



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

CRITERION 7 – INSTITUTIONAL VALUES AND BEST PRACTICES

7.1.9 Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties and responsibilities of citizens:

List of Supportive Documents

Certified that the following documents are attached in support of Measures Initiated by the Institution for Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties and responsibilities of citizens:

1. Courses on Human Values
2. TNPESU Department of Sports Management and Sports psychology & Sociology organises Live Webinar on Gandhian Thoughts for empowering Youth on 02.10.2020
3. TNPESU Department of Sports Technology organises Live Webinar on Gandhian Thoughts for Rural Development on 02.10.2020
4. TNPESU organizes FIT INDIA 2020 - MY HEALTH! MY FITNESS! as part of Fit India Movement on 23.10.2020.
5. TNPESU observed Vigilance Awareness Week with a pledge on 27.10.2020.
6. TNPESU Department of Advanced training and coaching organized Vigilance Awareness Program on 31.10.2020.
7. TNPESU DEPARTMENT OF PHYSICAL EDUCATION organized "FIT INDIA CYCLOTHON - Pedal your way to Fitness" under FIT INDIA 2020 campaign on 23.12.2020.
8. B.Sc III year Students of Exercise Physiology and Nutrition department have undergone Village Placement Program from 12th March to 14th March 2021.
9. TNPESU DEPT OF PHYSICAL EDUCATION organizes National webinar on "Gandhian Thoughts on Labors" on 01.05.2021
10. TNPESU DEPT OF YOGA organizes National Webinar on Fundamental Duties on 04.06.2021


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1. Courses on Human Values

AE02: DISASTER MANAGEMENT

Course Objectives:

Students will be able to:

1. learn to demonstrate a critical understanding of key concepts in disaster risk reduction and humanitarian response.
2. critically evaluate disaster risk reduction and humanitarian response policy and practice from multiple perspectives.
3. develop an understanding of standards of humanitarian response and practical relevance in specific types of disasters and conflict situations.
4. critically understand the strengths and weaknesses of disaster management approaches, planning and programming in different countries, particularly their home country or the countries they work in.

Syllabus

Units	Content	Hrs
1	Introduction Disaster: Definition, Factors And Significance; Difference Between Hazard And Disaster; Natural And Manmade Disasters: Difference, Nature, Types And Magnitude.	4
2	Repercussions Of Disasters And Hazards: Economic Damage, Loss Of Human And Animal Life, Destruction Of Ecosystem. Natural Disasters: Earthquakes, Volcanisms, Cyclones, Tsunamis, Floods, Droughts And Famines, Landslides And Avalanches, Man-made disaster: Nuclear Reactor Meltdown, Industrial Accidents, Oil Slicks And Spills, Outbreaks Of Disease And Epidemics, War And Conflicts.	4


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3	Disaster Prone Areas In India Study Of Seismic Zones; Areas Prone To Floods And Droughts, Landslides And Avalanches; Areas Prone To Cyclonic And Coastal Hazards With Special Reference To Tsunami; Post-Disaster Diseases And Epidemics	4
4	Disaster Preparedness And Management Preparedness: Monitoring Of Phenomena Triggering A Disaster Or Hazard; Evaluation Of Risk: Application Of Remote Sensing, Data From Meteorological And Other Agencies, Media Reports: Governmental And Community Preparedness.	4
5	Risk Assessment Disaster Risk: Concept And Elements, Disaster Risk Reduction, Global And National Disaster Risk Situation. Techniques Of Risk Assessment, Global Co-Operation In Risk Assessment And Warning, People's Participation In Risk Assessment. Strategies for Survival.	4
6	Disaster Mitigation Meaning, Concept And Strategies Of Disaster Mitigation, Emerging Trends In Mitigation. Structural Mitigation And Non-Structural Mitigation, Programs Of Disaster Mitigation In India.	4

SUGGESTED READINGS:

1. R. Nishith, Singh AK, "Disaster Management in India: Perspectives, issues and strategies" New Royal book Company.
2. Sahni, Pardeep Et.Al. (Eds.), "Disaster Mitigation Experiences and Reflections", Prentice Hall Of India, New Delhi.
3. Goel S. L., Disaster Administration and Management Text and Case Studies", Deep & Deep Publication Pvt. Ltd., New Delhi.


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2	COURSE OUTCOMES: Students are able to										
	CO-1	Understand key concepts in disaster risk reduction and humanitarian response.									
	CO-2	Evaluate disaster risk reduction and humanitarian response policy and practice from multiple perspectives.									
	CO-3	Understand the strengths and weaknesses of disaster management approaches.									
3	MAPPING (CO's and PO's)										
	Course Outcomes	Program Outcomes									
		1	2	3	4	5	6	7	8	9	10
	1	2								2	1
	2		2							3	2
	3		3						2		1

MAPPING (CO's and PSO's)

Course Outcomes (CO)	Program Specific Outcomes (PSO)	
	1	2
1		3
2	2	
3		2

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AE03 SANSKRIT FOR TECHNICAL KNOWLEDGE

Course Objectives:


- 1.To get a working knowledge in illustrious Sanskrit, the scientific language in the world
- 2.Learning of Sanskrit to improve brain functioning
- 3.Learning of Sanskrit to develop the logic in mathematics, science & other subjects enhancing the memory power
- 4.The engineering scholars equipped with Sanskrit will be able to explore the huge knowledge from ancient literature

Syllabus

Units	Content	Hrs
1	<ul style="list-style-type: none">• Alphabets in Sanskrit,• Past/Present/Future Tense,• Simple Sentences	8
2	<ul style="list-style-type: none">• Order• Introduction of roots• Technical information about Sanskrit Literature	8
3	<ul style="list-style-type: none">• Technical concepts of Engineering-Electrical, Mechanical, Architecture, Mathematics	8

Suggested reading

1. "Abhyaspustakam" – Dr.Vishwas, Samskrita-Bharti Publication, New Delhi
2. "Teach Yourself Sanskrit" Prathama Deeksha-Vempati Kutumbshastri, Rashtriya Sanskrit Sansthanam, New Delhi Publication


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3. "India's Glorious Scientific Tradition" Suresh Soni, Ocean books (P) Ltd., New Delhi.

