dr. V. Gopinath. Honourable Vice-Chancellor of the university Dr. Sheila Stephen was the chief guest and she motivated the students and staff through her inspirational address. The Head of the Department Dr. Grace Helina explained about the Department and Department activities through power point presentation. Other staff of the Department has also addressed the students.

DEPARTMENT OF EXERCISE PHYSIOLOGY AND BIOMECHANICS


REPORT ON

NUTRITION WEEK THROUGH ZOOM PLATFORM

Date : 07-09-2020 to 10-09-2020

PARTICIPANTS : DEPT STAFF AND STUDENTS.

On the first day 07-09-2020 the programme started by the silent prayer and the organizing secretary Dr. R. Venkatesan Asst. Professor of the Department welcomed the gathering followed by the students group presentation regarding menu planning and preparation. On the second day 08-09-2020 M.Sc II year students Mrs. Padmashree, Mr. Vinoth and Mr. Karthikarupam presented various topics. On 09-09-2020 the third day started with an expert presentation on COVID-19 AND NUTRITION by Mrs. Shiny Surendiran, Sports Nutritionist, Chennai. On the last day the 10th September 2020 started with welcome address by Dr. P.K. Senthilkumar Asst. Professor of the Department followed by the introducing the Guest Speaker Dr. Mahendiran Appuluttu, FNSM, Associate Professor, Sports Science programme, University Teknologi, MARA, MALAYSIA was done by Prof. Grace Helina, Head of the Department. The speaker enlightened on PROBIOTICS FOR SPORTS. The programme ended with the vote of thanks by Dr. J. Anitha, Asst. Professor of the Department.


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TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

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Criterion 6 - Governance, Leadership and Management
Key indicator – 6.5.2

The Department of Sports Management and Sports Psychology & Sociology conducted Fresher's orientation program on 12.02.2021

Department of Sports Psychology & Sociology

Report of Fresher's Orientation Programme 2020-21

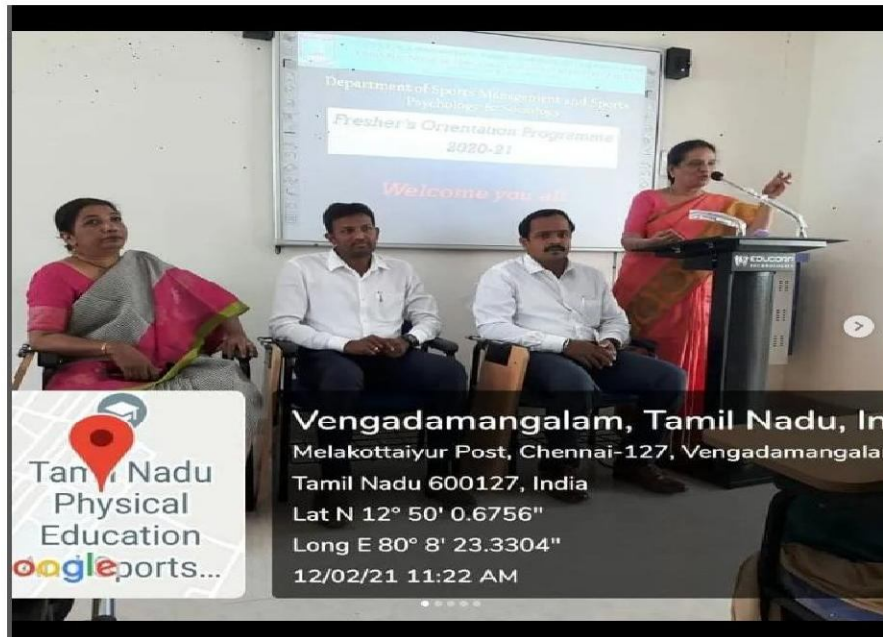
The department of sports psychology & sociology had conducted the orientation programme for the fresher's on 12.02.2021 for the academic year 2020-21. The faculty members Dr.V.Managiyarkarasi, Professor, Dr.V.Shahin Ahmed Professor, Dr.K.Kannadasan Assistant Professor and Dr.M.Lakshman Kumar, Guest lecturer and all the final students were present. The faculties and the students of the department were formally welcomed by the final year students followed by the introduction of freshers, slideshow presentation of University & Department growth and the different facilities available in the campus. Then, few cultural activities were performed by the final year students during the programme. Followed by the felicitation address of Professors Dr.V.Mangaiyarkarasi and Dr.Shahin Ahmed. The programme was ended-up with the vote of thanks by Sankhvil.



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management
Key Indicator – 6.5.2





TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

TNPESU IQAC organized FRESHER'S INDUCTION PROGRAM 2021 - UG STUDENTS on 21.10.2021

The Student fresher's program was conducted on 22nd November and 23rd November 2021 for the UG and PG students respectively at the Auditorium in the Library Building, TNPESU. Both the days, the program had started at 2.30 p.m. with Tamil Thai Vazhthu, followed by the Welcome Address by the Director, IQAC, Dr.Shahin Ahmed. Dr.V.Gopinath, Registrar, and TNPESU inaugurated the program. Dr.V.S.Manikandan, Professor and Head, Department of Physical Education, highlighted the details of the courses, Dr.Senthil Kumar, Associate Professor and Head incharge spoke about his Department of Exercise Physiology and Nutrition. Dr.Rajinikumar welcomed the students and spoke about Bio-Mechanics highlighting the courses, events and activities conducted by the Department, Dr.V,Duraisaml, Associate Professor and Head, i/c, Department of Yoga, spoke about Yoga and its importance. Dr.S.Prem Kumar, Professor and Head, Department of Sports Management and Sports Psychology and Sociology spoke about the courses being offered to their students and also spoke about the Placement Cell being the Co-ordinator. Dr.V.Mangaiyarkarasi, Professor, Department of Sports Management and Sports Psychology & Sociology, brought to light about the programs being offered by the Department and also being the Co-ordinator of the special cell urged the students to come and enrol and approach the cell. Dr.R.Ramakrishnan, Professor and Head, Department of Sports Technology. Advanced Training and Coaching spoke about the courses offered by the department, Dr.Sathia Kumar, Director, School of Distance Education, discussed about the various programs and urged the students to join the diploma courses. Dr.V.Murugavaluvan, spoke about the medical facilities and about the sports physiotherapists in the department. Dr.K.Kannadasan, Sports



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management **Key Indicator – 6.5.2**

Secretary emphasized about the importance of sports participation and Dr.Rajesh Kumar, Sports Co-ordinator also spoke about the procedures to enrol in various sports and games. Dr.G.Nallavan, Asst. Professor, Sports Technology and being the Estate Supervisor spoke about the facilities available in the campus. Dr.J.Anitha, Asst. Professor in Statistics spoke about the transport facilities offered by the University. Mr.C.Manoj, Sport Physiotherapist, spoke about the travel concession services. Dr.Jeyakumar, Asst. Professor spoke about NSS and motivated the students to join NSS. Dr.Manikandan, Professor, Department of Physical Education, and also being the Deputy Warden, Men's Hostel, spoke about the hostel and the rules and regulations. Dr.Shahin Ahmed, Professor, Department of Sports Psychology and Sociology, and also the Deputy Warden of the Women's Hostel, informed about the facilities that existed in the hostel and in the campus and also spoke about the support services that were offered in the campus with regard to Psychological Counselling Centre. The details of Student Grievances Cell, Women's Complaint Cell, Anti-Ragging Cell was given by the incharge, Dr.Lily Pushpam. The program came to an end with Dr.Shahin Ahmed, Director, IQAC proposing vote of thanks.



