

TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

OFFICIAL PROFILE



1.NAME : S.PUNITHA

2.DESIGNATION : GUEST LECTURER

3. DEPARTMENT : DEPARTMENT OF EXERCISE PHYSIOLOGY AND BIO MECHANICS

4.ACADEMIC QUALIFICATION:

S.No	Degree and Diploma	Discipline/ Subject	Name of the Board/University
1.	M.sc	Exercise Physiology And Nutrition	TNPESU, Chennai
2.	M.Phil	Exercise Physiology And Nutrition	TNPESU, Chennai
3.	B.Ed	Biological Science	GRT college of Education
4.	M.Ed	Biological Science	GRT college of Education
5.	Ph.D.	Exercise Physiology And Nutrition (Pursuing)	TNPESU, Chennai

7.Area of Specialization: Exercise Physiology and Nutrition

8.Experience in Years

UG Level	10 Months
PG Level	10 Months
Biology- PGT	5 Years Experience in Teaching

9.Publications:

Journals:

International		National		Others	
Journals	Conference	Journals	Conference	Journals	Conference
1	3	1	1	-	-

10.Contact Information:

DOB : 05.07.1989

Mobile :9003688702

Emails : punithanutritionist@gmail.com

Official Address: Punitha.S

Guest Lecturer

Department of Exercise Physiology and biomechanics,
Tamil Nadu physical education and sports
university,

Melakottaiyur Post, Chennai -600 048,

Email:punithanutritionist@gmail.com

mobile: 9003688702