

REGISTRATION FORM

Name :
Designation :
University / College :
Department :
Address :
Mobile Number :
E-mail ID :
Registration for:

Signature of Participant

Registration Details

Rs.500/- for all Students and Research Scholar
Rs.600/- for Faculty members.
The Registration Fee through Demand Draft or Indian Bank Challan.

Registration Fee DD drawn in favor of "The Registrar, Tamil Nadu Physical Education & Sports University" payable at Chennai.

ORGANIZING COMMITTEE

Chief Patron

Dr. M. SUNDAR
Vice-Chancellor

Patron

Dr. R. RAMAKRISHNAN
Registrar i/c

Organizing Secretary

Dr. D. SATHIAKUMAR
Director, SDE, TNPEU.

&

Dr. V. DURAISAMI

Associate Professor & Head i/c

Joint Secretary

Dr. S. SELVALAKSHMI
Associate Professor,

Co-ordinators

Dr. DEB KUMAR DAS
Dr. P. SANMUGAPRIYA
Ms. G. AKSHAYA PRIYA
GUEST LECTURER
Department of Yoga

NATIONAL CONFERENCE ON "SIGNIFICANCE OF YOGA AND NATUROPATHY IN THE PRESENT SCENARIO"

20 & 21 MARCH 2023



**Jointly Organised by
Department of Yoga
& School of Distance Education,
Tamil Nadu Physical Education
And Sports University,
Chennai, Tamil Nadu 600127.**

ABOUT UNIVERSITY

The Tamil Nadu Physical Education and Sports University established by an Act of the Government of Tamil Nadu in 2004, is unique and the first of its kind in India as an affiliatory University, exclusively for Physical Education and Sports. After obtaining the accent from his Excellency the president of India on 5th August 2005, the said act came into force with effect from 15th September 2005.

Department of Yoga

The Department of yoga strives for excellence to meet the world's latest expectations in terms of infrastructure, education, holistic care, and research and extension activities and to establish benchmarks that today other yoga institutions emulate.

COURSES OFFERED IN DEPARTMENT OF YOGA & Affiliated Colleges

- Ph.D in Yoga (Full Time & Part Time)
- M.Sc in Yoga
- M.Sc in Yoga For Human Excellence
- B.SC in Yoga
- B.Sc in Yoga For Human Excellence

AIM OF THE CONFERENCE

In Yoga and Naturopathy, meditation and different natural therapies are an integral aspect. With changing life style and global scenario, there have been changes in almost all the stream of traditional science to suit contemporary requirements. Finding

the time to practice yoga just a few times per week may be enough to make a noticeable difference when it comes to your health. Now-a-days, millions and millions of people across the globe have benefitted by the practice of Yoga which has been preserved and promoted by the great eminent Yoga Masters from ancient time to this date. The practice of Yoga is blossoming, and growing more vibrant every day. Naturopathy is a highly individualized treatment that involves facilitating effective restoring techniques, self-care decisions, and much more which can prevent future health problems. Naturopathy stimulates positive thinking, lowers stress, anxiety & depression, improves overall health, enhances outlook, boosts optimism, and improves one's ability to cope with health-related issues.

THEME

- ❖ Yoga
- ❖ Naturopathy

SUB THEMES

- ❖ Traditions of Yoga
- ❖ Yoga and Modern Medicines
- ❖ Yoga and Naturopathy
- ❖ Naturopathy Treatment on Disease
- ❖ Yogic Diet
- ❖ Importance of Kriyas
- ❖ Yoga Therapy for Various Ailments
- ❖ Yoga Alternative Medicines
- ❖ Yoga and Allopathy Medicines
- ❖ Naturopathy and Science

CALL FOR PAPERS

Delegates are requested to submit their abstracts of papers (Both empirical and theoretical) on any of the above theme and sub-themes in English upto 200 words using Times New Roman font with a character size of 12 and with 1.5 line spacing on A4 size sheet by post or via email should reach the organizing secretary on or before **15th March 2023**.

SUBMISSION OF FULL PAPERS

The soft copy and hard copy of full paper typed in double space in English using Times New Roman font with a character size of 12 should reach the organizing secretary on or before 15th March 2023 to the below mentioned mailing address. Certificate will be given only to the registered participants.

The registration form of the seminar is enclosed. The participants are expected to send the Registration form duly filled in along with Registration fee in the form of D.D (Demand Draft) drawn in favour of **The Registrar, Tamilnadu Physical Education & Sports University** on or before **15th March 2023**.

REGISTRATION FEE

All Students & Research Scholars	Rs.500/-
Faculty Members	Rs.600/-

The registration fee will cover soft copy of the Proceedings, for hard copy extra payment, Conference Kit and Lunch.

REGISTRATION DETAILS

Send us the filled in Registration form available in pamphlet with DD to the below mentioned address.

ADDRESS FOR COMMUNICATION

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