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management
Key Indicator – 6.5.2

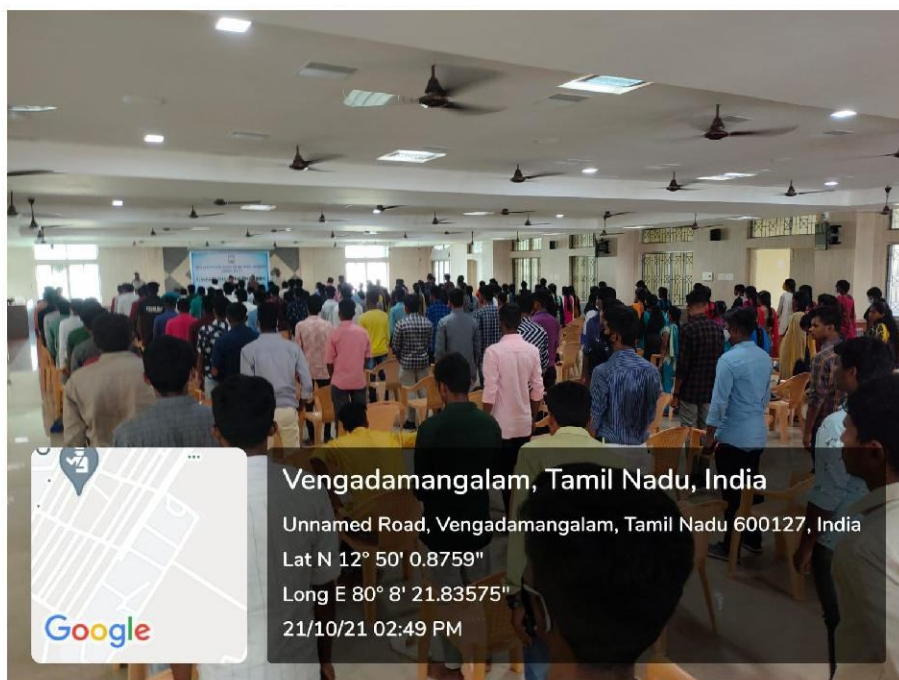




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TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

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Key Indicator – 6.5.2

**TNPESU IQAC organized FRESHER'S INDUCTION PROGRAM 2021 -
PG STUDNETS on 22.10.2021**

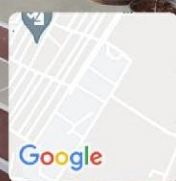




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Criterion 6 - Governance, Leadership and Management
Key Indicator – 6.5.2



Vengadamangalam, Tamil Nadu, India
Melakottaiyur Post, Chennai- 127, Vengadamangalam,
Tamil Nadu 600127, India
Lat N 12° 50' 0.19939"
Long E 80° 8' 22.73006"
22/10/21 03:11 PM



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

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Criterion 6 - Governance, Leadership and Management
Key Indicator – 6.5.2

**TNPESU DEPT OF SPORTS PSYCHOLOGY and SOCIOLOGY organised
FRESHER'S ORIENTATION PROGRAMME on 21.10.2021**

Department of Sports Psychology & Sociology

Report of Fresher's Orientation Programme 2021-22

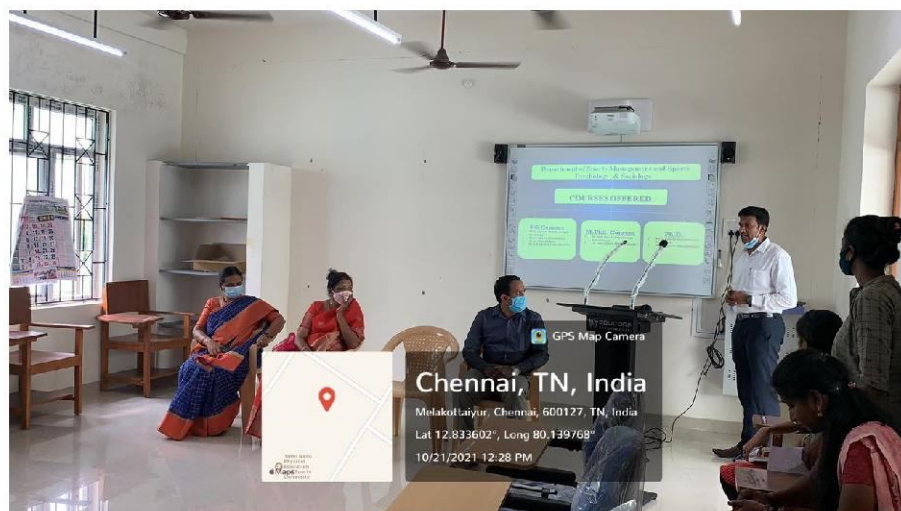
The orientation programme for the fresher's 2021-22 was organized by the Dept. of Sports Psychology & Sociology on 23.10.2021 for the academic year 2021-22. The faculty members Dr.V.Managiyarkarasi, Professor, Dr.V.Shahin Ahmed Professor, Dr.K.Kannadasan Assistant Professor and Dr.M.Lakshmankumar, Guest lecturer and all the final students were present. Mr. Adothu Chandu of M.Sc. final year had formally welcomed the gathering. Then, the faculty members Dr.V.Mangaiyarkarasi professor, Dr.Shahin Ahmed professor, Dr. K.Kannadasan, Assistant professor and Dr.M.Lakshman Kumar, Guest Lecturer had addressed the freshers about the department growth and development, campus rules and regulations and other facilities available for the benefit of students. Also the scope of the programme was highlighted. Followed by the cultural program presented by the final year students like Singing by Asif Mohammed, Ajmal, Leo, Taliwapang and Belho. The programme was ended-up with the vote of thanks by Ms.Sasikala and the entire programme was compeered by Ms.Sathiya and Mr.Chandu.