2	COURSE OUTCOMES: Students are able to										
	CO-1	Understanding basic Sanskrit language									
	CO-2	Ancient Sanskrit literature about science & technology can be understood									
	CO-3	Being a logical language will help to develop logic in students									
3	MAPPING (CO's and PO's)										
	Course Outcomes	Program Outcomes									
		1	2	3	4	5	6	7	8	9	10
	1								2		2
	2								2	2	
	3						2				1

MAPPING (CO's and PSO's)

Course Outcomes (CO)	Program Specific Outcomes (PSO)	
	1	2
1		
2		3
3		


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AE04: VALUE EDUCATION


Course Objectives

Students will be able to

1. Understand value of education and self- development
2. Imbibe good values in students
3. Let the should know about the importance of character

Syllabus

Units	Content	Hrs
1	<ul style="list-style-type: none">• Values and self-development –Social values and individual attitudes. Work ethics, Indian vision of humanism.• Moral and non- moral valuation. Standards and principles.• Value judgements	4
2	<ul style="list-style-type: none">• Importance of cultivation of values.• Sense of duty. Devotion, Self-reliance. Confidence, Concentration. Truthfulness, Cleanliness.• Honesty, Humanity. Power of faith, National Unity.• Patriotism. Love for nature ,Discipline	6
3	<ul style="list-style-type: none">• Personality and Behavior Development - Soul and Scientific attitude. Positive Thinking. Integrity and discipline.• Punctuality, Love and Kindness.	6


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	<ul style="list-style-type: none">• Avoid fault Thinking.• Free from anger, Dignity of labour.• Universal brotherhood and religious tolerance.• True friendship.• Happiness Vs suffering, love for truth.• Aware of self-destructive habits.• Association and Cooperation.• Doing best for saving nature	
4	<ul style="list-style-type: none">• Character and Competence –Holy books vs Blind faith.• Self-management and Good health.• Science of reincarnation.• Equality, Nonviolence, Humility, Role of Women.• All religions and same message.• Mind your Mind, Self-control.• Honesty, Studying effectively <p>V- [Signature] Registrar Tamilnadu Physical Education and Sports University Chennai</p>	6

Suggested reading



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1 Chakroborty, S.K. "Values and Ethics for organizations Theory and practice", Oxford University Press, New Delhi

2	COURSE OUTCOMES: Students are able to										
	CO-1	Knowledge of self-development									
	CO-2	Learn the importance of Human values									
	CO-3	Developing the overall personality									
3	MAPPING (CO's and PO's)										
	Course Outcomes	Program Outcomes									
		1	2	3	4	5	6	7	8	9	10
	1								3	1	1
	2						1			2	2
	3								2		3

MAPPING (CO's and PSO's)

Course Outcomes (CO)	Program Specific Outcomes (PSO)	
	1	2
1	2	
2		2
3		2

AE05: CONSTITUTION OF INDIA

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Course Objectives:

Students will be able to:

1. Understand the premises informing the twin themes of liberty and freedom from a civil rights perspective.
2. To address the growth of Indian opinion regarding modern Indian intellectuals' constitutional role and entitlement to civil and economic rights as well as the emergence of nationhood in the early years of Indian nationalism.
3. To address the role of socialism in India after the commencement of the Bolshevik Revolution in 1917 and its impact on the initial drafting of the Indian Constitution.

Syllabus

Units	Content	Hrs
1	History of Making of the Indian Constitution: <ul style="list-style-type: none">• History• Drafting Committee, (Composition & Working)	4
2	Philosophy of the Indian Constitution: <ul style="list-style-type: none">• Preamble• Salient Features	4
3	Contours of Constitutional Rights & Duties: <ul style="list-style-type: none">• Fundamental Rights• Right to Equality• Right to Freedom• Right against Exploitation• Right to Freedom of Religion• Cultural and Educational Rights• Right to Constitutional Remedies• Directive Principles of State Policy• Fundamental Duties.	4

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4	Organs of Governance: <ul style="list-style-type: none">• Parliament• Composition• Qualifications and Disqualifications• Powers and Functions• Executive• President• Governor• Council of Ministers• Judiciary, Appointment and Transfer of Judges, Qualifications• Powers and Functions	4
5	Local Administration: <ul style="list-style-type: none">• District's Administration head: Role and Importance,• Municipalities: Introduction, Mayor and role of Elected Representative, CEO of Municipal Corporation.• Pachayati raj: Introduction, PRI: Zila Pachayat.• Elected officials and their roles, CEO Zila Pachayat: Position and role.• Block level: Organizational Hierarchy (Different departments),• Village level: Role of Elected and Appointed officials,• Importance of grass root democracy	4
6	Election Commission: <ul style="list-style-type: none">• Election Commission: Role and Functioning.• Chief Election Commissioner and Election Commissioners.• State Election Commission: Role and Functioning.• Institute and Bodies for the welfare of SC/ST/OBC and women.	4

Suggested reading

1. The Constitution of India, 1950 (Bare Act), Government Publication.
2. Dr. S. N. Busi, Dr. B. R. Ambedkar framing of Indian Constitution, 1st Edition, 2015.
3. M. P. Jain, Indian Constitution Law, 7th Edn., Lexis Nexis, 2014.
4. D.D. Basu, Introduction to the Constitution of India, Lexis Nexis, 2015.

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2	COURSE OUTCOMES: Students are able to										
	CO-1	Acquire knowledge about <ul style="list-style-type: none">• fundamental of Indian constitution• Constitutional Rights & Duties:									
	CO-2	Understand civil and economic rights and social justice in India									
	CO-3	Acquire knowledge about <ul style="list-style-type: none">• Local Administration• Election commission									
3	MAPPING (CO's and PO's)										
	Course Outcomes	Program Outcomes									
		1	2	3	4	5	6	7	8	9	10
	1							2	3		
	2									3	2
	3									3	1

MAPPING (CO's and PSO's)

Course Outcomes (CO)	Program Specific Outcomes (PSO)	
	1	2
1	2	
2		2
3	2	

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AE06: PEDAGOGY STUDIES

Course Objectives:

Students will be able to:

1. Review existing evidence on the review topic to inform programme design and policy making undertaken by the DfID, other agencies and researchers.
2. Identify critical evidence gaps to guide the development.

Syllabus

Syllabus

Units	Content	Hrs
1	Introduction and Methodology: <ul style="list-style-type: none">• Aims and rationale, Policy background, Conceptual framework and terminology• Theories of learning, Curriculum, Teacher education.• Conceptual framework, Research questions• Overview of methodology and Searching.	4
2	Thematic overview: Pedagogical practices are being used by teachers in formal and informal classrooms in developing countries. <ul style="list-style-type: none">• Curriculum, Teacher education.	2
3	<ul style="list-style-type: none">• Evidence on the effectiveness of pedagogical practices• Methodology for the in depth stage: quality assessment of included studies.• How can teacher education (curriculum and practicum) and the school curriculum and guidance materials best support effective pedagogy?• Theory of change.• Strength and nature of the body of evidence for effective pedagogical practices.• Pedagogic theory and pedagogical approaches.	4

