**REGISTRATION FORM**

Name:
Designation:
University / College:
Department:
Address:
Mobile Number:
E-mail ID:
Registration for:

**Signature of Participant**

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**REGISTRATION FEES**

Rs.500/- for all Students and Research Scholar
Rs.600/- for Faculty members.

The Registration Fee through Demand Draft or Indian Bank Challan.
Registration Fee DD drawn in favor of “The Registrar, TamilNadu Physical Education & Sports University” payable at Chennai.

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**ORGANIZING COMMITTEE**

**Chief Patron**
Dr. M. SUNDAR
Vice-Chancellor

**Patron**
Dr. R. RAMAKRISHNAN
Registrar i/c

**Organizing Secretary**
Dr. D. SATHIAKUMAR
Director, SDE, TNPESU.
&
Dr. V. DURAIASAMI
Associate Professor & Head i/c

**Joint Secretary**
Dr. S. SELVALAKSHMI
Associate Professor,

**Co-ordinators**
Dr. DEB KUMAR DAS
Dr. P. SANMUGAPIRYA
Ms. G. AKSHAYA PRIYA
GUEST LECTURER
Department of Yoga

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**NATIONAL CONFERENCE ON**

“SIGNIFICANCE OF YOGA AND NATUROPATHY IN THE PRESENT SCENARIO”

20 & 21 MARCH 2023

Jointly Organised by
Department of Yoga
& School of Distance Education,
Tamil Nadu Physical Education
And Sports University,
Chennai, Tamil Nadu 600127.
**ABOUT UNIVERSITY**

The Tamil Nadu Physical Education and Sports University established by an Act of the Government of Tamil Nadu in 2004, is unique and the first of its kind in India as an affiliatory University, exclusively for Physical Education and Sports. After obtaining the accent from his Excellency the president of India on 5th August 2005, the said act came into force with effect from 15th September 2005.

**Department of Yoga**

The Department of yoga strives for excellence to meet the world’s latest expectations in terms of infrastructure, education, holistic care, and research and extension activities and to establish benchmarks that today other yoga institutions emulate.

**COURSES OFFERED IN DEPARTMENT OF YOGA & Affiliated Colleges**

- Ph.D in Yoga (Full Time & Part Time)
- M.Sc in Yoga
- M.Sc in Yoga For Human Excellence
- B.Sc in Yoga
- B.Sc in Yoga For Human Excellence

**AIM OF THE CONFERENCE**

In Yoga and Naturopathy, meditation and different natural therapies are an integral aspect. With changing life style and global scenario, there have been changes in almost all the stream of traditional science to suit contemporary requirements. Finding the time to practice yoga just a few times per week may be enough to make a noticeable difference when it comes to your health. Now-a-days, millions and millions of people across the globe have benefitted by the practice of Yoga which has been preserved and promoted by the great eminent Yoga Masters from ancient time to this date. The practice of Yoga is blossoming, and growing more vibrant every day. Naturopathy is a highly individualized treatment that involves facilitating effective restoring techniques, self-care decisions, and much more which can prevent future health problems. Naturopathy stimulates positive thinking, lowers stress, anxiety & depression, improves overall health, enhances outlook, boosts optimism, and improves one’s ability to cope with health-related issues.

**THEME**

- Yoga
- Naturopathy

**SUB THEMES**

- Traditions of Yoga
- Yoga and Modern Medicines
- Yoga and Naturopathy
- Naturopathy Treatment on Disease
- Yogic Diet
- Importance of Kriyas
- Yoga Therapy for Various Ailments
- Yoga Alternative Medicines
- Yoga and Allopathy Medicines
- Naturopathy and Science

**CALL FOR PAPERS**

Delegates are requested to submit their abstracts of papers (Both empirical and theoretical) on any of the above theme and sub-themes in English upto 200 words using Times New Roman font with a character size of 12 and with 1.5 line spacing on A4 size sheet by post or via email should reach the organizing secretary on or before 15th March 2023.

**SUBMISSION OF FULL PAPERS**

The soft copy and hard copy of full paper typed in double space in English using Times New Roman font with a character size of 12 should reach the organizing secretary on or before 15th March 2023.

**REGISTRATION FEE**

| All Students & Research Scholars | Rs.500/- |
| Faculty Members                  | Rs.600/- |

The registration fee will cover soft copy of the Proceedings, for hard copy extra payment, Conference Kit and Lunch.

**REGISTRATION DETAILS**

Send us the filled in Registration form available in pamphlet with DD to the below mentioned address.

**ADDRESS FOR COMMUNICATION**

**Dr. V. DURAI SAMI**
Organizing Secretary
Associate Professor & Head i/c
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Tamil Nadu Physical Education & Sports University
Melakottayur, Chennai – 600127.
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