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Key Indicator – 6.5.2

TNPESU DEPT OF ADVANCED TRAINING AND COACHING STUDENTS INDUCTION PROGRAMME - 17.11.2021

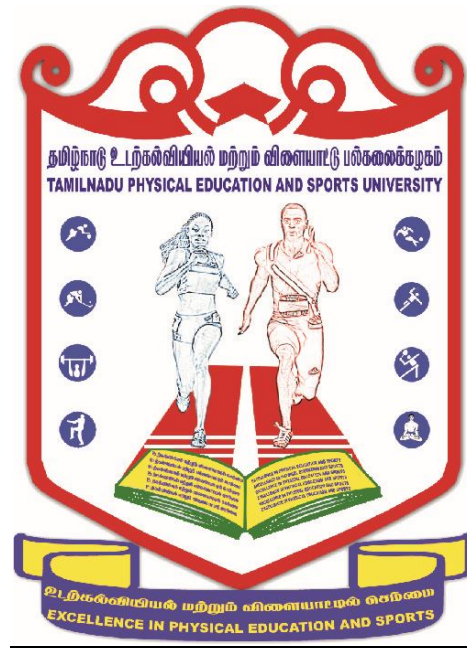




TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

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GREEN AUDIT



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management
Key Indicator – 6.5.2



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Email : chennai@tuv-nord.com
Website : www.tuv-nord.com/in

Date: 5th March 2021

Certification

This is to certify that the **Green, Energy and Environment Audit** at **Tamil Nadu Physical Education & Sports University** has been successfully completed for the period 2019-21 and found that **Tamil Nadu Physical Education & Sports University** conform to the norms of standard Green Practices. The audit was conducted during the month of February 2021.

N. Pradeep Kumar



N Pradeep Kumar

Associate Vice President – Certification, Tamil Nadu Region



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management
Key Indicator – 6.5.2

GREEN AUDIT REPORT

For

TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai.



By



TÜV INDIA PRIVATE LIMITED,

TÜV NORD GROUP

2nd floor, Dhun Building, 827,
Anna Salai, Mount Road, Chennai – 600 002

March 2021



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

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Key Indicator – 6.5.2



ACKNOWLEDGEMENT

TUV India Pvt Ltd wishes to thank all the staff and Management of **Tamil Nadu Physical Education and Sports University (TNPESU)**, Chennai Management & Technical Team for the kind cooperation and assistance extended to our Auditors during the course of the Green audit.

Auditors

Prabhu Kiran S

Prakash G



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

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N Pradeep Kumar

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TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management
Key Indicator – 6.5.2



Table of Contents

1. EXECUTIVE SUMMARY.....	5
2. LIST OF PERFORMANCE IMPROVEMENT MEASURES AT TAMIL NADU PHYSICAL EDUCATION AND SPORT UNIVERSITY, CHENNAI.	6
3. PROJECT BACKGROUND	7
4. GREEN AUDIT	8
5. ELECTRICAL SYSTEM.....	9
5.1 ELECTRICAL BILL ANALYSIS.....	11
5.2 UNIT COST ANALYSIS	13
5.3 LIGHTING ANALYSIS.....	15
5.4 LIGHTING ANALYSIS.....	15
5.5 LIGHTING POWER DENSITY	16
6. HEATING VENTILATING & AIR CONDITIONING (HVAC)	17
6.1 PERFORMANCE ANALYSIS OF SPLIT UNITS.....	17
6.2 INDOOR AIR QUALITY	20
7. WATER.....	21
7.1 PERFORMANCE ANALYSIS OF WATER FAUCETS	22
7.2 PERFORMANCE ANALYSIS OF DOMESTIC WATER PUMPS	23
7.3 WATER NEUTRALITY	24



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2



7.4 WATER QUALITY ANALYSIS	26
7.5 WATER BALANCE CHART	27
7.6 RAINWATER HARVESTING SYSTEM	27
8 WASTE MANAGEMENT SYSTEM	28
9 GREEN HOUSE GAS EMISSION	31
10 SITE OBSERVATION REPORT	33
11 PERFORMANCE IMPROVEMENT MEASURES (PIM'S)	41
12 GOOD PRACTICES AT TNPESU CAMPUS	45



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

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1. EXECUTIVE SUMMARY

Green Audit of Tamil Nadu Physical Education and Sports University was carried out by TUV India Pvt Ltd team during Feb 2021.

The approach taken in this facility included different tools such as preparation of questionnaire, physical inspection of the campus, observation and review of the documentation, interviewing key persons and associated systems & equipment, including the electrical, lighting & AC systems, and operational & maintenance procedures. Sample measurements were taken using various instruments like ALM Power Analyzer, clamp meter, Infrared Thermometer, Lux meter, Humidity meter, CO₂ meter, etc. Operational Data were also collected from the past records. The study covered the following areas to summarize the present status of environment management in the campus:

- Water management
- Energy Conservation
- Waste management
- Green area management

The report accounts for the energy consumption patterns of the Tamil Nadu Physical Education and Sports University based on actual assessment. The report compiles a list of possible actions to TUVI and efficiently access the available scarce resources and their saving potential was also identified.

The overall annual energy consumption is 21,82,442 kWh/annum. The annual greenhouse gas emissions equivalent for electricity is **1855 tons of CO₂** (0.85kg of CO₂ emits /kWh of unit generation).

Total Global Warming Impact in CO₂ Equivalent

S. No	GHG source	Tonnes of CO ₂ Equivalent
1	Road Transport	1.77
2	Electricity	1855
3	HVAC System	1.2
4	DG Operation	2.24
Total GHG Emission		1860.21



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2



Overall 31% i.e. **6,77,081.6 kWh** unit's savings identified on above mentioned categories with average payback of **53 months** and reduced annual greenhouse gas emissions equivalent to **575.5 tons of CO₂**.

2. LIST OF PERFORMANCE IMPROVEMENT MEASURES AT TAMIL NADU PHYSICAL EDUCATION AND SPORT UNIVERSITY, CHENNAI.

S No	ECM Description	Annual Energy savings kWh	Annual savings, Lacs.	Cost of Measure, Lac.	Payback Months
1	PIM 1: Water saving through the efficient dual flush water closet	1281.6 L/Annum	0.11	0.05	6
2	PIM 2: Tube light lamps to be changed with appropriate LED lamps to reduce power consumption	2520	0.25	0.5	24
3	PIM 3: Replacing old ceiling fan to Super fans	16,128	1.64	4.8	35
4	PIM 4: Install Solar PV in roof top to reduce overall power consumption	6,57,100	67	300	53
Total		6,77,081.6	69	305.35	53



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2



3. PROJECT BACKGROUND

The Tamil Nadu Physical Education and Sports University (TNPESU) is India's first state university for Physical Education and Sports located at Melakottaiyur, Chennai. It was established by an Act of the Government of Tamil Nadu in 2004. The University is UGC approved and offers regular and distance learning UG, PG, Diploma, Certificate and PG Diploma programmes in the fields of Physical Education, Yoga, Exercise Physiology, Bio-Mechanics, Sports Management, Sports Psychology and Sociology, Advanced Sports Training and Sports Technology. Tamil Nadu Physical Education and Sports University has a "B++" grade accreditation by the National Assessment and Accreditation Council [NAAC]. Tamil Nadu Physical Education and Sports University has an area of 125 acres which is spread in the outer of Chennai city.

Tamil Nadu Physical Education and Sport University major facilities: -

- Indoor & Outdoor stadium
- Health Centre
- Food Court
- Recreational Center
- Sports Pavilion and Gymnasium



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2



4. GREEN AUDIT

The main objective of the green audit is to promote the Environment Management and Conservation in the College Campus. The purpose of the audit is to identify, quantify, describe and prioritize framework of Environment Sustainability in compliance with the applicable regulations, policies and standards.