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	<ul style="list-style-type: none">Teachers' attitudes and beliefs and Pedagogic strategies.	
4	<ul style="list-style-type: none">Professional development: alignment with classroom practices and follow-up supportPeer supportSupport from the head teacher and the community.Curriculum and assessmentBarriers to learning: limited resources and large class sizes	4
5	Research gaps and future directions <ul style="list-style-type: none">Research designContextsPedagogyTeacher educationCurriculum and assessmentDissemination and research impact.	2

Suggested reading

1. Ackers J, Hardman F (2001) Classroom interaction in Kenyan primary schools, Compare, 31 (2): 245-261.
2. Agrawal M (2004) Curricular reform in schools: The importance of evaluation, Journal of Curriculum Studies, 36 (3): 361-379.
3. Akyeampong K (2003) Teacher training in Ghana - does it count? Multi-site teacher education research project (MUSTER) country report 1. London: DFID.
4. Akyeampong K, Lussier K, Pryor J, Westbrook J (2013) Improving teaching and learning of basic maths and reading in Africa: Does teacher preparation count? International Journal Educational Development, 33 (3): 272-282.
5. Alexander RJ (2001) Culture and pedagogy: International comparisons in primary education. Oxford and Boston: Blackwell.
6. Chavan M (2003) Read India: A mass scale, rapid, 'learning to read' campaign.
7. www.pratham.org/images/resource%20working%20paper%202.pdf


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2	COURSE OUTCOMES: Students are able to										
	CO-1	What pedagogical practices are being used by teachers in formal and informal classrooms in developing countries?									
	CO-2	What is the evidence on the effectiveness of these pedagogical practices, in what conditions, and with what population of learners?									
	CO-3	How can teacher education (curriculum and practicum) and the school curriculum and guidance materials best support effective pedagogy?									
3	MAPPING (CO's and PO's)										
	Course Outcomes	Program Outcomes									
		1	2	3	4	5	6	7	8	9	10
	1	1									2
	2		2					1			
	3								2	2	

MAPPING (CO's and PSO's)

Course Outcomes (CO)	Program Specific Outcomes (PSO)	
	1	2
1	2	
2		2
3	2	3

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AE07: STRESS MANAGEMENT BY YOGA

Course Objectives:

1. To achieve overall health of body and mind
2. To overcome stress

Syllabus

Units	Content	Hrs
1	<ul style="list-style-type: none">• Definitions of Eight parts of yog. (Ashtanga)	8
2	<ul style="list-style-type: none">• Yam and Niyam. Do's and Don't's in life. i) Ahinsa, satya, astheya, bramhacharya and aparigraha ii) Shaucha, santosh, tapa, swadhyay, ishwarpranidhan	8
3	<ul style="list-style-type: none">• Asan and Pranayam i) Various yog poses and their benefits for mind & body ii)Regularization of breathing techniques and its effects- Types of pranayam	8

Suggested reading

1. 'Yogic Asanas for Group Tarining-Part-I' : Janardan Swami Yogabhyasi Mandal, Nagpur
2. "Rajayoga or conquering the Internal Nature" by Swami Vivekananda, Advaita Ashrama (Publication Department), Kolkata

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2	COURSE OUTCOMES: Students are able to										
	CO-1	Develop healthy mind in a healthy body thus improving social health also.									
	CO-2	Improve efficiency.									
3	MAPPING (CO's and PO's)										
	Course Outcomes	Program Outcomes									
		1	2	3	4	5	6	7	8	9	10
	1				2				2	3	1
	2				2		2				

MAPPING (CO's and PSO's)

Course Outcomes (CO)	Program Specific Outcomes (PSO)	
	1	2
1		3
2	3	


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AE08 PERSONALITY DEVELOPMENT THROUGH LIFE

ENLIGHTENMENT SKILLS

Course Objectives:


1. To learn to achieve the highest goal happily
2. To become a person with stable mind, pleasing personality and determination
3. To awaken wisdom in students

Syllabus

Units	Content	Hrs
1	<ul style="list-style-type: none">• Neetisatakam-Holistic development of personality• Verses- 19,20,21,22 (wisdom)• Verses- 29,31,32 (pride & heroism)• Verses- 26,28,63,65 (virtue)• Verses- 52,53,59 (don't's)• Verses- 71,73,75,78 (do's)	8
2	<ul style="list-style-type: none">• Approach to day to day work and duties.• Shrimad Bhagwad Geeta : Chapter 2-Verses 41, 47,48,• Chapter 3-Verses 13, 21, 27, 35, Chapter 6-Verses 5,13,17,• 23, 35,• Chapter 18-Verses 45, 46, 48.	8
3	<ul style="list-style-type: none">• Statements of basic knowledge.• Shrimad Bhagwad Geeta: Chapter2-Verses 56, 62, 68• Chapter 12 -Verses 13, 14, 15, 16,17, 18• Personality of Role model. Shrimad Bhagwad Geeta:• Chapter2-Verses 17, Chapter 3-Verses 36,37,42,• Chapter 4-Verses 18, 38,39• Chapter18 – Verses 37,38,63	8

Suggested reading

1. "Srimad Bhagavad Gita" by Swami Swarupananda Advaita Ashram (Publication Department), Kolkata
2. Bhartrihari's Three Satakam (Niti-sringar-vairagya) by P.Gopinath,Rashtriya Sanskrit Sansthanam, New Delhi.


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2	COURSE OUTCOMES: Students are able to									
	CO-1	Study of Shrimad-Bhagwad-Geeta will help the student in developing his personality and achieve the highest goal in life .								
	CO-2	The person who has studied Geeta will lead the nation and mankind to peace and prosperity .								
	CO-3	Study of Neetishatakam will help in developing versatile personality of students.								
3	MAPPING (CO's and PO's)									
	Course Outcomes	Program Outcomes								
		1	2	3	4	5	6	7	8	9
	1							2	2	2
	2							1	2	3
	3							2	2	3

MAPPING (CO's and PSO's)

Course Outcomes (CO)	Program Specific Outcomes (PSO)	
	1	2
1		
2	3	
3		3

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AE09: PROFESSIONAL ETHICS IN ENGINEERING

COURSE OBJECTIVES

- Provide basic knowledge about engineering Ethics, Variety of moral issues and Moral dilemmas, Professional Ideals and Virtues
- To provide knowledge about Engineers as responsible Experimenters, Research Ethics, Codes of Ethics, Industrial Standards, Exposure to Safety and Risk, Risk Benefit Analysis
- To Have an idea about the Collegiality and Loyalty, Collective Bargaining, Confidentiality, Occupational Crime, Professional, Employee
- To Have an adequate knowledge about MNC's, Business, Environmental, Computer Ethics, Honesty, Moral Leadership, sample Code of Conduct.

UNIT I HUMAN VALUES

Concepts on morals, values and Ethics – Integrity – Work ethic – Service learning – Civic virtue – Respect for others – Living peacefully – Caring – Sharing – Honesty – Courage – Valuing time – Cooperation – Commitment – Empathy – Self confidence – Character – Spirituality – Introduction to Yoga and meditation for professional excellence and stress management.