The main objectives of carrying out Green Audit are:

- To introduce and aware students to real concerns of environment and its sustainability
- To secure the environment and cut down the threats posed to human health by analyzing the pattern and extent of resource use on the campus.
- To establish a baseline data to assess future sustainability by avoiding the interruptions in environment that are more difficult to handle and their corrections requires high cost.

Green Audit also includes the preliminary analysis and more detailed energy calculations-financial analysis of proposed Performance Improvement Measures (PIM). The financial analysis provides the facility team the understanding of the financial benefits in implementing specific Performance Improvement Measures. Utility bills were collected for three months' period to allow the auditor to evaluate the facility's energy/demand rate structures and energy usage profiles. A detailed financial analysis is performed for each measure based on implementation cost estimates; site-specific operating cost savings, and the customer's investment criteria. Sufficient detail is provided to justify project implementation.



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management
Key indicator – 6.5.2



ENERGY AUDIT



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

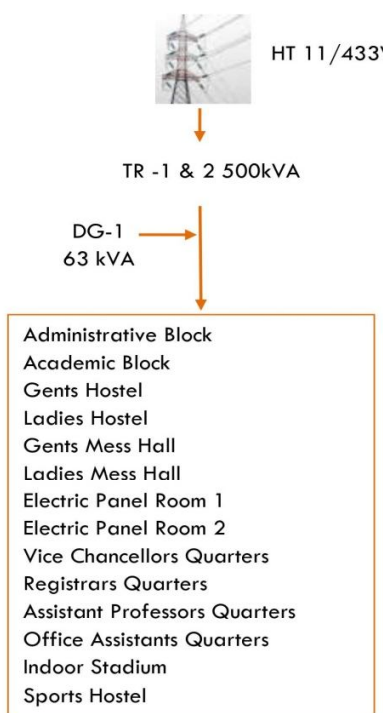
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5. ELECTRICAL SYSTEM

The electrical power is availed from Telangana Southern Power Distribution Company Limited (TSSPDCL). The power is distributed through LT panel located in the Facility Area. The power is distributed to the college through transformer of loading position 11KV/433V, 315kVA distribution transformer.

There is 1 No. of 45 kVA & 1 Nos. of 160 kVA DG set for the backup to handle any grid power interruption.





TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2



5.1 ELECTRICAL BILL ANALYSIS

The Energy bill data were analyzed from Jan 2020 to Dec 2020, the total electricity bill for the year 2020 is Rs.21,82,442 and energy unit consumption is 2,19,190 kWh.

Month	Energy Consumption kWh	Energy Cost Rs	Unit Cost Rs/kWh
Jan-20	29,630	2,54,219	8.58
Feb-20	23,147	2,13,051	9.20
Mar-20	21,979	2,05,635	9.36
Apr-20	11,098	1,36,540	12.30
May-20	14,638	1,59,019	10.86
Jun-20	14,800	1,60,048	10.81
Jul-20	13,937	1,54,568	11.09
Aug-20	16,138	1,68,544	10.44
Sep-20	18,948	1,84,108	9.72
Oct-20	18,974	1,86,603	9.83
Nov-20	15,920	1,67,160	10.50
Dec-20	19,981	1,92,947	9.66
Total	219,190	21,82,442	10.20

Table: Energy Bill Analysis Jan'20 to Dec'20



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management
Key Indicator – 6.5.2

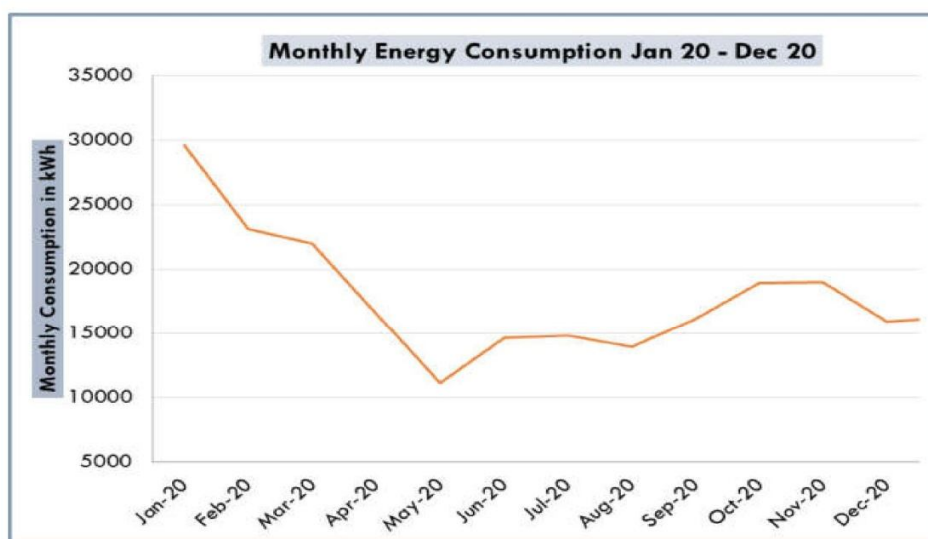
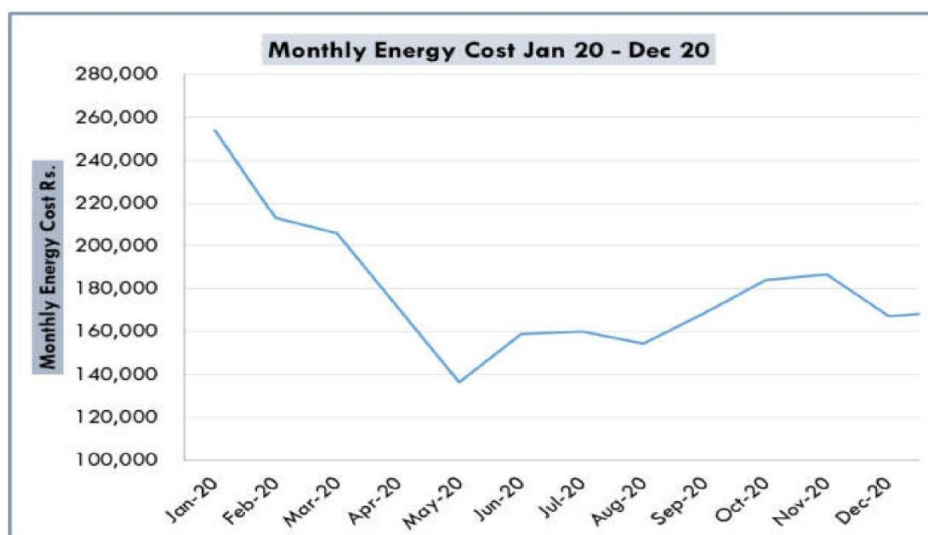


Chart: kWh Consumption analysis – During Jan 2020 energy consumption is high





TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2



Chart: Monthly Energy Cost Analysis – During Jan 2020 energy cost is high

5.2 UNIT COST ANALYSIS

The Energy bill data from Jan 2020 to Dec 2020 were analyzed. Per unit cost for the period of study was calculated to be Rs 10.20/kWh.