UNIT II ENGINEERING ETHICS


Senses of 'Engineering Ethics' – Variety of moral issues – Types of inquiry – Moral dilemmas – Moral Autonomy – Kohlberg's theory – Gilligan's theory – Consensus and Controversy – Models of professional roles - Theories about right action – Self-interest – Customs and Religion – Uses of Ethical Theories.

UNIT III ENGINEERING AS SOCIAL EXPERIMENTATION

Engineering as Experimentation – Engineers as responsible Experimenters – Codes of Ethics – A Balanced Outlook on Law.

UNIT IV COMMERCIAL AWARENES

Commercial awareness and business acumen, Planning ahead and future proofing, Professional self-awareness, Data analysis and manipulation


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UNIT V GLOBAL ISSUES

Multinational Corporations – Environmental Ethics – Computer Ethics – Weapons Development – Engineers as Managers – Consulting Engineers – Engineers as Expert Witnesses and Advisors – Moral Leadership – Code of Conduct – Corporate Social Responsibility.

REFERENCES :

1. Mike Martin and Roland Schinzinger, "Ethics in Engineering", McGraw Hill, New York (2005).
2. Charles E Harris, Michael S Pritchard and Michael J Rabins, "Engineering Ethics –Concepts and Cases", Thompson Learning, (2000).
3. Charles D Fleddermann, "Engineering Ethics", Prentice Hall, New Mexico, (1999).
4. John R Boatright, "Ethics and the Conduct of Business", Pearson Education, (2003)
5. Edmund G Seebauer and Robert L Barry, "Fundamentals of Ethics for Scientists and Engineers", Oxford University Press, (2001)
6. Prof. (Col) P S Bajaj and Dr. Raj Agrawal, "Business Ethics – An Indian Perspective", Biztantra, New Delhi, (2004)
7. David Ermann and Michele S Shauf, "Computers, Ethics and Society", Oxford University Press, (2003)

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2	COURSE OUTCOMES: Students are able to									
	CO-1	The students will understand the basic perception of profession, professional ethics, various moral & social issues, industrial standards, code of ethics and role of professional ethics in engineering field.								
	CO-2	The students will aware of professional rights and responsibilities of an engineer, responsibilities of an engineer for safety and risk benefit analysis.								
	CO-3	The students will acquire knowledge about various roles of engineers in variety of global issues and able to apply ethical principles to resolve situations that arise in their professional lives.								
3	MAPPING (CO's and PO's)									
	Course Outcomes	Program Outcomes								
		1	2	3	4	5	6	7	8	9
	1						1	2	3	
	2								3	2
	3								3	2

MAPPING (CO's and PSO's)

Course Outcomes (CO)	Program Specific Outcomes (PSO)	
	1	2
1		
2	3	2
3	1	3

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CRITERION 7 – INSTITUTIONAL VALUES AND BEST PRACTICES

2. TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, Dept of Sports Management and Sports psychology & Sociology organises Live Webinar on Gandhian Thoughts for empowering Youth on 02.10.2020



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
Accredited with "B++" by NAAC
Melakottaiyur, Chennai-600127

Department of Sports Management and Sports Psychology & Sociology



Dear Professional friends,

TNPESU - Department of Sports Management and Sports Psychology & Sociology cordially invites you to participate in the

WEBINAR
On

"Gandhian Thoughts for Empowering Youth"

Date: 2nd October, 2020 Time : 02.30 pm
E-certificate will be provided to all the participants after filling Feedback form
Free Registration..

Resource Person



Dr. S.MADHAVAN
Professor
Department of Management Studies
Manonmaniam Sundaranar University
Tirunelveli

Organizing Secretary
Dr. K. Kannadasan
Assistant Professor

Convener
Dr. S. Premkumar
Professor & HOD

Patron
Dr. V. Gopinath
Registrar

Chief Patron
Dr. Shelia Stephen
Vice Chancellor



Zoom Meeting Link
<https://us02web.zoom.us/j/4485371313?pwd=Vm9PTeV6ZzZmZbDh5QnZTVU9NVEVhZz09>
Meeting Id : 448 537 1313 Password : tnpesu



Department of Sports Management and Sports psychology & Sociology Tamil Nadu Physical education and Sports University organizes Live Webinar on Gandhian Thoughts for empowering Youth. Dr. Shelia Stephen the Vice chancellor, Dr. V. Gopinath the Registrar and staff members of the university attended the programme.


Registrar
Tamilnadu Physical Education
and
Sports University
Chennai



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

CRITERION 7 – INSTITUTIONAL VALUES AND BEST PRACTICES

3. TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, Dept OF Sports Technology organises Live Webinar on Gandhian Thoughts for Rural Development on 02.10.2020



Live webinar

You're Invited to Join

**GANDHIAN THOUGHTS
FOR RURAL DEVELOPMENT**



**FRI | OCT | 11
DAY | 02 | AM**

**Department of Sports Technology
Tamil Nadu Physical Education and Sports University**

Join Zoom Meeting

[https://us04web.zoom.us/j/77872682576?](https://us04web.zoom.us/j/77872682576?pwd=YStwdk0yNjA1QmZYcExFNUtTMmdZdz09)

pwd=YStwdk0yNjA1QmZYcExFNUtTMmdZdz09

Meeting ID: 778 7268 2576

Passcode: tnst



THIRU P.PRAVEEN KUMAR

Department OF Sports Technology from Tamil Nadu Physical education and Sports University organizes Live Webinar on Gandhian Thoughts for Rural Development. The staff members of the university attended the programme.


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TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY


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CRITERION 7 – INSTITUTIONAL VALUES AND BEST PRACTICES

4. TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, organizes FIT INDIA 2020 - MY HEALTH! MY FITNESS! as part of Fit India Movement on 23.10.2020.

TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, CHENNAI
Accredited With "B++" Grade By NAAC
India's First State University in Physical Education and Sports

**FIT INDIA - 2020**
MY HEALTH ! MY FITNESS !
Date : 23.10.2020

ORGANISING COMMITTEE
**Chief Patron**
Dr. SHEILA STEPHEN
Vice Chancellor, TNPESU
**Patron**
Dr. V. GOPINATH
Registrar, TNPESU
**Organising Secretary**
Dr. GRACE HELINA
Prof. and Head,
Dept. Of Exercise Physiology
and Biomechanics, TNPESU

MEMBERS
**Coordinator**
Mr. C. MANOJ
Physiotherapist, TNPESU
**Technical Support**
Dr. UMA DILLIRAJ
Exercise Physiologist
**Judge**
Mr. L. ARAVIND
National Director
International Health &
Fitness Association (IHFA)

International Guest Speaker
**Dr. KAUKAB AZEEM**
Assistant Professor (v) Physical Education Dept,
King Fahd University of Petroleum & Minerals
President, International Fed for Fitness, Health,
Physical Education & Iron Games

Rules & Regulations
1. Participants have to send 120sec Performance video (less-than 50MB file size) on any kind of Exercise, any cultural arts or martial arts (such as Gym workout activities, yoga, dance, Silambam, Karate, etc)
2. Participants have to send their personal details to the Google form link on or before 20-10-2020 (click the link - <https://forms.gle/8PWJSQkdhtbNntt6A>)
3. All the Participants will receive E-Certificate through e-mail.
4. The Best 5 Performances will be selected for Award of Merit certificate and all five performances will be showcased on 23-10-2020 at 11.30am through Zoom platform. (click the link - <https://us02web.zoom.us/j/84908723964>)
Zoom Meeting Id : 849 0872 3964
Password : 626054

For Enquiry :- 99769 37456, 82480 57246

Tamil Nadu Physical education and Sports University organizes FIT INDIA 2020 - MY HEALTH! MY FITNESS! as part of Fit India Movement. Dr. Shiela Stephen the Vice chancellor, Dr. V. Gopinath the Registrar and staff members of the university attended the programme.


Registrar
Tamilnadu Physical Education
and
Sports University
Chennai

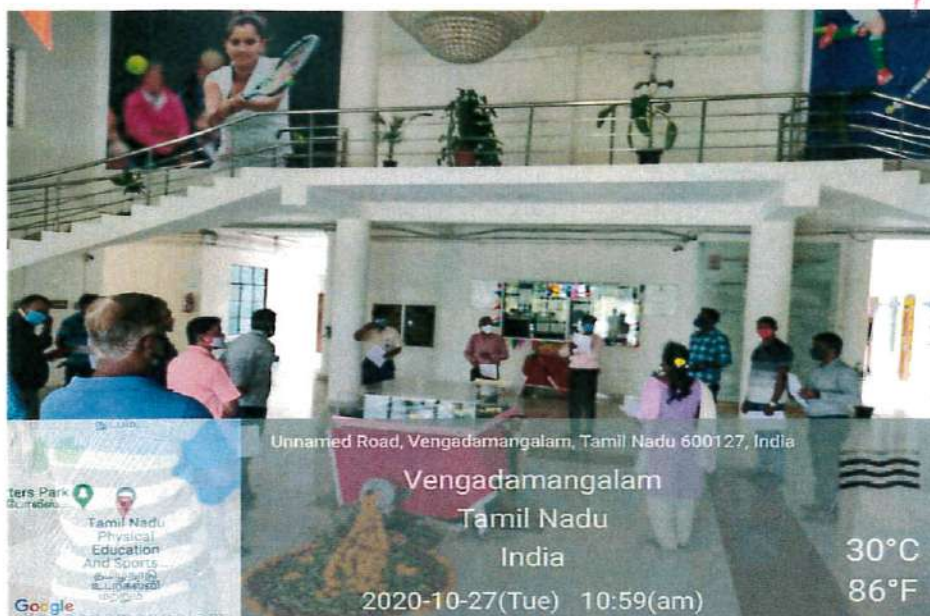


TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

CRITERION 7 – INSTITUTIONAL VALUES AND BEST PRACTICES

5. TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, observed Vigilance Awareness Week with a pledge on 27.10.2020.



Tamil Nadu Physical education and Sports University took efforts in the observation of Vigilance Awareness Week with a pledge. Dr. Shiela Stephen the Vice chancellor, Dr. V. Gopinath the Registrar and staff members of the university participated in the programme.


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TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

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CRITERION 7 – INSTITUTIONAL VALUES AND BEST PRACTICES

6. TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY,
Department of Advanced training and coaching organized Vigilance Awareness
Program on 31.10.2020.



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்
TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, CHENNAI
Accredited with "B++" Grade by NAAC
India's First State University in Physical Education and Sports

Department of Sports Coaching is Organising

Vigilance Awareness Programme

ALL ARE WELCOME

Resource person:

Dr.TAMILSELVI GUNASEKARAN

M.Sc.,M.A.,M.Sc.,M.Ed.,M.Phil.,Ph.D.

P.G.Assistant

Date: 31.10.2020

Time: 10.00 am



Organising secretary
Dr Arumugam
Department of Sports Coaching

Parton
Dr.V.Gopinath
Registrar

Chief Parton
Dr. Sheila Stephen
Vice Chancellor

Link:

<http://meet.google.com/grm-uyrs-dky>



The Department of Sports coaching conducted Vigilance Awareness Program with Dr. Tamilselvi Gunasekaran as the resource person. Dr. Shiela Stephen the Vice chancellor, Dr. V. Gopinath the Registrar, staff members and the students of the university attended the programme.

V. Gopinath
Registrar
Tamilnadu Physical Education
and
Sports University
Chennai

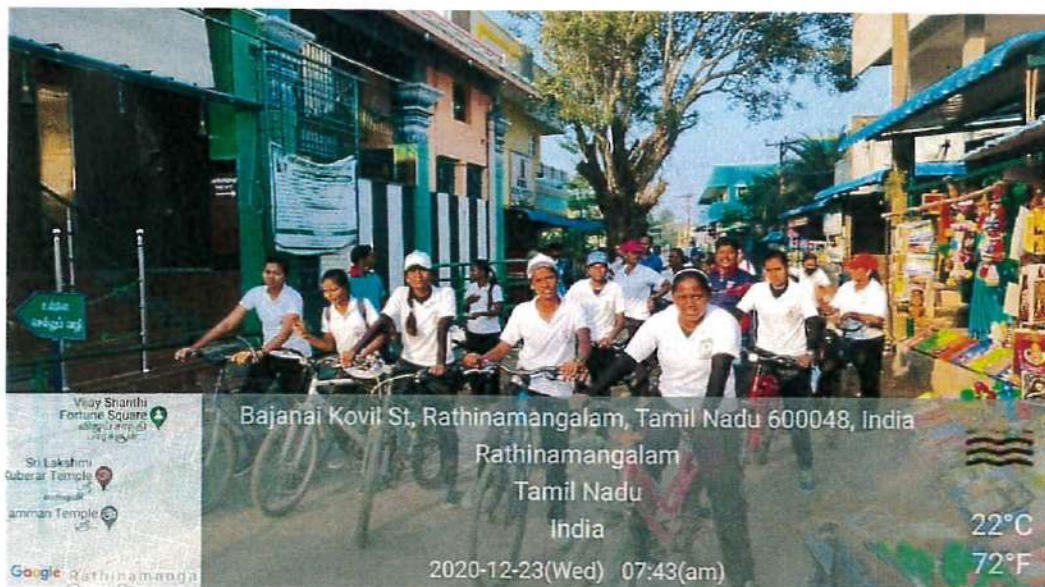


TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

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CRITERION 7 – INSTITUTIONAL VALUES AND BEST PRACTICES

7. TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, DEPT OF PHYSICAL EDUCATION organized "FIT INDIA CYCLOTHON - Pedal your way to Fitness" under FIT INDIA 2020 campaign on 23.12.2020.