Month	Energy Consumption kWh	Energy Cost Rs	Unit Cost Rs/kWh
Jan-20	29,630	2,54,219	8.58
Feb-20	23,147	2,13,051	9.20
Mar-20	21,979	2,05,635	9.36
Apr-20	11,098	1,36,540	12.30
May-20	14,638	1,59,019	10.86
Jun-20	14,800	1,60,048	10.81
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Nov-20	15,920	1,67,160	10.50
Dec-20	19,981	1,92,947	9.66
Total	219,190	21,82,442	10.20



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management
Key Indicator – 6.5.2

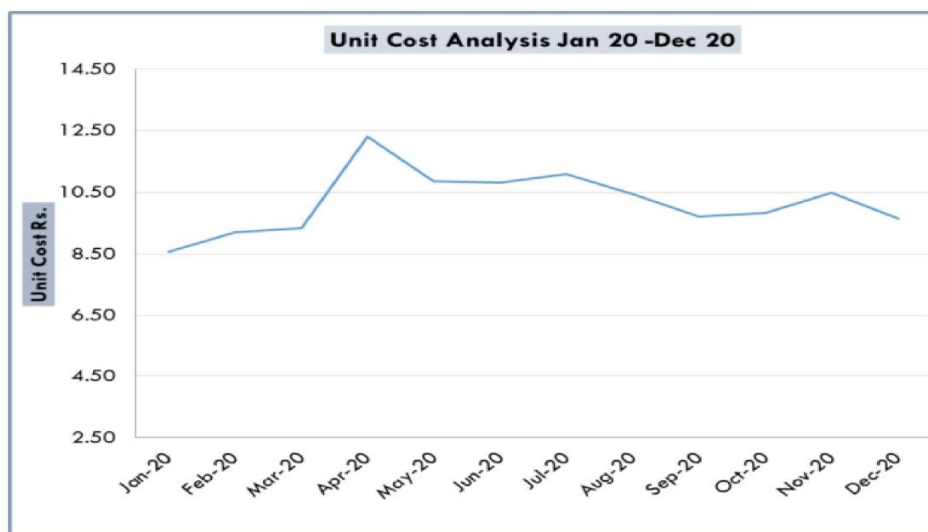


Chart: Monthly Unit Cost – During Apr 2020 Unit Cost Rate is high.



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2



5.3 LIGHTING ANALYSIS

Good lighting is necessary to enable work to be done well and in comfort. A facility with bad lighting is an inefficient one, though it may look attractive. Poor lighting can be combated by good eyesight and by keenness on work but at the eventual expenses of efficiency, wellbeing and comfort. Hence, the designer of the building should pay sufficient attention to the need for good lighting.

The lighting details of the facility were studied. The various type of light fitting used are 15W LED, 20W LED, 30W LED & 36W TL lamps.

5.4 LIGHTING ANALYSIS

S. No	Description	LUX Level	Baseline Lux Level as per NBC	Remarks
1	Principal Room	170, 195, 210, 280,324	300	Ok
2	Library Hall	200, 260, 230, 162,290,332	300	Ok
3	Auditorium	117, 135, 180, 190, 210, 340	300	Ok
4	Server Room	120, 140, 280,320	200	Ok
5	Gents Mess Hall	210,280,320,440	200	Ok
6	Ladies Mess Hall	230,260,310,460	200	Ok
7	Gents Hostel Room	210,280,260,320	50	Ok
8	Ladies Hostel Room	265, 285, 330	50	Ok
11	Lecture Hall 1	250,320,380	300	Ok
12	Lecture Hall 2	230,260,340	300	Ok
13	Lecture Hall 3	220,250,330	300	Ok
14	Lecture Hall 4	250,275,315	300	Ok
15	Lecture Hall 5	235,285,350	300	Ok
16	Lecture Hall 6	270,290,340	300	Ok

Comments:

Lux level is measured during day light availability and it is very good level compared to NBC standards.



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2



5.5 LIGHTING POWER DENSITY

S No	Description	Fixture Details	Fixture Wattage	No. of fixtures	Total Wattage	Area Sq.ft	Actual LPD W/sq.ft	ASHRAE LPD W/sq.ft
1	Gents Mess Hall	36 W TL	36	15	540	2064	0.26	1.21
2	Ladies Mess Hall	36 W TL	36	15	540	1160	0.47	1.21
3	Library Reading Hall	36 W TL	36	48	1728	2760	0.63	0.93
4	Ladies Hostel room 1	36 W TL	36	15	540	1456	0.37	1.21
5	Ladies Hostel room 2	36 W TL	36	15	540	1456	0.37	1.21
6	Ladies Hostel room 3	36 W TL	36	15	540	1456	0.37	1.21
7	Gents Hostel Room 1	36 W TL	36	15	540	1456	0.37	1.21
8	Gents Hostel Room 2	36 W TL	36	15	540	1456	0.37	1.21
9	Gents Hostel Room 3	36 W TL	36	15	540	1456	0.37	1.21
10	Class Room G15	20 W LED	20	12	240	520	0.46	1.24
11	Class Room G16	20 W LED	20	12	240	520	0.46	1.24
12	Class Room G17	20 W LED	20	12	240	520	0.46	1.24
13	Class Room G18	20 W LED	20	12	240	520	0.46	1.24
14	Academic Block Lobby 1	36 W TL	36	4	144	220	0.65	0.9
15	Academic Block Lobby 2	36 W TL	36	4	144	220	0.65	0.9
16	Admin Block Lobby	36 W TL	36	2	72	140	0.51	0.9

Comments:

LPD is within in the ASHRAE limit. We recommended to replace the 36 W TL to 20 W LED for better energy savings.



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2



6. HEATING VENTILATING & AIR CONDITIONING (HVAC)

In College campus for human thermal comfort, sum of 152 TR capacities of split units installed, in Library computer lab, Admin Block and Academic Block are installed in the campus to meet the cooling requirement. Along with this, for ventilation in the facility, ceiling and exhaust fans are installed.

6.1 PERFORMANCE ANALYSIS OF SPLIT UNITS

Admin Block Server Room AC 1		
Description	Name Plate Details	
Make	Voltas	
Motor Power, kW	1.77	
Rated Current, A	7.9	
Refrigerant & Charge	R-22, 1.13 kg	
Capacity, TR	2	
Star Rated	5 Star	
Inside Air Flow, CMH	1080	
Performance Analysis		
Description	Actual	Units
Motor running current	5.8	A
Voltage	227.2	V
PF	0.91	
Motor power	1.51	kW
Supply air quantity	110	CFM
Supply air temperature	19.3	°C
Relative humidity	62	%
Return air temperature	21.8	°C
CO ₂ Level	765	PPM

Comments:

Power consumption is within the design limit and CO₂ level is within limits.



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2



Admin Block Server Room AC 2		
Description	Name Plate Details	
Make	Voltas	
Motor Power, kW	1.77	
Rated Current, A	7.9	
Refrigerant & Charge	R-22, 1.13 kg	
Capacity, TR	2	
Star Rated	5 Star	
Inside Air Flow, CMH	1080	
Performance Analysis		
Description	Actual	Units
Motor running current	5.6	A
Voltage	221.9	V
PF	0.9	
Motor power	1.48	kW
Supply air quantity	105	CFM
Supply air temperature	21.1	°C
Relative humidity	61	%
Return air temperature	22.7	°C
CO ₂ Level	756	PPM

Comments:

Power consumption is within the design limit and CO₂ level is within limits.