The department of Physical Education from Nadu Physical Education and Sports University have taken efforts in organizing a Fit India 2020 campaign Cyclothon. The officials, staff members and the students of the university participated and successfully completed the event.


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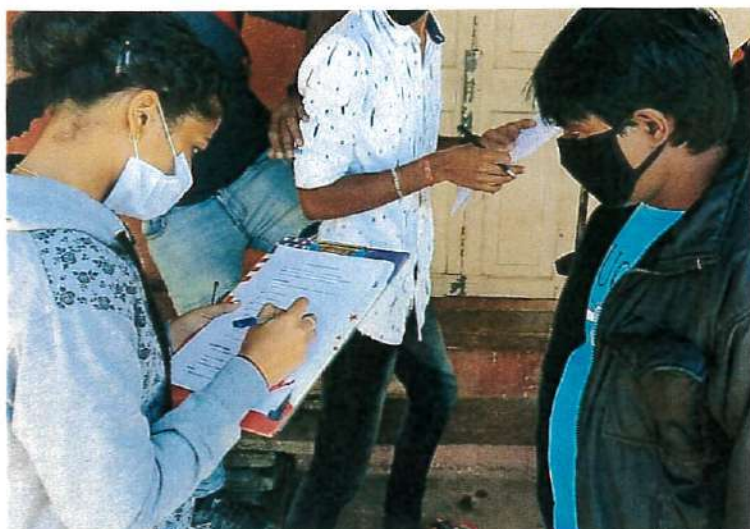


TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

CRITERION 7 – INSTITUTIONAL VALUES AND BEST PRACTICES

8. B.Sc III year Students of Exercise Physiology and Nutrition department have undergone Village Placement Program from 12th March to 14th March 2021.



The Students of Tamil Nadu Physical Education and Sports University Conducted Survey on Nutritional Status and health issues Visited Maruthi College of Physical Education, Collected Physical and physiological Parameters from village people of Ooty (Finger Post) and Cunnur.


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TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

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CRITERION 7 – INSTITUTIONAL VALUES AND BEST PRACTICES

9. TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, DEPT OF PHYSICAL EDUCATION organizes National webinar on "Gandhian Thoughts on Labors" on 01.05.2021

TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
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Department of Physical Education
invites you to participate in the
WEBINAR ON "GANDHIAN THOUGHTS ON LABOURS"
On the International Labour's Day
Date: 1st May, 2021 Time 11.00 am
Join Zoom Meeting - <https://us02web.zoom.us/j/89217176105>
Meeting ID: 892 1717 6105 Passcode: **tnpesu**

Resource person
Dr.S.Akila
Assistant Professor
Bharathiar University, Coimbatore

Dr.S.Jayakumar Assistant Professor
Organizing Secretary

Dr.S.Thirumalaikumar Professor
Director

Dr.S.Manikandan Professor & Head
Convener

Dr.V.Gopinath Registrar
Patron

Dr.Sheila Stephen Vice Chancellor
Chief Patron

Department of Physical Education from Tamil Nadu Physical Education and Sports University conducted National webinar on "Gandhian Thoughts on Labors". Dr. Sheila Stephen the Vice chancellor, Dr. V. Gopinath the Registrar and staff members of the university participated in the event.

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TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

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CRITERION 7 – INSTITUTIONAL VALUES AND BEST PRACTICES

10. TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, DEPT OF YOGA organizes National Webinar on Fundamental Duties on 04.06.2021

The poster is for a National Webinar on Fundamental Duties organized by the Department of Yoga at Tamil Nadu Physical Education and Sports University. It features the university's logo and name at the top, followed by accreditation details. The title 'NATIONAL WEBINAR ON FUNDAMENTAL DUTIES' is prominently displayed. Below this, the date and time are given. A resource person, Mr. G. Senthilnathan, is featured with a photo and bio. The core committee members are listed in two columns, including the Chief Patron, Patron, Convener, and Organizing Secretary. At the bottom, the webinar coordinators are listed.

TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
(Estd. by the Govt. of Tamil Nadu Under Act No.9 of 2005, A State Govt. University)
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DEPARTMENT OF YOGA

NATIONAL WEBINAR ON FUNDAMENTAL DUTIES
Date- 04-06-2021 | Time- 11 am

RESOURCE PERSON

Mr. G. Senthilnathan (Retd)
Physical Risk and Business continuity professional
Mumbai

CORE COMMITTEE

CHIEF PATRON Dr. Sheila Stephen Vice Chancellor	CONVENER Dr. S. Selvalakshmi Assistant Professor & Head I/C
PATRON Dr. V. Gopinath Registrar	ORGANIZING SECRETARY Dr. V. Duraisami Assistant Professor

WEBINAR COORDINATORS

Dr. D. Unnamaheswari, Guest Lecturer	Dr. K. Subbulakshmi, Guest Lecturer	Mrs. B. Maheswari, Guest Lecturer
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The Department of Yoga Tamil Nadu Physical Education and Sports University conducted National Webinar on Fundamental Duties. Dr. Sheila Stephen the Vice chancellor, Dr. V. Gopinath the Registrar and staff members of the university participated in the event.

Registrar
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Sports University
Chennai

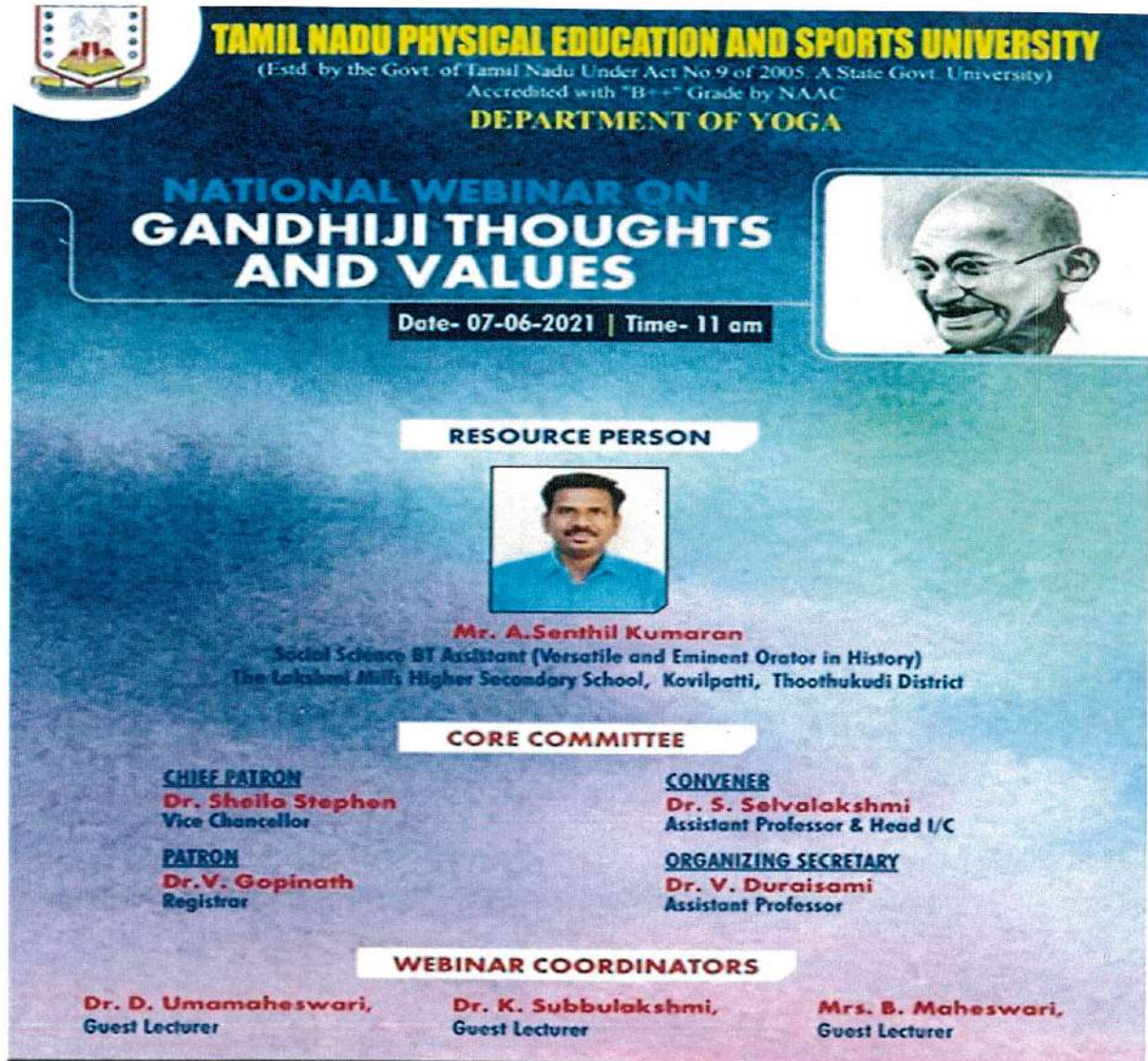


TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

CRITERION 7 – INSTITUTIONAL VALUES AND BEST PRACTICES

11. TNPESU DEPT OF YOGA ORGANISES NATIONAL WEBINAR ON GANDHIJI THOUGHTS AND VALUES ON 07.06.2021




The poster is for a national webinar organized by the Department of Yoga at Tamil Nadu Physical Education and Sports University. It features a blue background with a portrait of Mahatma Gandhi in the top right corner. The text is in white and yellow, providing details about the event, the resource person, and the organizing committee.

TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
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DEPARTMENT OF YOGA

**NATIONAL WEBINAR ON
GANDHIJI THOUGHTS
AND VALUES**

Date- 07-06-2021 | Time- 11 am

RESOURCE PERSON


Mr. A. Senthil Kumaran
Social Science BT Assistant (Versatile and Eminent Orator in History)
The Lokshani Mills Higher Secondary School, Kovilpatti, Thoothukudi District


CORE COMMITTEE

CHIEF PATRON Dr. Sheila Stephen Vice Chancellor	CONVENER Dr. S. Selvalakshmi Assistant Professor & Head I/C
PATRON Dr. V. Gopinath Registrar	ORGANIZING SECRETARY Dr. V. Duraisami Assistant Professor

WEBINAR COORDINATORS

Dr. D. Umamaheswari, Guest Lecturer	Dr. K. Subbulakshmi, Guest Lecturer	Mrs. B. Maheswari, Guest Lecturer
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The Department of Yoga from Tamil Nadu Physical Education and Sports University conducted National webinar on Gandhiji thoughts and values. Dr. Sheila Stephen the Vice chancellor, Dr. V. Gopinath the Registrar and staff members of the university participated in the event.


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Chennai

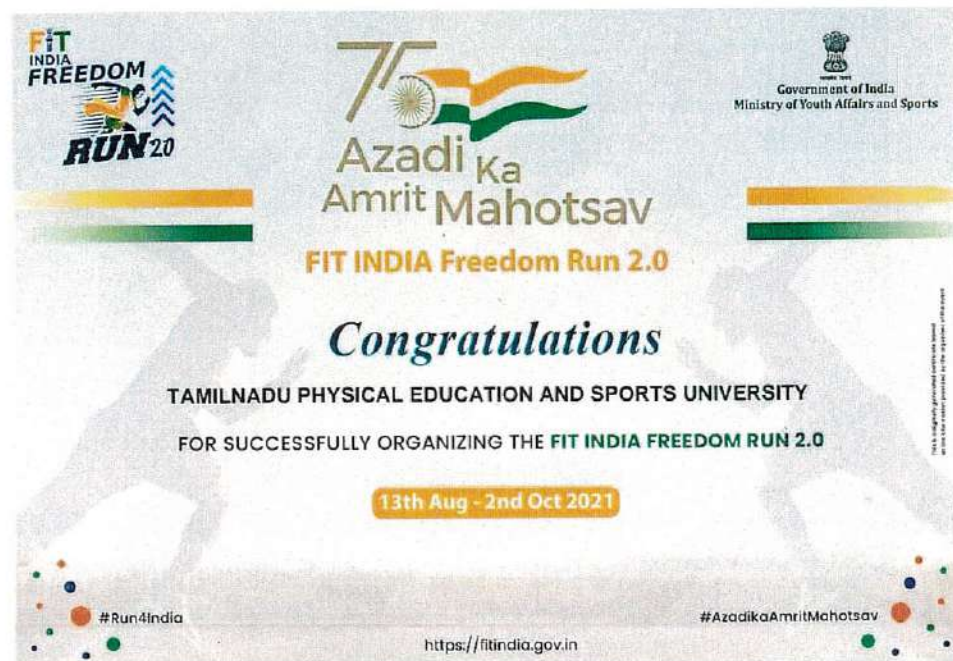


TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

CRITERION 7 – INSTITUTIONAL VALUES AND BEST PRACTICES

12. DEPT OF PHYSICAL EDUCATION, TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, organised FIT INDIA FREEDOM RUN 2.0 on 29.09.2021.