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2



Academic Block Health Care Room AC 1		
Description	Name Plate Details	
Make	LLOYD	
Motor Power, kW	1.59	
Rated Current, A	7.0	
Refrigerant & Charge	R-22, 1.08 kg	
Capacity, TR	1.5	
Star Rated	3 Star	
Performance Analysis		
Description	Actual	Units
Motor running current	6.7	A
Voltage	223.7	V
PF	0.9	
Motor power	1.5	kW
Supply air quantity	96	CFM
Supply air temperature	21.5	°C
Relative humidity	65	%
Return air temperature	22.9	°C
CO ₂ Level	670	PPM

Comments:

Power consumption is within the design limit and CO₂ level is within limits.



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2



6.2 INDOOR AIR QUALITY

Indoor air quality (IAQ) is a term which refers to the air quality within and around buildings and structures, especially as it relates to the health and comfort of building occupants. IAQ can be affected by various gases, volatile organic compounds etc. Source control, filtration and the use of ventilation to dilute contaminants are the primary methods for improving indoor air quality in most buildings. Determination of IAQ involves the collection of air samples at various locations of the building.

During the course of audit, the Indoor air quality survey was carried out at various locations in the building.

S.No	Area	Temperature	CO ₂ ppm	Relative Humidity %
1	Auditorium	21.6	640	61
2	Library Computer Lab - 1	23.4	810	60
3	Health Care room	20.8	670	65
4	Admin Block Server room	19.9	765	61

Comments:

On an overall observation, the occupant comfort temperature shall be maintained at 24°C, & Humidity needs to be maintained at < 60%. CO₂ level is good.



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management
Key indicator – 6.5.2



WATER AUDIT



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2



7. WATER

Drinking Water for the entire college is taken from quarry and it treated by proper RO system. RO water system are installed in each block to meet the drinking water requirement. For flushing, irrigation and cleaning purpose water is taken from the same quarry, water is pumped to the raw water sump then the OHT at terrace levels.

6.3 PERFORMANCE ANALYSIS OF WATER FAUCETS

Water flow is measured in faucets of College toilets wash basin, urinals & water closets.

S. No.	Description	NBC Baseline (LPM)	Actual (LPM)
1	First floor gents toilet wash basin 1	1.5	7.1
2	First floor gents toilet wash basin 2	1.5	6.8
3	Ground Floor ladies toilet tap 1	3	17.0
4	Ground Floor ladies toilet tap 2	3	18.9
5	Wash basin tap 1	1.5	11.0
6	Wash basin tap 2	1.5	13.0
7	Water Closets	6	6.0
8	Academic Block first floor Wash basin tap 1	1.5	7.5
9	Academic Block first floor water closet 1	6	6.0
10	Academic Block first floor water closet 2	6	6.0
11	Admin Block ground floor Wash basin tap 1	1.5	5.5
12	Admin Block ground floor water closet 1	6	6.0

Comments: Water flow in the faucets and tap are high in above highlighted area comparing to the NBC standard. The baseline standards are as per the NBC 2016 part no: 9 section 1 table – 2.



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2



6.4 PERFORMANCE ANALYSIS OF DOMESTIC WATER PUMPS

Water Pump-1

Description	Bore Well Water Pump -1
Installed motor power, kW	3.75
No. of Phase	3
Description	Readings
Voltage, V	404.8
Current, A	4.8
Power Factor, PF	0.943
Power consumption, kW	3.17

Comments:

Power consumption is within the design limit. Water meter shall be installed in outlet of the quarry motor pipe to measure the water consumption from the quarry and consumption in each block. Quarry water Consumption Record shall be maintained on daily, monthly basis to arrive at the water balancing.

Sump Water Pump-1

Description	Sump Water Pump -1
Make	C R I
Capacity, m ³ /hr	9
Motor current, A	3.0
Motor RPM	2880
Installed motor power, kW	1.1
Head, m	32
Description	Readings
Voltage, V	421
Current, A	2.1
Power Factor, PF	0.787
Power consumption, kW	0.9

Comments:

Power consumption is within the design limit. Water meter shall be installed at the overhead tank outlet to measure the water consumption from the terrace tank. Water Consumption Record shall be maintained on daily, monthly basis to arrive at the Water balancing.



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2



Sump Water Pump -2

Description	Sump Water Pump -1
Make	C R I
Capacity, m ³ /hr	9
Motor current, A	3.0
Motor RPM	2880
Installed motor power, kW	1.1
Head, m	32
Description	Readings
Voltage, V	421
Current, A	2.8
Power Factor, PF	0.823
Power consumption, kW	1.69

Comments:

Power consumption is within the design limit. Water meter shall be installed at the overhead tank outlet to measure the water consumption from the terrace tank. Water Consumption Record shall be maintained on daily, monthly basis to arrive at the Water balancing.

6.5 WATER NEUTRALITY

Presently quarry water is used to meet the entire buildings water requirement.

Strategies for Water Neutrality: -

a. Low flow aerators.

To reduce the fresh water consumption, by installing the aerators for faucets in all common area restrooms, landscape irrigation, canteen etc. This measure reduces the water consumption by 40% from the baseline of NBC.





TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2

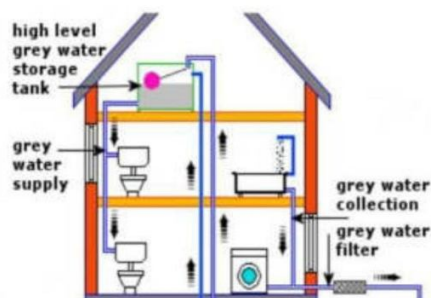


b. Sewage Treatment Plant

To reduce the potable water consumption by installing the sewage treatment plant (STP). In the college campus 2 hostel blocks are there and totally per day water consumption is 120 KL per day. So the waste water generation will be around 120 KL per day. So the recommended STP plant size will be 120 KLD. This treated water will be used for landscape irrigation & toilet flushing purpose.

c. Dual Plumbing System.

To reduce the potable water consumption by installing the dual flush system (3/6 LPF). To further reduce the fresh water consumption, use the STP treated water as mentioned above.



d. Native Plant Species.

For landscape irrigation, fresh potable water is being used. To reduce water consumption for landscape, in some places drip irrigation method is being used. However, in some places hose pipe irrigation is being used and this result in more water consumption. It is recommended to install drip irrigation for all shrubs & tree type species and sprinkler irrigation for turf area. To reduce the water consumption by replacing the drought tolerant/xeriscape species.



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2



6.6 WATER QUALITY ANALYSIS

In College campus, drinking water is taken from tanker lorry (Costly) and municipal corporation water. Normally, for drinking water daily consumption of lorry water - 8000 liters and municipal water - 250 liters, so totally 8250 liters per day is consumed. For landscape irrigation, floor cleaning & toilet flushing water is taken from two bore well and the total dissolved solid (TDS) level is given below.

Location	Water TDS level	Temperature in ° C
Quarry Water	640	31.4
Ground Floor Water Cooler	260	27.6
Second Floor Water Cooler	253	25.6

Comments:

As per the WHO recommended drinking water TDS level is < 300. In our campus drinking water TDS level is within the limit. For quarry, water treatment system is required to reduce the TDS level.



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

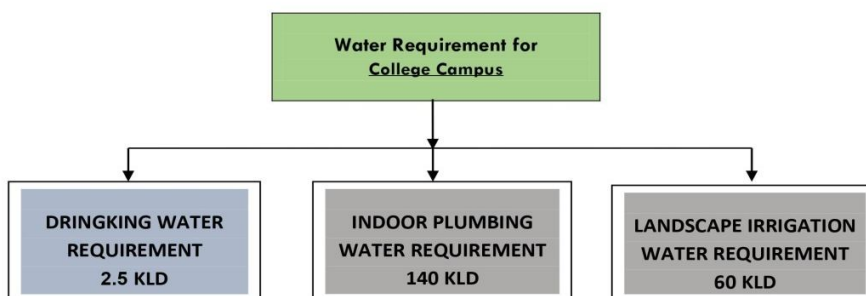
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Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2



6.7 WATER BALANCE CHART

Source of drinking water is from the quarry water, to underground reservoir, it is transferred to Overhead tank and supplying the water with the help RO systems. And same quarry water is in usage to meet the landscape irrigation, cleaning & toilet purpose. There is no sewage plant installed in this plant, sewage is connected through the municipal sewerage line.



6.8 RAINWATER HARVESTING SYSTEM

In college campus rainwater is collected and recharge the ground with the help of a quarry water reservoir and Melakottaiyur Lake and the lake and reservoir is located near to the college campus. Rainwater trenches are built according to the slope of the surface level and it connect the roof and non-roof rainwater to rainwater harvesting system.





TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management
Key indicator – 6.5.2



WASTE AUDIT



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2



7 WASTE MANAGEMENT SYSTEM

In college campus, separate dry waste and wet waste type of waste collection bins are provided for collection of waste. All waste generated from the building operation was analyzed. A waste audit was performed on 28/02/2021 at Tamil Nadu Physical Education and Sports University, Chennai to identify opportunities to divert waste streams from landfills and to determine further source reduction opportunities.

Waste Treatment:

Different types of waste are collected from the hostel mess & other places are sent to Municipal. In the college campus is the common solid waste management center for segregation and effective management of waste generated in the college premises. The unit has specific sections where solid waste is segregated as 'wet' and 'dry'. The dry waste such as plastics, papers, cartons, e-waste and scrap are separated and sent to 'recycle vendor' for recycling. The organic waste such as dried leaves and kitchen refuse from the canteen are used for composting.

Month	Cardboard Waste, Kg	Paper Waste, Kg	Plastic Waste, Kg	Bottle Kg	Total Waste, Kg
Mar-19	-	338	-	-	338
Apr-19	-	338	-	-	338
May-19	-	2082	-	-	2082
Jun-19	-	1106	-	-	1106
Sep-19	133	6697	108	16	6954
Oct-19	42	3651	71	20	3784
Nov-19	57	108	29	-	194
Dec-19	131	87	92	30	340
Jan-20	133	19	41	-	193
Feb-20	90	164	99	54	407
Mar-20	27	61	46	-	134
Jan-21	41	7	105	-	153
Feb-21	3802	3070	126	9	7007

Waste Audit Procedure:



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2



- Waste auditing was carried out by sorting and measuring the building's waste over a given time period, i.e. 24 hours' time. And Audit team selected a time period of 16th Feb 2021.
- The Audit Team was equipped with all necessary safety and personal protective devices including safety glasses, respirator masks, coveralls and gloves.
- The Audit team has taken the waste audit form and marked the following types:
 - Papers
 - Tissue paper
 - Pet bottles
 - Plastic covers
 - Printed hard paper
 - Food waste
- Each waste type was separated and measured for the weight through a weighing scale. The values were entered in the waste audit form and compared against the total weight of all wastes.



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management
Key indicator – 6.5.2



GREEN AUDIT



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2



8 GREEN HOUSE GAS EMISSION

Climate change resulting from human activities is now recognised as one of the most pressing environmental issues facing the world's population. In addressing this problem, governments, the international community and industry are moving to control emissions of greenhouse gases (GHGs), setting targets such as those agreed at the Kyoto Conference in 1997. These moves will continue in the future and, inevitably, businesses and other organizations will increasingly have to account for and report on GHG emissions.

In the college campus total occupants is 847 (approx..) and 367 students are stay in the college hostel and we consider the total travel distance per day is 20 km(approx..) and GHG emission for per kilo meter is 0.000185 tCO₂ / Km. So per day CO₂ emission level is 1.77 tCO₂ for travelling. The total energy unit consumption is 21,82,442 kWh per year and CO₂ emission factor for electricity is 0.85. It is equivalent to 1855 tons of CO₂. For HVAC system installed capacity is 1.52 TR and charged refrigerant quantity is 60.5 GWP tons and standard refrigerant gas leakage is 2%, It is equivalent to 1.2 tons of CO₂. For Diesel operated 63 KVA DG is installed in site and one-year fuel consumption is 839 liters and CO₂ emission factor for diesel is 0.00268 tCO₂/liter. So one year CO₂ emission from DG is 2.24 tCO₂.

Total Global Warming Impact in CO₂ Equivalent

S No	GHG source	Tonnes of CO ₂ Equivalent
1	Road Transport	1.77
2	Electricity	1855
3	HVAC System	1.2
4	DG Operation	2.24
Total GHG Emission		1860.21



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management
Key Indicator – 6.5.2



9 SITE OBSERVATION REPORT

Site Observation Report (SOR)			
Report No.	C&A/SOR/01	Date	28.02.2021
Location	College Campus		
Observation Images			
			
Description			
Treated drinking water is provided for the whole campus.			
Potential Sustainability Measures			
Purified drinking water dispenser is kept at each floor level.			



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management
Key Indicator – 6.5.2



Site Observation Report (SOR)

Report No.	C&A/SOR/02	Date	28.02.2021
Location	Hostel Mess		

Observation Images



Description

In hostel canteen 20 m³ bio gas plant is installed.

Potential Sustainability Measures

It is recommended to use the cattle dung use in the bio gas plant.



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Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2



Site Observation Report (SOR)

Report No.	C&A/SOR/03	Date	28.02.2021
Location	HVAC System		

Observation Images



Description

High Efficient AC System.

Potential Sustainability Measures

It reduces the power consumption and it is highly efficient.



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Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management
Key Indicator – 6.5.2



Site Observation Report (SOR)

Report No.	C&A/SOR/04	Date	28.02.2021
Location	Dust Bin		

Observation Images



Description

Different type waste collection bins are kept for the collection of waste.

Potential Sustainability Measures

This measure helps in reducing the segregation of waste at source.