Tamil Nadu Physical education and Sports University FIT INDIA movement run 2.0. The staff members and the students of the university attended the programme.

V. R.
Registrar
Tamilnadu Physical Education
and
Sports University
Chennai

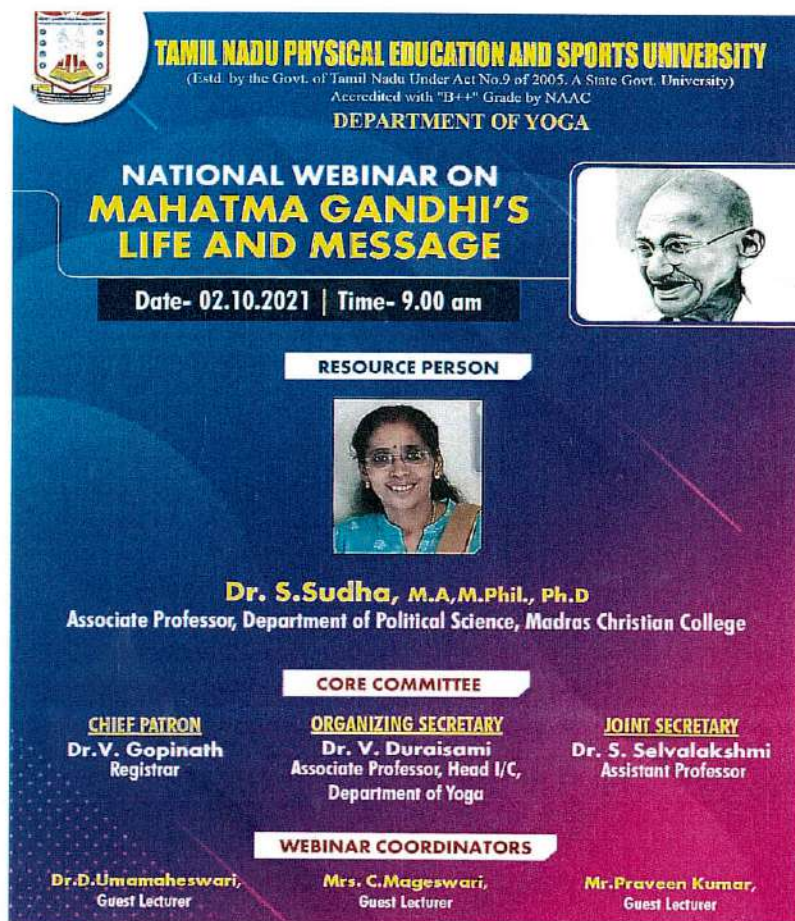


TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

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13. DEPT OF YOGA, TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, organised National Webinar on MAHATMA GANDHI'S LIFE AND MESSAGE on 02.10.2021




The poster is for a National Webinar on Mahatma Gandhi's Life and Message, organized by the Department of Yoga at Tamil Nadu Physical Education and Sports University. It features a portrait of Mahatma Gandhi in the top right corner. The text on the poster includes the university's name, its accreditation by NAAC, and the date and time of the webinar (02.10.2021, 9.00 am). The resource person is Dr. S. Sudha, M.A., M.Phil., Ph.D., an Associate Professor at Madras Christian College. The core committee consists of Dr. V. Gopinath (Chief Patron, Registrar), Dr. V. Duraisami (Organizing Secretary, Associate Professor, Head I/C, Department of Yoga), and Dr. S. Selvalakshmi (Joint Secretary, Assistant Professor). The webinar coordinators are Dr. D. Umamaheswari, Mrs. C. Mageswari, and Mr. Praveen Kumar, all Guest Lecturers.

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DEPARTMENT OF YOGA

**NATIONAL WEBINAR ON
MAHATMA GANDHI'S
LIFE AND MESSAGE**

Date- 02.10.2021 | Time- 9.00 am

RESOURCE PERSON


Dr. S. Sudha, M.A., M.Phil., Ph.D
Associate Professor, Department of Political Science, Madras Christian College

CORE COMMITTEE

CHIEF PATRON
Dr. V. Gopinath
Registrar

ORGANIZING SECRETARY
Dr. V. Duraisami
Associate Professor, Head I/C,
Department of Yoga

JOINT SECRETARY
Dr. S. Selvalakshmi
Assistant Professor


WEBINAR COORDINATORS

Dr. D. Umamaheswari,
Guest Lecturer

Mrs. C. Mageswari,
Guest Lecturer

Mr. Praveen Kumar,
Guest Lecturer

Department of Yoga from Tamil Nadu Physical education and Sports University a national webinar on Mahatma Gandhi's Life and Message. Dr. V. Gopinath the Registrar, Dr. Selvalakshmi and staff members of the university attended the programme.


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and
Sports University
Chennai

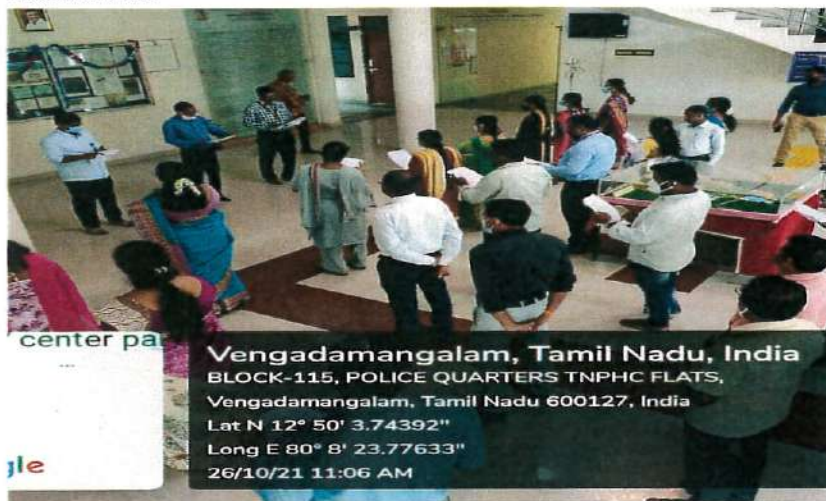


TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-127

CRITERION 7 – INSTITUTIONAL VALUES AND BEST PRACTICES

14. TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, observed "Vigilance Awareness Week" with the theme of "Independent India@75: Self-reliance with integrity" with a pledge administered by faculties and staff on 26.10.2021.



Tamil Nadu Physical education and Sports University organized Vigilance Awareness Week. Dr. V. Gopinath the Registrar and staff members of the university attended the programme.

V. Gopinath
Registrar
Tamilnadu Physical Education
and
Sports University
Chennai