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Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management
Key Indicator – 6.5.2



Site Observation Report (SOR)

Report No.	C&A/SOR/05	Date	28.02.2021
Location	Hostel Mess		

Observation Images



Description

Good ventilation and Day light is available in the hostel mess

Potential Sustainability Measures

In the hostel mess good daylight and ventilation are available, it gives good atmosphere to the students have their food.




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Melakottaiyur, Chennai-127

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Key Indicator – 6.5.2



Site Observation Report (SOR)			
Report No.	C&A/SOR/06	Date	28.02.2021
Location	Academic Block Terrace		
Observation Images			
			
Description			
Cooling tiles are installed in the academic block terrace area			
Potential Sustainability Measures			
This helps in reducing the HVAC consumptions and maintain the good thermal comfort.			



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Melakottaiyur, Chennai-127

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Site Observation Report (SOR)

Report No.	C&A/SOR/07	Date	28.02.2021
Location	Rest Room		

Observation Images



Description

In rest rooms water urinals are installed.

Potential Sustainability Measures

To reduce water consumption, these urinals shall be replaced with Water less urinals.




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Key Indicator – 6.5.2



Site Observation Report (SOR)			
Report No.	C&A/SOR/08	Date	28.02.2021
Location	Roof Top Solar PV		
Observation Images			
			
Description			
Work Order is released for Roof top solar PV.			
Potential Sustainability Measures			
20kVA solar photovoltaic energy plant is going to install in the roof top and it is connecting with net metering.			



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10 PERFORMANCE IMPROVEMENT MEASURES (PIM'S)

PIM 1: Water saving through the efficient dual flush water closet

Annual Water Savings	1 281.6 L/annum
Recurring Annual Savings Potential	Rs. 0.11 Lakhs
One-time Cost of Implementation	Rs.0.05 Lakhs
Payback period	6 Months

Present System:

Presently average water flow in the faucets is 8 LPM it is high compared to the NBC Standards. This leads to lot of water consumption.

Proposed System:

It is recommended to install low flow aerator based faucets in the flow rate of 2.4 LPM as per the standards in common/lavatory rooms. This saves huge of water consumption.

Description	Value	Units	Formula
Average measured flow	8	LPM	A
Average usage per day	60	min/day	B
No of taps	60	Nos.	C
Annual water consumption	8,640	KL/yr	D $= (A \times B \times C \times 300) / 1000$
Water consumption cost (Approx.)	9	Rs/KL	E
Present Water Consumption cost	77,760	Rs/Yr	F = E x D
After installing aerators 70% water reduction	2.4	LPM	G
Annual water Savings	7358.4	KL/yr	H $= ((A - G) \times B \times C \times 365) / 1000$
Annual Saving, Rs	0.11	Lakhs	I = H x E
Investment, Rs	0.05	Lakhs	J
Payback period	6	Months	K = J / I x 12



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2



PIM 2: Tube light lamps to be changed with appropriate LED lamps to reduce power consumption

Annual Energy Savings	2520 kWh/annum
Recurring Annual Savings Potential	Rs. 0.25 Lacs
One-time Cost of Implementation	Rs. 0.5 Lacs
Payback period	24 months

Present System

During the survey, it is observed that some class room and exterior lights are 36W tube lamps are installed with electronic/electromagnetic ballast. These lamps are outdated and power consumption is higher with low lumens output.

Proposed System

It is recommended to replace 15W LED lamps. It gives more lumens and reduces power consumption.

Description	Value	Units	Formula
Total power consumption in Exterior Lighting	1	kW	A
Present Annual Operating Hours	4,200	hrs	B
Present Annual Energy Consumption	4,200	kWh	C=AxB
Proposed Power consumption after installing LED lamps (considering 40% reduction)	0.4	kW	D = (A-(A*40%))
Proposed Energy Consumption	1680	kWh	E=DxB
Proposed Energy savings in Units	2520	kWh	F=C-D
Power cost	10.2	Rs/kWh	G
Annual Power cost savings	0.25	Rs	H =FXG
One-time cost of implementation	0.5	Rs	I
Payback period	24	Months	J=I/H x12



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2



PIM 3: Replacing old ceiling fan to Super fans

Annual Energy Savings	16,128 kWh/annum
Recurring Annual Savings Potential	Rs. 1.64 Lakhs
One-time Cost of Implementation	Rs. 4.8 Lakhs
Payback period	35 Months

Present System:

Presently there is old model high energy consumption fans are installed at campus; it is consuming more energy.

Proposed System:

It is recommended to install super fans to reduce the power consumption and armature coil failure.

Description	Value	Units	Formula
Annual Energy Consumption	53760	kWh/yr	A
Proposed Fan Annual Energy Consumption	30	%	B
Annual Energy Savings	16128	kWh/yr	C = B X 10%
Unit power cost	10.2	Rs/kWh	D
Annual Cost Savings	1.64	Rs Lakhs	E
One time implementation cost	4.8	Rs lakhs	F
Payback	35	Months	G = F/E x 12



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

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PIM 4: Install Solar PV in roof top to reduce overall power consumption

Annual Energy Savings	657,000 kWh/annum
Recurring Annual Savings Potential	Rs 67 Lakhs
One-time Cost of Implementation	Rs 300.0 Lakhs
Payback period	53 Months

Present System:

Presently TNEB power supply is catering to whole building facility, this leads the power consumption.

Proposed System:

To avoid the TNEB power consumption, this can be avoided by installing Solar PV on Roof Top

Description	Value	Units	Formula
Area of the roof required for PV	40000	Sq.ft	A
Area required for 1 kW PV	100	sq.ft	B
Potential of PV panels	400	kW	C
Average Units generation per kW panel	1,800.0	kWh/day	$E = C \times 4.5 \text{ kWh}$
Annual Energy Generation	657,000	kWh	$F = E \times 365$
Unit power cost	10.2	Rs/kWh	G
Annual Cost Savings	67	Rs Lakhs	H
One time implementation	300	Rs lakhs	I
Payback	53	Months	$J = I/H \times 12$



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Criterion 6 - Governance, Leadership and Management Key Indicator – 6.5.2



11 GOOD PRACTICES AT TAMIL NADU PHYSICAL EDUCATION & SPORTS UNIVERSITY CAMPUS

During TUVI's Audit, it is observed that M/s Tamil Nadu Physical Education and Sport University has already adopted the following Performance Improvement Measures in its facility;

12.1 LED Lights in Building facility

LED street light is installed in the college campus is a good replacement of Energy. It reduces the EB energy consumption.

12.2 Solar PV System

Solar PV is installed in the roof top of 20 kW is a good replacement of Energy. It reduces the EB energy consumption.

12.3 Bio Gas

Food Waste is converted to bio gas; it is a good example of waste to Energy. It is reducing the hostel mess LPG consumption.

12.4 Green Campus

The college total site is 125 acers and more than 100 acer is complete green vegetation is retained.

12.5 Shuttle Service

College is operating a shuttle service for students and it is connecting Tambaram bus depot to college. It reduces the overall CO₂ footprint to a great extent with avoiding individual transport.